



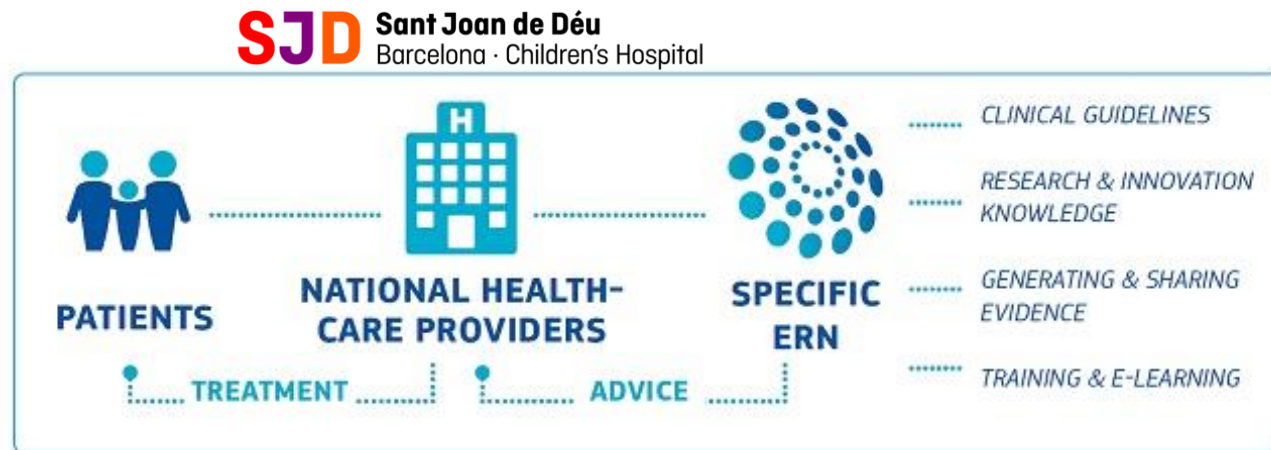
**Transition  
Model**

**A10**

Road to adult care

# Who are we?

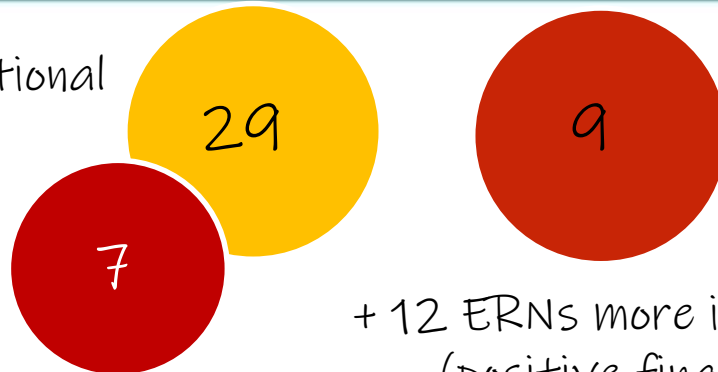
- Children's Hospital
- Rare or complex diseases



Reference Center  
Accreditations

Regional

National



+ 12 ERNs more in process  
(positive final reports)





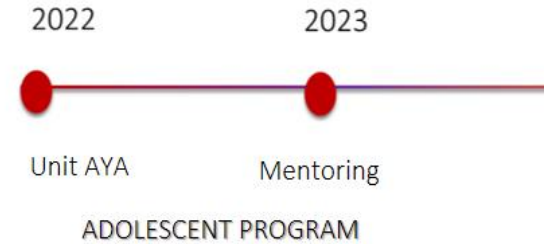
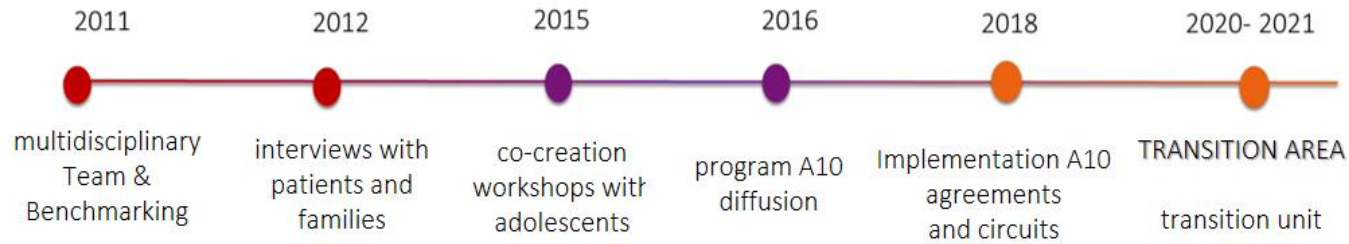
**Driver of change  
of our  
organization**  
(patient and professional  
experience)

**Stable  
participation of  
patients and  
families**  
(councils and  
associations)

**Active disease  
management**  
(Information/training/  
share decisions/ self-  
control)

# History of a program

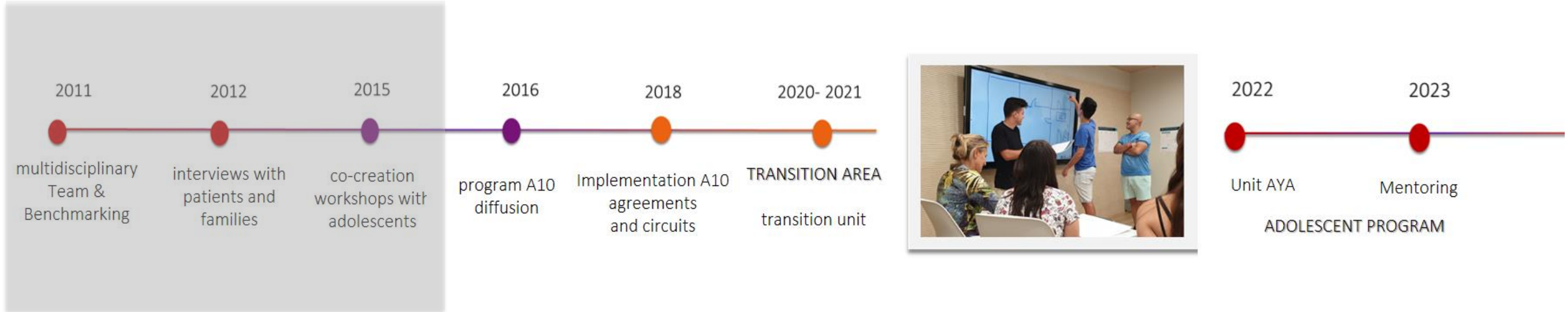
“Knowing is not enough; we must apply  
Willing is not enough; we must do” (Goethe)





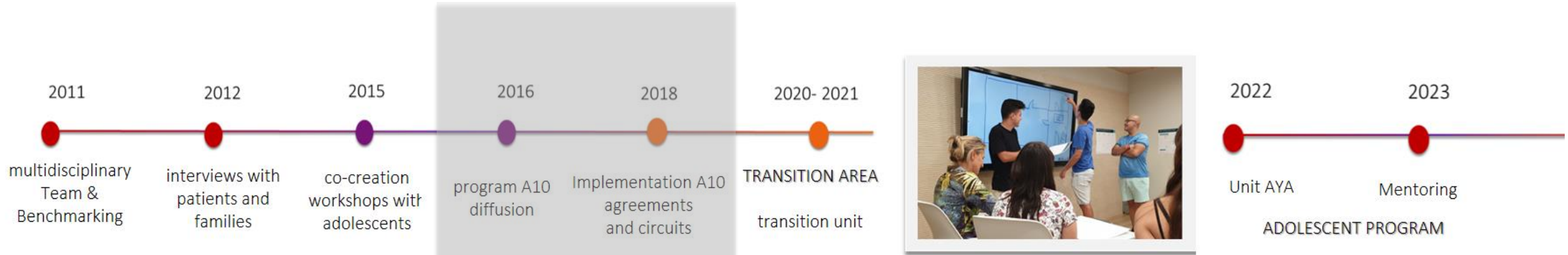
# History of a program

“Knowing is not enough; we must apply  
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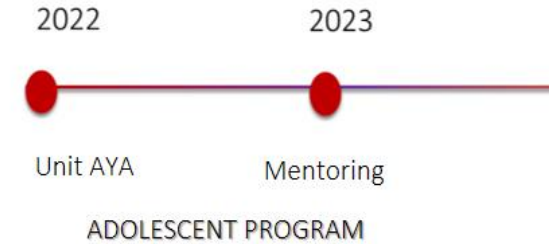
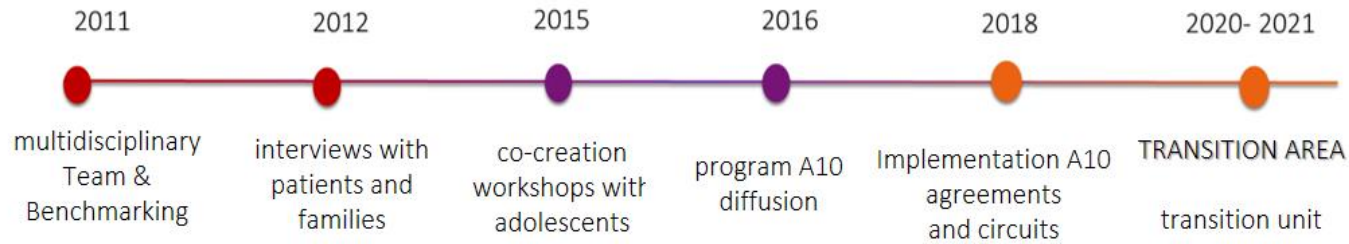
# History of a program

“Knowing is not enough; we must apply  
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# History of a program

“Knowing is not enough; we must apply  
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# Transition Area

Strategic area for a  
monographic Hospital in  
pediatrics

## Transition's culture

- Promotes agreements with adult hospitals that ensure continuity of care.
- Promotes a network of knowledge.
- Establishes and improves transfer circuits with adult centers.
- Give support to care teams in transition.



# Transition Area management

- Esther Lasheras (Head of Transition Area)
- Roser Francisco (Head of rare diseases area)
- Dra. Carme Fons (pediatrician specialized in NRL)
- Inma Rodríguez (Deputy Director of Nursing)
- Esther Alvarez (Head of Admissions)



# One model for the whole hospital

## A10

Ruta hacia la red de adultos

The model ensures criteria of **quality, safety** and **excellence** in the process of Transition and Transfer to adult centers.



# Key points of A10! Program



## Training programs

Development of education and training plans for patients and families



## Psycho-social Plan

accompaniment and assessment in the changes of the adult stage



## Transfer to adult network

Health and psychosocial care continuity Increase transfer security

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## Evaluation Plan

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Knowledge



Competence



Development

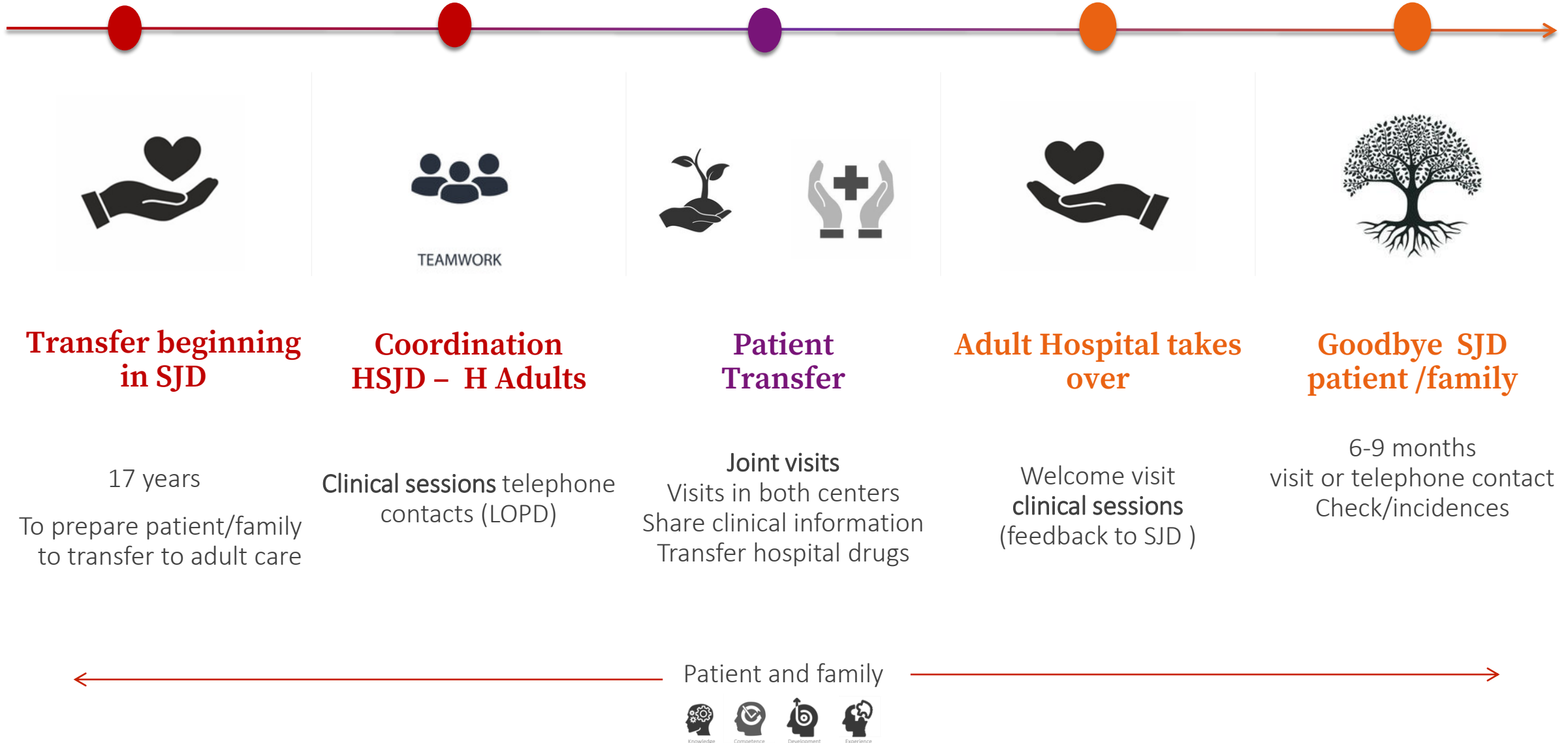


Experience



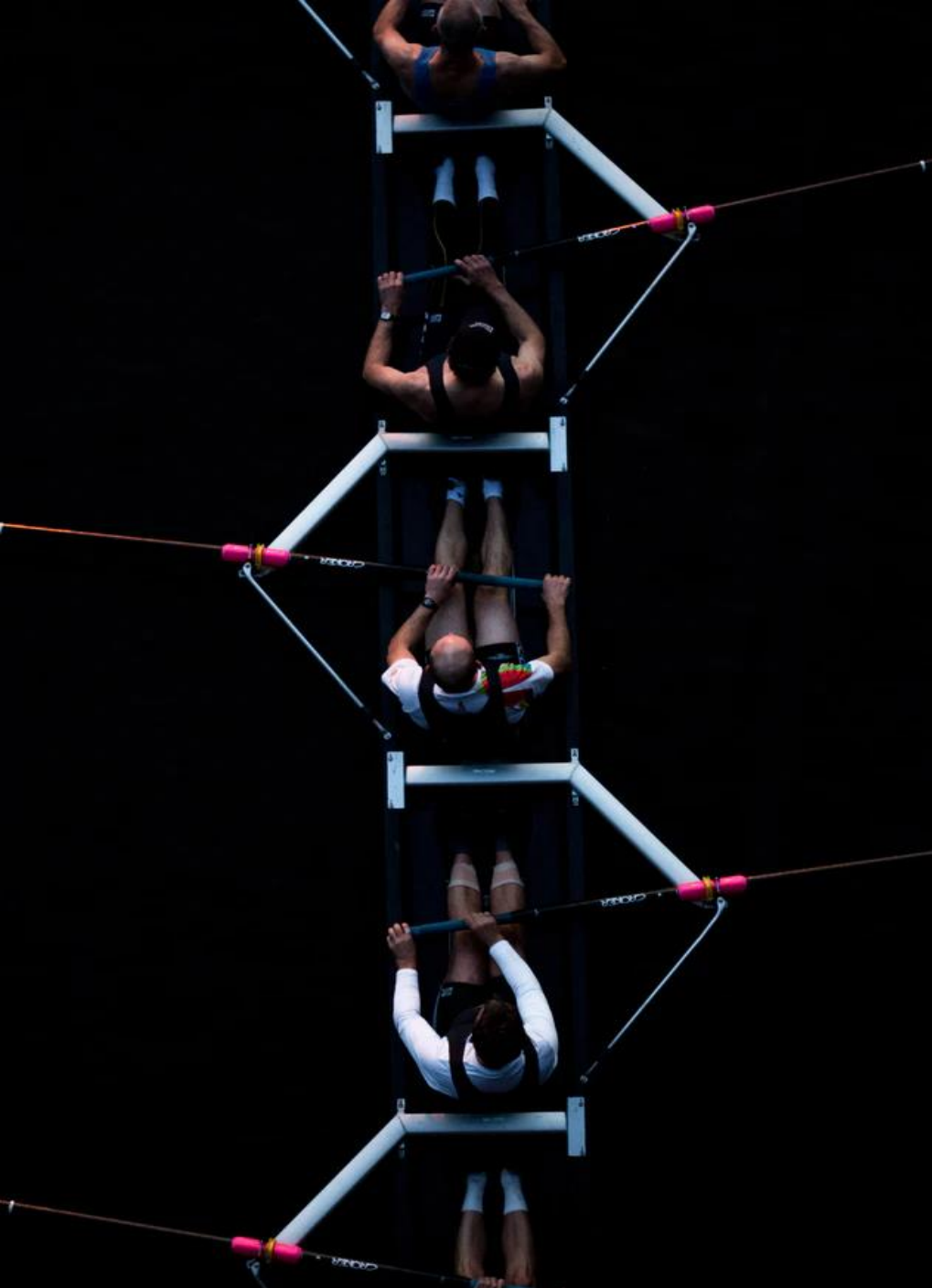


# Transfer process



Patient and family





Road to adulthood

The key role of PROFESSIONALS

# Professionals of SJD



**Nurses  
Case Manager**



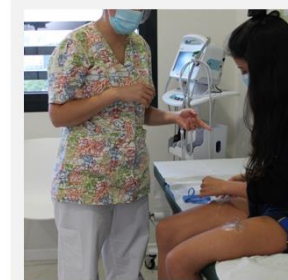
## Specialists

Referente del plan terapéutico de Transición  
Coordinador del proceso de Transición



## Administrative staff

Gestión de incidencias  
Gestión de transferencias por Servicio  
Soporte Sifco



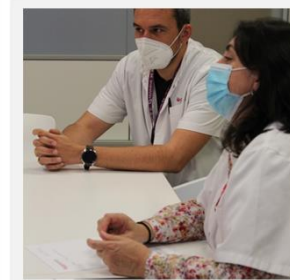
## Nurses

Programas de Capacitación del paciente y educación sanitaria  
Curas especializadas



## Social workers

Asesoramiento a las familias  
Coordinador proceso de transferencia PCC y MACA



## Support Staff

CAMM  
Dirección Planificación y control de Gestión  
Dirección de sistemas Información



# Transfer to Adult Network

**A10**

Ruta hacia la  
red de adultos

The objective is not only the transfer of a person and their clinical information, but also it is an opportunity to promote a network. That allows us to understand better the different diseases and their evolution and, therefore, be able to offer a better approach, care and treatment.

## Adult care Professionals

Networking with professionals from different  
Systems: health, social and education



Generalitat de Catalunya  
**Departament de Treball,  
Afers Socials i Famílies**



Generalitat de Catalunya  
**Departament  
d'Ensenyament**

**S/Sistema de  
Salut de Catalunya**



Results

Since 2019, we have reached **agreements with 37 Adult Hospitals** in Catalonia:

Macro collaboration agreements in Transition:

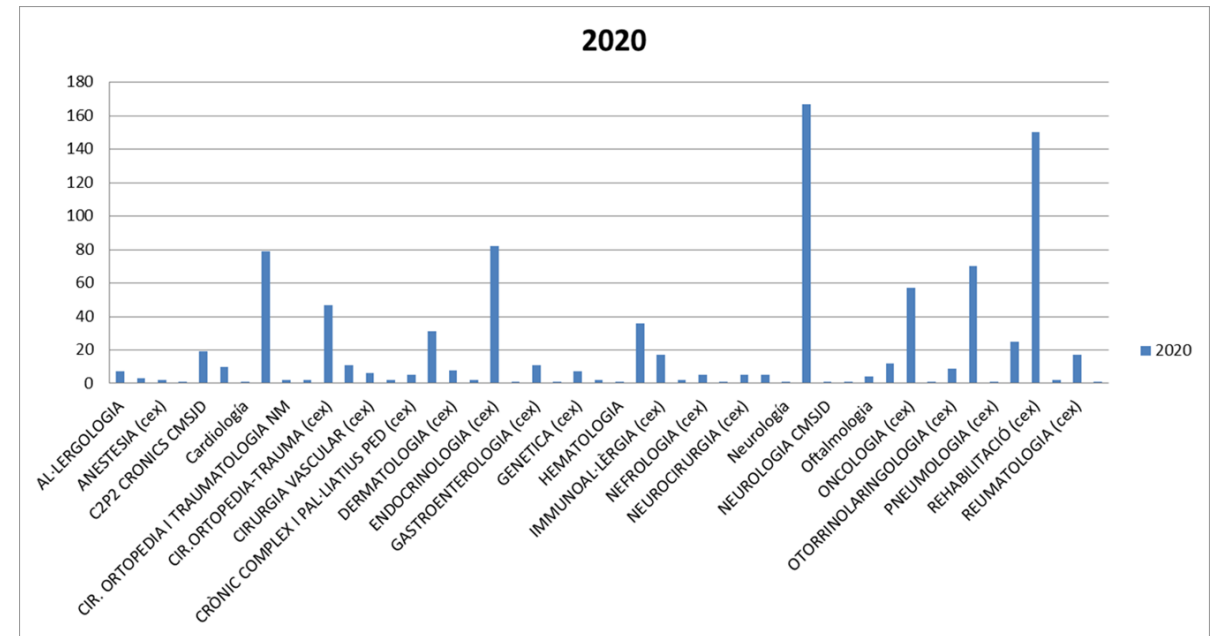
**Chronic pathology** that requires hospital follow-up

Specific Transition agreements and circuits:

**Rare Diseases:** local and national accreditations for chronic diseases with high complexity

**1,069 patients** were transferred to adult care in 2020.

The specialties that have made the largest number of transfers were: Neurology, Rehabilitation and Endocrinology



# TRANSITION AGREEMENTS



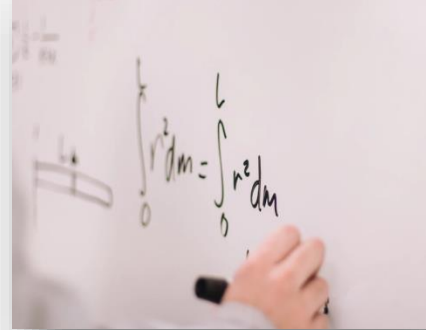
# Results



## Experience

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Improves the experience of patients, families and professionals



## Optimize

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Time and resources that we can allocate to our target group



## Expertise

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Development of a network of knowledge and experience between pediatrics and adults



## Effectiveness

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Reduces safety incidents in patient transfer

**Thank you!**

**Esther Lasheras, Head of Transition Area  
David Nadal, Deputy Director of Quality and  
Patient Experience**