



**International
Diabetes Federation**
Europe

IDF Europe Platform Commitments 2016-2020 World Diabetes Day Youth Leadership Camp

IDF Europe
7 April 2016



IDF Europe

- European voice for diabetes
- An umbrella organisation representing 70 national diabetes associations across 47 countries in the wider European Region
- Aim to influence policy, increase public awareness and encourage health improvement, as well as promote the exchange of best practice and high-quality information about diabetes
- Diabetes affects nearly 60 million people – 32 million of which in the EU – spending €146 billion euros a year on treatment
- Estimated to increase to more than 70 million – 38 million in the EU – by 2040

World Diabetes Day (WDD)

14 November

- Activities to raising awareness among the EU Institutions (Brussels and/or Strasbourg)
 - European Parliament
 - European Commission
 - Council of Europe
- Varied themes during the years:
 - Access to quality medicines and medical devices (2013)
 - Diabetes Policy Puzzle –audit of national policies (2014)
 - Youth and Sport (2015)



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World Diabetes Day/Week Format Activities at the EU Parliament

- Exhibition area in the Parliament
- Lunch debate
- IDF E prizes
- Key information on prevention and care
- Blood glucose testing
- Interactive devices for simulations
- Active interaction with MEPs/policy makers
- Messages for healthy lifestyle
- Partnership with Sodexo – EU institution canteens in Brussels, Luxembourg and Strasbourg



Breakfast/Lunch debate

- Hosted by cross-party MEPs
- Speakers invited from across Europe
- 2015 saw youth speakers from Malta and the UK
- Discussions around active lifestyle policies; barrier to youth involvement in sport – education on managing diabetes during sports activities



- High attendance of MEPs - took the floor, pledged support
- IDF Europe prizes in Diabetes: Youth Researcher/Long Standing Achievement

Impact

- Written Declaration developed by MEP and currently gathering support
- Strong commitment from Maltese MEPs and national representatives on tackling diabetes – possibly during the upcoming Maltese EU Presidency



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IDF E Youth Leadership Camp (YLC)

- Initiative to promote and support active and motivated diabetes youth advocates together with the creation and strengthening of national diabetes associations' youth groups
- Held annually since July 2011
- Takes place across Europe – previously in Slovenia, Italy, Croatia and the Netherlands
- A cohort of more than 100 youth advocates have participated since 2011

IDF E YLC Format

- Week-long camp
- 24 participants from 24 different European countries aged 18-30
- All participants to date have had type 1 diabetes – but also open to those with type 2 diabetes
- Organised in conjunction with national diabetes associations in hosting countries

IDF E YLC Programme

- Participant presentations: personal diabetes stories; motivation to attend the camp; future aims, etc.
- Interactive workshops
 - Communication
 - Policy and advocacy
 - Project management
 - Working with industry
- Sports activities
- Excursions





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Impact

- Deeper understanding of the challenges and barriers faced in different countries by people with type 1 diabetes – for participants as well as IDF Europe
- Strengthens collaboration with/among national diabetes associations through youth advocates
- Greater interest in working together with IDF Europe – through the Member Association Staff Exchange programme
- Sparks youth-led activities cross nationally - projects, campaigns – a new cohort of diabetes advocates
- Participate in IDF Europe’s WDD activities every year



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Our commitment to the 32 million people with diabetes in EU, and in the larger European region, is a daily one

