

Portuguese Policy: Plan for the Reduction of Addictive Behaviours and Addictions 2013-2020 (PNRCAD)

European Alcohol and Health Forum
Brussels, May 2015

**NATIONAL POLICY TO REDUCE ALCOHOL
RELATED PROBLEMS**

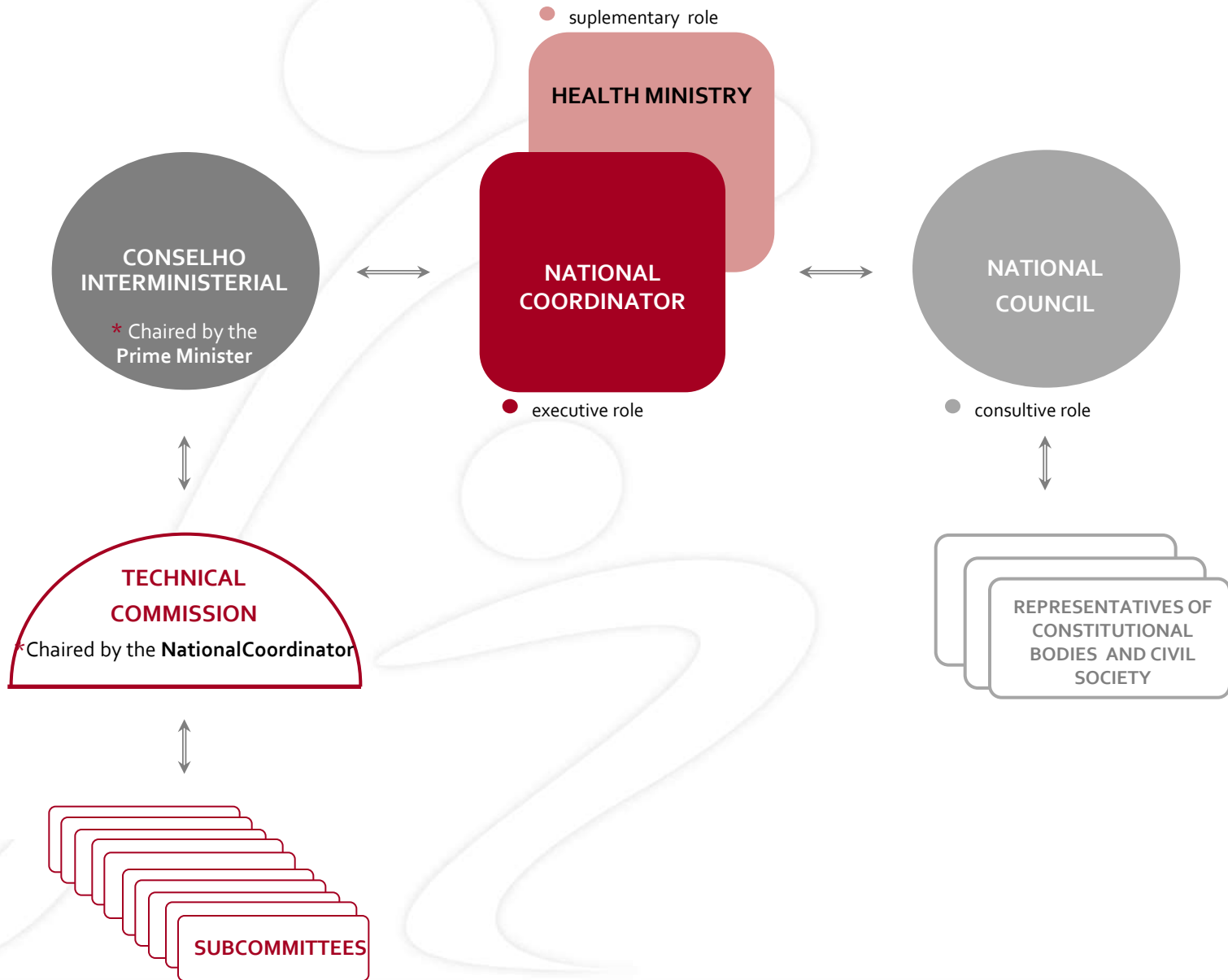
COORDINATION

**CLEAR
TARGETS**

**REFERRAL
NETWORK**

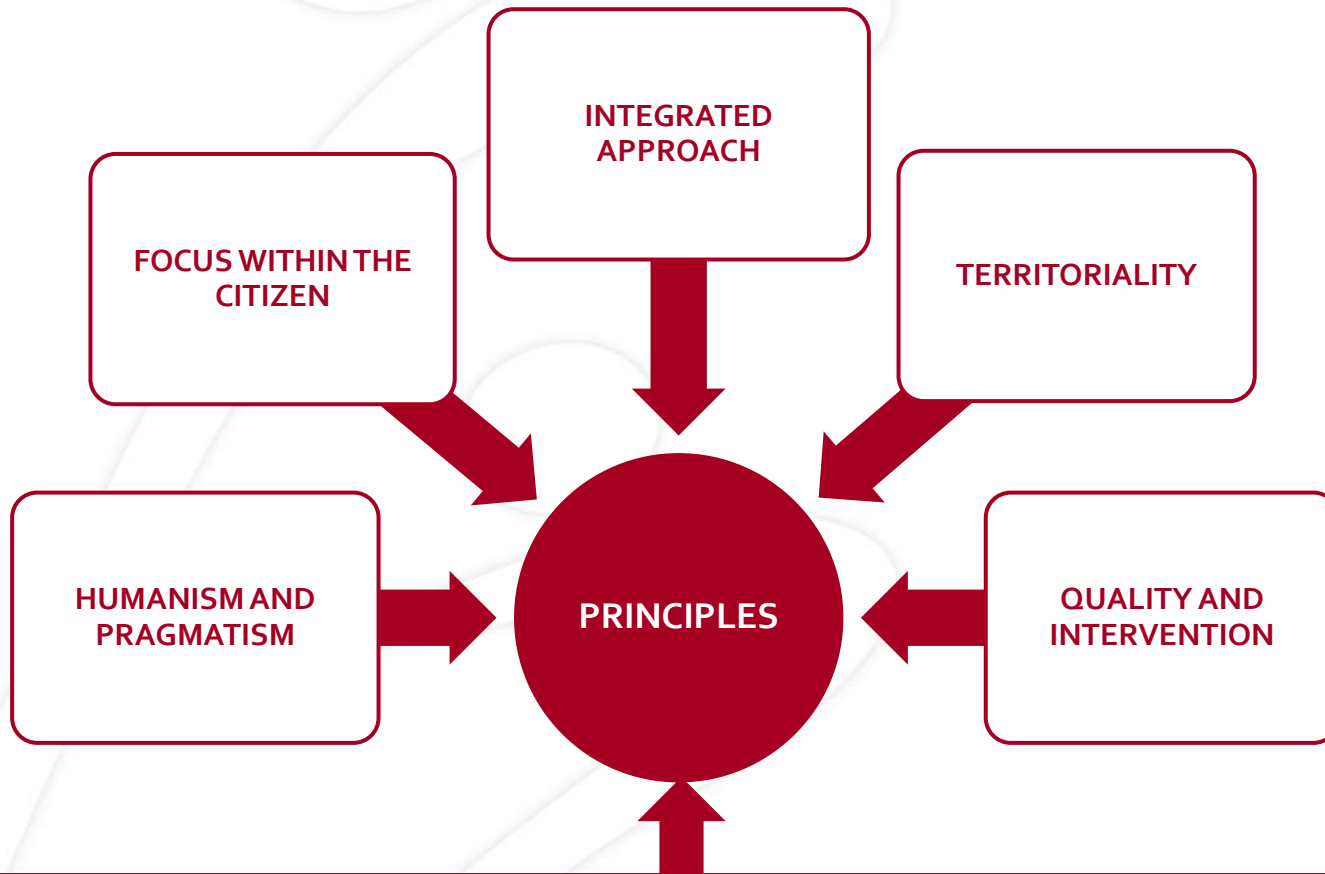
**NATIONAL
FORUM**

DATA BASE



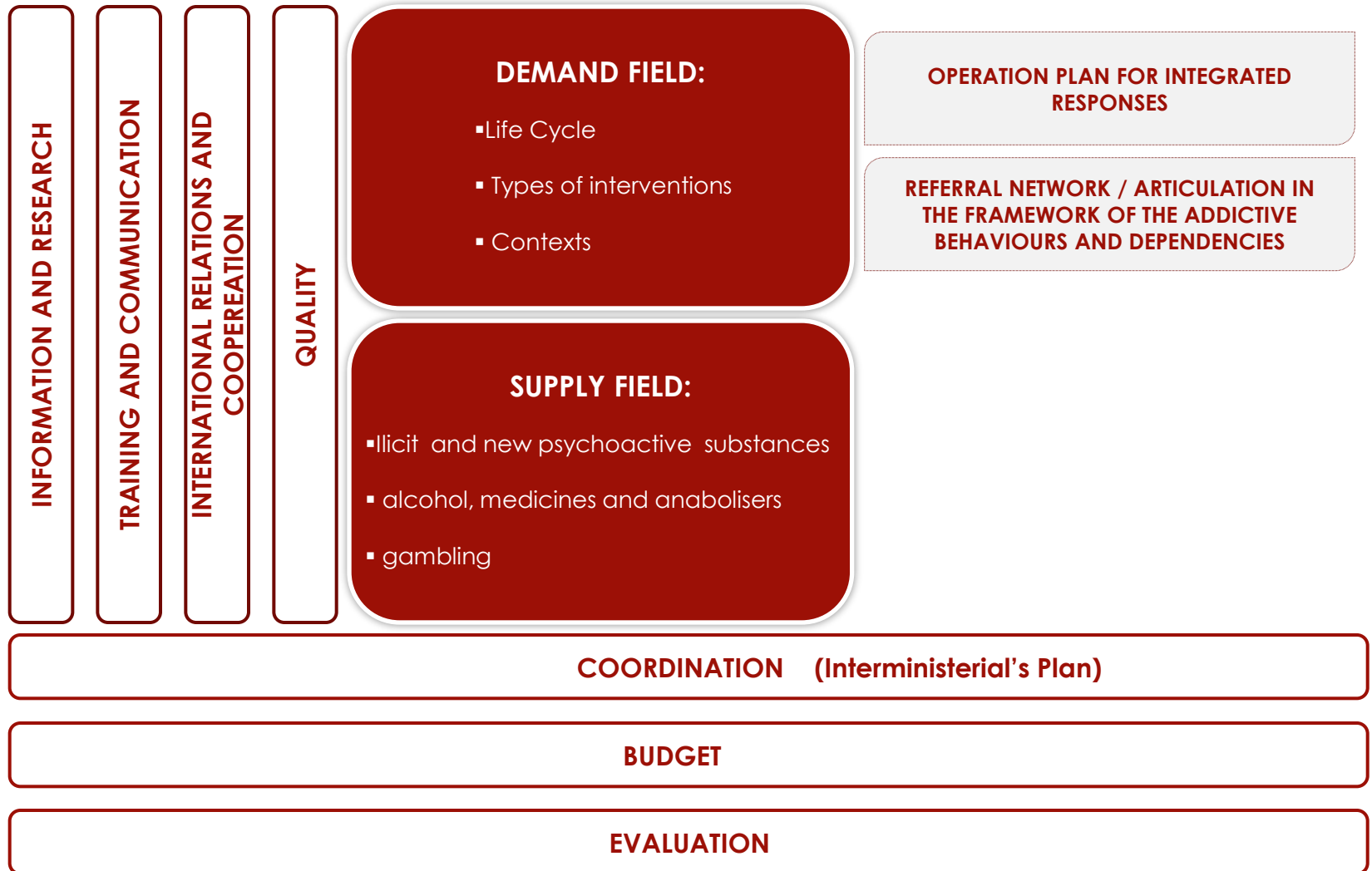
VISION

To consolidate and depth an integrated approach on addictive behaviours and addictions, based upon and inter-sectorial articulation, in order to obtain sustainable gains on health and well-being



The main principles are the same: international cooperation, prevention, humanism, pragmatism, safety, coordination, subsidiarity and participation

STRUCTURE OF THE NATIONAL PLAN FOR THE REDUCTION OF ADDICTIVE BEHAVIOURS AND DEPENDENCIES 2013-2020





O 1.

Prevent, dissuade and minimize the problems related with the use of psychoactive substances, the addictive behaviors and addictions

O 2.

Reduce the availability of illicit drugs and new psychoactive substances in the market

O 3.

To guarantee that the availability, access and use of licit psychoactive substances can be done in a safe way and not promoting the harmful and risky use/consumption

O 4.

To enhance opportunities for safe and legal gambling

DEMAND

SUPPLY

O 5.

High quality of services and intervention and sustainability of policies and interventions , through knowledge , professional training, communication, international relations and cooperation

Cross-cutting themes

(information and research, training and communication, international relations and cooperation, quality)

ALCOHOL**DEMAND****DOMAIN**

Increase the awareness risk of the consumption of 1-2 alcoholic beverages almost every day, near the under 16 years old youngsters, placing Portugal beyond the present average of 2% in 2016 and 5% in 2020

Decrease 10% by 2016 and 20% by 2020 the prevalence of binge drinking pattern, in the Portuguese population

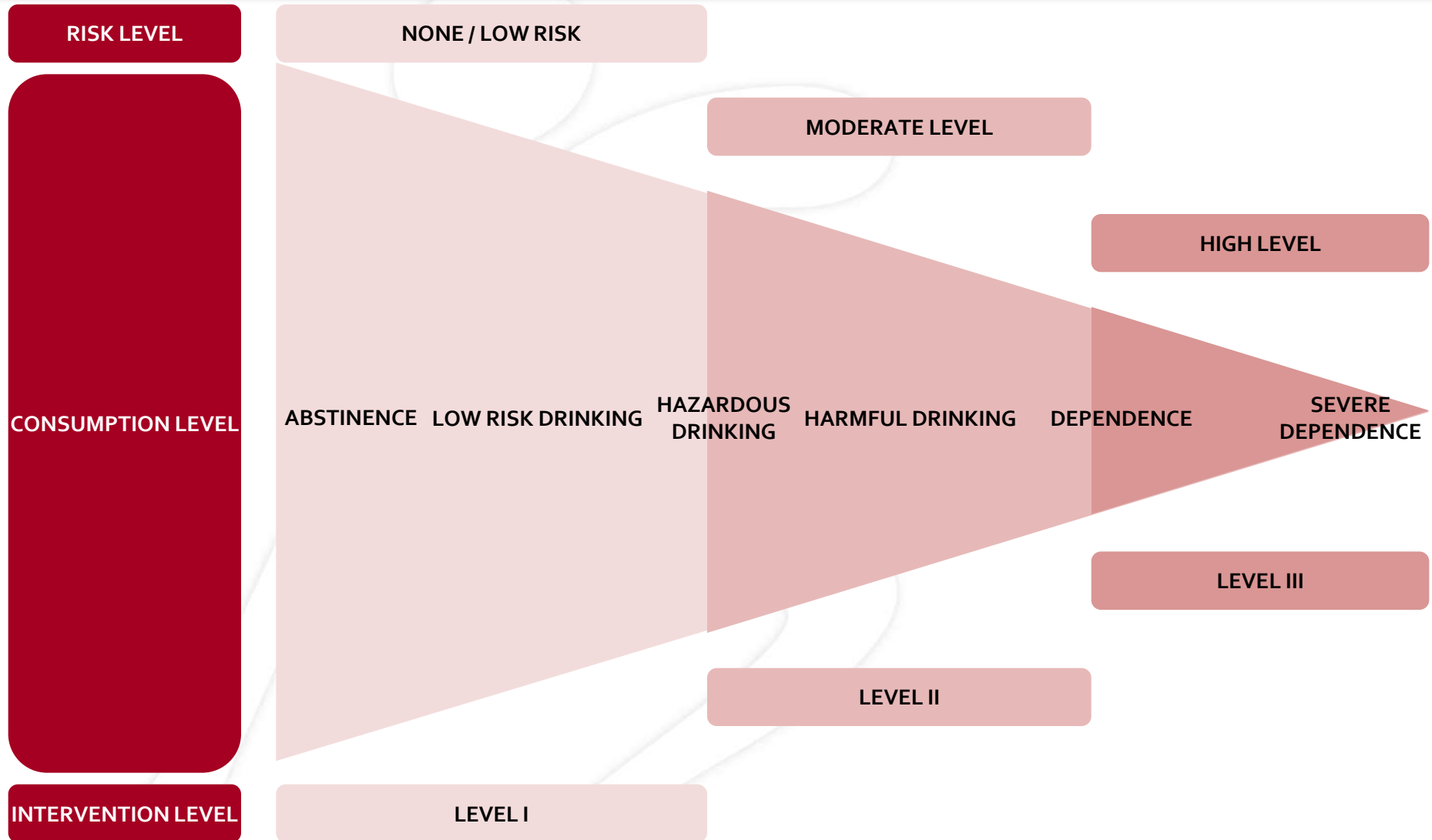
Reduce the standardized mortality rate for diseases attributed to alcohol (in the Portuguese population above 65 years) to 12,5‰000

Decrease the number of casualties in road accidents related with alcohol consumption following the goals of the National Road Safety Strategy

SUPLY**DOMAIN**

Guarantee that the provision, sale and consumption of licit psychoactive substances is done in a safe way and not to induce the harmless use/consumption, through proper legislation, regulation and inspection

REFERRAL NETWORK - CONSUMPTION, RISK AND INTERVENTION LEVELS



Adapted from Springer, IOM - J.F. & Phillips, J. (n.d.), *The Institute of Medicine Framework and its implication for the advancement of prevention policy, programs and practice*. Washington: CARS

Ferreira-Borges, C. e Cunha Filho, H. (2007), *Intervenções Breves: Álcool e Outras Drogas – Manual Técnico e Cd-Rom*, Lisboa: CLIMEPSI



Objective

Common platform for stakeholders at national level to pledge to reduce alcohol-related harm.

production and retailing

public health

media and advertising

youth and family organisations

professional bodies

scientific societies

education and universities

social sector

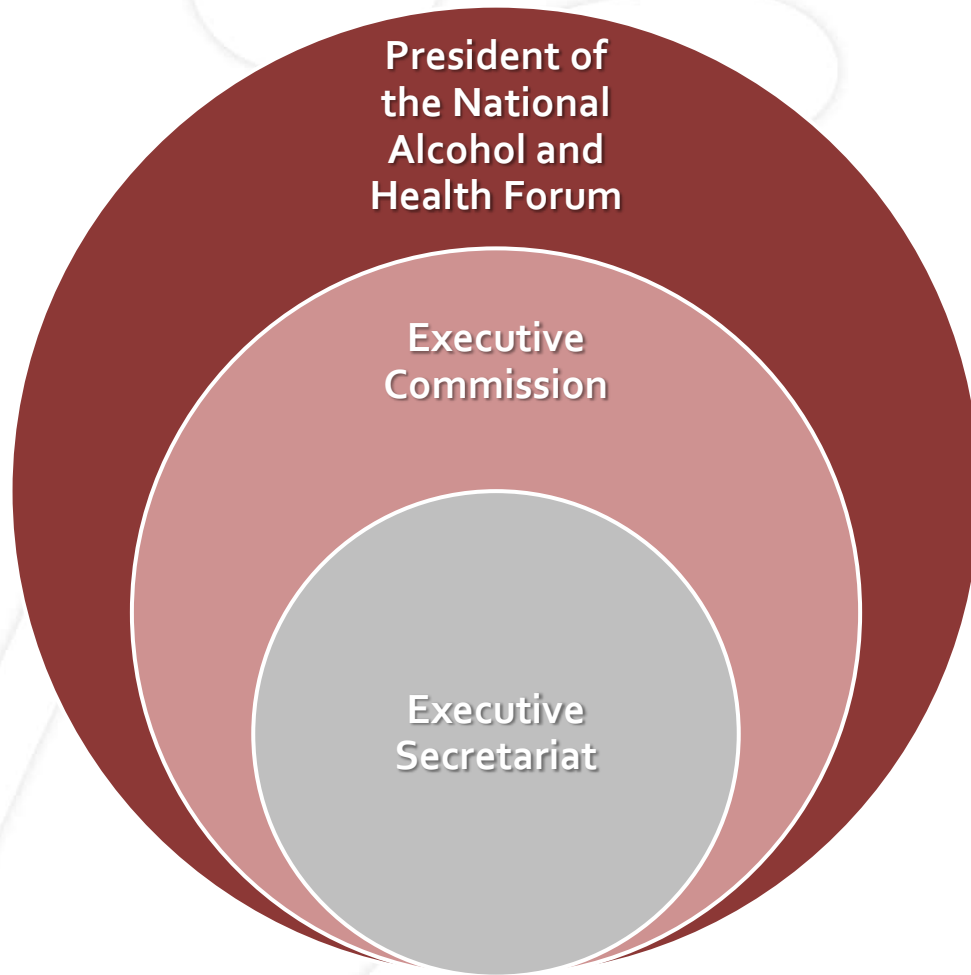
religious organisations

municipalities

enforcement structures

trade unions

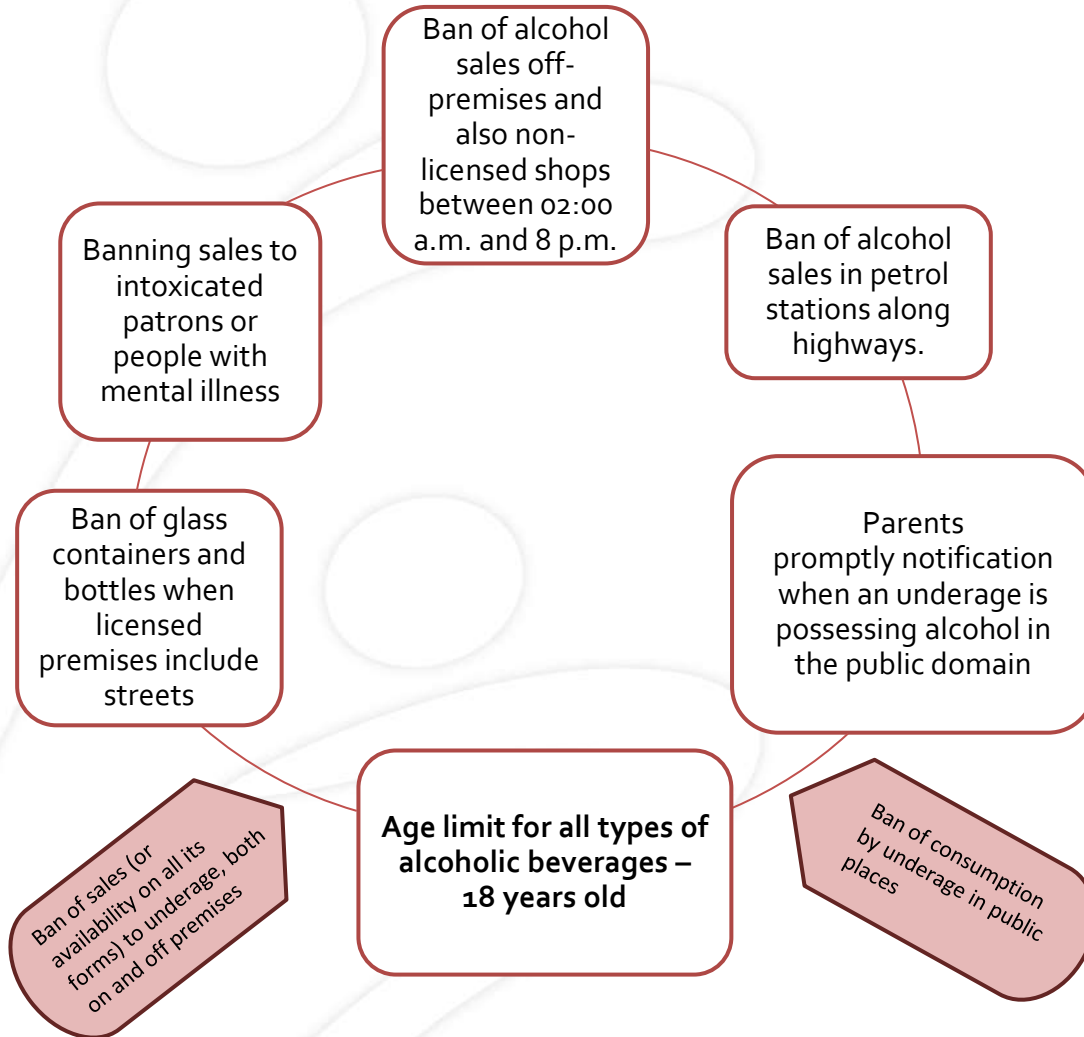
Public Administration





Organisations in the Forum (76)		Commitments
		2015
Public Administration (21)		28
Municipalities (4)		3
Public-private organisations (7)		4
Universities (6)		8
Scientific Societies and Professional bodies (10)		6
Production and retailing (11)		16
NGO's Entidades do setor social, ONG e IPSS (15)		12
Trade Unions (2)		2
79 commitments; 61 organisations	TOTAL	79

National Legislation – What's new?



**39
SPECIFIC
OBJECTIVES**

**134
ACTIONS**

RESPONSIBLE ENTITIES

Public Administration

Local Authorities

Public and private entities

High Education Institutions'

Scientific Societies

Professional Schools

Industry and Commerce Operators'

Entities of the social sector (NGO's)

Trade Unions

National Alcohol and Health Forum

**RESULTING FROM
CONSENSUS AND
ASSUMED BY 150
ENTITIES**

**SET OUT IN THE
STRATEGIC
DOCUMENTS OF
THE ENTITIES
RESPONSIBLE***

**Health in all
Policies*

LIFE CYCLE

Actions in the demand domain are organised according to the stage of the lyfe cycle

TIMETABLE

Actions are carried out following a predetermined timetable

RESPONSIBLE ENTITIES

The 150 responsible entities for the implementation of all actions are clearly identified

INDICATORS

Resulting from consensus according to the Action Plans and the activities of the entities

VERIFICATION SOURCES

All the actions show the sources of verification of their implementation

Thank you for your attention

General-Directorate for Intervention on Addictive
Behaviours and Dependencies
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