



Improving health equity across the life course

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Meeting of the Expert Group on Social Determinants and Health Inequalities - 2015

DRIVERS: Aims



Identify and fill knowledge gaps about factors that drive three of the social determinants of health inequalities:

- Early child development
- Employment and working conditions
- Income and social protection













DRIVERS: Case studies

Babes-Bolyai University (RO)





- Early Years Northern Ireland
- Family, Child and Youth Association, HU echyd Cyhoeddus

ULL Universidad de La EgAPN PolanoROLEPSIS

- **EAPN** Portugal
- EAPN Sweden
- Hungarian Anti-Poverty Network
- a **TNO** company The Poverty Alliance (EAPN Scotland)



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Early Childhood Development



UCL Institute of Health Equity (Scientific Lead & WP Leader) Eurochild



Evidence-base to increase health equity in early childhood

Two systematic reviews

- 183 studies showed multiple adverse social factors associated with health and development outcomes in children (0-8)
- Interventions that aimed to develop both children's and parents' skills had more favourable outcomes
- Comparative data analysis using data from EU member states



Gradient in the risk of overweight at age 4-8 by maternal education



(Ruiz et al., 2015)

Fair Employment



Department of Medical Sociology Universität Düsseldorf (WP Leader) Business in the Community



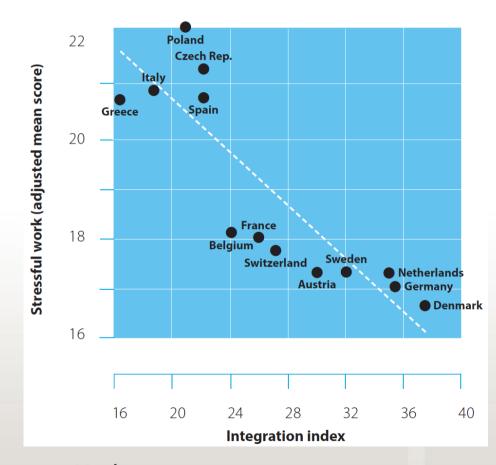
Work characteristics, workplace interventions and health inequalities

Several systematic reviews

- Demand-Control model, Effort-Reward model & Organisational Justice
- Workplace interventions
- Analyses of work and unequal health using recent Europe-wide data sets



Level of labour market integration and work stress score





(Siegrist J, Montano D & Hoven H, 2014)

Social Protection & Income



Centre for Health Equity Studies Stockholms Universitet (WP Leader) EAPN



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Income, social protection and health inequalities

- Literature review of social protection policies and wider welfare state arrangements
- New analyses of how social protection policies are linked to health inequalities using European data
 - Coverage and replacement rates of social protection policies
 - Active labour market policies



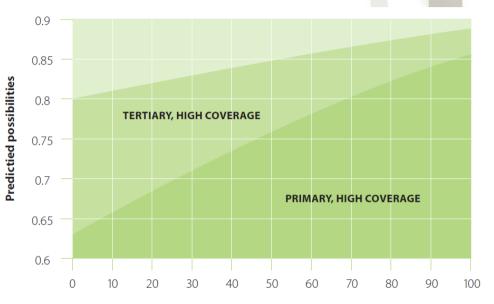
Unemployment benefits and health

An interaction effect between coverage and replacement rates

Much better health at higher replacement rates when coverage is high, >90%.

This effect is stronger for low educated, contributing to smaller inequalities.

Source: Figure 3 in Ferrarini, Nelson, Sjöberg, SJPH 2014;42:635-642



Replacement rate



DRIVERS: four broad principles

- 1. Universality of access
- 2. Addressing disadvantage
- 3. Accounting for context and respecting rights
- 4. Evidence-based policy



Universality of access

Example recommendation:

Affordable, high-quality pre-natal and early years provision alongside

- supportive employment policies
- parenting and family support services to help parents combine work with parental responsibilities



Addressing disadvantage

Example recommendation:

Within a universal system of social protection coverage, different kinds of support should be offered to people according to the type and level of risk they experience

- cash transfer programmes
- access to high-quality welfare services
- extensive active labour market

programmes



Accounting for context and respecting rights

Example recommendation:

Implement interventions shown to be effective in other countries, with contextual adaptations made for local conditions

 requires systematic development and evaluation to ensure that effectiveness is not compromised by these adaptations



Example recommendation:

Routine monitoring and regular review of adverse social and work conditions, as well as policies and interventions to reduce adversity and strengthen health

use of available models of good practice
information on both economic and social benefits



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Advocacy: Increasing the uptake of evidence

- Make use of different kinds of evidence
- Make use of established good practices
- Recognise the potential advocacy roles
- Find 'win-win' or compromise objectives
- >Adapt messages used in advocacy efforts
- > Taking a more long-term perspective

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Farrer L, Marinetti C, Kuipers Y & Costongs C, 2015

www.heath-gradient.eu



Relevance to JA and other work

Evidence on key determinants (incl. early childhood) and importance of SDHI

- Failored approach to different countries
- Knowledge transfer and translation
- Case studies
- Capacity building
- ... and more!



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Equality & justice

