

Eric Carlin

**Director, SHAAP,(Scottish Health Action
on Alcohol Problems)**

**Commitment: Information and support
for Health Professionals**





Royal College
of Nursing



The College of
Emergency
Medicine



**FACULTY OF
PUBLIC HEALTH**



The ROYAL COLLEGE of
SURGEONS of EDINBURGH



RCPCH

Royal College of
Paediatrics and Child Health

Leading the way in Children's Health

RCPE



Royal College of
General Practitioners



**RC
PSYCH**
ROYAL COLLEGE OF
PSYCHIATRISTS



ROYAL COLLEGE OF
PHYSICIANS AND
SURGEONS OF GLASGOW



SHAAP SCOTTISH HEALTH ACTION
ON ALCOHOL PROBLEMS

Alcohol and the Developing Adolescent Brain: Evidence Review



SHAAP

SCOTTISH HEALTH ACTION ON ALCOHOL PROBLEMS
www.shaap.org.uk

- **Brain development in adolescence**
- **The effects of alcohol on the developing adolescent brain**
- **The role of genetics in alcohol consumption**
- **The clinical implications of alcohol's effects on the brain**
- **The effects of alcohol on psychological and cognitive function**

Appendices:

- **Young people's drinking**
- **Alcohol-related harm**

SHAAP SCOTTISH HEALTH ACTION
ON ALCOHOL PROBLEMS

Recommendations

Protecting young people from alcohol-related harm has to be:

- **within the context of a ‘whole population’ approach to reduce overall alcohol consumption**
- **embedded in national and local policy**

Recommendations

Emerging evidence that the adolescent brain may be especially vulnerable to alcohol harms should:

- **inform all health-promoting activities**
- **prompt investment in further exploratory research**

Dissemination – so far:

- Parliamentary launch of findings
- 5,000 copies of publication disseminated in Scotland, across Europe and on website
- RCPE College Journal, March 2015

Coming up:

- 27th August 2015 – National conference with Children's Commissioner and Chief Medical Officer
- 2 seminars being planned for parents, youth workers and teachers

Royal College of Physicians of Edinburgh

THE JOURNAL

of the Royal College of Physicians of Edinburgh



CLINICAL

- Alcohol and the developing adolescent brain
- Perspectives on Ebola
- Diagnosis of multiple sclerosis and the McDonald criteria
- Heart failure in primary care and the use of BNP
- Alström syndrome with myopathy

EDUCATION

- Parenteral nutrition
- Enteral tube feeding in adults
- Psychological aspects of endocrine disease

HISTORY

- The rise and fall of uroscopy
- The Monros – three medical dynasties
- Maternity records from 1936 in Edinburgh and Aberdeen
- Second World War Doctors

Volume 45
Issue 1
March 2015
ISSN 1478-2715 (print) ISSN 2042-8189 (online)
<http://www.rcpe.ac.uk/jrcpe>



Thank you!

SHAAP@rcpe.ac.uk

#MUPsaveslives

