



"Obesity, an unhealthy diet and physical inactivity have strong linkages with the four main Non-Communicable Diseases"

cancer

diabetes

cardiovascular

chronic respiratory

STRATEGY FOR EUROPE ON **NUTRITION, OVERWEIGHT AND OBESITY-RELATED HEALTH ISSUES (2007)** 

> **EFFECTIVE PARTNERSHIPS**



**EU PLATFORM** FOR ACTION ON DIET **PHYSICAL ACTIVITY AND HEALTH** 

**HIGH LEVEL GROUP** FOR NUTRITION AND PHYSICAL ACTIVITY

membership more than doubled since

establishment in 2005

33 European associations

## WHY AN



## RECENT ACHIEVEMENTS



number of people reached in 2011: 14 million individuals, 80 million virtual users



number of commitments implemented in more than 1 EU country: 87 out of 135 currently active



number of commitments valid beyond 2013: 66 out of 135 currently active



significant improvement in quality: objectives of commitments more specific

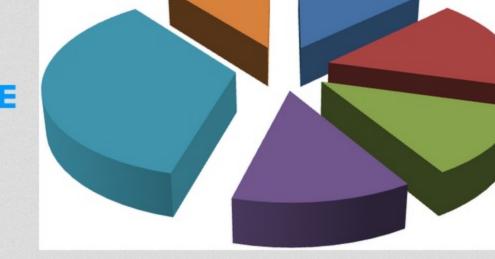
## **VOLUNTARY ACTIONS** IN 6 AREAS (NO. OF ACTIONS IN 2011)



PHYSICAL ACTIVITY PROMOTION (15)

**ADVOCACY AND INFORMATION EXCHANGE (22)** 





**CONSUMER INFORMATION INCLUDING LABELLING (13)** 

**AND ADVERTISING** (16)

MARKETING

**COMPOSITION OF FOODS. AVAILABILITY OF HEALTHY OPTIONS, PORTION SIZES (15)** 



**HEALTH NGOs** 

1 in 2 people

is overweight or obese\*



**MULTI-STAKEHOLDER APPROACH** 



**MORE ON THE EU PLATFORM** 



