



European
Commission

Europe's Beating Cancer Plan



Prevention

Start date – end date

01/11/2022 – 31/10/2024

Countries

Belgium, Cyprus, Finland, France,
Germany, Hungary, Italy, Portugal,
Romania, Slovenia, Spain

Overall budget


EUR 1 860 739

EU contribution under EU4Health programme

EUR 1 488 591



BUMPER – Boosting the Usability of the EU Mobile App for Cancer Prevention

 **The BUMPER project will allow people to be more acquainted with the European Code against Cancer and to understand how they can make minor changes in their lives to prevent cancer.**

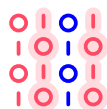
Boosting the Usability of the EU Mobile App for Cancer Prevention (BUMPER) has four key objectives:



1. Support the design and development of an EU Mobile App for Cancer Prevention, including evidence-based guidance and scientific validity;



2. Engage with potential end-users to get feedback on the effectiveness and ease of use of the App;




3. Train health promoters in digital health literacy on how to use and spread the App;



4. Pilot ways to promote the App with specific target groups in several different countries.

It will use the European Code against Cancer (ECAC) to communicate **clear and accessible evidence-based information on the risk factors of cancer**. It will also provide users of the App with effective **preventive measures** that they can use for themselves and share with others to reduce their cancer risk.

Users of the App should:

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- develop good knowledge of the evidence-based risk factors for cancer;
 - know how to prevent or minimise risks;
 - be able to follow the preventive measures recommended by the European Code Against Cancer.

The project will develop a strategy to help promote the App on a wide scale. It will also boost the skills and capabilities of cancer leagues in promoting and applying the App.

For more info



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Project website

<https://bumper.cancer.eu/>

Social media handles

 @cancerleagues
 @eclcancer



Europe's Beating Cancer Plan makes use of the whole range of Commission funding instruments with a total of €4 billion being earmarked for actions addressing cancer. €1.25 billion from the EU4Health programme is being used to support actions and initiatives outlined in the Cancer Plan.

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