

Second EU Compass Forum on Mental Health and Well-being



Funded by the European Union in the frame of the 3rd EU Health Programme (2014-2020)

Mental Health at Work and in Schools, Prevention of Suicide

8-9 June 2017, Luxembourg

PROGRAMME

Venue

Novotel Kirchberg Hotel Luxembourg, 6 Rue du Fort Niedergruenewald, 2226 Luxembourg City

Day 1: June 8th

Chair: Jose Miguel Caldas de Almeida, Head of Institute, Lisbon Institute of Global Mental Health, Nova Medical School (Portugal)

Co-chair: Herta Adam, Deputy Head of Unit, Health Programme and Chronic Diseases, Directorate-General Health and Food Safety, European Commission

12:30 - 13:30 **Registration and walk in lunch**

13:30 - 13:40 **EU Actions in Mental Health and Wellbeing**
Stefan Schreck, Head of Unit, Health Programme and Chronic Diseases, Directorate-General Health and Food Safety, European Commission

13:40 - 14:00 **Mental health at work and schools**
Shruti Singh, Economist, Directorate Employment, Labour and Social Affairs, Organisation for Economic Co-operation and Development (OECD)

14:00 – 14:10 **The EU Compass for Action on Mental Health and Well-being**
Ionela Petrea, Head Trimbos International, Trimbos Institute (Netherlands) Leader, EU Compass for Mental Health and Well-being

14:10 – 14:30 **Annual report on policies, activities and practices in Member States and key stakeholders on mental health**

The European monitoring mechanism for mental health

Johannes Parkkonen, Project Coordinator, Finnish Association for Mental Health (Finland)

2017 Progress report in Member States and key stakeholders

Diana Frasilho, Research Fellow, Lisbon Institute of Global Mental Health, Nova Medical School (Portugal)

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14:30 – 17:30 MENTAL HEALTH AT SCHOOLS

Chair: Kristian Wahlbeck, Director of Development, Finnish Association for Mental Health (Finland)

Co-chair: Herta Adam, Deputy Head of Unit, Health Programme and Chronic Diseases, Directorate-General Health and Food Safety, European Commission

14:30 – 14:45 **Introduction of session on Mental Health at Schools**
Kristian Wahlbeck, Director of Development, Finnish Association for Mental Health (Finland)

14:45 - 15:00 **Schools for Mental Health: what does good look like?**
Goof Buijs, Coordinator, Schools for Health in Europe

15:00 – 15:15 **What impact can teachers have on the mental health of their pupils and what do they need?**
Ton Duif, Past President, European School Heads Association

15:15 – 15:30 **How Ministries of Education and Health can work together**
Jean-Baptiste Rouffet, Directorate General for Health, Ministry of Social Affairs and Health (France)

15:30 – 17:30 BREAKOUT SESSIONS

1. National Youth Forum and governmental representative on organising a structured dialogue on mental health

Diana Frاسquilho, Executive, Dream Teens Youth Engagement Project (Portugal)
Gaby Drenth, Inge Gerrits, Melanie Stanciuc, Kelly Hurkmans, Lize VandenBerghe, Esther van Duin, Andy Didden, National Youth Council, Mind Matters (Netherlands)

2. Promoting mental health and wellbeing of staff and students: fighting stigma at school

Sue Baker, Director, Time to Change (England)
Filipa Palha, President of Board of Directors, professor, ENCONTRAR+SE, Universidade Católica Portuguesa (Portugal)

3. National programs for mental health at school and evidence based interventions for youth at risk

Ivana Pavić Šimetin, Deputy Director, Croatian Institute of Public Health (Croatia)
Paula Speetjens, Research Associate, Trimbos Institute (Netherlands)

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17:30 – 17:45 **Plenary feedback from the break-out sessions**

19:00 **Dinner**

Day 2: June 9th

Chair: Caroline Costongs, Managing Director, EuroHealthNet

Co-chair: Ionela Petrea, Head Trimbos International, Trimbos Institute (Netherlands)

8:00 – 9:00 **Welcome coffee**

09:00 - 12:15 MENTAL HEALTH AT WORK

09:00 - 09:15 **Introduction of session on Mental Health at Workplace**
Caroline Costongs, Managing Director, EuroHealthNet

09:15 - 09:30 **Mental health at work: state of play**
Stavroula Leka, Professor of Work, Health and Policy at University of Nottingham, Director of Centre for Organisation Health and Development (United Kingdom)

09:30 – 09:45 **The impact of campaigns on mental health at work**
Brenda O'Brien, Manager Brussels Liaison Office, European Agency for Safety and Health at Work

09:45 – 10:00 **How can micro, small and medium enterprises promote a positive mental health environment**
Mona Wyverkens, Social Policy Officer, the Union of Self-Employed Entrepreneurs (UNIZO), representing the European Association of Craft, Small and Medium-sized Enterprises (EUAPME)

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10:00 - 12:00

BREAKOUT SESSIONS

1. The strength of SME's: how to reach the majority of Europeans at their workplace

Mona Wyverkens, Social Policy Officer, the Union of Self-Employed Entrepreneur (UNIZO), representing the European Association of Craft, Small and Medium-sized Enterprises (EUAPME)

Monika Zähringer, Referent Team Research & Progress, Institut für Betriebliche Gesundheitsförderung (Germany)

2. Promoting mental health and wellbeing of staff: fighting stigma in the workplace

Sue Baker, Director, Time to Change (United Kingdom)

Johanne Bratbo, Psychologist and Project Manager, One of Us (Denmark)

3. Suicide prevention in the workplace - good practices

Clément Allanic, Account manager for Employment Assistance Programme, Psya (France)

Richard Lavergne, Head of Development, Psya (France)

12:00 – 12:15

Plenary feedback from the break-out sessions

12:15 – 12:30

Conclusions of the Forum and closing

John F. Ryan, Director, Directorate-General Health and Food Safety, European Commission

12:30

Take-away lunch