

Directive 2011/24/EU — on patients' rights in cross-border healthcare

UK Implementation, Barriers & Policy Challenges

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Cross-border Healthcare Committee – 11 March 2016

Described as....

"...the most significant and wide-ranging European health legislation in a generation."

Article by article

- Art 3 Definitions (definition of healthcare v. wide)
- Art 4 Requirements on providers & MS of treatment
- Art 5 Responsibilities on MS of affiliation; patient information (inc. on entitlements)
- Art 6 Set up and functions of National Contact Point
- Art 7 (Patient) reimbursement rules and principles
- Art 8 Prior authorisation systems & criteria for refusal
- Art 9 Administrative arrangements
- Art 10 MS cooperation (exchange of information etc)
- Art 11 Prescription recognition
- Arts 12 to 15 "Voluntary" arrangements European Reference Networks; Rare Disease; ehealth; Health Technology Assessment

What it means for citizens

- DG SANTE's flagship health policy goes further than all previous arrangements
- Codifies existing CJEU case law
- EU-wide legal framework confirming patients' rights & entitlements
- Requires MS to provide citizens with clearly understandable / accessible procedures
- Clarifies prior authorisation & reimbursement principles
- Ensures access to information via National Contact Points
- Sweeps away obstacles to freedom of movement
- (Hoped-for) Result: Greater choice / empowered citizens

However: Lack of clarity on many areas of crossover with coordination regulations

But the punters remain confused....

Are foreign providers/clinicians safe?

Am I entitled to the treatment?

I can't afford to pay up front?

What about treatments not approved by NICE?

What if something goes wrong?

Is there someone who can make all the arrangements?

Can I get help with travel costs?

How much will I be reimbursed?

Where can I get more information?

What are the clinical success rates?

Key (UK) policy & delivery issues

5 territory implementation Patient information / set up of NCPs Centralising functions (NHS England) Context of patient Patient entitlements / basket of benefits choice, Choices: Directive vs. Reg 883/2004 empowerment, rights and Equity / liability issues entitlements Risk of fraud "Undue delay" PA / reimbursement / pricing

The Directive's positive effects?

- Patient / Citizen focused: covers all healthcare (including private)
- First ever EU-wide legal framework confirming patients' rights & entitlements
- Requires MS to provide citizens with clearly understandable / accessible procedures
- Ensures access to information via National Contact Points
- Sweeps away obstacles to freedom of movement effectively extends patient choice to Europe & creates a personal health budget
- Greater choice / empowered citizens
- Opportunities for UK providers e.g. ERNs
- Lever for improvements in NHS provision?
- Pockets of strong collaboration between member state experts
- Has contributed to shaping healthcare reform in many EU countries

The Directive's negative effects?

- Low numbers, so Directive a disproportionate response?
- Limited grounds to refuse (or even require) prior authorisation
- Reduces healthcare to a purchase / reimbursement arrangement
- Power in the hands of patients & clinicians not national authorities
- Inequity those that can afford to pay up front take an advantage from earlier treatment
- The act of reimbursement is money leaving the NHS does not recirculate
- Patients are on their own
- Rise of third party operators / facilitators
- Liability issues (currently untested)
- Complicated administration (decoding foreign receipts etc)
- Risk of fraud & error

Invoicing & potential for fraud

By healthcare professionals/providers

- Falsifying credentials, employment history or registration status;
- Billing for services that were never delivered either by using genuine patient information, perhaps obtained through identity theft, to fabricate entire claims or by padding claims with charges for procedures that did not take place;
- Unbundling billing each step of a procedure as if it were a separate procedure;
- Misrepresenting procedures performed to obtain payment for non-covered services (e.g. cosmetic surgery);
- Billing for more expensive services or procedures than those that were actually provided;
- Falsifying a patient's diagnosis to justify tests or other procedures that are not medically necessary;
- Establishing bogus clinics/hospitals in order to bill for treatments that were never provided;
- Pharmacists dividing prescriptions into smaller amounts in order to claim additional dispensing fees (may require collusion with GP?);
- Alteration of prescriptions, claiming for work not undertaken, creation of ghost patients and fraudulent claims for out-of-hours treatments;
- Clinicians accepting 'kickbacks' for patient referrals;
- Risk of organised cartels to restrict treatments or to artificially raise prices;
- Ambulance services automatically taking patients to private hospitals where EHIC not accepted;
- Low value invoice fraud (i.e. designed to be of a sufficient low financial level to be unnoticeable)

Invoicing & potential for fraud

By patients and the public

- Use of a stolen identity in order to gain entitlement to treatment;
- "Opportunist" fraud (e.g. patient buying cosmetics who submits the pharmacy credit card voucher and claims that it was for a repeat prescription);
- Patient inflating the services represented on a claim;
- Wrongful claiming of exemption from fees, alteration of prescriptions or use of aliases to obtain e.g. controlled drugs;
- Fraudulent claims for travel costs expenses (for journeys never made or made using an alternative mode of transport)
- EHIC, S2 or insurance fraud i.e. an attempt to claim under the Directive for treatments/items covered by EHIC/S2/insurance.

By third-party intermediaries

- Falsified claim/application forms;
- Collusion with local clinicians & payment of "kickbacks" for guaranteed referrals;
- False invoices for services not actually provided;
- Inflated prices.

Looking ahead...

- Directive a key piece of EU-wide health legislation
- Complex policy challenges; many and varied implementation & delivery issues plus risk of fraud
- Conflict & confusion: Directive vs SS Coordination Regulations
- Need to address problems & issues to avoid Directive falling into disrepute at an early stage
- Crucial for DG SANTE, member state Health Departments & Ministries to be (and stay) engaged
- Cross-border Healthcare Committee the pre-eminent forum for decision making / policy and implementation discussion between DG SANTE and member state policy leads / experts
- Re-establishing the Committee deemed <u>essential</u>
- In turn, significant question marks over the role, purpose, legitimacy and future of NCP Forum

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