



Health at a Glance: Europe 2018

State of Health in the EU Cycle

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European Commission

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Health at a Glance: Europe 2018 started second cycle of State of Health in the EU

State of Health in the EU cycle





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NEW

PROMOTING MENTAL HEALTH IN EUROPE: WHY AND HOW?

Headlines

Thursday
22 November 2018

The Guardian

Paris

Now
4°C

16:00	19:00	22:00	01:00
6°C	4°C	4°C	4°C

Brexit / Leaked political declaration fails to offer 'frictionless trade'

Leaked statement falls short of Theresa May's Chequers plan, saying there will be inevitable trade barriers

In full Read the leaked political declaration



Live Brexit: UK and EU agree on text covering future relationship

No-deal Brexit Majestic Wine to stockpile im extra bottles



Manchester Arena attack / Police and MI5 missed chances to prevent bombing, MPs find



Mental health / Illness costs UK £94bn a year, OECD report says

Half of costs to British economy related to lower employment and productivity

England One in eight people aged under 19 have a mental health disorder

Analysis What is happening with children's mental health?

'I felt so worthless' Two teens on their mental health struggles



Matthew Hedges / Wife of academic jailed in UAE says Foreign Office did not take case seriously

Nissan / Board sacks CEO Carlos Ghosn after 'serious misconduct' claims

Police / Use of tights to cover cars' blue lights prompts safety fears

Law / Let terminally ill man choose when he dies, supreme court told

Ariana Grande / Chart-topping star criticises Piers Morgan over Little Mix nudity comments

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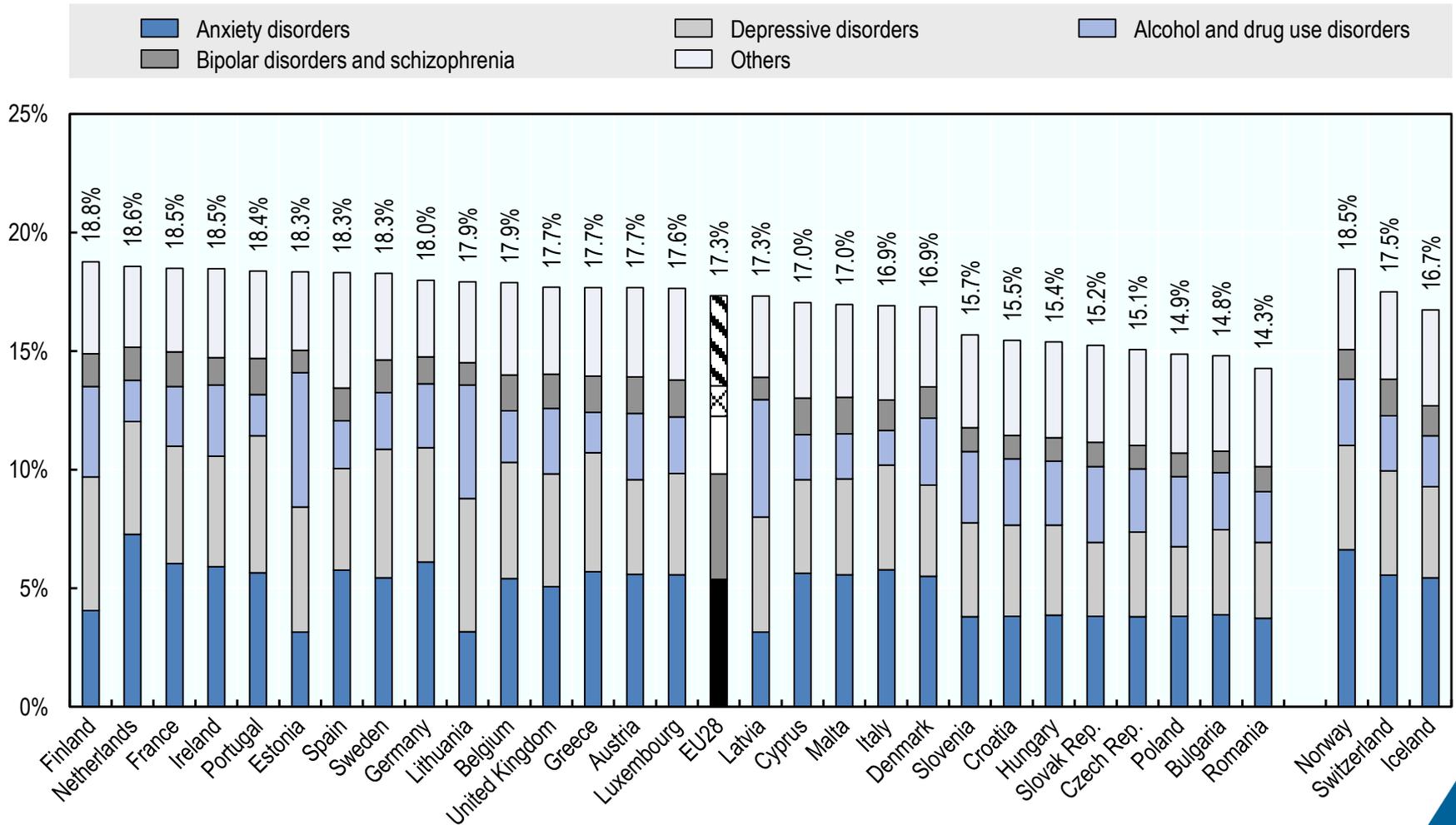
North Sentinel Island / Man killed on remote Indian island tried to 'declare Jesus' to tribe

Paraguay / Outrage after Brazil cartel boss kills woman in his prison cell

France / Posters of woman tied to train tracks not illegal, court rules



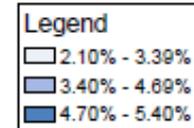
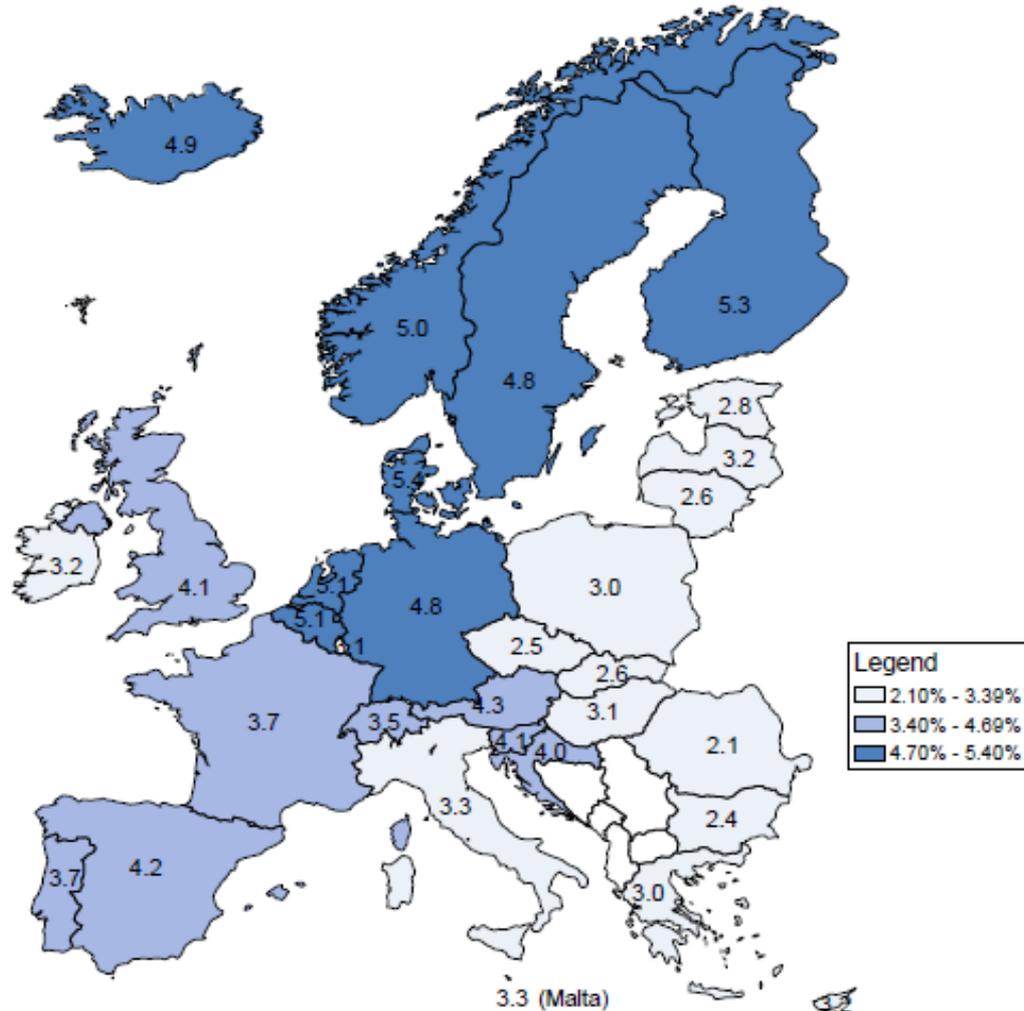
More than one in six people in EU countries have a mental health problem in a given year (according to IHME estimates)





Poor mental health costs more than 4% of GDP on average across the EU

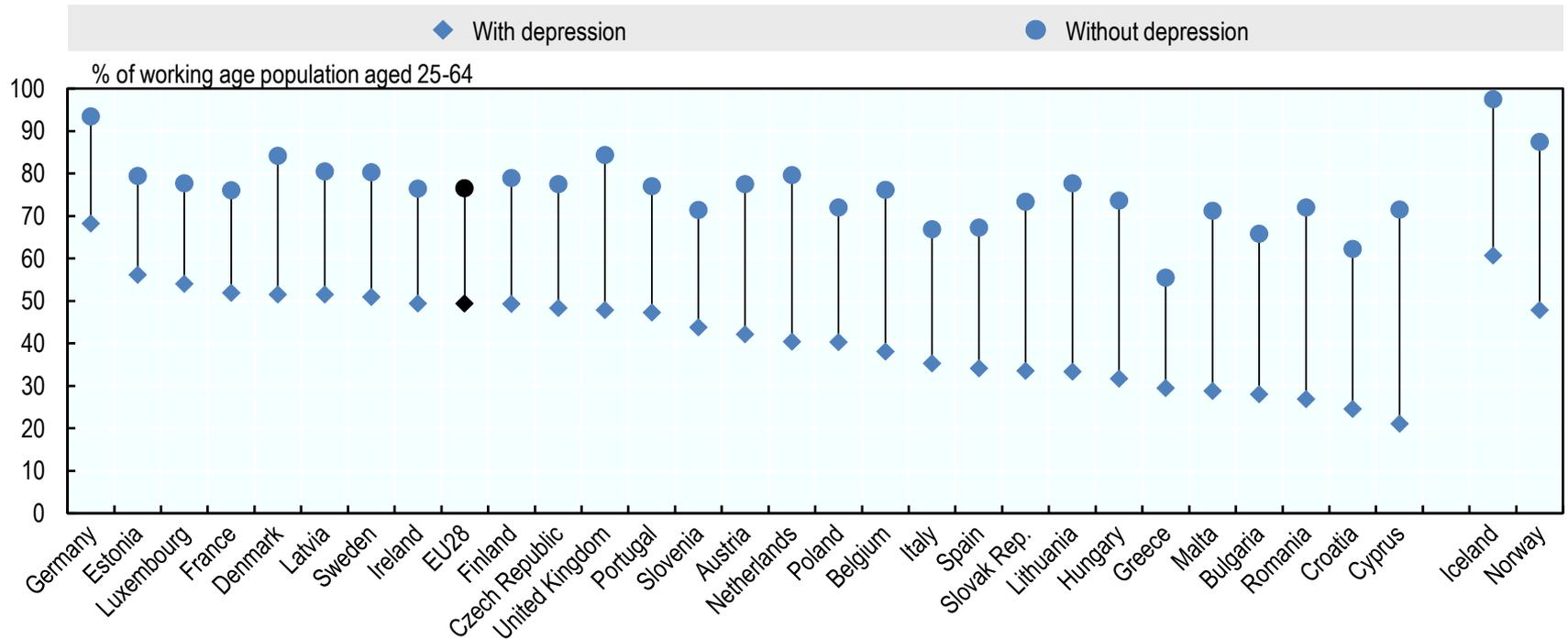
Estimated direct and indirect costs related to mental health problems across EU countries, as a % of GDP, 2015





People reporting chronic depression are much less likely to work

Employment rate of people aged 25 to 64



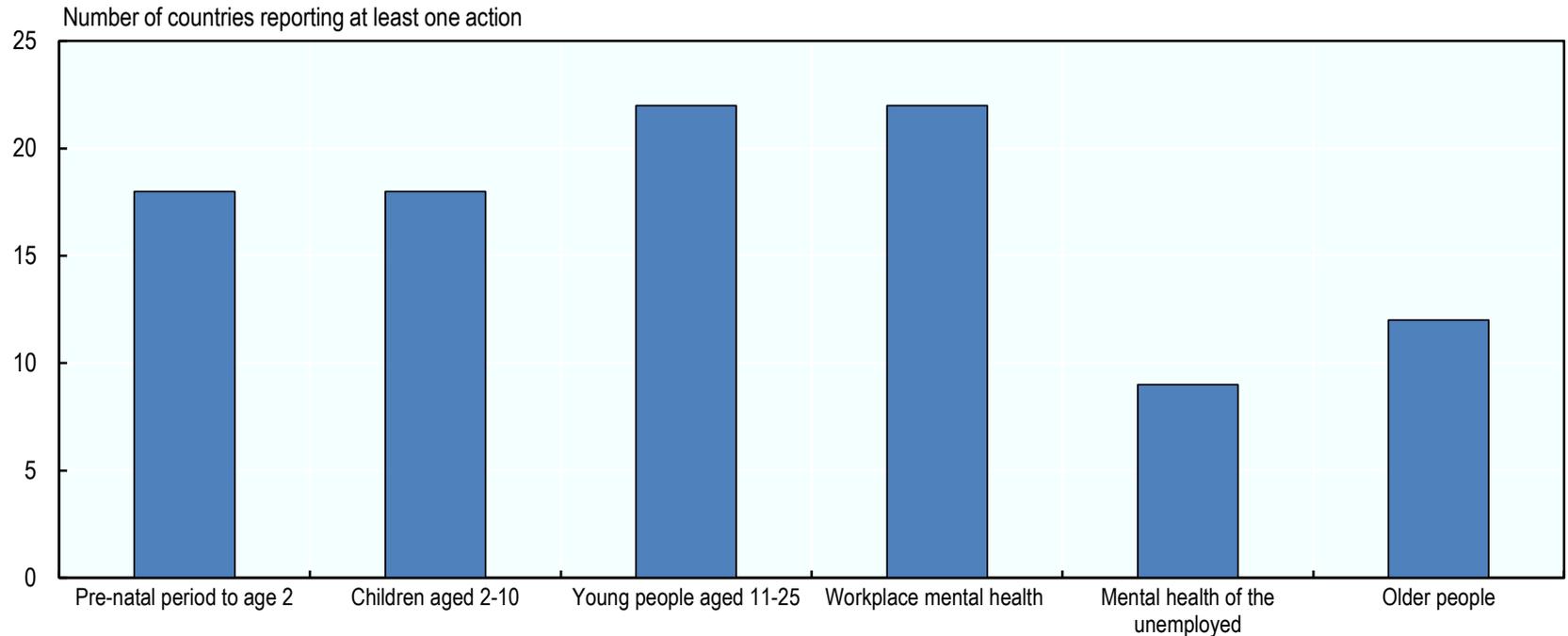
Note: Due to missing data, the assumption has been made that the situation in Ireland is the same as the EU average.
Source: Eurostat Database based on the European Health Interview Survey (2014).

...and when they work, people with depression or other mental health problems are often less productive
→ about 6% less productive on average



Those in most need of help are often neglected

Number of countries reporting at least one promotion or prevention action, out of 31 EU and EFTA countries



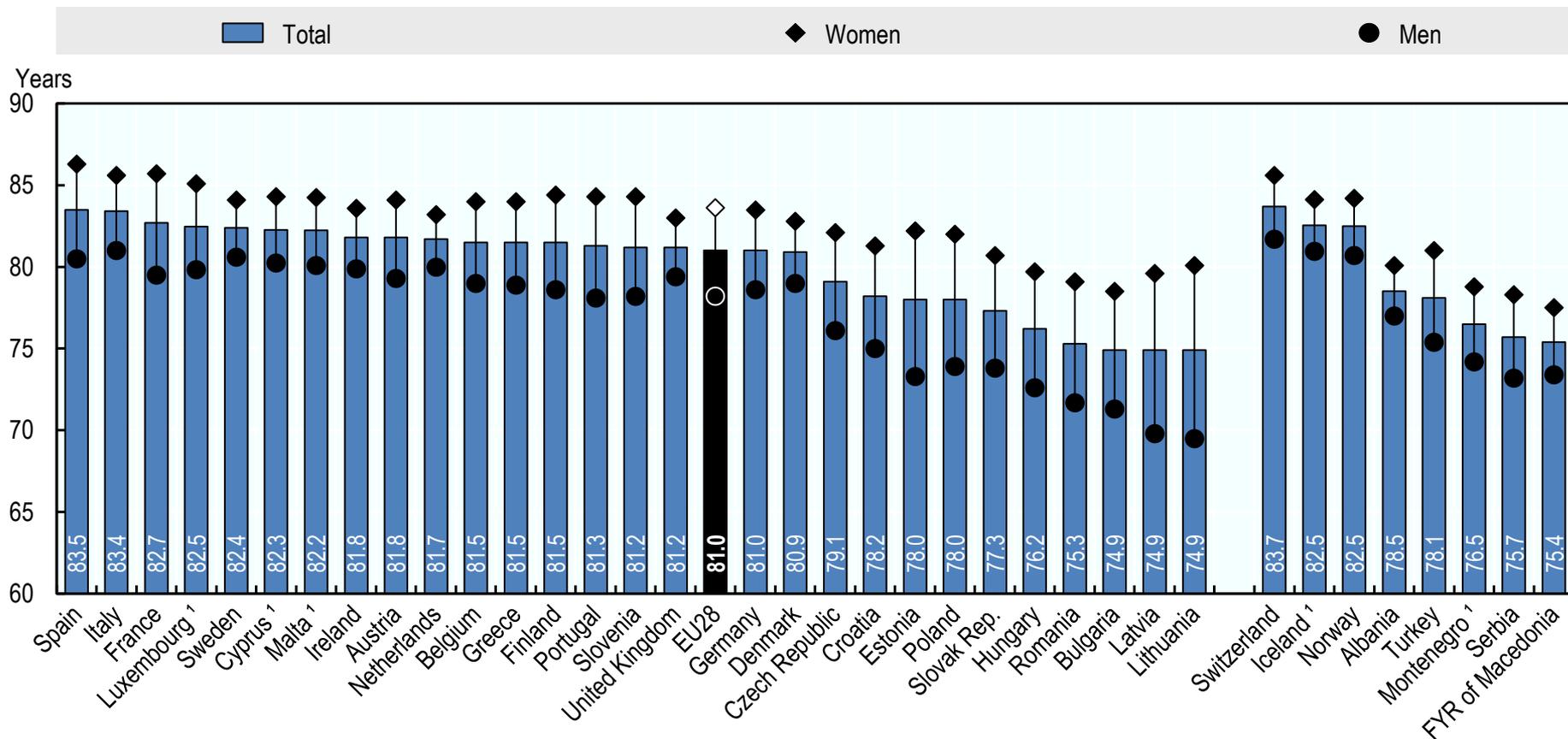
Source: McDaid, Hewlett and Park (2017); EU Compass for Action on Mental Health and Wellbeing (2017); WHO (2018); EU Compass for Action on Mental Health and Wellbeing, 2018 (2018).



TRENDS IN HEALTH STATUS (LIFE EXPECTANCY)



Life expectancy exceeds 81 years in most EU countries, but persisting gender gaps

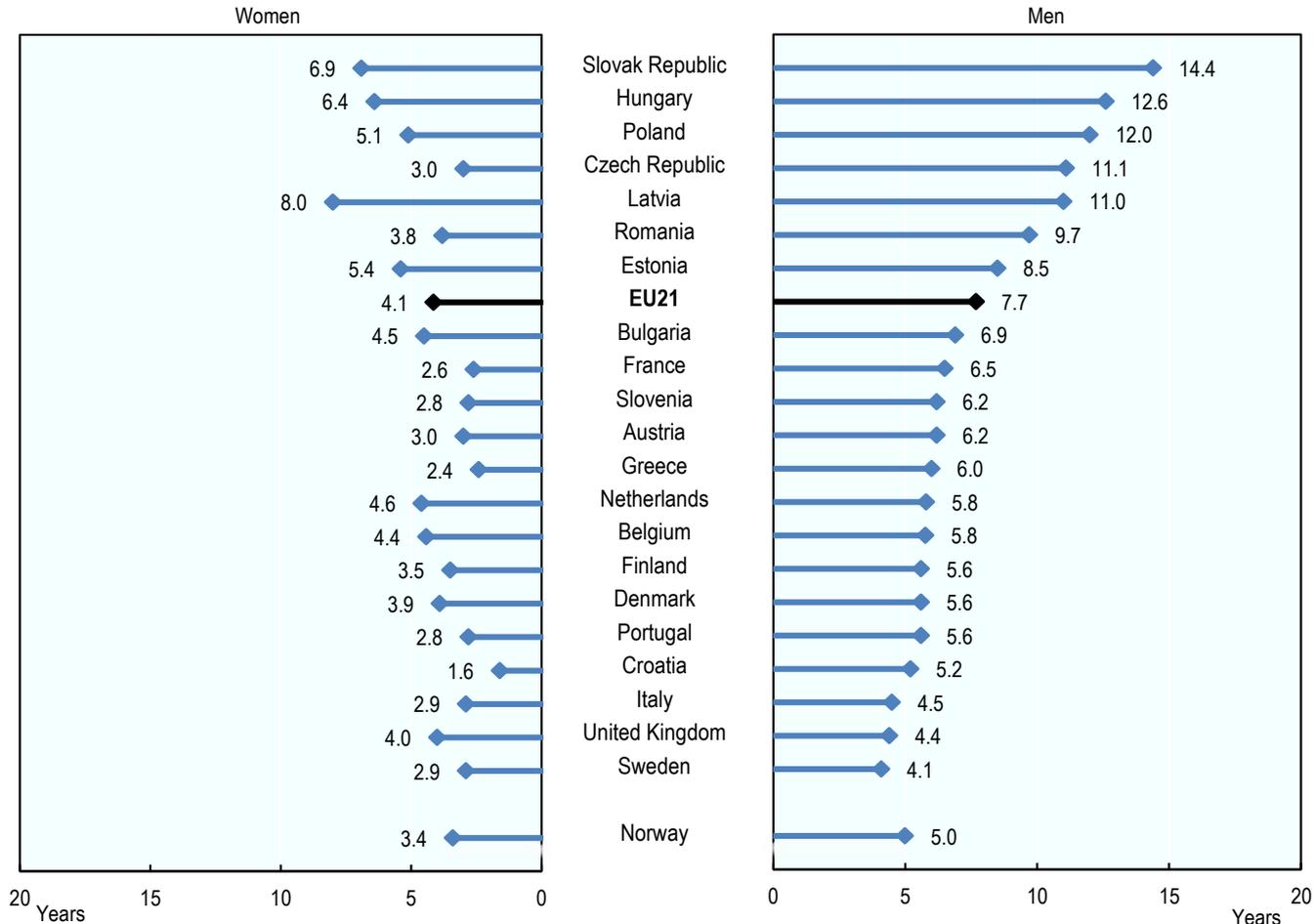


1. Three-year average (2014-16).
Source: Eurostat Database.



Also “education gaps” in life expectancy: Low educated people live 6 years less than the most educated on average

Gap in life expectancy at age 30 between people with the lowest and highest level of education,
2016 (or nearest year)

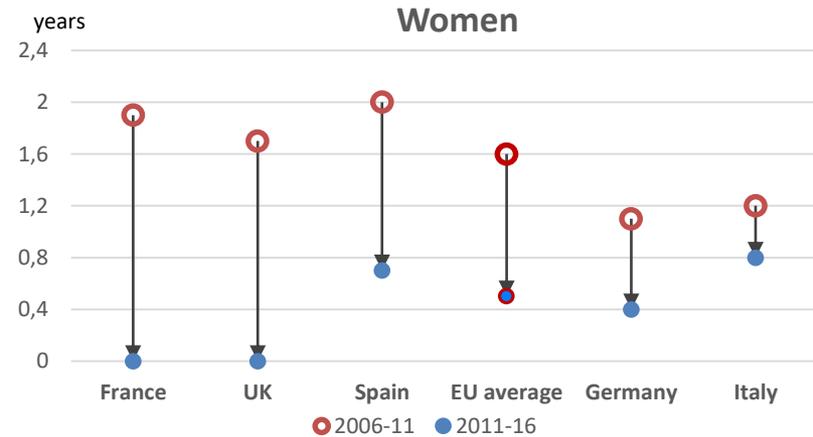
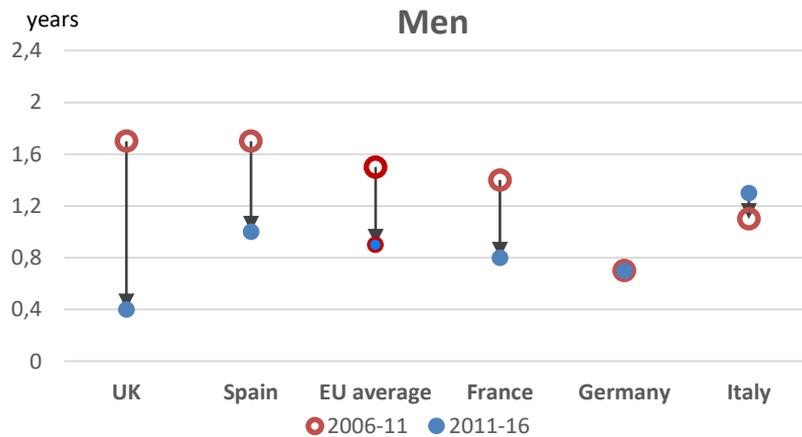


Note: Data refer to 2012 for France and Austria and to 2011 for Latvia, Belgium and United Kingdom (England).
Source: Eurostat Database; national sources or OECD calculations using national data for Austria, Belgium, France, Latvia, Netherlands and United Kingdom (England).



Gains in life expectancy have slowed down in many countries since 2011

Changes in life expectancy at birth between 2011-16 compared with previous five years





More information



<http://www.oecd.org/health/health-at-a-glance-europe-23056088.htm>
https://ec.europa.eu/health/state/glance_en