

Summary text

Overall, Irish respondents have a more positive emotional experience than the average European, they experienced the positive emotions more than average and the negative emotions less than average. More Irish respondents than average experienced all of the positive emotions 'all' or 'some of the time' while fewer than average experienced the negative emotions 'all' or 'some of the time'.

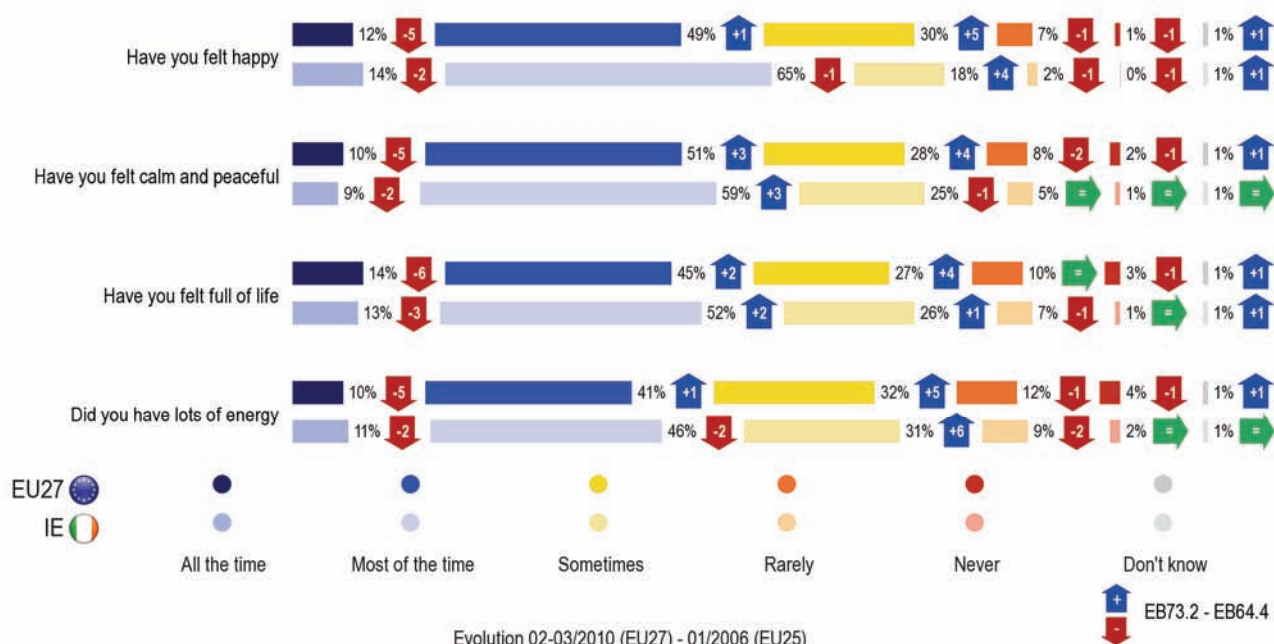
Fewer Irish respondents than average felt that they had accomplished less as the result of a physical or emotional problem (physical 'never' 59% and emotional 'never' 64% vs. EU averages of 41% and 53% respectively). The proportion of Irish respondents who sought help from a professional in the past 12 months was lower than average (12% vs. EU average of 15%), which is unchanged since 2006 (-2 percentage points).

Nevertheless, the proportion of Irish respondents who took antidepressants in the last 12 months is the same as the EU average (6% vs. EU average of 7%). However, more Irish respondents took antidepressants for depression (65%) than anxiety (40%) whereas on average across the EU antidepressants are taken almost equally for these conditions (51% depression and 47% anxiety).

Unexplained absenteeism from work amongst Irish respondents is similar to the EU average. In terms of attitudes to work, Irish respondents are more concerned than average about job security with a third (32%) feeling their job is under threat (compared to the EU average of 25%). Irish respondents feel the same as other Europeans about their job adequately matching their skills and recognition received at work with the same proportion agreeing with each statement, however less Irish respondents actively disagreed with each statement than average (20% and 15% disagree with each statement respectively vs. EU averages of 23% and 19%).

1. The state of Mental Health

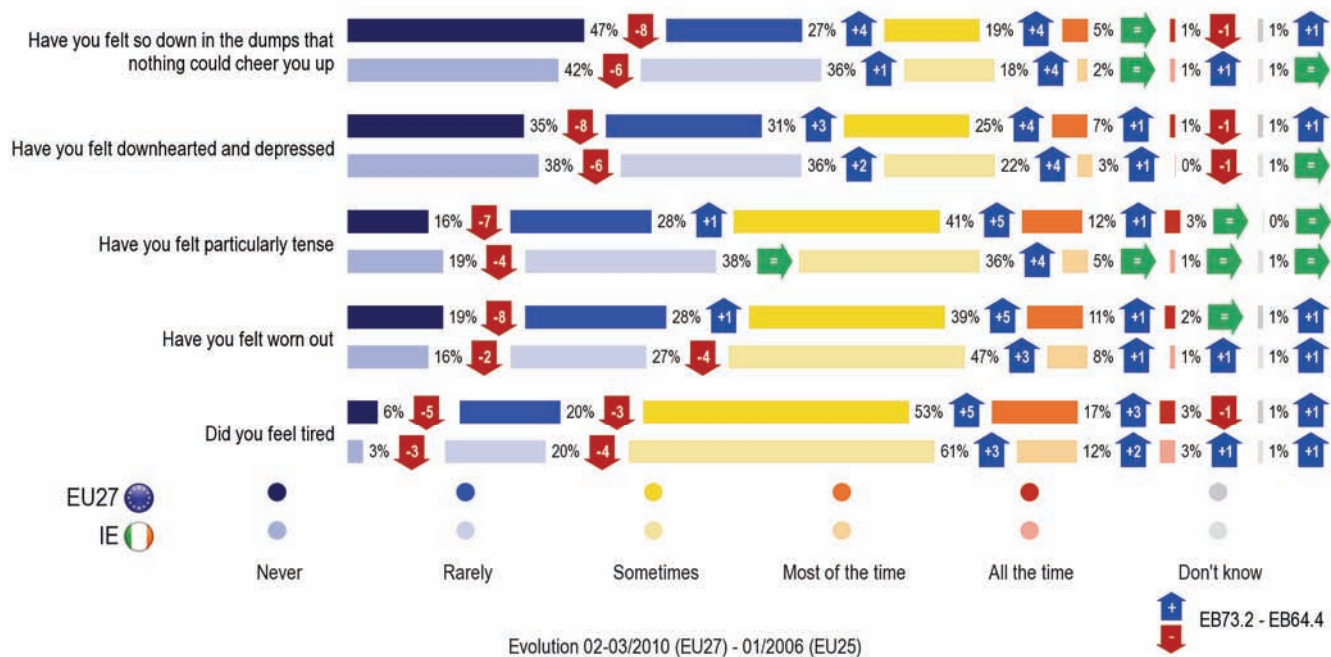
QD2. How often during the past 4 weeks...?



Methodology: face-to-face

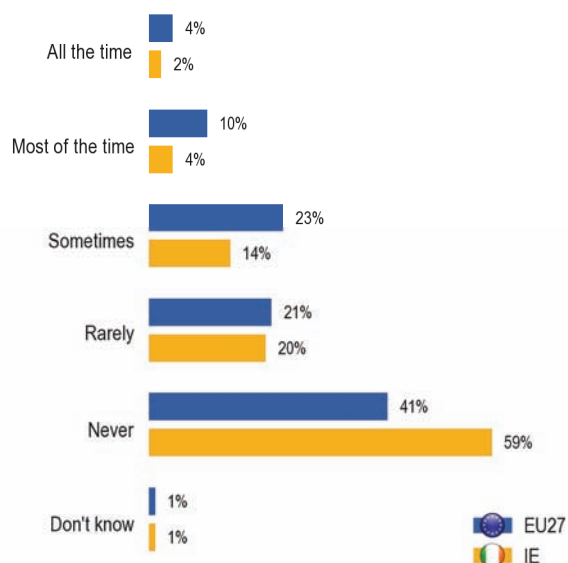
1. The state of Mental Health

QD2. How often during the past 4 weeks...?



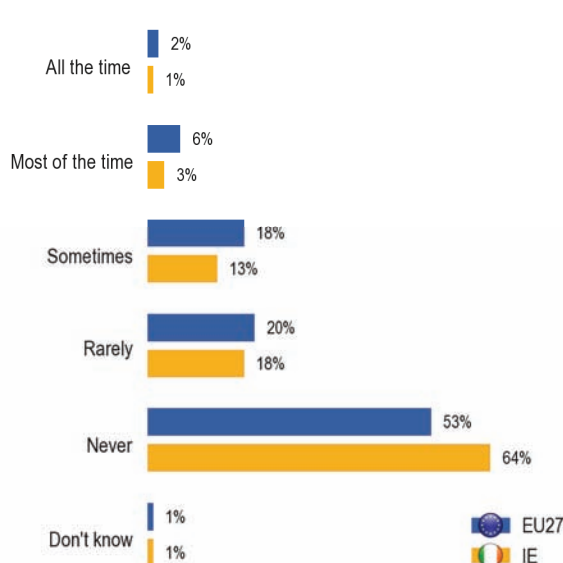
QD1.1. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of a physical health problem



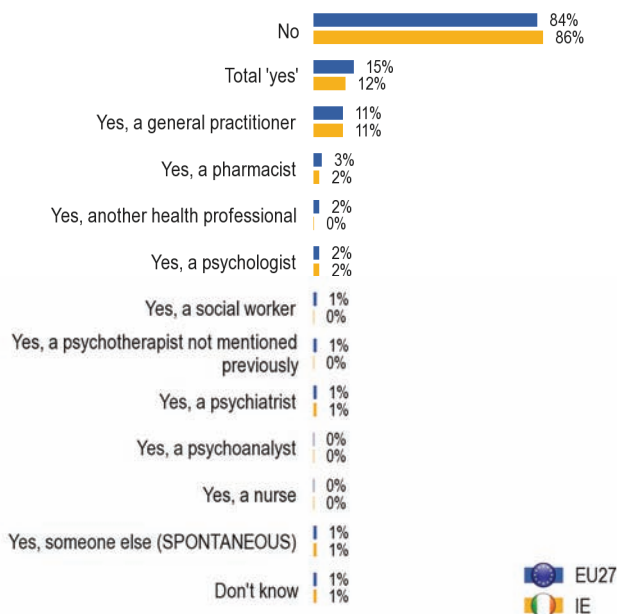
QD1.2. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of an emotional problem (such as feeling depressed or being anxious)



2. Care and Treatment

QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

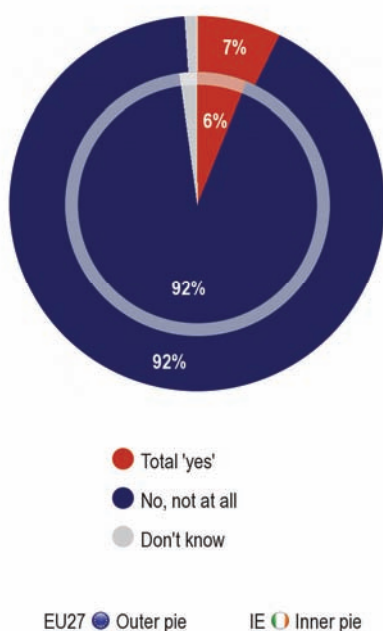


QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

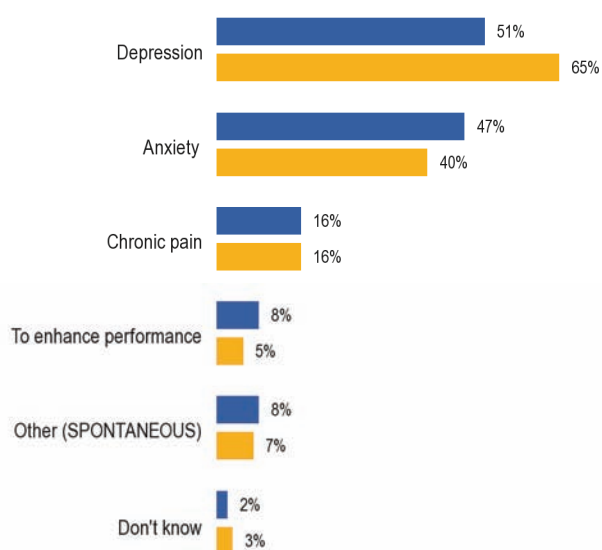
| | EU27 | | IE | |
|---|--------|-----------------|--------|-----------------|
| | EB73.2 | EB73.2 - EB64.4 | EB73.2 | EB73.2 - EB64.4 |
| No | 84% | - 3 | 86% | = |
| Total 'yes' | 15% | + 2 | 12% | - 2 |
| Yes, a general practitioner | 11% | + 2 | 11% | - 2 |
| Yes, a pharmacist | 3% | + 1 | 2% | = |
| Yes, another health professional | 2% | = | 0% | - 1 |
| Yes, a psychologist | 2% | = | 2% | + 1 |
| Yes, a social worker | 1% | + 1 | 0% | - 1 |
| Yes, a psychotherapist not mentioned previously | 1% | = | 0% | = |
| Yes, a psychiatrist | 1% | - 1 | 1% | + 1 |
| Yes, a psychoanalyst | 0% | = | 0% | = |
| Yes, a nurse | 0% | = | 0% | - 1 |
| Yes, someone else (SPONTANEOUS) | 1% | + 1 | 1% | + 1 |
| Don't know | 1% | + 1 | 1% | + 1 |

Evolution 02-03/2010 (EU27) - 01/2006 (EU25)

QD5. Have you taken any Antidepressants in the last 12 months?

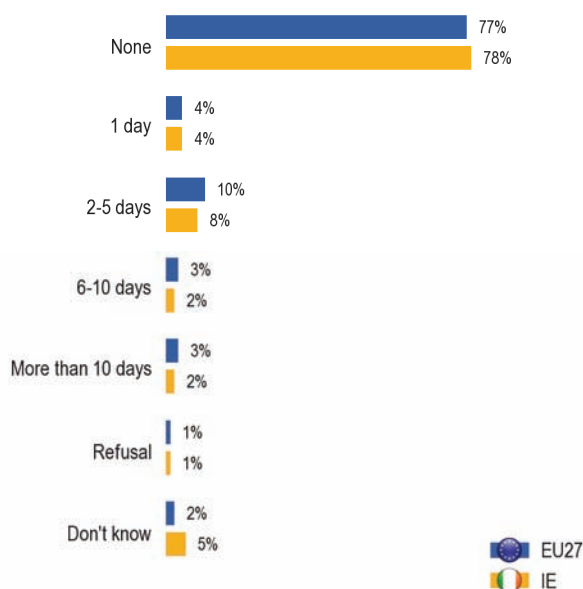


QD6. For what reason(s) did you take Antidepressants?



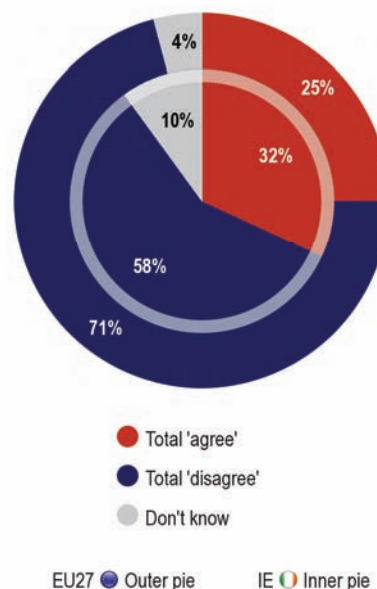
3. Mental Health and work

QD3. Apart for holidays, in the past 4 weeks how many days were you absent from work?



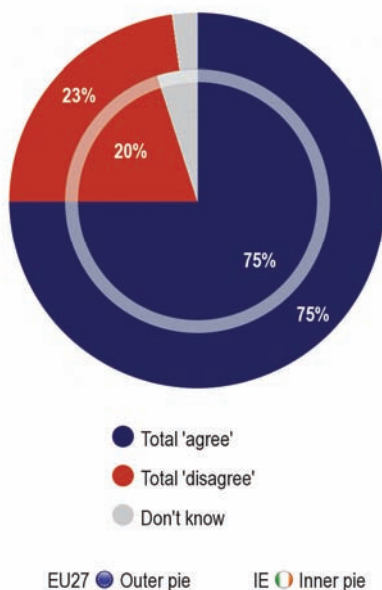
QD7.1. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your job security is under threat



QD7.2. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your current job adequately reflects your education and training



QD7.3. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

At work you receive the respect and recognition that your efforts and achievements deserve

