

Summary text

On the whole, Italian respondents appear to be having a more negative emotional experience than average. Italian respondents experienced the positive emotions less than average and the negative emotions more than average. Fewer Italian respondents experienced three out of four of the positive emotions 'all' or 'most of the time', the only exception being 'lots of energy' which more respondents claimed they felt 'all' or 'most of the time' (55% vs. EU average of 51%). In addition, more Italian respondents than average experienced all of the negative emotions 'all' or 'most of the time'.

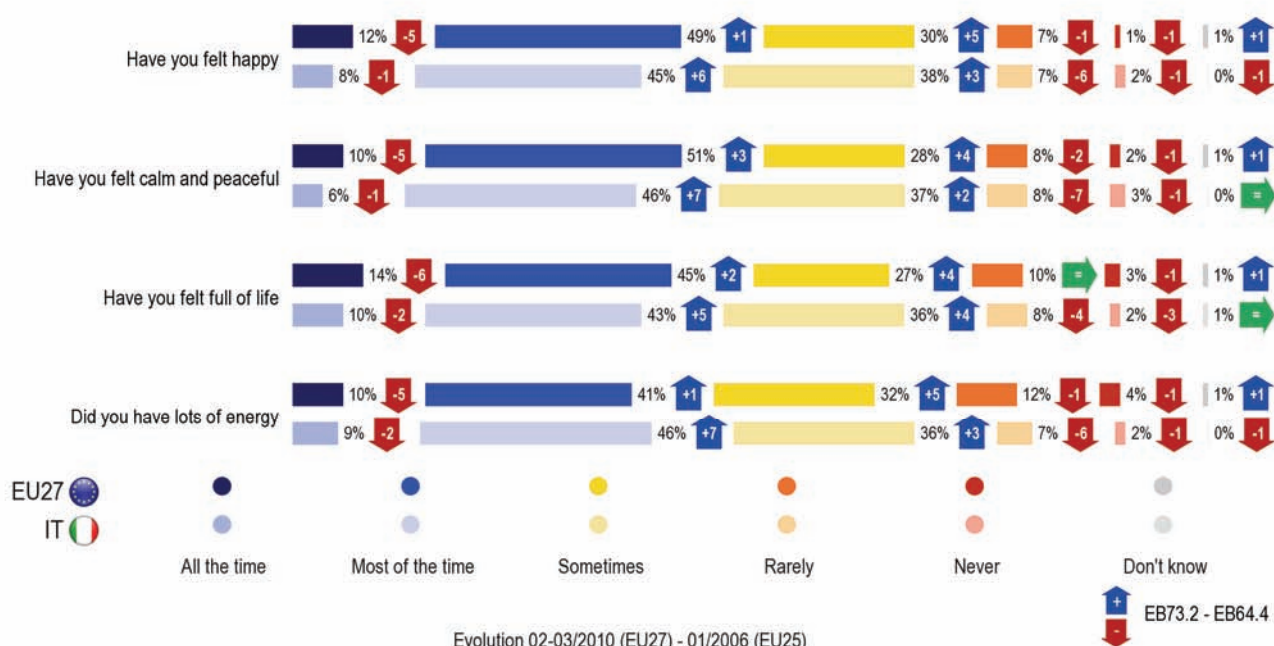
More Italian respondents than average felt that they accomplished less as the result of a physical or emotional problem. More than average felt they had 'sometimes' accomplished less because of a physical problem (27% vs. EU average of 23%). While, more than average felt they accomplished less 'most of the time' and 'sometimes' because of an emotional problem (11% and 25% vs. EU averages of 6% and 18%). Nevertheless, the proportion who sought help from a professional in the past 12 months was the same as the EU average (14% vs. EU average of 15%), which is unchanged since 2006 (+2 percentage points).

The proportion of Italian respondents who took antidepressants in the last 12 months is the same as the EU average (6% vs. EU average of 7%). However, more Italian respondents took antidepressants for anxiety (61%) than depression (35%) whereas on average across the EU antidepressants are taken almost equally for these conditions (51% depression and 47% anxiety).

Among Italian respondents unexplained absenteeism from work is higher than average and the proportion absent for '2-5 days' is almost double the average (18% compared to the average of 10%). Italian respondents' attitudes to job security, job adequately matching skills and recognition received at work are the same as other Europeans on average.

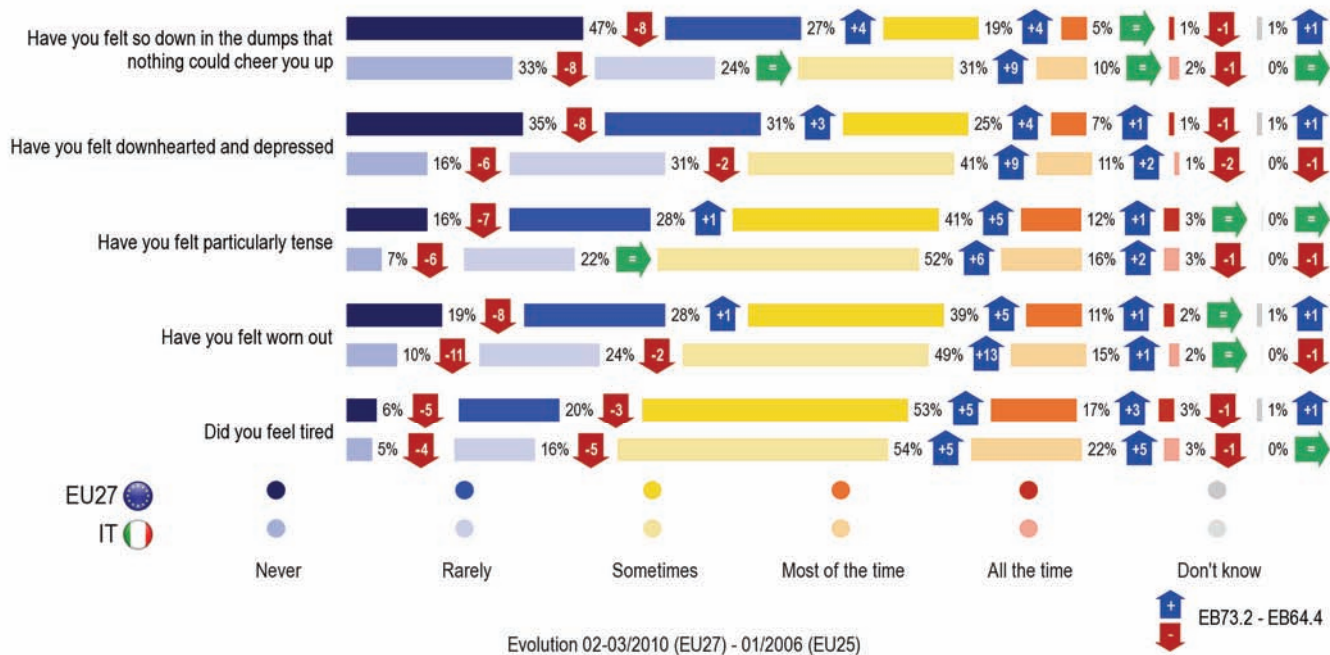
1. The state of Mental Health

QD2. How often during the past 4 weeks...?



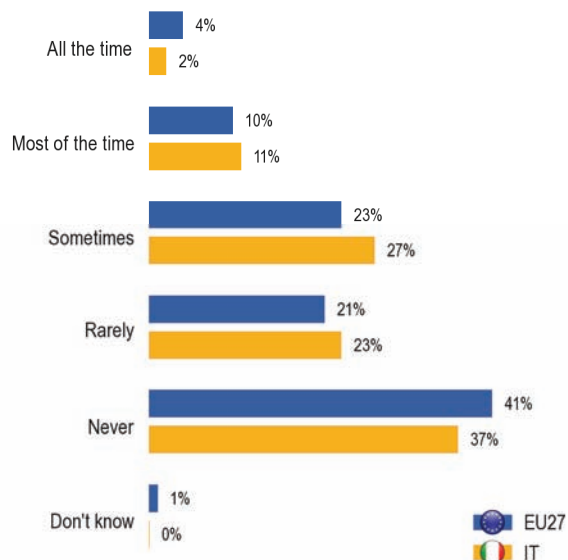
1. The state of Mental Health

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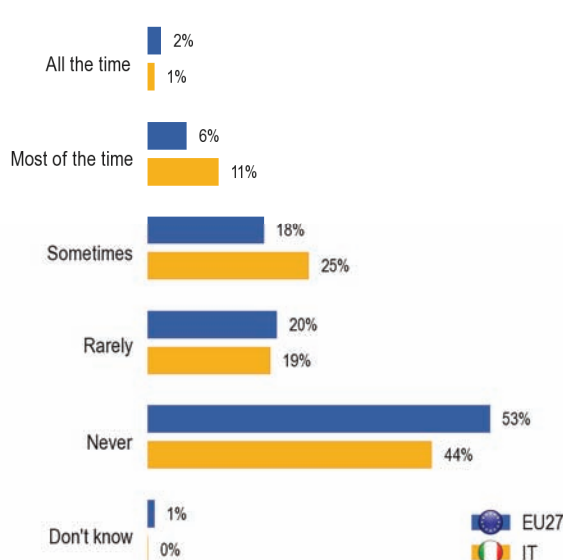
QD1.1. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of a physical health problem



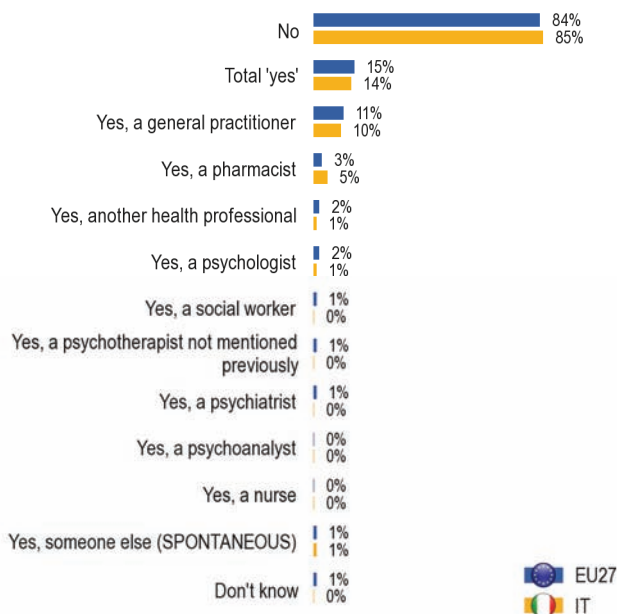
QD1.2. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of an emotional problem (such as feeling depressed or being anxious)



2. Care and Treatment

QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

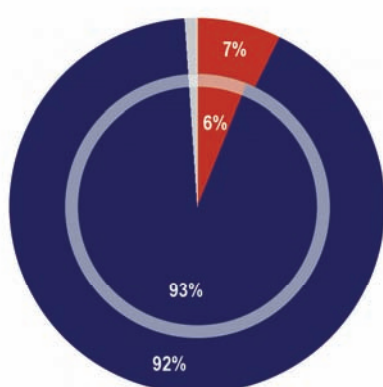


QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

	EU27		IT	
	EB73.2	EB73.2 - EB64.4	EB73.2	EB73.2 - EB64.4
No	84%	- 3	85%	- 3
Total 'yes'	15%	+ 2	14%	+ 2
Yes, a general practitioner	11%	+ 2	10%	+ 2
Yes, a pharmacist	3%	+ 1	5%	+ 3
Yes, another health professional	2%	=	1%	=
Yes, a psychologist	2%	=	1%	=
Yes, a social worker	1%	+ 1	0%	=
Yes, a psychotherapist not mentioned previously	1%	=	0%	=
Yes, a psychiatrist	1%	- 1	0%	- 1
Yes, a psychoanalyst	0%	=	0%	=
Yes, a nurse	0%	=	0%	=
Yes, someone else (SPONTANEOUS)	1%	+ 1	1%	+ 1
Don't know	1%	+ 1	0%	=

Evolution 02-03/2010 (EU27) - 01/2006 (EU25)

QD5. Have you taken any Antidepressants in the last 12 months?

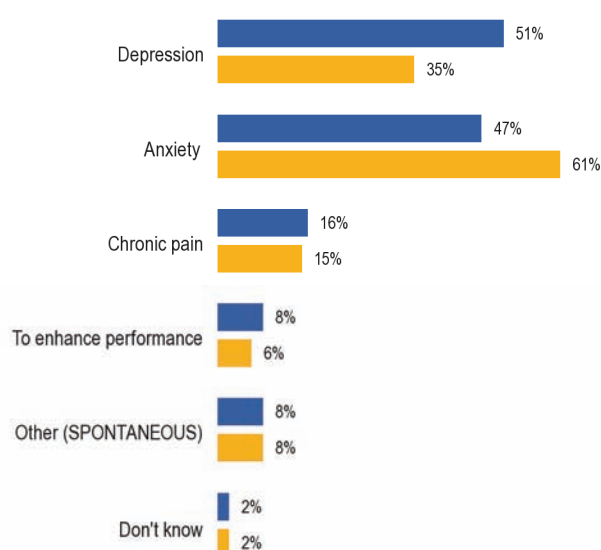


● Total 'yes'
● No, not at all
● Don't know

EU27 ● Outer pie

IT ● Inner pie

QD6. For what reason(s) did you take Antidepressants?

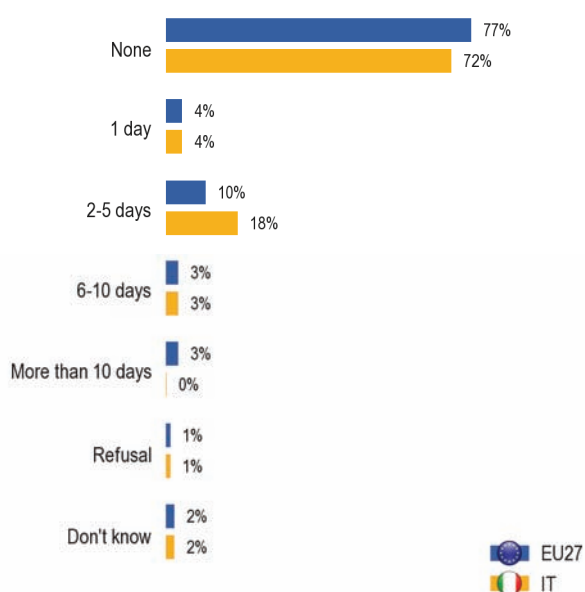


EU27 ●
 IT ●



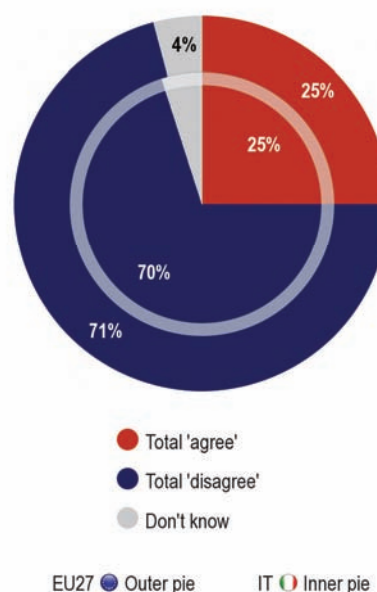
3. Mental Health and work

QD3. Apart for holidays, in the past 4 weeks how many days were you absent from work?



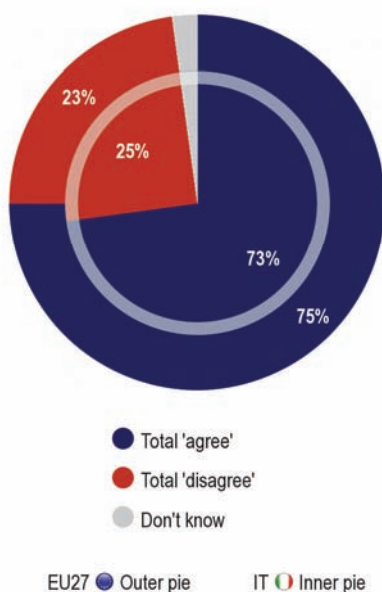
QD7.1. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your job security is under threat



QD7.2. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your current job adequately reflects your education and training



QD7.3. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

At work you receive the respect and recognition that your efforts and achievements deserve

