

## Summary text

Overall, Luxembourg respondents seem to be more positive than other Europeans. More Luxembourgers than average experienced all of the positive emotions 'all' or 'most of the time'. Added to which, fewer respondents than average experienced being 'down in the dumps' and 'downhearted and depressed' 'all' or 'most of the time' (3% and 5% vs. EU averages of 6% and 8%). The only exception is that more Luxembourg respondents than average experienced feeling 'worn out' 'sometimes' (43% compared to the average of 39%).

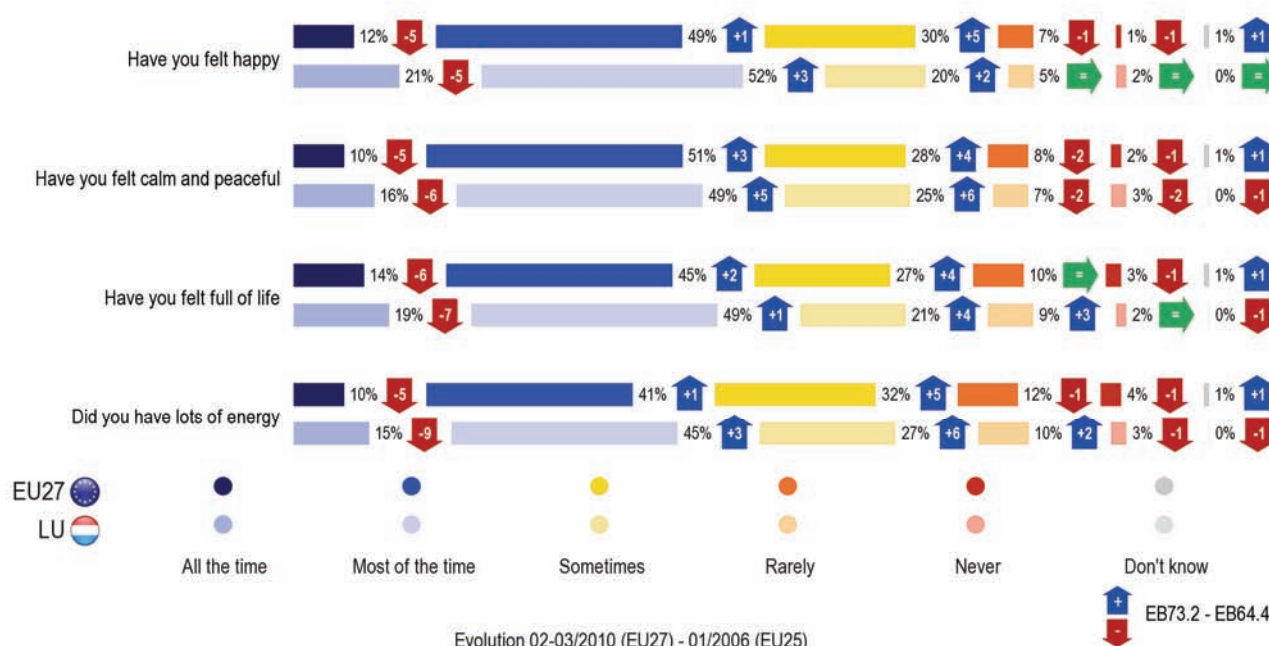
More Luxembourg respondents than average feel that they have not accomplished less because of a physical or emotional problem (physical 'never' 44% and emotional 'never' 58% vs. EU averages of 41% and 53% respectively). The proportion of Luxembourg respondents who sought help from a professional in the past 12 months is the same as the EU average (14% vs. EU average of 15%), which has declined significantly since 2006 (-8 percentage points).


Five percent of Luxembourg respondents took antidepressants in the last 12 months, which is the same as the EU average (7%). However, fewer Luxembourgers than average take antidepressants for depression (39% vs. EU average of 51%) and anxiety (32% vs. EU average of 47%). In addition, more Luxembourg respondents take antidepressants to enhance performance than average (14% compared to 8% on average).


Absenteeism from work is higher than average among Luxembourg respondents, the proportion taking more than ten days (6%) is double the EU average. Broadly speaking, Luxembourg respondents' attitudes to work are similar to other Europeans. Nevertheless, slightly fewer Luxembourgers feel their job is under threat than average (22% agree and 74% disagree vs. EU averages of 25% and 71%) and in terms of recognition received, more agree they receive the recognition they deserve (81% vs. EU average of 78%) although this does not translate into more disagreeing with this statement (18% vs. EU average of 19%).

## 1. The state of Mental Health

QD2. How often during the past 4 weeks...?



EU27  Number of interviews:  
26.800

LU  Number of interviews:  
505

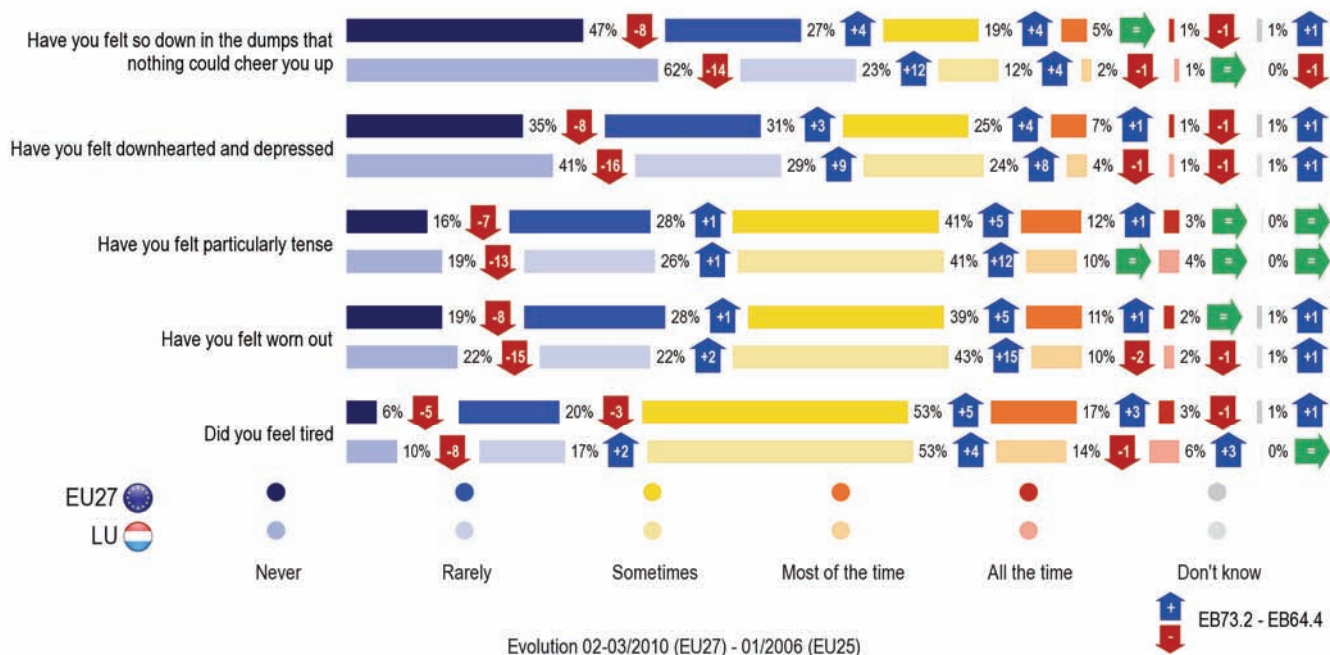
Fieldwork:  
26/02-17/03/2010

Fieldwork:  
26/02-12/03/2010

Methodology: face-to-face

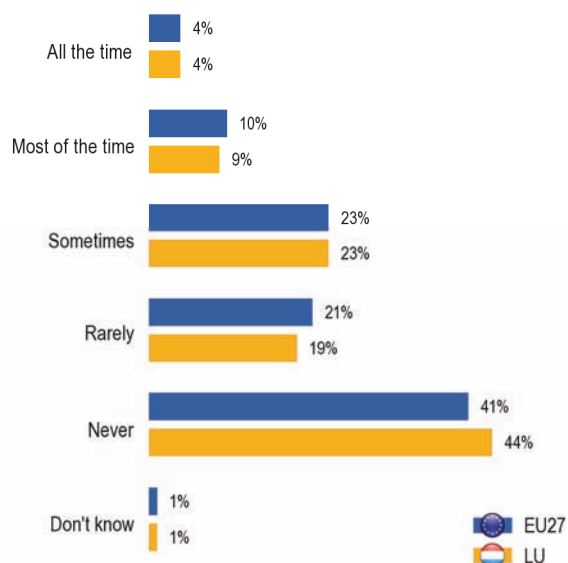
## 1. The state of Mental Health

QD2. How often during the past 4 weeks...?



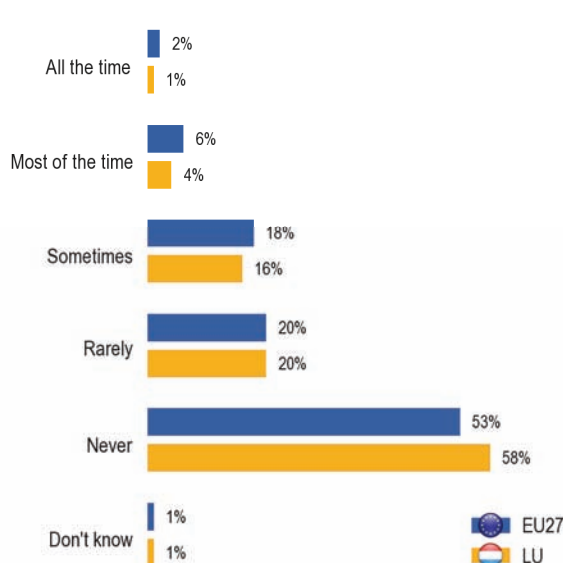
QD1.1. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of a physical health problem



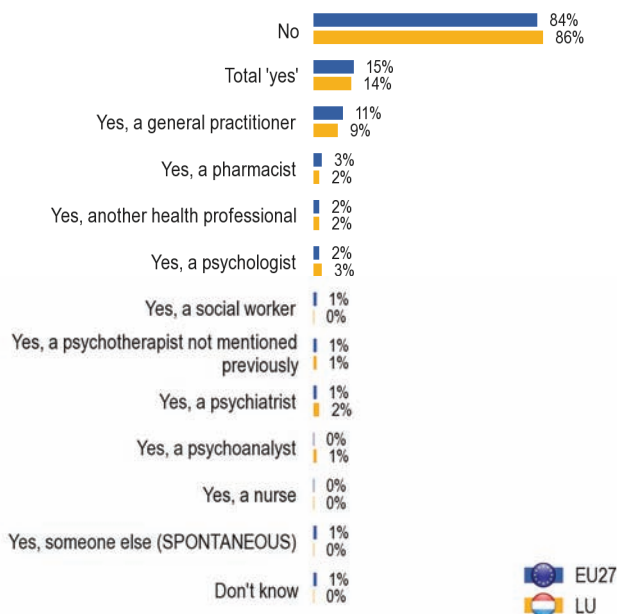
QD1.2. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of an emotional problem (such as feeling depressed or being anxious)



## 2. Care and Treatment

QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

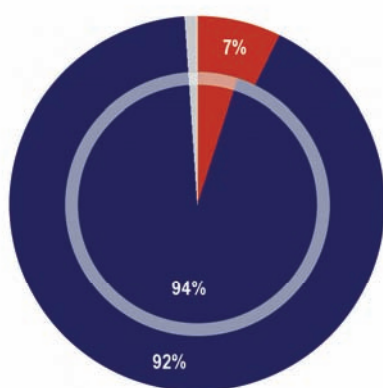


QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

	EU27		LU	
	EB73.2	EB73.2 - EB64.4	EB73.2	EB73.2 - EB64.4
No	84%	- 3	86%	+ 8
Total 'yes'	15%	+ 2	14%	- 8
Yes, a general practitioner	11%	+ 2	9%	- 8
Yes, a pharmacist	3%	+ 1	2%	- 4
Yes, another health professional	2%	=	2%	- 4
Yes, a psychologist	2%	=	3%	+ 2
Yes, a social worker	1%	+ 1	0%	- 1
Yes, a psychotherapist not mentioned previously	1%	=	1%	+ 1
Yes, a psychiatrist	1%	- 1	2%	- 1
Yes, a psychoanalyst	0%	=	1%	+ 1
Yes, a nurse	0%	=	0%	- 1
Yes, someone else (SPONTANEOUS)	1%	+ 1	0%	=
Don't know	1%	+ 1	0%	=

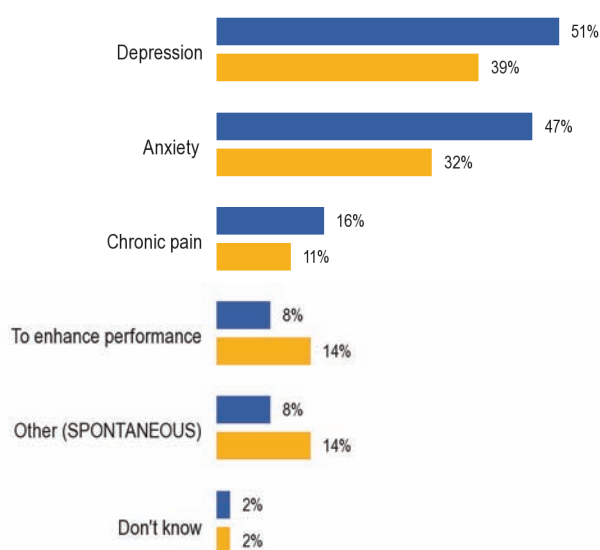
Evolution 02-03/2010 (EU27) - 01/2006 (EU25)

QD5. Have you taken any Antidepressants in the last 12 months?



 Total 'yes'  
 No, not at all  
 Don't know  
 EU27  Outer pie    LU  Inner pie

QD6. For what reason(s) did you take Antidepressants?

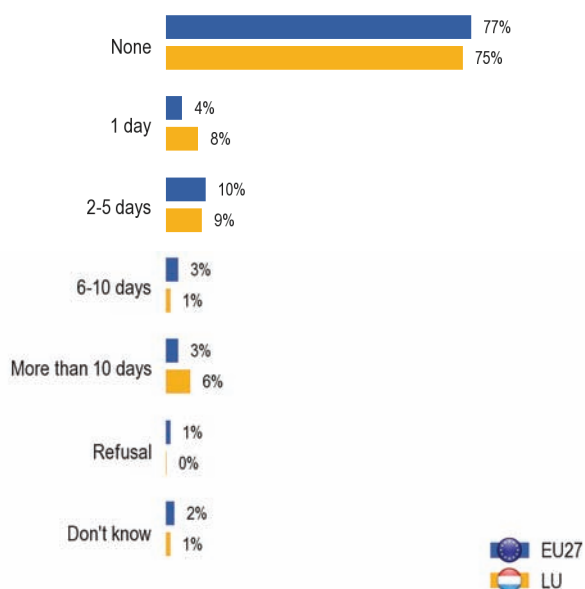


 EU27  
 LU



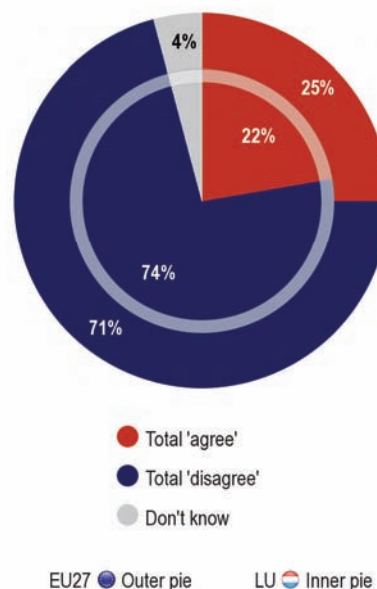
## 3. Mental Health and work

QD3. Apart for holidays, in the past 4 weeks how many days were you absent from work?



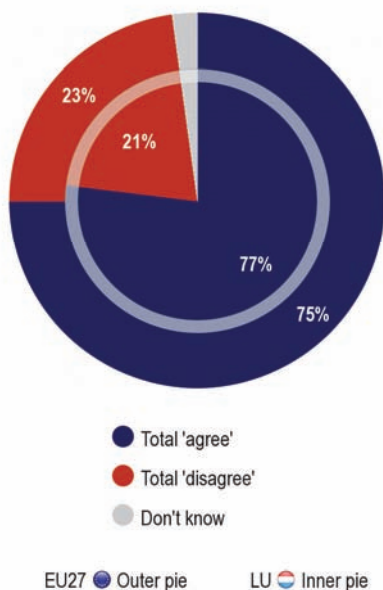
QD7.1. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your job security is under threat



QD7.2. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your current job adequately reflects your education and training



QD7.3. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

At work you receive the respect and recognition that your efforts and achievements deserve

