

EU27  Number of interviews:
26.800

DK  Number of interviews:
1.004

Fieldwork:
26/02-17/03/2010

Fieldwork:
26/02-16/03/2010

Methodology: face-to-face

Summary text

Danish respondents appear to be more positive emotionally than Europeans on average. The Danish respondents reacted more positively to all of the emotional statements; a greater proportion than average felt the positive statements 'all' or 'most of the time' while conversely a smaller proportion than average felt the negative statements 'all' or 'most of the time'.

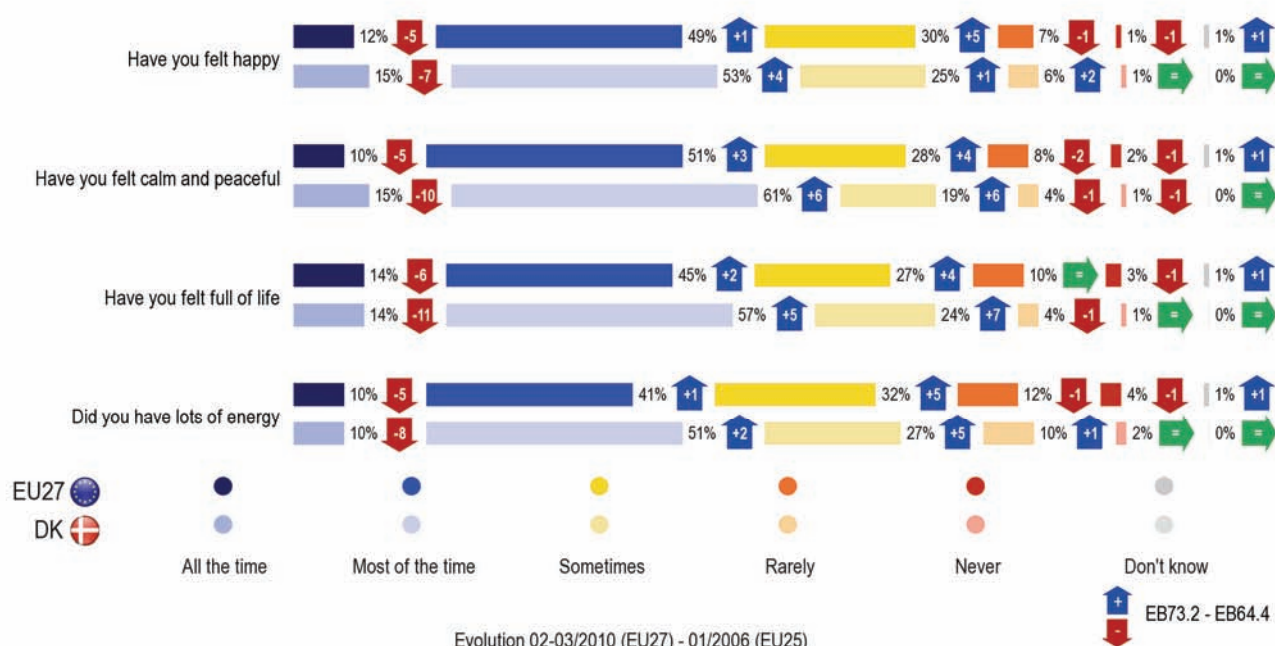
There is little difference between Danish respondents' perceptions of the impact of physical problems on their accomplishments and the average. However, Danish respondents are more likely to feel that an emotional problem has impacted on their accomplishments (46% stated 'never' vs. the EU average of 53%) with 28% stating that an emotional problem has 'rarely' meant that they have accomplished less, compared to the EU average of 20%. Nevertheless, the proportion of Danish respondents who sought help from a professional in the past 12 months is quite the same as the EU average (16% sought help) and has not changed significantly since 2006. However, what is interesting to note is that the proportion seeking help from a psychologist in Denmark (6%) is three times the EU average.

The proportion of Danish respondents taking antidepressants in the last 12 months is the same as the EU average (7%). However, more Danish respondents took antidepressants for depression (80%) than anxiety (38%), whereas on average across Europe they are taken equally for depression and anxiety. In addition, there is comparatively low usage for chronic pain (8% vs. 16% average).

In terms of attitudes to work, the area of most discontent among Danish respondents is job security, where the proportion agreeing that their job is under threat is quite the same as average (23% agree vs. the EU average of 25%). Danish respondents are more satisfied than others that their job matches their skills (only 8% disagree vs. EU average of 23%) and with the respect and recognition they receive (only 9% disagree vs. EU average of 19%).

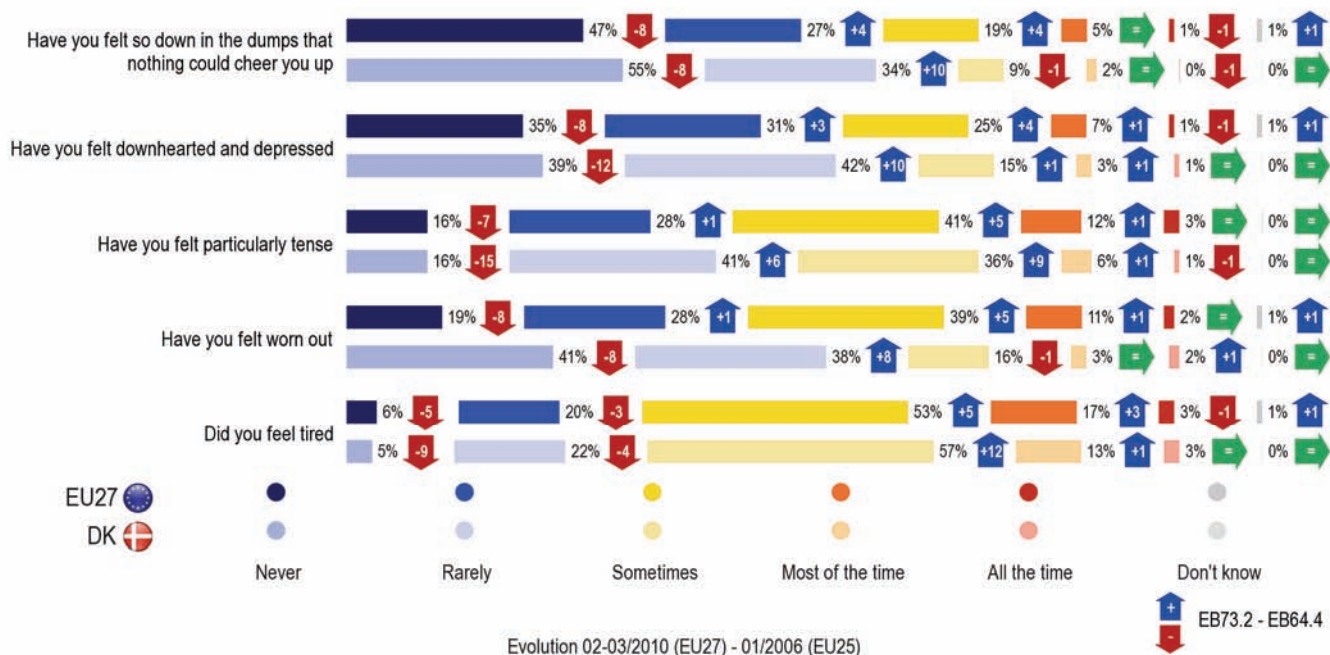
1. The state of Mental Health

QD2. How often during the past 4 weeks...?



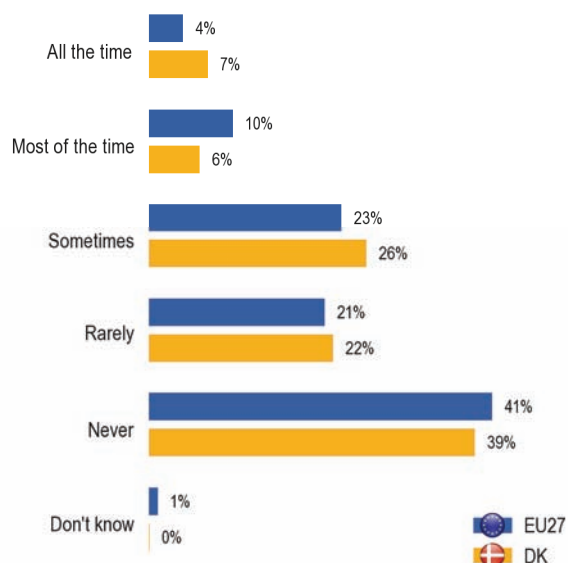
1. The state of Mental Health

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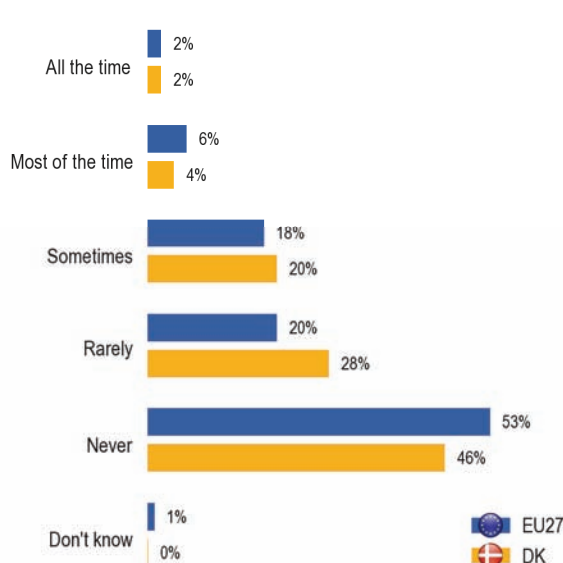
QD1.1. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of a physical health problem



QD1.2. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of an emotional problem (such as feeling depressed or being anxious)



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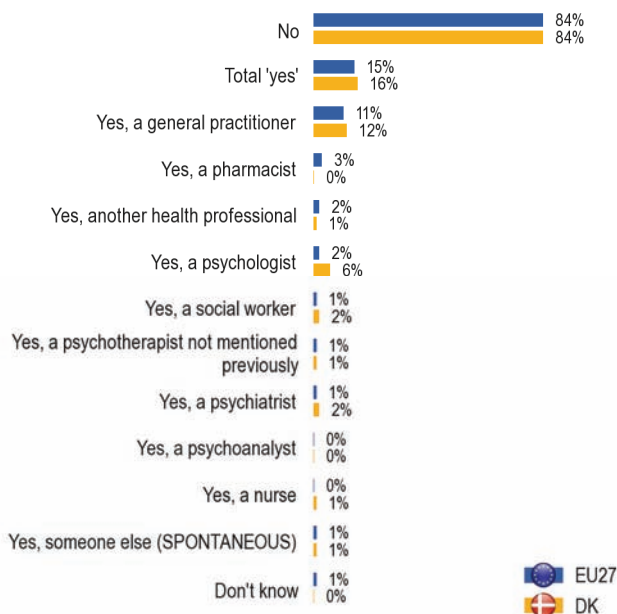
Fieldwork:
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Methodology: face-to-face

2. Care and Treatment

QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

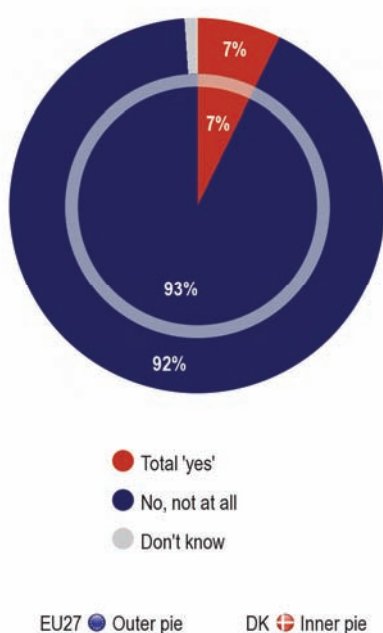


QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

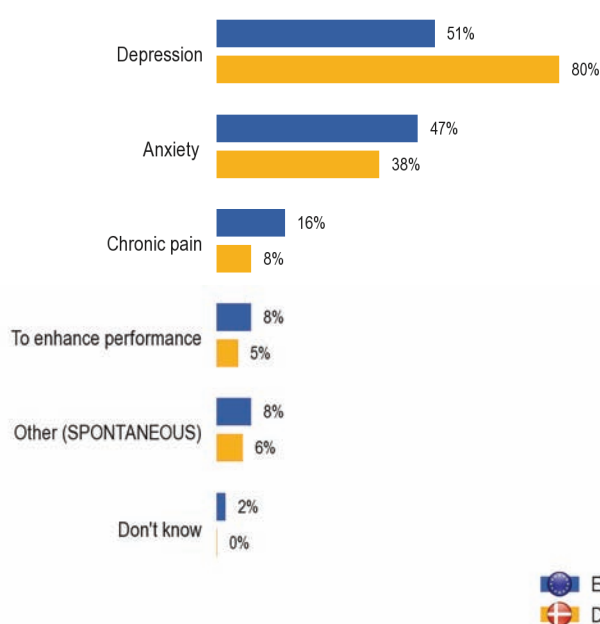
	EU27		DK	
	EB73.2	EB73.2 - EB64.4	EB73.2	EB73.2 - EB64.4
No	84%	- 3	84%	+ 1
Total 'yes'	15%	+ 2	16%	- 1
Yes, a general practitioner	11%	+ 2	12%	- 1
Yes, a pharmacist	3%	+ 1	0%	- 1
Yes, another health professional	2%	=	1%	- 1
Yes, a psychologist	2%	=	6%	+ 2
Yes, a social worker	1%	+ 1	2%	+ 1
Yes, a psychotherapist not mentioned previously	1%	=	1%	=
Yes, a psychiatrist	1%	- 1	2%	+ 1
Yes, a psychoanalyst	0%	=	0%	=
Yes, a nurse	0%	=	1%	=
Yes, someone else (SPONTANEOUS)	1%	+ 1	1%	+ 1
Don't know	1%	+ 1	0%	- 1

Evolution 02-03/2010 (EU27) - 01/2006 (EU25)

QD5. Have you taken any Antidepressants in the last 12 months?

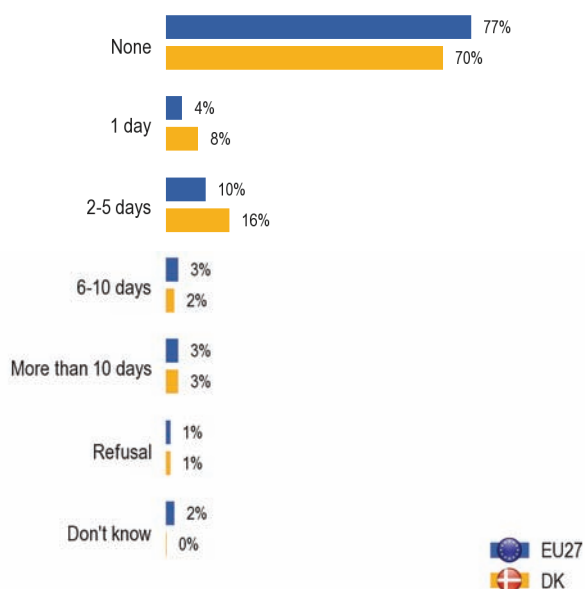


QD6. For what reason(s) did you take Antidepressants?



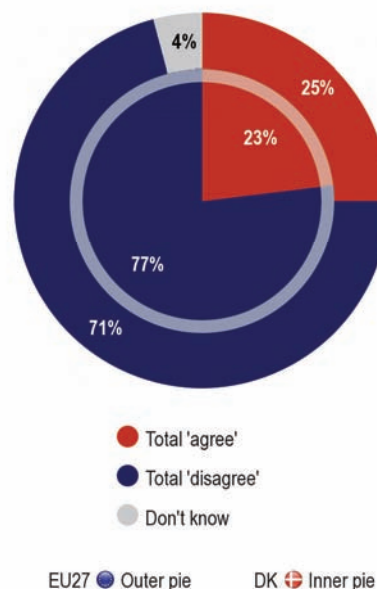
3. Mental Health and work

QD3. Apart for holidays, in the past 4 weeks how many days were you absent from work?



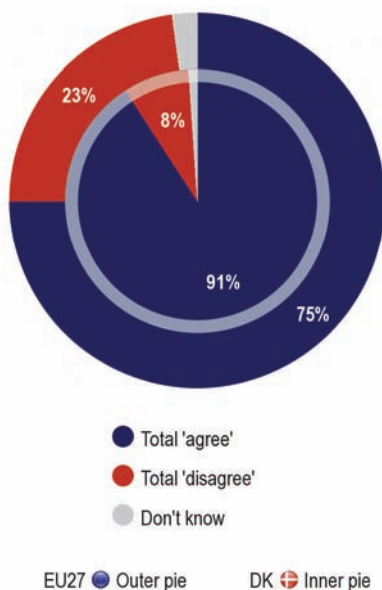
QD7.1. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your job security is under threat



QD7.2. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your current job adequately reflects your education and training



QD7.3. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

At work you receive the respect and recognition that your efforts and achievements deserve

