

Summary text

Austrian respondents seem to have more energy than other Europeans, with more Austrian respondents having 'lots of energy' 'all' or 'most of the time' (59% vs. EU average of 51%) and fewer 'feeling tired' 'all' or 'most of the time' (16% vs. EU average of 20%). Although contrary to this, more Austrian respondents 'sometimes' feel 'worn out' than average (48% vs. EU average of 39%). Austrian respondents are experiencing feeling 'happy' less than other Europeans, with 55% feeling 'happy' 'all' or 'most of the time' compared to the EU average of 61%. Furthermore, more Austrian respondents 'sometimes' felt 'down in the dumps' than average (27% vs. EU average of 19%). However, on a positive note, fewer felt they had 'sometimes' felt 'downhearted and depressed' than average (18% vs. EU average of 25%).

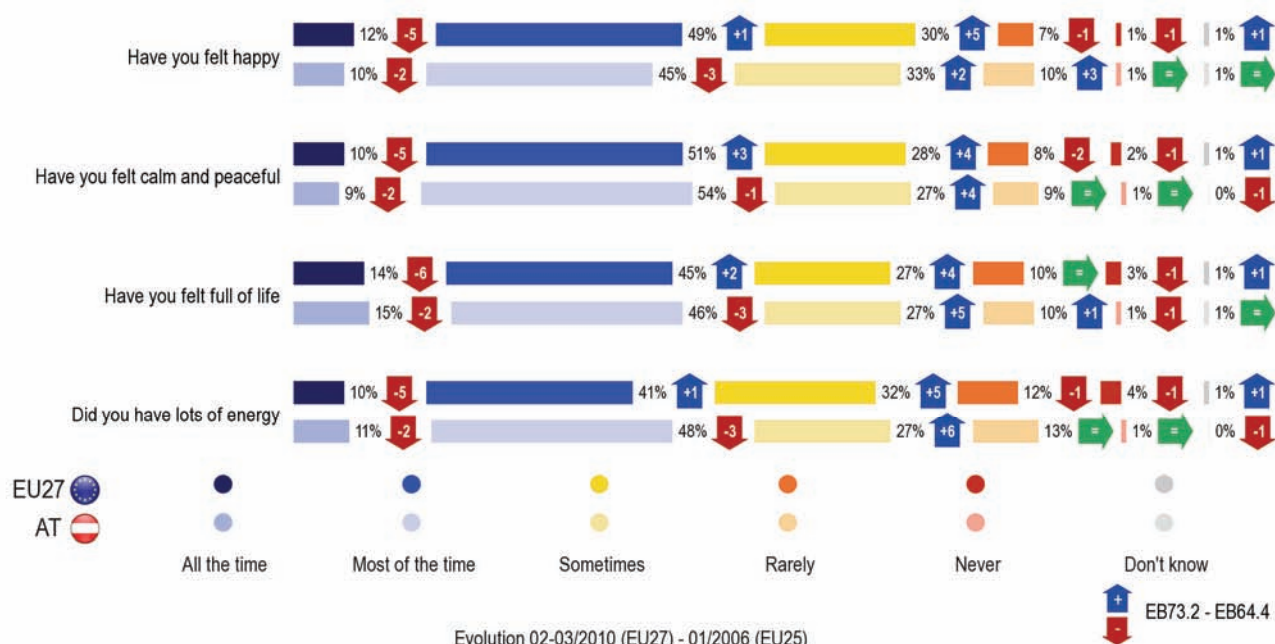
More Austrian respondents than average feel they have 'sometimes' or 'rarely' accomplished less than they would have liked because of a physical problem and fewer than average have 'never' accomplished less (29% vs EU average of 41%). However, they feel almost the same as other Europeans about the impact of emotional problems on their accomplishments. In addition, the proportion of Austrian respondents who sought help from a professional in the past 12 months is similar to the EU average and has not changed significantly since 2006 (16% sought help).

The proportion of Austrian respondents taking antidepressants in the last 12 months is the same as the EU average (9% compared to the EU average of 7%). In addition to taking antidepressants for depression and anxiety in the same proportions as other Europeans, Austrian respondents are taking them for chronic pain (35% vs. EU average of 16%) and to enhance performance (23% vs. EU average of 8%).

Austrian respondents are more satisfied in employment than other Europeans. They felt more satisfied than average on two of the attributes (job security and skills match) and felt the same as average on recognition.

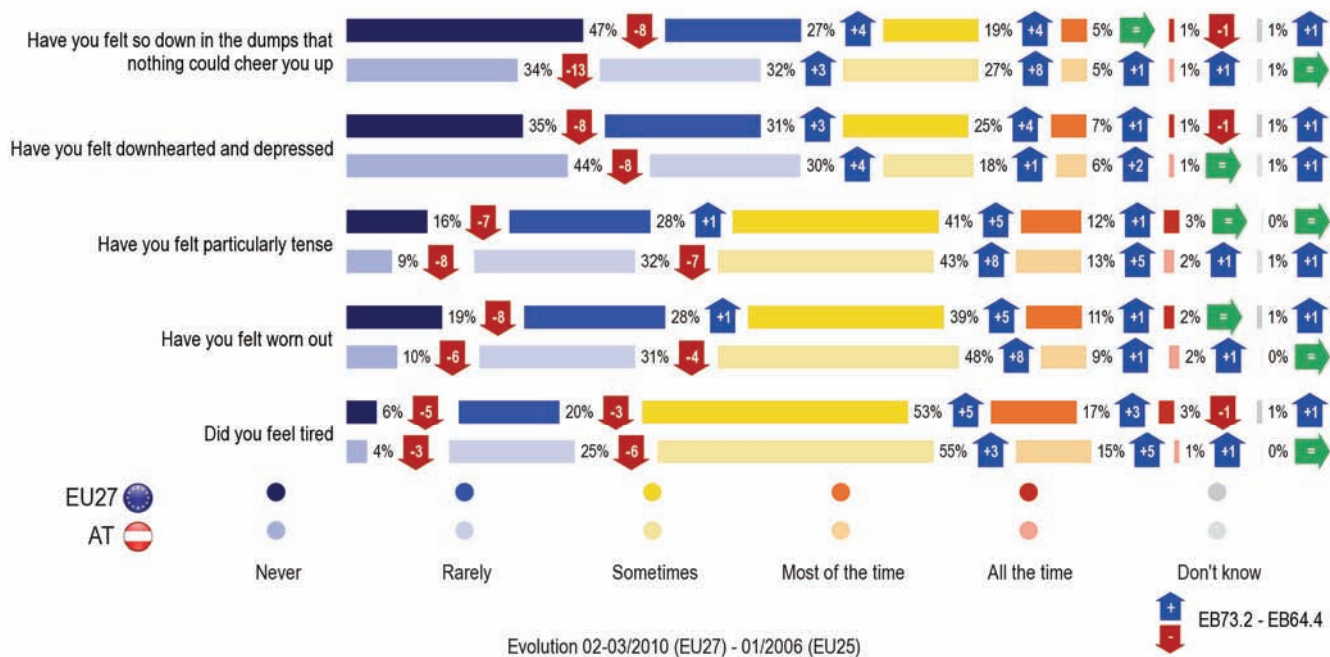
1. The state of Mental Health

QD2. How often during the past 4 weeks...?



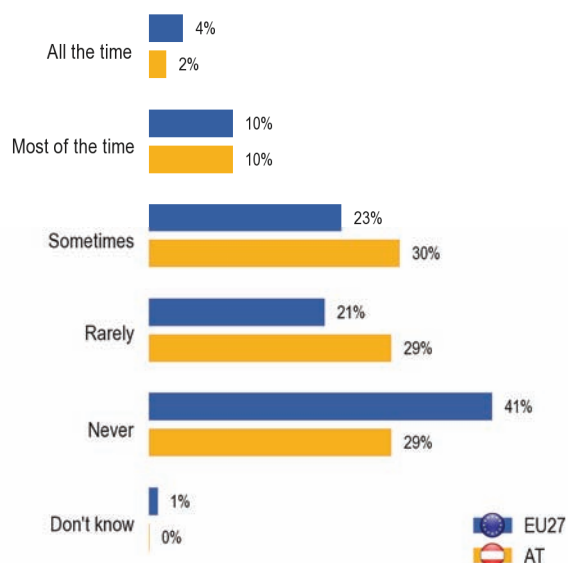
1. The state of Mental Health

QD2. How often during the past 4 weeks...?



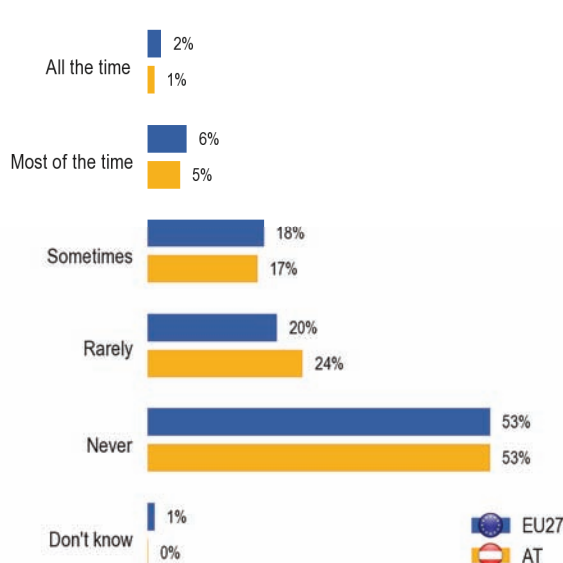
QD1.1. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of a physical health problem



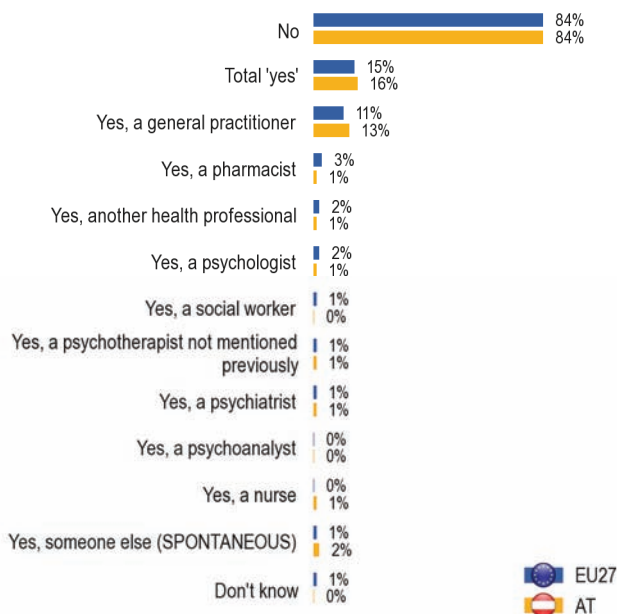
QD1.2. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of an emotional problem (such as feeling depressed or being anxious)



2. Care and Treatment

QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

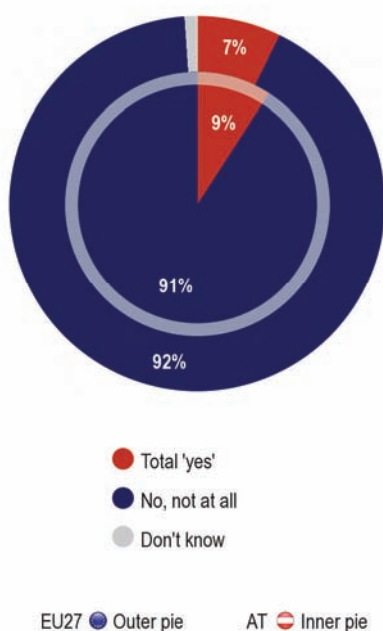


QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

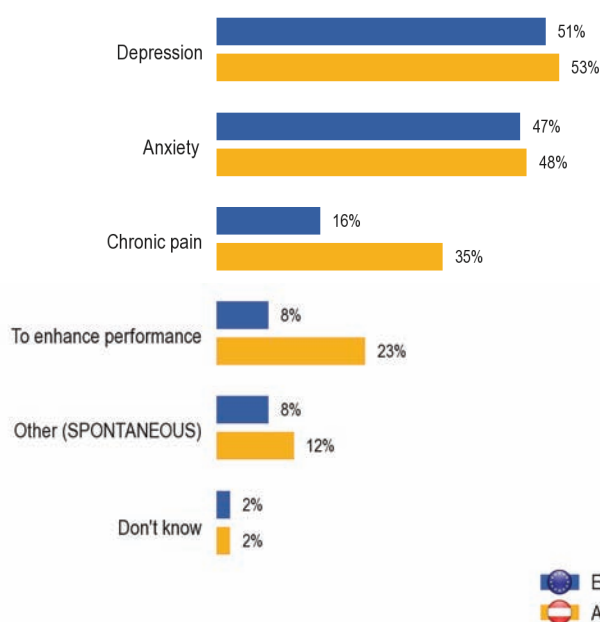
	EU27		AT	
	EB73.2	EB73.2 - EB64.4	EB73.2	EB73.2 - EB64.4
No	84%	- 3	84%	=
Total 'yes'	15%	+ 2	16%	+ 1
Yes, a general practitioner	11%	+ 2	13%	+ 1
Yes, a pharmacist	3%	+ 1	1%	=
Yes, another health professional	2%	=	1%	=
Yes, a psychologist	2%	=	1%	=
Yes, a social worker	1%	+ 1	0%	=
Yes, a psychotherapist not mentioned previously	1%	=	1%	=
Yes, a psychiatrist	1%	- 1	1%	=
Yes, a psychoanalyst	0%	=	0%	=
Yes, a nurse	0%	=	1%	+ 1
Yes, someone else (SPONTANEOUS)	1%	+ 1	2%	+ 2
Don't know	1%	+ 1	0%	=

Evolution 02-03/2010 (EU27) - 01/2006 (EU25)

QD5. Have you taken any Antidepressants in the last 12 months?



QD6. For what reason(s) did you take Antidepressants?



EU27  Number of interviews:
26.800

AT  Number of interviews:
1.009

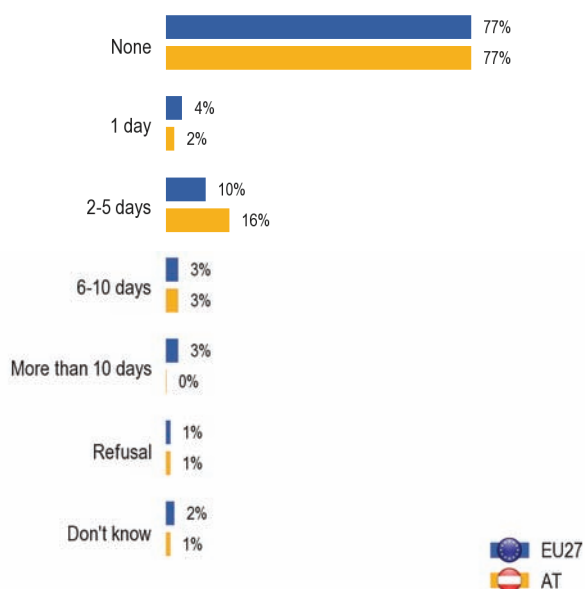
Fieldwork:
26/02-17/03/2010

Fieldwork:
26/02-14/03/2010

Methodology: face-to-face

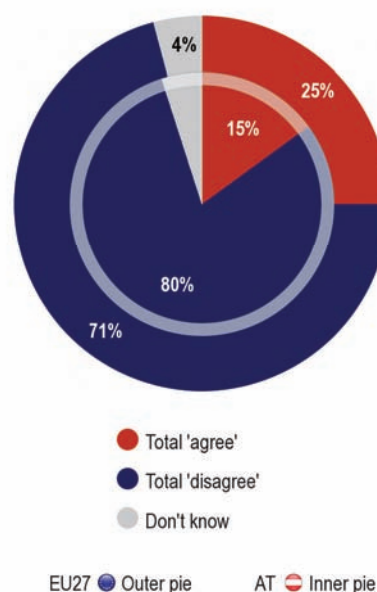
3. Mental Health and work

QD3. Apart for holidays, in the past 4 weeks how many days were you absent from work?



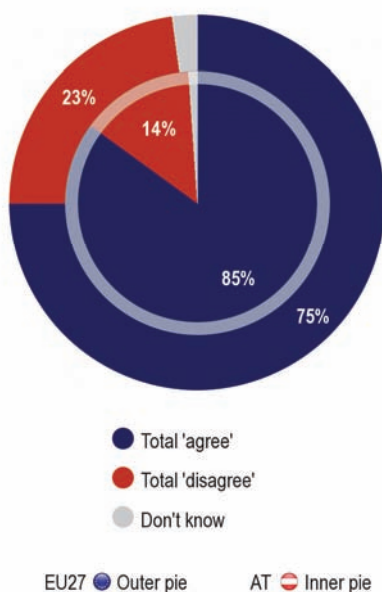
QD7.1. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your job security is under threat



QD7.2. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your current job adequately reflects your education and training



QD7.3. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

At work you receive the respect and recognition that your efforts and achievements deserve

