

EU27  Number of interviews:
26.800

HU  Number of interviews:
1.040

Fieldwork:
26/02-17/03/2010

Fieldwork:
26/02-14/03/2010

Methodology: face-to-face

Summary text

Hungarian respondents seem to have a more negative emotional experience than the average European. They experienced three of the five negative emotions more than average; more Hungarians than average were 'down in the dumps', 'worn out' and 'tired' 'all' or 'most of the time' (9%, 16% and 28% respectively vs. EU averages of 6%, 13% and 20%). Added to which, fewer Hungarian respondents experienced being 'happy' or 'full of life' 'all' or most of the time (50% and 24% vs. EU averages of 61% and 59%) and fewer felt 'calm and peaceful' or had 'lots of energy' 'sometimes' (23% and 23% vs. EU averages of 28% and 32%). The only positive was that more respondents than average 'never' or 'rarely' felt 'downhearted and depressed' and 'particularly tense' (71% and 47% vs. EU averages of 66% and 44%).

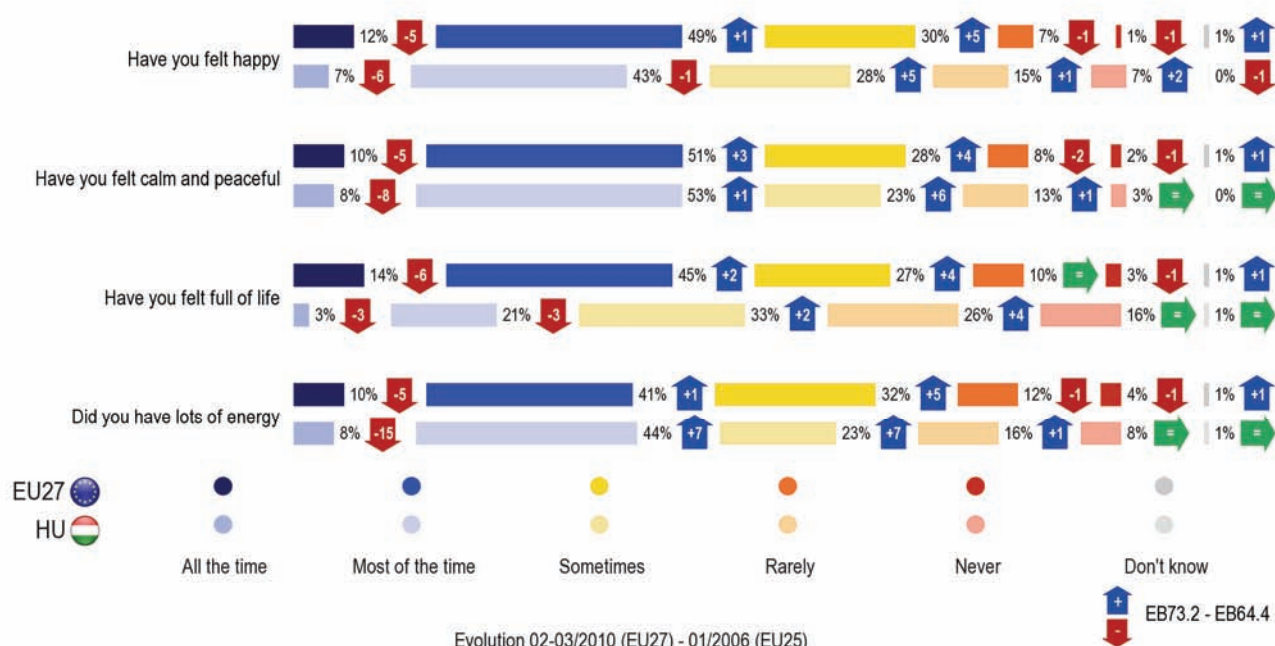
More Hungarian respondents than average felt they accomplished less because of physical and emotional problems. More than average felt they had 'sometimes' accomplished less because of a physical problem (30% vs. EU average of 23%). While, more than average felt they had 'sometimes' and 'rarely' accomplished less because of an emotional problem (24% and 28% vs. EU averages of 18% and 20%). However, the proportion who sought help from a professional in the past 12 months was lower than average (12% vs. EU average of 15%), which has not changed since 2006 (-1 percentage point).

The proportion who took antidepressants in the last 12 months is the same as the EU average (7%). Slightly more Hungarians took antidepressants for anxiety than average (52% vs. EU average of 47%) but the proportion who took them for depression (along with anxiety, the main reason for taking antidepressants) is the same as the EU average (51%).

In terms of comfort at work, Hungarian respondents are more discontent than average with all three attributes. However, they appear to be most concerned about job security (35% agree vs. EU average of 25%) and recognition (30% disagree vs. EU average of 19%).

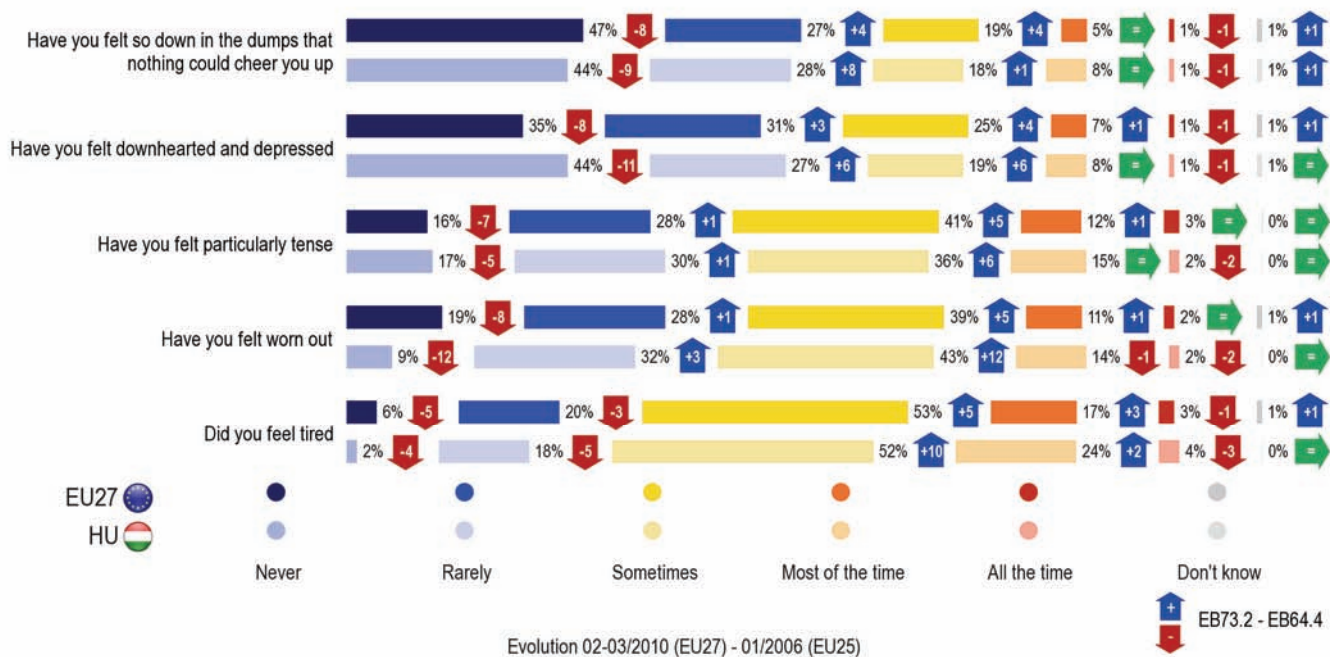
1. The state of Mental Health

QD2. How often during the past 4 weeks...?



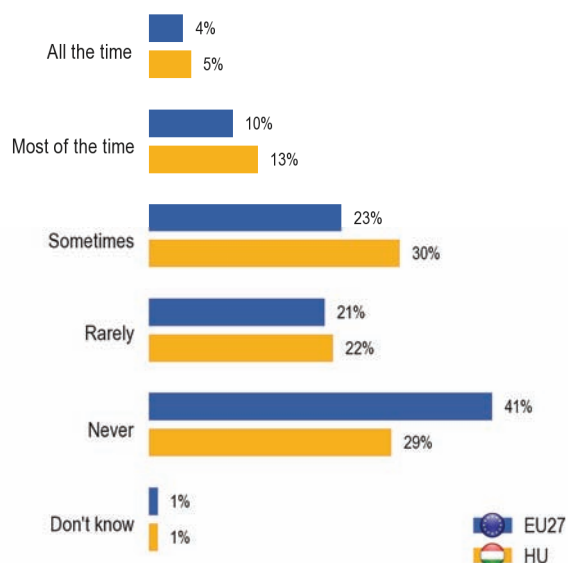
1. The state of Mental Health

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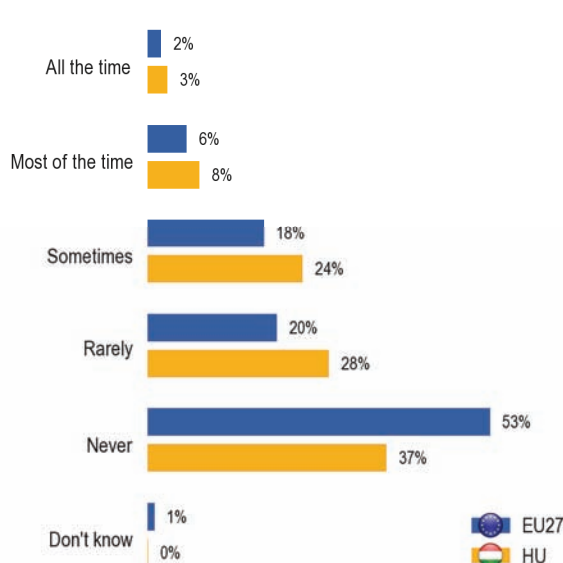
QD1.1. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of a physical health problem



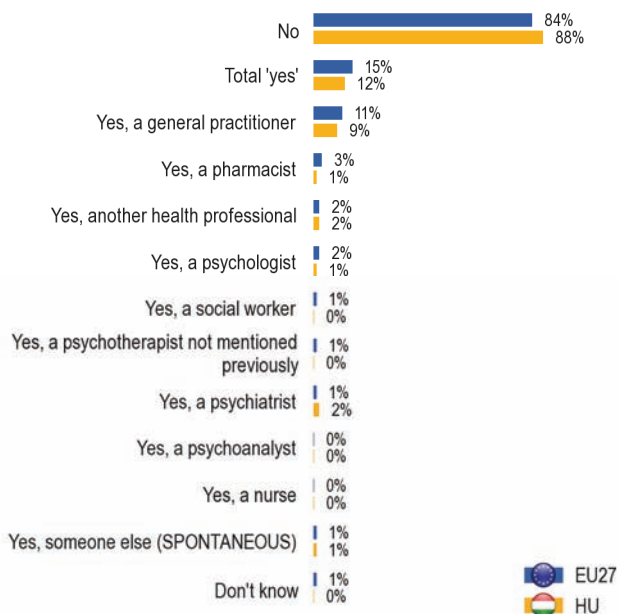
QD1.2. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of an emotional problem (such as feeling depressed or being anxious)



2. Care and Treatment

QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

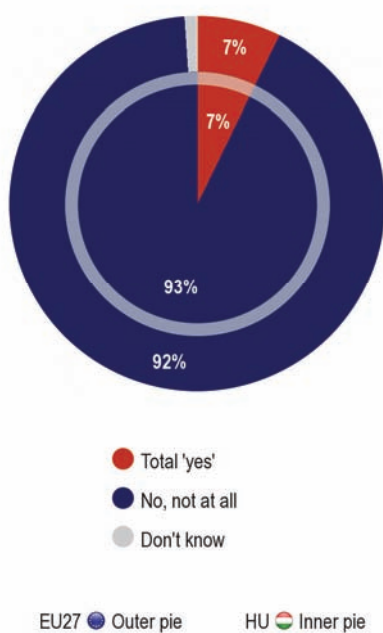


QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

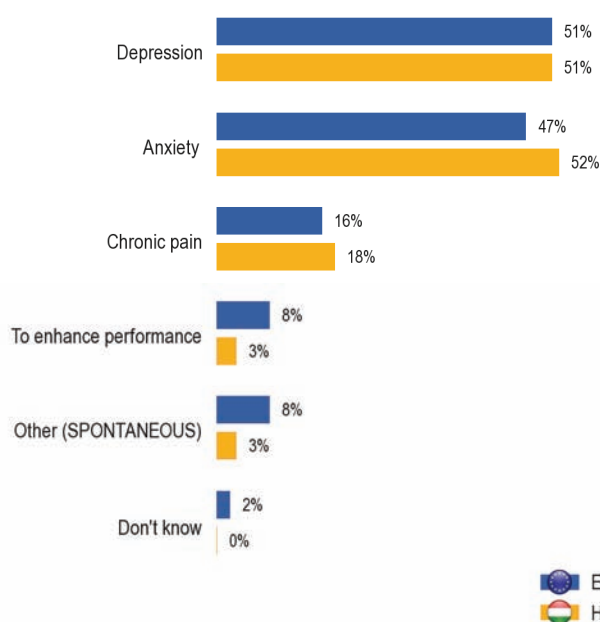
	EU27		HU	
	EB73.2	EB73.2 - EB64.4	EB73.2	EB73.2 - EB64.4
No	84%	- 3	88%	+ 2
Total 'yes'	15%	+ 2	12%	- 1
Yes, a general practitioner	11%	+ 2	9%	+ 1
Yes, a pharmacist	3%	+ 1	1%	=
Yes, another health professional	2%	=	2%	+ 1
Yes, a psychologist	2%	=	1%	=
Yes, a social worker	1%	+ 1	0%	=
Yes, a psychotherapist not mentioned previously	1%	=	0%	=
Yes, a psychiatrist	1%	- 1	2%	- 1
Yes, a psychoanalyst	0%	=	0%	=
Yes, a nurse	0%	=	0%	=
Yes, someone else (SPONTANEOUS)	1%	+ 1	1%	+ 1
Don't know	1%	+ 1	0%	- 1

Evolution 02-03/2010 (EU27) - 01/2006 (EU25)

QD5. Have you taken any Antidepressants in the last 12 months?

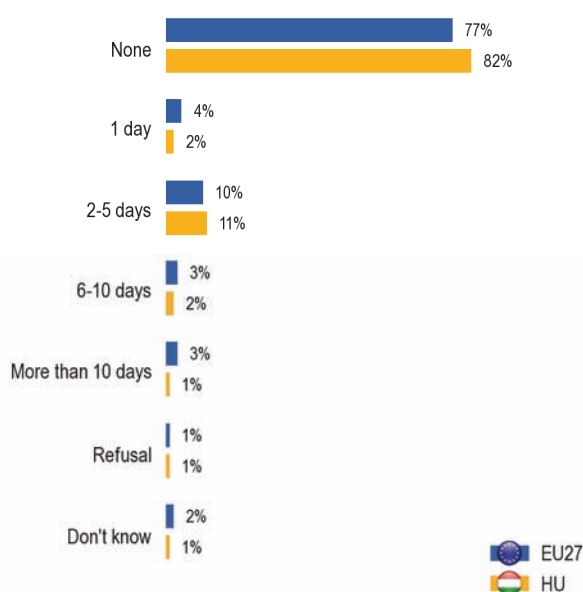


QD6. For what reason(s) did you take Antidepressants?



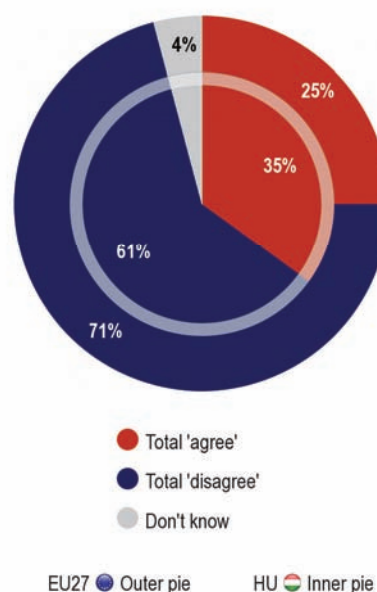
3. Mental Health and work

QD3. Apart for holidays, in the past 4 weeks how many days were you absent from work?



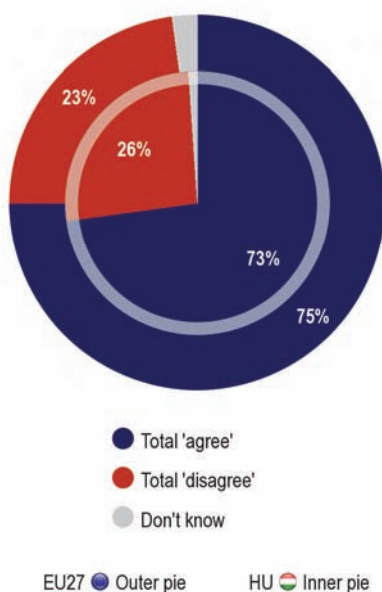
QD7.1. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your job security is under threat



QD7.2. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your current job adequately reflects your education and training



QD7.3. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

At work you receive the respect and recognition that your efforts and achievements deserve

