

Summary text

Emotionally, French respondents' experience of positive and negative emotions is similar to the European average. The main exception is that they appear to be more happy than average, with more respondents feeling 'happy' 'all' or 'most of the time' than average (69% vs. EU average of 61%) and more respondents 'never' or 'rarely' feeling 'down in the dumps' than average (85% vs. EU average of 74%). The only other significant differences are contradictory to each other in that more respondents than average had 'lots of energy' 'all' or 'most of the time' (54% vs. EU average of 51%), whereas at the reverse negative statement more respondents felt 'tired' 'all' or 'most of the time' (23% vs. EU average of 20%).

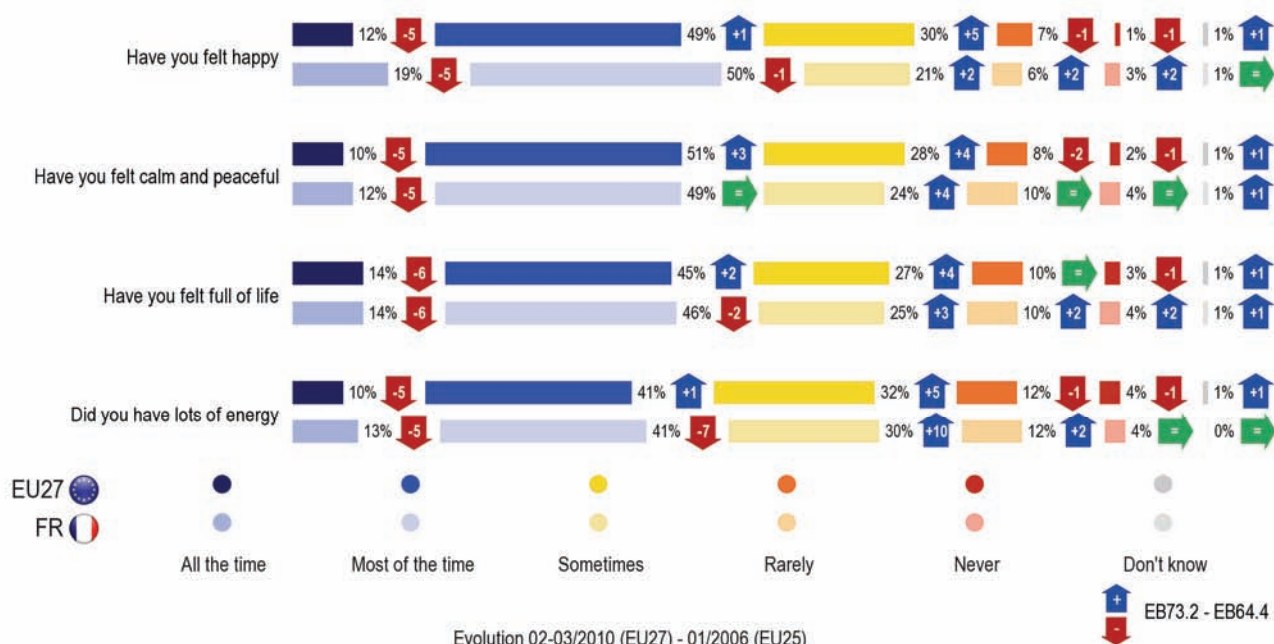
More French respondents than average felt they had not accomplished less because of either a physical or emotional problem. Half of the French respondents (50%) felt they had 'never' accomplished less because of a physical problem (vs. EU average of 41%) and six out of ten (59%) stated an emotional problem had 'never' limited their accomplishments (compared to the EU average of 53%). However, the proportion who sought help from a professional in the last 12 months was the same as the EU average (17% vs. EU average of 15%) and has increased significantly since 2006 (+3 percentage points).

Futhermore, more French respondents took antidepressants in the last 12 months than average (10% compared to the EU average of 7%). More French respondents are taking antidepressants for anxiety (55%) than depression (44%), whereas on average antidepressants are taken almost equally for these conditions (51% depression and 47% anxiety).

Unexplained absenteeism from work is higher among French respondents than average (7% of French respondents absent for 'more than 10 days' vs. 3% on average). In terms of comfort at work, French respondents are more discontent than average with all three of the attributes measured (job security, skills match and recognition received).

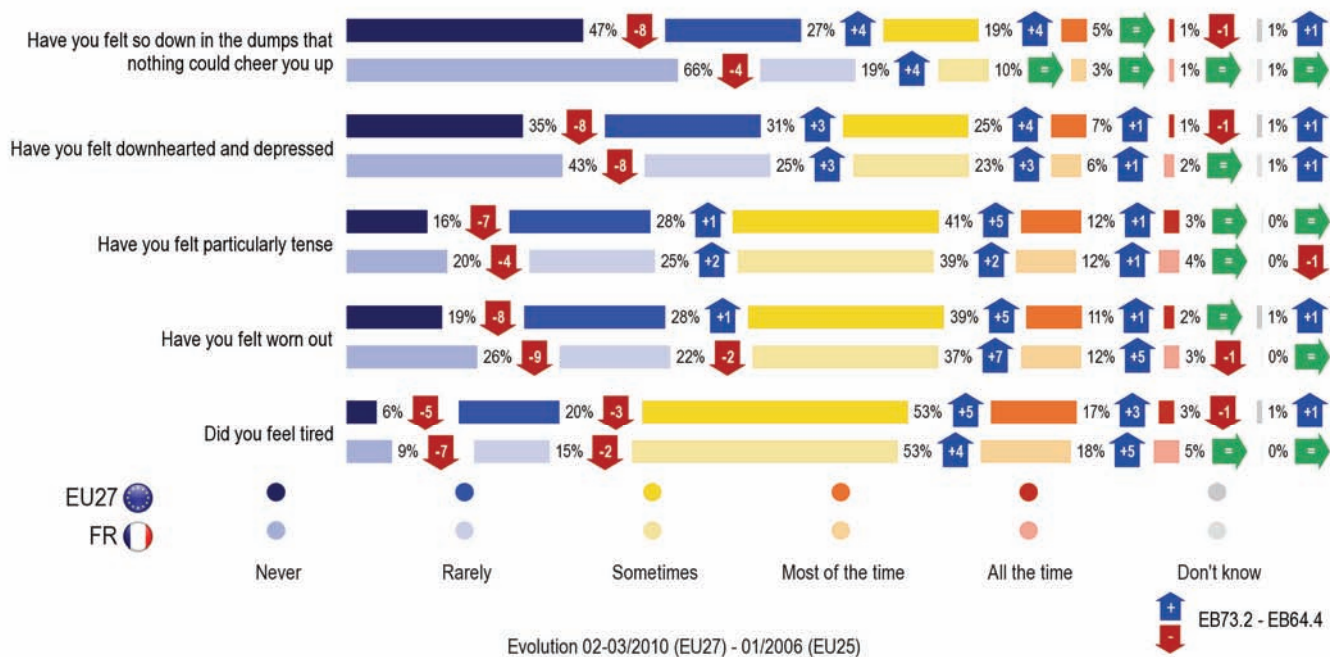
1. The state of Mental Health

QD2. How often during the past 4 weeks...?



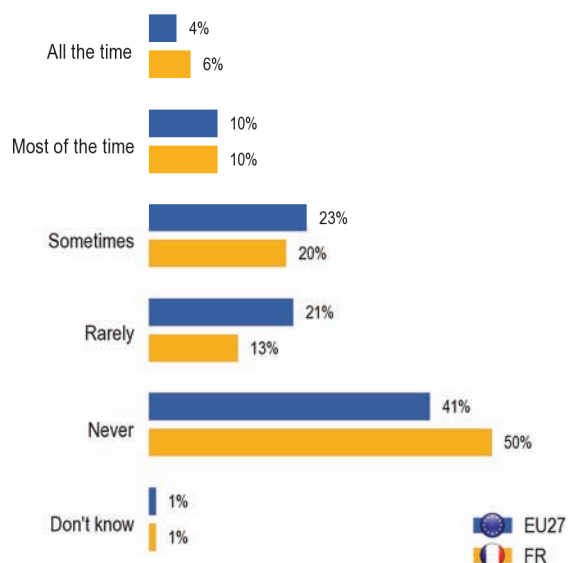
1. The state of Mental Health

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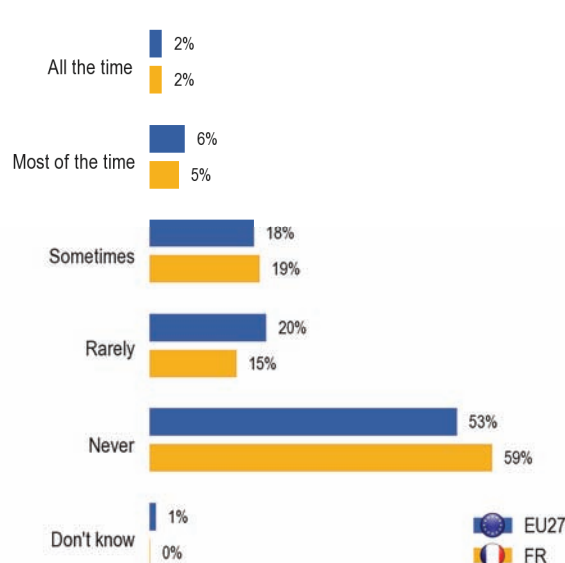
QD1.1. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of a physical health problem



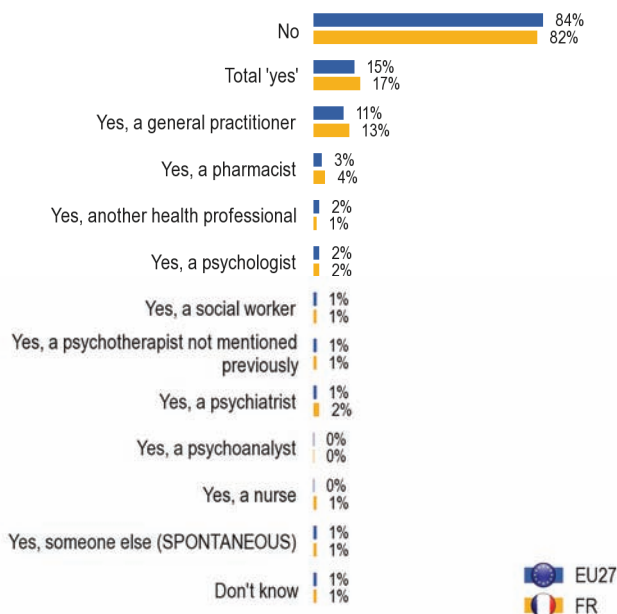
QD1.2. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of an emotional problem (such as feeling depressed or being anxious)



2. Care and Treatment

QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

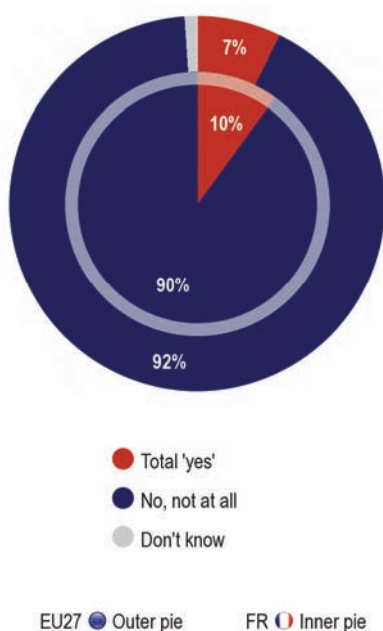


QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

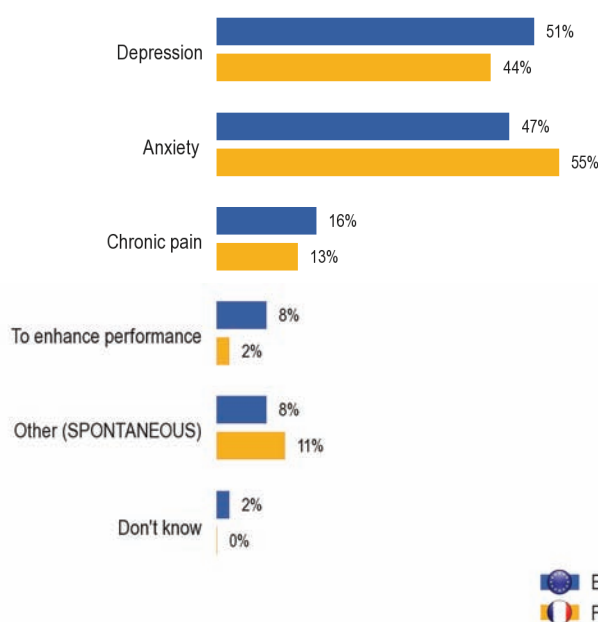
	EU27		FR	
	EB73.2	EB73.2 - EB64.4	EB73.2	EB73.2 - EB64.4
No	84%	- 3	82%	- 4
Total 'yes'	15%	+ 2	17%	+ 3
Yes, a general practitioner	11%	+ 2	13%	+ 4
Yes, a pharmacist	3%	+ 1	4%	+ 3
Yes, another health professional	2%	=	1%	- 1
Yes, a psychologist	2%	=	2%	=
Yes, a social worker	1%	+ 1	1%	=
Yes, a psychotherapist not mentioned previously	1%	=	1%	=
Yes, a psychiatrist	1%	- 1	2%	- 1
Yes, a psychoanalyst	0%	=	0%	=
Yes, a nurse	0%	=	1%	=
Yes, someone else (SPONTANEOUS)	1%	+ 1	1%	+ 1
Don't know	1%	+ 1	1%	+ 1

Evolution 02-03/2010 (EU27) - 01/2006 (EU25)

QD5. Have you taken any Antidepressants in the last 12 months?

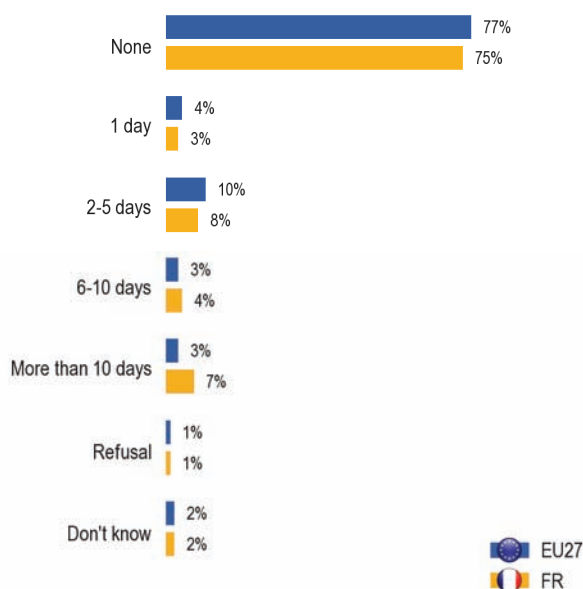


QD6. For what reason(s) did you take Antidepressants?



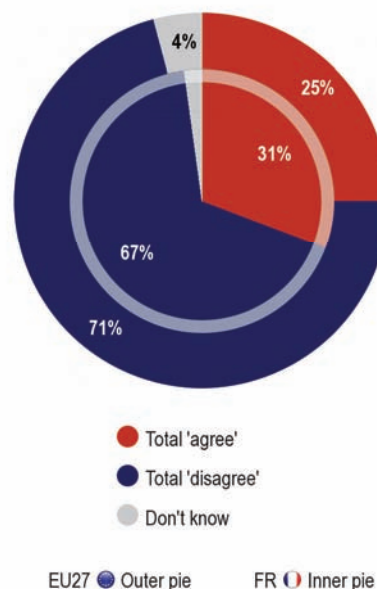
3. Mental Health and work

QD3. Apart for holidays, in the past 4 weeks how many days were you absent from work?



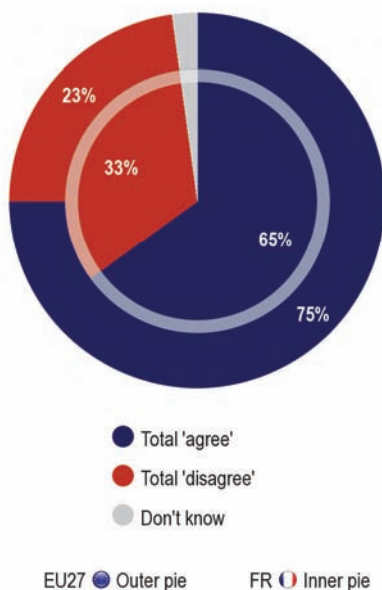
QD7.1. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your job security is under threat



QD7.2. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your current job adequately reflects your education and training



QD7.3. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

At work you receive the respect and recognition that your efforts and achievements deserve

