

Summary text

Overall, Czech respondents were more positive emotionally than average. More Czech respondents than average felt 'calm and peaceful' (71% 'all' or 'most of the time' vs. EU average of 61%) and fewer felt 'downhearted and depressed', 'particularly tense', 'worn out' and 'tired' than average. However, there were also two emotions on which Czech respondents were less positive than average; fewer Czech respondents felt 'happy' and 'full of life' 'all the time' (9% and 10% respectively compared to the EU averages of 12% and 14%).

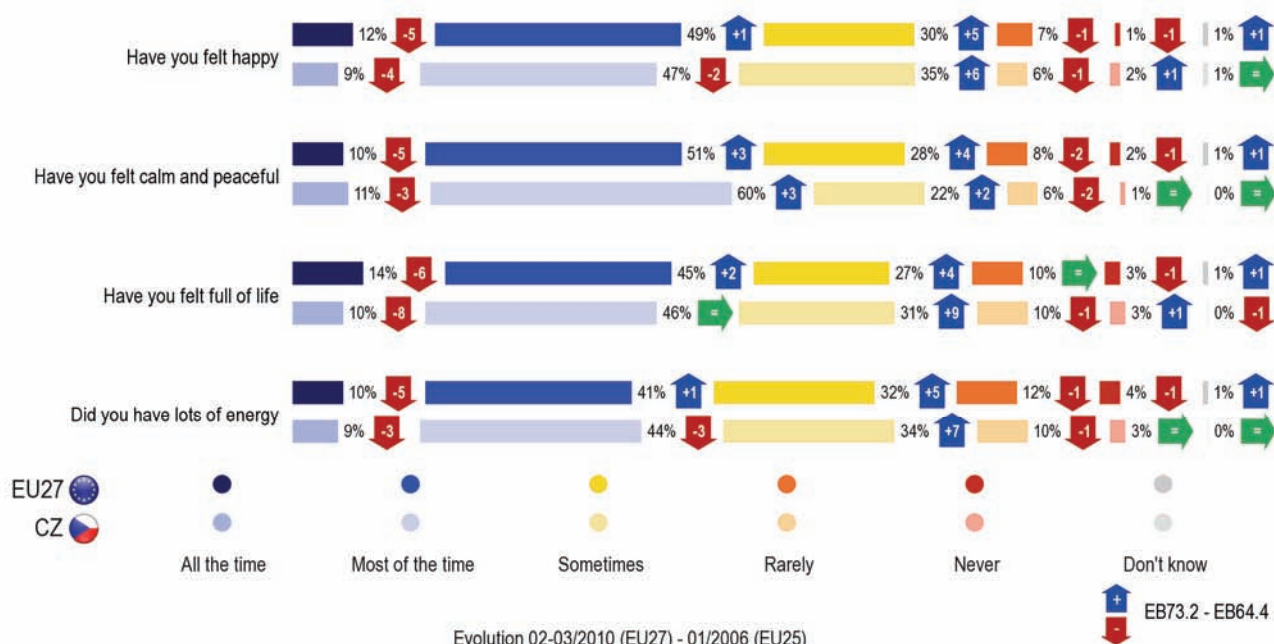
More Czech respondents than average have 'sometimes' or 'rarely' accomplished less than they would have liked because of a physical problem (26% and 30% respectively vs. EU averages of 23% and 21%). Whereas, the proportion who felt an emotional problem had 'never' prevented them from accomplishing less in the last four weeks was the same as the EU average (52% vs. EU average of 53%). Added to which, more than average felt they had 'rarely' accomplished less and fewer than average felt they had accomplished less 'most of the time' as the result of an emotional problem. The proportion of Czech respondents who sought help from a professional in the past 12 months was the same as the EU average (15% sought help) and has not changed significantly since 2006. However, it is interesting to note that the proportion who sought the advice of a pharmacist (6%) is double that of the EU average.

The proportion of Czech respondents taking antidepressants in the last 12 months is the same as the EU average (5% vs. EU average of 7%). However, fewer Czech respondents than average took antidepressants for depression (35%) and more than average took them for chronic pain (20% vs. EU average of 16%).

There is a higher level of unexplained absenteeism than average among Czech respondents (14% Czech respondents absent for 6-10 days vs. EU average of 3%). Czech respondents expressed higher than average discontentment with all three employment attributes.

1. The state of Mental Health

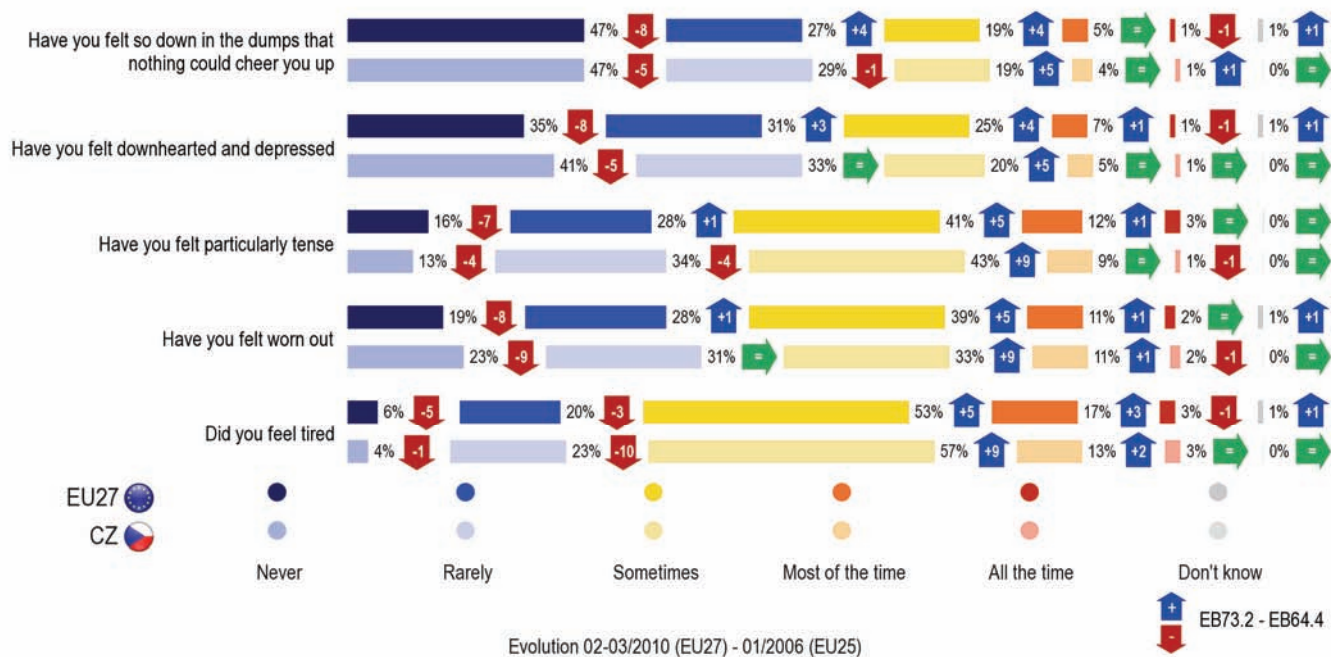
QD2. How often during the past 4 weeks...?



Methodology: face-to-face

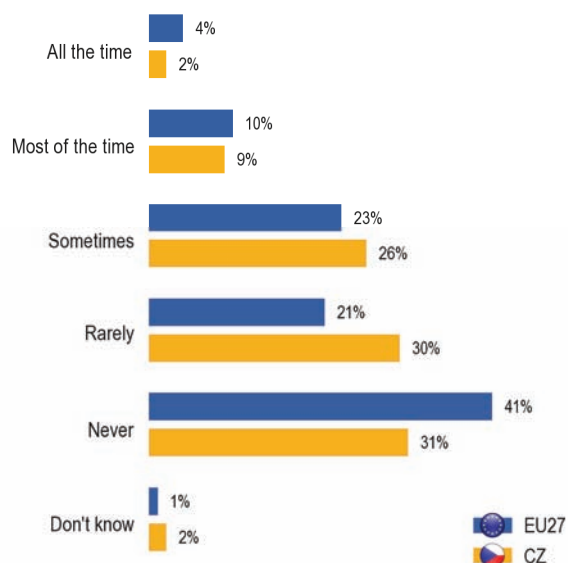
1. The state of Mental Health

QD2. How often during the past 4 weeks...?



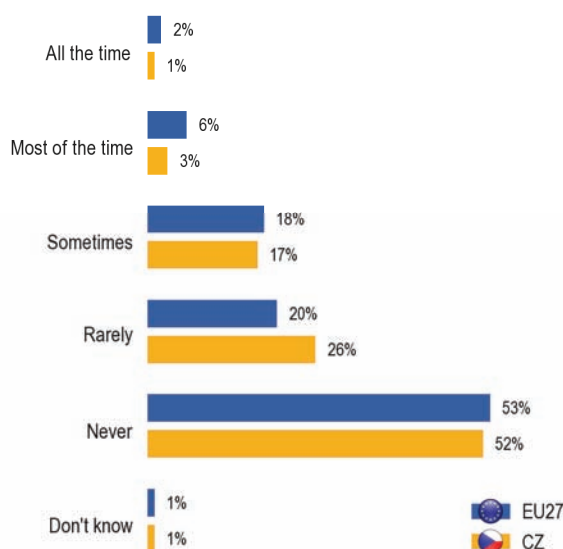
QD1.1. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of a physical health problem



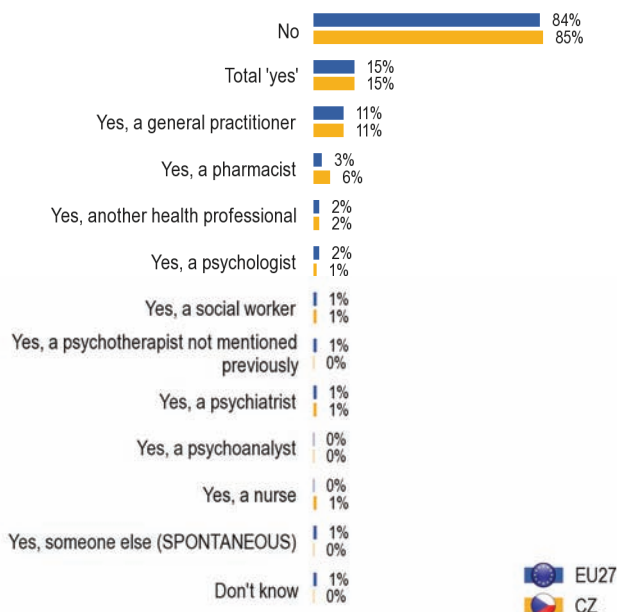
QD1.2. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of an emotional problem (such as feeling depressed or being anxious)



2. Care and Treatment

QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

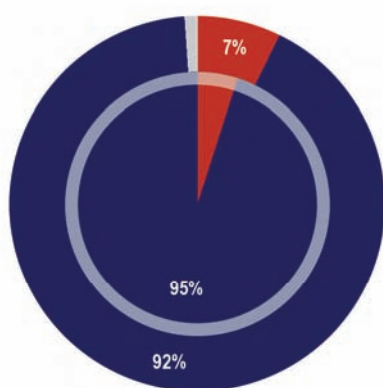


QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

	EU27		CZ	
	EB73.2	EB73.2 - EB64.4	EB73.2	EB73.2 - EB64.4
No	84%	- 3	85%	- 1
Total 'yes'	15%	+ 2	15%	+ 2
Yes, a general practitioner	11%	+ 2	11%	+ 3
Yes, a pharmacist	3%	+ 1	6%	+ 4
Yes, another health professional	2%	=	2%	=
Yes, a psychologist	2%	=	1%	=
Yes, a social worker	1%	+ 1	1%	=
Yes, a psychotherapist not mentioned previously	1%	=	0%	- 1
Yes, a psychiatrist	1%	- 1	1%	- 1
Yes, a psychoanalyst	0%	=	0%	=
Yes, a nurse	0%	=	1%	=
Yes, someone else (SPONTANEOUS)	1%	+ 1	0%	=
Don't know	1%	+ 1	0%	- 1

Evolution 02-03/2010 (EU27) - 01/2006 (EU25)

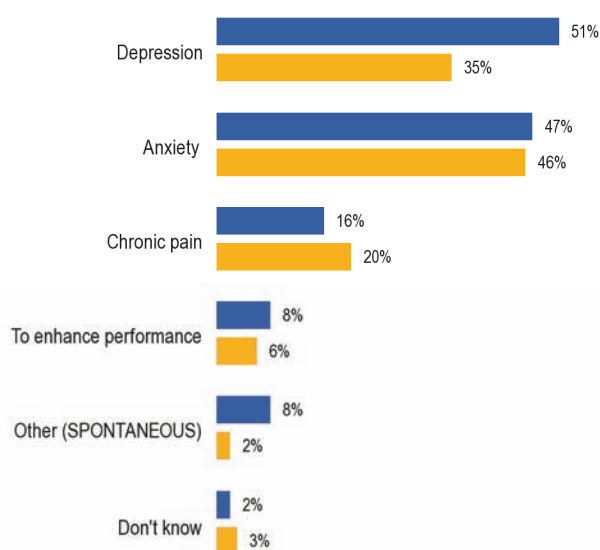
QD5. Have you taken any Antidepressants in the last 12 months?



● Total 'yes'
● No, not at all
● Don't know

EU27  Outer pie CZ  Inner pie

QD6. For what reason(s) did you take Antidepressants?

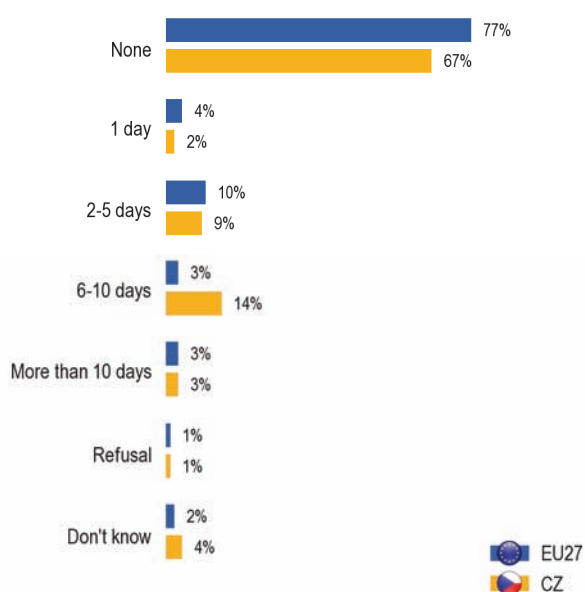


 EU27
 CZ



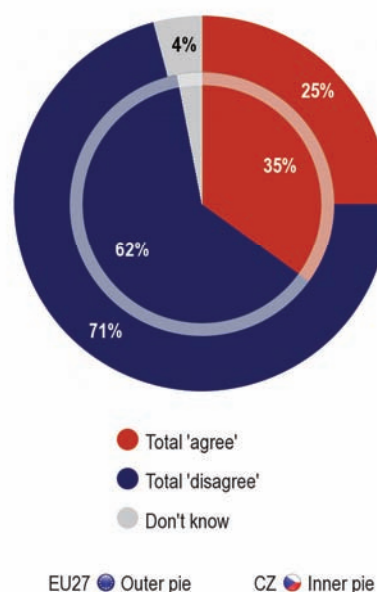
3. Mental Health and work

QD3. Apart for holidays, in the past 4 weeks how many days were you absent from work?



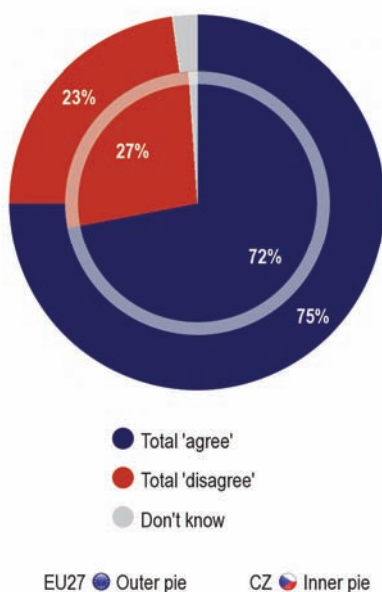
QD7.1. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your job security is under threat



QD7.2. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your current job adequately reflects your education and training



QD7.3. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

At work you receive the respect and recognition that your efforts and achievements deserve

