

## Summary text

Overall, Slovakian respondents are feeling more positive emotionally than average. More Slovakian respondents than average experienced all of the positive emotions 'all' or 'some of the time'. In addition, fewer Slovakian respondents than average felt 'downhearted and depressed', 'tense' and 'tired' 'all' or 'some of the time' (5%, 11% and 17% vs. EU averages of 8%, 15% and 20%) and more felt 'worn out' 'never' or 'rarely' (58% vs. EU average of 47%).

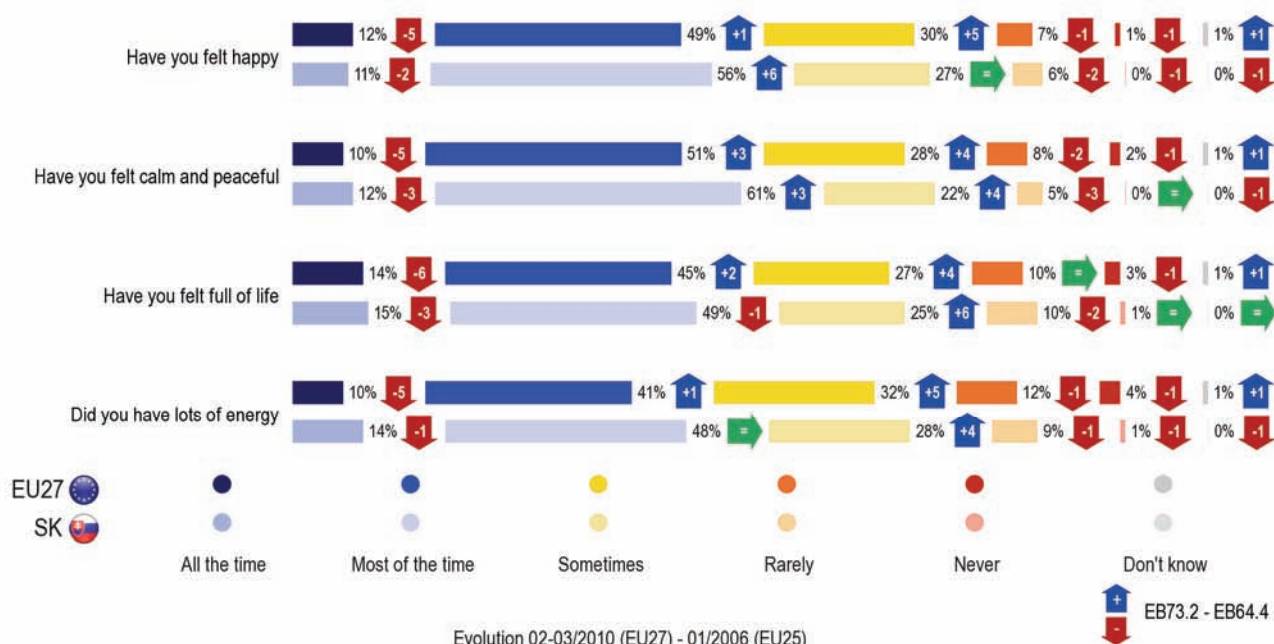
However, fewer Slovakian respondents than average felt they did not accomplish less because of either a physical or emotional problem (physical 'never' 36% and emotional 'never' 38% vs. EU averages of 41% and 53% respectively). In addition, one in five Slovakian respondents (20%) sought help from a professional for a psychological or emotional problem in the past 12 months, which is higher than the EU average (15%); this has stayed the same as 2006 (+2 percentage points).

Nevertheless, the proportion of Slovakian respondents who took antidepressants in the last 12 months is the same as the EU average (9% compared to the EU average of 7%). However, fewer Slovakian respondents than average took antidepressants for depression (32% vs. EU average of 51%) or anxiety (44% vs. EU average of 47%) and more took them for chronic pain (33% vs. EU average of 16%).

Absenteeism from work is lower than average amongst Slovakian respondents, with 82% not being absent at all in the past four weeks compared to 77% on average. Slovakian respondents are most concerned about their job security, with a third (32%) feeling their job is under threat, which is more than average (EU average 25%). They are also more dissatisfied than average with the recognition they receive at work (24% disagree vs. EU average of 19%). Slovakian respondents appear to be more satisfied than average that their job matches their skills (83% agree their job matches their skills vs. average of 75%).

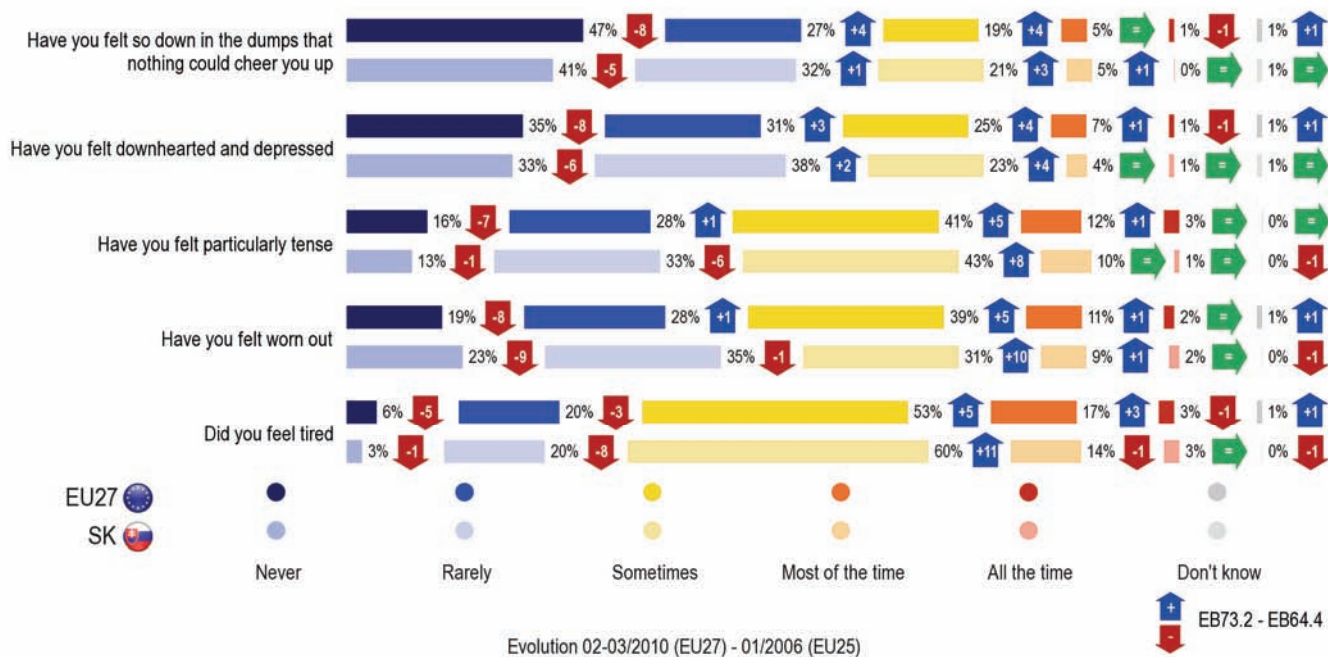
## 1. The state of Mental Health

QD2. How often during the past 4 weeks...?



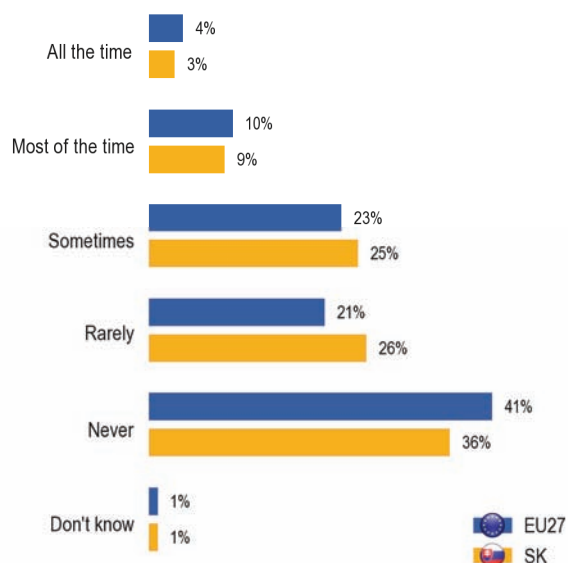
## 1. The state of Mental Health

QD2. How often during the past 4 weeks...?



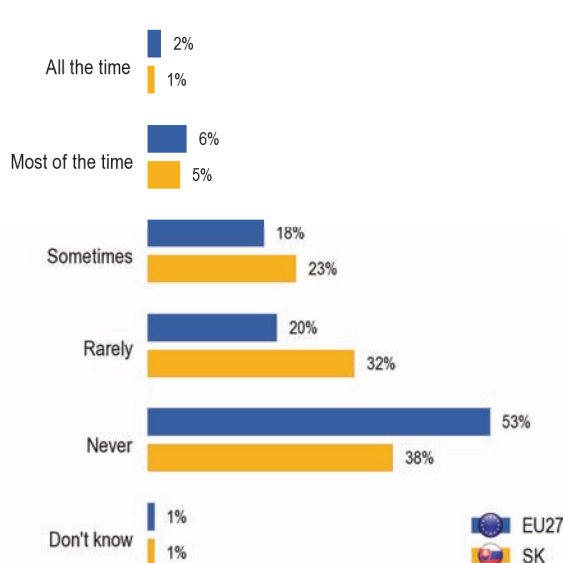
QD1.1. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of a physical health problem



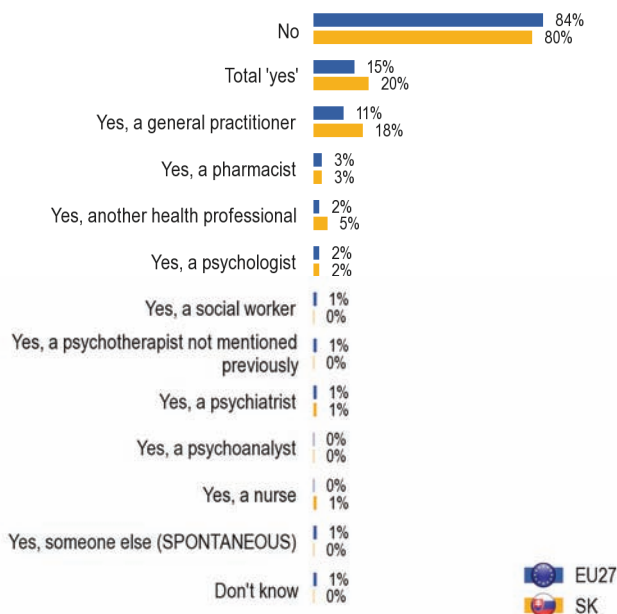
QD1.2. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of an emotional problem (such as feeling depressed or being anxious)



## 2. Care and Treatment

QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

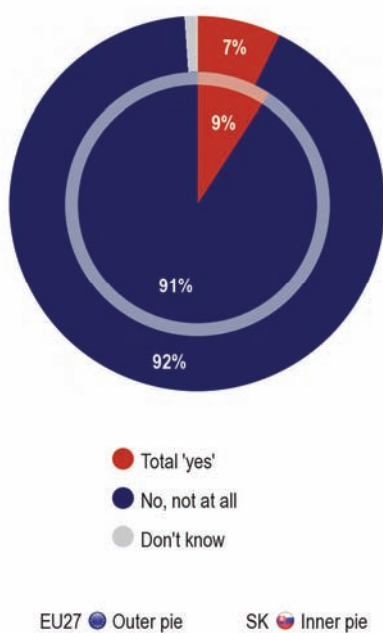


QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

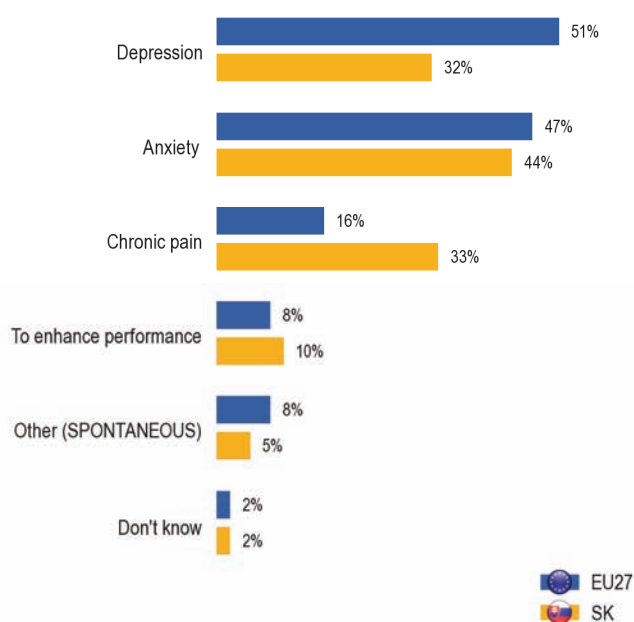
	EU27		SK	
	EB73.2	EB73.2 - EB64.4	EB73.2	EB73.2 - EB64.4
No	84%	- 3	80%	- 2
Total 'yes'	15%	+ 2	20%	+ 2
Yes, a general practitioner	11%	+ 2	18%	+ 4
Yes, a pharmacist	3%	+ 1	3%	- 1
Yes, another health professional	2%	=	5%	- 1
Yes, a psychologist	2%	=	2%	+ 1
Yes, a social worker	1%	+ 1	0%	=
Yes, a psychotherapist not mentioned previously	1%	=	0%	=
Yes, a psychiatrist	1%	- 1	1%	=
Yes, a psychoanalyst	0%	=	0%	=
Yes, a nurse	0%	=	1%	=
Yes, someone else (SPONTANEOUS)	1%	+ 1	0%	=
Don't know	1%	+ 1	0%	=

Evolution 02-03/2010 (EU27) - 01/2006 (EU25)

QD5. Have you taken any Antidepressants in the last 12 months?



QD6. For what reason(s) did you take Antidepressants?



EU27  Number of interviews:  
26.800

SK  Number of interviews:  
1.032

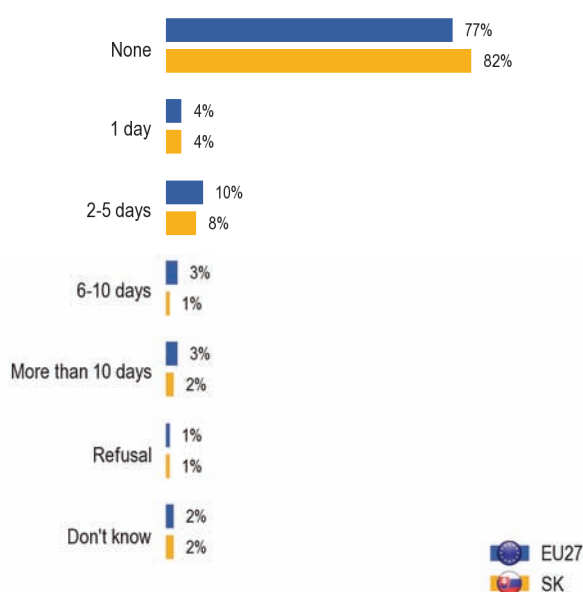
Fieldwork:  
26/02-17/03/2010

Fieldwork:  
26/02-12/03/2010

Methodology: face-to-face

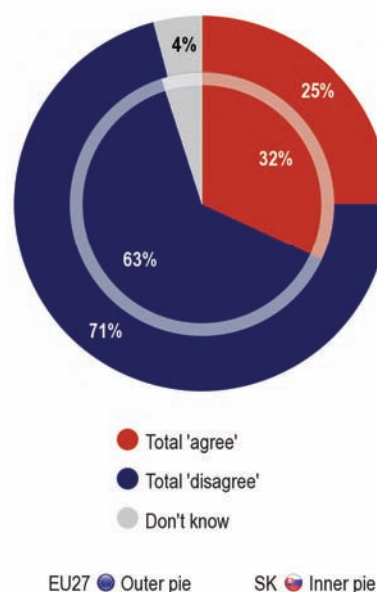
## 3. Mental Health and work

QD3. Apart for holidays, in the past 4 weeks how many days were you absent from work?



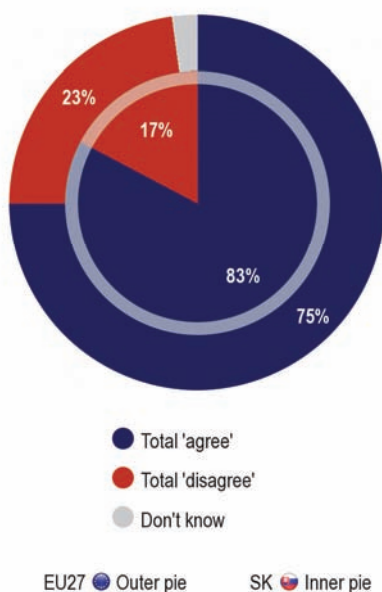
QD7.1. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your job security is under threat



QD7.2. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your current job adequately reflects your education and training



QD7.3. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

At work you receive the respect and recognition that your efforts and achievements deserve

