

EU27  Number of interviews:  
26.800

RO  Number of interviews:  
1.054

Fieldwork:  
26/02-17/03/2010

Fieldwork:  
26/02-10/03/2010

Methodology: face-to-face

## Summary text

Overall, Romanian respondents are more negative emotionally than average. More respondents than average experienced all five of the negative statements 'all' or 'most of the time'. Added to which, fewer respondents than average felt 'happy' and 'calm and peaceful' 'all' or 'most of the time' (48% and 56% respectively vs. EU averages of 61% and 61%). The only exceptions to the more negative experience of Romanian respondents were that more than average had 'lots of energy' 'all' or 'most of the time' (55% vs. EU average of 51%) and more than average felt 'full of life' 'sometimes' (31% vs. EU average of 27%).

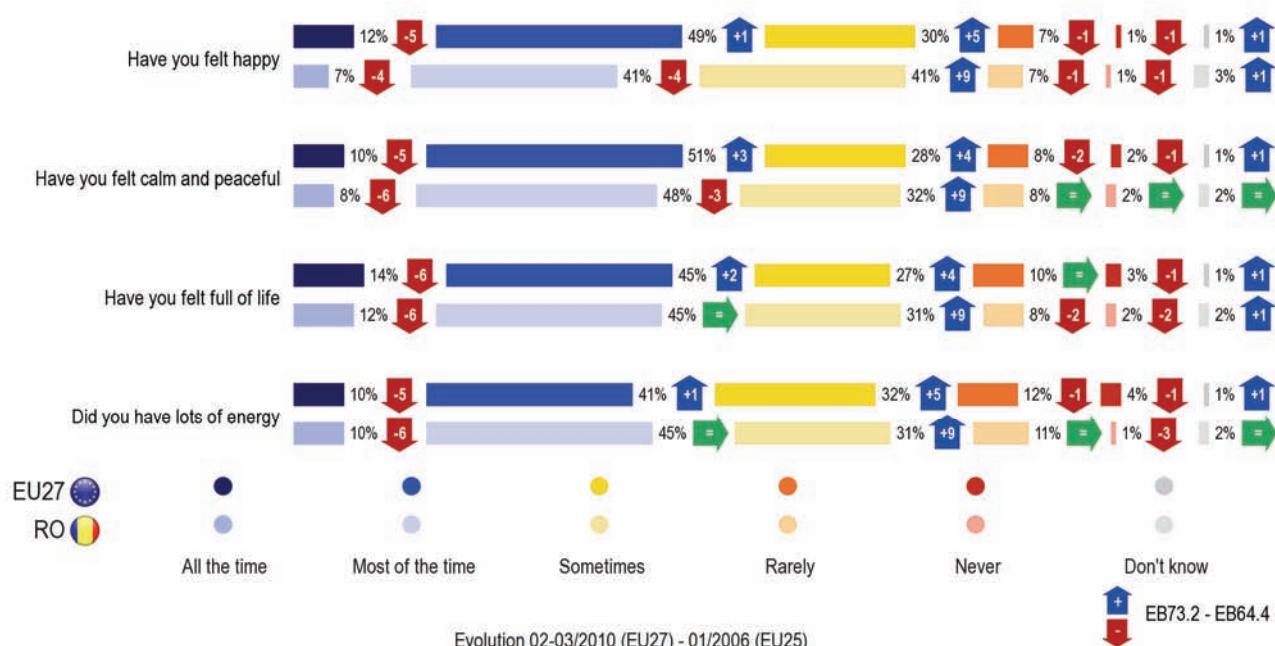
More Romanian respondents than average felt they accomplished less because of both a physical and emotional problem (physical 'never' 25% and emotional 'never' 44% vs. EU averages of 41% and 53% respectively). More Romanian respondents than average 'sometimes' accomplished less because of a physical problem (31% vs. EU average of 23%). In addition, a third of Romanian respondents sought professional help in the past 12 months (35% vs. EU average of 15%), which has increased significantly since 2006 (+5 percentage points).

Nevertheless, the proportion of Romanian respondents taking antidepressants in the last 12 months is the same as the EU average (6% vs. EU average of 7%). However, fewer respondents than average took antidepressants for depression (23% vs. EU average of 51%) than anxiety (42% vs. EU average of 47%).

Romanian respondents are most concerned about job security and recognition received in the work place, with more feeling their job is under threat than average (36% vs. EU average of 25%) and that they do not receive recognition (32% vs. EU average of 19%).

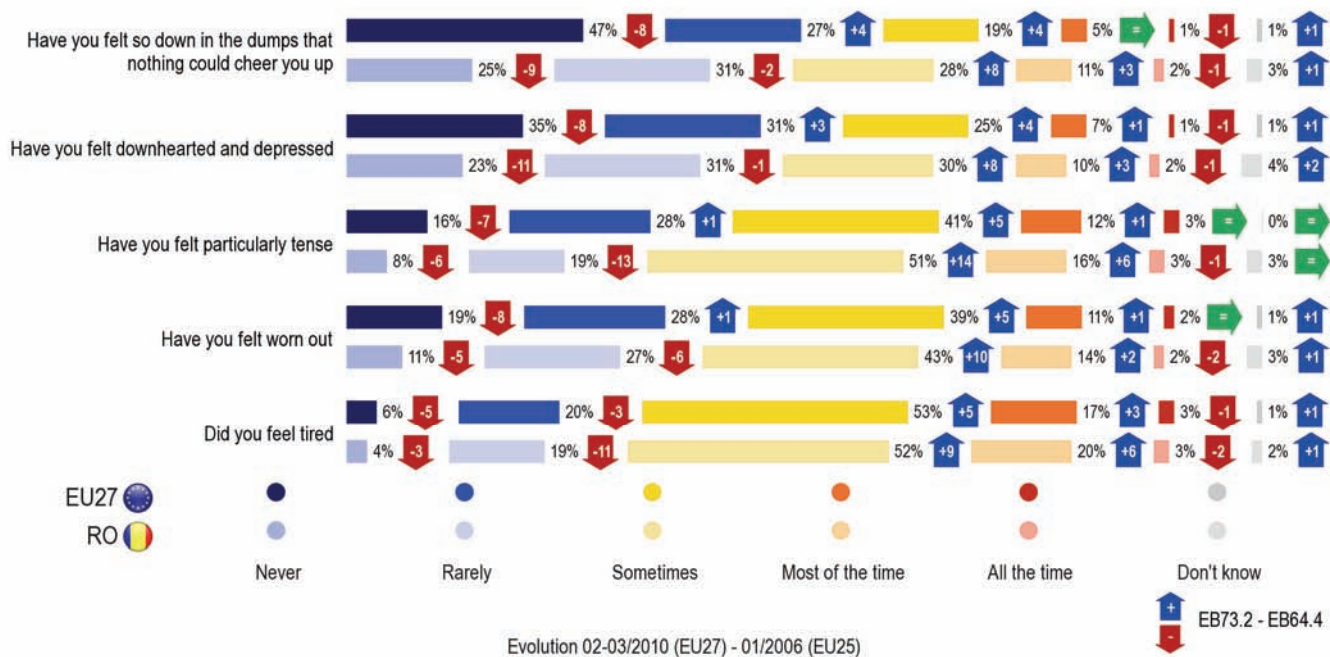
## 1. The state of Mental Health

QD2. How often during the past 4 weeks...?



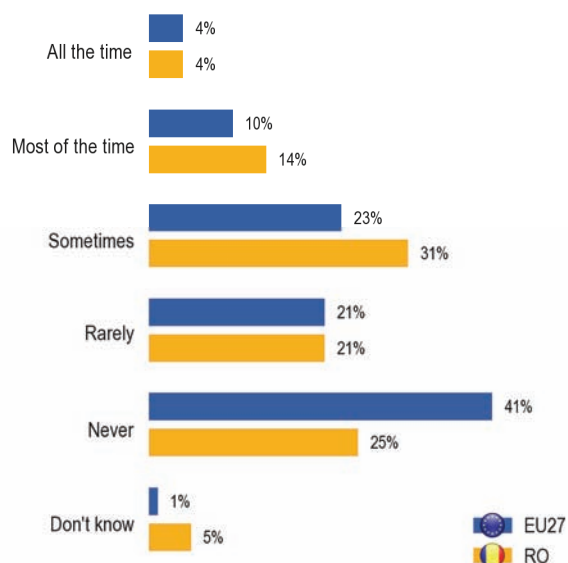
## 1. The state of Mental Health

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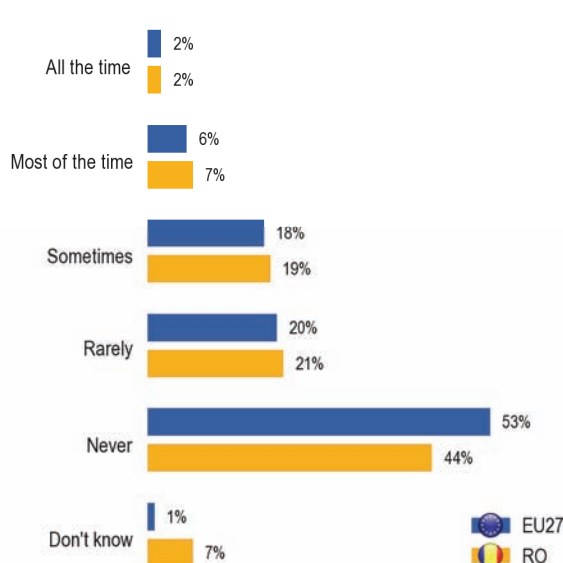
QD1.1. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of a physical health problem



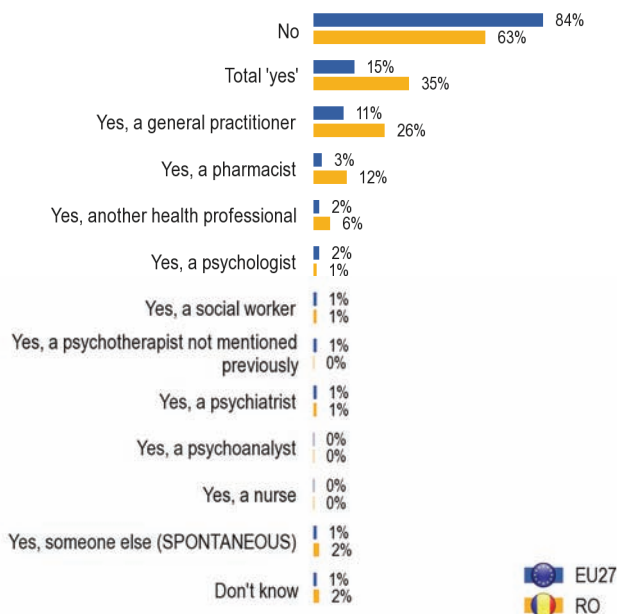
QD1.2. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of an emotional problem (such as feeling depressed or being anxious)



## 2. Care and Treatment

QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

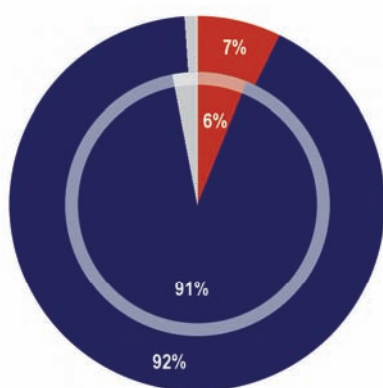


QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

	EU27		RO	
	EB73.2	EB73.2 - EB64.4	EB73.2	EB73.2 - EB64.4
No	84%	- 3	63%	- 6
Total 'yes'	15%	+ 2	35%	+ 5
Yes, a general practitioner	11%	+ 2	26%	+ 4
Yes, a pharmacist	3%	+ 1	12%	+ 4
Yes, another health professional	2%	=	6%	- 1
Yes, a psychologist	2%	=	1%	+ 1
Yes, a social worker	1%	+ 1	1%	+ 1
Yes, a psychotherapist not mentioned previously	1%	=	0%	=
Yes, a psychiatrist	1%	- 1	1%	=
Yes, a psychoanalyst	0%	=	0%	=
Yes, a nurse	0%	=	0%	=
Yes, someone else (SPONTANEOUS)	1%	+ 1	2%	+ 2
Don't know	1%	+ 1	2%	+ 1

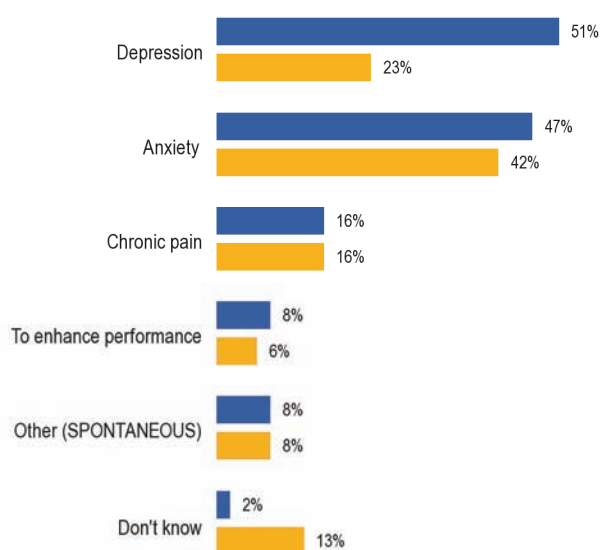
Evolution 02-03/2010 (EU27) - 01/2006 (EU25)

QD5. Have you taken any Antidepressants in the last 12 months?



● Total 'yes'  
● No, not at all  
● Don't know  
 EU27  Outer pie    RO  Inner pie

QD6. For what reason(s) did you take Antidepressants?

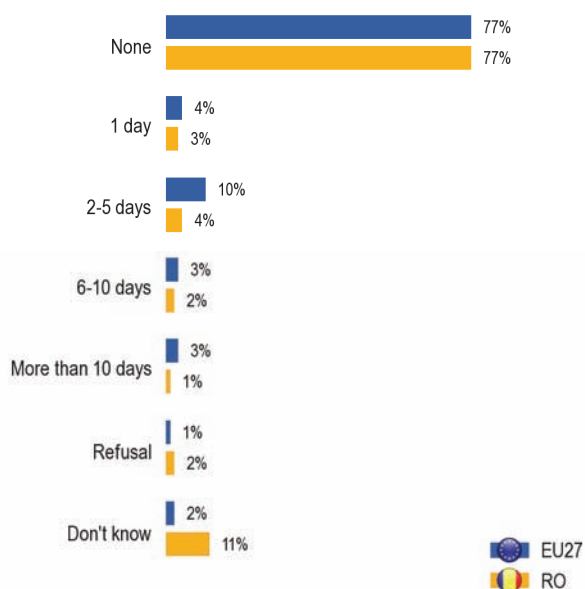


EU27   
 RO 



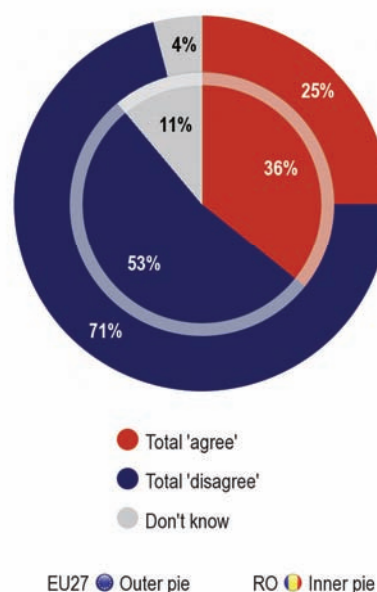
## 3. Mental Health and work

QD3. Apart for holidays, in the past 4 weeks how many days were you absent from work?



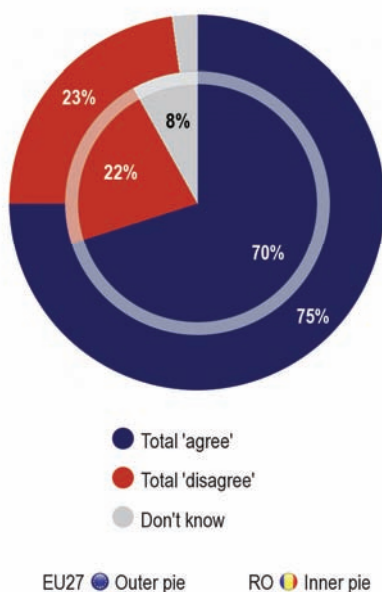
QD7.1. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your job security is under threat



QD7.2. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your current job adequately reflects your education and training



QD7.3. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

At work you receive the respect and recognition that your efforts and achievements deserve

