

Summary text

On the whole, Slovenian respondents are more positive emotionally than Europeans on average. More Slovenian respondents experienced three of the four positive emotional statements 'all' or 'most of the time' (specifically 'happy', 'full of life' and 'lots of energy') while fewer experienced four of the negative statements 'all' or 'most of the time' (specifically 'downhearted and depressed', 'tense', 'worn out' and 'tired'). The only exception to this more positive trend was that fewer respondents than average felt 'calm and peaceful' 'all' or 'most of the time' (56% vs. EU average of 61%).

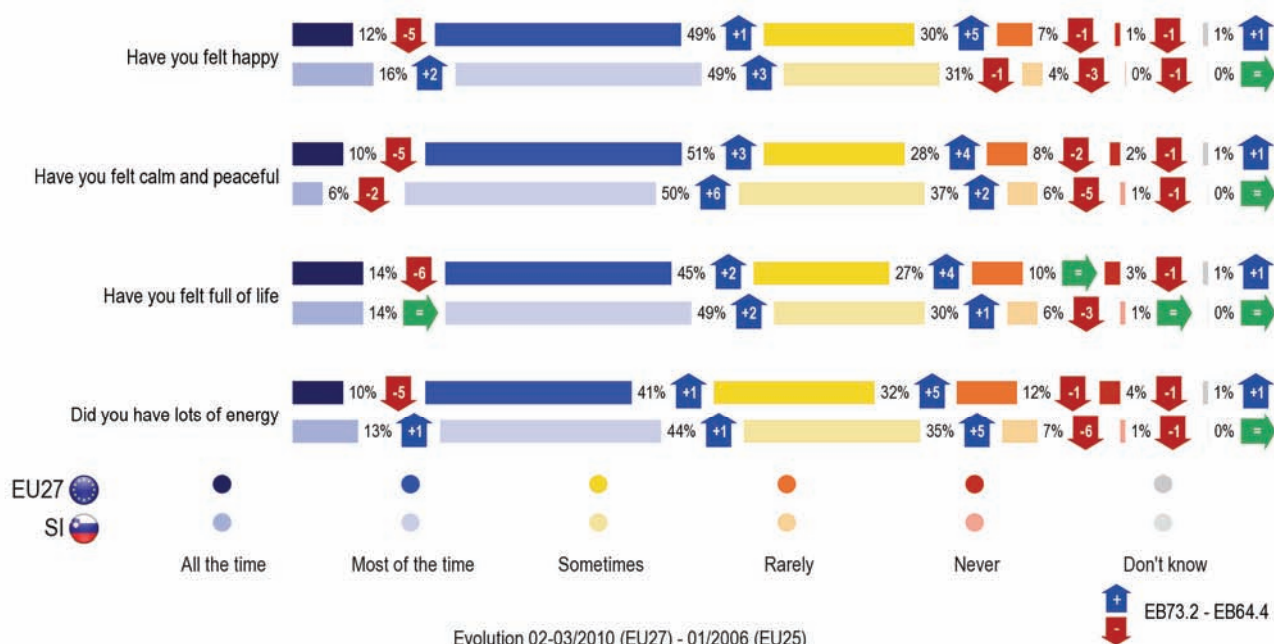
The same proportion of Slovenian respondents as average felt they did not accomplish less because of either a physical or emotional problem (physical 'never' 39% and emotional 'never' 54% vs. EU averages of 41% and 53% respectively). The proportion of Slovenian respondents who sought help from a professional in the past 12 months has not increased since 2006 (+1 percentage point) and is less than the EU average (12% vs. EU average of 15%).

The proportion of Slovenian respondents taking antidepressants in the last 12 months is the same as the EU average (8% vs. EU average of 7%). However, fewer Slovenian respondents took antidepressants for depression (39% vs. 51% average) or anxiety (39% vs. 47% average) and more than average took antidepressants for chronic pain (27% vs. 16% average) and to enhance performance (19% vs. 8% average).

Overall, absenteeism from work appears to be similar to the European average; however, among Slovenian respondents, absence for '6-10 days' is double the EU average (6% compared to 3% on average). In terms of attitudes to work, Slovenians are more dissatisfied than average with recognition received at work (26% disagree vs. EU average of 19%). Slovenians are equally as concerned as other Europeans that their job is under threat (24% vs. EU average of 25%) and they are more satisfied than average that their job matches their skills.

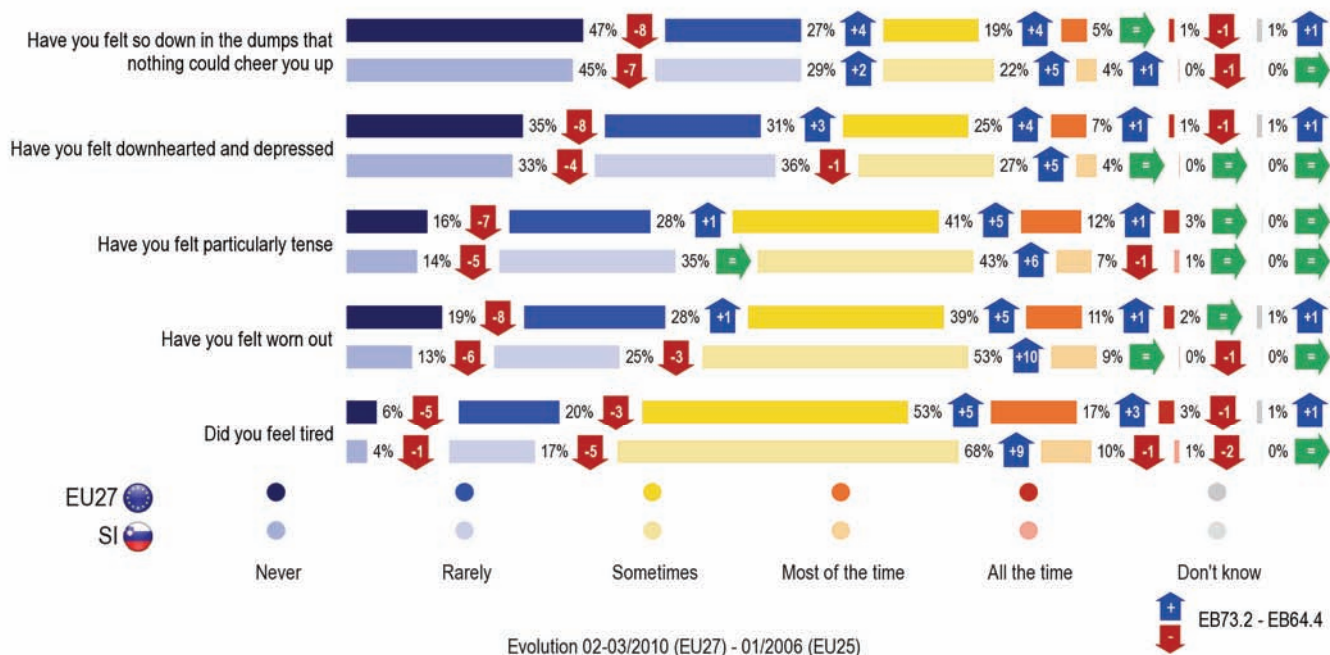
1. The state of Mental Health

QD2. How often during the past 4 weeks...?



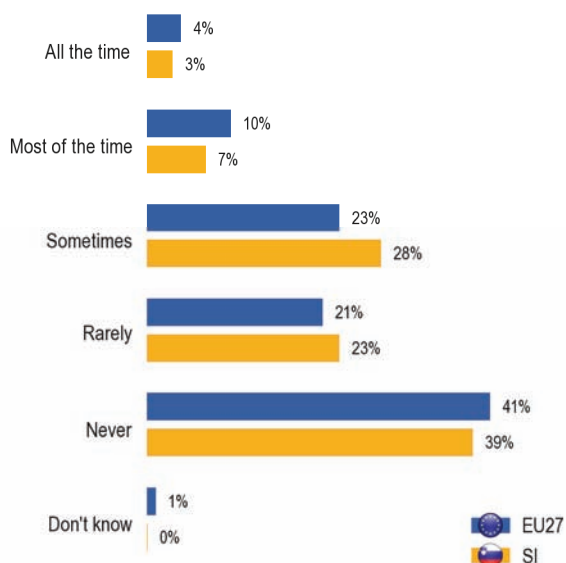
1. The state of Mental Health

QD2. How often during the past 4 weeks...?



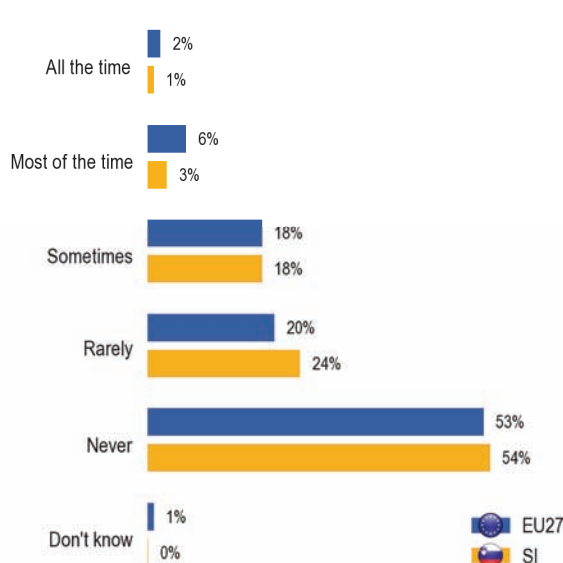
QD1.1. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of a physical health problem



QD1.2. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of an emotional problem (such as feeling depressed or being anxious)



EU27  Number of interviews:
26.800

SI  Number of interviews:
1.005

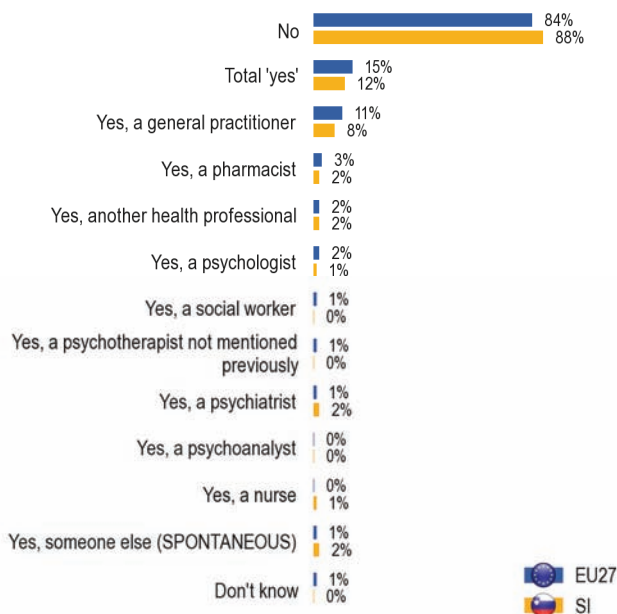
Fieldwork:
26/02-17/03/2010

Fieldwork:
26/02-14/03/2010

Methodology: face-to-face

2. Care and Treatment

QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

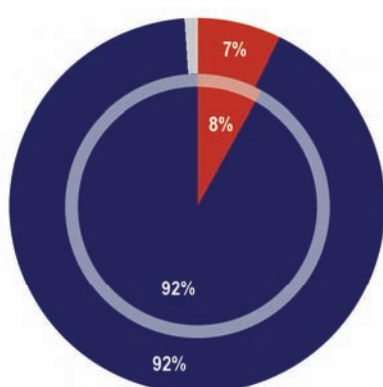


QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.


	EU27		SI	
	EB73.2	EB73.2 - EB64.4	EB73.2	EB73.2 - EB64.4
No	84%	- 3	88%	- 1
Total 'yes'	15%	+ 2	12%	+ 1
Yes, a general practitioner	11%	+ 2	8%	- 1
Yes, a pharmacist	3%	+ 1	2%	=
Yes, another health professional	2%	=	2%	+ 1
Yes, a psychologist	2%	=	1%	=
Yes, a social worker	1%	+ 1	0%	=
Yes, a psychotherapist not mentioned previously	1%	=	0%	=
Yes, a psychiatrist	1%	- 1	2%	=
Yes, a psychoanalyst	0%	=	0%	=
Yes, a nurse	0%	=	1%	+ 1
Yes, someone else (SPONTANEOUS)	1%	+ 1	2%	+ 2
Don't know	1%	+ 1	0%	=

Evolution 02-03/2010 (EU27) - 01/2006 (EU25)

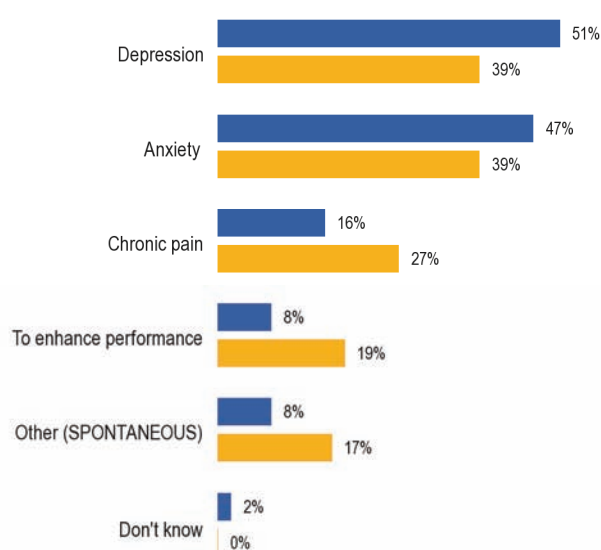
QD5. Have you taken any Antidepressants in the last 12 months?



● Total 'yes'
● No, not at all
● Don't know

EU27  Outer pie SI  Inner pie

QD6. For what reason(s) did you take Antidepressants?

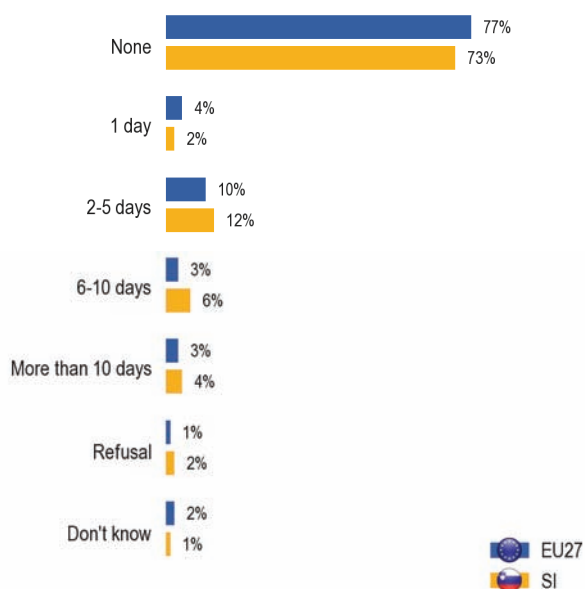


 EU27
 SI



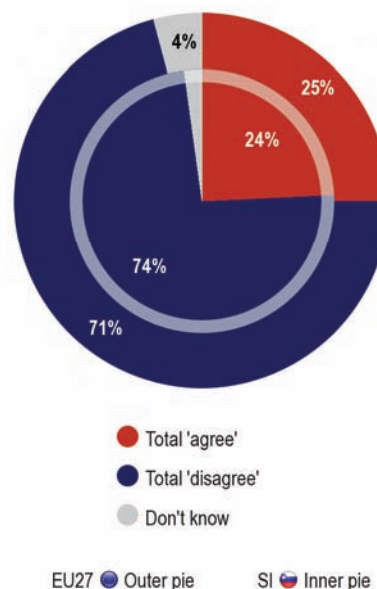
3. Mental Health and work

QD3. Apart for holidays, in the past 4 weeks how many days were you absent from work?



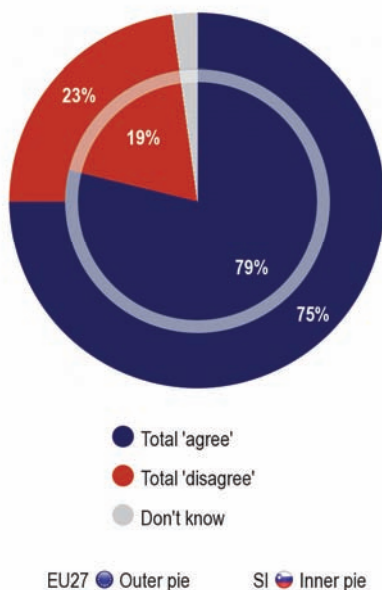
QD7.1. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your job security is under threat



QD7.2. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your current job adequately reflects your education and training



QD7.3. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

At work you receive the respect and recognition that your efforts and achievements deserve

