

EU27  Number of interviews:
26.800

DE  Number of interviews:
1.573

Fieldwork:
26/02-17/03/2010

Fieldwork:
26/02-14/03/2010

Methodology: face-to-face

Summary text

German respondents are more positive than other Europeans on almost all of the emotional statements. A greater proportion of respondents felt 'calm and peaceful' and 'full of life' 'all' or 'most of the time' (71% and 67% vs. EU averages of 61% and 59%). In addition, they expressed that they felt all of the negative emotions 'never' or 'rarely' more than average. Furthermore, a smaller proportion of German respondents than average felt 'downhearted and depressed', 'worn out' and 'tired' 'all' or 'most of the time' (5%, 10% and 15% respectively vs. EU averages of 8%, 13% and 20%). The only statement on which German respondents felt less positive than average was 'lots of energy', where fewer than average felt they had 'lots of energy' 'most of the time'.

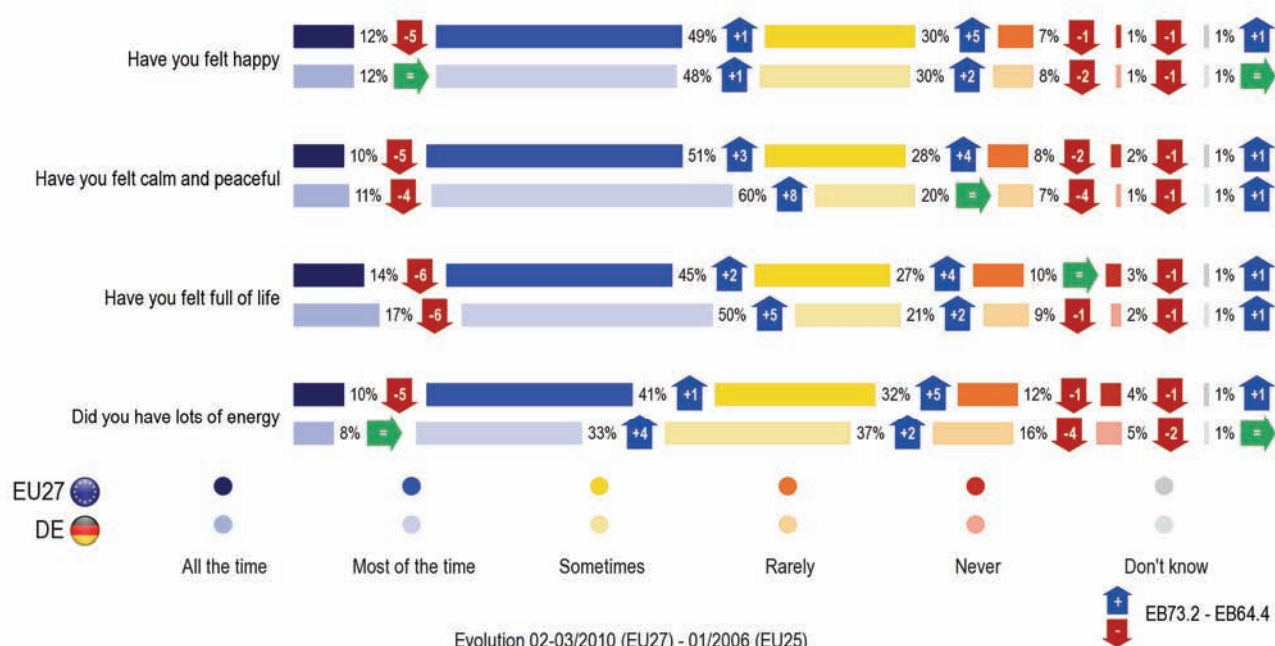
German respondents are more likely than other Europeans to feel they have accomplished less as the result of a physical health problem (about a third, 36%, stated they had 'never' accomplished less vs. EU average of 41%). However, fewer than average feel that they have accomplished less as the result of an emotional problem, with about two thirds (68%) stating they have 'never' accomplished less, compared to the EU average of 53%. In addition, the proportion of German respondents who sought help from a professional in the past 12 months is less than the EU average (12% vs. EU average of 15%), which has not changed significantly since 2006.

Only 3% of German respondents took antidepressants in the last 12 months, which is less than the EU average. However, more Germans take antidepressants for depression (64%) than anxiety (28%), whereas across Europe they are taken equally for depression and anxiety. In addition, more German respondents than other Europeans are taking antidepressants for chronic pain (27%) and to enhance performance (12%).

German respondents appear to be more content in their current employment than other Europeans; they exhibited more satisfaction than average on all of the attributes.

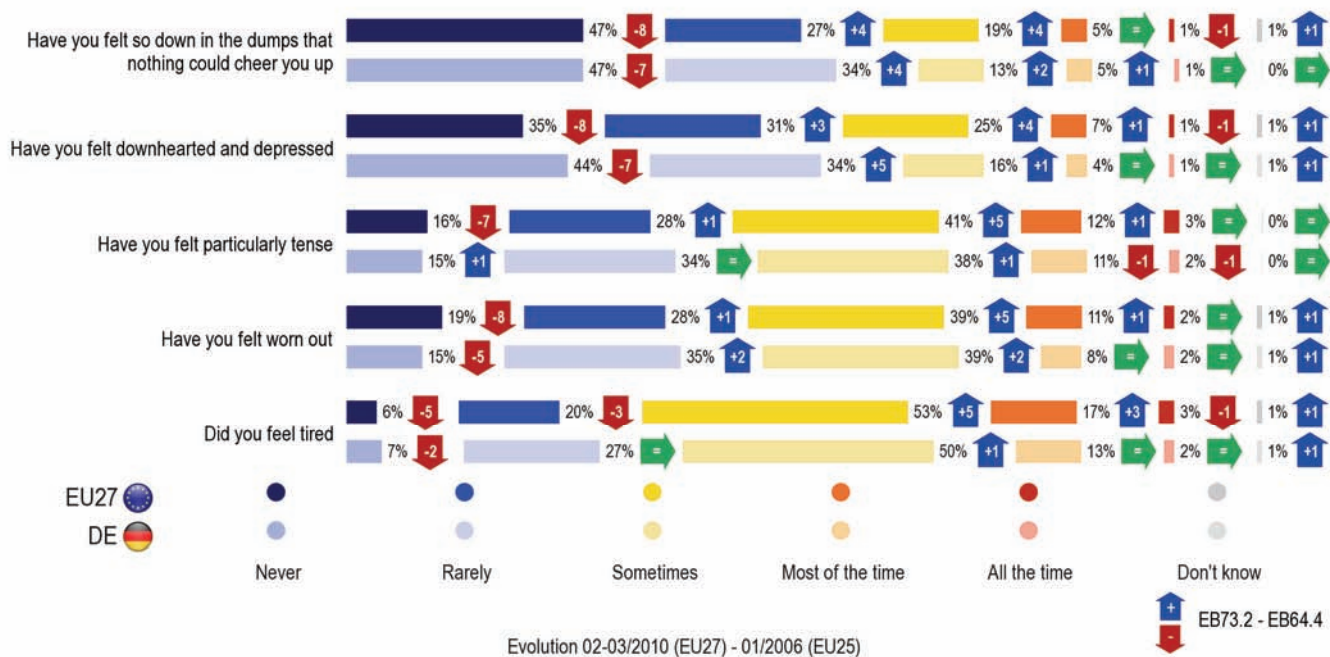
1. The state of Mental Health

QD2. How often during the past 4 weeks...?



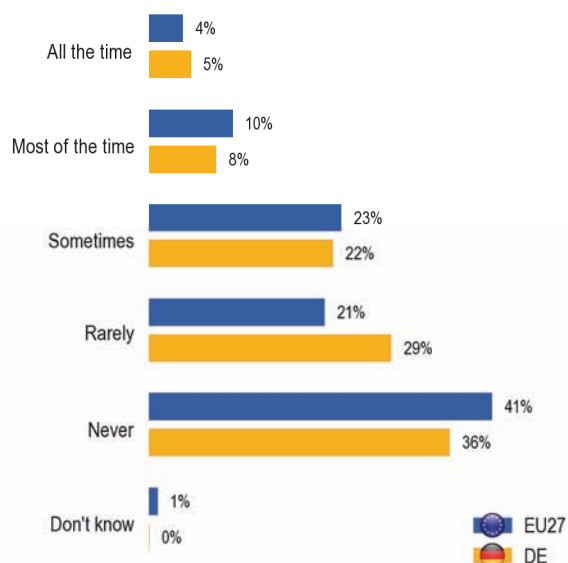
1. The state of Mental Health

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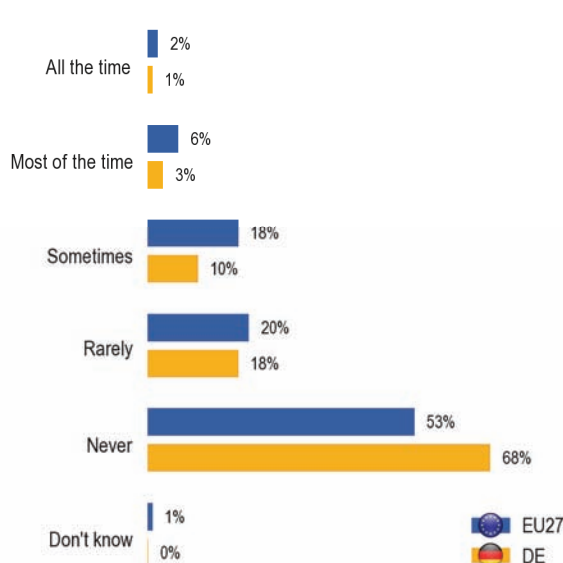
QD1.1. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of a physical health problem



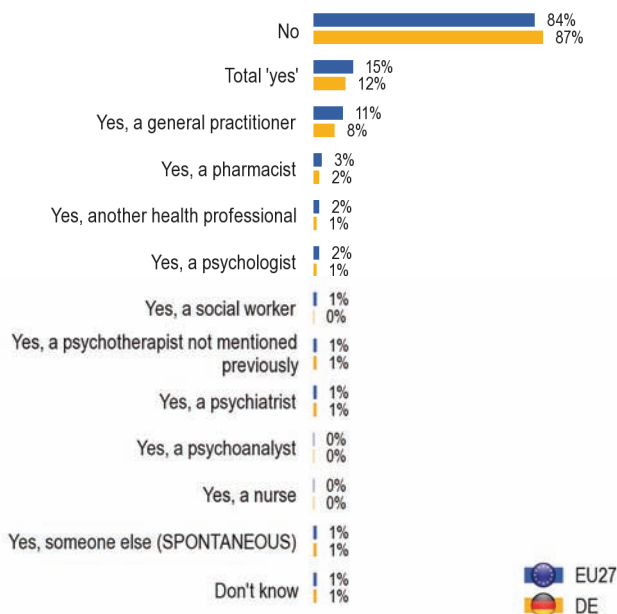
QD1.2. During the past 4 weeks how often have you had any of the following problems in your day-to-day life whether at work, at home or elsewhere?

You have accomplished less than you would like as a result of an emotional problem (such as feeling depressed or being anxious)



2. Care and Treatment

QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

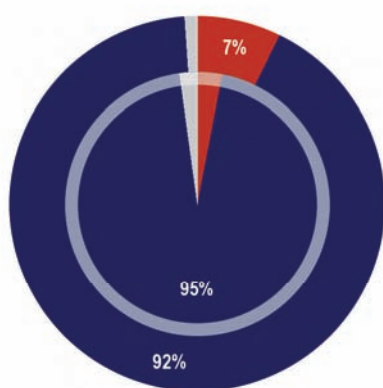


QD4. In the last 12 months, did you seek help from a professional because of a psychological or emotional problem? (IF YES) Indicate who in the following list.

	EU27		DE	
	EB73.2	EB73.2 - EB64.4	EB73.2	EB73.2 - EB64.4
No	84%	- 3	87%	+ 2
Total 'yes'	15%	+ 2	12%	- 2
Yes, a general practitioner	11%	+ 2	8%	- 3
Yes, a pharmacist	3%	+ 1	2%	- 1
Yes, another health professional	2%	=	1%	=
Yes, a psychologist	2%	=	1%	- 1
Yes, a social worker	1%	+ 1	0%	- 1
Yes, a psychotherapist not mentioned previously	1%	=	1%	=
Yes, a psychiatrist	1%	- 1	1%	=
Yes, a psychoanalyst	0%	=	0%	=
Yes, a nurse	0%	=	0%	=
Yes, someone else (SPONTANEOUS)	1%	+ 1	1%	+ 1
Don't know	1%	+ 1	1%	+ 1

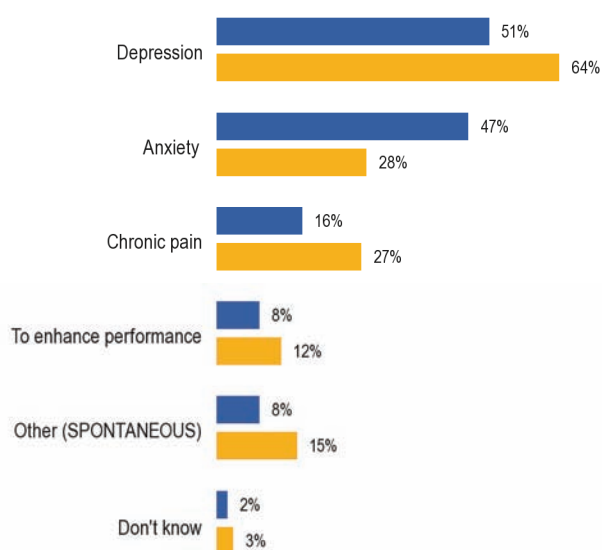
Evolution 02-03/2010 (EU27) - 01/2006 (EU25)

QD5. Have you taken any Antidepressants in the last 12 months?



 Total 'yes'
 No, not at all
 Don't know
 EU27  Outer pie DE  Inner pie

QD6. For what reason(s) did you take Antidepressants?

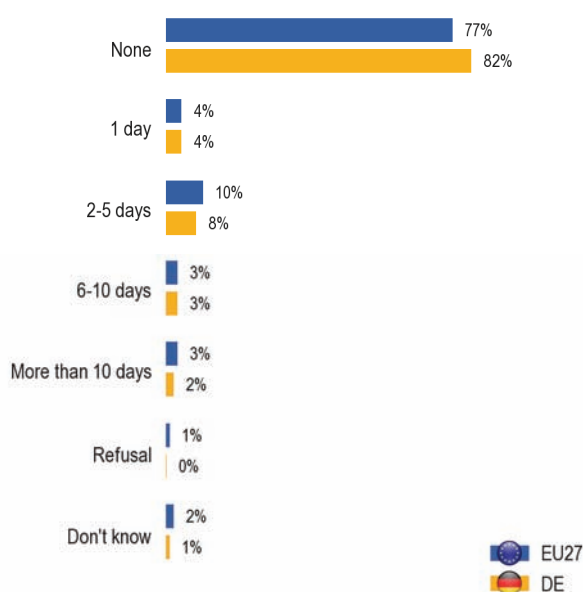


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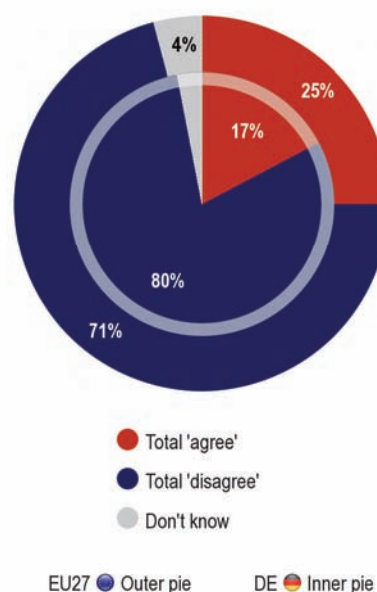
3. Mental Health and work

QD3. Apart for holidays, in the past 4 weeks how many days were you absent from work?



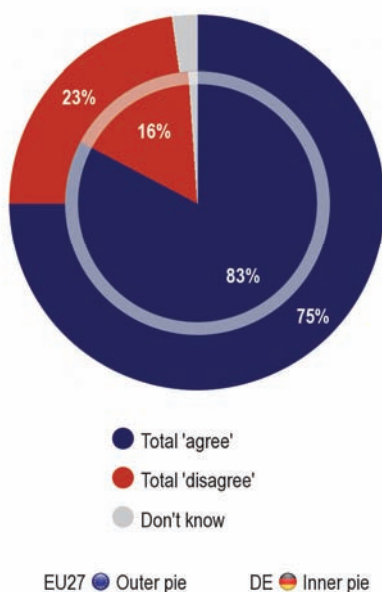
QD7.1. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your job security is under threat



QD7.2. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

Your current job adequately reflects your education and training



QD7.3. For each of the following statements regarding your job, please tell me whether you tend to agree or tend to disagree with it.

At work you receive the respect and recognition that your efforts and achievements deserve

