

**PROMOTION OF THE IMPORTANCE
OF PHYSICAL ACTIVITY AMONG
STUDENTS WITH DISABILITIES**





We recognize that healthy lifestyle habits are adopted at school age. Our students are encouraged to be physically active and spend time outdoors.



Due to the lack of equipment, students with disabilities do not usually participate in PE classes or extracurricular activities. They often feel left out and have low self-esteem.



To increase physical activity among students with disabilities, a safe environment and appropriate equipment need to be provided.



Children with disabilities are like any other child. They deserve to grow up with their peers as well as have equal opportunities.

