



World Health  
Organization

REGIONAL OFFICE FOR Europe



hbosc

# GROWING UP UNEQUAL

FINDINGS FROM THE 2013/14 INTERNATIONAL  
REPORT OF THE HEALTH BEHAVIOUR IN  
SCHOOL-AGED CHILDREN (HBSC) SURVEY

IMKE SEIFERT AND LARS MOLLER | NONCOMMUNICABLE DISEASES AND PROMOTING  
HEALTH THROUGH THE LIFE-COURSE WHO REGIONAL OFFICE FOR EUROPE

# The Health Behaviour in School-aged Children (HBSC) study

- HBSC is WHO collaborative cross-national study
- Involving **400+** adolescent health experts based in **42** countries.
- For 30 years, every **4** years
- Students from **11, 13** and **15** year olds
- The findings from HBSC are used at both a national and international level to gain new insight into young people's health and well-being
- Inform policy and practice to improve young people's lives



# The Health Behaviour in School-aged Children (HBSC) study

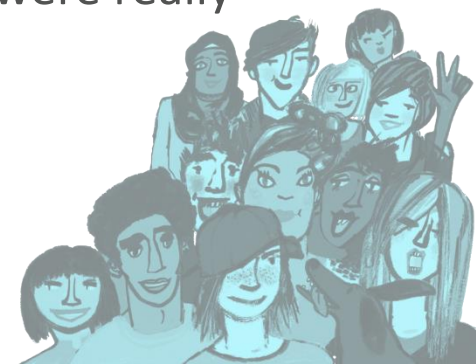
- The HBSC collects data on
  - Health
  - Well-being
  - Health behaviours
  - Social environments
- **219,810** students participated in the 2013/14 survey
- The survey was conducted in 42 countries.



# ALCOHOL USE IN ADOLESCENTS

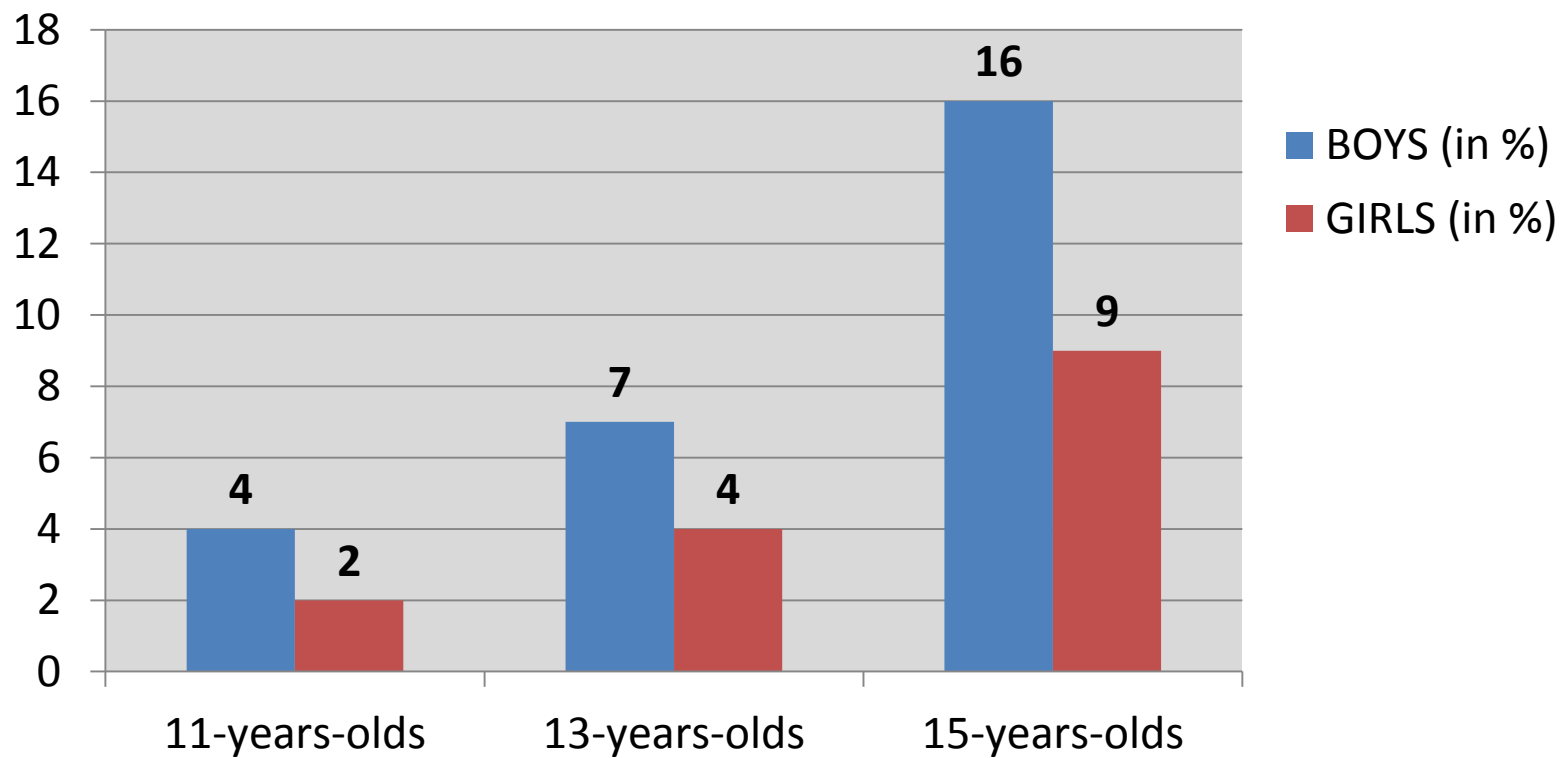
## Indicators on alcohol

- Weekly drinking
  - how often they drink any alcoholic beverages and what kind of alcohol they drink (ranged from never to every day)
- Drunkenness initiation
  - at what age they first got drunk
- Drunkenness
  - whether they had ever had so much alcohol that they were really drunk (ranged from never to more than 10 times)



## WEEKLY DRINKING (%)

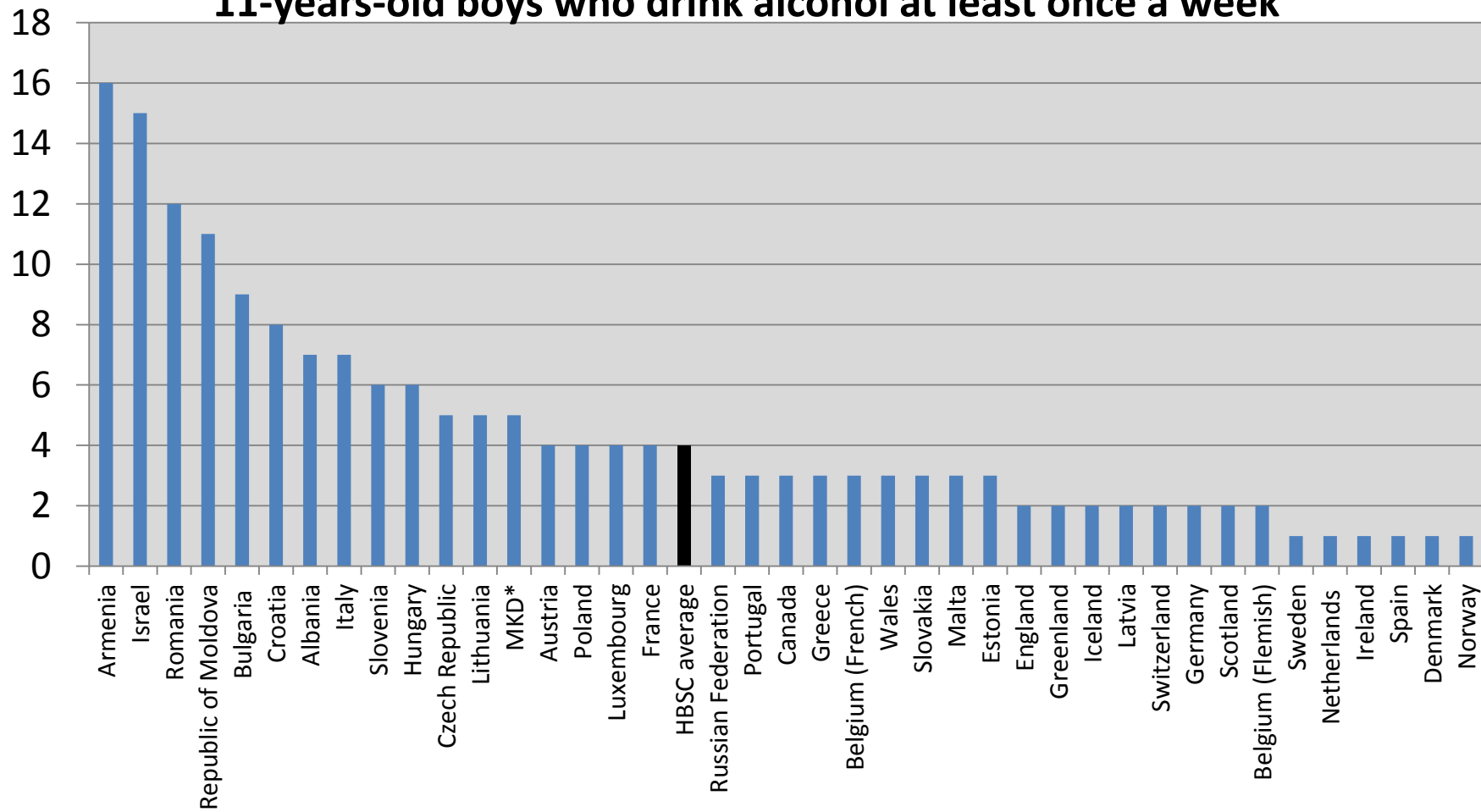
Adolescents who drink alcohol at least once a week\*



\*Average across all countries in the HBSC report

# WEEKLY DRINKING (BOYS)

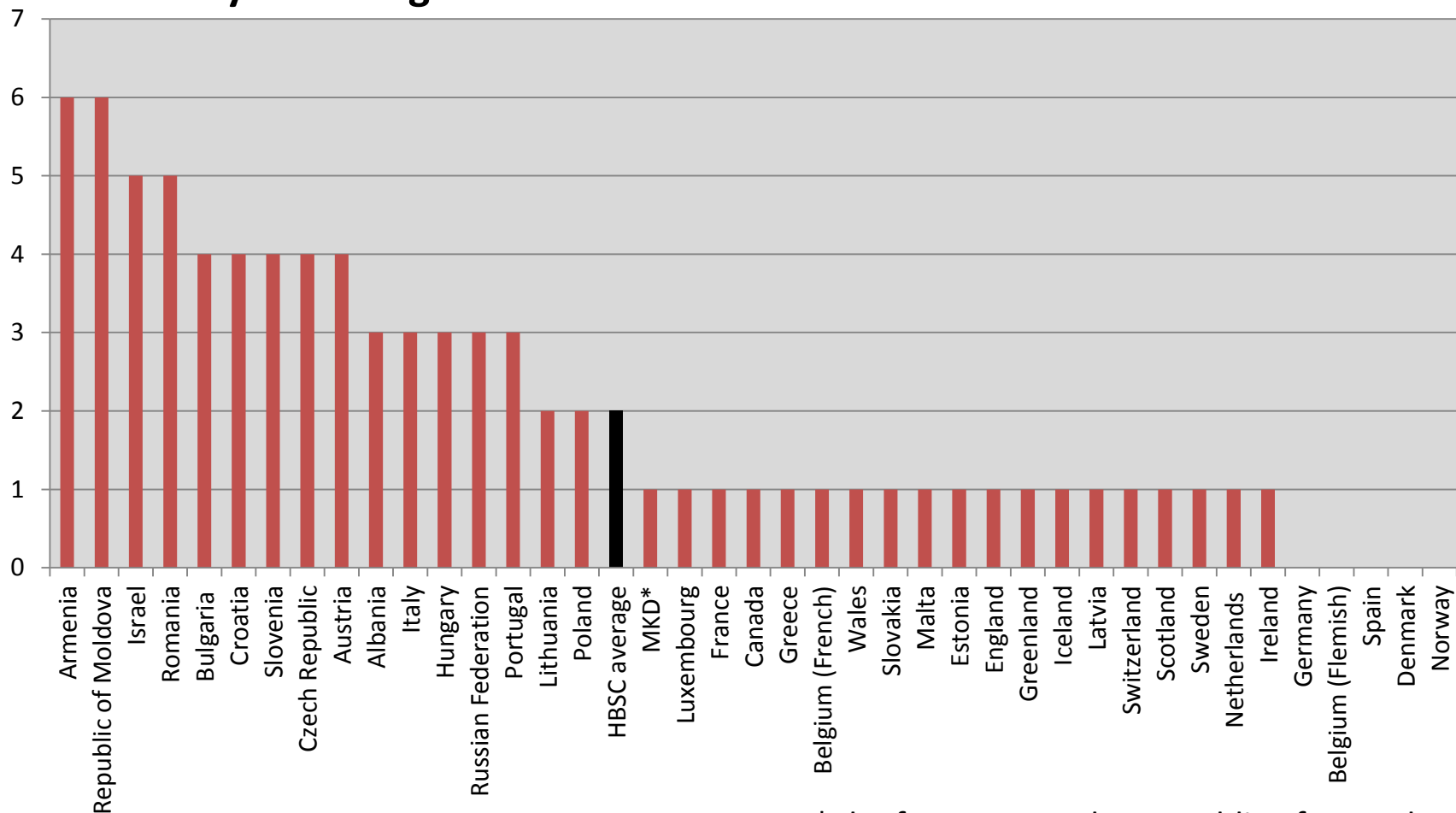
**11-years-old boys who drink alcohol at least once a week**



\*The former Yugoslav Republic of Macedonia

# WEEKLY DRINKING (GIRLS)

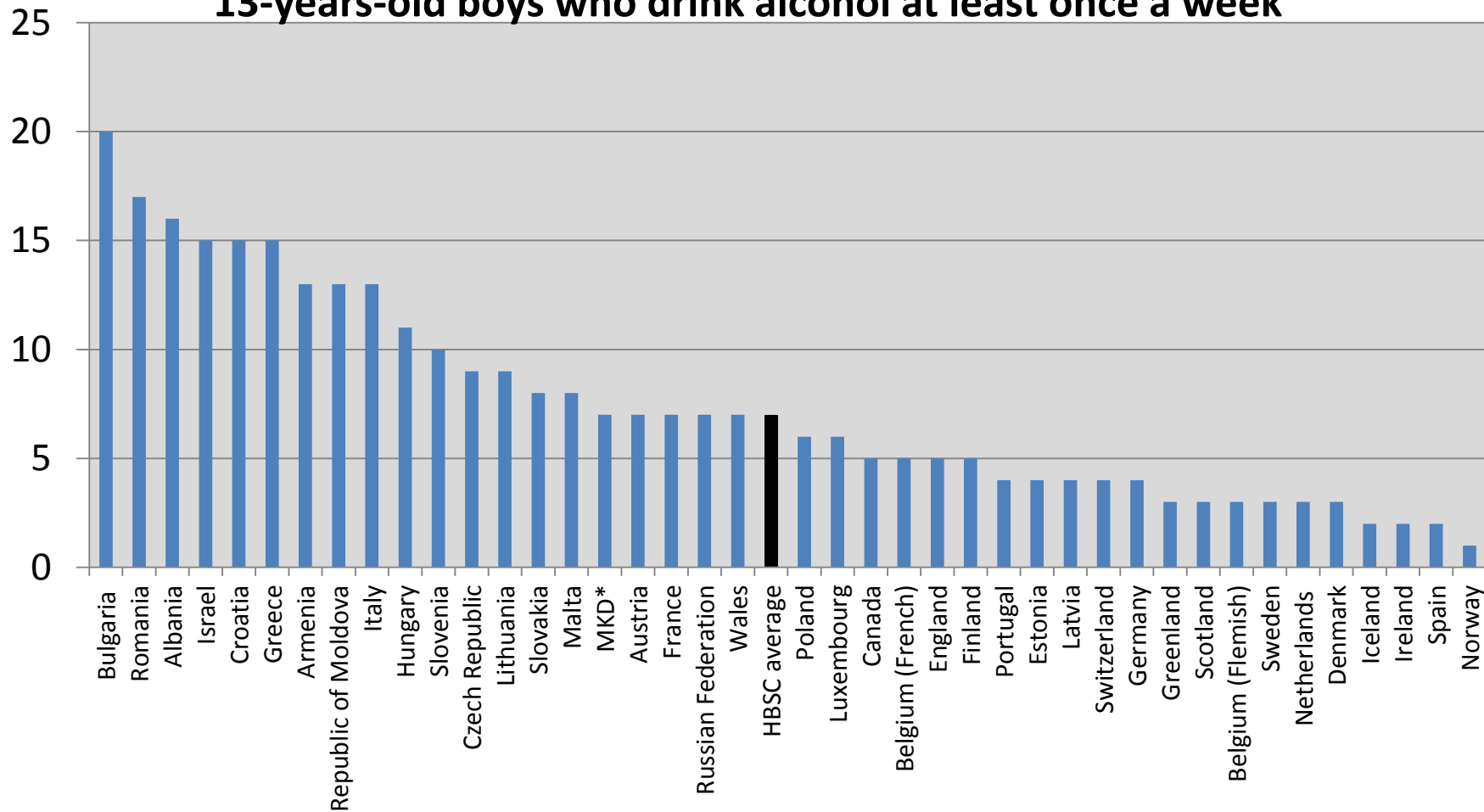
## 11-years-old girls who drink alcohol at least once a week



\*The former Yugoslav Republic of Macedonia

# WEEKLY DRINKING (BOYS)

**13-years-old boys who drink alcohol at least once a week**

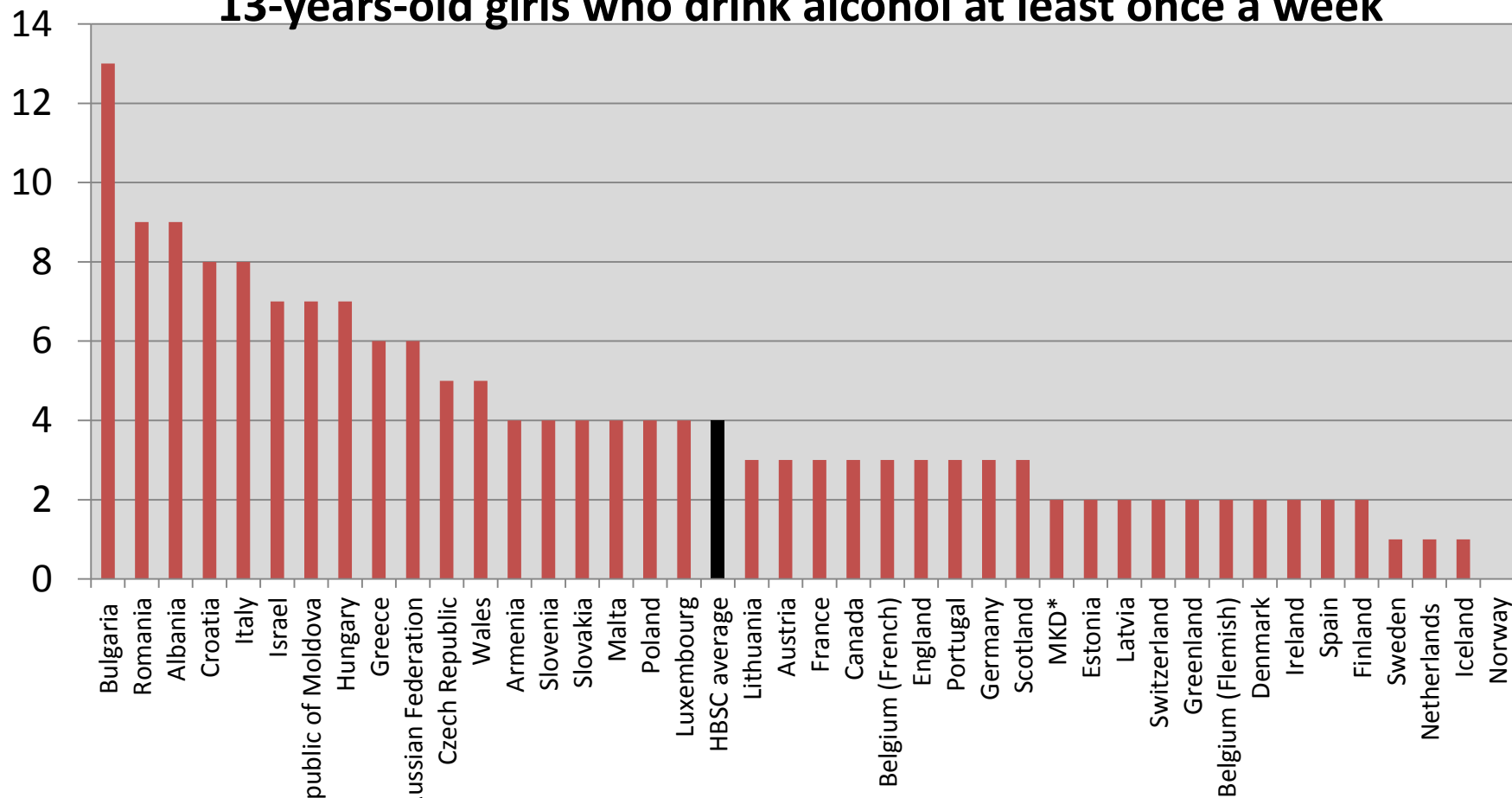


\*The former Yugoslav Republic of Macedonia



# WEEKLY DRINKING

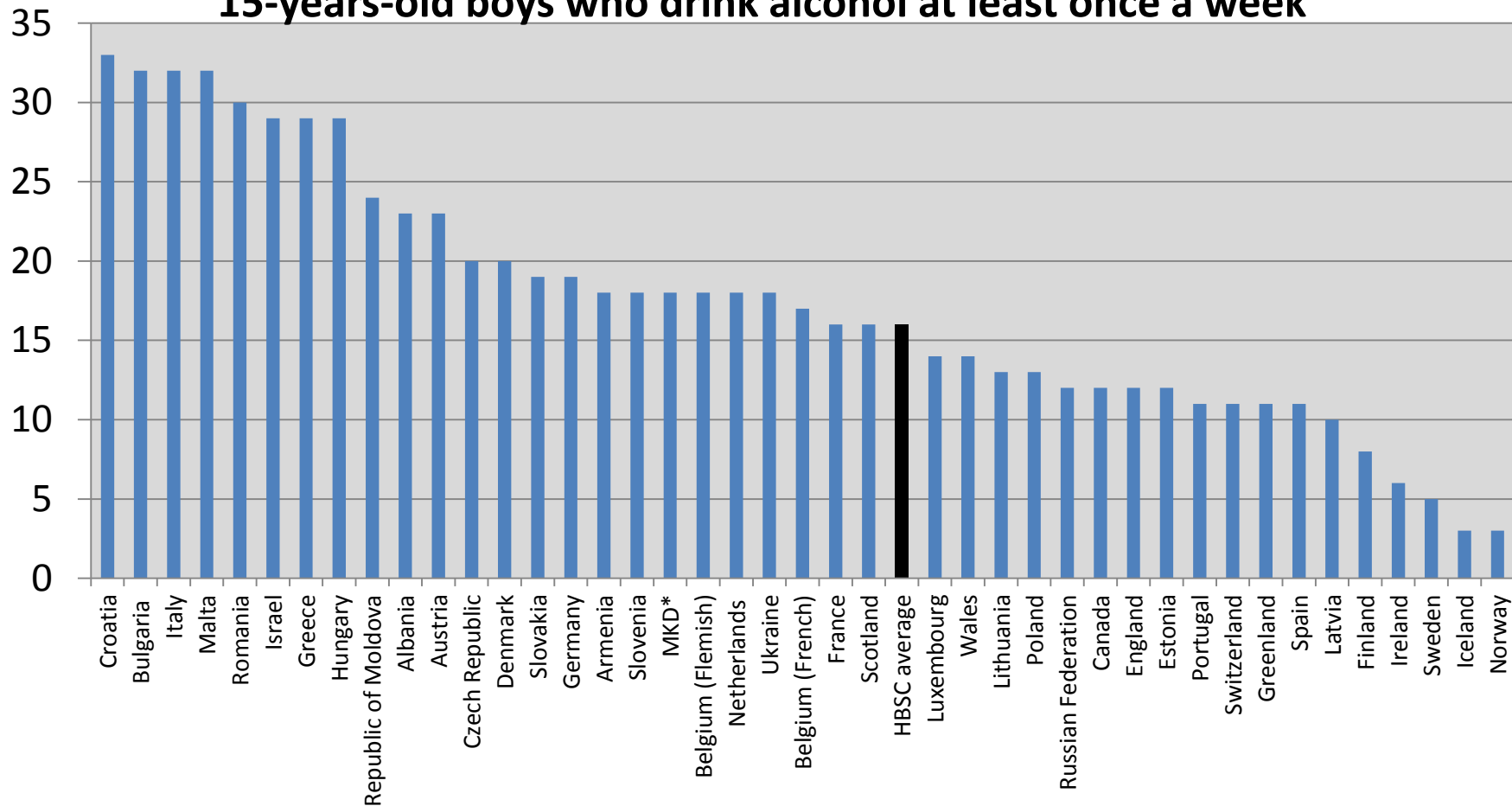
## 13-years-old girls who drink alcohol at least once a week



\*The former Yugoslav Republic of Macedonia

# WEEKLY DRINKING

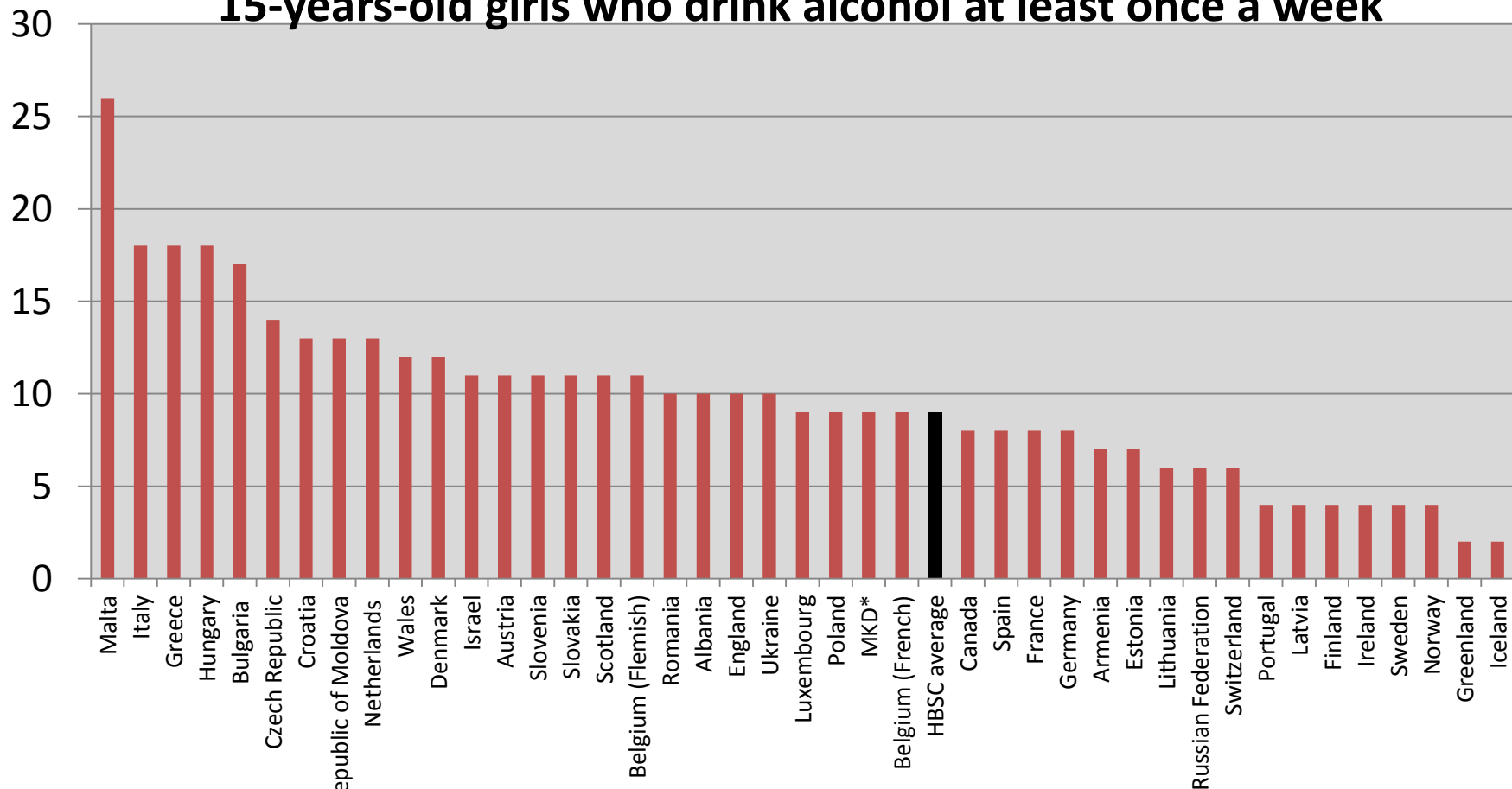
15-years-old boys who drink alcohol at least once a week



\*The former Yugoslav Republic of Macedonia

# WEEKLY DRINKING

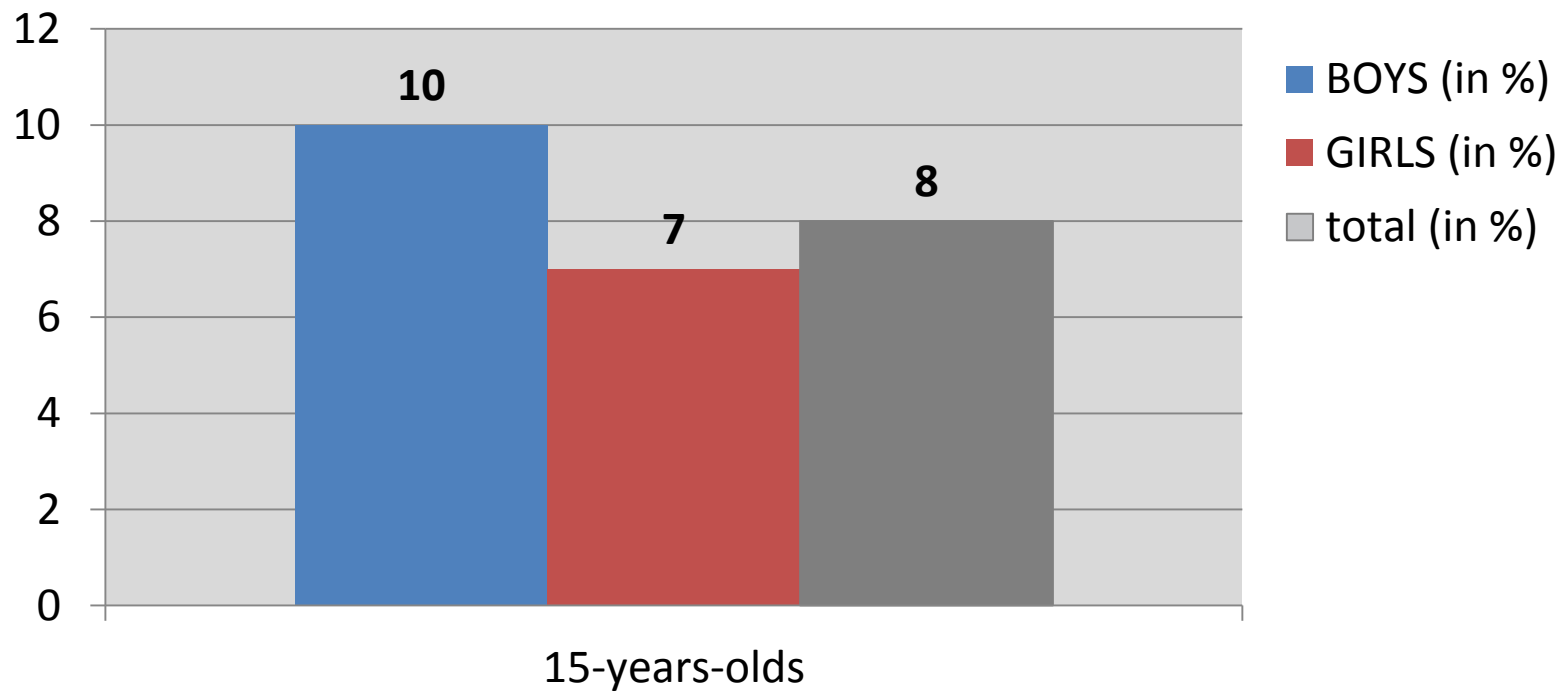
## 15-years-old girls who drink alcohol at least once a week



\*The former Yugoslav Republic of Macedonia

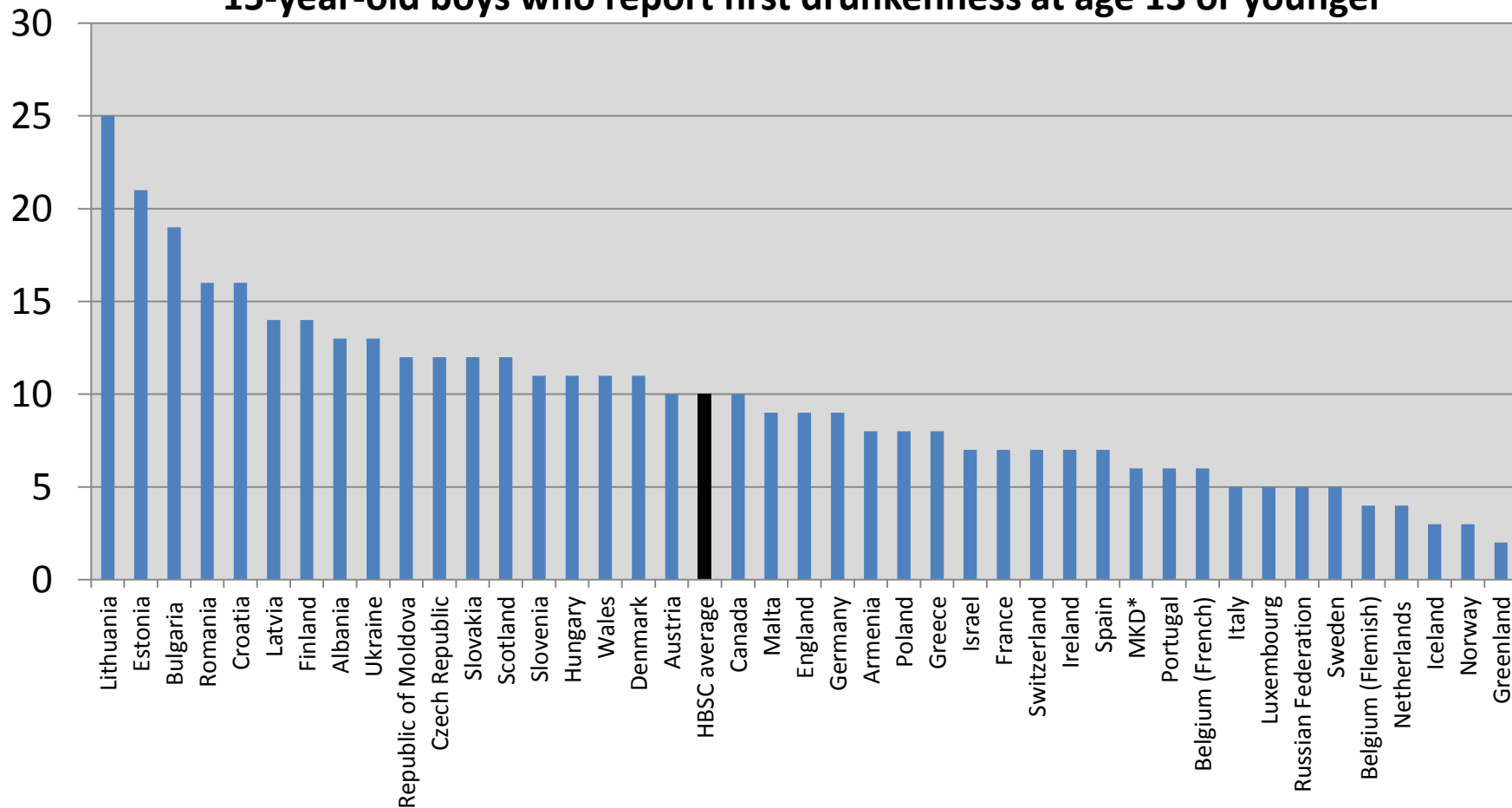
# DRUNKENNESS INITIATION

**15-year-olds who report first drunkenness at age 13 or younger**



# DRUNKENNESS INITIATION

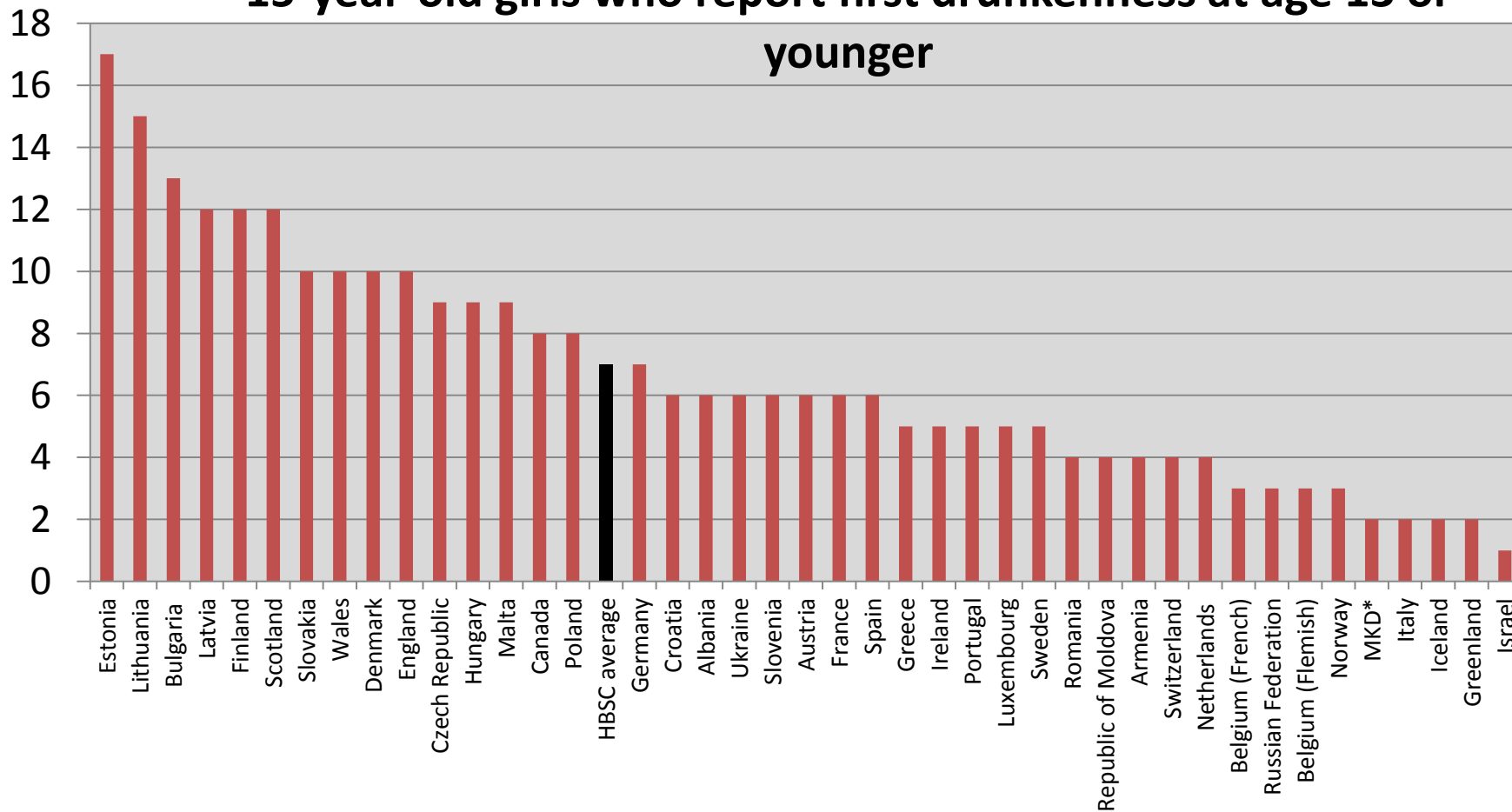
15-year-old boys who report first drunkenness at age 13 or younger



\*The former Yugoslav Republic of Macedonia

# DRUNKENNESS INITIATION

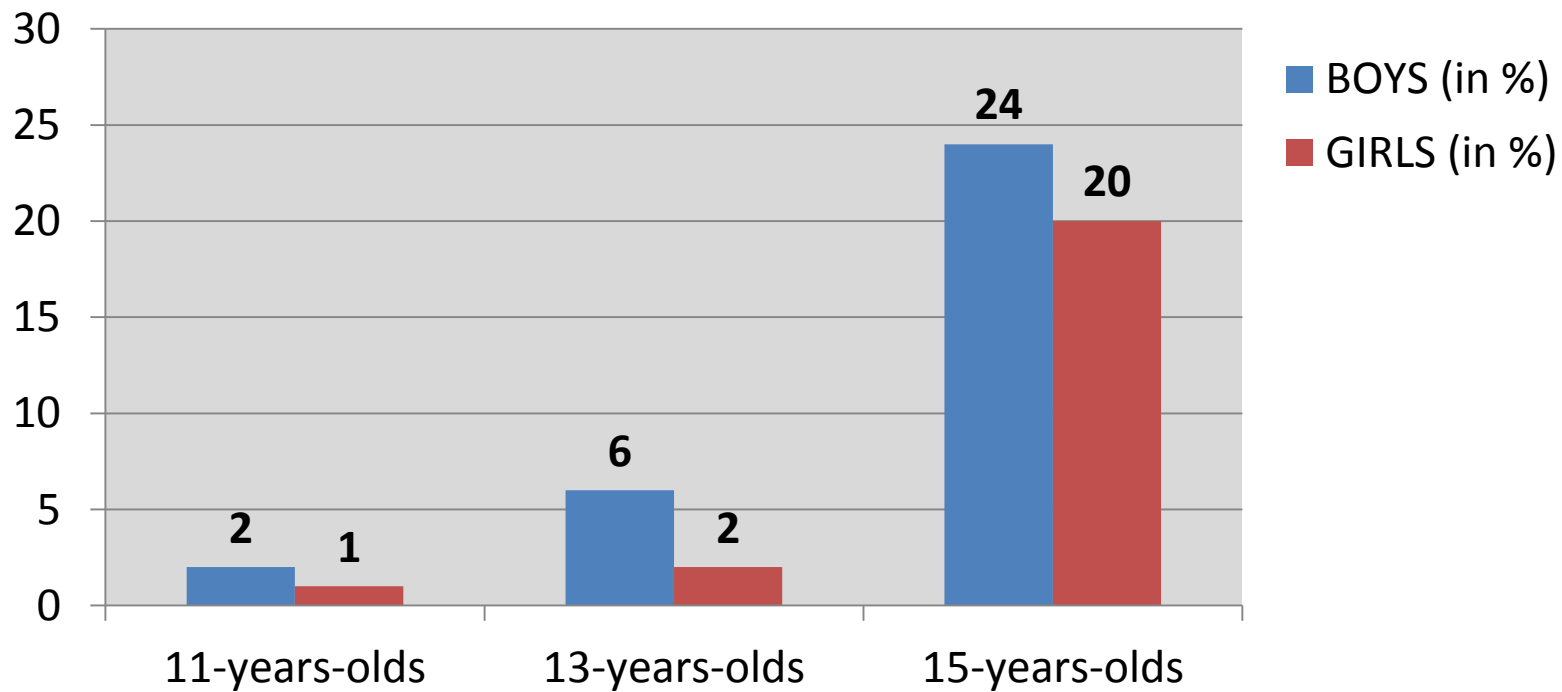
15-year-old girls who report first drunkenness at age 13 or younger



\*The former Yugoslav Republic of Macedonia

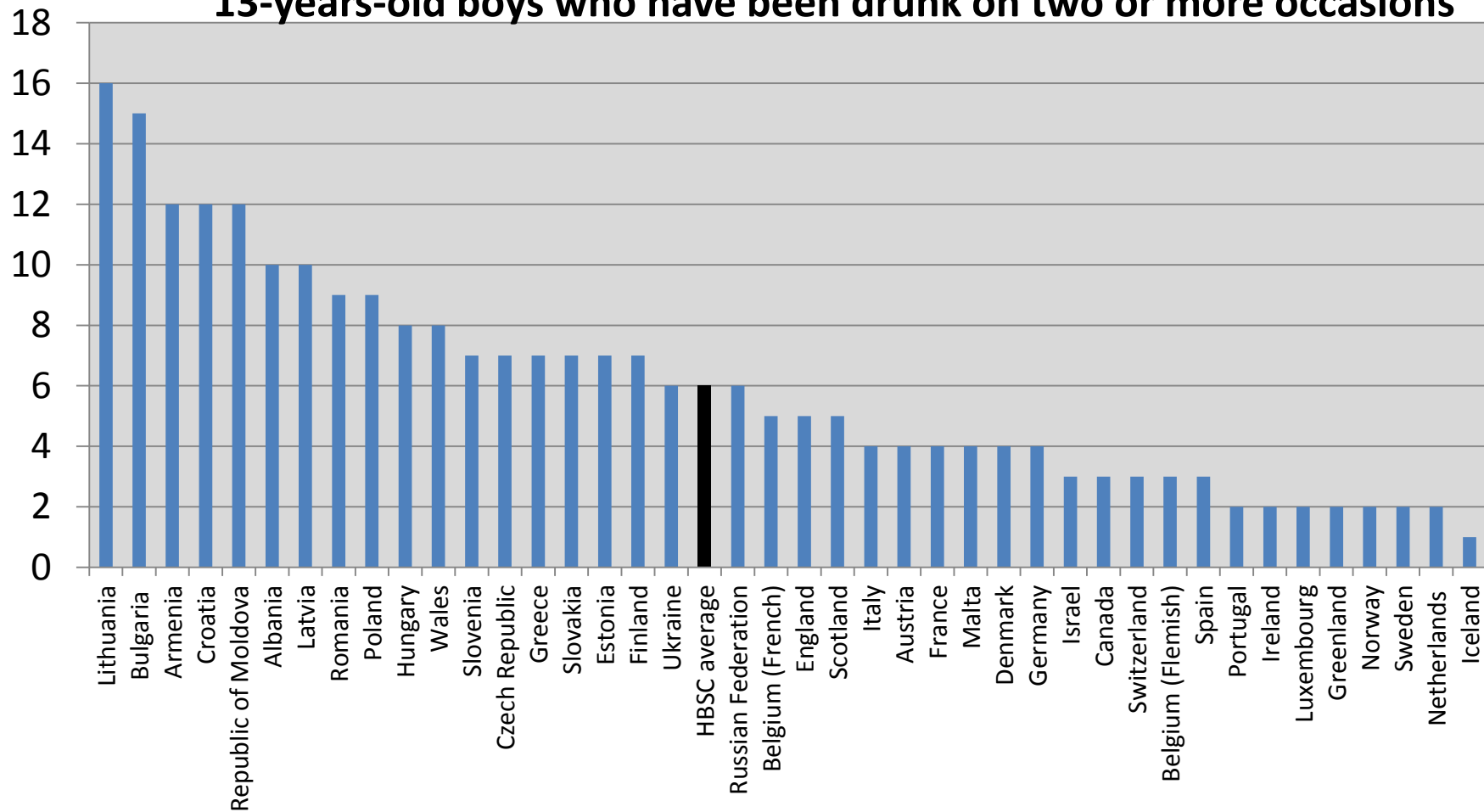
# DRUNKENNESS

## Adolescents who have been drunk on two or more occasions



# DRUNKENNESS

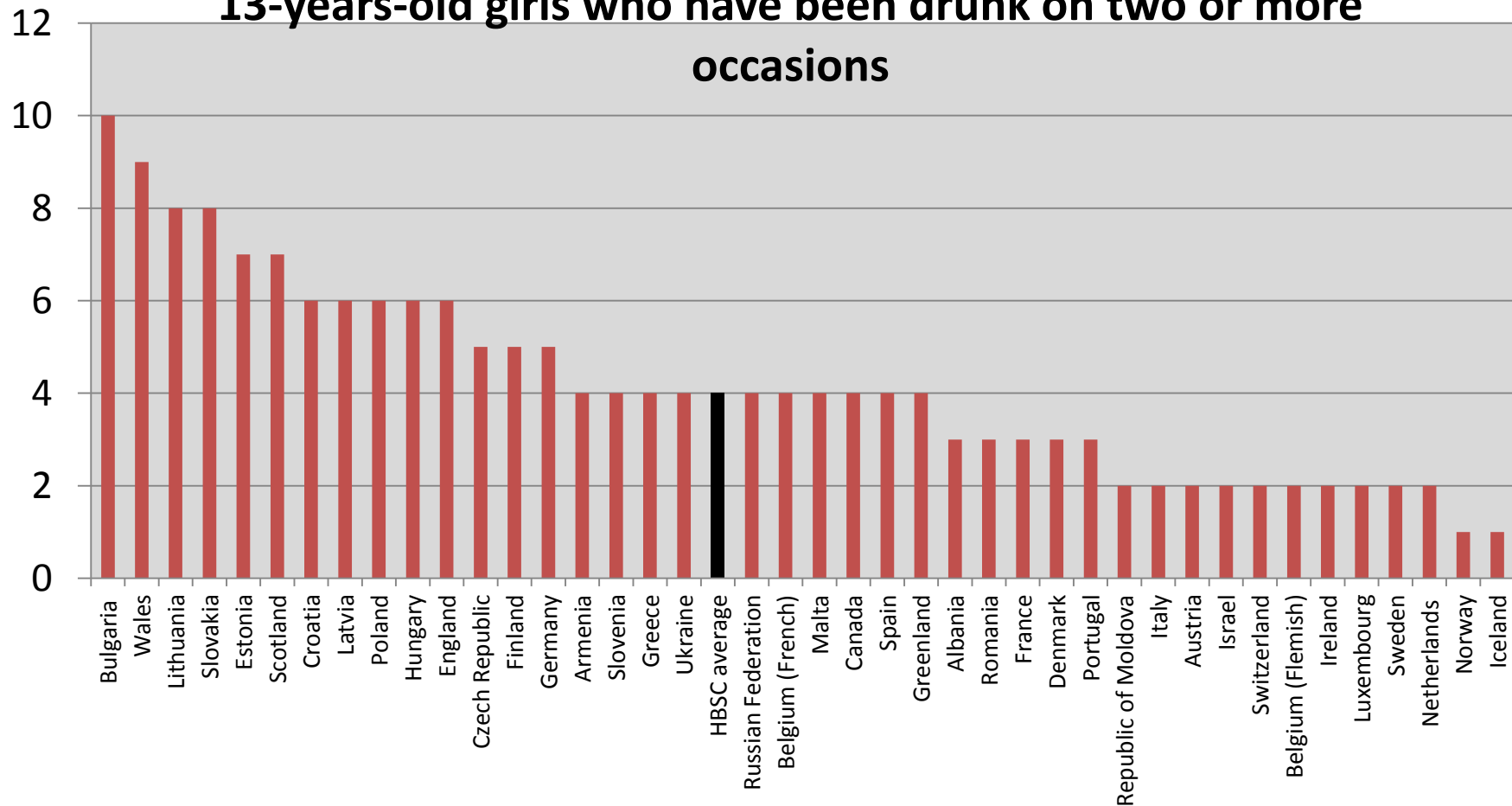
## 13-years-old boys who have been drunk on two or more occasions





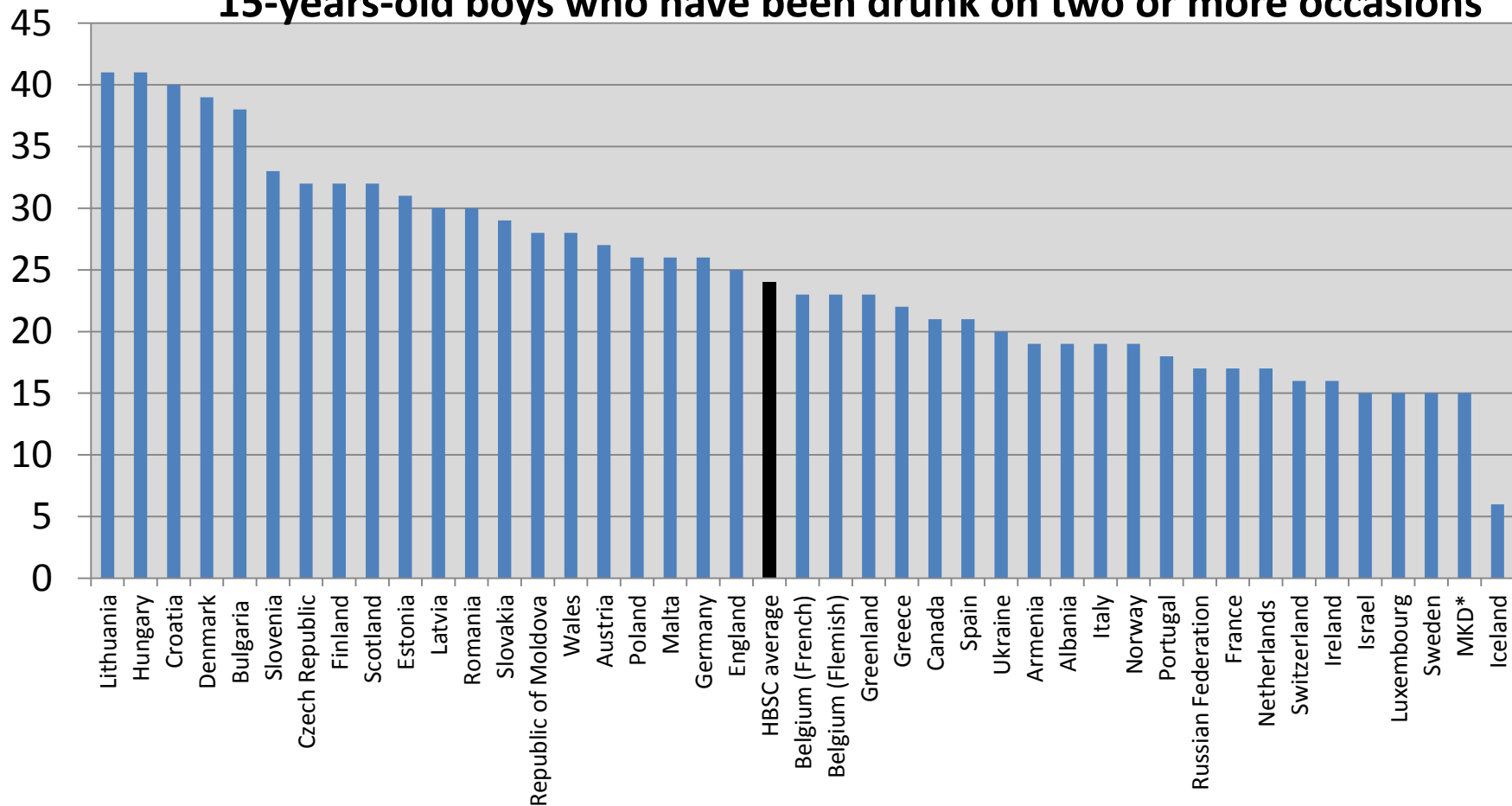
# DRUNKENNESS

**13-years-old girls who have been drunk on two or more occasions**



# DRUNKENNESS

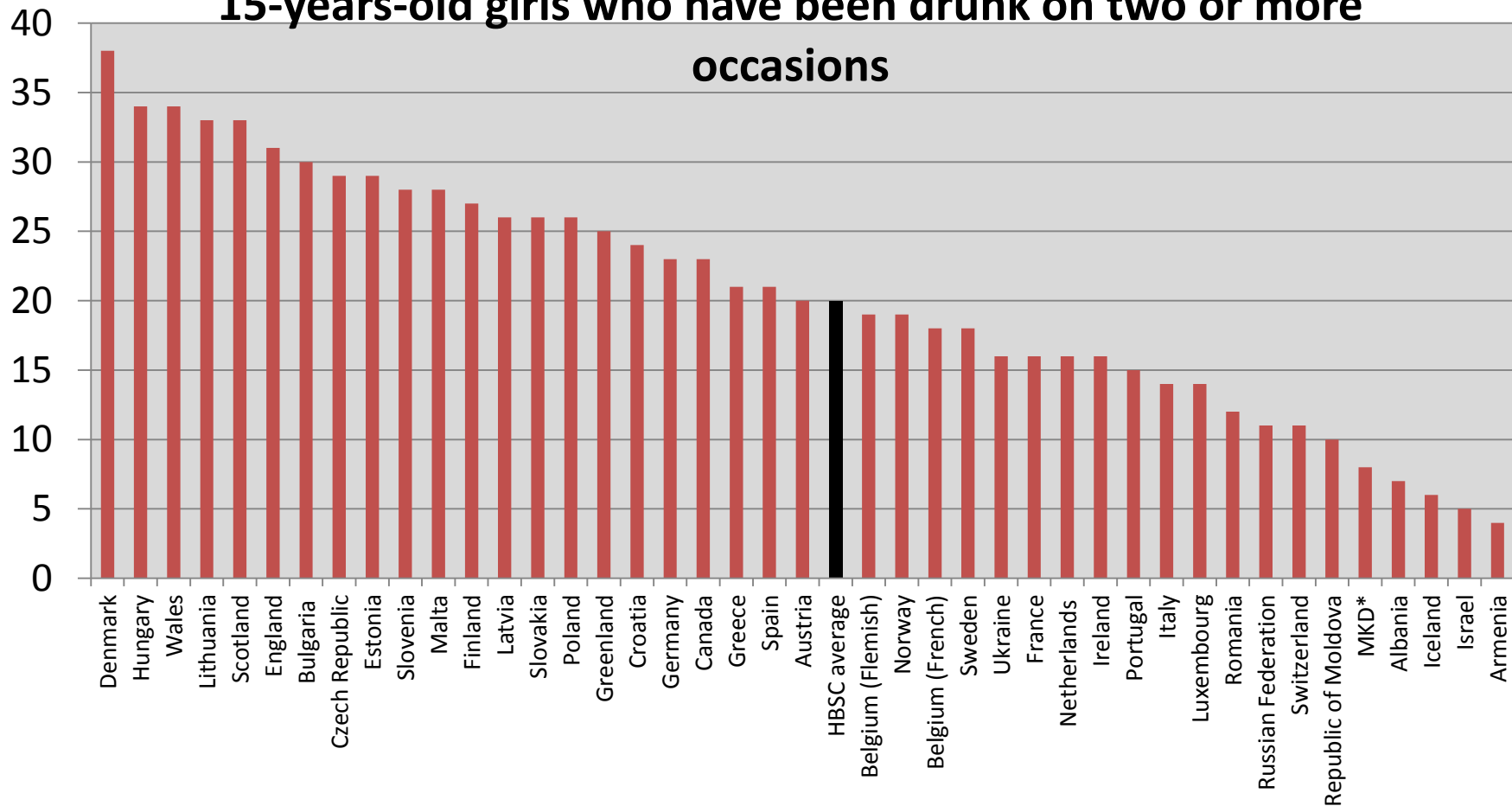
**15-years-old boys who have been drunk on two or more occasions**



\*The former Yugoslav Republic of Macedonia

# DRUNKENNESS

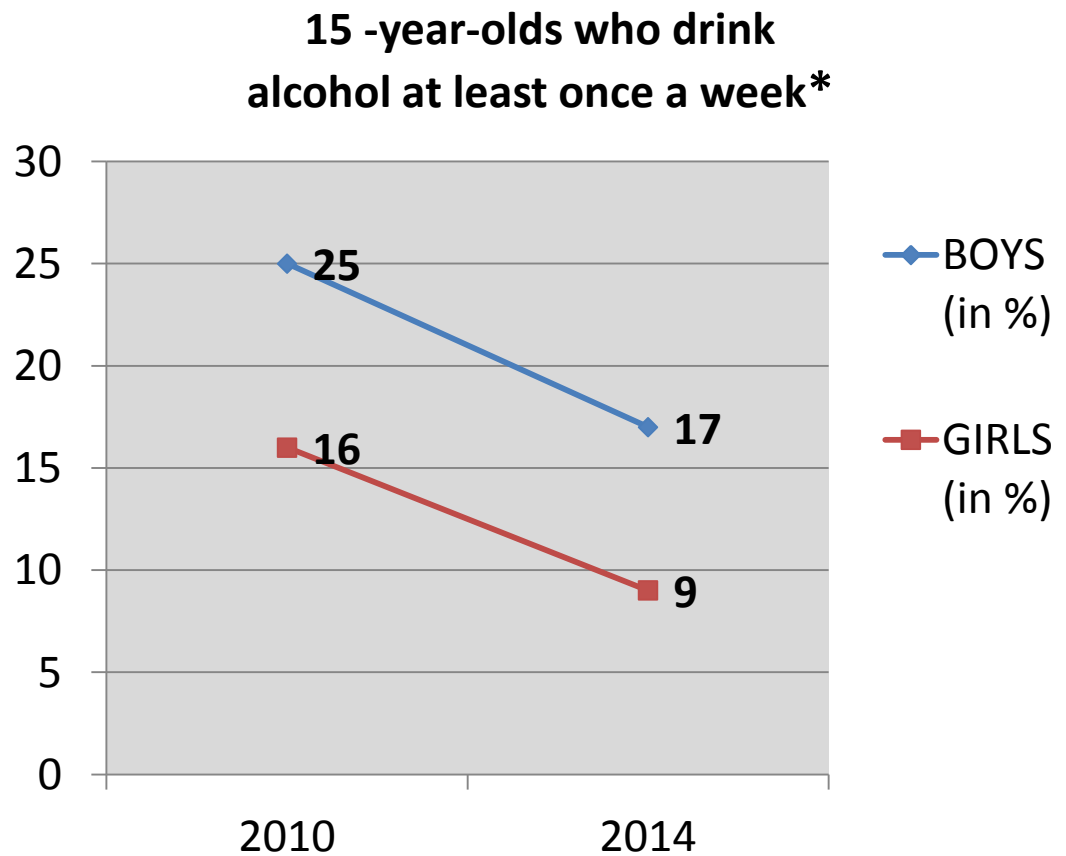
**15-years-old girls who have been drunk on two or more occasions**



\*The former Yugoslav Republic of Macedonia

## DIFFERENCE FROM THE PREVIOUS HBSC SURVEY

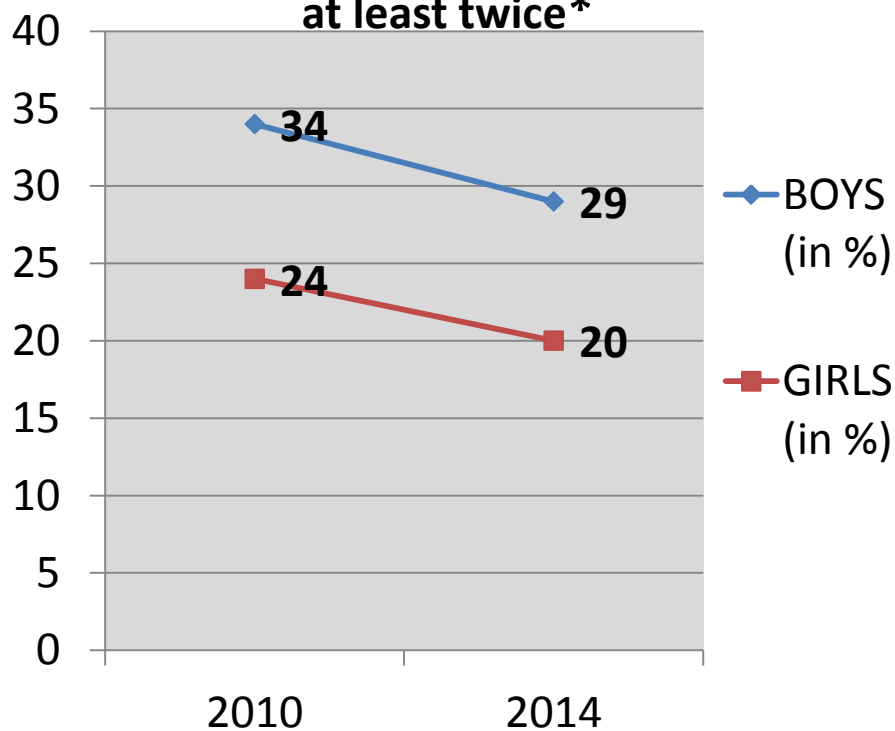
- In comparison to the previous HBSC survey in 2009/2010, alcohol use has decreased among all age groups
- There is some indication that the size of the gender gap has reduced, with rates in boys decreasing slightly more than among girls



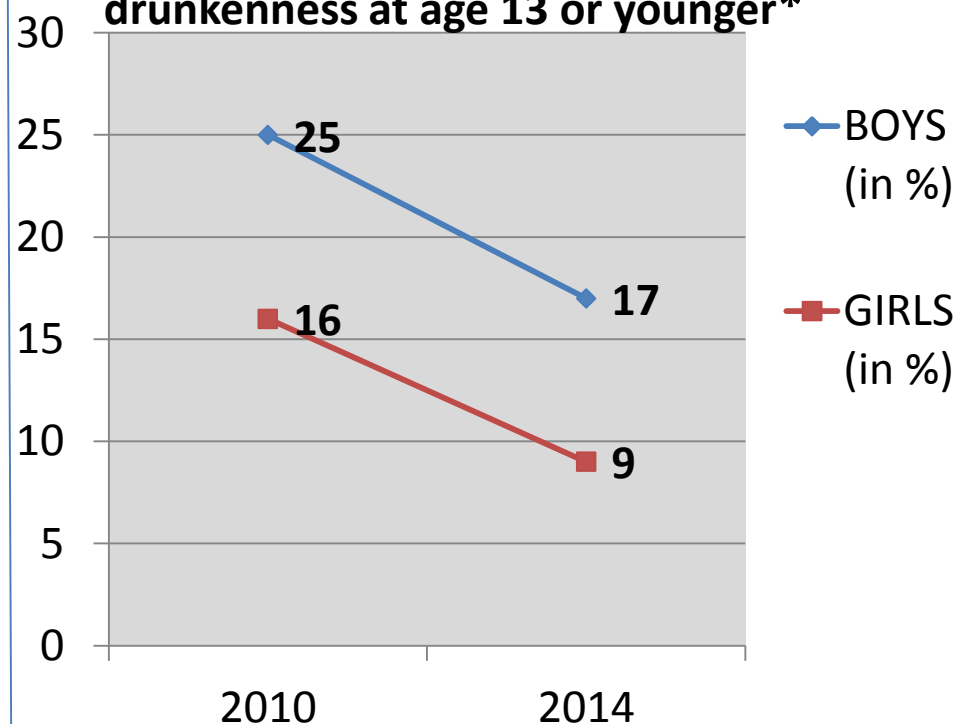
\*Average across all countries in the HBSC report

## DIFFERENCE FROM THE PREVIOUS HBSC SURVEY

**15-year-olds who have been drunk at least twice\***



**15-year-olds who report first drunkenness at age 13 or younger\***



\*Average across all countries in the HBSC report

**Implementation of the EC/WHO  
project: Monitoring of national  
policies related to alcohol  
consumption and harm**

# Online information system for alcohol policy timelines

An alcohol policy timeline database will be developed, hosted at the Global Health Observatory, which includes summaries of major milestones by year reached in EU MS in the development of policy/action to reduce alcohol-related harm.

Information collected during previous project period and updated during early 2016

# Report on alcohol-attributable deaths in the EU

The report will include profiles for EU MS with trends in alcohol-attributable mortality based on data from EUSAH and the health for all database. Calculations will be made for specific disease groups and will include averages for the EU.



# Screening and brief intervention train-the-trainer toolkit

A train-the-trainer toolkit will be created to strengthen the capacity of EU MS to implement a training programme on screening and brief intervention for harmful use of alcohol.

# Report on FASD

A report on the prevention of FASD will be produced, which includes a literature review and good practice examples in EU and WHO European Region MS.

# Report on the evaluation of the CNAPA action plan

A report on the evaluation of the CNAPA action plan will be published based on survey data collected from project focal points.

# Future network meetings

22-24 November 2016. European conference on alcohol policy and Regional Consultation

# *Thank you!*

*Contact details:*

[mollerl@who.int](mailto:mollerl@who.int)

[seiferti@who.int](mailto:seiferti@who.int)

*Website:* [euro.who.int/alcohol](http://euro.who.int/alcohol)

*Websites Global/European information system on alcohol and health:*

[who.int/gho/gisah](http://who.int/gho/gisah)

[who.int/gho/eisah](http://who.int/gho/eisah)

[who.int/gho/eusah](http://who.int/gho/eusah)

<http://who.int/gho/rsudeuro> (ATLAS data)