

PROMOTING MENTAL HEALTH AND WELL-BEING IN WORKPLACES

Thematic Conference under the European Pact for Mental Health and Well-being

organised by the European Commission and the German Federal Ministry of Health in cooperation with the German Federal Ministry of Labour and Social Affairs with the support of the Hungarian EU-Presidency and supported by the BKK Federal Association

Berlin, 3rd - 4th March 2011 bcc BERLINER CONGRESS CENTER

Programme











3rd MARCH

11:30 **REGISTRATION**

12:00 WELCOME REFRESHMENTS

12:45 – 13:45 PLENARY SESSION 1 (headphones available for German and English translation)

OPENING SESSION

Stefan Kapferer

Secretary of State, Federal Ministry of Health of Germany

Miklos Szocska

Secretary of State, Hungarian Presidency of the Council of the European Union

Andrzej Rys

Director, Public Health and Risk Assessment, Directorate-General for Health

and Consumers (DG SANCO), European Commission

13:45 – 14:45 PLENARY SESSION 2 (headphones available for German and English translation)

PANEL DEBATE

"Improving the mental health and well-being of the population – the role of workplaces"

MODERATOR

Lennart Levi

Emeritus Professor of Psychosocial Medicine, Karolinska Institute, Sweden

SPEAKERS

Hans-Peter Unger

Head physician, Asklepios Clinic, Hamburg-Harburg, Germany

The impact of the workplace on people's mental health and well-being

Dieter Zapf

Chair of the Work and Organizational Psychology Division,

University of Frankfurt, European Federation of Psychologists' Associations (EFPA)

Possibilities for mental health promotion and prevention of mental disorders

Helmut Brand

Professor of European Public Health, Maastricht University, The Netherlands

Why health promotion and disease prevention are essential for improving population mental health and for the sustainability of health systems

Martin Knapp

Professor of Social Policy, London School of Economics (LSE), United Kingdom

The case for public health and for workplace performance

Alain Sommer

Corporate Health Coordinator, ArcelorMittal

The role of well-being for business in the 21st century

14: 45 –15:15 COFFEE BREAK + POSTER SESSION

"CASE FOR ACTION: WORKPLACE EXPERIENCES" GOOD PRACTICES IN ENTERPRISES AND AMONG PUBLIC EMPLOYERS

SESSION 1

The case for investing in mental well-being – from a public health and company perspective

CHAIR

David McDaid

Senior Research Fellow, London School of Economics (LSE), United Kingdom

SPEAKERS

Alexander Roediger

Director European Union Affairs, Merck Sharp & Dohme (MSD), CSR Europe

Albert Mariné Torrent

Occupational Risk Prevention Services, Corporació Sanitària Parc Taulí, Spain

Elena Pauncu

Head consultant in occupational health AQUATIM SA, Romania

SESSION 2

Building the mentally healthy work place

CHAIR

Jaques van der Vliet

Occupational physician, Standing Committee of European Doctors (CPME)

SPEAKERS

Christoph Oberlinner

Vice President, BASF-The Chemical Company, Germany Ivana Nekulova

Human Resources and Organisation Manager, F. X. Meiller Slaný Ltd, Czech Republic

István Miniska

Medical Adviser, MOL Group, Hungary

SESSION 3

Supporting employees with mental health problems

CHAIR

Rainer Richter

Chairman of the Chamber of German Psychotherapists (BPtK)

SPEAKERS

Marcel Reijmerink

Health Management Advisor, Agis Health Insurance,

The Netherlands

Paul Litchfield

Chief Medical Officer, BT Group, United Kingdom

Stelios Papadopoulos

Senior Medical Adviser, Elais-Unilever Hellas, Greece

SESSION 4

Risk assessment, performance measurement, communication of activities

CHAIR

Matt Fisher

Chief Operating Officer, European Foundation for Quality Management (EFQM)

SPEAKERS

Andreas Tautz

Chief Medical Officer, Deutsche Post DHL, Germany Françoise Papacatzis

Manager, Prevention of psychosocial risks, DuPont de Nemours SAS, France

Koen Van Gestel

Head of Prevention and Environmental Dept.,

Procter & Gamble, Belgium

Peter Nijs

Regional Head of Medical & Occupational Health Unilever Western Europe

SESSION 5

SMEs

CHAIR

Jesús Alvarez Hidalgo

Principal Administrator, Unit "Health, Safety and Hygiene at Work", DG Employment, Social Affairs and Inclusion, European Commission

SPEAKERS

Anneliese Degen

Managing Director, DEAKON Degen GmbH, Austria **Eva Pintari**č

Head of Medical Services, Radenci Spa, Slovenia Sabine Wiederkehr, HR Project Manager, ALSTOM Ltd / Field Service & Nina Hottinger, Director, consultant, nhconsulting, Switzerland

SESSION 6

Public sector

CHAIR

Mirella Ruggeri

Chairperson of the European Network for Mental Health Service Evaluation (ENMESH)

SPEAKERS

Preben Meier Pedersen

Chief Consultant, Danish Local Government

Kirsten Lindberg

Prevention consultant, Fredericia Municipality, Denmark

Maria Hallman-Keiskoski

Director of Nursing, Health Promotion, Central Finland Health Care District, Finland

Pol Gerits

Advisor of the Director General, Governmental Expert in Mental Health, Federal Public Service Health, Food Chain Safety and Environment, Belgium

PANEL DISCUSSION

"The role of policies and social security systems in providing support for enterprises"

CHAIR

Tamas Kurimay

President of the Hungarian Psychiatric Association,

Representative of the Ministry of National Resources of Hungary

DISCUSSANTS

Karin Knufmann-Happe

Director General, "Health Protection, Disease Control and Biomedicine",

Federal Ministry of Health, Germany

Heinz Kaltenbach

Managing Director, Federal Association of Company Health Insurance Funds (BKK), Germany

Samo Fakin

General Director, Health Insurance Institute of Slovenia

Nadja Cobal

Secretary of the Governmental Council for Mental Health,

Ministry of Health of the Republic of Slovenia

Mireille Fontaine

Medical Advisor, Health Department, Ministry of Labour, Employment and Health, France

Marianne Richard - Molard

Director of Labour, Ministry of Labour, Employment and Health, France

Philippe Bielec

National Health Insurance Fund for Salaried Workers (CNAMTS), France

DISCUSSION

20:00 - 23.00

RECEPTION Bertelsmann, Unter den Linden 1

4th MARCH

9:00 -10:00

PLENARY SESSION 4 (headphones available for German and English translation)

OPENING SESSION

"The world of work in a state of change – opportunities and challenges for mental health

SPEAKERS

Andreas Storm

Secretary of State, Federal Ministry of Labour and Social Affairs, Germany

Dame Carol Black

National Director for Health and Work, Co-President of the Fit for Work Europe Coalition, United Kingdom

Eva Jané-Llopis / Paul Litchfield

Head of Chronic Disease and Wellness programme / Chief Medical Officer, BT Group

World Economic Forum Wellness Alliance

Mathijs Muijen

Regional Advisor, World Health Organization Regional Office for Europe (WHO/Europe)

DISSEMINATING GOOD PRACTICES AND PROVIDING SUPPORT

SESSION 7

FOCUS

Governmental Initiatives

CHAIR

Ray Xerri

Governmental Representative, Ministry of Health, Malta

SPEAKERS

Andreas Horst

Federal Ministry for Work and Social Affairs, Germany *Marianna Virtanen*

Project lead, MASTO Project, Finland

Jose Luis Lopez Hernández

General Director of Management and Evaluation of Regional Ministry of Health and Social Welfare, Spain

SESSION 8

FOCUS

Social partners

CHAIR

Robert Anderson

Head of Unit "Living Conditions and Quality of Life", European Foundation for the Improvement of Living and Working Conditions

SPEAKERS

Norbert Breutmann, Head, Work Science Department, Confederation of German Employers' Associations (BDA), Germany & Hanns Pauli, Head of Occupational Safety and Health Unit, Confederation of German Trade Unions (DGB), Germany

Laurent Zylberberg, International Employee Relations
Director, Orange - France Telecom Group, Chairman of the
European Telecommunications Network Operators (ETNO)
Employment, Health and Safety Working Group &
Catherine Varriot, European trade union federation UNI
Europa, French Democratic Confederation of Labour (CFDT)
Susan Flocken

Policy Coordinator, European Trade Union Committee for Education (ETUCE) Teachers' Health and Safety

SESSION 9

FOCUS

Civil society

CHAIR

Stijn Jannes

Senior Policy Advisor, Mental Health Europe (MHE)

SPEAKERS

Wolfgang Gaebel

Chairman, German Alliance for Mental Health

Peter Beresford, Director, Centre for Citizen Participation, Brunel University & **Anne-Laure Donskoy**, User researcher, representative of ENUSP (European Network of (ex)Users and Survivors of Psychiatry)

Grieke Forceville

Director, Flemish Centre for Suicide Prevention (CPZ)/ Member of taskforce Suicide in the Workspace, International Association for Suicide Prevention (IASP)

SESSION 10

FOCUS

Social Security

CHAIR

Robert Grove

Joint Chief Executive, Sainsbury Centre for Mental Health, United Kingdom

SPEAKERS

Christian Pangert

Safety & Health Department, German Statutory Accident Insurance (DGUV), Germany

Elfriede Kiesewetter, Austrian Network WHP,

Upper Austrian Health Insurance (OÖGKK) & *Klaus Ropin*, Health Specialist, Gesundheit Österreich GmbH/Fonds Gesundes Österreich, Austria

Steve Bell, Director, Scottish Centre for Healthy Working Lives - NHS Scotland & Marjorie Sloan, Head of Corporate Affairs, Raploch Urban Regeneration Company Limited, United Kingdom

SESSION 11

FOCUS

European and International Initiatives

CHAIR

Harvey Brenner

Professor of Epidemiology, Technical University of Berlin, Institute for Health Sciences, Germany

SPEAKERS

Agnes Parent-Thirion

Head of Working Conditions Unit, European Foundation for the Improvement of Living and Working Conditions Malgorzata Milczarek

Prevention and Research Unit, European Agency for Safety and Health at Work

Shruti Singh

Employment Analysis and Policy Division, Organisation for Economic Co-operation and Development (OECD)

Valentina Forastieri

Coordinator, Health Promotion Cluster, International Programme on Safety and Health at Work and the Environment (SafeWork), International Labour Organisation (ILO)

11:45 – 12:15 COFFEE BREAK + POSTER SESSION

12:15 – 13:15 PLENARY SESSION 5 (headphones available for German and English translation)

ROUND TABLE

"The way forward - taking action for mental health and well-being at work"

CHAIR

Dame Carol Black

National Director for Health and Work, Co-President of the Fit for Work Europe Coalition, United Kingdom

DISCUSSANTS

Karin Knufmann-Happe

Director General, "Health Protection, Disease Control and Biomedicine"

Federal Ministry of Health, Germany

Rainer Schlegel

Director General of Labour Law, Occupational Health and Safety,

Federal Ministry of Labour and Social Affairs, Germany

Jürgen Scheftlein

Policy Officer, Unit "Health Determinants", Directorate General Health and Consumers,

European Commission

Kris de Meester

Director of Health and Safety Affairs, BusinessEurope

Fabienne Scandella

Researcher, Health and Safety Department, European Trade Union Institute (ETUI)

Konstanty Radziwill

President, Standing Committee of European Doctors (CPME)

Dolores Gauci

President, Gamian Europe (Global Alliance of Mental Illness Advocacy Networks)

Wolfgang Panter

Chairman, German Association of Occupational Physicians (VDBW)

"CLOSURE OF THE CONFERENCE"

Closing statement by Andrzej Rys

Director "Public Health and Risk Assessment",

Directorate General for Health and Consumers, European Commission

13:15 – 13:45 PLENARY SESSION 6 (headphones available for German and English translation)

BEYOND THE CONFERENCE

Review of the thematic conferences under the European Pact for Mental Health and Well-being

FACILITATOR

John Bowis

Former MEP

Michael Hübel

Head of Unit "Health Determinants", Directorate General Health and Consumers, European Commission

DISCUSSION

13:45 **LUNCH**



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