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THE RULES GOVERNING MEDICINAL PRODUCTS IN THE EUROPEAN UNION VOLUME 10 - GUIDANCE DOCUMENTS APPLYING TO CLINICAL TRIALS

QUESTIONS & ANSWERS

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Important notice: The views expressed in this questions and answers document are not legally binding. Ultimately, only the European Court of Justice can give an authoritative interpretation of Community law.

All updates to this questions and answers document are presented and discussed in the "*Ad hoc* group for the development of implementing guidelines for the 'Clinical Trials Directive' 2001/20/EC". This group is chaired by the Commission and is composed of representatives of all EU Member States and EEA contracting parties.

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1. THE SCOPE OF CLINICAL TRIALS REGULATION IN THE EU

1.1. Question 1: What is a "clinical trial"?

- 1. <u>Answer:</u> A "clinical trial" is defined in Article 2 of Directive 2001/20/EC.¹ The decision tree in <u>Annex 1</u> can be used to identify whether a trial is a clinical trial in the sense of that Directive.
 - **1.2.** Question 2: The provisions of the Directive 2001/20/EC will not be implemented in some Member States on the 1st of May. How will the studies conducted after the 1st of May 2004 in such Member States be taken into account during the assessment of a marketing authorisation dossier?
- 2. Answer: Annex I of Commission Directive 2003/63/EC of 25 June 2003 amending Directive 2001/83/EC of the European Parliament and of the Council on the Community code relating to medicinal products for human use^2 provides in the "Introduction and general principles", paragraph 8, that "all clinical trials conducted within the European Community, must comply with the requirements of Directive 2001/20/EC of the European Parliament and of the Council on the approximation of the laws, regulations and administrative provisions of the Member States relating to the implementation of good clinical practice in the conduct of clinical trials on medicinal products for human use. If they are to be taken into account during the assessment of an application for marketing authorisation, clinical trials, conducted outside the European Community, which relate to medicinal products intended to be used in the European Community, shall be designed, implemented and reported on the basis of principles of good clinical practice and ethical principles, which are equivalent to the provisions of Directive 2001/20/EC. They shall be carried out in accordance with the ethical principles that are reflected, for example, in the Declaration of Helsinki."
- 3. In the context of a late implementation of provisions of the Directive in a Member state, a clinical trial conducted in that Member State will be taken into account during the assessment of a marketing application if it is designed, implemented and reported in accordance with:
 - the local regulations;
 - principles of good clinical practice and ethical principles which are at least equivalent to those laid down in the community guideline Note for Guidance on Good Clinical Practice (CPMP/ICH/135/95).

¹ OJ L 121, 1.5.2001, p. 34.

² OJ L 311, 28.11.2001, p. 67, as amended.

1.3. Question 3: Is an authorised medicinal product used as comparator in a clinical trial an investigational medicinal product?

- 4. Answer: Yes.
- 5. According to Article 2(d) of Directive 2001/20/EC, an investigational medicinal product ("**IMP**") is "*a pharmaceutical form of an active substance or placebo being tested or used as a reference in a clinical trial* [...]".
- 6. Comparators are medicinal products used as a reference in a clinical trial vis-à-vis the substance being tested.
- 7. The definition of IMP in Article 2(d) of Directive 2001/20/EC clarifies further that it "includes" "[...] products already with a marketing authorisation but used or assembled (formulated or packaged) in a way different from the authorised form, or when used for an unauthorised indication, or when used to gain further information about the authorised form". This is intended to clarify what the definition entails. It does not mean that a non-modified medicinal product with a marketing authorisation is not an IMP.
- 8. The purpose for the inclusion of comparators into the definition of IMP is that they play a fully equivalent, symmetric, role as counterparts to the "tested products", and this from the inception of the protocol to the interpretation of the study results. The comparator is an IMP and the conditions (circuit, traceability and accountability methods) under which the comparator is used are to be strictly the same as those of the "tested product".
- 9. Regarding IMPs there are a number of regulatory requirements. Note, however, that the regulatory framework is adapted to situations where the IMP is used in the authorised form and for the authorised indication. This holds in particular for
 - the information requirements for request for authorisation to be submitted to the national competent authority of the Member State concerned;³ and
 - the requirements for the labelling of IMP a set out in Article 14 of Directive 2001/20/EC and Annex 13 to the guidelines on good manufacturing practices Manufacture of investigational medicinal products.⁴

1.4. Question 4: What can be considered a "non-interventional trial"?

- 10. <u>Answer:</u> According to Article 1(1), 2nd period of Directive 2001/20/EC, non-interventional clinical trials are excluded from the scope of this Directive.
- 11. "Non-interventional trial" is defined in Article 2(c) of Directive 2001/20/EC as follows: "a study where the medicinal product(s) is (are) prescribed in the usual manner in accordance with the terms of the marketing authorisation. The assignment

³ Cf. Point 4.1.6.2. of the Detailed guidance for the request for authorisation of a clinical trial on a medicinal product for human use to the competent authorities, notification of substantial amendments and declaration of the end of the trial (Revision 2 of October 2005).

⁴ <u>http://ec.europa.eu/enterprise/pharmaceuticals/eudralex/vol10_en.htm</u>

of the patient to a particular therapeutic strategy is not decided in advance by a trial protocol but falls within current practice and the prescription of the medicine is clearly separated from the decision to include the patient in the study. No additional diagnostic or monitoring procedures shall be applied to the patients and epidemiological methods shall be used for the analysis of collected data".

- 12. Thus, a trial is non-interventional if the following requirements are cumulatively fulfilled:
 - The medicinal product is prescribed in the usual manner in accordance with the terms of the marketing authorisation;
 - The assignment of the patient to a particular therapeutic strategy is not decided in advance by a trial protocol but falls within current practice and the prescription of the medicine is clearly separated from the decision to include the patient in the study; and
 - No additional diagnostic or monitoring procedures are applied to the patients and epidemiological methods are used for the analysis of collected data.
- 13. The purpose for excluding these trials from the scope of the Directive 2001/20/EC is that these trials are typically of a lower risk than interventional clinical trials. Moreover, this restriction shall ensure that medical activities which are normal clinical practice and as such part of the general medical surveillance of a patient are excluded from the scope of the Directive 2001/20/EC.

1.5. Question 5: How is "end of trial" defined?

- 14. <u>Answer:</u> The regulation of clinical trials refers repeatedly to end of trial. This is done in several contexts (see below). Therefore, and in view of these different constellations, there is no general definition of "end of trial". Rather, the content of the notion has to be considered in view of the context to assess its meaning. For example:
- 15. Declaration of end of the trial: Article 10(c) of Directive 2001/20/EC refers to the end of the trial and fixes a deadline for notification to the national competent authority and the ethics committee of the Member State concerned. The purpose of this declaration is to inform the national competent authority and the Ethics Committee that in principle no further regulatory surveillance of the trial is required. As this may depend of the clinical trial in question, the applicant for a clinical trial should include in the protocol submitted to the national competent authority of the Member State concerned, a definition of the end of the trial as applicable for the clinical trial in question.⁵ In this context, the end of trial is usually the date of the last visit of the last clinical trial subject.⁶

⁵ Cf. Point 4.1.4. and point 4.3.1. of the Detailed guidance for the request for authorisation of a clinical trial on a medicinal product for human use to the competent authorities, notification of substantial amendments and declaration of the end of the trial (Revision 2 of October 2005).

⁶ Ibidem.

16. <u>Submission of result-related information on paediatric trials to the EMEA:</u> In this respect, reference is made to the "completion" of the trial. A trial is considered as completed when the last visit of the last patient has occurred, as foreseen in the latest version of the protocol.⁷

2. SPONSOR/LEGAL REPRESENTATIVE; INVESTIGATOR

2.1. Question 6: How is "sponsor" defined?

- 17. <u>Answer:</u> "Sponsor" is defined in Article 2(e) of Directive 2001/20/EC: "an individual, company, institution or organization which takes responsibility for the initiation, management and/or financing of a clinical trial."
- 18. Thus, the sponsor can be an individual, a company, an institution or an organisation. The sponsor does not need to be located in an EU Member State but has to have a legal representative in the EU or the EEA, which includes Iceland, Norway, and Liechtenstein.⁸ The investigator and the sponsor may be the same person.⁹

2.2. Question 7: Is the person financing a clinical trial always considered as "sponsor" in the sense of Article 2(e) of Directive 2001/20/EC?

- 19. <u>Answer:</u> A sponsor is defined in Article 2(e) of Directive 2001/20/EC as "an individual, company, institution or organisation which takes responsibility of the initiation, management and/or financing of a clinical trial".
- 20. Every clinical trial has to have a sponsor.
- 21. However, it follows from Article 2(e) of Directive 2001/20/EC that the sponsor is not necessarily the person financing a clinical trial. While that person *may* be the sponsor, the sponsor may also be the person which presents himself as the person taking the responsibility for the initiation or the management of the trial.

2.3. Question 8: Can the sponsor delegate tasks or responsibilities?

- 22. <u>Answer:</u> The sponsor may delegate any or all of his trial-related tasks/duties and functions to an individual, company, institution or organisation.¹⁰ The sponsor might delegate e.g.
 - the compiling the documents for the application to the Ethics Committee and/or Competent Authorities including obtaining details of the manufacturing and import authorisation;

⁹ Article 7(2) of Directive 2005/28/EC.

¹⁰ Article 7(1) of Directive 2005/28/EC.

⁷ Cf. point 2.2.2. of the Guideline 2009/C28/01 on the information concerning paediatric clinical trials to be entered into the EU Database on Clinical Trials (EudraCT) and on the information to be made public by the European Medicines Agency (EMEA), in accordance with Article 41 of Regulation (EC) No 1901/2006 (February 2009).

⁸ Article 19 of Directive 2001/20/EC.

- the monitoring of the trial including reporting according to Articles 16 and 17 of Directive 2001/20/EC.
- 23. In cases where there are tasks and functions delegated to other persons/parties, there must be still an overall sponsor for the trial. The sponsor remains ultimately responsible for ensuring that the conduct of the trials and the final data generated by those trials comply with the requirements of Directive 2001/20/EC as well as of Directive 2001/83/EC in the case of a marketing authorisation application.¹¹
- 24. Prior to initiating a trial, the sponsor should define, establish and allocate all trialrelated duties and functions. Any trial-related duties and functions that are delegated to a third party should be specified in writing.
- 25. A number of parties may agree, in writing, to form an organisation according to Article 2 of Directive 2001/20/EC and to distribute the sponsors tasks/duties and functions between different 'person(s) and/or 'organisation(s)'. This is done in such a way that the collective agreement fulfils all the required roles and responsibilities of the sponsor.
- 26. The organisation will be identified by its name and by the EudraCT number (YYY-NNNNN-CC and a group name) for the purpose of the trial and on the related documents.

2.4. Question 9: Does the Directive 2001/20/EC establish that the sponsor or his legal representative according to Article 19(2) are liable under civil and criminal law?

- 27. <u>Answer:</u> No.
- 28. Directive 2001/20/EC, in referring to the "responsibility for the initiation, management and/or financing of a clinical trial" (Article 2(e) of Directive 2001/20/EC) refers to the responsibility for compliance with the Directive.
- 29. Responsibility in terms of civil law (i.e. liability, for example compensation for damages occurred to a patient), or criminal law (i.e. punishment, for example criminal sanction of a bodily injury caused by negligence), is not governed by Directive 2001/20/EC, cf. Article 19(1) of Directive 2001/20/EC. In this respect, the applicable laws of the Member States apply.
- 30. This also holds for cases where the sponsor has a legal representative in an EU Member State or EEA State, Article 19(1) of Directive 2001/20/EC. While the existence of a legal representative within the EU/EEA might be supportive to ensure effective sanctioning under national civil or criminal law, the rules for civil and criminal liability remain governed by the national laws of the Member States.

¹¹ Article 7(1) of Directive 2005/28/EC.

2.5. Question 10: What are the requirements for the legal representative of a non EEA-sponsor in view of Article 19 of Directive 2001/20/EC?

- 31. <u>Answer:</u> If the sponsor is not established in the Community a legal representative of the sponsor has to be established in the Community.¹²
- 32. Only one legal representative can act on behalf of one sponsor in one clinical trial.
- 33. If the sponsor is the same for several different trials, it is not required to have **one** legal representative located in the EU for **all non**-EU sponsored trials taking place in the EU.
- 34. It is acceptable to use an established company as a legal representative. It is also acceptable to have one central legal representative in EU for all trials.
- 35. The applicant for the application to the competent authority and the Ethics Committee might be different from the legal representative.

3. CLINICAL TRIALS APPLICATION PROCEDURE, ETHICS COMMITTEES

3.1. Question 11: Will the 60 day approval period commence when a valid application is submitted or when the Ethics Committee notifies the Sponsor that the application is valid?

- 36. <u>Answer:</u> Section 4 of the "Detailed guidance on the application format and documentation to be submitted in an application for an Ethics Committee opinion on the clinical trial on medicinal products for human use" states that "*the application [to the Ethics Committee] is considered to be valid if all required documents are complete. If that is the case the applicant will be informed and the review period starts*". According to Article 6(5) of Directive 2001/20/EC, the Ethics Committee opinion must be provided (for most trials) within 60 days of receipt of a valid Ethics Committee application.
- 37. Validation is an administrative check that all required documents are available, with dates and signatures where required, so that the Ethics Committee can start to evaluate the dossier and can give an opinion. The 60 day approval period commences when Ethics Committee has informed the sponsor that it has reached the conclusion that the application is valid.

3.2. Question 12: After the receipt of the opinion of the Ethics Committee, is the applicant allowed to appeal against the opinion?

- 38. <u>Answer:</u> As the opinion taken by the Ethics Committees has a legal implication, according to national legislation in place in Member States, appeal procedures should be possible.
 - **3.3.** Question 13: Where an application for a clinical trial is submitted in more than one Member State, has a company or non-commercial research organisation to await positive opinions from all Member States

¹² Article 19 of Directive 2001/20/EC.

Ethics Committees and authorisations/statements of no grounds for nonacceptance from competent authorities, before commencing the trial in any of the Member States?

39. <u>Answer:</u> No. The sponsor/investigator can commence a clinical trial in the Member State concerned if the positive opinion of the Ethics Committee in that Member State and the authorisation/statement of no grounds for non-acceptance of the competent authority in question, have been given.

3.4. Question 14: Change of site or principal investigator

- 40. It is common that all sites invited to participate in a clinical trial did not have time to reach a decision on whether to participate or not before the application is submitted to the Competent Authorities and Ethics Committees. What should the sponsor do when additional sites want to participate after the trial has started or when there is a change of the principal investigator in an ongoing trial?
- 41. <u>Answer:</u> When a sponsor proposes to add a new site for a clinical trial, this should be notified to the Competent Authority as well as to the relevant Ethics Committee. The Ethics Committee will have to give a positive opinion on the participation of the new site and the new principal investigator. The sponsor's obligation can be met by submitting a Notification of Amendment Form and completing section D and F of the application form.
- 42. The same procedure can be used to notify a change of the co-ordinating or a principal investigator. Both changes are considered as substantial amendments.

3.5. Question 15: What is the requirement to be an expert (in paediatrics) in Ethics Committee?

- 43. <u>Answer:</u> The requirements for membership in an Ethics Committee is to be defined in national regulations.
- 4. "INFORMED CONSENT" AND OTHER SUBSTANTIAL REQUIREMENTS FOR CONDUCTING CLINICAL TRIALS

4.1. Question 16: What is meant by 'compensation for participation' in a trial (Article 4(d) of Directive 2001/20/EC)?

44. <u>Answer:</u> This is addressed in the "Detailed guidance on the application format and documentation to be submitted in an application for an Ethics Committee opinion on the clinical trial on medicinal products for human use" under item 21 in the example of a module 2 for the application form to the Ethics Committees: "Amount and procedure for remuneration or compensation of subjects" and the following explanation is given: "description of amount paid during the participation in the trial and for what, i.e. travel costs, loss of earning and discomfort etc."

4.2. Question 17: When can the obligatory insurance coverage stop?

45. <u>Answer:</u> According to Article 3(2)(f) of Directive 2001/20/EC, a clinical trial may be undertaken only, if provision has been made for insurance or indemnity to cover the liability of the investigator and sponsor.

- 46. There are no specific Community provisions on when this insurance coverage can stop.
- 47. However, the purpose of Article 3(2)(f) of Directive 2001/20/EC is to ensure that a clinical trial subject can obtain compensation for damages caused by the clinical trial independently of the financial capacity of the investigator/sponsor. In view of this purpose of the provision, and in the absence of specific Community rules, the insurance should provide coverage for the period in which such damages can arise and lawfully be claimed by the clinical trials subject.
- 48. As a Community Directive by definition is binding to the result to be achieved while leaving open to EU Member States the choice of form and methods, it is up to the Member State to establish specific rules, if any. If no such rules are established at Member States level, it is up to the sponsor to assess, on the basis of the principle set out above and the clinical trial in question (in particular in view of the risk it implies for the clinical trials subject), the necessary period of coverage.
- 49. Note, that, in accordance with Article 6(3)(i) of Directive 2001/20/EC, aspects of insurance or indemnity to cover the liability of the investigator and sponsor are considered by the Ethics Committee or, in accordance with Article 6(4) of Directive 2001/20/EC, by the national competent authority of the Member State concerned.

5. ADVERSE REACTION REPORTING

5.1. Question 18: Can the dates of the annual safety reports be aligned with other periodic reporting requirements?

- 50. <u>Answer:</u> Article 17(2) of Directive 2001/20/EC obliges the sponsor to submit a yearly report with all suspected serious adverse reactions ("SARs"). According to the "*Detailed guideline on the collection, verification and presentation of adverse reaction reports arising from clinical trials on medicinal products for human use*"¹³ the reporting time frame for annual reports starts with the date of the first authorization according to Directive 2001/20/EC of the concerned clinical trial by a competent authority in any Member State.
- 51. However, in order to align the time frame for reporting with other yearly reporting requirement the sponsor may adapt the reporting date to other annual safety reporting, such as the periodic safety update reports ("**PSURs**"). This reasoning applies in analogy to other annual safety reporting, such as the U.S investigational new drug annual report ("**IND AR**").
- 52. The conditions are set out in chapter 5.5.2. of the abovementioned detailed guidelines.
- 53. Note, that the possibility to align time frames must not lead to an extension of the period covered. Rather, the alignment can only be done with a shortening of the reporting period.

¹³ Revision 2, April 2006, p. 13.

5.2. Question 19: Ninety Day report for Early Phase Trials

- 54. Sometimes, even late in the development process, Phase I, short term metabolism or pharmacokinetic studies are conducted. Once the development progresses to Phase II, should the sponsor notify the annual safety report and no longer provide the short term safety report for each trial as described above or does he need to provide a short term safety report for <u>every</u> Phase I study?
- 55. <u>Answer:</u> Chapter 5.2.2. of the "Detailed Guidance on the Collection, Verification and Presentation of Adverse Reaction Reports Arising From Clinical Trials on Medicinal Products for Human Use"¹⁴ reads: "In case of a first-in-man trial and subsequent short term metabolism or pharmacokinetic studies the safety report should be notified within 90 days of the end of trial together with the notification of the end of the trial according to Article 10(c) of Directive 2001/20/EC".
- 56. However, the intent of the guidance is that the 90 day report is intended for early phase development. Once development has progressed to Phase II and III, and the annual safety reports have started, there is no ongoing requirement to submit 90 day safety reports for each and every phase I trial conducted in parallel with the Phase II or III trials.
 - 5.3. Question 20: SUSAR Reporting
- 57. With reference to Article 17(1)(a) of Directive 2001/20/EC, what are the timelines for sponsors regarding the reporting of initial and follow-up information about suspected unexpected serious adverse reactions that are fatal or life threatening?
- 58. How should this be handled from a practical point of view as regards electronic reporting in accordance with ICH E2B(R2)?
- 59. <u>Answer:</u> For fatal and life threatening SUSARs the sponsor should report at least the minimum information¹⁵ as soon as possible¹⁶ and in any case no later than seven days after being made aware of the case.
 - If the initial report is incomplete, e.g., if the sponsor has not provided all the information/assessment within seven days, the sponsor should submit a completed report based on the initial information within an additional eight days.

¹⁴ http://ec.europa.eu/enterprise/pharmaceuticals/eudralex/vol-10/21_susar_rev2_2006_04_11.pdf

¹⁵ Minimum information (ICH E2BR(2) guideline): The minimum information for the transmission of a report should include at least the EudraCT number, one identifiable patient (section B.1), one identifiable reporter (section A.2), one reaction/event (section B.2), and one suspect drug (section B.4). Because it is often difficult to obtain all the information, any one of several data elements is considered sufficient to define an identifiable patient (e.g., initials, age, sex) or an identifiable reporter (e.g., initials, address, qualification). It is also recognized that the patient and the reporter can be the same individual and still fulfil the minimum reporting criteria. In addition, to properly process the report, the following administrative information should be provided: the sender's (case) safety report unique identifier (A.1.0.1), the date of receipt of the most recent information (A.1.7), the worldwide unique case identification number (A.1.10) and the sender identifier (A.3.1.2).

¹⁶ Article 17(1)(a) Directive 2001/20/EC.

In this instance, the receipt date should not be changed with regard to the initial report. As regards the electronic reporting of Individual Case Safety Reports (ICSRs) this means that the date specified in the ICH E2B(R2) field A.1.6'Receive date' should equal the date specified in the ICH E2B(R2) field A.1.7'Receipt date'.

• If significant¹⁷ new information on an already reported case is received by the sponsor, the clock starts again at day zero¹⁸ i.e. at the date of receipt of new information (field A.1.7). This information should be reported as a follow-up report within 15 days. As regards the electronic reporting of Individual Case Safety Reports (ICSRs) this means that the date specified in the ICH E2B(R2) field A.1.6'Receive date' should be equal the date when the initial report was received and in the ICH E2B(R2) field A.1.7'Receipt date' the date should be indicated when significant new information on the case was received by the Sponsor.

¹⁷ Significant new information relates to any new or updated information on the case that impacts on the medical interpretation of the case e.g. change in the causality assessment. Therefore, the identification of significant new information requiring expedited reporting always requires medical judgement. Situations where the seriousness and/or expectedness criteria and/or the causality assessment related to an individual case are downgraded (e.g. follow up information leads to a change of the expectedness from serious unexpected to serious expected or causality assessment is changed from related to nonrelated) should also be considered as significant change and thus reported on an expedited basis. In addition, the sponsor should also report follow-up information on an expedited basis, where new administrative information is available, that could impact on the case management e.g. new case identifiers have become known to the sponsor, which may have been used in previous transmissions (ICH E2B(M) field A.1.11 'Other case identifiers in previous transmissions'); this information may be specifically relevant for the receiver to manage potential duplicates. Another example refers to ICH E2B(M) field A.1.8 'Additional available documents held by sender', whereby new documents that have become available to the sponsor may be relevant for the medical assessment of the case. In contrast, non-significant information, which does not impact on the medical evaluation of the case, does not require expedited reporting. This may refer for example to minor changes of dates (e.g. the day of the birth date) or corrections of typos in the previous case version. Naturally, medical judgment should be applied, as a change to the birth date may constitute a significant change (e.g. with implications on the age information of the patient).

¹⁸ The clock for expedited reporting starts (day 0) as soon as the minimum information has been brought to the attention of the sponsor or an organisation having a contractual arrangement with the sponsor for this clinical trial. The same applies if significant new information on the case is received by the sponsor, i.e. the reporting time clock begins again for the submission of the follow-up report from the day the sponsor receives relevant follow-up information.

ANNEX: DECISION TREE TO ESTABLISH A WHETHER A TRIAL IS A "CLINICAL TRIAL"

This algorithm and its endnotes will help you answer that question. Please start in column A and follow the instructions. Additional information is provided in the notes at the end of the table. If you have doubts about the answer to any of the questions contact the clinical trials unit of your competent authority.

A	В	С	D	E
	A CLINICAL TRIAL OF A	A NON-INTERVENTIONAL CLINICAL TRIAL?		
Is it a medicinal product (MP)? ⁱ	Is it not a medicinal product?	What effects of the medicine are you looking for?		How are you looking for those effects?
the questions in column A, the activity is not a	If you answer yes to the question below in column B the activity is not a clinical trial on a MP.	If you answer no to <u>all</u> the questions in column C the activity is not a clinical trial under the scope of Directive 2001/20/EC.	the questions in	is a non-interventional trial which is outside the
If you answer yes to <u>any</u> of the questions below go to column B.		If you answer yes to <u>any</u> of the questions below go to column D.		If your answers in columns A,B,C & D brought you to column E and you answer no to <u>any</u> of these questions the activity is a clinical trial within the scope of the Directive.

 A.1. Is it a substance["] or combination of substances presented as having properties for treating or preventing disease in human beings ? A.2. Does the substance function as a medicine? i.e. can it be administered to human beings either with a view to restoring, correcting or modifying physiological functions by exerting a pharmacological, immunological or metabolic action or to making a medical diagnosis or is otherwise administered for a medicinal purpose? A.3.Is it an active 	 B.1. Are you <u>only</u> administering any of the following substances? Human whole bloodⁱⁱⁱ; Human blood cells; Human plasma; A food product^{iv} (including dietary supplements) not presented as a medicine; A cosmetic product^v A medical device 	 C.1. To discover or verify/compare its clinical effects? C.2. To discover or verify/compare its pharmacological effects, e.g. pharmacodynamics? C.3. To identify or verify/compare its adverse reactions? C.4. To study or verify/compare its absorption, distribution, metabolism or excretion? 	D.1. To ascertain or verify/compare the efficacy ^{vi} of the medicine? D.2. To ascertain or verify/compare the safety of the medicine?	 E.1. Is this a study of one or more medicinal products, which have a marketing authorisation in the Member State concerned? E.2. Are the products prescribed in the usual manner in accordance with the terms of that authorisation? E.3. Does the assignment of any patient involved in the study to a particular therapeutic strategy fall within current practice and is not decided in advance by a clinical trial protocol^{vii}? E.4. Is the decision to prescribe a particular medicinal product clearly separated from the decision to include the patient in the study? E.5. Will no diagnostic or monitoring procedures be applied to the patients included in the course of current practice? E.6. Will epidemiological methods be used for the analysis of the data arising from the study?
substance in a pharmaceutical form?				

ⁱ Cf. Article 1(2) of Directive 2001/83/EC, as amended.

ⁱⁱ Substance is any matter irrespective of origin e.g. human, animal, vegetable or chemical that is being administered to a human being.

ⁱⁱⁱ This does not include derivatives of human whole blood, human blood cells and human plasma that involve a manufacturing process.

^{iv} Any ingested product which is not a medicine is regarded as a food. A food is unlikely to be classified as a medicine unless it contains one or more ingredients generally regarded as medicinal and indicative of a medicinal purpose.

^v The Cosmetic Directive 76/768/EC, as amended harmonises the requirements for cosmetics in the European Community. A "cosmetic product "means any substance or preparation intended for placing in contact with the various external parts of the human body (epidermis, hair system, nails, lips and external genital organs) or with the teeth and mucous membranes of the oral cavity with the view exclusively or principally to cleaning them, perfuming them or protecting them in order to keep them in good condition, change their appearance or correct body odours.

^{vi} Efficacy is the concept of demonstrating scientifically whether and to what extent a medicine is capable of diagnosing, preventing or treating a disease and derives from EU pharmaceutical legislation.

vii Assignment of patients to a treatment group by randomisation planned by a clinical trial protocol cannot be considered as current practice.