

HealthyLifeStyle4All



Deputy Head of the Sport Unit
Cancer Subgroup 16 December 2021

HealthyLifeStyle4All

The European Commission
commitment to promote a
[healthy life style for all.](#)

A 2 years initiative

All organisations are invited to
join the European Commission
and submit a [pledge](#)



3 Pillars: Pledges should create value, promote healthy lifestyles and be linked to one of the three pillars:



1 - Increased awareness of a healthy lifestyle across all generations

2 - Easier access to sport and physical activities, with special focus on inclusion and disadvantaged groups

3 - Teaming up for a holistic approach to food, health, well-being and sport

Raising awareness on how a healthy lifestyle can prevent cancer

European Commission –DG SANTE



Better access to and understanding of risk factors and health determinants to improve health outcomes for cancer with a focus on disadvantaged groups



Promoting healthy lifestyles in schools European Commission-DG EAC

Highlighting the importance of physical activity and sport for a healthy development and for boosting the learning process.

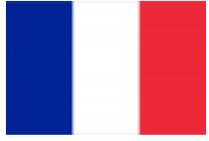


National Level Multisectoral Policy Dialogues

Support the development of national policies and strategies.

2021 Factsheets on
Physical Activity level in the
Member States





Early learning of fundamental sport skills for lifelong learning, a healthier lifestyle and a sustainable playground

French Ministry for Sport pledges to promote early learning of fundamental sport skills for lifelong learning, a healthier lifestyle and a sustainable playground.



A young child with red hair is aiming a bow at a target. An adult wearing a red hat is looking on. The target has a yellow flag on top and a bullseye in the center.

Contributions to be submitted via the online **Pledge Board**

1. Information about your organisation information
2. Select the pillar
3. Your organisation Logo
5. Your pledge

GO!

Keep in touch



https://ec.europa.eu/sport/node_en



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