"Promoting Social Inclusion and Combating Stigma for better Mental Health and Well-being"



# "Promoting Social Inclusion and Combating Stigma for better Mental Health and Well- being"

Thematic Conference under the European Pact for Mental Health and Well-being

Organised by the European Commission's Directorate General for Health and Consumers and the Ministry of Health of Portugal

In cooperation with the European Commission's Directorate General for Employment, Social Affairs and Equal Opportunities and the Ministry of Labour and Social Solidarity of Portugal

With the Support of the Belgian Presidency of the European Union

8<sup>th</sup> – 9<sup>th</sup> November 2010

ALTIS HOTEL Rua Castilho, 11 LISBON







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Monday, 8 November 2010	
09:00-12:00	REGISTRATION
10:00-11:30	Associated event (Participation by invitation only): European Social Network meeting Implementing individualised local social services The expression of recovery from a professional and user's perspective
11:30	WELCOME REFRESHMENTS
<b>Plenary session 1</b> (12:00 – 12:45)	<ul> <li>OPENING SESSION</li> <li>John DALLI (European Commissioner for Health and Consumer Policy)</li> <li>Ana JORGE (Minister of Health, Portugal)</li> <li>Maria Helena ANDRÉ (Minister of Labour and Social Solidarity, Portugal)</li> <li>Nace KOVAC (President, Mental Health Europe)</li> </ul>
Plenary session 2 (12:45 – 13:25)	<ul> <li>Setting the scene: Social Inclusion, Human Rights and Health Services in Mental Health</li> <li>CHAIR:</li> <li>Nessa CHILDERS (Member of the European Parliament)</li> <li>SPEAKERS:</li> <li>Norman SARTORIUS (President, Association for the Improvement of Mental Health Programmes) Reducing stigma and discrimination of people with mental health problems</li> <li>José-Miguel CALDAS DE ALMEIDA (National Coordinator for Mental Health, Portugal) Promoting human rights and improving mental health services</li> </ul>

Plenary session 3 (13:30 - 15:00)	Panel Discussion
(10.00 10.00)	MODERATOR:
	<b>Jan WALBURG</b> (President / CEO of Trimbos-instituut, Netherlands Institute of Mental Health and Addiction)
	OPENING STATEMENT:
	• <b>Dolores GAUCI</b> ( <i>President, GAMIAN Europe / Co-chair of the Expert Platform on Depression</i> ) Findings from a new survey on stigma in mental health
	PARTICIPANTS:
	• <b>Gyula HEGYI</b> (Member of the Cabinet of Mr László Andor, European Commissioner for Employment, Social Affairs and Equal Opportunities)
	• <b>Michael HÜBEL</b> (Head of Unit "Health Determinants", Directorate General for Health and Consumers, European Commission)
	• <b>Robert ANDERSON</b> (European Foundation for the Improvement of Living and Working Conditions)
	• John HALLORAN (President,European Social Network)
	• <b>Dinesh BHUGRA</b> (President,Royal College of Psychiatrists, United Kingdom)
	• <b>Tamas KURIMAY</b> (Representative of the Ministry of National Resources of Hungary, President of the Hungarian Psychiatric Association)
	• Matt MUIJEN (Regional Advisor for Mental Health, WHO Regional Office for Europe)
14.30-15.00	DISCUSSION
COFFEE BREAK / POSTER SESSION	
(15.00- 15.30)	

Parallel sessions:	SESSION 1: Social protection, social inclusion and
(15:30 – 16:55)	mental health
	CHAIR:
	<b>Lynne FRIEDLI</b> (Independent expert researcher on mental health, UK)
	SETTING THE SCENE:
	• Lorenzo RAMPAZZO (European Social Network/ Director, Veneto Region Mental Health Office)
	PRESENTATIONS:
	• Jean-Luc ROELANDT/ Marianne AUFFRET (Director, WHO Collaborating Centre Lille/ Mayor, Representative of Association "Elus, santé publique et territoires") The interests of local mental health councils in France in the practice of prevention and care: the role of local elected office- holders and of populations
	• <b>Simone GIOTTO</b> (Secretariat, EUREGHA network, Regione Veneto, Italy) EUREGHA working group on mental health
	• <b>Paula DOMINGOS</b> The Portuguese Programme for homeless people in the context of the European Platform of Homeless People
	DISCUSSION
	<b>Rapporteur : Kristian WAHLBECK</b> (WHO Regional Office for Europe)

<b>Parallel sessions:</b> (15:30 – 16:55)	SESSION 2: Breaking the cycle of stigmatisation and discrimination due to mental health problems
	CHAIR:
	<b>Catherine GONZI</b> (Patron of the WHO Regional Office for Europe /European Commission partnership project "Empowerment in Mental Health")
	SETTING THE SCENE:
	• Wolfgang GAEBEL (President, German Action Alliance for Mental Health)
	PRESENTATIONS:
	• Anja BAUMANN/ David CREPAZ-KEAY (WHO Project leader/ Researcher at Mental Health Foundation) The WHO Regional Office for Europe/European Commission Partnership Project "Empowerment in Mental Health"
	• Aude CARIA (WHO Collaborating Centre Lille, France) Example of an effective anti-stigma strategy: The National Mental Health Weeks in France
	Lee KNIFTON / Isabelle GOLDIE     (Director / Chair of The Scottish Mental Health Arts and Film     Festival     Evaluation of the impact of the Scottish Mental Health Arts and Film     Festival
	DISCUSSION
	Rapporteur : Sara EVANS-LACKO (Kings' College London, UK)
<b>Parallel sessions:</b> (15:30 – 16:55)	SESSION 3: Employment and meaningful activities as routes to recovery
	CHAIR:
	Johan TEN GEUZENDAM (Head of Unit "Integration of People with Disabilities", Directorate General for Employment, Social Affairs and Equal Opportunities, European Commission)

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	SETTING THE SCENE: • Claire HENDERSON (Clinical Senior Lecturer in Psychiatry, Health Service and Population Research Department, Institute of Psychiatry, King's College London, UK) "Employment for people with mental illness in the UK: is there any improvement and shall we see more?"
	PRESENTATIONS:
	Christoph LAUBER     (Professor, University of Liverpool, UK)     The effectiveness of supported employment for people with severe     mental illness- the EQOLISE project
	Andrzej CECHNICKI     (Professor, Jagiellonian University Krakow, Poland)     Community activities for users with severe mental illness
	• <b>Terese DUARTE</b> (President of the Board, Association for Psycho-Social Integration and Study – AEIPS, Portugal) Supported Employment Programme in Lisbon
	DISCUSSION
	Rapporteur : David MCDAID (London School of Economics, UK)
COFFEE BREAK (17.00- 17.30)	
<b>Plenary session 4:</b> (17:30 – 18:00)	FEEDBACK FROM THE PARALLEL SESSIONS
(11.00 10.00)	RAPPORTEURS:
	Session 1: Kristian WAHLBECK (WHO – Europe)
	Session 2: Sara EVANS-LACKO (Kings' College London, UK)
	Session 3: David MCDAID (London School of Economics, UK)
19:30 – (Palacio Foz)	Social Event

Tuesday, 9 November 2010	
<b>Parallel sessions:</b> (9:00 – 10:25)	SESSION 4: Rights, Responsibility and Citizenship
	CHAIR:
	<b>Jan JAŘAB</b> (Regional Representative of the UN High Commissioner for Human Rights)
	SETTING THE SCENE:
	Heinz KATSCHNIG (Professor, Ludwig Boltzmann Institute, Vienna, Austria) Toolkit for Monitoring Human Rights and General Health Care in Mental Health and Social Care Institutions (ITHACA)
	PRESENTATIONS:
	Mario OETHEIMER     (Programme Manager, European Union Agency for Fundamental     Rights)     Presentation of Europe-wide data on voting rights of people with     mental health problems
	• Hans-Joachim SALIZE (Professor, Central Institute of Mental Health, Germany) "Detention of Mentally III Persons in Psychiatric Hospitals, Forensic Institutions or European Prisons - is it appropriately regulated?"
	• <b>Miguel XAVIER</b> ( <i>Ministry of Health / Universidade Nova de Lisboa, Portugal</i> ) The example of the Portuguese legislation on mental health and human rights
	DISCUSSION
	<b>Rapporteur: Marta FERRAZ</b> (National Coordination Body for Mental Health, Ministry of Health, Portugal)

<b>Parallel sessions:</b> (9:00 – 10:25)	<b>SESSION 5: Comprehensive care for people with mental health problems</b>
	CHAIR:
	<b>Manuel GOMEZ-BENEYTO</b> (Professor of Psychiatry, Coordinator of the Spanish NHS Mental Health Strategy, Spain)
	SETTING THE SCENE:
	Helen KILLASPY/ Lucie KALIŠOVÁ (Department of Mental Health Sciences, University College London, UK / Charles University, Czech Republic) The DEMoBinc Project: An Instrument to assess and benchmark the quality of performance of mental health inpatient services
	PRESENTATIONS:
	• Angelo FIORITTI (Director, Department of Mental Health and Substance Abuse, AUSL Bologna, Italy) Development of comprehensive community mental health services: the case of the region Emilia-Romagna.
	• <b>Ray XERRI</b> ( <i>Ministry of Health, Malta</i> ) New Maltese legislation on mental health supporting community- based care and human rights
	DISCUSSION
	Rapporteur: Ionela PETREA (Trimbos Institute, The Netherlands)
COFFEE BREAK / POSTER SESSION (10:25 – 10:45)	

<b>Plenary session 5:</b> (10:45 – 11:05)	FEEDBACK FROM THE PARALLEL SESSIONSRAPPORTEURS:Session 4: Marta FERRAZ (Ministry of Health, Portugal)Session 5: Ionela PETREA (Trimbos Institute, The Netherlands)
Plenary session 6: (11.05- 12.25)	Panel Discussion on Policy Conclusions
	MODERATOR
	John BOWIS (Former MEP)
	PARTICIPANTS:
	• tbc (Ministry of Labour and Social Solidarity, Portugal)
	• <b>Michael HÜBEL</b> (Head of Unit "Health Determinants", Directorate General for Health and Consumers, European Commission)
	Jan JAŘAB     (Regional Representative of the UN High Commissioner for     Human Rights)
	Matt MUIJEN     (Regional Advisor for Mental Health, WHO Regional Office for     Europe)
	Mary NETTLE     (Representative of European Network of (ex)-Users and     Survivors of Psychiatry (ENUSP))
	Josée VAN REMOORTEL     (Mental Health Europe Senior Policy Advisor)
	DISCUSSION
Plenary session 7: (12.25-12.55)	CLOSING SESSION
13.00	Lunch