



Expert Group on Health Systems Performance Assessment (HSPA)

Guidance document to assist in filling in the Health promotion and disease prevention survey

Introduction

As part of the HSPA work on priority topic “health promotion and disease prevention”, the purpose of this survey is to create a comprehensive mapping of indicators on health promotion and disease prevention used by Member States to monitor and measure their health system performance.

Health promotion is the process of enabling people to increase control over their health and its determinants, and to improve their health. Disease prevention covers measures not only to prevent the occurrence of disease, such as risk factor reduction, but also to halt its progress and reduce its consequences once established. Both may relate only to activities within health systems or extend beyond the health sector including actions by other sectors, such as the social sector, education or urban planning. Both are considered key tasks of health systems, as defined by the World Health Organisation¹.

In the survey, we suggest to categorise the indicators into primary, secondary, tertiary prevention and other. These are defined as: **(1) primary prevention and health promotion**, including health promotion via a whole-of-society approach (e.g. urban planning or health literacy) and minimization of exposure to risk factors; **(2) secondary prevention** aims to detect diseases or conditions at an early stage in order to improve outlook; and **(3) tertiary prevention** slows the progress of diseases and enables patients to live with as much functionality and quality of life as possible, which is accompanied by treatment. “Other” might include share of financing dedicated to health promotion / disease prevention, workforce engaged in health promotion / disease prevention activities, etc..

The questionnaire is composed of an Excel file with two spreadsheets (“Part one” and “Part two”) You are requested to fill out **both spreadsheets by Friday, 3 December 2021** and send back to SANTE-HSPA@ec.europa.eu, cc'ing Joao-Vasco.NUNES-DOS-SANTOS@ec.europa.eu and Filip-Michal.DOMANSKI@ec.europa.eu. Please see below some guidance to help you with filling in the excel spreadsheets with a short explanation of what is expected for each cell.

Survey instructions

Part 1 comprises your contact information and providing the list of indicators on health promotion and disease prevention collected in your country. Please fill in the survey in English.

¹ <https://www.euro.who.int/en/health-topics/Health-systems/pages/health-systems>



Firstly, you are asked to fill your “Country”, “Name of respondent”, “Organisation”, “Function” (function/role within your organisation) and “E-mail”.

In the same sheet, we request you to mention all the indicators on health promotion and disease prevention collected in your country (within or outside your HSPA framework, if you have one). We ask you to be as exhaustive as possible.

You are asked to fill the following columns:

- **Indicator category:** here you should first indicate which category the indicator falls into and add the heading “primary prevention and health promotion”, “secondary prevention”, “tertiary prevention” or “other”. For example, use secondary prevention for cervical cancer screening indicator.
- **“Indicator (and unit) on health promotion and/or disease prevention”:** here you should provide the detailed description of the indicator, alongside the unit used to measure. Please put one indicator per row. Please note that the indicator should explain what is measured. - e.g. "Proportion of women aged 20-69 years with a cervical cancer screening in the last 3 years (%)";
- **“National level”:** here you should state if the indicator is calculated at a national level. You have the following response options “Yes”, “No”, “DNK” (Do not know);
- **“Regional level”:** here you should state if the indicator is calculated at a regional level. You have the following response options “Yes”, “No”, “DNK” (Do not know);
- **“Local level”:** here you should state if the indicator is calculated at a local level. Local level may be interpreted differently by each MS. You have the following response options “Yes”, “No”, “DNK” (Do not know);
- **“Breakdown of indicator by variables”:** Here you should state if the indicator is broken down by additional variables (for example by age, sex or socioeconomic status) State the variables in the row for example ‘age’ or ‘income level’. “None” if it is not broken down; or write DNK if you do not know.
- **“Data source - organisation”:** here you should include the organisation that collects and publishes the indicator (e.g. statistical office, public health institute)
- **“Data source – survey”:** here you should include the survey (or administrative data) used for collecting the information used for this indicator (e.g. “European Health Interview Survey - EHIS”)
- **“Publicly available”:** here you should indicate if the results of the indicator are publicly available. You have the following response options “Yes”, “No”, “DNK” (Do not know);
- **“Weblink to health information product – link”:** here you should include the website link where the indicators are presented, if publicly available (e.g. <https://his.wiv-isp.be/SitePages/Home.aspx>)



- **“How often is it reported”**: here you should provide the frequency at which the indicator is reported. You have the following response options “Daily”, “Weekly”, “Monthly”, “Quarterly”, “Annually”, “Every 2 years”, “Every 3 years”, “Every 4 years”, “Every 5 years”, “Other”;
- **“Last year with available data”**: here you should indicate the last year for which the indicator was collected. You can write directly the year. E.g. “2019” or leave it in blank if you do not know.
- **“Included in HSPA framework”**: here you should indicate if this indicator is included in your country’s HSPA framework, if you have one. You have the following response options “Yes”, “No”, “DNK” (Do not know).
- **“Linked to national target”**: here you should state if the indicator is linked to a national target. You have the following response options “Yes”, “No”, “DNK” (Do not know);
- **“National target”** – here, if you replied “Yes” to the previous question, you should describe what the target is. e.g “50% reduction by 2030”

Finally, we would ask you to respond to two open question in the second spreadsheet (“Part two” of the Excel file, if relevant (please do not exceed 500 words). The questions aim to gather information about how you chose the prevention indicators and any challenges and lessons learnt that you would like to share on the use and choice of these indicators. Do you plan any changes? Has COVID-19 changed the health promotion and disease prevention planning or collection?

If you encounter any problems completing the survey, please contact SANTE-HSPA@ec.europa.eu, cc'ing Joao-Vasco.NUNES-DOS-SANTOS@ec.europa.eu and Filip-Michal.DOMANSKI@ec.europa.eu.