



Defining a set of evidence-based strategies for reducing health inequalities through a health in all policies-approach

**Meeting of EU Expert group on Social Determinants and Health inequalities
Luxembourg, 14 March 2017**

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Frameworks of evidence-based actions to minimise health inequalities

What we know:

- Marmot report (2008): Closing the gap in a generation: Health equity through action on the social determinants of health
- Overview table in The Lancet, 31 January 2017

What we do:

- Expert Group Social Determinants and Health Inequalities
- Joint Action Health Inequalities (2017)

Marmot-report for the WHO-Commission on the Social Determinants of Health

Three principles of action:

- 1 **Improve the conditions of daily life** – *the circumstances in which people are born, grow, live, work, and age.*
- 2 **Tackle the inequitable distribution of power, money, and resources** – *the structural drivers of those conditions of daily life – globally, nationally, and locally.*
- 3 **Measure the problem, evaluate action, expand the knowledge base, develop a workforce that is trained in the social determinants of health, and raise public awareness.**

Marmot-report

Proposed action fields

1. Improve Daily Living Conditions

- Equity from the start
- Healthy Places Healthy People
- Fair Employment and Decent Work
- Social Protection Across the Lifecourse
- Universal Health Care (?)

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Proposed action fields

2. Tackle the Inequitable Distribution of Power, Money, and Resources

- Health Equity in All Policies, Systems, and Programmes
- Market Responsibility
- Gender Equity
- Political Empowerment – Inclusion and Voice
- Good Global Governance

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Proposed action fields

3. Measure and Understand the Problem and Assess the Impact of Action

- The Social Determinants of Health: [Monitoring, Research, and Training](#)

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Proposed action fields

3. Measure and Understand the Problem and Assess the Impact of Action

- The Social Determinants of Health: **Monitoring, Research, and Training**

Evidence-based strategies to minimise the impact of social hierarchy on health

1. Invest in children
2. Get the welfare mix right
3. Provide a safety net
4. Implement active labour market policies
5. **Strengthen local communities**
6. Provide wrap-around services for the multiply disadvantaged
7. **Promote healthy lifestyles**
8. **Ensure universal access to high quality primary health care (?)**

Source: T. Martin: Social rank: a risk factor whose time has come?, in The Lancet, 31.1.2017, based on multiple sources.

Questions implied

1. Do we see our work as addressing social determinants (Marmot) only or as addressing social rank and health inequalities (Martin, The Lancet)?
2. Are the concepts useful for guiding our work?
3. How can we promote action to reduce health inequalities in those fields that will not be addressed by the Joint Action?
4. What can be the role of our Expert Group?
5. Would it be useful to undertake a mapping of the state of implementation in Member States of the actions proposed in the table?



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Thank you!