



REGIONAL OFFICE FOR Europe



Organisation mondiale de la Santé

BUREAU REGIONAL DE L' EUROPE



Weltgesundheitsorganisation

REGIONALBÜRO FÜR EUROPA



Всемирная организация здравоохранения

Европейское региональное бюро

## Childhood Obesity in the EU Member States of the WHO European Region

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## Lancet, April 2016: NCD RF collaboration

Trends in adult body-mass index in 200 countries from 1975 to 2014: a pooled analysis of 1698 population-based measurement studies with 19.2 million participants

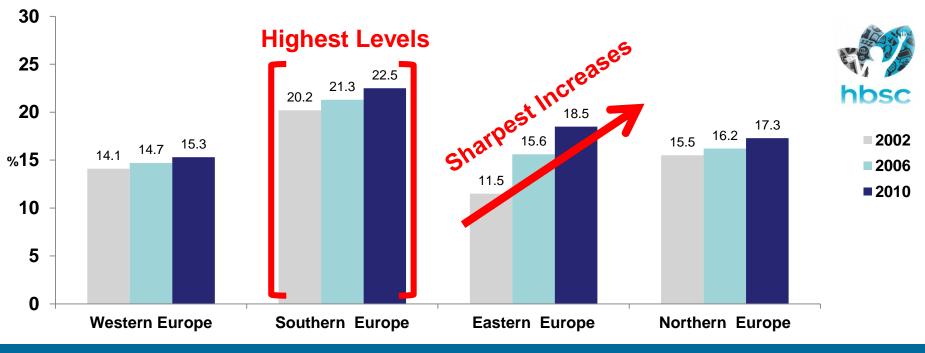
NCD Risk Factor Collaboration (NCD-RisC)\*



Interpretation If post-2000 trends continue, the probability of meeting the global obesity target is virtually zero. Rather, if these trends continue, by 2025, global obesity prevalence will reach 18% in men and surpass 21% in women; severe obesity will surpass 6% in men and 9% in women. Nonetheless, underweight remains prevalent in the world's poorest



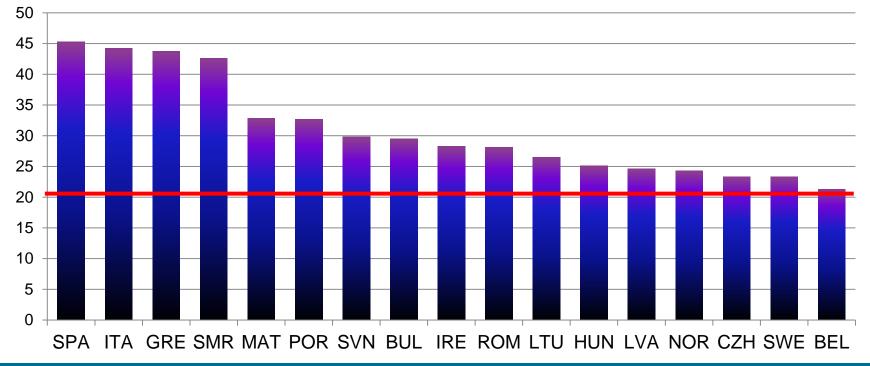
# Adolescents - overweight (including obesity) prevalence in youth according to "sub-region"





Overweight prevalence distribution according to geographical region in 32 countries within WHO European Region, considering both boys and girls with 11, 13, 15 (Source: HBSC) – *unpublished, please do not quote* 

### WHO Childhood Obesity Surveillance Initiative Overweight (including obesity) in boys - 2016



World Health Organization Europe

Most recent available data for each country. 7 and 8 Y old are included. WHO GR.

# Childhood obesity disproportionately affecting the most vulnerable.....

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International Journal of Obesity (2016), 1–7 © 2016 Macmillan Publishers Limited All rights reserved 0307-0565/16



www.nature.com/ijo

#### **ORIGINAL ARTICLE**

Socioeconomic inequalities in childhood overweight: heterogeneity across five countries in the WHO European Childhood Obesity Surveillance Initiative (COSI–2008)

L Lissner<sup>1</sup>, TMA Wijnhoven<sup>2</sup>, K Mehlig<sup>1</sup>, A Sjöberg<sup>3</sup>, M Kunesova<sup>4</sup>, A Yngve<sup>5</sup>, A Petrauskiene<sup>6</sup>, V Duleva<sup>7</sup>, Al Rito<sup>8</sup> and J Breda<sup>2</sup>





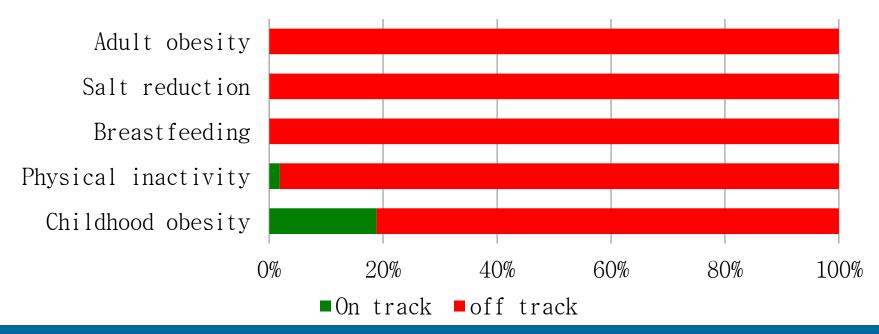
### **ROUND IV – 22 EU countries**



### Dubrovnik, 2015



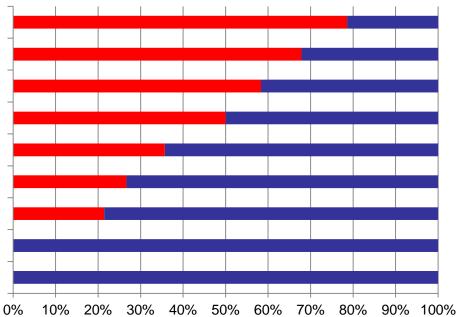
# WHO European Region MS achieving global targets around nutrition & physical inactivity by 2025 - updated





## **Policy implementation – EURO EU MS**

Consumer prefered labelling (in place or planned) Measures to affect food prices Breastfeeding promotion and protection Early nutrition interventions Physical activity education sector Surveillance mechanisms Comprehensive salt reduction initiatives Marketing HFSS foods to children - restrictions Reformulation - less sugar and salt



No Action at least partial implementation





#### EU Action Plan on Childhood Obesity: 2014-2020

