Health and food

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This document does not represent the point of view of the European Commission. The interpretations and opinions contained in it are solely those of the authors.

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PRESENTATION

In recent decades, important socio-economic changes in most developed countries have undeniably affected the eating habits and level of physical activity of citizens. This trend is clearly illustrated by the current increase in illnesses directly or indirectly related to the increase in overweight and obesity¹. It has been established that that a poor diet and insufficient physical activity are among the main risk factors for various diseases. Physical activity can also help to combat stress.

The European Commission and in particular its **Directorate General health and Consumer Protection** wants to improve public health in the European Union, prevent disease and human ailments and eliminate human health risk factors. The aim of this survey, commissioned by the Directorate General Health and Consumer Protection is to study several areas having an impact on the health of European citizens. More precisely, the intention is to use the results of this study to establish the physical characteristics of European Union citizens and assess the opinion of citizens on subjects such as health, diet and physical activity in the form of sport.

It is not the first survey carried out on these subjects. Two previous surveys concerning, on the one hand, physical activity and, on the other hand, health and diet, were carried out at the end of 2002 and the beginning of 2003. In relation to those previous studies, the current questionnaire has been revised, but several questions can still be used for comparative purposes in 15 of the 25 European Union Member States.

The main themes addressed in this survey are:

- The health and physical characteristics of Europeans,
- Eating habits in the European Union,
- Diet and problems related to being overweight,
- The respondent's physical activity.

This survey was carried out in November and December 2005. It was commissioned by the Directorate General Health and Consumer Protection and carried out by TNS Opinion & Social, a consortium formed by TNS and EOS Gallup Europe. The methodology used is that of the standard Eurobarometer surveys of the Directorate General Press and Communication ("Opinion Polls, Press Reviews, Europe Direct" unit). A technical note concerning the interviews carried out by the institutes of the TNS Opinion & Social network is annexed to this report. That note specifies the interview method, as well as the intervals of confidence².

¹ WHO: Report by the Secretariat: fifty-fifth world health assembly- 27.03.2002.

² The results tables are annexed. The totals indicated may show a one point difference with the sum of the individual figures because of the rounding of certain results. It should also be noted that the total of the percentages in the tables of this report may exceed 100% when the people interviewed have the possibility to give several answers to a question.

1. The health of Europeans

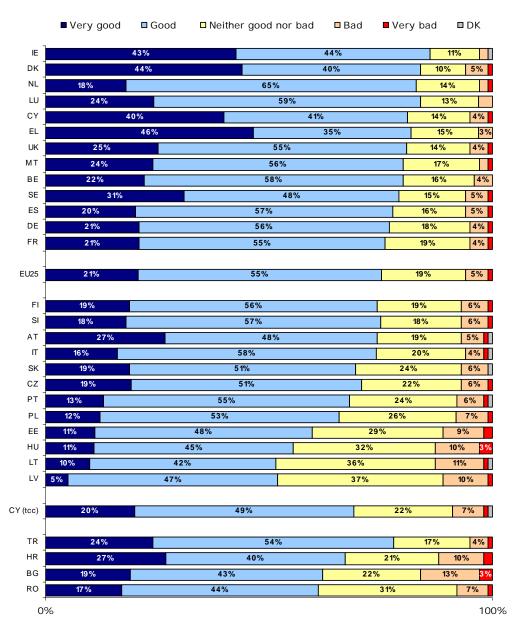
1.1. Health in general

Questionnaire source: Q29

- The general of health of European Union citizens is good -

More than three-quarters (76%) of Europeans consider that they are in good health. Approximately one in five citizens believes that he or she is in very good health (21%) or has a more neutral position (19%) as regards his or her health. Only 5% of respondents described their health as bad (5%) or very bad (1%).

Q29 How is your health in general?



In the European Union, respondents in a majority of the new Member States tend to be more pessimistic about their health in general.

The percentages vary considerably from one Member State to another: a small majority of Latvians and Lithuanians (52%) consider that their health is good or very good while the corresponding percentage is close to or higher than 85% in Denmark (84%) and Ireland (87%).

There are similar differences if only the results of the "very good" replies are taken into consideration: the Irish (43%) and Danish (44%) are again among those who consider that their health in general is very good. This time, however, they are joined by citizens in Greece (46%) and Cyprus (40%). Citizens of the Baltic countries (from 5 to 11% of respondents from those countries consider themselves to be in very good health) while Hungarian citizens are more "negative" (11%) about their health in general.

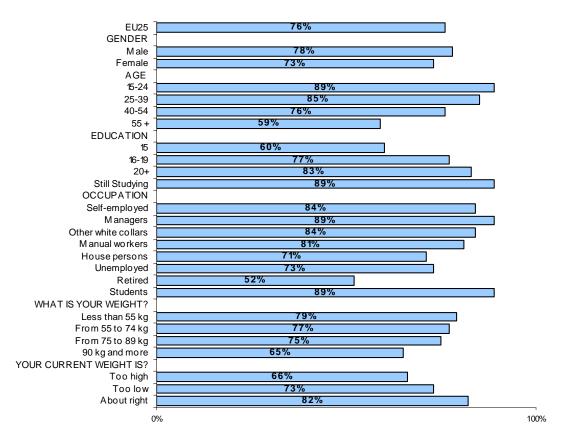
Among the candidate and accession countries, Turkey is the only one where the levels are very close to the EU average. On the other hand, those of the other countries are below the EU average.

An analysis of the replies by socio-demographic variables reveals that men are more optimistic about their health.

Fairly logically, age is a discriminating variable; while 89% of young people (aged between 15 and 24) consider that their health is good, only 59% of people aged 55 and over make the same positive diagnosis of their health.

The heaviest respondents and those who consider that they are overweight are more likely to view their health negatively. This suggests that such people are aware of the negative health effects of a high body weight.

Q29 How is your health in general? Answers: Good and very good



1.2. Illness

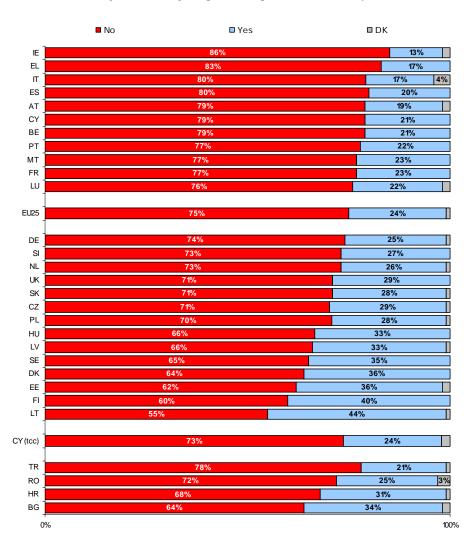
Questionnaire source: Q30 and Q31

- Are people from Northern Europe less healthy than those from the South?-

Three-quarters (75%) of European Union citizens declared that they do not suffer from a long-standing illness or health problem, i.e. a percentage similar to that of Europeans who consider themselves to be in good health.

This percentage varies considerably from one Member State to another. Long-standing illnesses or health problems seem more to be prevalent in the Baltic and Scandinavian countries (from 33% to 44%). On the other hand, citizens in Ireland (13%) and several Mediterranean countries seem to be less affected by long-standing illnesses or health problems.

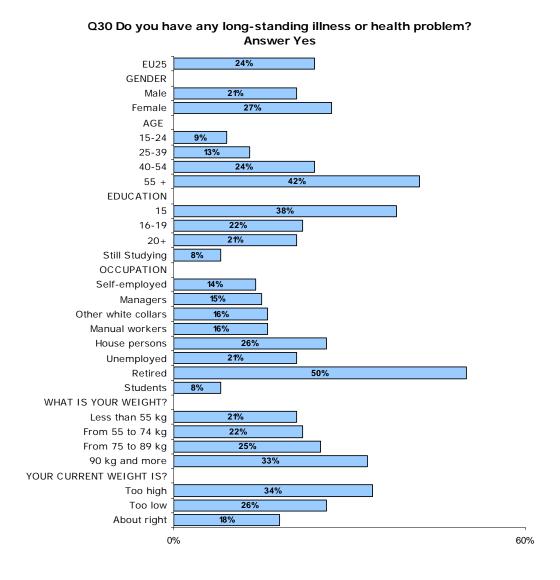
Q30 Do you have any long-standing illness or health problem?



A socio-demographic analysis of the results highlights that women (27%) tend to be more likely to suffer from a long-standing illness or health problem.

Not surprisingly, the percentage of people who declared that they suffer from a long-standing illness or have a health problem increases considerably with age. Other than retired people for whom a high score is logical, it appears that the health of people responsible for looking after the home and unemployed people is worse than that of other categories.

Finally, the heaviest people and those who consider that they are overweight are more likely to have a long-standing illness or health problem.



The results of question 31 enable us to assess the importance of the respondent's health problems.

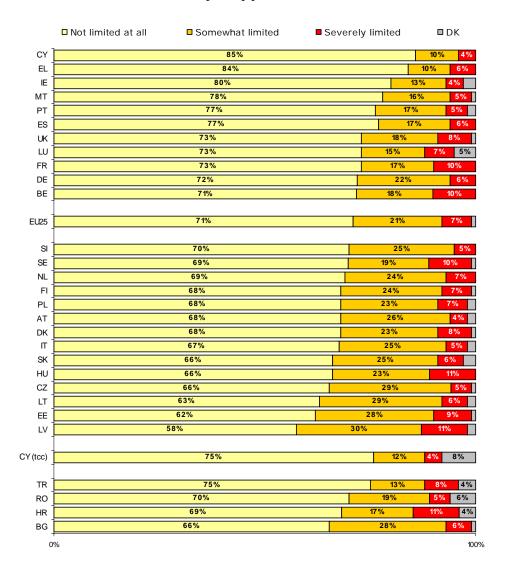
- Approximately 7 out of 10 Europeans have not been prevented from performing "normal" activities over the last 6 months -

Approximately 7 out of 10 European Union citizens have not been prevented from performing "normal" activities over the last 6 months and two out of ten were only somewhat limited in their ability to perform such activities.

Once again, it is the Irish and inhabitants of a majority of Mediterranean countries who seem to suffer the least from health problems. They were less likely to have been prevented from performing activities for health reasons. On the other hand, citizens from the Baltic States and several new Member States were more frequently restricted in their activities because of health problems.

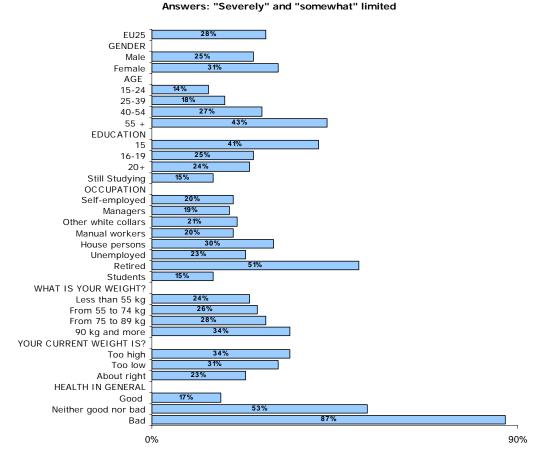
Among the candidate and accession countries, Turkish citizens also seem to be healthier.

Q31 Over the past 6 months, to what extent, if at all, have you been limited in activities people normally do, because of a health problem? Would you say you have been...?



The results obtained for the socio-demographic variables as a whole confirm the results recorded for the previous question: women (31%), the oldest respondents (43%), those who left school the earliest (41%) and the heaviest respondents (34%) are more likely to have been prevented from performing activities for health reasons. This also applies to 87% of those who consider that their health is bad.

Q31 Over the past 6 months, to what extent, if at all, have you been limited in activities people normally do, because of a health problem? Would you say you have been...?



2. Physical characteristics of Europeans

Questionnaire source: Q5 and Q6

2.1. The respondent's height and weight

2.1.2. Height

- People in the North-West of Europe are generally taller than those from the South -

The average height of European Union citizens is 169.9 cm, although this varies considerably from one country to the next, ranging from 164.9 cm in Malta to 174.5 cm in the Netherlands. Citizens in the Germanic countries, Scandinavia and the Czech Republic are noticeably taller.

Among the candidate and accession countries, citizens in **Croatia are the tallest** (172.1 cm); the heights recorded in the other countries are below the European average.

-The average height has increased in most Member States since 2002-

In comparison to the results obtained in the 15 old European Union Member States in 2002, the average height of citizens has increased slightly. The change is as much as or more than 1 cm in the United Kingdom (1.5cm), Luxembourg (1.1cm) and Austria (1cm).

2.1.2. Weight

-The average weight of European Union citizens is 72.2 kg -

The weight of Europeans varies considerably from one country to another. Citizens in Croatia (76.3kg), Denmark (75.9kg), the Netherlands (75.8kg) and Luxembourg (75.6kg) are the only ones whose average weight is over 75kg. On the other hand, the average weight is less than 70kg in Italy (68.7kg), Portugal (69kg) and France (69.7kg).

		Average heigh	t (cm)	Average weight (kg)				
	EB.59.0	EB.63.4	Evol. 63.4/59.0	EB.59.0	EB.63.4	Evol. 63.4/59.0		
EU25		169.9			72.2			
EU15	169.4			71.7				
NL	173.8	174.5	0.7	76.6	75.8	-0.8		
DK	173	172.6	-0.4	74.2	75.9	1.7		
SE	172.3	172.5	0.2	74.2	74.9	0.7		
CZ	/	172.4		/	74.8			
AT	171.3	172.3	1.0	72.1	73.5	1.4		
DE	171.4	171.8	0.4	73.6	74.7	1.1		
LU	170.4	171.5	1.1	72.9	75.6	2.7		
LV	/	171.3		/	73.6			
SK	/	171.2		/	73.4			
SI	/	170.9		/	74.5			
EE	/	170.8		/	73.4			
LT	/	170.8		/	74.5			
BE	169.8	170.3	0.5	71.9	72.7	0.8		
FI	170.3	170.3	0.0	75	74.7	-0.3		
UK	168.6	170.1	1.5	73.8	73.6	-0.2		
IE	170.6	170.0	-0.6	71.6	73.2	1.6		
PL	/	169.4		/	71.3			
HU	/	169.3		/	73.4			
EL	169.1	169.1	0.0	74.6	74.1	-0.5		
FR	168.5	168.8	0.3	68.5	69.7	1.2		
СҮ	/	168.4		/	72.6			
IT	168.1	168.3	0.2	68.5	68.7	0.2		
ES	167.1	167.0	-0.1	70.6	70.7	0.1		
PT	164.9	165.5	0.6	68.8	69.0	0.2		
MT	/	164.9		/	72.2			
CY (tcc)	/	167.7		/	72.3			
HR	/	172.1		/	76.3			
RO	/	169.2		/	71.1			
TR	/	168.4		/	70.0			
BG	/	167.6		/	71.0			

If the respondent's weight is often linked to his or her height, the weight differences recorded cannot systematically be explained by the respondent's height. **The weight/height ratio** provides a clearer picture of the corpulence of Europeans in each country. Citizens in Croatia and Luxembourg have the highest index among the countries participating in this study. At the other end of the scale, citizens in France and Italy have the lowest body mass indexes.

	Weight (kg) /height (cm) ratio						
EU25	0.425	CY (tcc)	0.431				
		CY	0.431				
HR	0.443	IE	0.431				
LU	0.441	EE	0.430				
DK	0.440	LV	0.430				
FI	0.439	SK	0.429				
EL	0.438	BE	0.427				
MT	0.438	AT	0.427				
LT	0.436	BG	0.424				
SI	0.436	ES	0.423				
DE	0.435	PL	0.421				
NL	0.434	RO	0.420				
SE	0.434	PT	0.417				
CZ	0.434	TR	0.416				
HU	0.434	FR	0.413				
UK	0.433	IT	0.408				

- Europeans weigh more in 2005 than in 2002 -

In 11 out of 15 Member States, the weight of citizens has increased, with the most striking increases being in Luxembourg (2.7 kg), Denmark (1.7 kg) and Ireland (1.6 kg).

Weight and height vary according to the socio-demographic variables

In the European Union, men are on average 12.3 cm taller than women and weigh on average 13.1 kg more.

The increase in the average height is reflected in the pyramid of ages: the average height of the youngest age group (aged 15 to 24) is 172.1 cm while it is around 166.8 cm for the oldest respondents.

The weight of respondents increases with age. The weight/height ratio of the youngest respondents is significantly lower than that of people aged 55 and over.

	Average height (cm)	Average weight (kg)	Weight/ height ratio
EU25	169.9	72.2	0,425
GENDER			
Male	176.2	78.9	0,448
Female	163.9	65.8	0,401
Age			
15-24	172.1	66.2	0,385
25-39	171.8	72.1	0,420
40-54	170.3	74.4	0,437
55 +	166.8	73.5	0,441
EDUCATION			
15	166.2	72.9	0,439
16-19	170.2	73.1	0,429
20+	171.8	72.9	0,424
Still Studying	172.8	65.9	0,381
OCCUPATION			
Self-employed	172.9	76.5	0,442
Managers	173.2	74.2	0,428
Other white collars	170.6	71.2	0,417
Manual workers	171.2	73.8	0,431
House persons	163.0	66.9	0,410
Unemployed	170.3	71.7	0,421
Retired	167.2	74.1	0,443
Students	172.8	65.9	0,381

- Are Europeans aware of their weight?-

Respondents who consider that they are overweight generally have a weight/height ratio higher than the others: 0.474 (for an average weight of 80kg and an average height of 168.6 cm). Those who consider that their current weight is about right weigh on average 68.1 kg and are 170.6 cm tall.

	Average height (cm)	Average weight (kg)	Weight/ height ratio
EU25	169.9	72.2	0,425
YOUR CURREI	NT WEIGHT		
Too high	168.6	80.0	0,474
Too low	171.5	61.3	0,357
About right	170.6	68.1	0,399

-People in good health have a lower weight/height ratio-

The situation is similar as regards the respondent's general health: respondents who consider that they are in **good health** have a weight/height ratio below the European average. On the other hand, those who consider that they are in poor health tend to be smaller (166.7 cm) and heavier (74.7 kg).

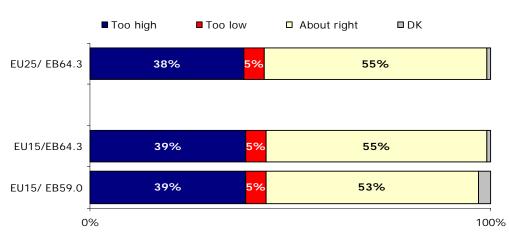
	Average height (cm)	Average weight (kg)	Weight/ height ratio
EU25	169.9	72.2	0,425
HEALTH IN GET			
Good	170.6	71.5	0,419
Neither good nor bad	167.9	74.6	0,444
Bad	166.7	74.7	0,448

2.2. What Europeans think about their weight

Questionnaire source: Q7

- A majority of Europeans are satisfied with their weight -

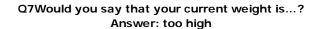
When European Union citizens are asked to assess their weight, a majority of them (55%) consider that it is "about right", 38% think that it is too high and 5% think that it is too low. These levels are more or less in line with those recorded during the last survey on this subject in 2002.

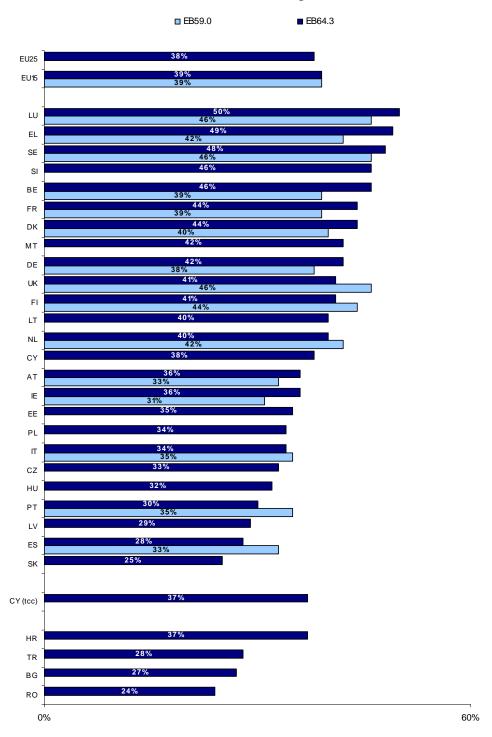


Q7. Would you say that your current weight is...?

An analysis of the results by country, shows that replies can vary by as much as 100% in some countries: a quarter of respondents in Rumania (24%) and Slovakia (25%) consider that they are overweight while one out of two citizens takes that view in Greece (49%) and Luxembourg (50%).

In comparison to 2002, the level of change varies considerably between countries: the feeling of being overweight has increased quite strongly in Greece (+7 points) and Belgium (+7 points), but has fallen noticeably in Spain (-5 points), Portugal (-5 points) and the United Kingdom (- 5 points).



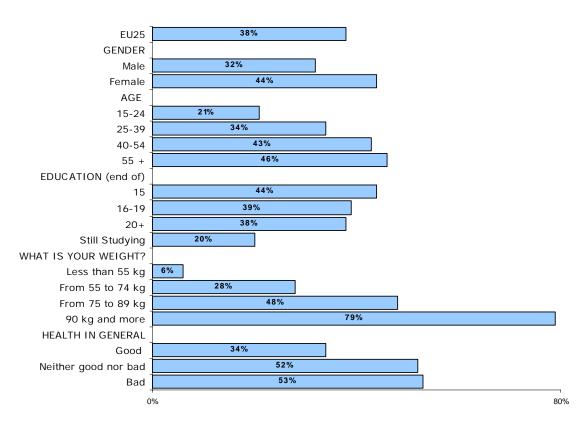


A socio-demographic analysis of the results reveals that women (44%) are far more likely than men (32%) to consider that their weight is too high.

The **youngest respondents** are by far the least likely to consider that they are overweight, which translates the reality observed earlier, namely that the weight of individuals increases with age.

Almost 80% of the people weighing 90 kg and over seem to be aware that their weight is too high. Once again there is a clear link between weight and general health: the heaviest respondents are the least healthy.

QD7 Would you say that your current weight is too high?



3. The eating habits of European Union citizens

Questionnaire source: Q8, Q9, Q13, Q14

3.1. A healthy diet

3.1.1. The meaning of "eating a healthy diet"

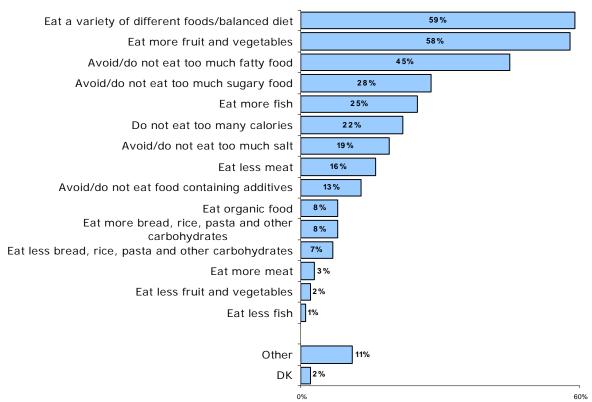
A majority of Europeans believe that "eating a healthy diet" means a "balanced and varied diet", but also involves eating more fruit and vegetables -

In the European Union, almost three out of five respondents believe that eating a healthy diet means above all eating a variety of different foods (59%) and eating more fruit and vegetables (58%). For more than 45% of respondents, eating too much fat food is incompatible with healthy eating.

Approximately one out of four/five respondents considers that "healthy eating" means avoiding too much sugary food or too much salt and eating more fish.

Q8 We often hear people talking about the importance of eating a health diet. What do you think "eating a healthy diet" involves?

(SPONTANIOUS - MULTIPLE ANSWERS POSSIBLE)



An analysis of the socio-demographic variables for the three most frequently mentioned replies reveals that:

a. Eating a variety of different foods/having a balanced diet

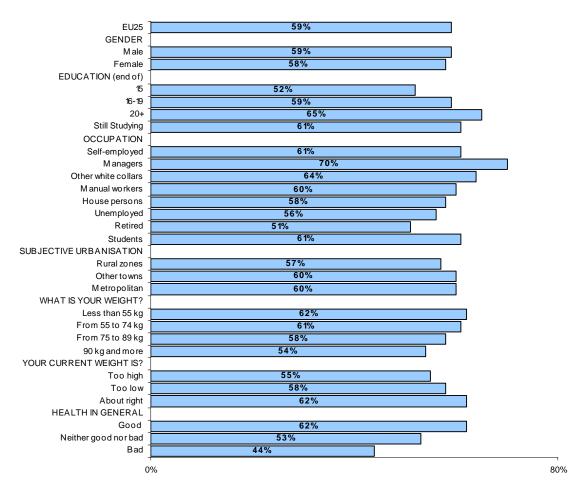
- Those who studied the longest, weigh the least and people who are in good health are more aware of the benefits of a varied diet -

65% of those who studied up to the age of at least 20 associate healthy eating with eating a variety of different foods and a balanced diet. The same observation applies to a high socio-professional status.

The slimmest people, those who consider that their weight is right and those who consider that they are in good health are more likely to believe that a varied diet contributes to healthy eating.

Q8 We often hear people talking about the importance of eating a health diet. What do you think "eating a healthy diet" involves?

Eat a variety of different foods/balanced diet

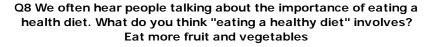


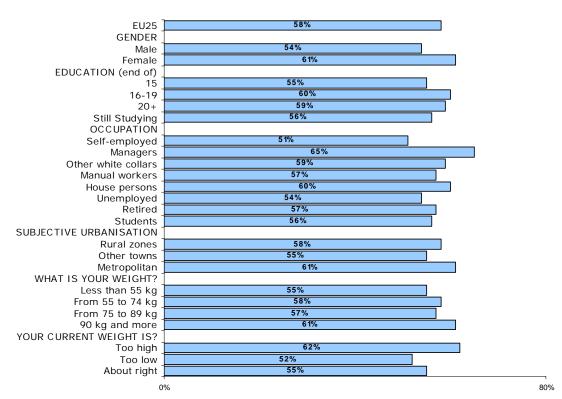
b. Eating more fruit and vegetables

Women are far more likely than men (61% versus 54%) to associate a healthy diet with eating more fruit and vegetables. On the other hand, people who finished their studies the earliest are slightly less likely to make this connection (55%).

In socio-professional terms, **senior managers** also stand out by their greater awareness of the health benefits of eating more fruit and vegetables. On the other hand, self-employed people (51%) seem particularly unconvinced about the benefits of eating more fruit and vegetables.

People living in large towns (61%), the heaviest people (61%) and those who think that their weight is too high (62%) are also more likely to equate healthy eating with eating more fruit and vegetables.





c. Avoiding, not eating too much fatty food

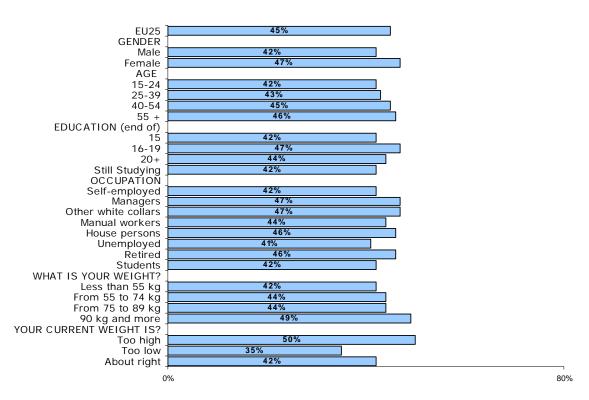
Once again, **women** (47%) are more likely than men (42%) to be aware of the meaning of a "healthy diet" and suggest more often avoiding eating too much fatty food. The frequency with which this reply is mentioned also increases slightly with the respondent's age.

Senior managers and people in an employed position are also slightly more aware of the risks of eating too much fatty food.

Finally, people who are overweight (49%) or who think that their weight is too high (50%) associate healthy eating with eating less fatty food.

Q8 We often hear people talking about the importance of eating a health diet. What do you think "eating a healthy diet" involves?

Avoid/do not eat too much fatty food



3.1.2. What Europeans think about the quality of their diet

Questionnaire source: Q9

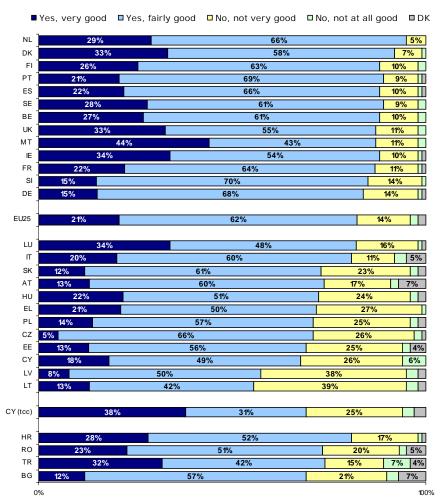
- 4 out of 5 Europeans consider that what they eat is good for their health -

More than four out of five European Union citizens (83%) consider that what they eat is good for their health and 21% even declared that their eating habits are very healthy.

These proportions vary considerably within the European Union. Less than 60% of citizens in Latvia (58%) and Lithuania (55%) consider that that have healthy eating habits while the percentage is more than 90% in the Netherlands (95%) and Denmark (91%). The chart below shows that a majority of the new Member States are among the countries where citizens are more likely to consider that they do not eat well.

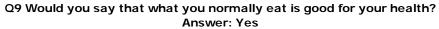
Overall the results in the candidate and accession countries are comparable to those recorded in most of the new European Union Member States. However, citizens in Croatia stand out in that they have a better opinion of their eating habits.

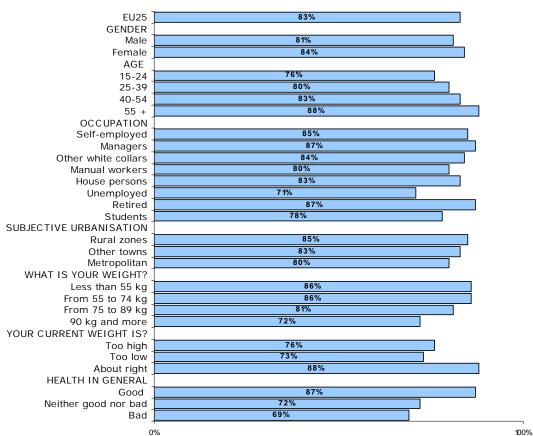
Q9 Would you say that what you normally eat is good for your health?



The percentage of respondents who believe that what they eat is good for them varies according to the respondent's age: from 76% among the youngest age group to 88% among the oldest respondents. People with a high professional status are more likely to consider that they eat healthily.

The impact of diet on health is illustrated by the high proportion of people whose health is good and who consider that they have a healthy diet.





3.1.3. Is it easy to eat a healthy diet?

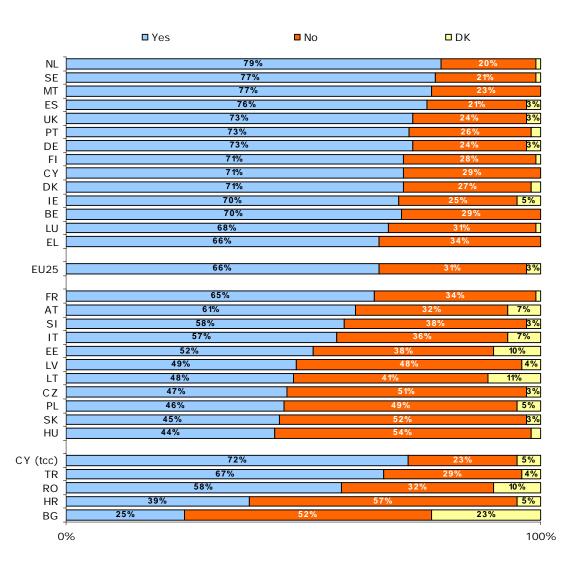
Questionnaire source: Q13

- Two-thirds of EU citizens believe that it is easy to eat a healthy diet -

Two-thirds of European Union citizens believe that it is easy to eat a healthy diet. However, when the results are analysed by country, there are important differences between the Member States: seven out of the ten new Member States have the lowest scores as can be seen from the chart below. Malta (77%) is once again the exception and is among the countries with the highest percentages of citizens who consider that it is easy to eat a healthy diet, just behind the Netherlands (79%) and Sweden (77%).

Turkey (67%) stands out among the candidate and accession countries by its percentage of positive replies which is, moreover, above the European average. On the other hand, the corresponding scores are particularly low in Croatia (39%) and above all Bulgaria (25%).

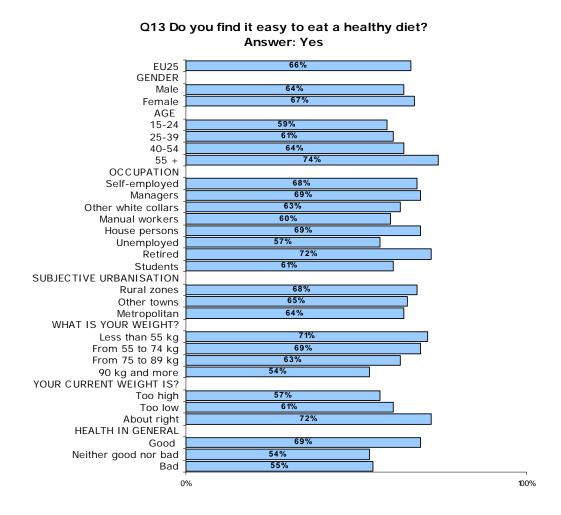
Q13 Do you find it easy to eat a healthy diet?



The older the respondents the easier they believe it is to eat a healthy diet and almost three quarters of the "55 and over" age group believe that healthy eating is easy.

Unemployed people (57%) and students (61%) are less likely to agree with the idea that it is easy to eat a healthy diet.

The **slimmest people**, the respondents who consider that their weight is right and those who consider that they are in **good health** are far more likely than the others to take the view that it is easy to eat a healthy diet.



3.1.4. Why is it not easy to eat a healthy diet?

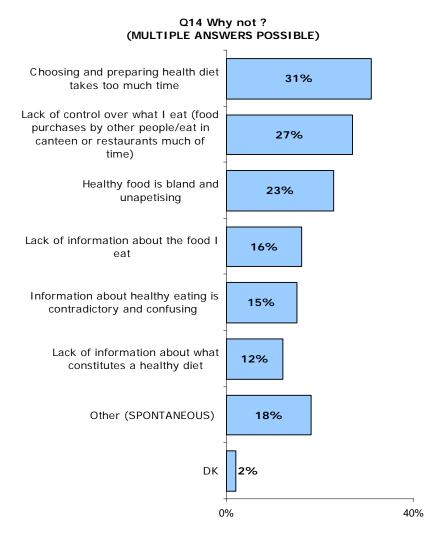
Questionnaire source: Q14

- The lifestyle of EU citizens seems to be the main obstacle to healthy eating -

In the European Union, time (31%) and a lack of control over what they eat (27%) are the two main reasons given by people to explain the difficulty in eating a healthy diet.

The third most frequently mentioned reason is that healthy food is seen as bland and unappetising (23%).

On the other hand, the lack of information or the poor quality of available information does not seem to be major obstacles to healthy eating.



- 27 -

An analysis of the frequency with which the various replies are mentioned highlights different reasons why citizens find it difficult to eat a healthy diet:

Choosing and preparing health diet takes too much time		Lack of control over what I eat (food purchases by other people/eat in canteen or restaurants much of time)		Healthy food is bland and unapetising Lack of information about the food I eat		Information about healthy eating is contradictory and confusing		information about what constitutes a			
SI	53%	LU	43%	MT	56%	IT	23%	DK	28%	AT	26%
CY	45%	ΙE	38%	CY	46%	EL	22%	SK	28%	EL	23%
DK	44%	LT	38%	IE	35%	EE	21%	CZ	27%	SK	21%
FR	41%	CY	36%	EL	34%	FR	20%	LU	25%	SI	20%
AT	41%	BE	34%	CZ	33%	AT	20%	AT	25%	ES	17%
LV	39%	DE	33%	SI	32%	PL	20%	HU	23%	PT	17%
SE	39%	SK	32%	FI	32%	SI	20%	PL	19%	FR	16%
SK	38%	UK	31%	LT	29%	CY	19%	SI	19%	CY	15%
LU	37%	DK	30%	PT	29%	SK	19%	FI	19%	IT	14%
EE	36%	CZ	29%	DE	28%	HU	17%	DE	17%	BE	13%
IE	35%	MT	28%	AT	26%	EU25	16%	EE	16%	CZ	13%
PL	34%	NL	28%	ES	25%	CZ	16%	EU25	15%	LU	13%
EL	33%	EU25	27%	LU	25%	DE	15%	FR	15%	EU25	12%
EU25	31%	FR	27%	SE	25%	LV	14%	CY	15%	EE	12%
CZ	29%	PT	27%	IT	24%	BE	13%	BE	14%	PL	12%
DE	29%	SE	27%	EU25	23%	SE	13%	SE	14%	SE	12%
NL	29%	AT	26%	BE	23%	FI	12%	LV	13%	DE	10%
BE	28%	IT	24%	LV	22%	LU	11%	ES	12%	DK	9%
ES	28%	EE	23%	UK	22%	LT	9%	ΙΤ	12%	LT	9%
FI	28%	EL	23%	SK	21%	PT	9%	EL	10%	IE	8%
LT	27%	ES	23%	DK	19%	UK	9%	IE	10%	LV	8%
IT	26%	PL	21%	EE	19%	DK	8%	LT	10%	FI	8%
HU	26%	SI	21%	FR	17%	ES	8%	NL	9%	HU	7%
UK	25%	HU	17%	HU	16%	IE	8%	PT	9%	UK	4%
MT	17%	FI	17%	NL	16%	MT	<i>3%</i>	UK	6%	NL	<i>3%</i>
PT	11%	LV	14%	PL	15%	NL	3%	MT	3%	MT	2%
CY (tcc)	5%	CY (tcc)	13%	CY (tcc)	20%	CY (tcc)	7%	CY (tcc)	17%	CY (tcc)	28%
BG	37%	HR	26%	RO	17%	TR	30%	TR	24%	TR	33%
HR	31%	TR	26%	BG	16%	RO	19%	BG	15%	RO	21%
RO	24%	RO	18%	HR	16%	BG	16%	RO	12%	HR	13%
TR	12%	BG	11%	TR	9%	HR	10%	HR	11%	BG	11%

Time, the main reason given at European level to explain the difficulty in eating a healthy diet, was mentioned very frequently in Slovenia (53%), Cyprus (45%) and Denmark (44%). On the other hand, this reason was mentioned by relatively few citizens in Malta (17%) and Portugal (11%).

Only 11% of citizens in Bulgaria, 13% of inhabitants in the Turkish Cypriot Community and 14% of citizens in Latvia mentioned the **lack of control over what they eat**, while this reason was mentioned by 43% of citizens in Luxembourg and 38% of citizens in Ireland and Lithuania.

A majority of citizens in Malta (56%) and 46% of Cypriots **think that healthy food is bland and unappetising** whereas only 9% of Turkish citizens and 15% of Polish citizens mentioned this reason.

Only 3% of citizens in Malta and the Netherlands mentioned a **lack of information about what they eat** while the corresponding percentage is more than 20% in Italy (23%), Greece (22%) and Estonia (21%).

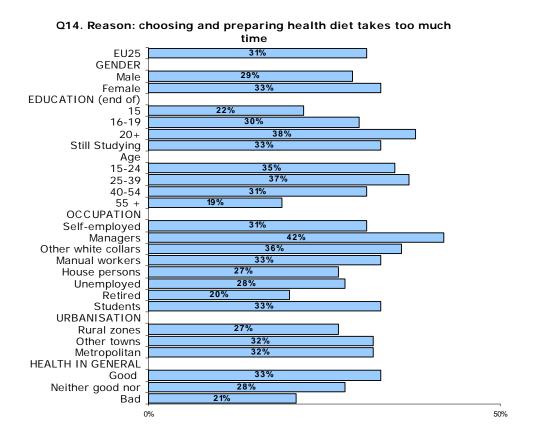
Some 28% of citizens in Denmark and Slovakia, and 27% of Czech citizens consider that **information about healthy eating is contradictory and confusing**. On the other hand, only 3% of citizens in Malta and 6% of British citizens gave that as a reason.

The lack of information about what constitutes a healthy diet was mentioned by very few citizens in Malta (2%), the Netherlands (3%) and the United Kingdom (4%). On the other hand, this reason was mentioned by more than 20% of citizens in Austria (26%), Greece (23%) and Slovakia (21%).

- The lack of time tends to be mentioned more frequently by people with the highest socio-professional status -

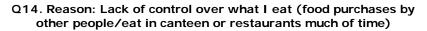
An analysis of the results by socio-demographic variables for the three most frequently mentioned replies reveals that a lack of time is mentioned particularly often by people who **studied the longest** (38%), **senior managers** (42%) and to a lesser extent by people in an employed position (36%).

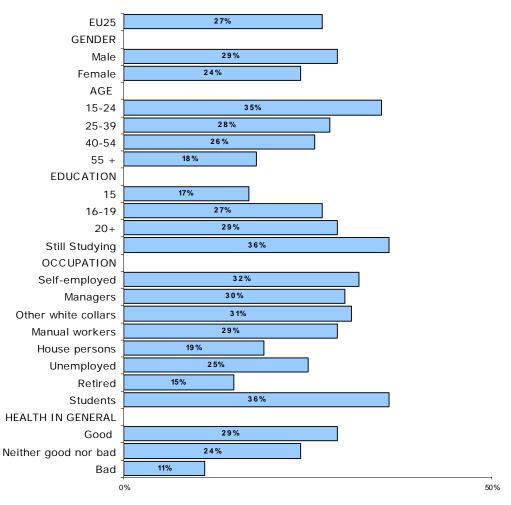
Finally, it is noteworthy that people living in **rural areas** seem to be less affected by a lack of time then people living in large towns.



- The lack of control over what they eat is mentioned particularly often by active people and those in the youngest age group -

The lack of control over what they eat was mentioned more frequently by men (29%), young people (35%), students (36%) and "active" people (from 29% among manual workers to 36% among self-employed people). This lack of control seems consequently to be linked to the lack of independence or availability of those categories, either because they work outside the home or because they are not in charge of the food purchases.



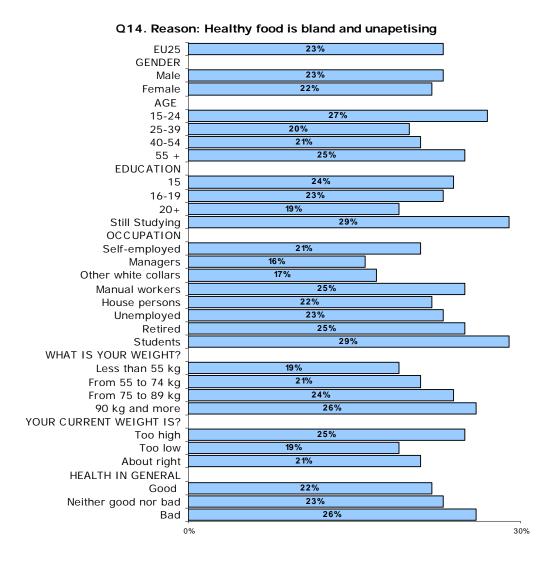


- The youngest respondents, those who left school the earliest and overweight people mention more frequently that healthy food is bland and unattractive -

The youngest (27%) and oldest (25%) respondents mentioned **more frequently** the view that healthy food is bland and unattractive as the reason why they find it difficult to eat a healthy diet.

On the other hand, this reason was mentioned **far less** by people who stayed longer in full-time education (19%), senior managers (16%) and people in an employed position (17%).

The heaviest respondents and those who consider that they weigh too much tend to mention this reason more frequently.



- 32 -

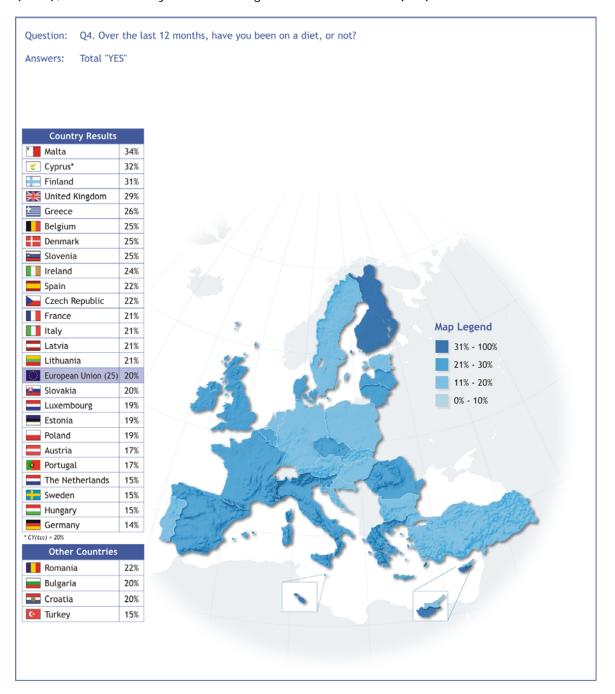
3.2. A change in eating habits

3.2.1. European citizens who have dieted over the last 12 months

Questionnaire source: Q4

- One out of five Europeans has dieted over the last 12 months-

In Europe, approximately one of five respondents has been on a diet over the last 12 months. Those who have went on a diet did so either of their own volition (11%), or because they were following their doctor's advice (8%).



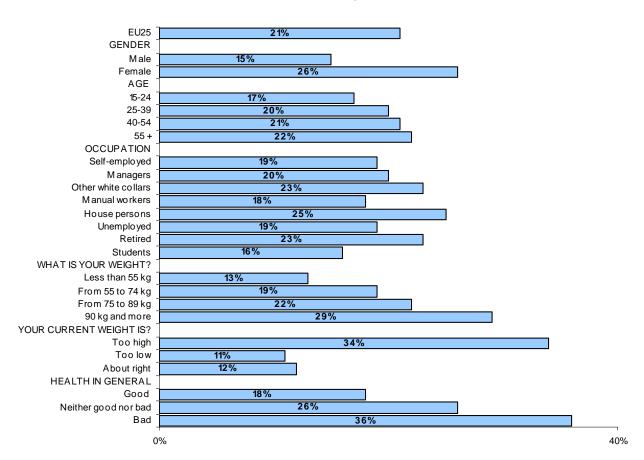
Women (26%) are far more likely than men (15%) to have been on a diet over the last 12 months.

This frequency **increases slightly with age**. In terms of the respondent's occupation, **people looking after the home** (25%) and **retired people** (23%) are among those who are more likely to have been on a diet. These higher rates can be explained by the higher proportion of women in the first group and by age related health problems in the second group. The percentage of people who have dieted is also higher among those in an employed position.

- People go on a diet because they have either a weight or health problem -

Among those who consider that their weight is too high, 34 have been on a diet over the last 12 months, i.e. three times more than the other categories for this variable. Respondents who consider that their health is poor are also more likely to have been on a diet.

Q4 Over the last 12 months, have you been on a diet, or not?



3.2.2. European citizens who have changed what they eat or drink within the last 12 months

Questionnaire source: Q10

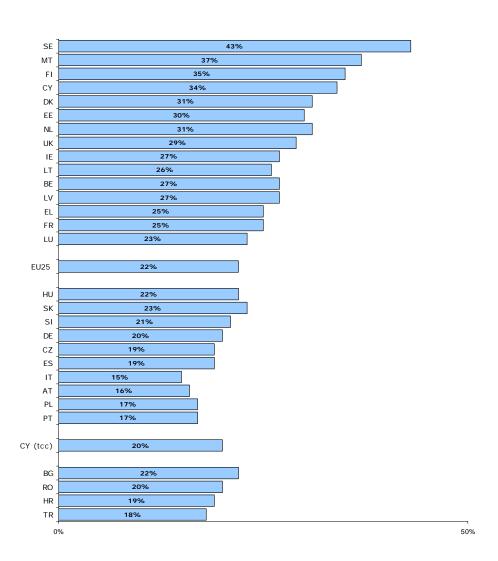
- One in five Europeans has changed what he or she eats within the last year -

In the European Union, approximately one in five respondents (22%) has changed his or her eating habits over the last year. It is to be noted that this proportion is similar to the percentage of Europeans who declared that they had been on a diet during the same period.

This proportion varies considerably within Europe: more than a third of citizens in Sweden (43%), Malta (37%), Finland (35%) and Cyprus (34%) declared that they had changed what they eat or drink over the last twelve months, while barely 15% of Italians and 16% of Austrians have changed their eating or drinking habits. The percentages of positive replies in the candidate and accession countries are generally lower than the European average.

Q10 Have you changed what you eat or drink within the last year?

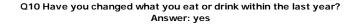
Answer: yes

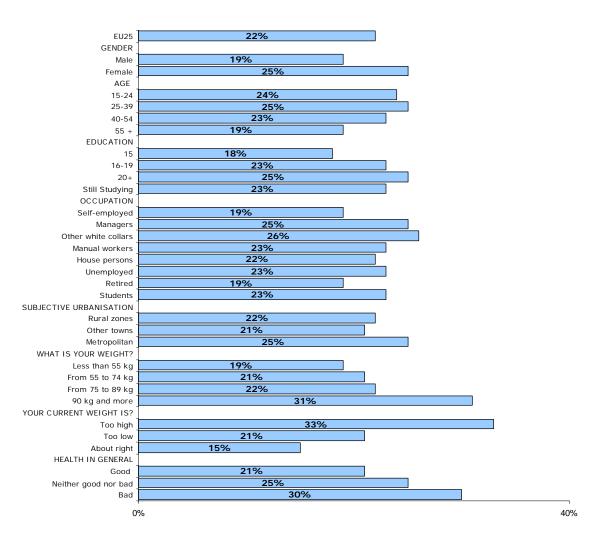


Women (25%) are more likely than men (19%) to have changed their eating or drinking habits over the past year.

People aged under 55, those who studied the longest, senior managers and people in an employed position, and those living in large towns are also more likely to have changed what they eat or drink over the last year.

People sometimes make the decision to go on a diet for health reasons and people who consider that their weight is too high or are in bad health are more likely to have changed their eating or drinking habits.





3.2.3. Type of change made

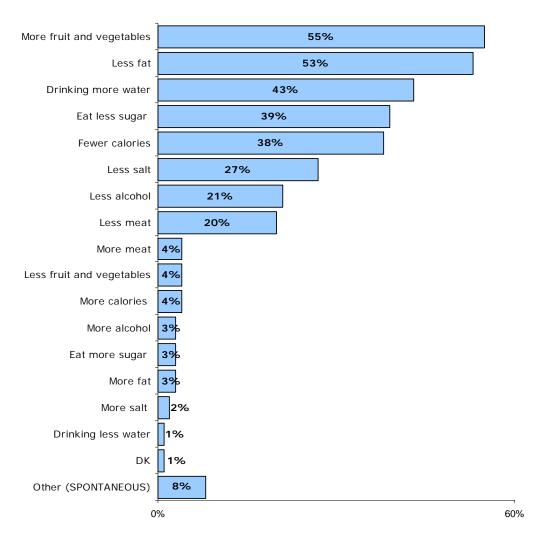
Questionnaire source: Q11 - Filtered question

- The most frequently mentioned changes are eating more vegetables and less fat -

A majority of the respondents who have changed what they eat or drink over the last year declared that they eat more vegetables (55%) and less fat (53%).

Several other changes were also mentioned: approximately four out of ten respondents mentioned drinking more water (43%), eating less sugar (39%) and fewer calories (38%).

Q11 What kind of changes did you make? (EU25)



An analysis of the results by country reveals important differences in what people eat and drink.

Eating more fruit and vegetables was preferred by four out of ten respondents having changed their eating habits in Spain (40%), Portugal (42%) and Turkey (39%), while the corresponding proportion is 70% in Denmark and Slovenia. It is noteworthy that the percentages recorded in the Mediterranean countries are lower. This suggests that there is a link between the scores recorded and the already higher consumption of fruit and vegetables in those countries.

More than two-thirds (68%) of citizens in Slovenia and Cyprus have changed their eating habits, declaring that they **eat less fat**, compared with only 36% of citizens in Lithuania and 34% of inhabitants of the Turkish Cypriot Community.

Almost or just over 60% of citizens in Denmark (62%), Belgium, the Czech Republic and Slovakia (59%) declared that they have changed what they eat and drink **by drinking more water**, compared with only 20% in Spain and 17% in Turkey.

More than 60% of Swedish citizens (63%) declared that they **eat less sugar**, compared with only 29% of citizens in Latvia, 30% of Turkish citizens and 13% of inhabitants of the Turkish Cypriot Community.

A majority of Austrians (55%) declared that they consume **fewer calories** while the corresponding percentage is as low as one in four respondents in Sweden and the United Kingdom.

More than four out of ten respondents in Portugal (43%) and the United Kingdom declared that they **eat less salt** compared with only 16% of Danish and Dutch citizens.

Almost 30% of citizens in Denmark and the United Kingdom (29%) declared that they **drink less alcohol** compared with only 7% of respondents in Hungary and 2% of Turkish citizens.

A third of citizens in Slovenia (34%) and Germany mentioned as the main change in their eating habits the fact that they **eat less meat**, compared with only 9% of citizens in Sweden and Spain.

Q11 What kind of changes did you make? (SEVERAL ANSWERS POSSIBLE)

More fruit and vegetables		Less fat		Drinking more water		Eat less sugar		Fewer calories		Less salt		Less alcohol		Less meat	
DK	70%	CY	68%	DK	62%	SE	63%	AT	55%	PT	43%	DK	29%	SI	34%
SI	70%	SI	68%	BE	59%	SI	49%	EL	49%	UK	41%	UK	29%	DE	33%
EE	69%	PT	66%	CZ	59%	DK	47%	DE	47%	SK	39%	AT	26%	BE	32%
CZ	68%	LU	64%	SK	59%	EE	47%	SI	46%	LT	37%	EE	24%	LU	31%
SE	67%	DK	63%	LU	58%	PT	47%	ES	45%	EE	36%	FR	24%	LT	29%
CY	62%	FR	61%	MT	56%	BE	46%	IT	44%	IE	36%	CZ	23%	CY	28%
SK	60%	EE	58%	SI	54%	EL	46%	PT	44%	SI	35%	BE	22%	AT	26%
UK	60%	LT	58%	UK	53%	CY	46%	CZ	43%	EL	33%	DE	22%	EL	25%
DE	59%	PL	57%	DE	50%	MT	46%	DK	43%	FI	30%	LT	22%	FR	24%
LU	58%	EL	56%	CY	50%	CZ	42%	IE	41%	CY	29%	SI	22%	MT	24%
AT	57%	FI	56%	IE	48%	SK	41%	LU	41%	EU25	27%	SE	22%	PT	24%
PL	57%	DE	55%	AT	48%	EU25	39%	PL	41%	IT	26%	EU25	21%	PL	22%
EU25	55%	IE	55%	EE	46%	FI	39%	FI	41%	HU	26%	IE	21%	EE	21%
IE	55%	BE	54%	NL	46%	FR	38%	BE	40%	PL	26%	LU	21%	EU25	20%
LT	55%	SK	54%	SE	46%	LU	38%	CY	39%	MT	25%	PT	21%	SK	19%
FR	54%	EU25	53%	EU25	43%	NL	38%	HU	39%	ES	24%	LV	20%	DK	18%
HU	54%	MT	52%	FR	41%	DE	37%	EU25	38%	LV	24%	SK	20%	IT	18%
EL	53%	SE	52%	EL	40%	LT	37%	EE	38%	AT	24%	FI	19%	NL	16%
LV	53%	UK	51%	FI	39%	AT	37%	NL	37%	BE	23%	ES	18%	IE	15%
MT	53%	AT	50%	LV	37%	PL	37%	SK	36%	CZ	23%	MT	16%	HU	15%
FI	53%	ES	47%	PL	33%	UK	37%	FR	35%	SE	23%	EL	15%	UK	13%
BE	51%	CZ	46%	LT	32%	IE	35%	LT	32%	FR	21%	IT	14%	CZ	12%
IT	50%	NL	44%	PT	31%	IT	35%	MT	27%	LU	21%	CY	12%	FI	11%
NL	46%	HU	43%	HU	30%	HU	35%	LV	26%	DE	19%	NL	11%	LV	10%
PT	42%	IT	41%	IT	28%	ES	31%	SE	25%	DK	16%	PL	11%	ES	9%
ES	40%	LV	36%	ES	20%	LV	29%	UK	25%	NL	16%	HU	7%	SE	9%
CY (tcc)	45%	CY (tcc)	34%	CY (tcc)	31%	CY (tcc)	13%	CY (tcc)	40%	CY (tcc)	20%	CY (tcc)	6%	CY (tcc)	22%
RO	58%	RO	63%	HR	40%	HR	43%	TR	43%	RO	46%	RO	26%	RO	32%
BG	56%	HR	59%	RO	29%	RO	33%	HR	38%	BG	35%	HR	20%	BG	27%
HR	55%	TR	47%	BG	28%	BG	31%	RO	31%	HR	33%	BG	15%	HR	24%
TR	39%	BG	46%	TR	17%	TR	30%	BG	27%	TR	33%	TR	2%	TR	17%

The frequency with which the different types of changes are mentioned is higher among **women**, with one important exception, namely alcohol consumption: 28% of men who declared that they have changed what they eat or drink have reduced their **alcohol** consumption compared with only 16% of women.

For most of the replies mentioned **the frequency of the change in eating or drinking habits increases with age**. This is particularly noticeable as regards the consumption of fat, sugar, calories, meat and salt. However, the opposite applies as regards drinking water.

Q11 What kind of changes did you make? (SEVERAL ANSWERS POSSIBLE)

	-		•				•	•
	More fruit and vegetables	Less fat	Drinking more water	Eat less sugar	Fewer calories	Less meat	Less salt	Less alcohol
EU25	55%	53%	43%	39%	38%	20%	27%	21%
GENDER								
Male	51%	51%	40%	37%	37%	19%	26%	28%
Female	57%	54%	44%	40%	40%	21%	27%	16%
AGE								
15-24	52%	40%	48%	30%	31%	11%	20%	19%
25-39	55%	47%	43%	36%	33%	15%	23%	22%
40-54	59%	59%	45%	41%	43%	23%	26%	22%
55 +	53%	60%	37%	45%	45%	29%	36%	19%
SUBJECTIVE URBANISA	TION							
Rural zones	58%	55%	42%	41%	36%	19%	28%	19%
Other towns	55%	54%	43%	38%	41%	22%	25%	21%
Metropolitan	52%	48%	43%	38%	39%	20%	28%	22%
WHAT IS YOUR WEIGH	T?							
Less than 55 kg	51%	41%	39%	34%	21%	20%	21%	14%
From 55 to 74 kg	54%	49%	40%	36%	36%	21%	25%	17%
From 75 to 89 kg	58%	58%	46%	40%	41%	21%	29%	26%
90 kg and more	57%	58%	46%	46%	49%	17%	29%	26%
YOUR CURRENT WEIGH	IT IS?							
Too high	59%	58%	45%	44%	45%	21%	29%	21%
Too low	40%	27%	29%	20%	16%	19%	20%	14%
About right	51%	47%	41%	33%	31%	19%	24%	21%
HEALTH IN GENERAL								
Good	56%	51%	44%	38%	37%	19%	26%	21%
Neither good nor bad	50%	56%	41%	39%	42%	23%	28%	18%
Bad	54%	57%	33%	47%	45%	27%	32%	25%

People who are in poor health are more likely to mention eating less fat, less sugar, fewer calories, less meat and less salt. On the other hand, it is particularly noticeable that people in good health tend to opt for drinking more water.

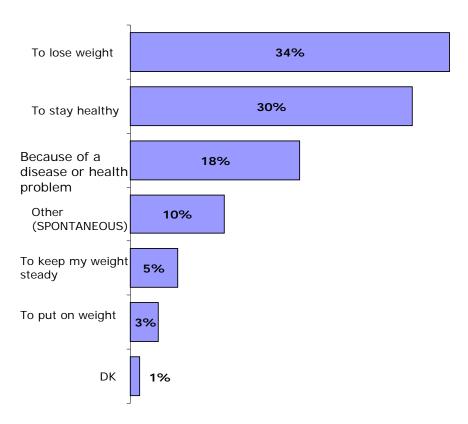
3.2.4. The main reason for these changes

Questionnaire source: Q12 - Filtered question

- The main reasons given by people for changing what they eat or drink are wanting to lose weight and wanting to stay healthy -

The reasons the most frequently mentioned by people who have changed what they eat or drink are wanting to lose weight (34%) and wanting to stay healthy (30%). Approximately one in five Europeans stated that they had made such change because of an illness or health problem (18%). The other reasons were mentioned far less frequently.

Q12 What was the main reason for these changes? Was it...? (EU25)



The main reason given in approximately half of the European Union Member States was the wish to lose weight; the other Member States mentioned more frequently the wish to stay healthy. The percentages vary considerably within the EU: only 22% of citizens in Lithuania mentioned losing weight compared with more than half of Austrians (55%). On the other hand, 21% of Austrians and Spaniards mentioned "staying healthy" compared with 43% of Finish citizens.

Citizens in Portugal (38%), Rumania, Bulgaria and Croatia (35%) explained more often the change in what they eat or drink by an illness or health problem.

An analysis of the results by socio-demographic variables reveals that wanting to lose weight is mentioned far more frequently by women (39%), people who finished their studies between the ages of 16 and 19 (39%) and people looking after the home (42%).

Quite logically, the heaviest people (46%) mentioned more frequently wanting to "lose weight", while those who consider that their weight is right (41%) mentioned "staying healthy" and those who consider that their health is poor and retired people (40%) mentioned an "illness or health problem". People with the highest socio-professional status also mentioned more frequently the wish to "stay healthy" as the reason for changing their eating to drinking habits.

Q12 What was the main reason for these changes? Was it...?

	To lose weight	To stay healthy	Because of a disease or health problem
EU25	34%	30%	18%
GENDER			
Male	26%	34%	19%
Female	39%	27%	17%
AGE			
15-24	33%	31%	7%
25-39	37%	29%	10%
40-54	38%	31%	18%
55 +	27%	29%	33%
EDUCATION (end of)			
15	30%	26%	32%
16-19	39%	28%	17%
20+	30%	35%	14%
Still Studying	31%	31%	8%
OCCUPATION			
Self-employed	29%	37%	14%
Managers	33%	36%	13%
Other white collars	37%	33%	12%
Manual workers	38%	29%	13%
House persons	42%	24%	15%
Unemployed	37%	24%	16%
Retired	25%	26%	40%
Students	31%	31%	8%
WHAT IS YOUR WEIGHT?			
Less than 55 kg	16%	38%	18%
From 55 to 74 kg	29%	33%	17%
From 75 to 89 kg	37%	28%	20%
90 kg and more	46%	24%	18%
YOUR CURRENT WEIGHT	ΓIS?		
Too high	48%	22%	18%
Too low	6%	31%	21%
About right	16%	41%	18%
HEALTH IN GENERAL			
Good	34%	34%	10%
Neither good nor bad	33%	21%	32%
Bad	27%	15%	50%

4. Diet and the problems related to being overweight

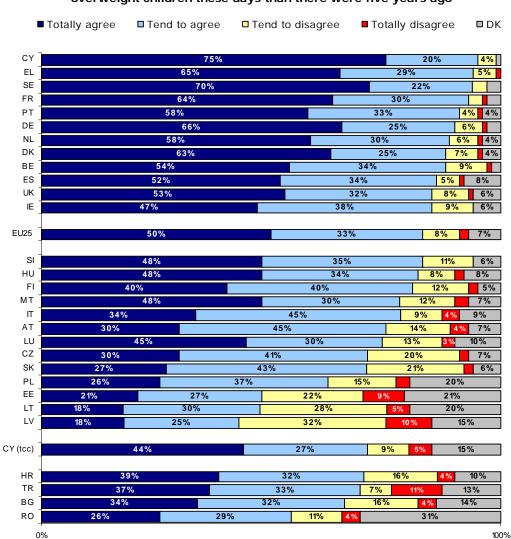
4.1. Diet and obesity among children

4.1.1. Changes in obesity levels over 5 years

Questionnaire source: Q24.1

- 83% of Europeans think that there are more obese children today than 5 years ago-

In the European Union, a vast majority of respondents support the view that obesity in children has increased over the last 5 yeas: 83% of respondents think that there are more obese children (83%) today than 5 years ago and three-quarters declared that they "totally agree" with this statement.



Q24.1. From what I see in (OUR COUNTRY), there seem to be more overweight children these days than there were five years ago

- Strong support for this view in a majority of Member States -

In 22 of the 25 Member States, and in all the candidate and accession countries, a majority of respondents agree with the statement that more children have obesity problems than five years ago.

However, the level of agreement varies quite considerably across the European Union, especially when the "totally agree" replies are taken into consideration. This proportion varies from 18% in Latvia and Lithuania to 70% in Sweden and 75% in Cyprus. It is noteworthy that the proportion of respondents in agreement with this statement is considerably lower in several new Member States and in the candidate and accession countries.

A socio-demographic analysis of the replies to this question does not reveal any real cleavages, which demonstrates that this problem is clearly understood by all sectors of the population.

4.1.2. What influences children's eating habits?

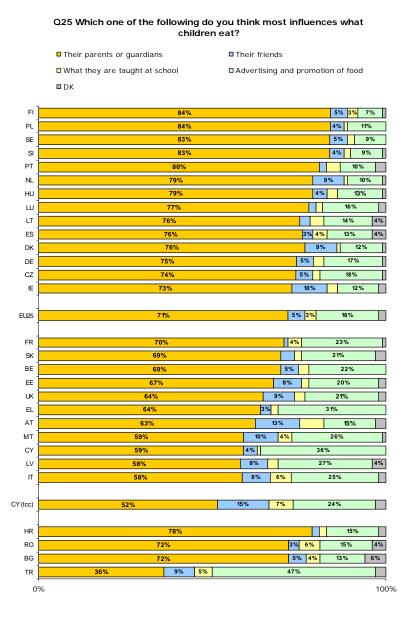
Questionnaire source: Q25

- Parents or guardians have the most influence over what children eat -

In the European Union, more than seven out of ten respondents believe that parents or guardians have the most influence over what their children eat. Within the EU, this proportion varies from 58% in Italy to 84% in Finland.

Among the candidate and accession countries, the low score in Turkey (36%) for this proposed reply is noteworthy.

Food advertising and promotion is the second most frequently mentioned reason in Europe. However, the frequency with which this reason is mentioned varies quite considerably, ranging from 7% in Finland to 36% in Cyprus and 47% in Turkey.

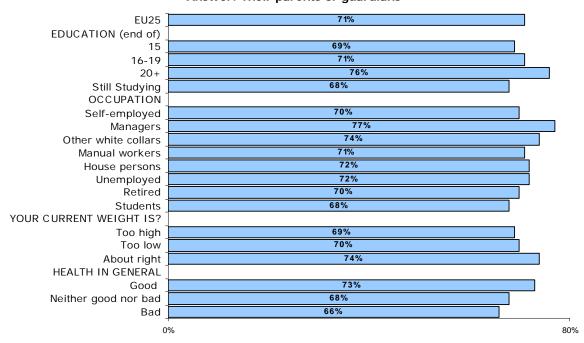


An analysis of the results by socio-demographic variables reveals that respondents who studied up to the age of 20 and beyond (76%), managers (77%) and people in an employed position (74%) recognise the role that "parents or guardians" play in influencing their children's eating habits.

Respondents who consider that their weight is right (74%) and those who consider that they are in good health (73%) are more likely to mention this reply.

Q25 Which one of the following do you think most influences what children eat?

Answer: Their parents or guardians



4.1.3. The influence of food advertising and promotion on the choice of what children eat

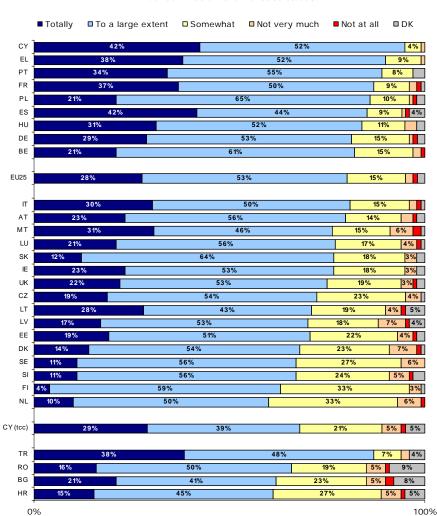
Questionnaire source: Q27

- Food advertising and promotion has a considerable influence on what children eat -

In the European Union, 96% of respondents consider that food advertising and promotion influences children's eating habits: 28% consider that this influence is preponderant, 53% consider that it plays an important role while 15% consider that advertising media have little influence in this area.

Although there seems to be a consensus in all the countries participating in this survey that food advertising and promotion influences children's eating habits, the proportions vary considerably from one country to another. Some 60% of Dutch citizens believe that food advertising and promotion influences their children, while the percentage is as high as 90% in Greece, 94% in Cyprus and 96% in Turkey.

The socio-demographic variables reveal no significant cleavages for this question and there is clearly a strong consensus in all the categories regarding the influence of food advertising and promotion.



Q27 To what extent do you think food advertising and promotion influence what children choose to eat?

4.1.4. Effectiveness of measures intended to improve children's diets

Questionnaire source: Q26a and b

a. The measure mentioned firstly

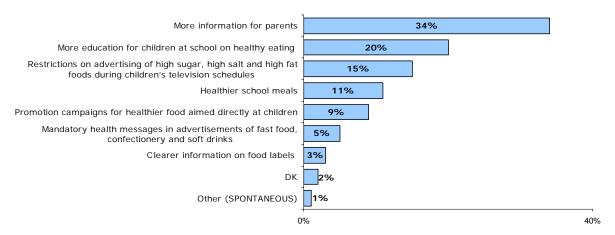
More information for parents and more education for children are seen as the most effective ways of improving children's diets -

A third of European Union citizens (34%) believe that the most effective way of improving children's diets would be to provide more information for parents.

The important role attributed to schools in improving children's diets is noteworthy: 20% of respondents believe that the most effective method is to educate children about the right diet and 15% believe that schools should serve healthier meals.

The people interviewed are equally aware of the role played by advertising: 15% of them mentioned "restrictions on advertising the most harmful food products" and 9% mentioned "promotional campaigns aimed directly at children" as the most effective ways of improving children's eating habits.

Q26a Which one of the following measures do you think would be most effective in improving children's diets? Firstly? (EU25)



An analysis of the results by country for the most frequently mentioned measures highlight differences between countries as regards the importance attached to the various measures:

More information for parents was mentioned by one in five respondents in the Czech Republic (20%), Hungary (21%) and the United Kingdom (22%), while 55% of respondents in Cyprus, Sweden and Turkey consider that this is the most effective method.

More education for children at school was also mentioned with varying frequency: with the notable exception of Malta (32%), the majority of the countries which mentioned this measure the most frequently are old Member States.

Almost one out of four respondents in the Czech Republic mentioned the need to restrict advertising on high sugar, high salt and high fat foods. On the other hand, this measure was mentioned by only 6% of Lithuanians and by 7% of citizens in Rumania, Malta, Spain and Denmark.

Finally, it is to be noted that a quarter of British and Hungarian citizens are in favour of **healthier school meals**. On the other hand, only 1% of citizens in Rumania and Turkey mentioned this measure.

Q26a Which one of the following measures do you think would be most effective in improving children's diets? Firstly?

			diets? F	iistiy?				
More inform paren		children	ducation for at school on thy eating	adver sugar, high fa childre	trictions on tising of high , high salt and at foods during en's television cchedules	Healthier school meals		
CY	55%	LU	33%	CZ	26%	HU	25%	
SE	55%	MT	32%	NL	18%	UK	25%	
PT	54%	BE	29%	SK	18%	LV	19%	
SI	53%	DE	26%	UK	18%	LT	18%	
EL	50%	IE	26%	DE	17%	DK	17%	
DK	49%	AT	24%	IT	17%	EE	17%	
PL	44%	IT	23%	HU	17%	CZ	15%	
FI	42%	NL	22%	PL	17%	FR	13%	
MT	41%	FR	21%	FR	16%	ES	12%	
IE	40%	CY	21%	EU25	15%	EU25	11%	
LU	40%	PT	21%	BE	15%	AT	11%	
SK	39%	EU25	20%	EL	13%	FI	9%	
EE	36%	EL	20%	IE	13%	BE	8%	
FR	36%	SI	19%	CY	13%	NL	8%	
LT	36%	SK	19%	LV	13%	PL	8%	
ES	35%	SE	19%	FI	12%	SI	7%	
EU25	34%	DK	18%	SE	11%	SE	7%	
NL	34%	LT	18%	EE	10%	IT	6%	
IT	33%	UK	17%	LU	10%	DE	5%	
LV	32%	FI	16%	AT	10%	LU	5%	
BE	29%	LV	15%	SI	10%	SK	5%	
DE	29%	CZ	14%	PT	8%	EL	4%	
AT	24%	ES	14%	DK	7%	MT	4%	
UK	22%	HU	14%	ES	7%	PT	4%	
HU	21%	PL	14%	MT	7%	IE	3%	
CZ	20%	EE	12%	LT	6%	CY	2%	
CY (tcc)	55%	CY (tcc)	19%	CY (tcc)	8%	CY (tcc)	1%	
RO	53%	BG	24%	TR	20%	BG	7%	
TR	51%	HR	22%	BG	8%	HR	6%	
BG	48%	RO	20%	HR	8%	RO	1%	
HR	47%	TR	14%	RO	7%	TR	1%	

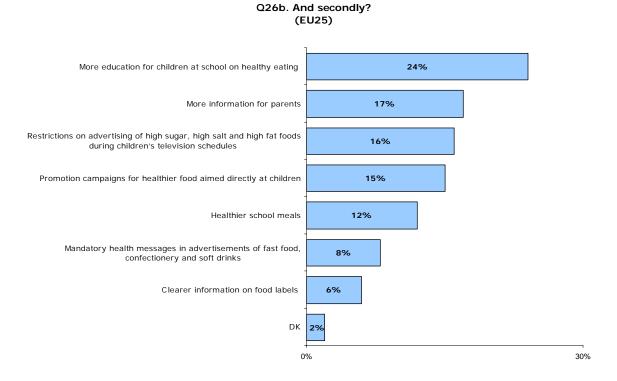
Finally, it is to be noted that once again the socio-demographic variables do not reveal any significant cleavages on this question.

b. Measure mentioned secondly

- The education of children at schools is the measure the most frequently mentioned in second place -

Although the prioritisation of measures is different from that noted under point (a), once again more education for children at school (24%) and more information for parents (17%) obtained the highest scores, even if this time they were only mentioned in second place.

Advertising restrictions are this time in third place (16%) just ahead of promotional campaigns in favour of healthier food (15%) and healthier school meals (12%).



An analysis by country once again reveals differences in priorities between countries.

Almost four out of ten Cypriots (39%) suggested **more education at school** while this measure was mentioned by only 14% of Czech citizens and 15% of citizens in Estonia.

Between 10 and 20% of the respondents in all the countries participating in this survey mentioned in second place **more information for parents** as an effective way of improving children's diets. An important proportion of respondents in the countries in question had already mentioned that this measure as their first choice.

One out of five respondents (21%) in the Czech Republic and Italy recommended as the second measure **imposing advertising restrictions** on food with a high sugar, salt or fat content. On the other hand, only 7% of citizens in Latvia and Croatia mentioned this solution as the second most effective method.

	Q26b And secondly?									
More education for children at school on healthy eating		inforr	ore nation arents	Restrictions on advertising of high sugar, high salt and high fat foods during children's television schedules		campai healthi	er food directly	Healthier school meals		
CY	39%	BE	20%	CZ	21%	EL	20%	HU	23%	
DK	36%	LT	20%	IT	21%	ES	20%	LV	22%	
SE	34%	DK	19%	FR	18%	CZ	18%	EE	21%	
MT	31%	ES	19%	IE	18%	SK	18%	UK	21%	
EL	30%	NL	19%	CY	18%	FI	18%	LT	19%	
BE	28%	PL	19%	SK	18%	IE	17%	SI	17%	
LU	28%	FI	19%	HU	17%	LU	17%	CZ	16%	
FR	27%	DE	18%	PL	17%	PT	17%	DK	16%	
NL	27%	EE	18%	PT	17%	DE	16%	AT	15%	
SI	27%	HU	18%	SE	17%	IT	16%	SE	14%	
IE	26%	EU25	17%	EU25	16%	MT	16%	LU	13%	
LT	26%	FR	17%	DE	16%	NL	16%	EU25	12%	
PL	26%	IT	17%	NL	16%	EU25	15%	BE	12%	
EU25	24%	LV	17%	BE	14%	AT	14%	ES	12%	
IT	24%	AT	17%	EL	14%	BE	13%	PT	12%	
PT	24%	SE	17%	AT	14%	PL	13%	FI	11%	
FI	24%	UK	17%	LU	13%	SI	13%	IT	10%	
DE	23%	MT	16%	MT	13%	CY	12%	PL	10%	
ES	23%	EL	15%	FI	13%	LV	12%	DE	9%	
AT	22%	IE	14%	EE	12%	SE	12%	FR	9%	
SK	22%	CY	14%	LV	12%	UK	12%	NL	9%	
UK	22%	LU	14%	SI	12%	FR	11%	MT	8%	
HU	18%	CZ	13%	UK	12%	EE	10%	SK	8%	
LV	16%	SI	12%	DK	10%	LT	10%	EL	6%	
EE	15%	SK	12%	ES	8%	DK	9%	IE	6%	
CZ	14%	PT	10%	LT	7%	HU	8%	CY	6%	
CY (tcc)	25%	CY (tcc)	14%	CY (tcc)	19%	CY (tcc)	12%	CY (tcc)	6%	
RO	35%	HR	16%	TR	23%	HR	13%	BG	16%	
HR	31%	BG	15%	BG	14%	RO	12%	HR	16%	
TR	30%	TR	15%	RO	14%	TR	11%	RO	4%	
BG	28%	RO	13%	HR	7%	BG	8%	TR	3%	

"Healthier school meals" were put in second position by 23% of Hungarians. It is to be noted that 25% of Hungarian citizens placed this measure in first place. On the other hand, very few Turkish citizens (4%) recommended healthier schools meals as the solution. Moreover, the idea of schools serving healthier meals received very little support in Turkey either as the first or second recommendation for improving children's eating habits.

Once again, the socio-demographic variables do not reveal any significant cleavages on this question.

4.1.5. Effectiveness of measures intended to combat childhood obesity

Questionnaire source: Q28a and Q 28b

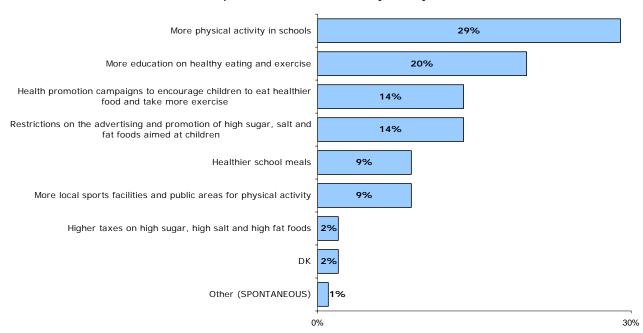
a. Measure mentioned firstly

More physical activity in schools and more education on healthy eating and exercise -

In Europe, the two most frequently mentioned measures to combat childhood obesity are increasing physical activity in schools (29%) and more education on healthy eating and exercise (20%).

Health promotion campaigns and restrictions on advertising food that can lead to obesity were each mentioned by 14% of the people interviewed.

Q28a Which one of the following measures do you think would be most effective in reducing the prevalence of childhood obesity? Firstly?



- Very contrasting priorities in Europe-

An analysis of the percentages recorded by country for the most frequently mentioned measures once again reveal that there considerable difference from one country to another.

More than two-thirds of Swedish citizens (69%) believe that **more physical activity in schools** would be the most effective way of combating obesity. However, only 12% of Spanish citizens mentioned this measure.

Approximately a third of Danish citizens think that more **education on healthy eating and exercise** would be the best way of combating obesity. On the other hand, less than 10% of citizens in Sweden (9%), the Czech Republic (8%), Poland (8%) and Estonia (7%) suggested this option.

Citizens in Turkey and the Czech Republic (18%) are the most in favour of restrictions on the advertising and promotion of high sugar, salt and fatty foods aimed at children as a way of combating obesity. It is to be noted that in a majority of countries this measure was not mentioned by more than 10% of respondents.

Q28a Which one of the following measures do you think would be most effective in reducing the prevalence of childhood obesity? Firstly?

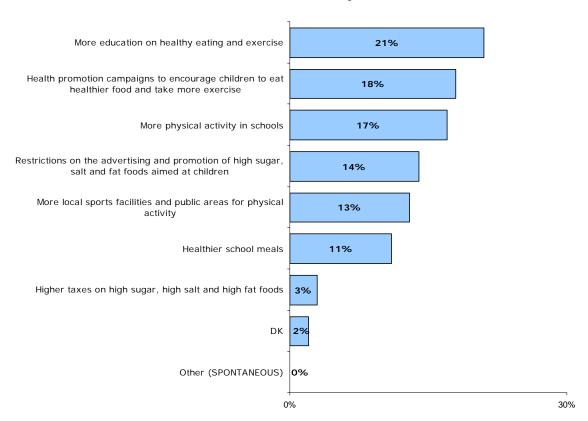
prevalence of childhood obesity? Firstly?										
More physical activity in schools		healthy	lucation on eating and ercise	advert promot sugar, s foods	ions on the tising and ion of high salt and fat aimed at ildren	Health promotion campaigns to encourage children to eat healthier food and take more exercise				
SE	69%	DK	34%	CZ	18%	DE	19%			
SI	55%	LU	29%	DE	17%	ES	18%			
PL	53%	FR	27%	FR	17%	NL	16%			
IE	51%	ES	26%	ES	15%	BE	15%			
CY	46%	PT	24%	EU25	14%	EE	15%			
MT	43%	DE	23%	IT	14%	IT	15%			
LU	42%	IT	23%	UK	14%	LV	15%			
SK	40%	MT	23%	BE	13%	FI	15%			
EL	39%	CY	22%	NL	13%	EU25	14%			
DK	38%	BE	21%	FI	12%	CZ	14%			
NL	38%	AT	21%	AT	11%	LT	14%			
HU	37%	EU25	20%	SK	11%	MT	14%			
FI	37%	LT	19%	EL	10%	UK	14%			
PT	35%	EL	16%	IE	10%	FR	13%			
BE	32%	SI	16%	LV	10%	AT	13%			
LV	30%	FI	16%	HU	10%	HU	11%			
EU25	29%	UK	16%	PL	10%	EL	10%			
CZ	28%	NL	15%	PT	10%	PL	10%			
FE	28%	IE	14%	LT	7%	SK	10%			
AT	27%	HU	12%	LU	7%	PT	9%			
					7% 7%					
UK	26%	LV	11%	SI		DK	8%			
DE	25%	SK	11%	EE	6%	IE	8%			
IT	25%	SE	9%	CY	6%	CY	7%			
LT	25%	CZ	8%	SE	6%	LU	7%			
FR	23%	PL	8%	DK	4%	SE	7%			
ES	12%	EE	7%	MT	4%	SI	5%			
CY		CY		СУ		CY				
-	36%		28%		10%		6%			
(tcc)		(tcc)		(tcc)		(tcc)				
DC	F/0/	DO.	2007	TD	100/	DO	100/			
BG	56%	RO	29%	TR	18%	RO	10%			
HR	46%	TR	20%	RO	5%	HR	7%			
RO	35%	HR	18%	BG	3%	TR	6%			
TR	32%	BG	13%	HR	3%	BG	5%			

b. Measure mentioned secondly

The percentages of measures mentioned in second place are completely homogeneous. In the European Union, more education on healthier eating and exercise was the measure most frequently mentioned in second place by respondents (21%), followed closely by "promotion campaigns for healthier food" (18%) and "more physical activity in schools" (17%).

Only 2% of respondents mentioned tax measures, such as **higher taxes** on high sugar, salt and fat foods.

Q28b And secondly?



4.2. Adult obesity

4.2.1. Changes over the last 5 years

Questionnaire source: Q24. 2

- There are more overweight adults today than 5 years ago -

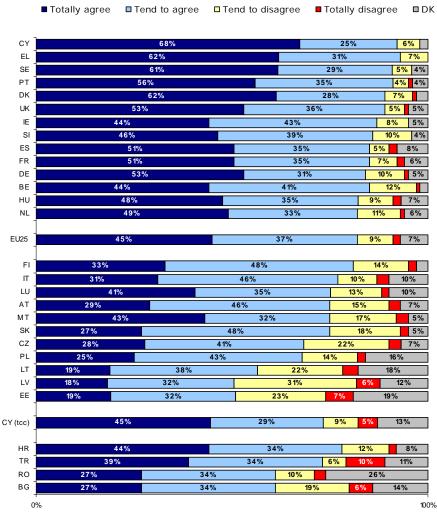
At European Union level, 82% of respondents agree with the statement that there are more overweight adults today than five years ago.

In most countries, the percentage of people interviewed who agree with this statement ("totally agree" and "tend to agree") exceeds 70% and is as high as 93% in Greece and Cyprus.

The Baltic countries are the exception in that their citizens are the least likely to support this statement (from 51 to 57%). The levels of agreement with this statement are far lower in most of the new Member States. Indeed the seven lowest scores were recorded in new Member States.

Q24.2 To what extent do you agree or disagree with the following statements?

From what I see in my country, there seem to be more overweight adults these days than there were five years ago



4.3. Obesity and health

Questionnaire source: Q24.3

- All Europeans are aware of the health dangers of obesity-

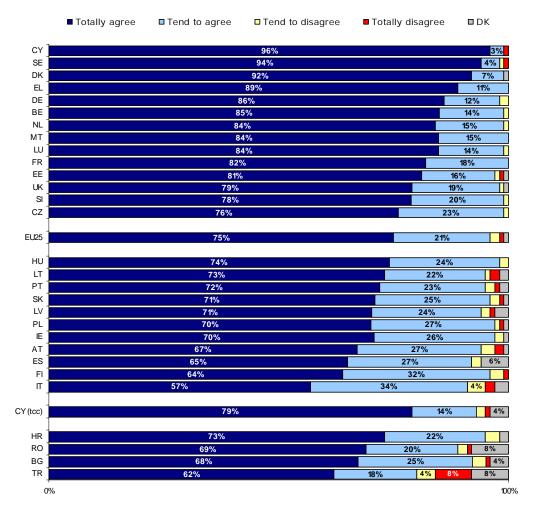
More than 95% of European Union citizens agree with the statement that obesity represents a health danger. Three-quarters of the people interviewed totally agree with this statement.

There is a consensus in all the countries participating in the survey on this question and the percentage of people who agree with this statement is generally in excess of 90%. On the other hand, the intensity of their agreement varies from one country to another: the percentage of respondents who "totally agree" varies from 57% in Italy to more than 90% in Denmark (92%), Sweden (94%) and Cyprus (96%). It is noteworthy that the number of respondents convinced about the health risks inherent in being overweight is slightly lower in Turkey (80%).

A socio-demographic analysis of the results highlights that there is strong agreement in all categories with this statement.

Q24.3 To what extent do you agree or disagree with the following statements?

Being significantly overweight, or obese, is bad for your health



4.4. Government measures to promote healthy eating

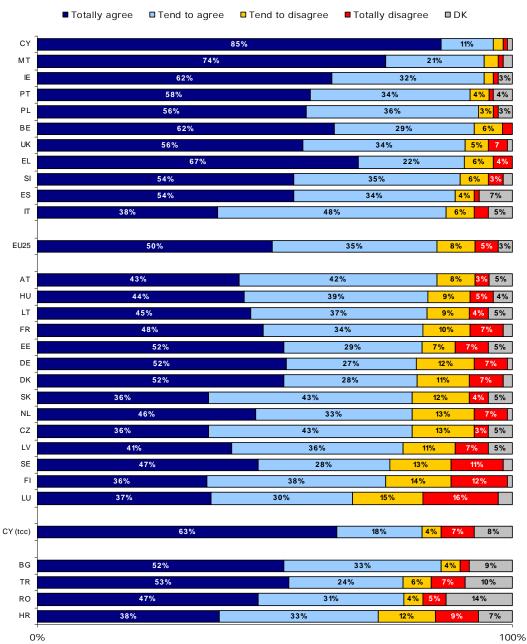
Questionnaire source: Q24.4

A very clear majority of European Union citizens (85%) are in favour of government action to promote a healthy diet and encourage people to exercise so as to stay at a healthy weight.

Q24.4 To what extent do you agree or disagree with the following statements?

The Covernment should except age populate each a healthy dist and talk.

The Government should encourage people to eat a healthy diet and take plenty of exercise so that people stay at a healthy weight



In all European Union countries, as well as in the accession and candidate countries, a clear majority of the people interviewed are in favour of government action. The percentage of respondents in favour of such action varies from 67% in Luxembourg to 96% in Malta.

On the other hand, the number of "totally agree" replies varies more significantly, from 36% in Finland, Slovakia and the Czech Republic to 74% in Malta and 85% in Cyprus.

A socio-demographic analysis of the results does not reveal any important differences between the different categories.

5. Physical activity

5.1. The importance of physical activity

Questionnaire source: Q22

5.1.1. At work

- Very little vigorous physical activity at work -

A slight majority (51%) of citizens declared that they do get some degree of physical activity at work. The intensity of this activity is however often fairly low: 18% of respondents declared that they perform some physical activity, while 14% perform little physical activity. Almost 45% of the people interviewed even declared that they perform no physical activity at work.

An analysis of the results by country reveals contrasting situations: although only 19% of Dutch citizens and 31% of Irish citizens declared that they perform no physical activity at work, the corresponding percentages of physical inactivity are as high as 55% in Greece and Croatia and 61% in France.

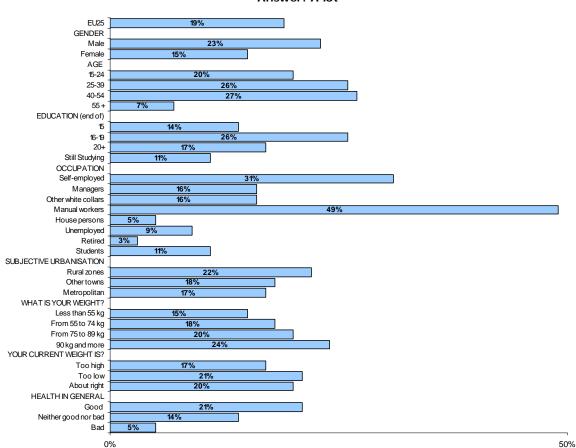
■ A lot ■ Some □ Little □ None ■ DK PL NL 22% 3% LT 6% 14% 27% 39% DK 17% 2% SK 39% 3% 7% 43% 8% HU CY 6% 8% 50% 5% LU EE 22% 11% 42% 7% DE 14% 47% 3% ВЕ 12% 41% 9% 12% 46% UK 4% 27% 13% 3% 45% 4% 31% 61% 3% FR 20% 35% 2% SI 42% 15% 7% ES 14% 53% 3% EL 55% 12% П SE 18% 42% 6% РΤ 6% FI 3% 17% 46% 3% 2% CY (tcc) TR 5% 49% 13% HR 12% 55% 13% 39% 9% RO ВG 14% 42% 7% 0% 100%

Q22.1 In the last 7 days, how much physical activity did you get at work?

The proportion of respondents who declared that they perform a lot of physical activity at work also varies quiet considerably from one country to another: it varies from 10% in Malta and Italy to 27% in Poland, the Netherlands and Lithuania. It would be interesting to analyse these different percentages in the context of the structure of professional activity in the various countries, in particular with regard to the proportion of people working in the secondary or agricultural sectors.

The socio-demographic variables reveal significant differences for this question. Men (23%), respondents aged from 25 to 54 (26-27%), and those who finished their studies between the ages of 16 and 19 are among those who get the most physical activity at work.

The professional occupation is the variable for which the differences are the most pronounced and highlights the important level of physical activity at work among manual workers (49%) and to a lesser extent self-employed people (31%).



Q22.1 In the last 7 days, how much physical activity did you get at work?

Answer: A lot

People living in rural area also tend to be more physically active at work.

People who consider that they are overweight seem to get slightly less physical activity at work. Finally, there is an important link between the respondent's health and the intensity of his or her physical activity at work.

5.1.2. When moving from place to place

Questionnaire source: Q22.2

- Europeans do not perform much physical activity when moving from place to place -

Although overall European citizens get some physical activity when moving from place to place, the intensity of this activity is in general not very important. Although almost 90% of the people interviewed (89%) declared that had performed some physical activity over the last 7 days when moving from place to place, only 22% declared that they got a lot of physical activity.

Although in all the countries participating in this survey, between 79% and 96% of the people interviewed declared that they perform some physical activity when moving from one place to another, a far smaller percentage of them declared that they got a lot of physical activity. This percentage varies considerably between countries, ranging from 5% in Bulgaria to more than 35% in Denmark (36%) and Luxembourg (39%).

■ A lot ■ Some □ Little ■ DK □ None LU 3% DK PL 3% МТ DE 12% HU 5% NL 25% 6% EE 22% FR 16% 19% LT 4% UK 25% 2% ΒE 15% 10% EU25 25% 10 % РΤ CY 28% 20% 5% LV ΙE 32% 5% SI 29% ES 36% 13% FI 32% SE 40% 11% IT 13% 32% ΑТ 30% 17% EL 43% CZ CY (tcc) 32% 14% HR 26% 13% RO 30% 5% 4% ВG 37% 0%

Q22.2 In the last 7 days, how much physical activity did you get when moving from place to place?

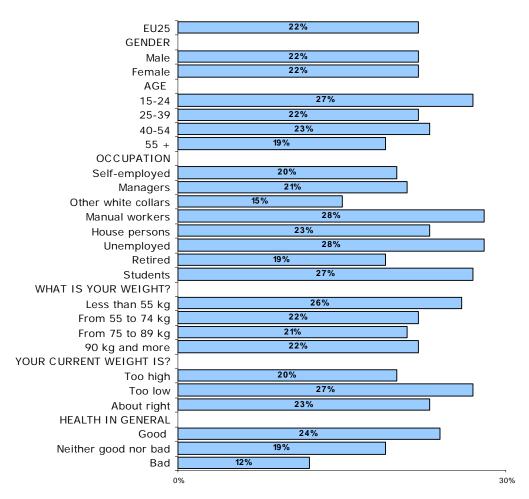
100%

A socio-demographic analysis of the results shows that the youngest respondents (27%) are the most physically active when moving from place to place. Manual workers, unemployed people (28%) and students (27%) also seem to be more active at this level.

People weighing less than 55kg (26%), those who think that their weight is too low (27%), as well as those who consider that there are in good health also seem to be more physically active when moving from place to place.

Q22.2 In the last 7 days, how much physical activity did you get when moving from place to place?

Answer: A lot



5.1.3. Work in and around the house

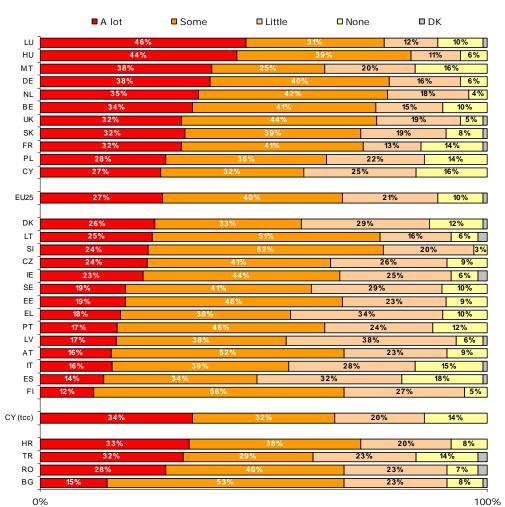
Questionnaire source: Q22.3

-88% of EU citizens have performed some physical activity in and around their house -

Almost 9 out of 10 Europeans declared that that had performed some physical activity over the last 7 days by working in or around their house. However, it seems that this activity was only vigorous for 27% of them.

In all the countries participating in this survey, at least 80% of respondents declared that they had performed some physical activity by working in or around the house over the last 7 days. On the other hand, the intensity of this activity varies considerably: the proportion of respondents who declared that they had performed a lot of physical activity in or around their house varies from 12% in Finland to 44% in Hungary and 46% in Luxembourg.

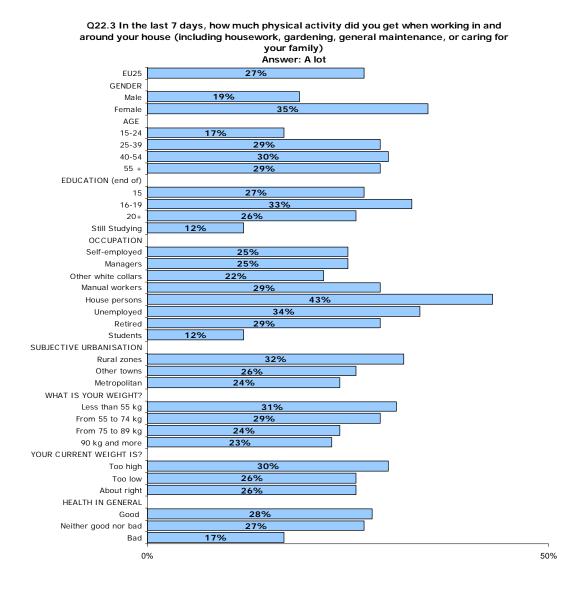
Q22.3 In the last 7 days, how much physical activity did you get when working in and around your house (including housework, gardening, general maintenance, or caring for your family)



More than a third of women (35%) declared that they had performed a lot of physical activity while working in or around their home, i.e. almost twice as high as the corresponding percentage of men (19%).

People looking after the home (43%) and unemployed people are the most active in and around their house.

People living in rural areas (32%), those with no health problems (27-28%), the slimmest respondents (31%) and those who consider that their weight is too high (30%) also declared that they work more intensively in and around their house.



5.1.4. Sport, recreational and leisure activities

Questionnaire source: Q22.4

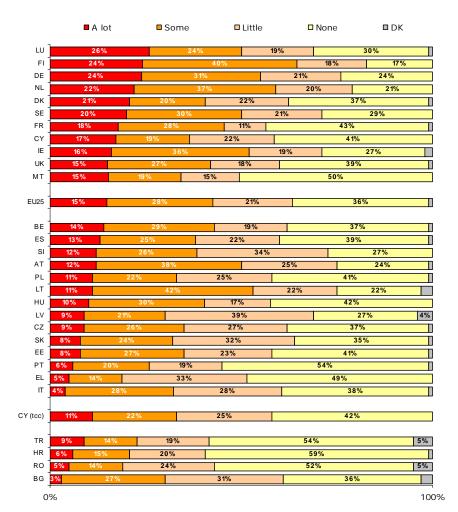
- Few Europeans play sport or participate in other recreational or leisure activities in an intensive way -

More than one out of three Europeans declared that they do not perform any physical activity by way of sport, recreational or leisure activities. Only 15% of respondents devoted a lot of time to such activities over the last 7 days.

Once again the level of physical activity performed by the respondents varies very sharply from one country to another. Only 3% of citizens in Bulgaria, 4% of Italians and 5% of Greeks declared that they had performed a lot of physical activity by way of sport, recreational or leisure activities over the last 7 days, while the corresponding percentage is around a quarter or respondents in Luxembourg (26%), in Finland (24%) and Germany (24%).

The percentage of people not taking part in any sport, recreational or leisure activities is sometimes very high. It is as high as 54% in Croatia and Portugal, with the highest score of 59% being recorded in Croatia.

Q22.4 In the last 7 days, how much physical activity did you get for recreation, sport and leisure-time activities?



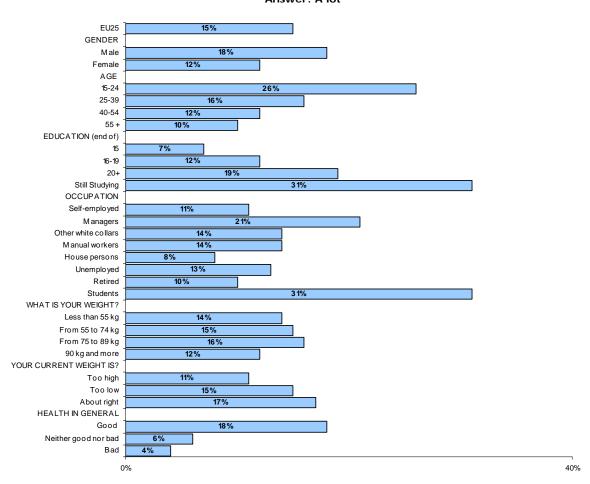
Men (18%) perform more physical activity than women by way of sport, recreational or leisure activities. It also seems that the people most likely to perform this type of physical activity are **the youngest respondents and those who studied the longest**.

It is noteworthy that **students** (31%) and senior managers (21%) perform more physical activity than other professional categories.

The low scores of the heaviest people (12%), those who think that they are overweight (11%) and those who consider that they are in good health are also noteworthy.

Q22.4 In the last 7 days, how much physical activity did you get for recreation, sport and leisure-time activities?

Answer: A lot



5.2. Vigorous physical activity

5.2.1. Frequency of vigorous physical activity

Questionnaire source: Q15

- An increase in the duration of vigorous physical activity-

Over the last 7 days, European Union citizens performed on average 1.7 days of vigorous physical activity such as lifting things, digging, aerobics or fast cycling.

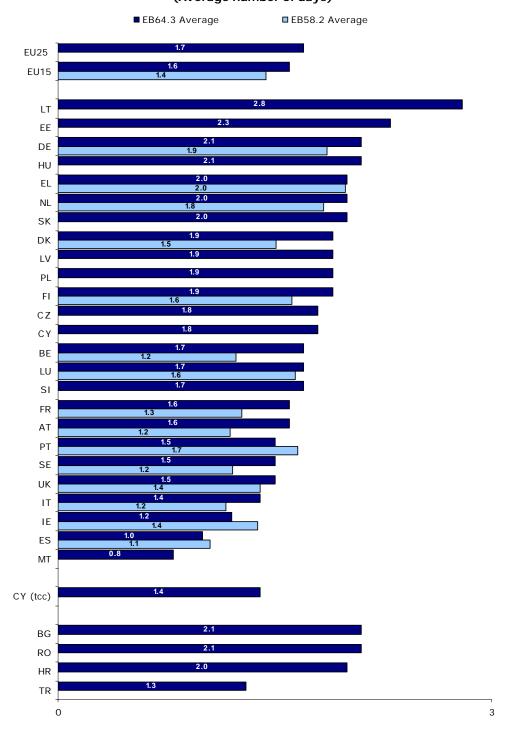
Between 2002 and 2005, this average has increased from 1.4 days to 1.6 days in the fifteen old European Union Member States.

An analysis of the results by country reveals that this average has increased in 11 of the 15 countries and declined in 3 others. The change is particularly noticeable in Belgium (+0.5 days), Austria and Denmark (+0.4 days).

While citizens in Malta and Spain declared that they had devoted only an average of 0.8 days and 1 day to vigorous physical activity over the last 7 days, the average is as high as and even exceeds 2 days in several countries, with the highest scores being recorded in Lithuania (2.8 days) and Estonia (2.3 days).

In the candidate and accession countries, the level of vigorous physical activity is higher than the European average in Bulgaria (2.1 days), Rumania (2.1 days) and Croatia (2 days).

Q15 In the last 7 days, on how many days did you do vigorous physical activities like lifting heavy things, digging, aerobics or fast cycling? (Average number of days)



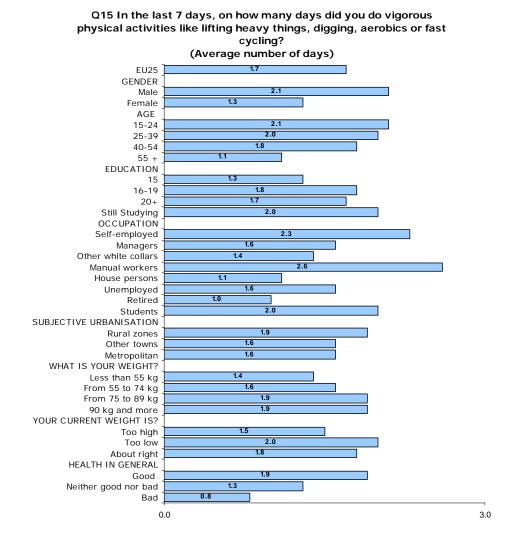
- Men, the youngest respondents, manual worker and self employed people are the most likely to perform vigorous physical activity -

A socio-demographic analysis of the results reveals that vigorous physical activity seems to be more important to men than women (2.1 versus 1.3 days respectively).

The importance of this activity declines with the respondent's age and is particularly low among people aged "aged 55 and over". The level of physical activity also seems to be low among people who left school the earliest.

In terms of occupation, **manual workers** (2.6 days) and **self-employed people** (2.3 days) tend to attach more importance to vigorous physical activity.

Finally, it is noteworthy that people living in rural areas, the heaviest respondents and those who consider that their weight is too low or about right, and finally those whose are in good health, are more likely than the other categories to perform vigorous physical activity.



5.2.2. Duration of vigorous physical activity

Questionnaire source: Q16

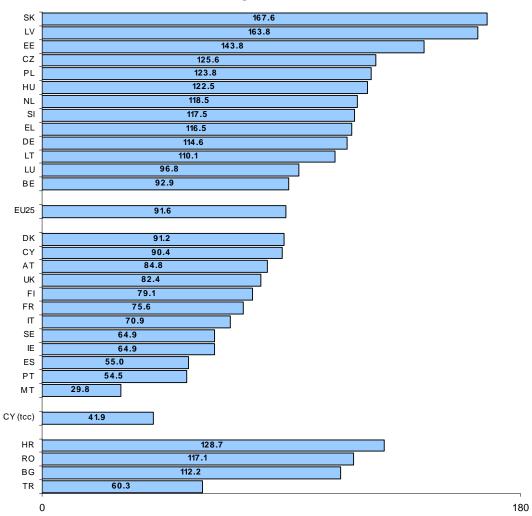
- European Union citizens devote on average 1 and a half hours a day to vigorous physical activity -

At European Union level, respondents declared that they devote on average one and a half hours a day (91.6 minutes) to vigorous physical activity.

This average varies considerably from one Member State to another. Citizens in Malta devote only 29.8 minutes a day to vigorous physical activity, while citizens in Latvia (163.8 minutes) and Slovakia (167.6 minutes) declared that they devote more than 2 hours 40 minutes a day to such activity.

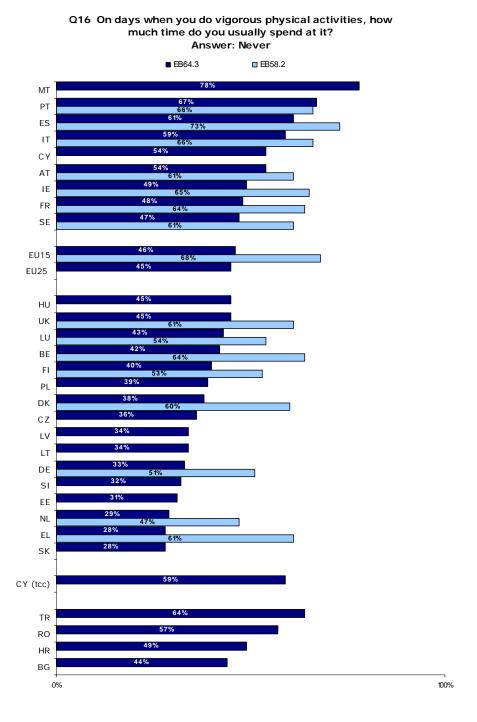
Q16 On days when you do vigorous physical activities, how much time do you usually spend at it?

(Average in minutes)



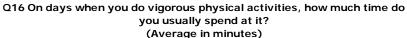
The difference between the average scores in each country may appear surprising. However, the number of "never" replies may explain in part these results: while less than 30% of citizens in Greece, Slovakia (28%) and the Netherlands (29%) declared that they never perform any vigorous physical activity, the corresponding percentage is in excess of 60% of respondents in Malta (78%), Portugal (67%) Turkey (64%) and Spain (61%).

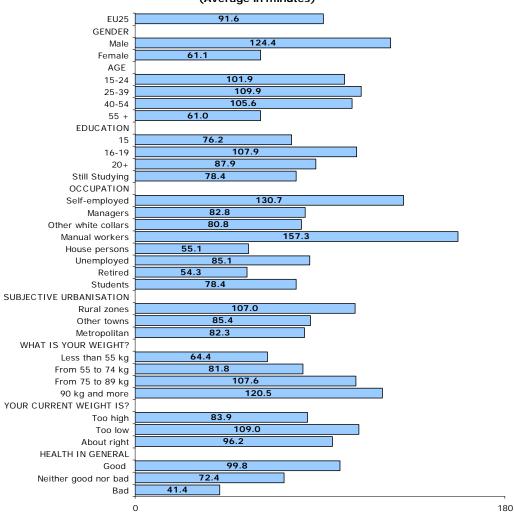
In comparison to 2002, the number of respondents who never devote any time to vigorous physical activity has fallen significantly (-22 points for the EU15); this could explain to some extent the increase in such physical activity since 2002.



A socio-demographic analysis of the results for this question reveals that **men** devote significantly more time to vigorous physical activity (124.4 minutes compared with 61.1 minutes for women).

People who ended their studies between the ages of 16 and 19 (107.9 minutes), but above all **manual workers** (157.3 minutes) and **self-employed people** (130.7 minutes) tend to devote more time to vigorous physical activity.





5.3. Moderate physical activity

5.3.1. Frequency of moderate physical activity

Questionnaire source: Q17

- 2.5 days of moderate physical activity over the last 7 days-

According to European Union citizens, they devoted on average 2.5 days to moderate physical activity over the last 7 days. "Moderate physical activity" is understood to mean physical activities such as carrying light loads, cycling at a normal pace or playing doubles tennis.

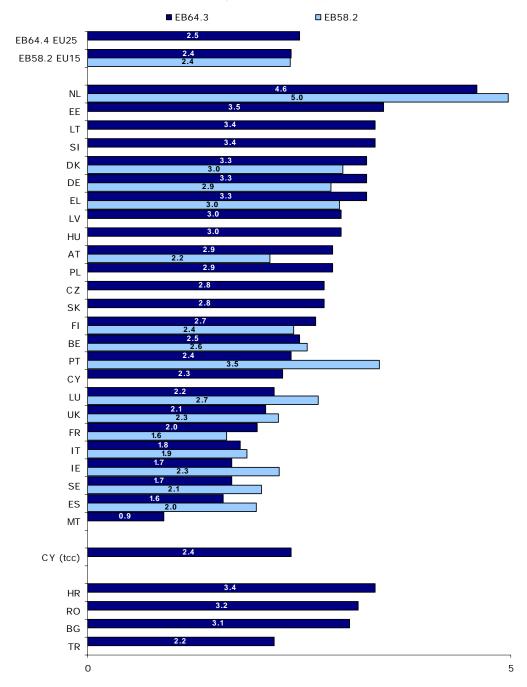
In comparison to 2002, the average has not changed in the 15 old European Union Member states and is still around 2.4 days.

An analysis by country shows very important differences as regards the average: it varies from 0.6 days in Malta to 4.6 days in the Netherlands.

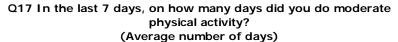
In 8 of the new Member States, and in several candidate and accession countries, the average number of days devoted by respondents to moderate physical activity is higher then the average for the European union.

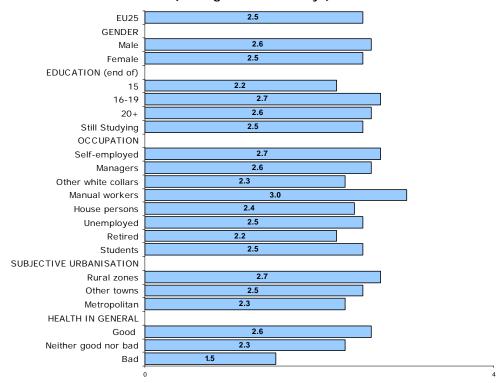
In comparison to 2002, the differences are particularly important in Portugal (-1.1), Austria (+0.7), Ireland (-0.6) and Luxembourg (-0.5).

Q17 In the last 7 days, on how many days did you do moderate physical activity? (Average number of days)



A socio-demographic analysis of the results reveals that people who ended their studies the earliest tend to devote little time to moderate physical activity (2.2 days). Nevertheless, **manual workers** perform moderate physical activity the most regularly (3 days).





5.3.2. Duration of moderate physical activity

Questionnaire source: Q18

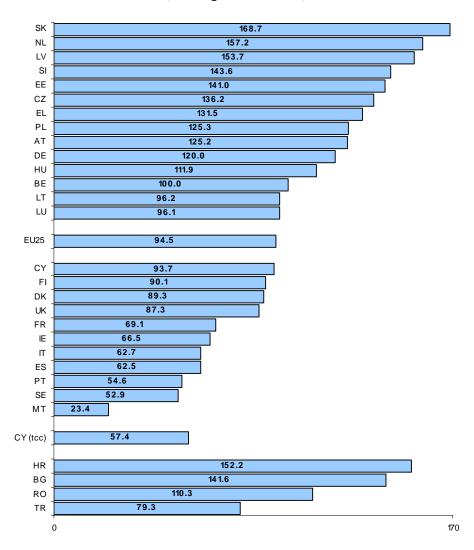
- Europeans devote on average one and a half hours to moderate physical activity -

The average time devoted by citizens in the European Union to moderate physical activity is just over one and a half hours (94.5 minutes).

However, the average duration varies quite sharply from one Member State to another. It is less than 1 hour in Malta, Sweden and Portugal, while it is more than two and a half hours in Latvia, the Netherlands and Slovakia.

Q18 On days when you do moderate physical activities, how much time do you usually spend at it?

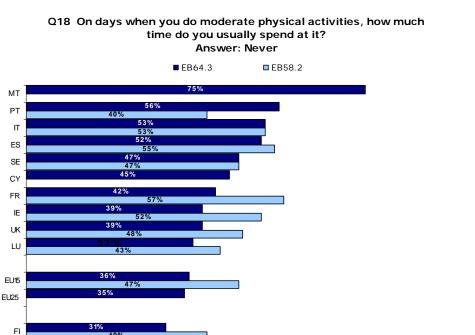
(Average in minutes)

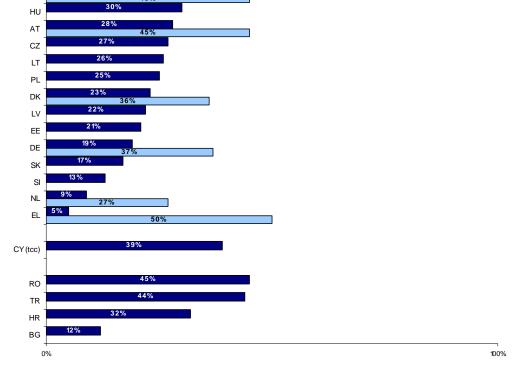


ВЕ

The number of "never" replies once again varies considerably from one Member State to the next, from less than 10% in the Netherlands (9%) and Greece (5%) to more than 50% in four Mediterranean countries, namely Malta (75%), Portugal (56%), Italy (53%) and Spain (52%). This important difference probably explains in part the difference between the duration of moderate physical activity between the countries as a whole.

In comparison to 2002, the percentage of respondents who replied "never" has fallen very sharply in most of the old Member States. For the EU15 as a whole, it has fallen by 11 points (from 47% to 36%).





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A socio-demographic analysis of the results shows that once again **men** devote more time to physical activity (106.2 minutes), even if this time the difference is only small.

It is also interesting to note that **manual workers** (131.9 minutes) and **self-employed people** (126.0 minutes) devote far more time to this type of activity.

Q18 On days when you do moderate physical activities, how much time do you usually spend at it? (Average in minutes) EU25 GENDER Male 83.6 Female AGE 15-24 25-39 40-54 103.8 55 + **EDUCATION** 15 110.6 16-19 90.7 20+ Still Studying 81.9 OCCUPATION 126.0 Self-employed 89.8 90.4 Managers Other white collars 131.9 Manual workers House persons 78.7 Unemployed 85.8 Retired 70.4 Students SUBJECTIVE URBANISATION Rural zones 90.8 Other towns Metropolitan 84.8 WHAT IS YOUR WEIGHT? Less than 55 kg From 55 to 74 kg 91.4 From 75 to 89 kg 102.4 90 kg and more 105.5 YOUR CURRENT WEIGHT IS? 91.6 Too high 103.3 Too low About right 96.3 HEALTH IN GENERAL 100.1 Good Neither good nor bad 86.1 Bad

150

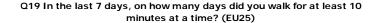
- 78 -

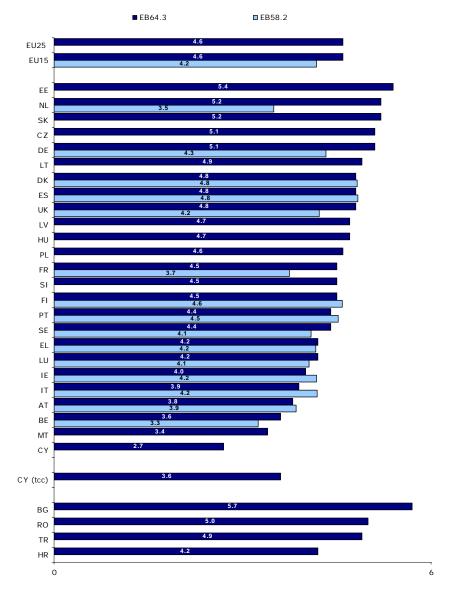
5.3.3. Frequency with which people walk for at least 10 minutes at a time

Questionnaire source: Q19

- The frequency with which people walk varies considerably within Europe -

Over the last 7 days, the frequency with which European Union citizens walked for at least 10 minutes at a time was on average 4.6 days. In comparison to 2002, this frequency has increased: in the 15 old European Union Member States the average has increased from 4.2 days in 2002 to 4.6 days in 2005. It is twice as high in some countries as in others: from 2.7 days in Cyprus to 5.4 days in Estonia and 5.7 days in Bulgaria.





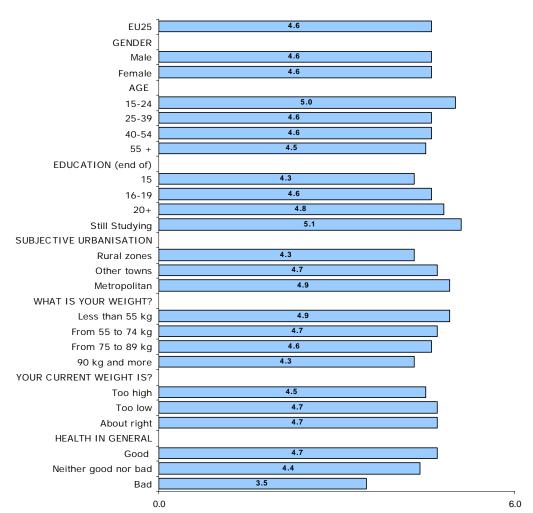
In most of the 15 old European Union Member States, this average is more or less unchanged. However, there have been significant changes in the Netherlands (+1.7 days), Germany and France (+0.8 days).

The youngest respondents (5 days) seem to walk more frequently than the other categories. Likewise, the frequency with which they walk by number of days is higher among the youngest category (5 days), people having studied the longest, those living in large cities and those who consider that they are in good health.

On the other hand, this frequency falls when the respondent's weight increases: those who weigh less than 55 kg walked on average almost 5 days (4.9 days) over the last 7 days while the heaviest respondents (90 kg and more) walked on average just over 4 days (4.3 days).

Q19 In the last 7 days, on how many days did you walk for at least 10 minutes at a time?

(Average number of days)



5.3.4. Average time spent walking

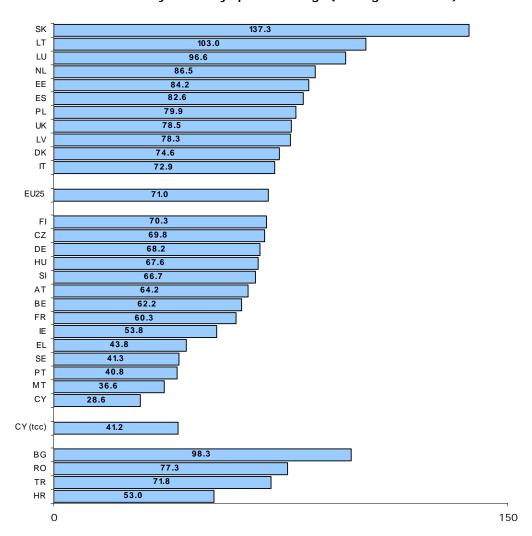
Questionnaire source: Q20

- The average time spent walking varies considerably in Europe-

On days when they walk for at least 10 minutes at a time, European Union citizens usually spend 71 minutes walking.

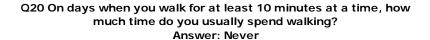
This average varies considerably from one country to another. Once again the three Mediterranean countries are among those where citizens walk the least. On the other hand, the average time citizens usually spend walking is more than two hours in Slovakia (137.3 minutes).

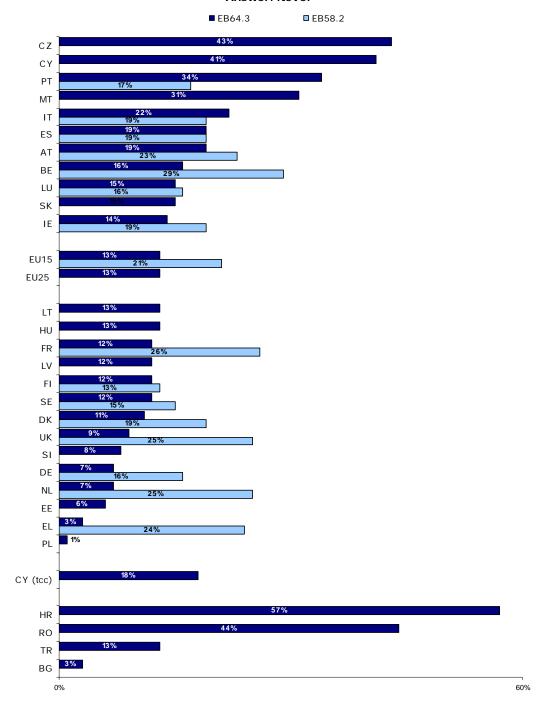
Q20 On days when you walk for at least 10 minutes at a time, how much time do you usually spend walking? (Average in minutes)



- European Union citizens walk far more in 2005 than in 2002-

The proportion of respondents who declared that they never walk for at least ten consecutive minuets has fallen significantly compared with 2002 (- 8 points for the EU15). This change applies to most Member States and is quite significant in some cases: -21 points in Greece, - 18 points in the Netherlands and - 16 points in the United Kingdom.



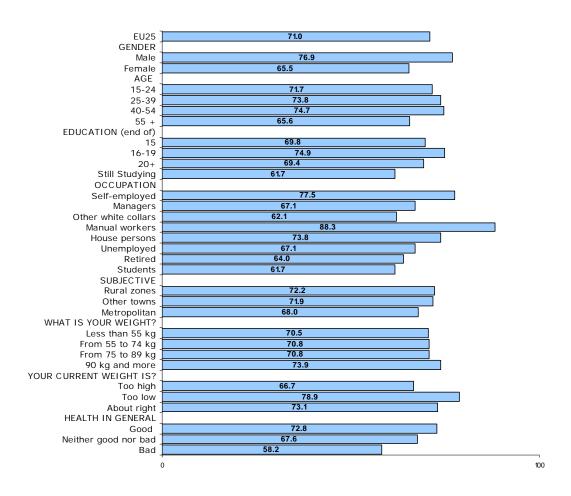


A socio-demographic analysis of the results shows once again that men attach more importance to physical activity (76.9 minutes).

The small amount time spent walking by **students** (61.7 minutes) is noteworthy. On the other hand, manual workers seem to walk more than the other respondents (88.3 minutes).

People who consider that they weigh too little (78.9 minutes) walk far more than those who consider that they weigh too much (66.7 minutes).

Q20 On days when you walk for at least 10 minutes at a time, how much time do you usually spend walking? (Average in minutes)



5.4. Time spent sitting

Questionnaire source: Q21

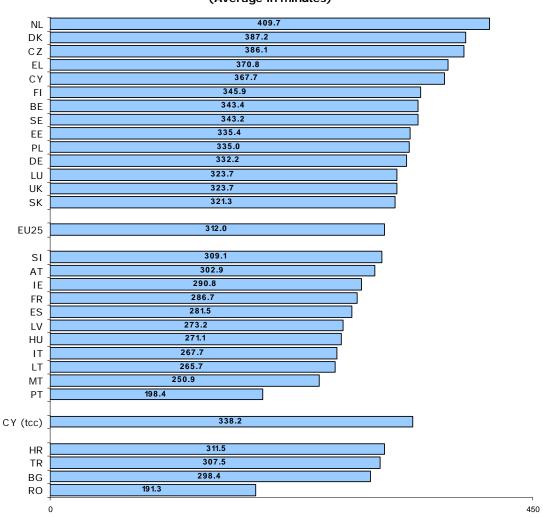
- On average Europeans spend just over five hours sitting on a usual day -

According to European Union citizens, they spend on average just over 5 hours sitting on a normal day.

At the level of the European Union, the time spent sitting exceeds 5 hours in 16 out of 25 countries; it varies from just over 3 hours in Portugal (198.4 minutes) to more than 8 hours in the Netherlands. In the candidate and accession countries the particularly low amount of time spent sitting in Rumania (191.3 minutes) is noteworthy.

Q21 How much time do you spend sitting on usual day? This may include time spent at a desk, visiting friends, reading, studying or watching television.

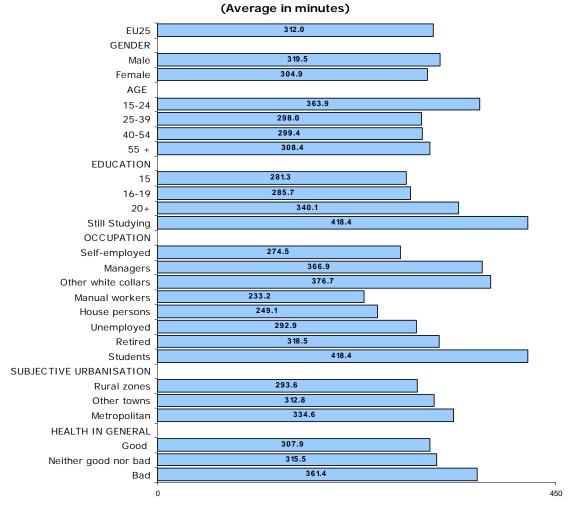
(Average in minutes)



A socio-demographic analysis of the results reveals that the categories that spend the most time sitting are: the youngest respondents (363.9 minutes), those who studied up to the age of 20 and over (340.1 minutes), and **students** (418.4 minutes).

The amount of time spent sitting depends to a large extent on the respondent's occupation: it is particularly higher among people in an employed position (376.7 minutes) and senior managers (366.9 minutes).

Q21 How much time do you spend sitting on usual day? This may include time spent at a desk, visiting friends, reading, studying or watching television.



5.5. Opportunities to be physically active

Questionnaire source: Q23

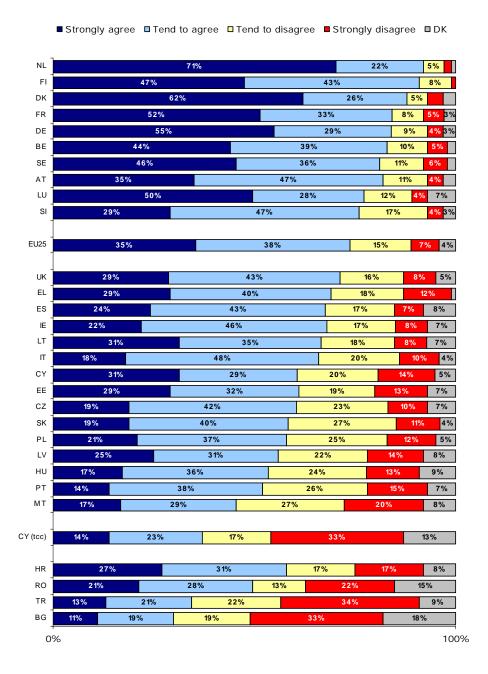
5.5.1. Sport and physical activities

- 3/4 of EU citizens seem to have enough opportunities to play sport and take part in physical activities -

Almost three-quarters of European Union citizens (73%) seem to agree that they have many opportunities to be physically active in the area where they live.

Q23.1 To what extent do you agree or disagree with the following statements about sport and physical activity?

The area where I live offers me many opportunities to be physically active



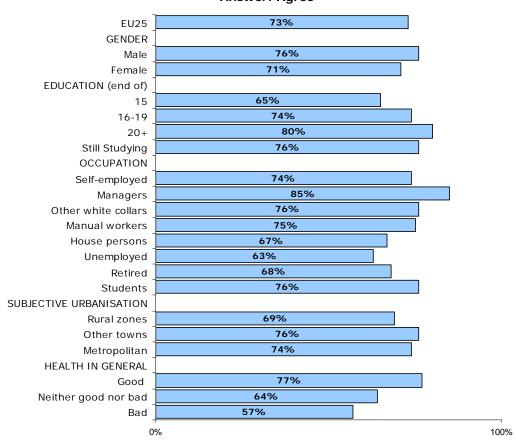
This proportion varies considerably from one Member State to another. In the European Union, only 46% of citizens in Malta and 52% in Portugal seem to support the statement that their area offers many opportunities to be physically active. On the other hand, approximately nine out of ten respondents in the Netherlands (93%), Finland (90%) and Denmark (88%) think that there are sufficient opportunities in the area where they live. The high number of "strongly agree" replies in the latter two countries is noteworthy.

In the candidate and accession countries, the level of agreement with this statement is below the European Union average. Except in Croatia (58% agree), a minority of respondents in the other countries seem to believe that there are sufficient opportunities to be physically active in their area.

It is noteworthy that several countries in which respondents declared that they never perform vigorous physical activity are also those where respondents declared that local opportunities for physical activities are inadequate.

A socio-demographic analysis of the results shows that essentially people living in urban areas have more facilities than those living in rural areas. In addition, **senior managers** in particular seem to be more satisfied as regards the opportunities in their area.

Q23.1 (...)
The area where I live offers me many opportunities to be physically active
Answer: Agree



5.5.2. Sport clubs and centres

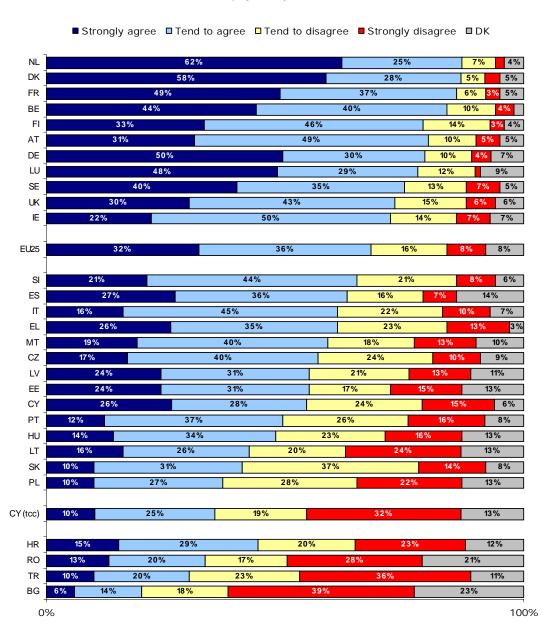
Questionnaire source: Q23.2

- 2/3 of EU citizens consider that local sports clubs and centres offer many opportunities to be physically active -

More than two-thirds (68%) of European Union citizens agree with the statement that sports clubs and centres in the area where they live offer many opportunities to be physically active. A third of respondents (32%) seem to "strongly agree" with this statement, while one in four does not agree (24%).

Q23.2 To what extent do you agree or disagree with the following statements about sport and physical activity?

Local sport clubs and other local providers offer many opportunities to be physically active



- The new Member States, the candidate and accession countries are less satisfied with the opportunities to be physically active in their area -

The above graph shows clearly that agreement with this statement is less marked in most of the new European Union Member States. It is noteworthy that support in the European Union for this statement is the lowest in 9 of the 10 new Member States and Portugal.

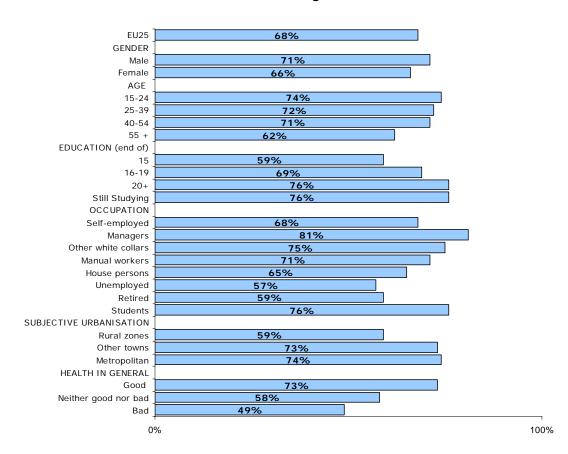
The percentages of respondents who "do not agree" with the statement that local sport clubs and centres offer many opportunities to be physically active are higher than those of the persons who "agree" in all the candidate and accession countries. The proportion of respondents who "agree" does not exceed 30% in Turkey or 20% in Bulgaria.

Men (71%), **young people** (74% among those aged 15-19) and those who studied the longest seem to be more positive regarding the opportunities to be physically active in the area where they live.

In terms of the respondent's occupation, **senior managers** (81%), people in an employed position and students (76%) are also more likely to agree that local sports clubs and centres offer many opportunities to be physically active.

Q23.2 (...) Local sport clubs and other local providers offer many opportunities to be physically active

Answer: Agree



5.5.3. The lack of time for physical activities

Questionnaire source: Q23.3

- A slight majority of EU citizens appear not to have enough time to take advantage of the opportunities for physical activities in their area -

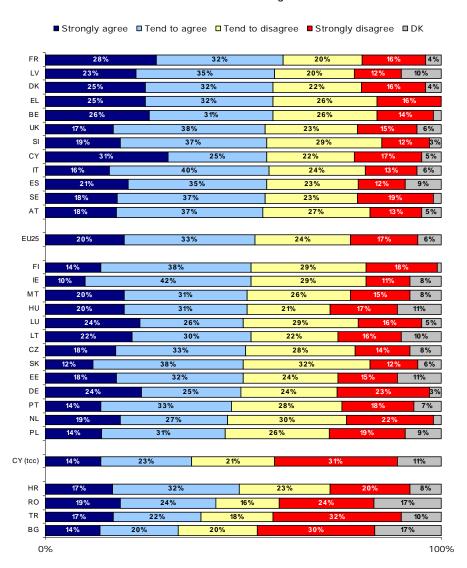
More than half of European Union citizens seem to agree with the statement that they do not have enough time to take advantage of the opportunities to be physically active in the area where they live.

The cleavages highlighted by an analysis of the results are less important than for other questions. In the EU, the percentage of respondents who agree with the statement varies from 45% in Poland to 60% in France.

The proportion of respondents who "agree" is below the European average in the candidate and accession countries.

Q23.3 To what extent do you agree or disagree with the following statements about sport and physical activity?

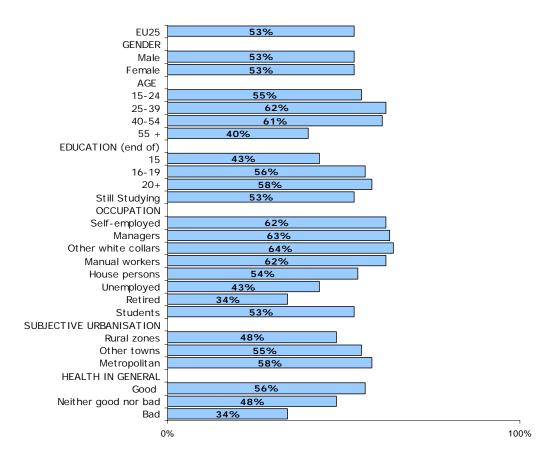
There are opportunities to be physically active in my area but I do not have time to take advantage of them



People aged between 24 and 54 seem more likely to be bothered by the lack of time to devote to physical activity. This result is logical given the higher proportion of active people in these age ranges. This conclusion is confirmed by an analysis by occupation which shows that people who are active professionally seem to have more time constraints.

Q23.3 (...) There are opportunities to be physically active in my area but I do not have time to take advantage of them

Answer: Agree



6. Conclusion

More than three-quarters (76%) of Europeans consider that they are in good health. The percentage of respondents who consider that they are in good health is in general higher in the old European Union Member States than in the new ones. This healthiness seems particularly closely linked to the respondent's weight. Almost a quarter of the respondents declared that they suffer from a long-standing illness or have a health problem. It is noteworthy that in general the Scandinavian countries are more likely to be affected by a long-standing illness or health problem. The existence of health problems seems to be linked to the age, weight and socio-professional status of the respondent.

Seven out of ten European Union citizens declared they had been prevented from performing normal activities over the last 6 months. Inhabitants of a majority of Mediterranean countries as well as Irish citizens seem less likely than others to have been prevented from performing normal activities.

People in the North-West of Europe are in general taller than those from Southern Europe. In most Member States, the average height has increased since 2002 and is now 169.9 cm at European level. The average weight of citizens also varies considerably from one country to another and seems to be higher in 2005 than in 2002. It is to be noted that people in good health have the lowest weight/height ratio.

A slight majority of European Union citizens (55%) consider that their weight is right. In comparison to the 2002 survey, this figure is more or less unchanged. Women are more critical as regards their weight: far more women (44%) than men (32%) consider that they are too heavy.

A majority of Europeans believe that "healthy eating" means eating a "balanced and varied diet", but also eating more fruit and vegetables. It is interesting to emphasise that the heaviest people or those who consider themselves to be overweight are more aware of the benefits of eating more vegetables and less fatty food.

In the European Union, two-thirds of citizens think that it is easy to eat a healthy diet. An analysis by country of this result reveals however that views diverge quite considerably on this point and in particular the level of satisfaction is lower in a majority of the new Member States. The lifestyle of EU citizens, in particular a lack of time, appears to be the main obstacle to healthy eating. If the lack of time is mentioned in particular by people with a higher socio-professional status, on the other hand, the youngest respondents, those who left school at an early age and those who are overweight tend to mention more frequently than the other categories that they find healthy food somewhat bland.

At European level, approximately one in five respondents declared that he or she had dieted over the last 12 months. Those who have dieted did so either of their own volition or on their doctor's advice.

Women are more likely than men to have dieted or changed their eating habits. **Eating more vegetables and less fat** are the most frequently mentioned changes in eating habits.

Losing weight and staying healthy are the main reasons given by respondents to explain a change in their eating habits. Logically, the heaviest people are the ones who mentioned most frequently "losing weight", while those who consider that their weight is right mentioned more frequently "staying healthy", while those in poor health and retired people mentioned more frequently "an illness or health problems".

A strong majority of respondents (83%) agree with the statement that **childhood obesity has increased over the last 5 years**. More than nine out of ten respondents consider that food advertising and promotion influences children in the choice of what they eat.

More information for parents and education for children at school are seen as the best ways of improving children's diets. Once again the priority given to the different measures proposed varies considerably from one Member State to another.

In order to combat childhood obesity, European Union citizens are in favour of more physical activities at school and more education on healthy eating and exercise.

More than 80% of Europeans consider that there are **more adults with weight problems than 5 years ago**. In most countries, the percentage of people interviewed supporting this view exceeds 70%. **All Europeans seem to be aware of the health risks due to obesity**. Almost 95% of European Union citizens agree with the statement that obesity is a health danger.

As regards physical activity, a slight majority (51%) of European Union citizens declared that they have performed some physical activity at work. However, the level of this activity is not particularly intense and varies considerably in Europe. Manual workers and self-employed people tend to be far more physically active at work.

The level of physical activity of Europeans when moving from place to place seems relatively limited. Although almost 90% of the people interviewed declared that they had performed some physical activity over the last 7 days by moving from place to place, only 22% of the respondents declared that they had performed a lot of physical activity. Moreover, there seems to be an obvious link between the respondent's health, weight and the intensity of the physical effort made when moving from place to place.

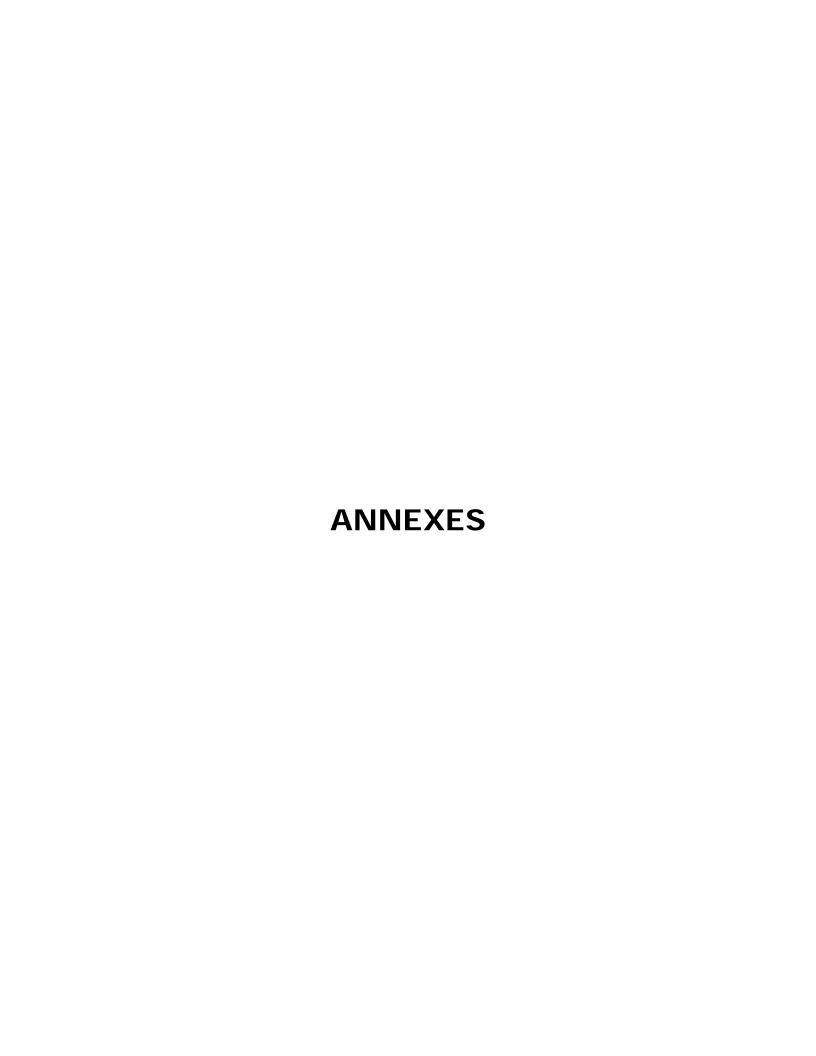
Although almost 90% of EU citizens declared that they had performed some physical activity outdoors over the last 7 days, only 27% described their activity as intensive. In all the countries participating in this survey, this proportion is at least 80%.

Few Europeans play sport or participate in recreational or leisure activities in an intensive way. In more than half of the countries, more than 40% of respondents do not have any of these activities. Young people and those who studied the longest seem to be the most likely to participate in such activities.

European Union citizens devoted on average 1.7 days to intense physical activity over the last 7 days. In the 15 old European Union Member States, this average increased from 1.4 days to 1.6 days between 2002 and 2005. The levels of activity vary considerably between Member States.

The people interviewed declared that they spend on average **just over six hours a day sitting during a normal day**. The time they spend sitting obviously depends to a large extent on their occupation and once again the average varies considerably from one Member State to another.

Three-quarters of EU citizens declared that the area where they live offers sufficient opportunities to be physically active. Moreover, two out of three respondents consider that local sports clubs and centres offer many opportunities to be physically active. Finally, it is noteworthy that just over **half** of the people interviewed **do not seem to have enough time** to take advantage of the facilities in their area to be physically active.





QD1 Do you have children? If yes, did you breastfeed any of them? (IF "WOMEN", CODE 2 IN D10)

	TOTAL	Yes, I have children and I have breastfed all of them	Yes, I have children and I have breastfed some of them	Yes, I have children but I did not breastfeed them	No, I don't have children	Yes
JE25 EU25	12780	49%	6%	15%	30%	70%
E Z	515	35%	8%	29%	27%	73%
<u>.</u>	533	65%	3%	5%	26%	74%
w	525 524	60% 55%	5% 5%	6% 15%	30% 25%	70% 75%
	524 808	55% 56%	5% 5%	15%	25% 23%	75% 77%
F	808 284	61%	5% 7%		23% 18%	77% 82%
-	561	69%	3%	14% 3%	24%	76%
	509	57%	4%	9%	30%	70%
	525	48%	6%	12%	30%	66%
	528	31%	10%	29%	31%	69%
	507	14%	9%	43%	34%	66%
	510	51%	3%	9%	37%	63%
	259	46%	12%	14%	28%	72%
	537	63%	3%	5%	29%	71%
	550	51%	3%	12%	34%	66%
	256	39%	11%	23%	27%	73%
	540	70%	1%	5%	23%	77%
	254	33%	13%	24%	30%	70%
	535	44%	9%	15%	33%	67%
	523	48%	2%	11%	39%	61%
	521	58%	5%	8%	30%	70%
	523	61%	3%	7%	29%	71%
	530	63%	3%	5%	29%	71%
	543	64%	6%	5%	25%	75%
	525	64%	4%	3%	28%	72%
	536	66%	4%	3%	27%	73%
	687	36%	11%	26%	28%	72%
	521	70%	7%	4%	19%	81%
	525	65%	4%	5%	26%	74%
	518	65%	1%	4%	30%	70%
	500	66%	2%	2%	30%	70%
(tcc)	250	65%	8%	3%	24%	76%
x						
le	0	-	-	-	-	-
male	12780	49%	6%	15%	30%	70%
e						
-24	1836	9%	0%	6%	86%	14%
-39	3261	49%	5%	14%	32%	68%
-54	3169	60%	8%	18%	14%	86%
+	4514	57%	8%	19%	16%	84%
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-19	3424 5113	57% 51%	7% 7%	18% 20%	17% 22%	83% 78%
l+ -19						
+ II Studying	2883 1155	50% 4%	6% 0%	10% 1%	33% 94%	67% 6%
	1155	4%	0%	1%	94%	6%
ousehold composition	2530	41%	5%	12%	42%	58%
	3994	43%	5%	18%	33%	67%
	2315	54%	6%	18%	22%	78%
	3941	56%	8%	13%	23%	77%
ace of birth						
rveyed country	11974	48%	6%	16%	30%	70%
	369	54%	4%	18%	25%	75%
rope outside EU	164	73%	3%	6%	18%	82%
tside Europe	247	53%	2%	13%	31%	69%
rents' birth						
orn country	11346	48%	6%	16%	30%	70%
ountry EU	405	50%	4%	14%	32%	68%
J .	423	53%	3%	16%	28%	72%
least 1 outside EU	585	54%	6%	9%	30%	70%
t-Right scale						
4) Left	3023	48%	7%	13%	32%	68%
6) Centre	4239	48%	7%	18%	27%	73%
10) Right	1958	52%	4%	16%	28%	72%
spondent occupation scale f- employed	653	52%	5%	15%	28%	72%
r- employed nagers	653 1139	52% 52%	5% 6%	15% 12%	28% 31%	72% 69%
nagers ner white collars	1139	52% 46%	6%	12%	31%	64%
nual workers	1648 2092	46% 47%	6% 8%	13%	36% 29%	64% 71%
	2092	63%	8% 7%	16% 21%	29% 10%	71% 90%
use persons		63% 40%	7% 5%	21% 19%	10% 36%	
employed ired	646 3055	40% 57%	5% 8%	19%	36% 18%	64% 82%
ired idents	3055 1155	57% 4%	8% 0%	18%	94%	82% 6%
dents ojective urbanisation	1100	476	U%	1 %	74 70	0%
al village	4268	52%	7%	16%	25%	75%
all/ mid size town	5346	47%	6%	17%	30%	70%
ge town	3146	47%	6%	12%	36%	64%
nat is your weight?	0140	47.70	0,0	1270	5575	0470
s than 55 kg	1942	36%	4%	13%	46%	54%
m 55 to 74 kg	7334	50%	6%	15%	46% 29%	71%
m 75 to 89 kg	1997	58%	6%	18%	19%	81%
kg and more	597	55%	11%	16%	18%	82%
ur current weight is ?	241	22%	11%	10%	1070	62%
o high	5652	51%	7%	18%	23%	77%
o low	553	43%	7% 5%	14%	23% 38%	62%
out right	6394	43%	5%	13%	35%	65%
alth in general	0374	4770	570	1370	33 70	0070
arti in general	9285	46%	6%	15%	33%	67%
			0.70	1370		0770
od Ither good nor bad	2643	56%	7%	17%	21%	79%

QD2 Thinking about the last child that you breastfed, for how long did you breastfed him\her?

JE25 EU25	TOTAL 7004	1-3 months 35%	4-6 months 28%	7-12 months 24%	13-15 months 2%	16-18 months 2%	19+ months 3%	DK 6%	Average 6,3
E25 E025 E	223	52%	32%	10%	1%	1%	1%	2%	4,3
2	365	27%	31%	27%	4%	3%	3%	6%	6,9
	341	38%	26%	26%	3%	2%	3%	2%	6,5
W	314	31%	26%	27%	1%	3%	3%	9%	6,5
_	496	34%	28%	25%	1%	2%	2%	7%	6,0
	191	42%	36%	18%	0%	0%		3%	4,6
	406 312	30% 42%	27% 27%	28% 24%	4% 1%	4% 3%	4% 3%	5% 1%	7,2 6,1
	279	30%	27%	27%	3%	2%	3%	7%	7,0
	213	61%	27%	13%	2%	2%	370	2%	4,1
	119	48%	31%	17%	2%	1%	1%	1%	4,8
	278	21%	28%	32%	3%	2%	3%	11%	7,3
	148	50%	23%	18%	1%	2%	2%	4%	5,2
	353	37%	28%	24%	2%	1%	4%	4%	6,3
	297	44%	30%	18%	3%	2%	2%	3%	5,3
1	129	46%	29%	15%	2%	0%	1%	7%	4,8
	388	24% 49%	30% 27%	32% 14%	3% 0%	5% 3%	4%	2%	7,7
	117 282	52%	23%	23%	1%	0%	2% 1%	4%	5,2 4,7
	262	18%	36%	26%	1%	1%	2%	16%	6,9
	324	31%	28%	20%	3%	5%	8%	5%	7,9
	334	22%	24%	26%	6%	7%	10%	5%	9.7
	350	29%	34%	24%	3%	1%	3%	7%	6,3
	377	24%	31%	31%	3%	3%	3%	6%	7,2
	361	31%	35%	28%	2%	2%	2%	1%	6,4
:	374	22%	36%	33%	3%	3%	2%	1%	6,9
	318 404	45% 20%	33% 22%	14% 43%	1% 5%	1% 3%	3% 2%	3% 5%	5,2 8.4
8	404 362	20%	22% 30%	43%	5% 5%	3% 3%	2% 4%	5% 2%	8,4 7.4
	341	15%	24%	42%	8%	3% 4%	4% 3%	4%	8,7
1	337	11%	16%	29%	3%	15%	19%	7%	13,3
(tcc)	182	24%	25%	37%	1%	5%	4%	4%	7,8
ex									
ale	0	-	=	-	-	-	-	-	0,0
male	7004	35%	28%	24%	2%	2%	3%	6%	6,3
ge									
-24 -39	160 1756	52% 37%	23% 28%	15% 23%	2% 3%	3% 3%	4% 4%	1% 3%	5,4
)-54	2162	36%	29%	23%	3%	2%	3%	4%	6,4 6,2
+	2926	32%	28%	25%	2%	2%	3%	8%	6.4
ducation (End of)	2720	5270	2070	2070	270	270	570	0,0	0,4
5	2222	32%	25%	26%	2%	3%	4%	8%	6,9
5-19	2976	38%	31%	21%	2%	2%	3%	4%	5,8
0+	1620	35%	30%	25%	2%	3%	3%	3%	6,3
till Studying	53	27%	23%	27%	13%	7%	1%	2%	7,6
ousehold composition									
	1161 1939	30% 37%	27% 28%	26% 23%	1% 2%	2% 2%	5% 2%	8% 6%	6,9 6,0
	1382	38%	31%	21%	2%	2%	1%	4%	5,7
+	2522	34%	27%	24%	3%	3%	4%	5%	6,7
lace of birth	LULL	5470	2770	2470	570	0,0	470	0,0	0,,
urveyed country	6508	35%	29%	23%	2%	2%	3%	5%	6,3
J	212	43%	33%	19%	2%	2%	0%	1%	5,2
urope outside EU	125	26%	17%	33%	1%	10%	1%	12%	7,7
utside Europe	137	32%	26%	30%	1%	4%	2%	5%	6,9
arents' birth									
born country	6176 219	35% 39%	29% 19%	23% 33%	2% 1%	2% 1%	3% 1%	5% 7%	6,4 5,6
country EU	238	42%	28%	24%	2%	3%	1%	1%	5,6
least 1 outside EU	355	32%	25%	26%	0%	4%	3%	9%	6.8
eft-Right scale	000	5270	2070	2070	070	4,0	570	7,0	0,0
-4) Left	1652	36%	29%	25%	2%	2%	3%	3%	6,2
i-6) Centre	2348	37%	29%	22%	2%	2%	2%	6%	5,8
-10) Right	1100	34%	28%	27%	2%	2%	3%	5%	6,3
espondent occupation scale		9001	2.01	9501	201	201	20/	461	
elf- employed	374	29%	31% 33%	25%	2%	3% 3%	3%	6% 4%	6,8
anagers her white collars	653 844	31% 38%	33% 30%	22% 22%	1% 2%	3% 2%	5% 1%	4% 5%	6,8 5,5
anual workers	1151	43%	25%	21%	3%	3%	2%	4%	5,5 5,8
ouse persons	1664	32%	30%	24%	3%	2%	3%	6%	6,4
nemployed	288	45%	21%	21%	2%	1%	6%	3%	6,4
tired	1977	32%	27%	26%	1%	2%	3%	8%	6,6
udents	53	27%	23%	27%	13%	7%	1%	2%	7,6
ubjective urbanisation									
iral village	2497	35%	28%	23%	2%	2%	4%	5%	6,5
nall/ mid size town	2858 1640	36% 33%	27% 31%	24% 23%	2% 2%	3% 2%	2% 3%	6% 6%	6,1
rge town	1640	33%	31%	∠3%	2%	2%	3%	0%	6,5
hat is your weight ? ss than 55 kg	786	36%	28%	26%	3%	1%	3%	3%	6,1
om 55 to 74 kg	4100	35%	29%	24%	2%	3%	3%	5%	6,4
om 75 to 89 kg	1264	35%	27%	23%	2%	2%	4%	7%	6,3
kg and more	393	39%	33%	17%	2%	2%	5%	3%	6,1
our current weight is ?									-,-
o high	3327	37%	28%	23%	2%	3%	3%	4%	6,2
o low	265	34%	28%	27%	0%	2%	4%	4%	6,3
out right	3326	33%	29%	24%	3%	2%	3%	6%	6,5
ealth in general									
ood	4811	37%	29%	22%	2%	2%	3%	4%	6,0
ealth in general ood either good nor bad ad	4811 1644 524	37% 32% 28%	29% 25% 28%	22% 26% 26%	2% 2% 2%	2% 3% 4%	3% 4% 4%	4% 8% 9%	6,0 7,0 7,0

QD3 Thinking about the other child(ren) that you breastfed, for how long have you breastfed on average?

(IF 'HAVE BREASTFED', CODE 1 OR 2 IN QD1)

	TOTAL	Have not breastfed any other child	1-3 months	4-6 months	7-12 months	13-15 months	16-18 months	19+ months	No other child	DK	Average
E25 EU25	7004 223	13% 18%	22% 32%	23% 27%	19% 8%	1% 0%	1% 1%	2%	11% 10%	7% 4%	6,5 4,6
2	365	7%	23%	29%	21%	1%	1%	2%	9%	7%	6,6
	341	18%	25%	24%	19%	1%	1%	2%	7%	3%	6,1
W	314 496	18% 18%	21% 22%	22% 23%	19% 18%	1% 1%	1% 1%	1% 1%	9% 10%	8% 7%	6,3 6.0
E	191	18%	26%	25%	13%	0%	-	-	14%	3%	4.9
	406	15%	18%	23%	22%	2%	2%	2%	16%	1%	7,0
	312	7%	25%	24%	22%	2%	2%	2%	15%	1%	6,8
	279 213	16% 17%	19% 37%	25% 19%	19% 9%	3% 1%	1%	3% 1%	5% 13%	8% 3%	7,0
	119	13%	26%	24%	14%	1%	1%	170	9%	13%	4,3 5,2
,	278	15%	14%	22%	26%	1%	2%	2%	9%	10%	7,5
	148	9%	41%	21%	19%	2%	1%	2%	2%	3%	5,2
	353 297	4% 10%	18% 25%	20%	13%	3%	1% 0%	1% 1%	38% 22%	2% 4%	6,4
	129	10%	25% 32%	22% 29%	15% 12%	0% 1%	1%	1%	22% 7%	4% 5%	5,5 5.0
	388	10%	16%	27%	26%	2%	5%	3%	9%	2%	8,1
	117	5%	36%	28%	17%	1%	4%	4%	4%	2%	6,6
	282	19%	30%	24%	17%	1%	1%	1%	5%	2%	5,1
	262 324	6% 3%	13% 21%	29% 24%	18% 17%	1% 2%	1% 3%	0% 4%	17% 14%	14% 12%	6,6 7,6
	334	3%	16%	18%	19%	4%	5%	4% 7%	9%	19%	7,6 9,5
	350	1%	24%	30%	20%	2%	=	2%	5%	16%	6,2
	377	9%	18%	26%	24%	2%	2%	2%	5%	12%	7,0
	361 374	17% 6%	23% 12%	24% 34%	23% 34%	2% 2%	1% 1%	1% 1%	8% 9%	1% 1%	6,4
	374 318	6% 11%	12% 28%	34% 20%	34% 17%	2% 1%	1% 0%	1% 3%	9% 18%	1% 1%	7,1 5.9
	404	5%	11%	17%	38%	3%	1%	4%	9%	12%	9,0
2	362	8%	21%	26%	25%	2%	3%	4%	9%	3%	7,5
	341	4%	8%	17%	29%	5%	3%	1%	31%	3%	8,8
(tcc)	337 182	12% 11%	6% 16%	14% 18%	24% 34%	4% 2%	10% 5%	13% 2%	5% 7%	11% 7%	13,3 8.0
× (tee)	182	1176	10%	16%	34%	∠%	3 %	∠70	1 %	1 70	8,0
ale	0	-	-	-	-	-	-	-	-	-	0,0
male	7004	13%	22%	23%	19%	1%	1%	2%	11%	7%	6,5
e -24	160	22%	20%	3%	8%	1%	0%		38%	9%	4,4
i-24 i-39	1756	14%	20%	19%	17%	1%	2%	2%	18%	5%	6,3
-54	2162	13%	25%	25%	18%	1%	1%	2%	9%	5%	6,3
+	2926	12%	21%	25%	21%	2%	1%	2%	7%	9%	6,8
ucation (End of)		4001	040/		0001	001	001		001	001	
; -19	2222 2976	12% 14%	21% 25%	23% 25%	22% 16%	2% 1%	2% 1%	3% 2%	8% 12%	9% 5%	7,0 5,9
+	1620	14%	21%	22%	20%	2%	1%	2%	15%	4%	6.6
ill Studying	53	9%	4%	13%	39%	2%	0%	-	15%	17%	8,0
ousehold composition											
	1161 1939	11% 13%	17% 23%	24% 22%	23% 18%	2% 1%	2% 1%	3% 1%	9% 13%	9% 7%	7,5 6,3
	1382	21%	17%	19%	10%	0%	1%	1%	25%	7%	5,7
-	2522	9%	28%	26%	23%	2%	2%	3%	3%	5%	6,5
ace of birth											
irveyed country J	6508 212	13% 9%	22% 31%	23% 26%	19% 19%	1% 3%	1% 1%	2% 0%	11% 9%	7% 1%	6,5 5.8
rope outside EU	125	6%	17%	24%	25%	1%	5%	1%	11%	11%	7.3
itside Europe	137	15%	22%	16%	27%	1%	3%	3%	5%	8%	7,6
rents' birth											
oorn country	6176	13%	22%	24%	19%	1%	1%	2%	11%	7%	6,5
country EU U	219 238	8% 12%	27% 31%	22% 19%	11% 24%	0% 3%	2% 3%	1% 1%	22% 6%	7% 0%	5,6 6,7
least 1 outside EU	355	13%	17%	20%	22%	0%	2%	1%	17%	9%	6,8
ft-Right scale											
-4) Left	1652 2348	13% 14%	24% 23%	24% 24%	18% 17%	1%	1% 1%	2% 1%	13% 12%	4%	6,3
-6) Centre -10) Right	2348 1100	14% 11%	23%	24%	17% 23%	1% 1%	1% 1%	1% 2%	12% 10%	6% 6%	6,1 6,6
espondent occupation scale	.100	. 170	2370	2370	2370	. 70	. 70	2.70	1070	570	0,0
lf- employed	374	11%	23%	23%	19%	1%	3%	3%	11%	7%	6,6
nagers	653	14%	20%	25%	17%	2%	1%	3%	14%	5%	6,9
her white collars inual workers	844 1151	12% 15%	24% 27%	25% 22%	14% 16%	1% 1%	1% 1%	1% 1%	16% 12%	5% 5%	5,6 5,8
inual workers use persons	1161	13%	22%	24%	16% 22%	1% 2%	1%	1% 2%	12% 9%	5% 6%	5,8 6,6
employed	288	14%	24%	16%	10%	2%	2%	5%	21%	5%	7,3
tired	1977	13%	20%	24%	22%	1%	1%	2%	8%	9%	6,9
udents	53	9%	4%	13%	39%	2%	0%	-	15%	17%	8,0
bjective urbanisation ral village	2497	11%	26%	23%	19%	1%	2%	3%	8%	6%	6,7
nall/ mid size town	2858	14%	22%	23%	20%	1%	1%	1%	11%	7%	6,2
rge town	1640	14%	18%	23%	18%	2%	1%	2%	15%	7%	6,8
hat is your weight?											
ss than 55 kg	786	14%	23% 22%	20% 24%	19% 19%	1%	1% 2%	1% 2%	15% 11%	6%	6,2
om 55 to 74 kg om 75 to 89 kg	4100 1264	13% 11%	22% 23%	24% 23%	19% 21%	1% 2%	2% 1%	2% 3%	11% 9%	6% 7%	6,5 6,8
kg and more	393	10%	27%	30%	15%	1%	1%	4%	8%	5%	6,1
our current weight is ?											
o high	3327	13%	24%	24%	20%	1%	1%	2%	10%	5%	6,4
o low	265	15%	26%	20%	20%	0%	1%	1%	9%	8%	5,9
out right ealth in general	3326	13%	21%	23%	18%	2%	1%	2%	13%	7%	6,6
od	4811	14%	24%	23%	18%	1%	1%	2%	12%	5%	6,2
ither good nor bad	1644	12%	21%	23%	20%	1%	1%	3%	10%	8%	7,0
ittlet good flot bad											

QD4 Over the last 12 months, have you b	een on a diet, or not?							
	TOTAL	No, I have not been on a diet	Yes, advised by a doctor	Yes, suggested by a family member or a friend	Yes, through media influence	Yes, by my own decision	DK	Yes
JE25 EU25	24682	79%	8%	1%	0%	11%	1%	21%
BE CZ	1000	76%	9%	2%	1%	13%	-	24%
K	1029 1031	78% 74%	7% 4%	2% 1%	1% 0%	12% 20%	0%	22% 26%
D-W	1007	85%	3%	1%	1%	10%	0%	15%
DE	1557	85%	3%	1%	1%	9%	0%	15%
D-E	550	87%	4%	2%	0%	7%	0%	13%
E	1000	81%	5%	2%	0%	12%	1%	18%
L	1000	73%	8%	1%	0%	17%	2%	25%
S R	1025 1012	77% 80%	13% 11%	1% 1%	1%	7% 9%	1% 0%	22% 20%
E	1000	70%	7%	1%	1%	15%	5%	25%
-	1000	78%	11%	2%	0%	8%	1%	21%
Y	502	68%	14%	1%	-	17%	0%	32%
V	1000	79%	4%	1%	0%	16%	0%	21%
Г	1011	79%	5%	1%	1%	14%	0%	20%
J 	501	80%	4%	1%	=	14%	0%	19%
n T	1015	86%	2%	1%	-	12%	-	14%
T L	500 1031	66% 84%	10% 2%	2% 1%	0% 0%	22% 12%	0% 0%	34% 16%
T	1002	82%	4%	3%	1%	9%	0%	18%
	1002	80%	8%	1%	0%	10%	0%	20%
-	1000	83%	12%	1%	0%	4%	0%	17%
I	1030	74%	11%	0%	0%	14%	0%	25%
<	1044	75%	7%	2%	0%	11%	5%	20%
	1017	68%	5%	2%	0%	24%	0%	31%
	1054	85%	4%	1%	0%	10%	0%	15%
	1321	71%	7%	1%	1%	20%	0%	28%
	1004	78%	9%	1%	0%	10%	2%	20%
R C	1000 1002	79% 77%	9% 14%	0% 1%	0% 1%	11% 6%	1% 1%	20% 22%
3	1002	84%	4%	1%	0%	10%	1%	15%
Y (tcc)	500	79%	7%	2%	0%	11%	-	21%
ex								
lale	11902	84%	7%	1%	0%	7%	1%	15%
emale	12780	74%	9%	1%	1%	15%	0%	26%
ge	07/5	200/	001	401	001	1001	401	4704
5-24	3765	83%	2%	1%	0%	13%	1%	17%
5-39 0-54	6550 6308	80% 78%	4% 7%	1% 2%	1% 0%	14% 12%	1% 0%	20% 21%
5 +	8059	77%	14%	1%	0%	8%	0%	22%
ducation (End of)	0007	7770	1470	170	0,0	0,0	0,0	2270
5	5992	79%	13%	1%	0%	7%	0%	21%
6-19	9671	78%	7%	1%	1%	13%	0%	22%
0+	6152	79%	6%	1%	0%	13%	1%	21%
itill Studying	2464	83%	3%	1%	1%	11%	1%	16%
lousehold composition	45//	700/	110/	00/	00/	100/	10/	240/
	4566 7903	78% 79%	11% 9%	0% 1%	0% 0%	10% 10%	1% 0%	21% 21%
	4615	78%	7%	1%	1%	13%	1%	22%
+	7598	80%	5%	2%	1%	12%	0%	19%
lace of birth								
urveyed country	23146	79%	8%	1%	0%	11%	0%	21%
U	627	79%	9%	1%	0%	11%	1%	21%
urope outside EU	336	86%	4%	1%	1%	7%	1%	14%
utside Europe	535	78%	5%	3%	1%	13%	0%	22%
born country	21871	79%	8%	1%	0%	11%	0%	20%
country EU	817	73%	10%	2%	1%	13%	1%	26%
EU	768	78%	9%	1%	0%	12%	1%	21%
t least 1 outside EU	1185	79%	5%	2%	1%	14%	0%	21%
eft-Right scale								
I-4) Left	6422	79%	8%	1%	1%	11%	0%	20%
i-6) Centre	8105	78%	8%	1%	1%	12%	1%	21%
'-10) Right	4322	80%	7%	1%	0%	12%	0%	20%
espondent occupation scale	1995	81%	7%	1%	0%	10%	1%	19%
elf- employed anagers	2653	80%	4%	2%	1%	14%	0%	20%
ther white collars	2924	76%	6%	1%	1%	15%	1%	23%
anual workers	5030	82%	5%	1%	1%	12%	0%	18%
ouse persons	2485	75%	11%	2%	1%	11%	0%	25%
nemployed	1275	81%	4%	2%	0%	12%	0%	19%
etired	5855	76%	15%	1%	0%	7%	0%	23%
udents	2464	83%	3%	1%	1%	11%	1%	16%
ubjective urbanisation	8062	80%	7%	2%	1%	10%	1%	20%
ural village mall/ mid size town	10428	80%	7% 8%	2% 1%	1%	10%	0%	20%
nge town	6157	77%	8%	1%	1%	13%	1%	20%
/hat is your weight ?	0.07	.,,,,	- 70	. 70				
ess than 55 kg	2090	86%	6%	1%	1%	7%	1%	13%
om 55 to 74 kg	11467	80%	7%	1%	0%	11%	0%	19%
om 75 to 89 kg	7010	77%	8%	2%	0%	11%	0%	22%
kg and more	2778	71%	11%	2%	0%	15%	0%	29%
our current weight is ?								
oo high	9415	65%	12%	2%	1%	19%	0%	34%
oo low	1326	88%	7%	1%	0%	3%	1%	11%
bout right	13608	87%	5%	0%	0%	6%	1%	12%
ealth in general	18561	82%	5%	1%	0%	12%	0%	18%
ood either good nor bad	4630	82% 74%	5% 14%	1%	1%	10%	0%	18% 26%
ad	1393	64%	26%	2%	0%	7%	0%	36%
				•				

	TOTAL	Less than 150 cm	150-159 cm	160-164 cm	165-169 cm	170-174 cm	175-179 cm	180-184 cm	185-189 cm	190+ cm	Refusal	DK	Average
E25 EU25	24682	1%	11%	16%	19%	19%	14%	11%	5%	2%	1%	2%	169,9
E Z	1000 1029	0% 0%	11% 7%	15% 13%	21% 19%	21% 18%	14% 17%	11% 13%	5% 6%	2% 5%	- 0%	1% 1%	170,3 172.4
DK	1029	1%	5%	12%	18%	21%	18%	14%	7%	4%	0%	0%	172,4
0-W	1007	0%	7%	13%	20%	19%	17%	14%	5%	3%	1%	1%	172,0
DE	1557	0%	7%	13%	19%	19%	17%	14%	5%	3%	1%	1%	171,8
D-E F	550 1000	0%	10% 9%	15% 18%	18% 18%	16% 18%	18% 14%	12% 12%	7% 5%	2% 3%	1%	0% 1%	171,1 170.8
L.	1000	0%	9% 11%	18%	18% 21%	18%	14%	12%	5% 5%	3% 1%	1%	1% 0%	170,8
S	1025	2%	15%	19%	20%	19%	10%	6%	2%	2%	1%	5%	167,0
R	1012	1%	15%	19%	17%	18%	12%	11%	3%	2%	0%	1%	168,8
E	1000	1%	14%	16%	15%	16%	17%	12%	7%	2%		0%	170,0
T Y	1000 502	0% 0%	11% 13%	20% 18%	20% 21%	20% 18%	13% 13%	9% 8%	3% 3%	1% 1%	2% 0%	2% 4%	168,3 168,4
v	1000	0%	8%	16%	16%	21%	15%	12%	6%	2%	1%	3%	171,3
Т	1011	0%	7%	18%	20%	20%	14%	10%	5%	2%	0%	3%	170,8
U	501	0%	5%	18%	19%	19%	13%	15%	7%	2%	0%	1%	171,5
IU MT	1015 500	1% 2%	12% 21%	18% 17%	22% 14%	17% 12%	13% 7%	11% 7%	4% 2%	3%	0%	1% 20%	169,3 164,9
IL	1031	0%	6%	9%	15%	19%	20%	14%	10%	7%	0%	1%	174,5
ıΤ	1002	-	6%	13%	20%	18%	17%	13%	8%	2%	2%	2%	172,3
L	1000	0%	13%	19%	17%	18%	18%	9%	4%	1%	1%	0%	169,4
Т	1000	1%	21%	19%	18%	20%	10%	4%	2%	0%	0%	4%	165,5
il K	1030 1044	0% 0%	9% 7%	15% 16%	20% 20%	20% 17%	18% 14%	10% 13%	6% 8%	2% 2%	1% 1%	0% 2%	170,9 171,2
1	1017	0%	12%	17%	17%	18%	17%	12%	5%	2%	-	1%	170,3
E	1054	0%	7%	15%	17%	19%	17%	14%	7%	4%	-	0%	172,5
IK	1321	1%	13%	16%	17%	17%	12%	12%	6%	2%	1%	3%	170,1
IG IR	1004 1000	1% 0%	13% 7%	20% 13%	21% 19%	18% 18%	13% 16%	7% 12%	3% 8%	1% 4%	0%	2% 3%	167,6 172,1
10	1000	0%	8%	17%	23%	20%	13%	10%	3%	1%	1%	4%	169,2
R	1005	1%	10%	15%	18%	19%	15%	6%	2%	0%	1%	11%	168,4
Y (tcc)	500	1%	15%	17%	20%	18%	11%	7%	3%	1%	0%	7%	167,7
iex Male	11902	0%	1%	4%	11%	23%	24%	21%	9%	4%	1%	1%	176,2
emale	12780	1%	21%	4% 29%	26%	14%	24% 5%	1%	0%	0%	1%	2%	1/6,2
ge													
5-24	3765	0%	7%	12%	18%	21%	16%	13%	7%	4%	1%	1%	172,1
5-39 0-54	6550 6308	0%	7% 11%	14% 17%	17% 18%	20% 19%	16% 15%	13% 12%	6% 5%	3% 2%	1% 1%	1% 1%	171,8 170,3
J-54 5 +	8059	1%	17%	20%	21%	16%	11%	7%	2%	1%	1%	3%	166,8
ducation (End of)													
5	5992	1%	19%	21%	20%	16%	10%	7%	1%	1%	1%	3%	166,2
5-19)+	9671 6152	1% 0%	10% 8%	16% 14%	19% 17%	18% 20%	15% 1 6 %	11% 14%	5% 6%	2% 3%	1% 1%	1% 1%	170,2 171,8
)+ :III Studvina	2464	0%	6%	14%	17%	20%	16%	14%	6% 8%	3% 4%	1%	1%	171,8
ousehold composition	2101	370	270			22.70		. 370	570	-770	. 70	. 70	.72,0
	4566	1%	16%	17%	18%	17%	12%	10%	4%	2%	1%	2%	168,6
	7903	1%	12%	17%	19%	18%	14%	10%	4%	2%	1%	2%	169,3
	4615 7598	0% 0%	10% 9%	16% 16%	18% 18%	18% 20%	16% 15%	10% 13%	5% 5%	2% 3%	1% 1%	1% 1%	170,4 170,9
ace of birth	7370	0.70	7 70	1070	1070	2070	1370	1370	370	370	170	1 70	170,9
urveyed country	23146	1%	11%	17%	19%	19%	14%	11%	5%	2%	1%	2%	169,9
U .	627	2%	15%	16%	20%	16%	12%	11%	4%	1%	2%	1%	168,6
urope outside EU Jutside Europe	336 535	0% 1%	11% 12%	15% 18%	17% 16%	19% 23%	15% 16%	15% 6%	3% 4%	1% 2%	1% 1%	2% 2%	170,1 169.3
utside Europe arents' birth	000	1 76	12%	10%	10%	23%	10%	υ%	4 70	2 %	1 70	∠%	109,3
born country	21871	1%	11%	17%	19%	19%	14%	11%	5%	2%	1%	2%	169,8
country EU	817	1%	13%	14%	19%	16%	11%	15%	5%	3%	2%	1%	170,4
EU	768 1185	0% 1%	15% 10%	13% 16%	19% 17%	20% 22%	12% 17%	12% 9%	4% 4%	2% 2%	2% 1%	1% 2%	169,6
it least 1 outside EU eft-Right scale	1185	1%	10%	10%	17%	22%	17%	7%	4%	2%	1%	2%	170,1
1-4) Left	6422	0%	9%	15%	19%	20%	15%	12%	5%	3%	1%	1%	170,8
5-6) Centre	8105	1%	11%	16%	19%	19%	15%	11%	4%	2%	1%	1%	169,8
7-10) Right	4322	0%	10%	14%	18%	20%	15%	14%	6%	3%	0%	1%	171,3
espondent occupation scale elf- employed	1995	0%	7%	12%	14%	19%	19%	17%	7%	3%	1%	2%	172,9
lanagers	2653	0%	6%	12%	15%	21%	17%	17%	9%	2%	1%	0%	173,2
ther white collars	2924	0%	9%	16%	18%	22%	13%	11%	5%	2%	1%	1%	170,6
lanual workers	5030	1%	9%	14%	18%	19%	17%	13%	5%	3%	1%	1%	171,2
ouse persons nemployed	2485 1275	2% 0%	24% 12%	30% 16%	25% 17%	10% 18%	4% 17%	1% 10%	0% 4%	3%	1% 1%	2% 1%	163,0 170,3
etired	5855	1%	16%	19%	21%	18%	12%	7%	2%	1%	1%	3%	167,2
tudents	2464	0%	6%	11%	17%	22%	17%	13%	8%	4%	1%	1%	172,8
ubjective urbanisation													
ural village mall/ mid size town	8062 10428	1% 1%	11% 11%	17% 17%	20% 18%	18% 20%	14% 14%	11% 11%	4% 5%	2% 2%	1% 1%	2% 1%	169,6 169,7
mali/ mid size town arge town	6157	1% 0%	11%	17%	18%	20% 18%	14%	11%	5% 6%	2% 3%	1%	1% 2%	169,7
/hat is your weight ?	0.07	370		.576	.370	.576	.576		570	3,0	2.70	270	
ess than 55 kg	2090	2%	35%	35%	19%	6%	2%	0%	0%	-	0%	0%	160,8
rom 55 to 74 kg	11467	1%	14%	20%	23%	21%	12%	6%	2%	1%	0%	1%	167,4
rom 75 to 89 kg	7010 2778	0% 0%	4% 3%	10% 6%	15% 9%	20% 15%	23%	17% 27%	8% 14%	2%	0% 0%	1% 0%	173,7
0 kg and more our current weight is ?	2116	U%	3%	U %	7%	10%	16%	21%	1470	10%	U %	U%	177,8
	9415	1%	14%	20%	20%	17%	11%	10%	4%	2%	0%	1%	168,6
oo high				14%	14%	18%	15%	12%	8%	4%	0%	1%	171,5
oo low	1326	0%	12%										
oo low bout right	1326 13608	0% 1%	12% 9%	15%	18%	20%	16%	11%	5%	2%	1%	2%	170,6
oo low bout right lealth in general	13608	1%	9%	15%	18%	20%	16%	11%	5%	2%	1%	2%	170,6
oo low oout right													

QD6 How much do you weigh (in kg) without	t shoes and															
	TOTAL	Less than 50 kg	50-54 kg	55-59 kg	60-64 kg	65-69 kg	70-74 kg	75-79 kg	80-84 kg	85-89 kg	90-94 kg	95-99 kg	100+ kg	Refusal	DK	Average
UE25 EU25 BE	24682 1000	3% 3%	6% 5%	9% 8%	12% 13%	12% 13%	14% 17%	12% 10%	10% 9%	7% 6%	5% 6%	3% 3%	4% 5%	2% 0%	3% 1%	72,2 72,7
CZ	1029	1%	3%	8%	10%	12%	12%	13%	11%	10%	6%	4%	4%	2%	3%	74,8
DK D-W	1031	2%	4%	6%	13%	12%	12%	10%	11%	9%	5%	4%	8%	1%	3%	75,9
D-W DE	1007 1557	1% 1%	5% 5%	7% 7%	12% 11%	12% 12%	12% 13%	14% 14%	12% 12%	7% 7%	6% 6%	3% 3%	6% 6%	3% 3%	2% 2%	74,5 74.7
D-E	550	1%	4%	6%	9%	9%	16%	13%	12%	7%	7%	3%	6%	4%	1%	75,7
EE EL	1000 1000	2% 2%	5% 5%	8% 6%	12% 12%	12% 12%	14% 12%	11% 12%	11% 16%	7% 7%	5% 7%	3% 3%	5% 5%	1% 1%	5% 0%	73,4 74,1
ES	1025	3%	6%	10%	12%	13%	14%	11%	9%	6%	4%	2%	3%	1%	6%	70,7
FR IE	1012 1000	5% 2%	9% 7%	11% 8%	13% 14%	12% 8%	13% 15%	9% 13%	10% 9%	7% 9%	4% 3%	2% 3%	3% 5%	1%	2% 2%	69,7 73,2
IT	1000	4%	6%	11%	12%	15%	14%	14%	8%	4%	3%	1%	1%	3%	4%	68,7
CY LV	502 1000	2%	7% 5%	11%	11%	10% 11%	14%	12%	11%	7% 8%	4% 6%	3% 3%	6% 4%	0%	2%	72,6
LT	1011	2% 2%	5%	6% 7%	12% 11%	11%	14% 13%	9% 11%	11% 12%	6%	6%	3%	4% 7%	3% 0%	6% 5%	73,6 74,5
LU HU	501	2% 3%	7% 7%	8% 9%	9% 10%	10% 11%	12% 14%	13% 10%	10% 11%	6% 8%	7%	2% 4%	9% 6%	3%	1% 0%	75,6
MT	1015 500	3% 5%	1% 6%	9% 5%	10%	11%	14%	10% 7%	11%	8% 5%	6% 4%	4% 3%	5%	0%	13%	73,4 72,2
NL	1031	1%	2% 5%	8% 8%	12%	12%	15%	11% 12%	13%	8%	7%	4%	7%	1%	1%	75,8
AT PL	1002 1000	2% 4%	5% 7%	9%	8% 12%	10% 13%	13% 13%	12%	10% 11%	9% 7%	5% 5%	3% 2%	2% 3%	5% 2%	7% 1%	73,5 71,3
PT	1000	3%	6%	11%	13%	16%	17%	9%	10%	4%	2%	1%	2%	0%	5%	69,0
SI SK	1030 1044	1% 2%	5% 5%	8% 10%	11% 11%	13% 11%	13% 13%	13% 12%	11% 11%	9% 7%	7% 7%	4% 4%	5% 4%	1% 2%	0% 2%	74,5 73,4
FI	1017	2%	5%	8%	12%	11%	13%	10%	11%	8%	7%	3%	7%	0%	2%	74,7
SE UK	1054 1321	1% 2%	5% 5%	7% 9%	12% 11%	13% 10%	14% 13%	12% 10%	10% 9%	8% 7%	6% 3%	3% 4%	6% 5%	1% 3%	2% 9%	74,9 73.6
BG	1004	3%	8%	8%	12%	11%	16%	11%	10%	6%	5%	2%	4%	0%	3%	71,0
HR RO	1000 1002	1% 3%	5% 7%	6% 8%	9% 12%	11% 12%	13% 15%	10% 12%	11% 10%	11% 6%	8% 5%	6% 3%	6% 2%	- 0%	3% 5%	76,3 71,1
TR	1005	3%	6%	10%	11%	13%	15%	10%	11%	5%	3%	2%	2%	1%	7%	70,0
CY (tcc) Sex	500	5%	6%	7%	12%	11%	13%	10%	10%	6%	5%	3%	5%	0%	5%	72,3
Male	11902	0%	1%	3%	6%	10%	16%	16%	16%	10%	7%	4%	7%	1%	3%	78,9
Female Age	12780	5%	10%	15%	17%	14%	11%	7%	5%	3%	2%	1%	2%	3%	4%	65,8
15-24	3765	5%	11%	14%	15%	13%	12%	10%	6%	3%	2%	1%	2%	1%	4%	66,2
25-39 40-54	6550 6308	3% 1%	6% 4%	10% 8%	11% 11%	12% 12%	13% 12%	11% 12%	9% 12%	7% 8%	5% 5%	3% 3%	5% 5%	2% 3%	3% 2%	72,1 74.4
55 +	8059	2%	4%	6%	11%	12%	16%	13%	11%	6%	5%	3%	4%	2%	4%	73,5
Education (End of)	5992	2%	5%	7%	11%	12%	15%	12%	11%	6%	5%	2%	4%	1%	5%	72,9
16-19	9671	2%	5%	9%	11%	12%	13%	12%	10%	7%	5%	3%	5%	3%	3%	73,1
20+ Still Studying	6152 2464	2% 5%	6% 11%	9% 14%	11% 16%	12% 14%	14% 12%	11% 9%	11% 5%	8% 3%	5% 2%	3% 1%	4% 2%	2% 1%	2% 4%	72,9 65,9
Household composition																65,9
1	4566 7903	3% 2%	6% 5%	9% 7%	13% 11%	12% 12%	15% 14%	11% 12%	10% 11%	6% 8%	4% 5%	2% 3%	3% 4%	1% 2%	5% 3%	71,4 73.7
z 3	4615	3%	6%	10%	13%	12%	13%	11%	10%	6%	4%	3%	4%	3%	3%	71,6
4+	7598	3%	6%	10%	12%	12%	12%	12%	10%	6%	5%	2%	4%	2%	3%	71,7
Place of birth Surveyed country	23146	3%	6%	9%	12%	12%	14%	12%	10%	7%	5%	3%	4%	2%	3%	72,3
EU	627	3%	8%	10%	12%	13%	13%	10%	8%	7%	4%	2%	6%	2%	2%	71,4
Europe outside EU Outside Europe	336 535	1% 3%	3% 7%	4% 8%	10% 18%	17% 18%	6% 12%	14% 7%	17% 7%	10% 4%	6% 5%	2% 1%	4% 4%	1% 1%	4% 5%	75,4 70,1
Parents' birth		001			4001	****	4.00	4001	****	mo.		001		001	001	70.0
2 born country 1 country EU	21871 817	3% 3%	6% 5%	9% 8%	12% 10%	12% 10%	14% 14%	12% 10%	10% 13%	7% 8%	5% 6%	3% 3%	4% 5%	2% 4%	3% 3%	72,3 73,7
2EU	768	3%	8%	11%	13%	14%	9%	9%	9%	7%	5%	2%	6%	3%	3%	71,6
At least 1 outside EU Left-Right scale	1185	2%	6%	10%	13%	16%	11%	11%	9%	5%	4%	3%	3%	2%	4%	71,0
(1-4) Left	6422	2%	6%	9%	11%	12%	14%	12%	10%	6%	4%	3%	5%	2%	3%	72,4
(5-6) Centre (7-10) Right	8105 4322	2% 2%	6% 5%	9% 8%	12% 11%	12% 11%	14% 14%	11% 13%	11% 11%	7% 7%	4% 7%	3% 3%	4% 5%	2% 1%	3% 2%	72,6 74,0
Respondent occupation scale																
Self- employed Managers	1995 2653	1% 2%	3% 4%	6% 8%	9% 11%	12% 10%	12% 14%	13% 12%	12% 14%	10% 8%	7% 5%	4% 3%	6% 5%	2% 2%	3% 2%	76,5 74,2
Other white collars	2924	3%	7%	11%	13%	12%	12%	12%	9%	6%	4%	3%	3%	3%	3%	71,2
Manual workers House persons	5030 2485	2% 4%	5% 9%	7% 14%	11% 16%	13% 16%	14% 12%	13% 8%	11% 6%	8% 3%	6% 2%	3% 1%	5% 2%	2% 3%	3% 4%	73,8 66,9
Jnemployed	1275	3%	7%	12%	12%	10%	12%	11%	9%	7%	3%	3%	4%	2%	4%	71,7
Retired Students	5855 2464	2% 5%	4% 11%	6% 14%	10% 16%	12% 14%	16% 12%	13% 9%	12% 5%	7% 3%	6% 2%	3% 1%	4% 2%	2% 1%	4% 4%	74,1 65.9
Subjective urbanisation		5,0	1170				12.1		570			170	270	170		
Rural village Small/ mid size town	8062 10428	2% 3%	5% 6%	8% 10%	12% 12%	12% 12%	13% 14%	12% 12%	10% 10%	7% 6%	5% 4%	3% 3%	4% 4%	2% 2%	4% 3%	72,9 71.7
arge town	6157	3% 3%	6%	9%	12%	12%	13%	11%	11%	6% 7%	4% 5%	3% 3%	4% 3%	2% 3%	3% 3%	71,7 72,3
What is your weight ? Less than 55 kg	2090	31%	69%													50,3
rom 55 to 74 kg	2090 11467	31%	69%	19%	25%	26%	29%	-	-	-	-	-	-	-	-	50,3 64,8
From 75 to 89 kg	7010	-	-	-	-	-	-	41%	36%	23%	41%	23%	-	-	-	80,5
90 kg and more Your current weight is ?	2778	-		-	-	-	-	-			41%	23%	36%	-		98,4
Too high	9415	0%	1%	4%	8%	10%	12%	12%	13%	11%	9%	5%	10%	3%	3%	80,0
Too low About right	1326 13608	16% 3%	15% 8%	12% 12%	15% 14%	17% 13%	12% 14%	6% 12%	2% 9%	1% 5%	1% 2%	0% 1%	1% 1%	0% 2%	1% 3%	61,3 68,1
Health in general																
Good Neither good nor bad	18561 4630	3% 2%	6% 4%	10% 8%	12% 10%	12% 12%	14% 14%	12% 11%	10% 11%	6% 7%	4% 6%	2% 3%	3% 6%	2% 3%	3% 4%	71,5 74,6
Bad Sad	1393	2%	4%	7%	13%	11%	11%	10%	11%	7%	7%	4%	6%	2%	5%	74,7

QD7 Would you say that your current weight is...?

QD7 Would you say that your current weig	ht is?				
	TOTAL	Too high	Too low	About right	DK
UE25 EU25	24682	38%	5%	55%	1%
BE	1000	46%	6%	47%	1%
CZ	1029	33%	5%	62%	0%
DK	1031	44%	6%	50%	0%
D-W	1007	42%	5%	53%	1%
DE	1557	42%	5%	53%	1%
D-E	550	42%	4%	53%	1%
EE	1000	35%	4%	58%	2%
EL	1000	49%	7%	44%	-
ES	1025	28%	5%	65%	2%
FR	1012	44%	7%	49%	0%
E	1000	36%	3%	53%	8%
IT	1000	34%	4%	60%	3%
CY	502	38%	4%	57%	1%
_V	1000	29%	7%	62%	1%
.T	1011	40%	9%	50%	1%
.U	501	50%	2%	48%	0%
-U	1015	32%	7%	61%	0%
MT	500	42%	4%	53%	1%
IL	1031	40%	3%	57%	0%
AT	1002	36%	4%	55%	5%
PL	1000	34%	9%	56%	2%
T	1000	30%	4%	64%	3%
SI	1030	46%	4%	49%	1%
SK	1044	25%	4%	70%	2%
TI SE	1017 1054	41% 48%	3% 5%	55% 47%	0% 0%
SE IK					
	1321	41% 27%	5%	52%	1% 7%
BG	1004		4%	62%	
HR RO	1000	37%	5%	56%	2%
RO FR	1002 1005	24% 28%	6% 6%	66% 64%	4% 2%
CY (tcc)	1005 500	28% 37%	6% 5%	64% 56%	2% 2%
	200	3170	5%	30%	Z70
Sex Male	11902	32%	6%	61%	1%
Maie Female	11902	32% 44%	6% 4%	50%	1%
Age	12760	44 /0	4 70	50 76	176
15-24	3765	21%	10%	67%	1%
25-39	6550	34%	6%	58%	1%
40-54	6308	43%	4%	53%	1%
55 +	8059	46%	4%	49%	2%
Education (End of)	8059	40 /6	470	4970	270
15	5992	44%	5%	50%	2%
16-19	9671	39%	5%	54%	1%
20+	6152	38%	5%	56%	1%
Still Studying	2464	20%	10%	69%	1%
Household composition	2404	2070	1076	0770	170
1	4566	37%	6%	56%	1%
2	7903	42%	4%	52%	1%
3	4615	36%	5%	57%	1%
4+	7598	36%	6%	57%	1%
Place of birth					
Surveyed country	23146	38%	5%	55%	1%
EU	627	40%	5%	54%	1%
Europe outside EU	336	43%	7%	49%	2%
Outside Europe	535	35%	8%	55%	2%
Parents' birth					
2 born country	21871	38%	5%	55%	1%
1 country EU	817	42%	4%	52%	2%
2EU	768	37%	6%	56%	1%
At least 1 outside EU	1185	37%	10%	52%	2%
Left-Right scale					
(1-4) Left	6422	37%	6%	56%	1%
(5-6) Centre	8105	39%	5%	55%	1%
(7-10) Right	4322	39%	6%	54%	1%
Respondent occupation scale					
Self- employed	1995	37%	3%	59%	2%
Managers	2653	38%	3%	58%	1%
Other white collars	2924	38%	5%	57%	1%
Manual workers	5030	36%	6%	58%	1%
House persons	2485	46%	5%	47%	2%
Unemployed	1275	37%	10%	51%	2%
Retired	5855	46%	4%	48%	2%
Students	2464	20%	10%	69%	1%
Subjective urbanisation					
Rural village	8062	40%	5%	54%	1%
Small/ mid size town	10428	38%	6%	55%	1%
Large town	6157	37%	6%	56%	2%
What is your weight?					
Less than 55 kg	2090	6%	20%	74%	1%
From 55 to 74 kg	11467	28%	6%	65%	1%
rom 75 to 89 kg	7010	48%	2%	49%	1%
90 kg and more	2778	79%	1%	19%	1%
Your current weight is ?					
Γοο high	9415	100%	-	-	-
Too low	1326	-	100%	-	-
About right	13608	-	<u>-</u>	100%	<u> </u>
Health in general					
Good					
	18561	34%	5%	60%	1%
Neither good nor bad	4630	52%	6%	41%	2%
	18561 4630 1393	34% 52% 53%	5% 6% 6%	60% 41% 37%	1% 2% 3%

QD8 We often hear people talking about the importance of eating a health diet. What do you think "eating a healthy diet" involves? (SPONTANEOUS – MULTIPLE ANSWERS POSSIBLE)

UE25 EU25	TOTAL 24682	foods		too much	not eat			bread, rice, pasta and other	Eat less bread, rice, pasta and other carbohyd rates	Eat more meat	Eat less meat	Eat more fish	Eat less fish	Do not eat too many calories	Avoid\ do not eat food containin g additives	Eat organic food	Other	DK 2%
BE	1000	77%	57%	41%	30%	72%	1%	13%	7%	3%	27%	37%	1%	31%	16%	13%	14%	0%
CZ DK	1029	54%	52%	36%	13%	61%	1%	10%	8%	6%	11%	38%	0%	33%	16%	3%	5%	1%
D-W	1031 1007	58% 56%	63% 48%	32% 30%	13% 14%	72% 76%	2% 1%	12% 17%	8% 5%	6% 2%	11% 31%	29% 32%	0% 1%	26% 29%	9% 15%	9% 11%	19% 16%	1% 1%
DE D-F	1557 550	59% 70%	48% 48%	30% 31%	15% 19%	77% 83%	1% 1%	17% 18%	5% 5%	2% 2%	31% 34%	33% 39%	1% 1%	32% 41%	15% 16%	11% 14%	15% 12%	1% 0%
EE	1000	41%	40%	19%	14%	47%	1%	5%	5%	3%	9%	17%	0%	24%	15%	15%	18%	8%
EL ES	1000 1025	45% 75%	44% 41%	34% 23%	19% 20%	72% 49%	1% 3%	2% 4%	18% 6%	2% 3%	24% 9%	27% 22%	1% 1%	26% 16%	17% 12%	1% 4%	6% 5%	- 1%
FR	1012	69%	33%	21%	15%	44%	1%	4%	3%	4%	9%	19%	-	12%	8%	8%	21%	2%
IE IT	1000 1000	65% 60%	47% 37%	35% 27%	31% 17%	59% 35%	4% 3%	5% 4%	11% 8%	3% 2%	14% 9%	32% 16%	2% 1%	23% 19%	12% 12%	8% 6%	6% 3%	2% 1%
CY	502	44%	73%	45%	26%	74%	2%	2%	15%	2%	39%	39%	1%	13%	17%	9%	17%	-
LV LT	1000 1011	31% 43%	30% 47%	22% 26%	16% 22%	59% 58%	3% 2%	3% 8%	9% 9%	7% 5%	9% 18%	22% 28%	0% 1%	11% 27%	18% 14%	48% 3%	14% 5%	4% 5%
LU	501	61%	53%	35%	24%	73%	3%	11%	11%	7%	26%	34%	3%	27%	17%	16%	13%	1%
HU MT	1015 500	42% 36%	40% 35%	22% 20%	13% 8%	64% 69%	2% 1%	2% 4%	23% 8%	5% 13%	20% 10%	26% 29%	0% 1%	18% 7%	16% 7%	7% 4%	7% 18%	2% 0%
NL	1031	76%	52%	27%	18%	61%	0% 2%	11%	6%	2%	18%	31%	1%	35%	14%	9% 13%	14%	1%
AT PL	1002 1000	51% 26%	49% 46%	39% 18%	20% 8%	62% 50%	2% 3%	10% 4%	8% 3%	3% 2%	25% 10%	28% 15%	1% 1%	33% 15%	13% 11%	13% 7%	5% 13%	3% 7%
PT SI	1000 1030	65% 66%	41% 66%	27% 51%	26% 41%	36% 82%	2% 1%	2% 6%	12% 23%	2% 4%	13% 42%	23% 48%	1% 2%	20% 43%	9% 29%	2% 29%	5% 7%	1% 1%
SK	1044	53%	60%	43%	34%	78%	2%	5%	16%	5%	25%	48%	1%	35%	14%	6%	4%	1%
FI SE	1017 1054	59% 55%	57% 43%	33% 36%	24% 13%	60% 59%	4% 2%	15% 7%	7% 6%	8% 6%	9% 5%	24% 19%	1% 0%	25% 14%	11% 5%	4% 4%	14% 31%	1% 1%
UK	1321	61%	51%	37%	35%	70%	0%	13%	7%	7%	13%	32%	0%	23%	17%	11%	11%	3%
BG HR	1004 1000	48% 54%	45% 45%	25% 24%	22% 17%	54% 66%	3% 1%	1% 3%	23% 16%	4% 4%	16% 14%	27% 36%	0% 1%	18% 23%	5% 15%	11% 11%	3% 5%	7% 1%
RO	1002	66%	40%	23%	26%	54%	2%	2%	18%	7%	23%	22%	2%	14%	18%	10%	3%	4%
TR CY (tcc)	1005 500	37% 52%	47% 43%	36% 26%	32% 25%	42% 50%	2% 3%	5% 3%	22% 21%	3% 3%	12% 11%	19% 19%	2% 2%	18% 14%	12% 15%	7% 5%	3% 2%	8% 2%
Sex																		
Male Female	11902 12780	59% 58%	42% 47%	25% 31%	18% 20%	54% 61%	2% 2%	9% 8%	6% 8%	4% 3%	14% 17%	23% 27%	1% 1%	21% 23%	12% 14%	7% 9%	12% 11%	3% 1%
Age 15-24	3765	60%	42%	25%	14%	56%	1%	9%	6%	6%	11%	22%	0%	22%	11%	7%	11%	3%
15-24 25-39	3765 6550	63%	42% 43%	25% 30%	14%	56% 57%	1% 2%	9%	6% 7%	4%	11%	22% 25%	1%	22%	11%	7% 8%	11%	3% 1%
40-54 55 +	6308 8059	61% 54%	45% 46%	30% 28%	20% 21%	59% 58%	1% 2%	9% 8%	7% 7%	3% 3%	17% 19%	27% 26%	1% 1%	23% 21%	15% 12%	10% 7%	12% 11%	2% 2%
Education (End of)																		
15 16-19	5992 9671	52% 59%	42% 47%	26% 30%	20% 19%	55% 60%	2% 1%	7% 9%	7% 7%	3% 4%	16% 16%	23% 27%	1% 1%	18% 24%	11% 14%	5% 8%	9% 11%	3% 2%
20+	6152	65% 61%	44% 42%	30% 26%	20% 14%	59% 56%	2% 1%	9% 9%	6% 6%	3% 5%	17% 11%	27% 23%	1% 0%	24% 22%	15% 13%	11% 8%	15% 12%	2% 3%
Still Studying Household composition	2464																	
1	4566 7903	58% 58%	44% 45%	28% 30%	20% 21%	56% 58%	1% 2%	8% 9%	7% 7%	3% 4%	15% 18%	26% 27%	1% 1%	20% 23%	14% 12%	7% 8%	12% 12%	2% 2%
3	4615	60%	45%	29%	19%	57%	2%	8%	8%	4%	14%	25%	1%	23%	14%	8%	11%	2%
4+ Place of birth	7598	60%	44%	27%	17%	58%	1%	8%	6%	4%	14%	25%	1%	22%	13%	8%	11%	2%
Surveyed country	23146	59%	45%	28%	19%	57%	2%	8%	7%	3%	15%	25%	1%	22%	13%	8%	12%	2%
EU Europe outside EU	627 336	63% 42%	47% 48%	30% 29%	21% 22%	64% 71%	1% 0%	8% 9%	7% 10%	2% 5%	23% 30%	27% 33%	1% 1%	24% 26%	14% 10%	10% 6%	12% 7%	2% 1%
Outside Europe	535	68%	35%	26%	18%	58%	2%	6%	5%	5%	14%	26%	0%	18%	15%	6%	10%	1%
Parents' birth 2 born country	21871	59%	45%	29%	19%	57%	2%	8%	7%	3%	15%	25%	1%	23%	13%	8%	11%	2%
1 country EU 2EU	817 768	57% 61%	47% 45%	29% 32%	18% 21%	58% 62%	1% 1%	9% 7%	9% 7%	3% 4%	22% 21%	26% 28%	1% 1%	20% 24%	13% 15%	9% 9%	15% 13%	1% 2%
At least 1 outside EU	1185	58%	38%	24%	18%	60%	0%	8%	7%	3%	15%	24%	1%	18%	11%	7%	11%	4%
Left-Right scale (1-4) Left	6422	63%	44%	28%	20%	59%	2%	10%	7%	3%	16%	26%	1%	24%	14%	10%	13%	1%
(5-6) Centre	8105	61%	47%	31%	20%	62%	1%	9%	7%	4%	18%	28%	1%	23%	14%	8%	12%	1%
(7-10) Right Respondent occupation scale	4322	57%	45%	27%	18%	59%	2%	9%	7%	4%	14%	26%	1%	21%	13%	7%	13%	1%
Self- employed	1995 2653	61% 70%	42% 47%	26% 33%	17% 22%	51% 65%	2% 1%	8% 11%	6% 6%	4% 3%	16% 19%	25% 29%	1% 1%	22% 26%	14% 17%	8% 13%	10% 15%	2% 1%
Managers Other white collars	2924	64%	47%	33%	21%	59%	1%	8%	8%	3%	15%	28%	0%	27%	14%	9%	10%	1%
Manual workers House persons	5030 2485	60% 58%	44% 46%	27% 31%	19% 21%	57% 60%	1% 3%	8% 8%	7% 8%	4% 3%	14% 16%	25% 26%	1% 1%	23% 22%	12% 14%	7% 6%	12% 8%	1% 2%
Unemployed	1275	56%	41%	24%	14%	54%	1%	9%	5%	4%	14%	21%	0%	15%	11%	6%	12%	3%
Retired Students	5855 2464	51% 61%	46% 42%	27% 26%	21% 14%	57% 56%	2% 1%	8% 9%	7% 6%	3% 5%	18% 11%	25% 23%	1% 0%	20% 22%	12% 13%	7% 8%	12% 12%	3% 3%
Subjective urbanisation																	12.12	
Rural village Small/ mid size town	8062 10428	57% 60%	44% 44%	28% 28%	19% 18%	58% 55%	3% 1%	9% 8%	6% 7%	4% 2%	16% 15%	24% 25%	1% 1%	21%	13% 13%	8% 8%	12% 11%	2% 2%
Large town	6157	60%	46%	31%	21%	61%	1%	8%	8%	4%	15%	28%	1%	24%	15%	9%	12%	2%
What is your weight ? Less than 55 kg	2090	62%	42%	27%	17%	55%	2%	9%	6%	5%	16%	24%	0%	18%	15%	9%	14%	2%
From 55 to 74 kg	11467	61%	44%	29%	20%	58%	2%	9%	7%	4%	16%	26%	1%	22%	14%	9%	10%	2%
From 75 to 89 kg 90 kg and more	7010 2778	58% 54%	44% 49%	27% 31%	19% 19%	57% 61%	2% 1%	8% 8%	7% 8%	3% 3%	16% 16%	25% 26%	1% 1%	23% 28%	12% 12%	8% 7%	12% 13%	2% 2%
Your current weight is ?	9415	55%	50%					8%	9%		17%	27%	1%	27%		8%	13%	1%
Too high Too low	1326	58%	35%	32% 22%	20% 15%	62% 52%	2% 2%	10%	4%	3% 7%	11%	21%	0%	15%	12% 13%	8%	12%	4%
About right Health in general	13608	62%	42%	27%	19%	55%	2%	8%	5%	3%	15%	25%	1%	20%	14%	8%	11%	2%
Good	18561	62%	44%	29%	19%	58%	2%	9%	7%	4%	16%	26%	1%	23%	13%	8%	11%	2%
Neither good nor bad Bad	4630 1393	53% 44%	47% 45%	29% 28%	20% 19%	57% 54%	2% 3%	8% 5%	7% 8%	3% 3%	17% 14%	26% 21%	1% 1%	23% 19%	14% 10%	8% 6%	12% 11%	2% 4%
		. 470	.570		. , , , ,	_ + / 0	_ ,0	_ /0	_,_	-70	. */-		. 70	. , , , ,	. 370	- /-		. 70

QD9 Would you say that what you normall	TOTAL	Yes, very good	Yes, fairly good	No, not very good	No, not at all good	DK	Yes	No
JE25 EU25	24682	21%	62%	14%	2%	2%	83%	16%
BE	1000	27%	61%	10%	2%	0%	88%	12%
Z	1029	5%	66%	26%	2%	1%	71%	28%
PK P-W	1031 1007	33% 15%	58% 68%	7% 15%	1% 1%	0% 1%	91% 83%	8% 16%
E .	1557	15%	68%	15%	1%	1%	83%	16%
-E	550	14%	70%	14%	1%	0%	84%	15%
	1000	13%	56%	25%	2%	4%	69%	27%
L	1000	21%	50%	27%	1%	0%	72%	28%
3	1025	22%	66%	10%	1%	1%	89%	11%
₹	1012	22%	64%	11%	1%	1%	87%	12%
	1000	34%	54%	10%	1%	1%	87%	11%
	1000	20%	60%	11%	3%	5%	80%	15%
(502	18%	49%	26%	6%	0%	68%	32%
1	1000	8%	50%	38%	3%	2%	57%	41%
	1011	13%	42%	39%	3%	2%	55%	43%
J	501	34%	48%	16%	1%	1%	82%	18%
J T	1015	22%	51%	24%	2%	2%	73%	25%
_	500 1031	44% 29%	43% 66%	11% 5%	2% 0%	0%	87% 95%	13% 5%
- Г	1031	13%	60%	5% 17%	2%	0% 7%	73%	19%
	1002	13%	60% 57%	25%	2% 2%	7% 2%	73% 71%	19% 27%
- -	1000	21%	69%	9%	1%	1%	89%	10%
	1030	15%	70%	14%	1%	0%	85%	15%
(1044	12%	61%	23%	2%	2%	73%	25%
	1017	26%	63%	10%	2%	0%	89%	11%
E	1054	28%	61%	9%	2%	0%	88%	11%
(1321	33%	55%	11%	2%	0%	87%	12%
3	1004	12%	57%	21%	3%	7%	69%	24%
R	1000	28%	52%	17%	1%	1%	80%	19%
0	1002	23%	51%	20%	2%	5%	74%	22%
R	1005	32%	42%	15%	7%	4%	73%	22%
Y (tcc)	500	38%	31%	25%	3%	3%	69%	28%
ex								
lale .	11902	20%	61%	15%	2%	2%	81%	17%
emale	12780	22%	62%	13%	1%	1%	84%	14%
ge	07/5	400/	5704	0404	004	40/	7/0/	0004
5-24	3765	18%	57%	21%	2%	1%	76%	23%
5-39 0-54	6550 6308	19% 18%	61% 65%	16% 14%	2% 1%	2% 1%	80% 83%	18% 16%
0-54 5 +	8059	27%	61%	9%	1%	2%	88%	10%
ducation (End of)	8039	2170	0176	9 /6	1 76	270	00 /0	1076
5	5992	24%	60%	12%	2%	2%	84%	14%
6-19	9671	20%	61%	15%	2%	1%	81%	17%
0+	6152	21%	64%	12%	1%	1%	86%	13%
till Studying	2464	19%	59%	19%	1%	1%	78%	20%
lousehold composition								
·	4566	23%	59%	14%	2%	2%	82%	16%
	7903	23%	61%	13%	2%	2%	84%	14%
	4615	18%	64%	15%	2%	2%	82%	17%
+	7598	20%	62%	15%	1%	2%	82%	16%
lace of birth								
urveyed country	23146	21%	62%	14%	2%	2%	83%	16%
П	627	21%	64%	12%	2%	1%	85%	14%
urope outside EU	336	15%	62%	17%	3%	3%	77%	19%
utside Europe	535	26%	58%	14%	1%	1%	83%	15%
arents' birth born country	21871	21%	62%	14%	2%	2%	83%	15%
country EU	21871 817	21%	62%	14%	2% 1%	2% 1%	83%	15%
EU	768	20%	60%	15%	2%	1%	82%	17%
t least 1 outside EU	1185	23%	56%	19%	1%	2%	79%	19%
eft-Right scale	1103	2370	3370	. 770	.,,,	270	. 7 70	1770
I-4) Left	6422	21%	63%	12%	2%	1%	84%	14%
5-6) Centre	8105	22%	62%	14%	1%	1%	84%	15%
7-10) Right	4322	22%	60%	15%	2%	1%	82%	16%
espondent occupation scale								
elf- employed	1995	24%	61%	12%	1%	2%	85%	14%
anagers	2653	21%	65%	12%	0%	1%	87%	13%
ther white collars	2924	17%	67%	14%	2%	1%	84%	15%
anual workers	5030	17%	62%	16%	2%	2%	80%	18%
ouse persons	2485	22%	61%	13%	2%	2%	83%	15%
nemployed	1275	17%	54%	26%	2%	1%	71%	28%
etired	5855	27% 19%	60%	10%	1%	2%	87%	11%
		10%	59%	19%	1%	1%	78%	20%
tudents	2464	1770						
tudents ubjective urbanisation			429/	120/	10/	20/	050/	1.49/
udents ubjective urbanisation ural village	8062	22%	62%	13%	1%	2%	85%	14%
tudents ubjective urbanisation ural village mall/ mid size town	8062 10428	22% 21%	62%	14%	2%	2%	83%	15%
tudents ubjective urbanisation ural village mall/ mid size town arge town	8062	22%						
tudents ubjective urbanisation ural village mall/ mid size town arge town that is your weight ?	8062 10428 6157	22% 21% 20%	62% 61%	14% 16%	2% 2%	2% 1%	83% 80%	15% 18%
tudents ubjective urbanisation ural village mall/ mid size town arge town //hat is your weight ? sss than 55 kg	8062 10428 6157 2090	22% 21% 20% 28%	62% 61% 58%	14% 16% 10%	2% 2% 2%	2% 1% 1%	83% 80% 86%	15% 18%
tudents ubjective urbanisation ural village mall/ mid size town arge town /hat is your weight ? sss than 55 kg om 55 to 74 kg	8062 10428 6157 2090 11467	22% 21% 20% 28% 24%	62% 61% 58% 62%	14% 16% 10% 11%	2% 2% 2% 1%	2% 1% 1% 2%	83% 80% 86% 86%	15% 18% 12% 13%
tudents ubjective urbanisation ural village mall/ mid size town urge town rage town rhat is your weight ? sss than 55 kg om 55 to 74 kg om 75 to 98 kg	8062 10428 6157 2090 11467 7010	22% 21% 20% 28% 24% 19%	62% 61% 58% 62% 62%	14% 16% 10% 11% 16%	2% 2% 2% 1% 1%	2% 1% 1% 2% 2%	83% 80% 86% 86% 81%	15% 18% 12% 13% 18%
tudents ubjective urbanisation ural village mall/ mid size town arge town fhat is your weight ? sss than 55 kg om 75 to 89 kg om 75 to 89 kg ok gand more	8062 10428 6157 2090 11467	22% 21% 20% 28% 24%	62% 61% 58% 62%	14% 16% 10% 11%	2% 2% 2% 1%	2% 1% 1% 2%	83% 80% 86% 86%	15% 18% 12% 13%
tudents ural village mall/ mid size town grage town hat is your weight? sss than 55 kg om 55 to 74 kg om 75 to 99 kg okg and more our current weight is?	8062 10428 6157 2090 11467 7010 2778	22% 21% 20% 28% 24% 19% 14%	62% 61% 58% 62% 62% 58%	14% 16% 10% 11% 16% 23%	2% 2% 2% 1% 1% 3%	2% 1% 1% 2% 2% 2%	83% 80% 86% 86% 81% 72%	15% 18% 12% 13% 18% 26%
tudents ubjective urbanisation ural village mail/ mid size town arge town //hat is your weight ? sss than 55 kg rom 55 to 74 kg rom 75 to 89 kg ok g and more our current weight is ? oo high	8062 10428 6157 2090 11467 7010 2778	22% 21% 20% 28% 24% 19% 14%	62% 61% 58% 62% 62% 58%	14% 16% 10% 11% 16% 23%	2% 2% 2% 1% 1% 3%	2% 1% 1% 2% 2% 2% 2%	83% 80% 86% 86% 81% 72%	15% 18% 12% 13% 18% 26%
tudents ubjective urbanisation ural village mall/ mid size town arge town arge town be seen to seen to see to seen seen to seen seen to seen to seen to seen seen to seen to seen to seen seen to seen to seen to seen to seen seen to see	8062 10428 6157 2090 11467 7010 2778	22% 21% 20% 28% 24% 19% 14%	62% 61% 58% 62% 62% 58%	14% 16% 10% 11% 16% 23%	2% 2% 2% 1% 1% 3%	2% 1% 1% 2% 2% 2%	83% 80% 86% 86% 81% 72%	15% 18% 12% 13% 18% 26%
tudents ubjective urbanisation ural village ural village rape town //hat is your weight ? sss than 55 kg omn 55 to 74 kg 0 kg and more our current weight is ? so high so low	8062 10428 6157 2090 11467 7010 2778 9415 1326	22% 21% 20% 28% 24% 19% 14%	62% 61% 58% 62% 62% 58% 61% 52%	14% 16% 10% 11% 16% 23% 20% 22%	2% 2% 1% 1% 3% 2% 3%	2% 1% 1% 2% 2% 2%	85% 80% 86% 86% 81% 72% 76% 73%	15% 18% 12% 13% 18% 26% 22% 25%
uudents ubpective urbanisation ural village mall/ mid size town rige town what is your weight? ** sss than 55 kg om 55 to 74 kg om 75 to 89 kg om ore to 70 kg om ore ore ore to 70 kg om ore	8062 10428 6157 2090 11467 7010 2778 9415 1326 13608	22% 21% 20% 28% 24% 19% 14% 21% 25%	62% 61% 58% 62% 62% 58% 61% 52% 63%	14% 16% 10% 11% 16% 23% 20% 22% 9%	2% 2% 2% 1% 1% 3% 2% 3% 1%	2% 1% 1% 2% 2% 2% 2% 2% 1%	83% 80% 86% 86% 81% 72% 76% 73% 88%	15% 18% 12% 13% 18% 26% 22% 25% 10%
tudents ubjective urbanisation ural village mall/ mid size town arge town arge town weight ? sss than 55 kg rom 55 to 74 kg rom 75 to 89 kg 0 kg and more our current weight is ?	8062 10428 6157 2090 11467 7010 2778 9415 1326	22% 21% 20% 28% 24% 19% 14%	62% 61% 58% 62% 62% 58% 61% 52%	14% 16% 10% 11% 16% 23% 20% 22%	2% 2% 1% 1% 3% 2% 3%	2% 1% 1% 2% 2% 2%	85% 80% 86% 86% 81% 72% 76% 73%	15% 18% 12% 13% 18% 26% 22% 25%

QD10 Have you changed what you eat or drink within the last year?

QD10 Have you changed what you eat or drin	ik within the last year?			
	TOTAL	Yes	No	DK
UE25 EU25	24682	22%	77%	1%
BE CZ	1000	27% 19%	73%	0%
DK	1029 1031	31%	81% 68%	0% 0%
D-W	1007	21%	79%	0%
DE	1557	20%	80%	0%
D-E	550	18%	81%	0%
EE	1000	30%	69%	1%
EL	1000	25%	74%	0%
ES	1025	19%	81%	0%
FR	1012	25%	75%	0%
IE IT	1000 1000	27% 15%	72% 82%	1%
CY	502	34%	66%	3%
LV	1000	27%	73%	0%
LT	1011	26%	72%	1%
LU	501	23%	76%	0%
HU	1015	22%	77%	0%
MT	500	37%	63%	-
NL AT	1031	31%	69%	0%
AT PL	1002 1000	16% 17%	83% 83%	1% 0%
PT PT	1000	17%	83%	0%
SI	1030	21%	79%	0%
SK	1044	23%	77%	0%
FI	1017	35%	65%	0%
SE	1054	43%	57%	0%
UK	1321	29%	71%	0%
BG	1004	22%	77%	1%
HR RO	1000	19%	80%	1%
RO TR	1002	20%	78%	1%
CY (tcc)	1005 500	18% 20%	81% 79%	2% 1%
Sex	300	2U/0	1 7 70	1 /0
Male	11902	19%	80%	1%
Female	12780	25%	74%	1%
Age				
15-24	3765	24%	76%	0%
25-39	6550	25%	74%	1%
40-54	6308	23%	77%	1%
55 +	8059	19%	80%	1%
Education (End of) 15	5992	18%	81%	1%
16-19	9671	23%	77%	1%
20+	6152	25%	74%	0%
Still Studying	2464	23%	76%	1%
Still Studying Household composition	2464	23%	76%	1%
Still Studying Household composition 1	2464 4566	23% 21%	76% 78%	1% 0%
Still Studying Household composition 1	2464 4566 7903	23% 21% 22%	76% 78% 78%	1% 0% 1%
Still Studying Household composition 1 2 3	2464 4566 7903 4615	23% 21% 22% 23%	76% 78% 78% 76%	1% 0% 1% 1%
Still Studying Household composition 1 2 3 4+	2464 4566 7903	23% 21% 22%	76% 78% 78%	1% 0% 1%
Still Studying Household composition 1 2 3 4+ Place of birth	2464 4566 7903 4615 7598	23% 21% 22% 23% 23% 22%	76% 78% 78% 76% 77%	1% 0% 1% 1%
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU	2464 4566 7903 4615 7598 23146 627	23% 21% 22% 23% 23% 22% 25%	76% 78% 78% 77% 77% 77%	1% 0% 1% 1% 1% 1% 1%
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU	2464 4566 7903 4615 7598 23146 627 336	23% 21% 22% 23% 23% 23% 23% 18%	76% 78% 76% 77% 77% 82%	1% 0% 1% 1% 1% 1% 0%
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe	2464 4566 7903 4615 7598 23146 627	23% 21% 22% 23% 23% 22% 25%	76% 78% 78% 77% 77% 77%	1% 0% 1% 1% 1% 1% 1%
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth	2464 4566 7903 4615 7598 23146 627 336 535	23% 21% 22% 23% 23% 23% 23% 25% 18% 32%	76% 78% 78% 76% 77% 77% 82% 67%	1% 0% 1% 1% 1% 1% 0% 0% 0%
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country	2464 4566 7903 4615 7598 23146 627 336 535	23% 21% 22% 23% 23% 23% 25% 18% 32%	76% 78% 76% 76% 77% 77% 62% 67%	196 096 196 196 196 196 096 096 196
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU	2464 4566 7903 4615 7598 23146 627 336 535	23% 21% 22% 23% 23% 23% 23% 25% 18% 32% 32%	76% 78% 78% 76% 77% 77% 60% 66%	1% 0% 1% 1% 1% 1% 1% 0% 0% 0% 0% 0% 0%
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU	2464 4566 7903 4615 7598 23146 627 336 535	23% 21% 22% 23% 23% 23% 25% 18% 32%	76% 78% 76% 76% 77% 77% 62% 67%	196 096 196 196 196 196 096 096 196
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU EL Description of the state of the stat	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185	23% 21% 22% 23% 23% 23% 25% 18% 32% 22% 31% 22% 31% 22% 31% 22%	76% 78% 78% 76% 77% 77% 75% 82% 67% 78% 66% 76% 73%	196 096 196 196 196 196 096 096 096 396 096 096
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185	23% 21% 22% 23% 23% 23% 25% 18% 32% 22% 31% 22% 27%	76% 78% 78% 77% 77% 77% 62% 67% 78%	1% 0% 1% 1% 1% 1% 0% 0% 0% 0%
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU EUrope outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105	23% 21% 22% 23% 23% 23% 25% 18% 32% 22% 31% 22% 31% 22% 31% 24%	76% 78% 78% 76% 77% 77% 77% 75% 82% 67% 78% 66% 73%	196 096 196 196 196 196 096 096 096 196 396 096 096
Still Studyling Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185	23% 21% 22% 23% 23% 23% 25% 18% 32% 22% 31% 22% 27%	76% 78% 78% 77% 77% 77% 62% 67% 78%	1% 0% 1% 1% 1% 1% 0% 0% 0% 0%
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU LeftRight scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322	23% 21% 22% 23% 23% 23% 25% 25% 18% 32% 22% 31% 32% 22% 31% 23% 27% 24% 24% 24% 23%	76% 78% 78% 77% 77% 82% 67% 66% 78% 66% 76% 78%	1% 0% 1% 1% 1% 1% 1% 0% 0% 0% 0% 0% 0% 1% 0% 0% 0% 0% 0% 0%
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country 1 country EU Etf-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322	23% 21% 22% 23% 23% 23% 25% 18% 32% 22% 31% 22% 31% 23% 24% 24% 24% 24% 24% 24% 23%	76% 78% 78% 76% 77% 77% 82% 67% 84% 66% 76% 78% 86% 76%	196 096 196 196 196 096 096 096 096 096 096 096 096 096 0
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322	23% 21% 22% 23% 23% 23% 25% 18% 32% 22% 31% 22% 31% 22% 31% 23% 217% 24% 24% 24% 24% 25%	76% 78% 78% 77% 77% 77% 62% 67% 78% 66% 76% 78% 66% 76% 73%	196 196 196 196 196 196 196 096 096 096 196 096 096 196 096 196 096 096
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country 1 country EU Etf-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924	23% 21% 22% 23% 23% 23% 25% 35% 32% 22% 31% 22% 31% 22% 31% 23% 24% 24% 24% 24% 24% 24% 24% 24% 24% 24	76% 78% 78% 76% 77% 77% 62% 67% 82% 66% 76% 78% 66% 76% 73%	196 096 196 196 196 196 096 096 096 096 196 396 096 096 196 096 196 096 196 096 197 196 096 196 196 196
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country 1 country 1 country EU ELF. Pight scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322	23% 21% 22% 23% 23% 23% 25% 18% 32% 22% 31% 22% 31% 22% 31% 23% 217% 24% 24% 24% 24% 25%	76% 78% 78% 77% 77% 77% 62% 67% 78% 66% 76% 78% 66% 76% 73%	196 196 196 196 196 196 196 096 096 096 196 096 096 196 096 196 096 096
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2 EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275	23% 21% 22% 23% 23% 23% 22% 25% 18% 32% 22% 31% 22% 31% 23% 21% 24% 24% 24% 24% 24% 24% 24% 24% 24% 23% 25% 26% 26% 25% 20% 23%	76% 78% 78% 78% 77% 77% 75% 82% 67% 76% 76% 76% 76% 76% 76% 76% 77%	196 096 196 196 196 196 196 096 096 096 096 096 196 096 196 096 196 196 196 196 196 196 196
Still Studyling Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-e) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Rettred	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855	23% 21% 22% 23% 23% 23% 22% 25% 18% 32% 22% 33% 27% 24% 24% 24% 24% 23% 19% 25% 26% 23% 27%	76% 78% 78% 76% 77% 77% 77% 82% 67% 78% 66% 73% 76% 73% 76% 73% 80% 74% 73% 77% 81%	196 096 196 196 196 196 096 096
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country 1 country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275	23% 21% 22% 23% 23% 23% 22% 25% 18% 32% 22% 31% 22% 31% 23% 21% 24% 24% 24% 24% 24% 24% 24% 24% 24% 23% 25% 26% 26% 25% 20% 23%	76% 78% 78% 78% 77% 77% 75% 82% 67% 76% 76% 76% 76% 76% 76% 76% 77%	196 096 196 196 196 196 196 096 096 096 096 096 196 096 196 096 196 196 196 196 196 196 196
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual Workers House persons Unemployed Retired Students Subjective urbanisation	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464	23% 21% 22% 23% 23% 23% 25% 18% 32% 22% 31% 22% 31% 24% 24% 24% 24% 24% 24% 23% 25% 26% 25% 26% 23% 27% 25% 26% 23% 27% 28% 29% 23% 29% 23% 20% 23% 20% 23% 20% 23% 20% 23% 20% 23% 20% 23% 23% 23%	76% 78% 78% 76% 77% 77% 77% 82% 67% 78% 66% 73% 76% 73% 76% 73% 76% 77% 80% 77%	196 096 196 196 196 098 098 096 196 398 096 096 196 196 196 196 196 196
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 countr	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464	23% 21% 22% 23% 23% 23% 22% 25% 18% 32% 22% 31% 23% 27% 24% 24% 24% 24% 24% 24% 24% 23% 19% 25% 26% 23% 27%	76% 78% 78% 77% 77% 77% 82% 67% 86% 76% 76% 76% 76% 76% 77% 81% 77% 81% 76% 77%	196 096 196 196 196 096 096 096 096 096 096 096 096 196 096 096 196 196 096 196 196 196 196 196 196 196 196 196 1
Still Studyling Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country 1 country 1 country 1 country EU Etf-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Students Students Subjective urbanisation Rural village Small/ mild size town	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428	23% 21% 22% 23% 23% 23% 25% 18% 32% 22% 31% 22% 31% 22% 33% 27% 24% 24% 23% 24% 23% 25% 26% 23% 25% 26% 23% 25% 26% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23%	76% 78% 78% 76% 77% 77% 77% 78% 66% 66% 76% 76% 73% 80% 76% 75% 76% 77% 80% 77% 80% 77% 80% 77% 77% 81% 76%	196 096 196 196 196 196 098 098 098 098 098 196 098 198 098 198 098 198 198 198
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464	23% 21% 22% 23% 23% 23% 22% 25% 18% 32% 22% 31% 23% 27% 24% 24% 24% 24% 24% 24% 24% 23% 19% 25% 26% 23% 27%	76% 78% 78% 77% 77% 77% 82% 67% 86% 76% 76% 76% 76% 76% 77% 81% 77% 81% 76% 77%	196 096 196 196 196 096 096 096 096 096 096 096 096 196 096 096 196 196 096 196 196 196 196 196 196 196 196 196 1
Still Studyling Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 count	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157	23% 21% 22% 23% 23% 23% 25% 18% 32% 22% 31% 22% 33% 27% 24% 24% 23% 24% 23% 24% 23% 19% 25% 26% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 22	76% 78% 78% 76% 77% 77% 77% 78% 66% 66% 76% 76% 73% 80% 76% 73% 76% 77% 80% 77% 80% 77% 77% 81% 76% 77% 77% 77% 77%	196 096 196 196 196 196 098 098 098 098 098 196 098 198 098 198 198 198 198 198
Still Studyling Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 count	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467	23% 21% 22% 23% 23% 23% 25% 18% 32% 22% 31% 22% 31% 22% 33% 27% 24% 24% 23% 24% 23% 25% 26% 23% 25% 26% 23% 25% 26% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23% 22% 23%	76% 78% 78% 76% 77% 77% 77% 78% 66% 76% 76% 73% 76% 73% 76% 77% 80% 77% 79% 74% 11% 81% 79% 74%	196 096 196 196 196 196 098 098 098 098 098 196 098 198 098 198 098 198 198 198
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 countr	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010	23% 21% 22% 23% 23% 23% 25% 18% 32% 22% 31% 22% 31% 24% 24% 24% 24% 24% 23% 19% 25% 26% 23% 29% 21% 25% 19% 22% 23% 19% 22% 23% 19% 22% 23% 22% 23% 22% 22% 23% 22% 22% 22	76% 78% 78% 76% 77% 77% 77% 82% 67% 88% 66% 76% 78% 80% 74% 77% 80% 74% 77% 77% 81% 76% 77% 81% 76%	196 096 196 196 196 096 096 096
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country 1 country 1 country EU At least 1 outside EU Leff-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Students Students Students Students Surjective urbanisation Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg From 55 to 74 kg From 55 to 74 kg	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467	23% 21% 22% 23% 23% 23% 23% 25% 18% 32% 22% 31% 22% 33% 27% 24% 24% 23% 24% 23% 23% 25% 26% 23% 25% 26% 23% 25% 22% 23% 23% 22% 23% 23% 23% 23% 23% 23	76% 78% 78% 76% 77% 77% 77% 78% 66% 76% 76% 73% 76% 73% 76% 77% 80% 77% 79% 74% 11% 81% 79% 74%	196 096 196 196 196 096 096 096
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 countr	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	23% 21% 22% 23% 23% 23% 22% 25% 18% 32% 22% 31% 23% 24% 24% 24% 24% 23% 19% 25% 20% 23% 19% 25% 20% 23% 19% 25% 21% 25%	76% 78% 78% 76% 77% 77% 77% 75% 82% 67% 78% 66% 73% 76% 73% 76% 73% 76% 77% 80% 74% 73% 76% 77% 81% 76% 77% 81% 76% 77% 81% 76% 77% 81% 76% 77% 81% 76% 77% 81% 76%	196 096 196 196 196 098 096 096 096 096 196 096 096 196 1
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country 1 country 1 country EU At least 1 outside EU Leff-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Students Students Students Students Students Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg From 59 to 74 kg	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	23% 21% 22% 23% 23% 23% 22% 25% 18% 32% 22% 31% 23% 24% 24% 24% 24% 24% 24% 24% 23% 25% 26% 26% 26% 23% 22% 23% 19% 25% 26% 23% 22% 21% 21% 25% 19% 25% 31% 33%	76% 78% 78% 76% 77% 77% 77% 78% 66% 66% 66% 76% 76% 73% 76% 76% 77% 80% 74% 73% 76% 77% 81% 77% 81% 77% 81% 77% 81% 77%	196 096 196 196 196 196 096 096
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 countr	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	23% 21% 22% 23% 23% 23% 22% 25% 18% 32% 22% 31% 23% 27% 24% 24% 24% 24% 23% 19% 25% 25% 25% 25% 26% 23% 19% 25% 21% 25% 31% 22% 33% 22% 33% 33% 22% 33% 22% 33% 22% 33% 22% 33% 22% 33% 22% 33% 22% 33% 22% 33% 22% 33% 33	76% 78% 78% 76% 77% 77% 77% 75% 82% 65% 76% 78% 66% 73% 80% 74% 73% 76% 77% 81% 76% 77% 81% 76% 77% 81% 76% 77% 81% 76%	196 096 196 196 196 196 098 096 096 096 096 196 096 196 096 196 096 196 196 196 196 196 196 196 196 196 1
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	23% 21% 22% 23% 23% 23% 22% 25% 18% 32% 22% 31% 23% 24% 24% 24% 24% 24% 24% 24% 23% 25% 26% 26% 26% 23% 22% 23% 19% 25% 26% 23% 22% 21% 21% 25% 19% 25% 31% 33%	76% 78% 78% 76% 77% 77% 77% 78% 66% 66% 66% 76% 76% 73% 76% 76% 77% 80% 74% 73% 76% 77% 81% 77% 81% 77% 81% 77% 81% 77%	196 096 196 196 196 196 096 096
Still Studyling Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 count	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	23% 21% 22% 23% 23% 23% 23% 25% 18% 32% 22% 31% 22% 31% 24% 24% 24% 24% 23% 25% 26% 23% 27% 25% 26% 23% 27% 25% 21% 25% 21% 25% 21% 25% 21% 25% 31% 22% 31% 33% 22% 31% 33% 33% 21% 15%	76% 78% 78% 76% 77% 77% 77% 75% 82% 67% 76% 76% 73% 76% 73% 76% 77% 80% 74% 77% 81% 76% 77% 81% 76% 77% 81% 76% 77% 81% 76% 77% 81% 76% 77% 81% 76% 77% 81% 76%	196 096 196 196 196 098 098 098 096 196 398 096 096 196 196 196 196 196 196
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country 1 country 1 country 1 country 2 EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg From 75 to 89 kg 90 kg and more Vour current weight is ? Too high Too low About right Health in general Good	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778 9415 1326 13268 1326 13268	23% 21% 22% 23% 23% 23% 22% 25% 18% 32% 22% 31% 233% 24% 24% 24% 24% 24% 24% 24% 24% 23% 19% 23% 19% 23% 19% 22% 23% 19% 22% 21% 23% 22% 21% 23% 22% 21% 24% 22% 21% 25% 21%	76% 78% 78% 78% 77% 77% 75% 82% 67% 78% 66% 76% 78% 78% 76% 77% 79% 77% 81% 77% 81% 77% 81% 77% 81% 77% 81% 77% 79% 74% 81% 77% 79% 74% 81% 77% 79% 74%	196 096 196 196 096 096 096 096 096 096 096 196 096 096 196 096 196 096 196 196 096 196 196 196 196 196 196 196 196 196 1
Still Studyling Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 count	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	23% 21% 22% 23% 23% 23% 23% 25% 18% 32% 22% 31% 22% 31% 24% 24% 24% 24% 23% 25% 26% 23% 27% 25% 26% 23% 27% 25% 21% 25% 21% 25% 21% 25% 21% 25% 31% 22% 31% 33% 22% 31% 33% 33% 21% 15%	76% 78% 78% 76% 77% 77% 77% 75% 82% 67% 76% 76% 73% 76% 73% 76% 77% 80% 74% 77% 81% 76% 77% 81% 76% 77% 81% 76% 77% 81% 76% 77% 81% 76% 77% 81% 76% 77% 81% 76%	196 096 196 196 196 098 098 098 096 196 398 096 096 196 196 196 196 196 196

QD11 What kind of changes did you make? (MULTIPLE ANSWERS POSSIBLE)

(IF 'YES', CODE 1 IN QD10)

(IF 'YES', CODE 1 IN QD10)																			
				More fruit	Less fruit								Eat			Drinkin	Drinkin	Other	
	TOTAL	Fewer calories	More calories	and vegetab	and vegetab	Less fat	More fat	Less meat	More meat	Less salt	More salt	Eat less sugar	more sugar	Less alcohol	More alcohol	g more water	g less water	(SPONT ANEOUS	DK
				les	les)	
UE25 EU25 BE	5491 272	38% 40%	4% 4%	55% 51%	4% 4%	53% 54%	3% 3%	20% 32%	4% 4%	27% 23%	2% 1%	39% 46%	3% 4%	21% 22%	3% 4%	43% 59%	1% 1%	8% 6%	1%
CZ	193	43%	2%	68%	4%	46%	2%	12%	6%	23%	2%	42%	3%	23%	2%	59%	1%	5%	0%
DK D-W	324 207	43% 46%	3% 5%	70% 56%	3% 2%	63% 56%	4% 2%	18% 34%	13% 3%	16% 18%	1% 1%	47% 37%	3% 3%	29% 22%	4% 2%	62% 46%	1% 2%	5% 9%	0% 1%
DE	313	47%	4%	59%	2%	55%	2%	33%	3%	19%	1%	37%	2%	22%	2%	50%	1%	9%	1%
D-E FF	101 301	49% 38%	3% 2%	71% 69%	1% 2%	51% 58%	3% 1%	31% 21%	2% 6%	25% 36%	4%	38% 47%	1% 1%	25% 24%	1% 0%	69% 46%	1% 2%	5% 9%	2% 1%
EL	255	49%	1%	53%	4%	56%	2%	25%	2%	33%	1%	46%	1%	15%	1%	40%	3%	3%	-
ES FR	192 249	45% 35%	5% 6%	40% 54%	4% 6%	47% 61%	3% 3%	9% 24%	3% 6%	24% 21%	1% 2%	31% 38%	0% 5%	18% 24%	1% 5%	20% 41%	1% 1%	8% 8%	0%
IE	270	41%	2%	55%	4%	55%	2%	15%	3%	36%	2%	35%	3%	21%	3%	48%	3%	6%	1%
IT CY	151 170	44% 39%	8% 3%	50% 62%	7% 4%	41% 68%	2% 3%	18% 28%	4% 4%	26% 29%	1% 1%	35% 46%	4% 3%	14% 12%	1% 4%	28% 50%	2% 1%	5% 5%	1%
LV	267	26%	8%	53%	1%	36%	1%	10%	12%	24%	1%	29%	1%	20%	4%	37%	2%	11%	-
LT LU	267 116	32% 41%	2% 2%	55% 58%	2% 1%	58% 64%	3% 2%	29% 31%	4% 1%	37% 21%	4%	37% 38%	4% 0%	22% 21%	3% 1%	32% 58%	2%	6% 4%	2%
HU	224	39%	2%	54%	0%	43%	1%	15%	6%	26%	1%	35%	1%	7%	-	30%	0%	15%	2%
MT NL	186	27%	3%	53%	3%	52%	3%	24%	2%	25%	3%	46%	3%	16%	2%	56%	0%	13%	0%
AT	319 159	37% 55%	5% 1%	46% 57%	4% 1%	44% 50%	4% 1%	16% 26%	4% 4%	16% 24%	1% 1%	38% 37%	2% 1%	11% 26%	6% 0%	46% 48%	2% 1%	16% 6%	0%
PL	169	41%	3%	57%	3%	57%	3%	22%	3%	26%	2%	37%	2%	11%	3%	33%	1%	8%	2%
PT SI	169 215	44% 46%	2% 2%	42% 70%	2% 2%	66% 68%	0% 1%	24% 34%	2% 3%	43% 35%	2% 0%	47% 49%	3% 2%	21% 22%	1%	31% 54%	0%	7% 8%	1%
SK	241	36%	2%	60%	1%	54%	1%	19%	2%	39%	2%	41%	3%	20%	2%	59%	1%	4%	0%
FI SE	352 448	41% 25%	2% 3%	53% 67%	2% 2%	56% 52%	3% 4%	11% 9%	2% 8%	30% 23%	1% 1%	39% 63%	1% 3%	19% 22%	2% 4%	39% 46%	0% 0%	9% 6%	0%
UK	382	25%	3%	60%	2%	51%	3%	13%	6%	41%	2%	37%	2%	29%	2%	53%	1%	9%	1%
BG HR	221 190	27% 38%	3% 2%	56% 55%	5% 3%	46% 59%	2% 2%	27%	8% 4%	35% 33%	1% 1%	31% 43%	2% 1%	15% 20%	0% 1%	28% 40%	3%	7% 4%	0% 1%
RO	203	38% 31%	6%	58%	0%	63%	4%	32%	4% 5%	33% 46%	1% 2%	33%	1% 2%	26%	2%	40% 29%	3%	5%	1% 2%
TR	179	43%	5%	39%	4%	47%	4%	17%	5%	33%	1%	30%	3%	2%	2%	17%	1%	2%	8%
CY (tcc) Sex	102	40%	4%	45%	9%	34%	10%	22%	3%	20%	1%	13%	3%	6%	1%	31%	1%	6%	_
Male	2237	37%	4%	51%	4%	51%	4%	19%	4%	26%	2%	37%	3%	28%	4%	40%	1%	8%	1%
Female Age	3254	40%	4%	57%	4%	54%	2%	21%	4%	27%	1%	40%	2%	16%	1%	44%	2%	8%	0%
15-24	907	31%	9%	52%	7%	40%	7%	11%	10%	20%	2%	30%	6%	19%	7%	48%	2%	9%	1%
25-39 40-54	1647 1420	33% 43%	5% 3%	55% 59%	3% 3%	47% 59%	3% 2%	15% 23%	6% 2%	23% 26%	2% 1%	36% 41%	3% 2%	22% 22%	2% 2%	43% 45%	1% 1%	10% 7%	1% 1%
55 +	1516	45%	2%	53%	2%	60%	1%	29%	2%	36%	1%	45%	0%	19%	1%	37%	1%	7%	0%
Education (End of) 15	1094	40%	3%	48%	4%	58%	2%	25%	3%	34%	1%	37%	1%	20%	1%	34%	1%	9%	1%
16-19	2193	41%	5%	61%	3%	55%	3%	20%	4%	27%	2%	40%	3%	21%	3%	47%	1%	8%	0%
20+ Still Studying	1559 576	36% 32%	4% 7%	55% 48%	3% 5%	51% 40%	2% 4%	19% 14%	5% 8%	24% 18%	2% 1%	40% 34%	3% 4%	23% 16%	2% 6%	42% 47%	1% 2%	8% 9%	1% 1%
Household composition				10.10		1010							470						
1 2	975 1710	38% 41%	4% 3%	50% 56%	7% 2%	52% 54%	4% 2%	25% 22%	4% 4%	28% 28%	2% 2%	36% 41%	3% 2%	19% 23%	3% 2%	37% 42%	3% 1%	11% 8%	1% 0%
3	1080	37%	6%	58%	5%	53%	4%	19%	6%	26%	1%	39%	3%	22%	2%	46%	1%	6%	0%
4+	1725	37%	4%	55%	2%	51%	2%	17%	4%	25%	1%	38%	3%	19%	3%	44%	1%	8%	1%
Place of birth Surveyed country	5089	39%	4%	56%	3%	53%	3%	20%	4%	27%	1%	39%	2%	21%	2%	43%	1%	8%	1%
EU .	158	36% 34%	6% 9%	39% 45%	9% 5%	49% 56%	4% 1%	19% 40%	6% 9%	24% 9%	2%	36% 42%	6% 8%	19% 17%	4% 2%	36% 40%	4%	9% 7%	-
Europe outside EU Outside Europe	60 173	34%	6%	53%	5%	52%	3%	16%	3%	14%	3%	33%	10%	21%	2% 3%	38%	3%	12%	5%
Parents' birth																			
2 born country 1 country EU	4733 257	39% 35%	4% 5%	55% 52%	3% 6%	53% 52%	3% 4%	20% 21%	4% 6%	27% 24%	1% 3%	39% 34%	2% 6%	21% 22%	2% 3%	43% 39%	1% 2%	8% 10%	1%
2EU	180	26%	5%	43%	11%	50%	4%	17%	5%	20%	5%	40%	6%	25%	6%	42%	3%	9%	-
At least 1 outside EU Left-Right scale	314	35%	5%	56%	4%	50%	2%	23%	5%	22%	2%	33%	5%	16%	2%	41%	2%	10%	4%
(1-4) Left	1517	37%	5%	53%	3%	49%	2%	20%	3%	25%	2%	38%	3%	25%	2%	41%	1%	7%	0%
(5-6) Centre (7-10) Right	1920 981	38% 41%	4% 4%	58% 56%	3% 4%	55% 54%	4% 2%	21% 22%	5% 5%	27% 26%	1% 2%	40% 39%	3% 2%	20% 19%	3% 3%	47% 41%	2% 1%	8% 11%	1% 1%
Respondent occupation scale																			
Self- employed	378 676	41% 36%	7% 3%	57% 56%	2% 2%	53% 52%	5% 3%	18% 22%	3% 3%	27% 23%	2% 1%	38% 37%	3% 2%	20% 25%	4% 1%	41% 45%	1% 1%	5% 9%	1% 1%
Managers Other white collars	676 771	36%	3% 4%	60%	2% 4%	52%	3% 2%	19%	3% 7%	23%	1% 1%	37% 35%	2% 4%	19%	1% 2%	45% 49%	1% 1%	10%	0%
Manual workers	1157	40%	5%	54%	4%	50%	3%	17%	5%	23%	3%	37%	3%	22%	4%	42%	1%	8%	1%
House persons Unemployed	545 296	46% 34%	4% 7%	56% 56%	4% 4%	52% 54%	2% 4%	21% 16%	5% 4%	35% 21%	1% 2%	37% 40%	2% 3%	18% 28%	2% 2%	39% 50%	2% 1%	5% 12%	0% 0%
Retired	1091	43%	1%	54%	3%	61%	2%	28%	1%	37%	1%	48%	0%	20%	1%	35%	2%	7%	1%
Students Subjective urbanisation	576	32%	7%	48%	5%	40%	4%	14%	8%	18%	1%	34%	4%	16%	6%	47%	2%	9%	1%
Rural village	1733	36%	4%	58%	3%	55%	2%	19%	4%	28%	2%	41%	2%	19%	3%	42%	1%	10%	1%
Small/ mid size town	2203 1547	41% 39%	4% 5%	55% 52%	3% 4%	54% 48%	3% 3%	22% 20%	4% 5%	25% 28%	2% 1%	38% 38%	3% 2%	21% 22%	2% 2%	43% 43%	1% 2%	7% 8%	0% 1%
Large town What is your weight?	154/	39%	5%	52%	476	48%	3%	20%	5%	28%	1%	38%	2%	22%	2%	43%	2%	8%	1%
Less than 55 kg	387	21%	8%	51%	5%	41%	5%	20%	6%	21%	3%	34%	5%	14%	3%	39%	2%	10%	0%
From 55 to 74 kg From 75 to 89 kg	2398 1540	36% 41%	4% 3%	54% 58%	4% 3%	49% 58%	3% 3%	21% 21%	6% 3%	25% 29%	2% 1%	36% 40%	3% 2%	17% 26%	3% 2%	40% 46%	1% 2%	9% 6%	0% 1%
90 kg and more	872	49%	4%	57%	3%	58%	3%	17%	3%	29%	2%	46%	3%	26%	3%	46%	1%	9%	1%
Your current weight is ? Too high	3130	45%	4%	59%	3%	58%	2%	21%	3%	29%	1%	44%	2%	21%	2%	45%	1%	7%	0%
Too low	278	16%	16%	40%	7%	27%	10%	19%	12%	20%	4%	20%	10%	14%	9%	29%	2%	10%	3%
About right	2036	31%	4%	51%	3%	47%	3%	19%	5%	24%	2%	33%	2%	21%	2%	41%	1%	10%	1%
Health in general Good	3916	37%	4%	56%	3%	51%	3%	19%	5%	26%	1%	38%	2%	21%	3%	44%	1%	9%	1%
Neither good nor bad	1140	42%	4%	50%	5%	56%	3%	23%	4%	28%	2%	39%	4%	18%	3%	41%	2%	7%	1%
Bad	422	45%	4%	54%	3%	57%	2%	27%	3%	32%	2%	47%	1%	25%	1%	33%	1%	7%	0%

QD12 What was the main reason for these changes? Was it...? (IF 'YES', CODE 1 IN QD10)

(IF 'YES', CODE 1 IN QD10)								
	TOTAL	To lose weight	To put on weight	To keep my weight steady	To stay healthy	Because of a disease or health problem	Other (SPONTANEOUS)	DK
UE25 EU25	5491	34%	3%	5%	30%	18%	10%	1%
BE	272	40%	2%	2%	27%	23%	6%	0%
CZ	193	34%	1%	8%	22%	23%	8%	3%
DK D.W.	324	36%	1%	6%	29%	15%	11%	1%
D-W DE	207 313	29% 28%	2% 2%	4% 4%	35% 35%	17% 18%	13% 13%	1% 0%
D-E	101	25%	2% 1%	4% 2%	35%	23%	14%	0%
EE	301	25%	2%	5%	39%	19%	8%	1%
EL	255	46%	1%	5%	30%	15%	1%	1%
ES	192	41%	2%	5%	21%	24%	5%	2%
FR	249	39%	2%	2%	24%	16%	15%	1%
IE	270	36%	0%	5%	40%	12%	5%	3%
IT	151	37%	7%	7%	21%	16%	10%	2%
CY	170	38%	1%	6%	39%	12%	2%	3%
LV	267	27%	4%	6%	39%	10%	10%	4%
LT	267	22%	2%	5%	34%	28%	7%	2%
LU	116	45%	-	6%	26%	14%	10%	-
HU	224	33%	1%	9%	26%	25%	4%	1%
MT	186	33%	-	2%	33%	25%	6%	1%
NL AT	319	32%	2%	7%	32%	10%	15%	1%
PL PL	159 169	55% 27%	3% 3%	6% 7%	21% 23%	10% 27%	5% 12%	1% 2%
PT	169	27%	1%	2%	28%	38%	2%	1%
SI	215	27%	2%	3%	35%	30%	3%	0%
SK	241	25%	2%	7%	39%	21%	5%	2%
FI	352	32%	2%	4%	43%	14%	6%	- 70
SE	448	30%	1%	6%	38%	17%	9%	0%
UK	382	31%	3%	7%	38%	14%	7%	1%
BG	221	23%	1%	7%	26%	35%	7%	1%
HR	190	21%	1%	4%	30%	35%	8%	1%
RO	203	34%	2%	4%	19%	35%	4%	2%
TR	179	20%	5%	6%	43%	14%	4%	9%
CY (tcc)	102	36%	4%	5%	41%	8%	5%	1%
Sex								
Male	2237	26%	3%	6%	34%	19%	11%	2%
Female	3254	39%	2%	5%	27%	17%	9%	1%
Age	907	220/	FO	6%	31%	70/	1404	2%
15-24 25-39	1647	33% 37%	5% 2%	7%	29%	7% 10%	16% 15%	1%
40-54	1420	38%	2%	4%	31%	18%	6%	1%
55 +	1516	27%	2%	5%	29%	33%	4%	1%
Education (End of)	1010	2770	270	5,0	2770	5570	470	170
15	1094	30%	3%	4%	26%	32%	4%	1%
16-19	2193	39%	3%	5%	28%	17%	8%	1%
20+	1559	30%	1%	5%	35%	14%	13%	1%
Still Studying	576	31%	3%	7%	31%	8%	18%	3%
Household composition								
1	975	27%	2%	5%	30%	25%	9%	2%
2	1710	34%	2%	5%	31%	19%	8%	1%
3 4+	1080 1725	39% 34%	4% 3%	5% 6%	28% 30%	16% 15%	8% 12%	1% 1%
Place of birth	1725	3470	370	0 76	3070	1376	12.76	1 70
Surveyed country	5089	34%	3%	5%	30%	18%	9%	1%
EU	158	26%	2%	5%	31%	17%	20%	0%
Europe outside EU	60	18%	9%	1%	32%	12%	28%	0%
Outside Europe	173	27%	2%	4%	38%	14%	15%	-
Parents' birth								
2 born country	4733	34%	3%	6%	30%	19%	9%	1%
1 country EU	257	37%	2%	4%	22%	18%	16%	1%
2EU	180	32%	2%	1%	29%	15%	19%	2%
At least 1 outside EU	314	33%	2%	4%	36%	9%	14%	2%
Left-Right scale (1-4) Left	1517	32%	2%	5%	30%	18%	10%	1%
(1-4) Lert (5-6) Centre	1920	32%	2%	5% 5%	30%	18%	10%	1%
(7-10) Right	981	34%	3%	5%	31%	17%	7%	1%
Respondent occupation scale	,,,,	5470	570	5,0	3170	1770	, , , ,	.,,
Self- employed	378	29%	3%	5%	37%	14%	11%	1%
Managers	676	33%	1%	6%	36%	13%	11%	1%
Other white collars	771	37%	2%	8%	33%	12%	7%	1%
Manual workers	1157	38%	4%	6%	29%	13%	9%	1%
House persons	545	42%	5%	3%	24%	15%	9%	1%
Unemployed	296	37%	2%	2%	24%	16%	20%	0%
Retired	1091	25%	1%	4%	26%	40%	4%	1%
Students	576	31%	3%	7%	31%	8%	18%	3%
Subjective urbanisation								
Rural village	1733	35%	3%	4%	27%	21%	10%	0%
Small/ mid size town	2203	32%	2%	6%	31%	17%	10%	1%
Large town	1547	34%	3%	6%	31%	16%	9%	2%
What is your weight?	207	1/0/	101	004	200/	100/	110/	204
Less than 55 kg From 55 to 74 kg	387 2398	16%	6%	8% 5%	38% 33%	18%	11%	3% 1%
		29%	3%			17%	11%	
From 75 to 89 kg 90 kg and more	1540 872	37% 46%	1% 1%	6% 2%	28% 24%	20% 18%	7% 8%	0% 1%
Your current weight is ?	8/2	40%	176	∠70	∠4%	16%	0 /0	1 70
Too high	3130	48%	1%	3%	22%	18%	7%	1%
Too low	278	48%	19%	3%	31%	21%	18%	1%
About right	2036	16%	3%	9%	41%	18%	12%	2%
Health in general								
Good	3916	34%	3%	6%	34%	10%	11%	1%
Neither good nor bad	1140	33%	3%	3%	21%	32%	8%	0%
Bad	422	27%	2%	1%	15%	50%	5%	0%

QD13 Do you find it easy to eat a healthy diet?

QD13 Do you find it easy to eat a healthy diet?				
UEOS EUOS	TOTAL	Yes	No	DK
UE25 EU25 BE	24682 1000	66% 70%	31% 29%	3% 0%
CZ	1029	47%	51%	3%
DK	1031	71%	27%	2%
D-W	1007	72%	24%	4%
DE D-E	1557 550	73% 73%	24% 26%	3% 1%
EE E	1000	73% 52%	26% 38%	1%
EL	1000	66%	34%	0%
ES	1025	76%	21%	3%
FR	1012	65%	34%	1%
IE IT	1000 1000	70% 57%	25% 36%	5% 7%
CY	502	71%	29%	176
LV	1000	49%	48%	4%
LT	1011	48%	41%	11%
LU	501	68%	31%	1%
HU MT	1015 500	44% 77%	54% 23%	2% 0%
NL	1031	79%	20%	1%
AT	1002	61%	32%	7%
PL	1000	46%	49%	5%
PT SI	1000 1030	73% 58%	26% 38%	2% 3%
SK	1030	58% 45%	38% 52%	3% 3%
FI	1017	71%	28%	1%
SE	1054	77%	21%	1%
UK	1321	73%	24%	3%
BG HR	1004 1000	25% 39%	52% 57%	23% 5%
RO	1000 1002	39% 58%	57% 32%	5% 10%
TR	1005	67%	29%	4%
CY (tcc)	500	72%	23%	5%
Sex	44000	4.404	2004	101
Male Female	11902 12780	64% 67%	32% 30%	4% 2%
Age	12780	0778	30 /6	276
15-24	3765	59%	38%	3%
25-39	6550	61%	36%	3%
40-54	6308	64%	33%	3%
55 +	8059	74%	22%	4%
Education (End of)	5992	69%	27%	4%
10				
15 16-19			33%	3%
16-19 20+	9671 6152	64% 67%	33% 31%	2%
16-19 20+ Still Studying	9671	64%	33% 31% 36%	
16-19 20+ Still Studying Household composition	9671 6152	64% 67%	31%	2%
16-19 20+ Still Studying Household composition 1	9671 6152 2464	64% 67% 61%	31% 36%	2% 4%
16-19 20+ Silii Studying Household composition 1 2 3	9671 6152 2464 4566 7903 4615	64% 67% 61% 69% 69% 62%	31% 36% 28% 28% 34%	2% 4% 3% 3% 4%
16-19 20+ Still Studying Household composition 1 2 3 4+	9671 6152 2464 4566 7903	64% 67% 61% 69%	31% 36% 28% 28%	2% 4% 3% 3%
16-19 20+ Still Studying Household composition 1 2 3 4+ Place of birth	9671 6152 2464 4566 7903 4615 7598	64% 67% 61% 69% 69% 62% 62%	31% 36% 28% 28% 34% 34%	2% 4% 3% 3% 4% 3%
16-19 20+ Still Studying Household composition 1 2 3 4+	9671 6152 2464 4566 7903 4615	64% 67% 61% 69% 69% 62%	31% 36% 28% 28% 34%	2% 4% 3% 3% 4%
16-19 20+ SIII Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU	9671 6152 2464 4566 7903 4615 7598 23146 627 336	64% 67% 61% 69% 69% 62% 62% 66% 67% 53%	31% 36% 28% 28% 34% 31% 31% 31%	2% 4% 3% 3% 4% 3% 3% 3% 10%
16-19 20+ Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe	9671 6152 2464 4566 7903 4615 7598 23146 627	64% 67% 61% 69% 69% 62% 62% 66%	31% 36% 28% 28% 34% 34% 31%	2% 4% 3% 3% 4% 3% 3%
16-19 20+ Sill Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth	9671 6152 2464 4566 7903 4615 7598 23146 627 336 535	64% 67% 61% 69% 69% 62% 62% 66% 67% 53% 74%	31% 36% 28% 28% 34% 31% 31% 31% 23%	2% 4% 3% 3% 4% 3% 3% 3% 10% 3%
16-19 20+ Still Studying Household composition 1 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country	9671 6152 2464 4566 7903 4615 7598 23146 627 336	64% 67% 61% 69% 69% 62% 62% 66% 67%	31% 36% 28% 28% 34% 31% 31% 31%	2% 4% 4% 3% 3% 4% 3% 3% 3% 10% 3% 3% 4% 4%
16-19 20+ Sill Studying Household composition 1 2 3 4+ Piace of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU	9671 6152 22464 4566 7903 4615 7598 23146 627 336 535 21871 817 768	64% 67% 61% 69% 69% 62% 62% 62% 66% 67% 53% 74% 66% 65% 61%	31% 36% 28% 28% 34% 31% 31% 31% 23% 31% 32% 36%	2% 4% 3% 3% 3% 4% 3% 3% 3% 10% 3% 4% 4% 3% 4% 3%
16-19 20+ Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU 2EU 4EU 4EU 4EU 4EU 4EU 4EU 4EU 4EU 4EU 4	9671 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817	64% 67% 61% 69% 69% 62% 62% 62% 66% 47% 53% 74% 66%	31% 36% 28% 28% 34% 34% 31% 31% 37% 23%	2% 4% 4% 3% 3% 4% 3% 3% 3% 10% 3% 3% 4% 4%
16-19 20+ Sill Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country EU 2EU At least 1 outside EU Left-Right scale	9671 6152 22464 4566 7903 4615 7598 23146 627 336 535 21871 817 768	64% 67% 61% 69% 69% 62% 62% 66% 67% 53% 74% 66% 65% 61% 65%	31% 36% 28% 28% 34% 31% 31% 33% 23% 31% 32% 36% 28%	2% 4% 3% 3% 3% 4% 3% 3% 3% 10% 3% 4% 3% 4% 3% 4% 3% 5%
16-19 20+ Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU 2EU 4EU 4EU 4EU 4EU 4EU 4EU 4EU 4EU 4EU 4	9671 6152 22464 4566 7903 4615 7598 23146 627 336 535 21871 817 768	64% 67% 61% 69% 69% 62% 62% 66% 67% 53% 74% 66% 65% 61% 65% 61% 67%	31% 36% 28% 28% 34% 34% 31% 31% 33% 23% 36% 28%	2% 4% 3% 3% 3% 4% 3% 3% 3% 10% 3% 4% 4% 3% 4% 3%
16-19 20+ Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU 4EU 4EU 4EU 4EU 4EU 4EU 4EU 4EU 4EU 4	9671 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185	64% 67% 61% 69% 69% 69% 62% 62% 66% 65% 61% 66% 65% 61% 65% 61%	31% 36% 28% 28% 28% 34% 34% 31% 31% 31% 31% 23% 36% 28%	2% 4% 3% 3% 4% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3%
16-19 20+ Sill Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale	9671 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185	64% 67% 61% 69% 69% 62% 62% 66% 67% 53% 74% 66% 65% 61% 67% 68% 69% 64%	31% 36% 28% 28% 34% 31% 31% 31% 31% 23% 31% 23% 31% 30% 28% 30% 28% 33%	2% 4% 3% 3% 3% 4% 3% 3% 10% 3% 4% 3% 5% 5% 2% 3% 3% 3% 3%
16-19 20+ Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EL EU	9671 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322	64% 67% 61% 69% 69% 69% 62% 62% 66% 65% 53% 74% 66% 65% 61% 67% 68% 69% 64%	31% 36% 28% 28% 34% 34% 31% 31% 37% 23% 311% 32% 36% 28% 30% 28%	2% 4% 3% 3% 4% 3% 3% 3% 3% 3% 3% 3% 5% 5% 2% 3% 3% 5%
16-19 20+ Sill Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country EU 2EU At least 1 outside EU Left.Right scale (1-4) Left (7-10) Right Respondent occupation scale Self- employed Managers	9671 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322	64% 67% 61% 69% 69% 69% 62% 62% 65% 65% 61% 66% 65% 61% 67% 68% 69%	31% 36% 28% 28% 34% 34% 31% 31% 31% 33% 23% 36% 28% 30% 28% 30% 28% 33%	2% 4% 3% 3% 3% 4% 3% 3% 3% 10% 3% 3% 3% 5% 5% 5% 2% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3%
16-19 20+ Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EL EU	9671 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322	64% 67% 61% 69% 69% 69% 62% 62% 66% 65% 53% 74% 66% 65% 61% 67% 68% 69% 64%	31% 36% 28% 28% 34% 34% 31% 31% 37% 23% 311% 32% 36% 28% 30% 28%	2% 4% 3% 3% 4% 3% 3% 3% 3% 3% 3% 3% 5% 5% 2% 3% 3% 5%
16-19 20+ Still Studying Household composition 1 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Lett-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons	96/7 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485	64% 67% 61% 69% 69% 69% 62% 62% 66% 66% 65% 61% 65% 61% 64% 68% 69% 64% 68% 69% 69%	31% 36% 28% 28% 34% 34% 31% 31% 33% 23% 36% 28% 30% 28% 30% 28%	2% 4% 3% 3% 3% 3% 3% 3% 10% 3% 10% 3% 4% 3% 4% 3% 5% 2% 3% 3% 3% 4% 3% 4% 3% 4% 3% 4%
16-19 20+ Still Studying Household composition 1 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed	9671 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275	64% 67% 61% 69% 69% 69% 62% 62% 62% 66% 65% 61% 66% 65% 61% 66% 65% 61% 66% 69% 63% 69% 63% 69% 63% 69%	31% 36% 28% 28% 34% 34% 31% 31% 37% 23% 31% 32% 36% 28% 29% 33%	2% 4% 3% 3% 3% 3% 3% 3% 10% 3% 3% 4% 3% 5% 5% 2% 3% 3% 3% 4% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3%
16-19 20+ Still Studying Household composition 1 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Lett-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired	96/T 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855	64% 67% 61% 69% 69% 69% 62% 62% 66% 66% 65% 53% 74% 66% 65% 61% 64% 64% 68% 69% 64% 68% 69% 63% 60% 69% 57% 72%	31% 36% 28% 28% 34% 34% 31% 31% 31% 32% 36% 28% 30% 28% 30% 28% 33%	2% 4% 3% 3% 3% 3% 3% 3% 10% 3% 4% 3% 4% 3% 5% 4% 3% 4% 3% 5% 2% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3%
16-19 20+ Still Studying Household composition 1 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self-employed Managers Other white collars Marual workers House persons Unemployed Retired Students	9671 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275	64% 67% 61% 69% 69% 69% 62% 62% 62% 66% 65% 61% 66% 65% 61% 66% 65% 61% 66% 69% 63% 69% 63% 69% 63% 69%	31% 36% 28% 28% 34% 34% 31% 31% 37% 23% 31% 32% 36% 28% 29% 33%	2% 4% 3% 3% 3% 3% 3% 3% 10% 3% 3% 4% 3% 5% 5% 2% 3% 3% 3% 4% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3%
16-19 20+ Still Studying Household composition 1 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self-employed Managers Other white collars Manual workers House persons Unemployed Retired Students Students Students Students Subjective urbanisation Rural village	9671 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464	64% 67% 61% 69% 69% 69% 62% 62% 66% 65% 61% 65% 61% 65% 61% 65% 61% 67% 68% 69% 64% 69% 64% 69% 63% 60% 69% 61% 60% 69% 61%	31% 36% 28% 28% 28% 34% 34% 31% 31% 31% 33% 22% 36% 28% 30% 28% 33% 29% 40% 24% 36%	2% 4% 3% 3% 4% 3% 3% 3% 3% 10% 3% 3% 4% 3% 5% 2% 3% 3% 3% 3% 3% 3% 3% 4% 3% 4% 3% 4% 4% 4% 4%
16-19 20+ Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country EU 2EU At least 1 outside EU Left. Right scale (1-4) Left (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small mid size town	9671 6152 2464 4566 7903 4015 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464	64% 67% 61% 69% 69% 69% 62% 62% 62% 66% 65% 61% 66% 65% 61% 66% 69% 64% 68% 69% 63% 60% 69% 63% 60% 69% 63% 60% 69% 63% 60% 69% 63% 60% 69%	31% 36% 28% 28% 34% 34% 31% 31% 31% 37% 23% 31% 32% 36% 28% 36% 28% 34% 36% 29% 40% 24% 36% 28% 36%	2% 4% 3% 3% 3% 3% 3% 3% 3% 3% 10% 3% 3% 496 3% 5% 2% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3%
16-19 20+ Still Studying Household composition 1 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small/ mid size town Large town	9671 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464	64% 67% 61% 69% 69% 69% 62% 62% 66% 65% 61% 65% 61% 65% 61% 65% 61% 67% 68% 69% 64% 69% 64% 69% 63% 60% 69% 61% 60% 69% 61%	31% 36% 28% 28% 28% 34% 34% 31% 31% 31% 33% 22% 36% 28% 30% 28% 33% 29% 40% 24% 36%	2% 4% 4% 3% 3% 3% 3% 3% 3% 3% 3% 3% 5% 2% 3% 3% 5% 2% 3% 3% 3% 3% 3% 3% 3% 3% 3% 4% 3% 3% 4% 3% 4% 4% 4% 4%
16-19 20+ Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country EU 2EU At least 1 outside EU Left-Right scale (7-10) Right (7-10) Right Romander occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small mid size town Large town What is your weight?	9671 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464	64% 67% 61% 69% 69% 69% 62% 62% 62% 66% 65% 61% 66% 65% 61% 69% 64% 68% 69% 63% 60% 64% 68% 69% 64%	31% 36% 28% 34% 34% 31% 31% 31% 33% 23% 31% 32% 36% 28% 30% 29% 24% 36% 24% 36% 28% 33%	2% 4% 3% 3% 3% 3% 3% 3% 3% 10% 3% 3% 496 3% 5% 2% 3% 3% 3% 3% 3% 4% 3% 3% 3% 3% 4% 3% 3% 4% 3% 4% 4% 4% 3% 3% 4% 4% 4% 3% 3% 4% 4% 3% 3%
16-19 20+ Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg	9671 6152 2464 4566 7903 4015 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464	64% 67% 61% 69% 69% 69% 62% 62% 62% 66% 65% 61% 65% 61% 69% 64% 68% 69% 63% 60% 64% 64% 71%	31% 36% 28% 34% 34% 31% 31% 31% 33% 23% 31% 32% 36% 28% 30% 28% 33% 29% 29% 34% 36% 29% 24% 36% 24% 36% 28% 33%	2% 4% 3% 3% 3% 3% 3% 3% 3% 3% 10% 3% 3% 496 3% 5% 2% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3%
16-19 20+ Still Studying Household composition 1 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Cutside Europe Parents' birth 2 born country 1 country 1 country 1 country EU ELFT Spin scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small/ rnid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg From 75 to 89 kg	9671 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157	64% 67% 61% 69% 69% 69% 62% 62% 66% 65% 61% 65% 61% 65% 61% 69% 64% 69% 63% 69% 64% 71% 68% 69% 64%	31% 36% 28% 28% 28% 34% 34% 34% 31% 31% 31% 33% 23% 31 31% 32% 36% 28% 30% 28% 33% 29% 29% 44% 36% 28% 36% 28% 33% 27% 28% 33%	2% 4% 3% 3% 3% 3% 3% 3% 10% 3% 10% 3% 4% 3% 4% 3% 4% 4% 3% 4% 3% 4% 4% 4% 4% 4% 4% 4% 4% 4% 4% 4% 4% 4%
16-19 20+ Still Studying Household composition 1 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanistion Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg	9671 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157	64% 67% 61% 69% 69% 69% 62% 62% 62% 66% 65% 61% 65% 61% 69% 64% 68% 69% 63% 60% 64% 64% 71%	31% 36% 28% 34% 34% 31% 31% 31% 33% 23% 31% 32% 36% 28% 30% 28% 33% 29% 29% 34% 36% 29% 24% 36% 24% 36% 28% 33%	2% 4% 3% 3% 3% 3% 3% 3% 3% 3% 10% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3%
16-19 20+ Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country 2 EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small' mid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg From 75 to 89 kg 90 kg and more Your current weight is ?	9671 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157	64% 67% 61% 69% 69% 69% 62% 62% 66% 66% 65% 61% 65% 61% 69% 64% 69% 63% 69% 61% 61% 68% 69% 64% 71% 68% 65% 64%	31% 36% 28% 28% 34% 34% 31% 31% 31% 32% 36% 28% 30% 28% 30% 28% 33% 29% 40% 24% 36% 28% 33% 27% 28% 33%	2% 4% 3% 3% 3% 3% 3% 3% 10% 3% 3% 4% 3% 5% 2% 3% 3% 3% 3% 4% 3% 4% 4% 3% 4% 4% 3% 4% 3% 4% 3% 4% 3% 4% 3%
16-19 20+ Still Studying Household composition 1 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small/ roid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg	9671 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	64% 67% 61% 69% 69% 69% 62% 62% 66% 65% 61% 66% 65% 61% 66% 65% 61% 67% 68% 69% 64% 64% 68% 69% 63% 60% 69% 63% 64% 71% 66% 65% 64%	31% 36% 28% 28% 34% 34% 31% 31% 31% 37% 23% 36% 28% 30% 28% 33% 29% 29% 24% 36% 29% 24% 36% 29% 24% 36% 27% 28% 33%	2% 4% 3% 3% 3% 3% 3% 3% 3% 10% 3% 3% 3% 5% 5% 2% 3% 3% 3% 3% 3% 3% 4% 4% 4% 4% 4% 4% 4% 4% 4% 4% 4% 4% 4%
16-19 20+ Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country 2 EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small' mid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg From 75 to 89 kg 90 kg and more Your current weight is ?	9671 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157	64% 67% 61% 69% 69% 69% 62% 62% 66% 66% 65% 61% 65% 61% 69% 64% 69% 63% 69% 61% 61% 68% 69% 64% 71% 68% 65% 64%	31% 36% 28% 28% 34% 34% 31% 31% 31% 32% 36% 28% 30% 28% 30% 28% 33% 29% 40% 24% 36% 28% 33% 27% 28% 33%	2% 4% 3% 3% 3% 3% 3% 10% 3% 3% 3% 4% 3% 5% 2% 3% 3% 3% 3% 3% 4% 3% 3% 4% 4% 4% 4% 4% 3% 3% 4% 3% 4% 3% 4% 3% 3%
16-19 20+ Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country 1 country 2 EU At least 1 outside EU Lett-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 75 to 89 kg 90 kg and more Vour current weight is? Too high Too low About right Health in general	96/7 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	64% 67% 61% 69% 69% 69% 62% 62% 66% 66% 65% 61% 65% 61% 67% 68% 69% 64% 64% 68% 69% 63% 60% 69% 57% 72% 61% 68% 69% 55% 64%	31% 36% 28% 34% 34% 31% 31% 31% 33% 23% 31% 32% 36% 28% 33% 29% 29% 34% 36% 28% 33% 27% 28% 33% 27% 28% 33% 44% 40% 36% 28% 33%	2% 4% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3%
16-19 20+ Still Studying Household composition 1 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self-employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 75 to 89 kg 90 kg and more Your current weight is ? Too high Too low About right Health in general Good	9671 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	64% 67% 61% 69% 69% 69% 62% 62% 66% 65% 61% 53% 74% 66% 65% 61% 60% 69% 64% 69% 63% 60% 69% 64% 71% 68% 65% 61% 65% 64% 71% 68% 65% 64% 71% 68% 65% 64%	31% 36% 28% 28% 34% 34% 31% 31% 31% 31% 32% 36% 28% 30% 28% 33% 29% 34% 36% 29% 34% 36% 29% 40% 24% 36% 28% 33% 44%	2% 4% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 5% 5% 2% 3% 3% 3% 4% 3% 3% 3% 4% 3% 3% 3% 3% 3% 4% 3% 3% 3% 4% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3%
16-19 20+ Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country 1 country 2 EU At least 1 outside EU Lett-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 75 to 89 kg 90 kg and more Vour current weight is? Too high Too low About right Health in general	96/7 6152 2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	64% 67% 61% 69% 69% 69% 62% 62% 66% 66% 65% 61% 65% 61% 67% 68% 69% 64% 64% 68% 69% 63% 60% 69% 57% 72% 61% 68% 69% 55% 64%	31% 36% 28% 34% 34% 31% 31% 31% 33% 23% 31% 32% 36% 28% 33% 29% 29% 34% 36% 28% 33% 27% 28% 33% 27% 28% 33% 44% 40% 36% 28% 33%	2% 4% 3% 3% 3% 3% 3% 3% 3% 3% 30% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3% 3%

JE25 EU25	TOTAL 7670	Lack of information about what constitutes a healthy diet	Lack of information about the food I eat	Information about healthy eating is contradictory and confusing	Lack of control over what I eat (food purchases by other people's eat in canteen or restaurants much of time) 27%	Choosing and preparing health diet takes too much time	Healthy food is bland and unapetising	Other (SPONTANEOUS)	DK 2%
3E	294	13%	13%	14%	34%	28%	23%	22%	0%
cz	523	13%	16%	27%	29%	29%	33%	11%	3%
OK .	274	9%	8%	28%	30%	44%	19%	22%	3%
D-W DE	238 374	11% 10%	16% 15%	18% 17%	33% 33%	29% 29%	26% 28%	24% 23%	2% 1%
D-E	141	4%	15%	1/%	33%	29%	28% 36%	23% 18%	1%
E .	377	12%	21%	16%	23%	36%	19%	28%	5%
L	336	23%	22%	10%	23%	33%	34%	5%	1%
is .	220	17%	8%	12%	23%	28%	25%	20%	2%
R E	344 247	16% 8%	20% 8%	15% 10%	27% 38%	41% 35%	17% 35%	16% 8%	2% 8%
T	360	14%	23%	12%	24%	26%	24%	6%	
CY CY	144	15%	19%	15%	36%	45%	46%	8%	1%
V	476	8%	14%	13%	14%	39%	22%	27%	1%
т	412	9%	9%	10%	38%	27%	29%	13%	2%
.U 1U	156 545	13% 7%	11% 17%	25% 23%	43% 17%	37% 26%	25% 16%	13% 30%	0% 1%
MT	114	2%	3%	3%	28%	17%	56%	15%	5%
IL.	203	3%	3%	9%	28%	29%	16%	29%	2%
AT .	320	26%	20%	25%	26%	41%	26%	10%	3%
L	492	12%	20%	19%	21%	34%	15%	21%	4%
PT GI	259 396	17% 20%	9% 20%	9% 19%	27% 21%	11% 53%	29% 32%	34% 16%	3% 1%
5K	541	21%	19%	28%	32%	38%	21%	20%	1%
-1	284	8%	12%	19%	17%	28%	32%	22%	3%
5E	224	12%	13%	14%	27%	39%	25%	14%	1%
JK 3G	312 520	4% 11%	9% 16%	6% 15%	31% 11%	25% 37%	22% 16%	20% 28%	4% 6%
IR	520	11%	10%	11%	26%	31%	16%	30%	4%
80	323	21%	19%	12%	18%	24%	17%	30%	7%
R	286	33%	30%	24%	26%	12%	9%	16%	7%
CY (tcc)	115	28%	7%	17%	13%	5%	20%	14%	1%
ex tale	3779	13%	17%	15%	29%	29%	23%	17%	2%
emale	3891	12%	16%	16%	24%	33%	22%	19%	2%
lge									
5-24	1420	12%	15%	14%	35%	35%	27%	11%	2%
5-39	2351	12%	16%	13%	28%	37%	20%	17%	1%
0-54 5 +	2107 1792	12% 14%	18% 16%	17% 17%	26% 18%	31% 19%	21% 25%	21% 21%	2% 3%
ducation (End of)	1792	1470	1070	1770	1070	1970	2576	2170	370
5	1599	14%	17%	16%	17%	22%	24%	19%	3%
16-19	3189	12%	17%	16%	27%	30%	23%	19%	2%
10+	1891	11%	15%	15%	29%	38%	19%	18%	2%
Still Studying	882	13%	15%	15%	36%	33%	29%	10%	1%
ioascrioia composition	1283	13%	17%	14%	23%	34%	18%	20%	2%
	2203	12%	15%	17%	25%	29%	23%	19%	3%
	1572	11%	17%	15%	28%	33%	23%	16%	1%
+ Place of birth	2611	13%	16%	15%	29%	29%	25%	17%	1%
urveyed country	7210	12%	16%	16%	27%	31%	23%	18%	2%
U	193	19%	20%	11%	28%	37%	24%	22%	1%
urope outside EU	124	16%	21%	9%	28%	29%	18%	26%	1%
Outside Europe	126	10%	9%	15%	18%	29%	23%	24%	-
Parents' birth	6791	12%	16%	16%	26%	31%	22%	18%	2%
country EU	260	13%	20%	10%	30%	25%	23%	19%	2% 1%
EU	277	18%	17%	12%	25%	34%	27%	23%	1%
t least 1 outside EU	336	15%	14%	11%	27%	35%	24%	20%	1%
eft-Right scale	4004	400/	4.404	400/	2004	2004	2201	400/	404
1-4) Left 5-6) Centre	1926 2282	13% 13%	14% 17%	19% 15%	28% 27%	30% 35%	23% 23%	18% 16%	1% 2%
5-6) Centre 7-10) Right	2282 1421	13% 11%	17%	15% 15%	27% 26%	35% 31%	23% 25%	16% 19%	2% 2%
espondent occupation scale	.72.1	7170	. 370	. 370		2.70	2370		-70
elf- employed	576	13%	10%	13%	32%	31%	21%	19%	2%
lanagers	768	10%	18%	17%	30%	42%	16%	20%	1%
Other white collars Nanual workers	992 1810	11% 13%	17% 15%	15% 14%	31% 29%	36% 33%	17% 25%	15% 16%	1% 2%
ouse persons	711	13%	20%	15%	19%	27%	25%	15%	2% 3%
nemployed	509	11%	18%	15%	25%	28%	23%	26%	3%
etired	1421	12%	18%	18%	15%	20%	25%	25%	3%
tudents	882	13%	15%	15%	36%	33%	29%	10%	1%
ubjective urbanisation	2278	13%	17%	17%	26%	27%	23%	19%	2%
tural village imall/ mid size town	3324	13%	17% 17%	17% 15%	26% 27%	27% 32%	23% 22%	19% 17%	2% 1%
arge town	2060	11%	14%	13%	26%	32%	23%	19%	3%
Vhat is your weight ?									
ess than 55 kg	556	16%	27%	19%	25%	34%	19%	17%	3%
rom 55 to 74 kg	3206	12%	17%	14%	25%	33%	21%	17%	2%
rom 75 to 89 kg 0 kg and more	2304 1210	12% 13%	16% 12%	16% 15%	27% 29%	29% 30%	24% 26%	16% 23%	3% 1%
o kg and more our current weight is ?	1210	1370	1270	1376	2970	3070	2070	2370	170
oo high	3771	11%	13%	15%	27%	31%	25%	19%	2%
oo low	483	15%	21%	16%	19%	31%	19%	17%	4%
bout right	3302	14%	19%	15%	27%	31%	21%	16%	2%
Health in general		13%	16%	14%	29%	33%	22%	16%	2%
									2%
Good leither good nor bad	5185 1924	10%	16%	17%	24%	28%	23%	21%	2%

QD15 In the last 7 days, on how many days did you do vigorous physical activities like lifting heavy things, digging, aerobics or fast cycling? TOTAL UE25 EU25 24682 54% 7% 9% 7% 4% 6% 2% 9% 2% 1000 53% 9% 9% 9% 3% 6% 2% 9% 1% 1,7 CZ 1029 47% 10% 11% 8% 3% 7% 1% 8% 4% 1,8 7% 1% DK 1031 47% 12% 9% 9% 4% 9% 1% 1.9 D-W 44% 9% 4% 8% 3% 1007 8% 12% 10% 2% 2,1 DE 1557 43% 8% 12% 9% 4% 8% 3% 11% 2% 2,1 D-F 550 39% 42% 8% 7% 13% 11% 4% 4% 9% 12% 3% 2% 14% 1% 2,4 FF 2% 2.3 1000 12% 6% 14% 7% 8% 4% 1000 51% 9% 6% 3% 12% 2,0 ES 1025 72% 3% 4% 5% 1% 3% 4% 1% 1% 5% 4% 1,0 FR 1012 59% 7% 8% 6% 4% 11% 1% 1,6 1000 66% 6% 6% 4% 3% 7% 2% 2% ΙE 4% 1000 5% 7% 3% 4% 3% 7% 1% 3% 4% CY 502 54% 7% 5% 8% 6% 6% 3% 3% 11% 1,8 1,9 1000 6% 4% LV 52% 8% 9% 10% 1011 39% 5% 8% 6% 4% 9% 3% 22% 4% 2,8 501 1015 LU 53% 8% 11% 8% 4% 5% 2% 3% 8% 0% 1,7 49% 7% 7% 3% 8% 14% 0% HU 9% MT 79% 3% 5% 2% 2% 2% 2% 4% 0% 0,8 500 1031 36% 14% 16% 11% 7% 7% 2% 6% 1% 2,0 4% 10% AT 1002 54% 6% 8% 12% 7% 5% 3% 5% 9% 7% 2% 3% 3% 2% 1,6 1,9 50% 1000 10% PL PT 1000 3% 3% 3% 4% 3% 9% 2% 1,5 1030 48% 10% 12% 9% 3% 6% 2% 8% 1% 1,7 SK 5% 1044 40% 11% 13% 9% 4% 7% 7% 4% 2.0 FI 1017 12% 11% 9% 7% 7% 2% 7% 1% 1,9 45% SE 1054 48% 14% 13% 10% 4% 6% 1% 4% 1,5 UK 1321 57% 7% 9% 7% 4% 6% 2% 7% 1% 1,5 2,1 6% 4% 3% 2% 15% 4% BG 1004 51% 8% 6% HR 1000 54% 6% 9% 5% 3% 4% 3% 15% 2,0 RO 1002 53% 4% 8% 5% 3% 5% 6% 14% 4% 2,1 TR 1005 69% 4% 5% 4% 2% 2% 1% 2% 0% 1% 12% 3% 1,3 CY (tcc) 500 59% 6% 6% 9% 1,4 Sex 11902 12780 11% 8% Male 44% 8% 6% 9% 6% 4% 3% 8% 4% 4% 1% 10% 1% 2% 2,1 1,3 Female 63% 15-24 3765 42% 8% 12% 11% 7% 9% 2% 8% 1% 2,1 25-39 6550 47% 7% 4% 10% 2% 2.0 12% 7% 8% 3% 40-54 6308 51% 8% 9% 3% 7% 3% 9% 2% 1,8 8059 68% 5% 7% 5% 2% 3% 1% 7% 2% 1,1 Education (End of) 5992 68% 4% 6% 4% 2% 4% 3% 8% 2% 1,3 16-19 9671 52% 6% 9% 7% 3% 8% 3% 9% 2% 1,8 20+ 6152 48% 11% 12% 9% 4% 4% 2% 8% 1% 1,7 Still Studying 2464 41% 9% 13% 13% 7% 7% 1% 7% 1% 2,0 4566 64% 6% 7% 6% 2% 4% 2% 7% 1% 1,3 7903 58% 7% 9% 6% 3% 5% 2% 8% 2% 1.5 6% 4615 52% 10% 7% 4% 8% 3% 8% 2% 1,8 7598 46% 8% 11% 9% 5% 6% 2% 10% 2% 2.0 Place of birth 23146 Surveyed country 54% 7% 9% 7% 4% 6% 2% 8% 2% EU 627 53% 5% 10% 5% 3% 7% 2% 11% 3% 1,9 Europe outside EU 336 535 46% 9% 9% 8% 3% 3% 10% 8% 4% 2,0 4% Outside Europe 58% 7% 6% 6% 4% 2% 11% 2% 1.7 Parents' birth 2 born country 21871 55% 7% 9% 7% 9% 3% 6% 2% 8% 2% 1,7 49% 7% 11% 3% 10% 3% 1.8 1 country EU 817 6% 2% 54% 7% 4% 2EU 768 8% 6% 7% 3% 6% 3% 10% 1,8 At least 1 outside EU 1185 49% 6% 10% 8% 5% 3% 10% 2% 1,9 Left-Right scale (1-4) Left 6422 52% 7% 11% 7% 1% 1,7 4% 6% 2% 8% 10% 7% 4% 6% 3% 9% 2% 1,8 (5-6) Centre 8105 (7-10) Right 4322 51% 9% 9% 8% 4% 6% 2% 9% 2% 1 7 Respondent occupation scale 2,3 Self- employed 1995 44% 9% 9% 6% 3% 7% 4% 14% 2% Managers 2653 45% 12% 15% 11% 4% 3% 2% 6% 1% 1,6 Other white collars 2924 54% 9% 12% 8% 4% 5% 2% 5% 2% 1.4 6% 14% 5% 5030 40% 8% 7% 5% 13% 2% 2,6 Manual workers 2485 7% 4% 2% 4% 2% 5% 1% 7% 2% 1% 1,1 House persons 5% 1275 5855 5% 10% 9% Unemployed 59% 6% 2% 1,6 1,0 5% 1% 1% 72% 2% Retired 6% 4% 2% 7% Students 2464 13% 13% 7% 1% 1% 2,0 Subjective urbanisation 51% 10% 1.9 Rural village 8062 7% 9% 7% 4% 7% 3% 2% Small/ mid size town 10428 56% 7% 9% 7% 3% 6% 2% 8% 1% 1,6 Large town 6157 54% 8% 11% 4% 5% 2% What is your weight? Less than 55 kg 2090 63% 6% 7% 7% 4% 2% 8% 1% 1,4 2% From 55 to 74 kg 11467 9% 4% 5% 8% 1% 1,6 From 75 to 89 kg 7010 2778 49% 51% 8% 7% 11% 10% 8% 6% 4% 4% 7% 8% 3% 4% 9% 10% 2% 1% 1,9 1,9 90 kg and more Your current weight is? Too high 9415 58% 51% 10% 4% 5% 1% 1% 1,5 7% 7% 6% 7% Too low 1326 8% 4% 6% 3% 13% 2.0 9% About right 13608 52% 7% 8% 4% 6% 3% 9% 2% 1,8

Health in general Good

Neither good nor bad

18561

4630

1393

50%

65%

78%

8% 6%

4%

10%

7% 5% 8% 5%

2%

4% 3%

2%

7% 4%

2%

3% 2%

1%

9% 7%

6%

2% 1%

1%

1,9 1,3

0,8

QD16 On days when you do vigorous physical activities, how much time do you usually spend at it?

QD16 On days when you do vigorous physic	cal activities, how mu	uch time do you	usually spend at it?								
	TOTAL	Never	Less than 1 hour	1h - 1h59	1h - 2h59	1h - 3h59	1h - 4h59	1h - 5h59	6+ h	DK	Moyenne (min)/Average (min)
E25 EU25	24682	45%	6%	16%	11%	4%	3%	2%	8%	4%	()
E Z	1000	42%	9%	19%	11%	3%	4%	2%	9%	2%	
	1029 1031	36% 38%	0% 10%	18% 22%	16% 10%	6% 5%	5% 3%	3% 2%	10% 7%	5% 2%	
W	1007	33%	5%	19%	15%	6%	4%	2%	8%	8%	
	1557	33%	5%	18%	15%	6%	4%	2%	9%	7%	
	550	32%	3%	15%	17%	6%	6%	2%	14%	4%	
	1000	31%	4%	15%	15%	7%	4%	5%	14%	5%	
	1000 1025	28% 61%	12% 4%	18% 11%	16% 5%	9% 2%	3% 1%	3% 2%	10% 4%	0% 9%	
	1012	48%	8%	17%	11%	4%	2%	2%	6%	2%	
	1000	49%	6%	13%	5%	1%	2%	1%	6%	17%	
	1000	59%	4%	14%	9%	3%	3%	2%	7%	1%	
	502	54% 34%	7% 3%	9% 8%	9% 10%	7%	2%	3% 4%	10% 18%	12%	
	1000 1011	34%	17%	10%	9%	6% 5%	6% 3%	4%	11%	8%	
	501	43%	5%	15%	12%	5%	6%	1%	7%	4%	
	1015	45%	8%	12%	8%	5%	5%	3%	14%	1%	
	500	78%	5%	9%	3%	0%	1%	0%	3%	-	
	1031 1002	29% 54%	7% 3%	22% 11%	15% 14%	7% 5%	6% 4%	3% 3%	8% 7%	2%	
	1002	39%	6%	13%	11%	7%	5%	3%	12%	4%	
	1000	67%	5%	10%	6%	3%	3%	1%	6%	-	
	1030	32%	7%	19%	16%	8%	4%	2%	10%	2%	
	1044 1017	28% 40%	9%	13% 25%	13% 11%	8% 4%	5% 2%	5% 2%	16% 5%	13% 1%	
	1017	40% 47%	9% 8%	25% 25%	9%	4% 2%	2% 3%	2% 1%	5% 4%	1%	
	1321	45%	8%	17%	11%	4%	3%	2%	7%	5%	
	1004	44%	3%	9%	10%	6%	6%	3%	10%	8%	
	1000	49%	-	9%	9%	6%	5%	5%	13%	4%	
	1002 1005	57% 64%	6%	5% 7%	10% 5%	5% 3%	4% 2%	3% 2%	14% 6%	3% 5%	
tcc)	500	59%	9%	8%	5%	2%	2%		3%	13%	
•	11902	36%	6%	16%	13%	5%	4%	3%	12%	4%	
ale	12780	54%	6%	15%	9%	3%	2%	1%	4%	4%	
4	3765	32%	7%	23%	16%	5%	2%	2%	7%	4%	
9	6550	37%	7%	19%	12%	4%	3%	2%	10%	5%	
4	6308	41%	6%	17%	11%	5%	4%	3%	10%	5%	
	8059	61%	5%	9%	8%	4%	3%	2%	4%	4%	
ation (End of)	5992	61%	4%	8%	6%	4%	3%	2%	8%	4%	
9	9671	43%	5%	14%	11%	5%	4%	3%	11%	5%	
	6152	37%	8%	22%	13%	4%	3%	2%	6%	4%	
Studying	2464	32%	8%	26%	20%	4%	2%	1%	3%	4%	
sehold composition	4566	56%	6%	13%	10%	3%	2%	2%	5%	3%	
	7903	49%	5%	14%	10%	4%	4%	2%	7%	5%	
	4615	41%	7%	17%	11%	5%	3%	3%	9%	4%	
	7598	37%	6%	18%	13%	5%	3%	2%	10%	5%	
e of birth reyed country	23146	45%	6%	16%	11%	4%	3%	2%	8%	4%	
reyed country	627	45%	6%	15%	11%	4% 5%	3%	2%	7%	6%	
ppe outside EU	336	37%	6%	15%	8%	5%	4%	4%	10%	10%	
side Europe	535	43%	5%	19%	10%	3%	3%	1%	11%	4%	
ents' birth	21071	4/0/	404	1404	140/	401	201	201	001	4%	
orn country ountry EU	21871 817	46% 39%	6% 8%	16% 18%	11% 12%	4% 4%	3% 4%	2% 1%	8% 9%	4% 4%	
l l	768	42%	6%	12%	9%	6%	4%	4%	8%	9%	
east 1 outside EU	1185	38%	6%	18%	14%	4%	3%	2%	9%	7%	
t-Right scale		,		400:		45:		00:	20.		
4) Left 6) Centre	6422 8105	42% 43%	7% 6%	18% 16%	13% 11%	4% 5%	3% 4%	2% 2%	7% 9%	3% 4%	
0) Right	4322	43%	6%	16%	12%	4%	4%	3%	8%	4%	
pondent occupation scale											
- employed	1995	35%	8%	16%	10%	5%	4%	3%	14%	6%	
nagers er white collars	2653	34%	7%	26%	17%	3%	3%	1%	4%	5%	
r white collars ual workers	2924 5030	43% 33%	8% 5%	19% 14%	12% 11%	4% 6%	3% 5%	3% 3%	5% 19%	3% 5%	
se persons	2485	58%	5%	13%	7%	4%	2%	1%	3%	6%	
mployed	1275	47%	6%	16%	10%	6%	2%	2%	7%	4%	
red	5855	65%	4%	8%	7%	4%	3%	2%	4%	4%	
lents jective urbanisation	2464	32%	8%	26%	20%	4%	2%	1%	3%	4%	
l village	8062	43%	5%	14%	10%	5%	4%	3%	10%	5%	
III/ mid size town	10428	47%	6%	15%	12%	4%	3%	2%	7%	4%	
ge town	6157	44%	7%	18%	11%	4%	3%	2%	6%	5%	
s than 55 kg	2090	51%	7%	17%	10%	3%	2%	2%	4%	5%	
s than 55 kg m 55 to 74 kg	2090 11467	51% 47%	7% 6%	17% 16%	10% 11%	3% 5%	2% 3%	2% 2%	4% 6%	5% 4%	
m 75 to 89 kg	7010	41%	5%	16%	12%	5%	4%	3%	10%	4%	
kg and more	2778	40%	6%	14%	10%	5%	5%	3%	12%	4%	
ur current weight is ?	0.115			4504	4001	404			201		
high low	9415 1326	48% 43%	6% 5%	15% 14%	10% 10%	4% 5%	3% 5%	2% 3%	7% 10%	3% 5%	
out right	13608	43%	6%	16%	12%	4%	3%	2%	8%	5%	
alth in general											
od	18561	40%	6%	18%	12%	5%	4%	2%	8%	4%	
ther good nor bad	4630	56% 73%	6% 4%	11% 7%	8% 4%	4% 3%	3%	2%	6% 4%	4%	
	1393	13%	470	1 1/0	4 70	3%	1%	1%	4 /0	4%	

QD17 In the last 7 days, on how many days did you do moderate physical activity like carrying light loads, cycling at a normal pace or doubles tennis? Please do not include walking TOTAL UE25 EU25 24682 41% 6% 10% 8% 4% 8% 3% 18% 3% 2.5 1000 40% 9% 11% 8% 4% 7% 3% 18% 0% 2,5 CZ 1029 29% 9% 11% 10% 5% 9% 3% 18% 5% 2,8 DK 1031 27% 8% 13% 8% 4% 9% 3% 28% 2% 3.3 D-W 4% 27% 5% 9% 5% 11% 4% 1007 13% 23% 3,3 DE 1557 26% 5% 12% 10% 5% 11% 4% 24% 3% 3,3 D-F 550 24% 4% 12% 11% 6% 12% 10% 2% 3% 27% 1% 3,5 FF 6% 10% 4% 2% 3.5 1000 26% 9% 28% 10% 4% 3,3 1000 27% 4% 16% 10% 4% 25% ES 1025 5% 2% 6% 5% 1% 1% 10% 8% FR 1012 52% 9% 8% 5% 2% 15% 2% 2,0 1000 57% 6% 6% 5% 7% 2% 2% 1,7 8% 8% ΙE 1000 9% 4% 5% 2% 1,8 9% 11% 3% 4% CY 502 48% 6% 7% 9% 6% 3% 2% 18% 2,3 9% 1000 LV 29% 6% 8% 21% 3.0 1011 29% 4% 9% 8% 4% 8% 3% 28% 6% 3,4 501 1015 LU 42% 12% 12% 7% 10% 4% 5% 1% 16% 2% 2,2 4% 9% 2% 0% 3.0 HU 34% 5% 12% 25% MT 78% 3% 4% 2% 2% 1% 0,9 500 5% 5% 1031 13% 5% 10% 6% 7% 12% 4% 43% 0% 26% 32% 14% 7% AT 1002 7% 7% 14% 11% 9% 9% 6% 4% 5% 11% 3% 3% 2,9 2,9 1000 12% 20% PL PT 1000 3% 7% 6% 3% 4% 18% 3% 2,4 1030 24% 7% 12% 12% 6% 10% 2% 26% 1% 3,4 SK 1044 22% 12% 18% 12% 6% 8% 4% 13% 5% 2,8 2,7 1017 9% 5% 9% 2% 2% 34% 7% 14% 18% SE 1054 48% 13% 12% 7% 4% 6% 1% 9% 1,7 UK 1321 51% 7% 7% 11% 6% 3% 7% 2% 15% 2% 2,1 3,1 4% 7% 4% 9% BG 1004 33% 2% 25% 5% HR 1000 31% 5% 12% 4% 7% 4% 3,4 RO 1002 37% 2% 7% 8% 5% 9% 7% 24% 2% 3,2 TR 1005 50% 7% 3% 6% 6% 13% 3% 2% 4% 2% 1% 20% 3% 2,2 CY (tcc) 500 39% 10% 16% 12% Sex 11902 12780 38% 45% 11% 9% Male 7% 5% 9% 7% 5% 4% 9% 7% 3% 3% 16% 3% 3% 2,6 2,5 Female 19% 15-24 3765 34% 9% 12% 11% 6% 9% 2% 15% 3% 2,6 25-39 6550 40% 6% 11% 3% 7% 4% 9% 3% 17% 2.6 40-54 6308 6% 10% 4% 3% 20% 3% 2,7 8059 49% 4% 8% 7% 4% 5% 3% 17% Education (End of) 5992 51% 3% 7% 7% 4% 6% 3% 16% 3% 2,2 16-19 9671 39% 5% 9% 8% 4% 9% 4% 18% 3% 2,7 20+ 6152 38% 8% 12% 7% 4% 7% 2% 19% 2% 2,6 2,5 Still Studying 2464 33% 10% 13% 11% 5% 7% 2% 15% 3% 4566 49% 5% 8% 7% 4% 7% 7% 3% 16% 2% 2,2 42% 6% 10% 8% 4% 3% 17% 3% 2.5 7903 6% 4615 41% 10% 7% 5% 7% 4% 18% 3% 2.5 7598 36% 7% 11% 9% 4% 9% 3% 19% 3% 2.7 Place of birth 23146 Surveyed country 41% 6% 10% 8% 4% 8% 3% 17% 3% 2.5 EU 627 42% 6% 10% 6% 2% 8% 1% 23% 3% 2,6 Europe outside EU 336 535 34% 3% 7% 8% 8% 4% 11% 3% 21% 7% 3,0 44% 1% Outside Europe 8% 5% 3% 8% 19% 4% 2.5 Parents' birth 2 born country 21871 42% 6% 10% 8% 4% 8% 3% 1% 17% 3% 2,5 36% 8% 17% 2% 1 country EU 817 12% 10% 6% 8% 2.6 40% 10% 5% 2EU 768 8% 5% 5% 8% 1% 20% 2,6 At least 1 outside EU 1185 42% 5% 8% 7% 3% 8% 2% 19% 5% 2,6 Left-Right scale (1-4) Left 6422 41% 6% 10% 17% 2,5 8% 4% 8% 3% 2% 6% 4% 8% 3% 2% (5-6) Centre 2,6 (7-10) Right 4322 37% 7% 11% 9% 4% 8% 3% 18% 3% 2.7 Respondent occupation scale 4% 2,7 Self- employed 1995 38% 5% 10% 7% 5% 8% 4% 20% Managers 2653 34% 10% 14% 8% 5% 9% 3% 16% 2% 2,6 Other white collars 2924 42% 8% 12% 7% 4% 8% 3% 14% 2% 2,3 5% 4% 4% 5030 34% 9% 8% 5% 13% 19% 3,0 Manual workers 52% 5% 2% 5% 3% 3% 2,4 House persons 6% 21% 1275 5855 3% 2% 2,5 Unemployed 42% 6% 8% 12% 6% 3% 18% 51% 4% 2% 4% 4% 2% Retired 8% 7% 18% Students 2464 33% 10% 13% 11% 5% 2% 15% 3% Subjective urbanisation 3% Rural village 8062 40% 6% 9% 8% 4% 7% 3% 19% 2.7 Small/ mid size town 10428 42% 6% 9% 8% 4% 8% 3% 18% 2% 2,5 Large town 6157 42% 7% 11% 4% 7% 15% What is your weight? Less than 55 kg 2090 46% 7% 10% 7% 4% 6% 17% 1% 2,3 2% From 55 to 74 kg 11467 41% 10% 4% 19% 2% 2,6 From 75 to 89 kg 7010 2778 40% 6% 6% 10% 11% 9% 7% 4% 3% 8% 3% 4% 16% 3% 1% 2,5 40% 8% 19% 2,6 90 kg and more Your current weight is? Too high 9415 10% 17% 2,4 7% 7% 2% 2% Too low 1326 43% 7% 8% 8% 5% 2% 19% 2.5

4%

4% 4%

2%

8%

8%

6%

2%

3%

3% 3%

2%

18%

18%

17%

13%

3%

3% 2%

1%

2.6

2,6 2,3

1,5

6%

6% 5% 10%

10%

9%

4%

8%

8% 7%

5%

13608

18561

4630

1393

About right

Health in general

Good

Neither good nor bad

40%

38%

46%

67%

QD18 On days when you do moderate physical activities, how much time do you usually spend at it?

QD18 On days when you do moderate ph	ysical activities, how n	nuch time do you	usually spend at it?								
	TOTAL	Never	Less than 1 hour	1h - 1h59	1h - 2h59	1h - 3h59	1h - 4h59	1h - 5h59	6+ h	DK	Moyenne (min)/Average
UE25 EU25	24682	35%	10%	18%	13%	6%	4%	3%	6%	6%	(min)
BE SEE	1000	30%	14%	20%	14%	5%	5%	2%	7%	2%	
CZ	1029	27%	-	22%	17%	9%	6%	4%	9%	7%	
DK	1031	23%	23%	23%	11%	4%	5%	3%	5%	4%	
D-W DE	1007 1557	19% 19%	10% 9%	23% 22%	15% 16%	8% 8%	5% 5%	3% 4%	6% 7%	11% 10%	
D-E	550	19%	5%	20%	22%	9%	6%	4%	10%	6%	
EE	1000	21%	8%	16%	21%	9%	8%	3%	10%	3%	
L	1000	5%	13%	23%	31%	13%	6%	4%	6%	-	
S	1025	52%	4%	17%	9%	3%	1%	1%	4%	9%	
R E	1012 1000	42% 39%	14% 9%	19% 16%	11% 9%	4% 3%	3% 2%	2% 1%	3% 4%	3% 16%	
T T	1000	53%	7%	16%	9%	5%	3%	2%	3%	2%	
Y	502	45%	7%	13%	11%	8%	6%	4%	7%	0%	
V	1000	22%	6%	12%	14%	8%	7%	4%	13%	14%	
т	1011	26%	19%	13%	12%	7%	2%	4%	6%	11%	
U IU	501 1015	37% 30%	8% 12%	17% 17%	13% 16%	7% 9%	6% 5%	2% 3%	5% 8%	5% 1%	
NT	500	75%	10%	6%	5%	1%	1%	0%	2%	0%	
iL	1031	9%	15%	24%	16%	9%	7%	4%	13%	3%	
т	1002	28%	7%	17%	17%	12%	7%	4%	8%	-	
L	1000	25%	9%	19%	16%	8%	6%	4%	9%	5%	
T	1000	56%	10%	13%	9%	5%	2%	2%	3%		
il K	1030 1044	13% 17%	11%	24% 14%	20% 21%	9% 9%	6% 7%	5% 6%	10% 11%	2% 15%	
il	1044	17% 31%	14%	14% 24%	21% 13%	9% 6%	3%	6% 2%	11% 5%	15%	
SE.	1054	47%	17%	18%	9%	3%	2%	1%	2%	1%	
JK	1321	39%	10%	15%	10%	5%	4%	3%	6%	9%	
3G	1004	12%	6%	14%	19%	7%	7%	3%	6%	25%	
IR RO	1000 1002	32% 45%	-	14%	15% 16%	9% 6%	6% 7%	4% 4%	14% 9%	4% 2%	
RO 'R	1002 1005	45% 44%	9%	11% 14%	16% 10%	6% 5%	7% 3%	4% 2%	9% 5%	2% 8%	
CY (tcc)	500	39%	13%	13%	10%	3%	1%	0%	3%	18%	
Sex											
Male	11902	30%	9%	19%	14%	7%	4%	3%	7%	6%	
emale	12780	38%	10%	18%	12%	6%	3%	2%	5%	5%	
Age 5-24	3765	26%	14%	23%	15%	6%	3%	2%	6%	5%	
5-24 25-39	6550	31%	9%	18%	13%	7%	4%	3%	8%	6%	
10-54	6308	31%	9%	19%	13%	6%	5%	3%	6%	6%	
55 +	8059	44%	8%	15%	12%	6%	4%	2%	4%	5%	
Education (End of)											
15	5992	46%	8%	13%	11%	6%	4%	2%	5%	6%	
16-19 20+	9671 6152	32% 30%	8% 13%	18% 23%	14% 13%	7% 6%	4% 3%	3% 3%	8% 5%	6% 5%	
Still Studying	2464	27%	16%	25%	15%	6%	4%	1%	3%	5%	
Household composition											
l	4566	43%	11%	17%	11%	6%	3%	2%	4%	4%	
2	7903	36%	9%	17%	13%	6%	4%	3%	5%	7%	
3 1±	4615 7598	34% 28%	10% 10%	18% 20%	13% 14%	6% 7%	4% 4%	2% 3%	6% 8%	5% 7%	
Place of birth	7070	2070	1070	2070	1470	7,0	470	5,0	0,0	7,0	
Surveyed country	23146	35%	10%	18%	13%	6%	4%	3%	6%	6%	
EU	627	33%	11%	21%	12%	5%	5%	1%	5%	7%	
Europe outside EU Dutside Europe	336 535	30% 31%	5% 10%	19% 20%	13% 16%	6% 4%	5% 3%	4% 2%	5% 6%	13% 9%	
Parents' birth	555	3170	1076	20%	10%	4 70	370	270	070	970	
2 born country	21871	35%	9%	18%	13%	6%	4%	3%	6%	5%	
country EU	817	29%	14%	20%	14%	7%	2%	3%	5%	6%	
EU	768	31%	11%	20%	12%	5%	4%	2%	5%	9%	
At least 1 outside EU	1185	31%	11%	18%	15%	4%	3%	2%	6%	9%	
.eft-Right scale 1-4) Left	6422	34%	11%	21%	13%	6%	3%	3%	5%	4%	
5-6) Centre	8105	32%	11%	18%	13%	7%	4%	3%	7%	5%	
7-10) Right	4322	30%	9%	20%	14%	7%	5%	3%	6%	5%	
Respondent occupation scale				407	40.00		,-:	47:			
Self- employed	1995 2653	30% 26%	7% 13%	19% 25%	13% 14%	6% 5%	4% 4%	4% 2%	11% 5%	7% 6%	
Managers Other white collars	2653 2924	26% 34%	13%	25%	14%	5% 6%	4%	2%	6%	6% 5%	
Janual workers	5030	28%	7%	16%	15%	7%	4% 5%	5%	10%	7%	
louse persons	2485	44%	10%	14%	11%	5%	4%	2%	4%	7%	
Inemployed	1275	35%	11%	19%	13%	8%	3%	2%	4%	6%	
Retired	5855	46%	8%	15%	11%	6%	4%	2%	3%	5%	
Students Subjective urbanisation	2464	27%	16%	25%	15%	6%	4%	1%	3%	5%	
Rural village	8062	32%	8%	17%	13%	8%	5%	3%	7%	7%	
Small/ mid size town	10428	36%	10%	18%	13%	5%	4%	3%	5%	5%	
arge town	6157	35%	11%	20%	13%	6%	3%	2%	5%	5%	
What is your weight?	0		2	04.7	40.00			951			
ess than 55 kg	2090 11467	37% 35%	11% 10%	21% 19%	13% 13%	5% 6%	3% 4%	2% 2%	4% 6%	4% 5%	
rom 55 to 74 kg rom 75 to 89 kg	11467 7010	35% 33%	10% 9%	19% 18%	13% 13%	6% 7%	4% 4%	2% 3%	6% 7%	5% 6%	
0 kg and more	2778	33%	8%	17%	14%	6%	6%	4%	7%	4%	
our current weight is ?											
oo high	9415	36%	11%	18%	12%	6%	4%	3%	6%	4%	
oo low	1326	35%	9%	18%	12%	7%	5%	4%	6%	4%	
About right	13608	33%	9%	19%	14%	6%	4%	3%	6%	7%	
Health in general Good	18561	31%	10%	19%	14%	7%	4%	3%	6%	6%	
Jood Veither good nor bad	4630	40%	9%	16%	14%	1% 6%	4% 4%	3% 3%	6% 5%	6% 5%	
Bad	1393	62%	6%	11%	6%	4%	3%	1%	3%	4%	

OD19 In the last 7 days, on how many days did you walk for at least 10 minutes at a time?

	ays did you walk for at I TOTAL	None	1	2	3	4	5	6	7	DK	Average
E25 EU25	24682	14%	5%	7%	7%	5%	9%	4%	46%	3%	4,6
	1000	23%	10%	10%	8%	5%	6%	3%	34%	0%	3,6
Z	1029	10%	3%	6%	7%	5%	12%	4%	49%	5%	5,1
K	1031	13%	5%	8%	6%	5%	6%	2%	53%	2%	4,8
-W	1007	8%	4%	7%	7%	6%	12%	4%	49%	3%	5,0
E	1557	8%	4%	7%	7%	6%	12%	4%	50%	3%	5,1
-Е	550	10%	3%	5%	5%	5%	11%	3%	57%	1%	5,3
	1000	8%	4%	6%	5%	3%	9%	3%	61%	1%	5,4
-	1000	20%	3%	9%	10%	6%	11%	3%	38%	0%	4,2
S	1025	17%	2%	4%	5%	3%	7%	3%	50%	10%	4,8
₹	1012	15%	8%	7%	8%	4%	7%	2%	48%	1%	4,5
	1000	21%	3%	8%	8%	9%	12%	5%	33%	1%	4,0
	1000	22%	5%	7%	11%	6%	9%	5%	32%	2%	3,9
Y	502	40%	8%	10%	8%	5%	5%	2%	23%	-	2,7
<i>I</i> T	1000	15%	5%	8%	5%	3%	7%	3%	50%	4%	4,7
	1011	14%	3%	5%	5%	4%	10%	3%	51%	5%	4,9
J 	501	15%	7% 4%	12%	8% 8%	8%	6%	2%	40% 47%	1%	4,2
U T	1015	14%		7%		4%	13%	4%		0%	4,7
ı	500	32%	5%	8%	9%	5%	4% 9%	2%	34%	-	3,4
L	1031	8%	5%	8%	6%	4% 7%		3%	58%	1%	5,2
Г	1002	18% 13%	6% 8%	10%	10%	7% 3%	13%	6% 4%	27%	3% 2%	3,8
- F	1000	13% 21%	8% 2%	8%	5% 5%	3% 5%	8% 10%		48% 43%		4,6
	1000			5% 9%			10%	5%	43% 45%	2% 2%	4,4
	1030	13%	6%		8%	5%		3%			4,5
(1044	5% 12%	3% 6%	8% 9%	7% 9%	5% 7%	12% 10%	6% 3%	49% 44%	4% 2%	5,2
<u> </u>	1017 1054	12%	6% 7%	10%	9% 11%	7% 8%	9%	3% 3%	44%	2% 0%	4,5 4.4
K	1054	12%	7% 5%	10%	6%	6%	9% 8%	3% 4%	41%	0% 2%	4,4 4,8
3	1321 1004	12% 6%	5% 2%	6% 5%	6% 3%	6% 2%	8% 10%	4% 6%	49% 64%	2% 3%	4,8 5,7
3	1004	20%	2% 6%	5% 8%	3% 6%	2% 4%	7%	6% 3%	44%	3% 1%	
х Э	1000	13%	2%	8% 6%	6%	4% 4%	10%	3% 7%	44% 52%	1%	4,2
R	1002 1005	13% 14%	2% 3%	6% 6%	6% 8%	4% 4%	10% 6%	7% 2%	52% 52%	1% 5%	5,0 4,9
Y (tcc)	1005 500	14% 18%	3% 8%	6% 10%	8% 12%	4% 9%	6% 7%	2% 2%	52% 26%	5% 9%	4,9 3,6
ex	300	10 /0	0 /0	1070	12 /0	7/0	170	2 /0	2070	7 /0	3,0
ex Iale	11902	15%	5%	7%	7%	4%	9%	4%	46%	3%	4,6
emale	12780	15%	5% 5%	7%	8%	4% 6%	9%	4%	45%	3%	4,6
ge	12700	1470	370	7 70	070	070	770	470	4370	370	4,0
5-24	3765	11%	4%	6%	6%	5%	11%	4%	50%	2%	5,0
5-39	6550	14%	6%	7%	7%	5%	10%	4%	44%	3%	4.6
0-54	6308	14%	6%	7%	7%	5%	10%	4%	44%	3%	4.6
5 +	8059	16%	4%	7%	8%	5%	7%	3%	46%	2%	4.5
ducation (End of)	0007	1070	470	7,0	0,0	0,0	770	570	4070	270	1,0
5	5992	20%	4%	7%	8%	5%	8%	3%	41%	3%	4,3
6-19	9671	14%	5%	7%	7%	5%	9%	4%	46%	2%	4,6
0+	6152	12%	6%	7%	7%	5%	10%	3%	48%	2%	4,8
till Studying	2464	9%	4%	6%	7%	5%	12%	4%	51%	3%	5.1
lousehold composition											
•	4566	15%	5%	6%	8%	5%	9%	3%	47%	2%	4,6
	7903	14%	5%	7%	8%	5%	8%	4%	46%	3%	4,6
	4615	15%	5%	6%	6%	5%	11%	3%	45%	3%	4,6
+	7598	13%	6%	7%	7%	5%	10%	4%	45%	3%	4,6
lace of birth											
urveyed country	23146	14%	5%	7%	7%	5%	9%	4%	45%	3%	4,6
U											
	627	13%	2%	5%	9%	5%	9%	3%	50%	3%	4,9
urope outside EU	336	13% 11%	2% 3%	7%	5%	7%	7%	4%	50%	3% 4%	4,9 5,0
utside Europe		13%	2%							3%	4,9
utside Europe arents' birth	336 535	13% 11% 12%	2% 3% 3%	7% 8%	5% 5%	7% 3%	7% 10%	4% 5%	50% 49%	3% 4% 5%	4,9 5,0 5,0
utside Europe arents' birth born country	336 535 21871	13% 11% 12%	2% 3% 3% 5%	7% 8% 7%	5% 5% 7%	7% 3% 5%	7% 10% 9%	4% 5% 4%	50% 49% 45%	3% 4% 5%	4,9 5,0 5,0 4,6
utside Europe arents' birth born country country EU	336 535 21871 817	13% 11% 12% 15% 9%	2% 3% 3% 3% 5%	7% 8% 7% 8%	5% 5% 7% 8%	7% 3% 5% 4%	7% 10% 9% 9%	4% 5% 4% 5%	50% 49% 45% 49%	3% 4% 5% 3% 3%	4,9 5,0 5,0 4,6 4,9
utside Europe arents' birth born country country EU EU	336 535 21871 817 768	13% 11% 12% 15% 9% 15%	2% 3% 3% 3% 5% 5% 3%	7% 8% 7% 8% 6%	5% 5% 5% 7% 8% 7%	7% 3% 5% 4% 6%	7% 10% 9% 9% 6%	4% 5% 4% 5% 2%	50% 49% 45% 49% 52%	3% 4% 5% 3% 3% 4%	4,9 5,0 5,0 4,6 4,9 4,8
urope outside EU utside Europe arents' birth born country country EU EU tt least 1 outside EU	336 535 21871 817	13% 11% 12% 15% 9%	2% 3% 3% 3% 5%	7% 8% 7% 8%	5% 5% 7% 8%	7% 3% 5% 4%	7% 10% 9% 9%	4% 5% 4% 5%	50% 49% 45% 49%	3% 4% 5% 3% 3%	4,9 5,0 5,0 4,6 4,9
iutside Europe arents' birth born country country EU EU t least 1 outside EU eft-Right scale	336 535 21871 817 768 1185	13% 11% 12% 15% 9% 15% 11%	2% 3% 3% 5% 5% 5% 3% 3%	7% 8% 7% 8% 6% 7%	5% 5% 7% 8% 7% 6%	7% 3% 5% 4% 6% 5%	7% 10% 9% 9% 6% 8%	4% 5% 4% 5% 2% 5%	50% 49% 45% 45% 52% 48%	3% 4% 5% 3% 3% 4% 5%	4,9 5,0 5,0 4,6 4,9 4,8 4,9
utside Europe arents' birth born country country EU EU t least 1 outside EU eft-Right scale	336 535 21871 817 768 1185	13% 11% 12% 15% 9% 15% 11%	2% 3% 3% 5% 5% 3% 3%	7% 8% 7% 8% 6% 7%	5% 5% 5% 7% 8% 7% 6%	7% 3% 5% 4% 6% 5%	7% 10% 9% 9% 6% 8%	4% 5% 4% 5% 2% 5%	50% 49% 45% 49% 52% 48%	3% 4% 5% 3% 3% 4% 5%	4,9 5,0 5,0 4,6 4,9 4,8 4,9
utside Europe arents' birth born country country EU EU tiess 1 outside EU ett-Right scale 1-4) Left 5-6) Centre	336 535 21871 817 768 1185	13% 11% 12% 15% 9% 15% 11%	2% 3% 3% 5% 5% 33% 3%	7% 8% 7% 8% 6% 7%	5% 5% 7% 8% 7% 6%	7% 3% 5% 4% 6% 5%	7% 10% 9% 9% 6% 8% 9%	4% 5% 4% 5% 2% 5% 4% 3%	50% 49% 45% 49% 52% 48% 47%	3% 4% 5% 3% 3% 4% 5% 3%	4,9 5,0 5,0 4,6 4,9 4,8 4,9
utside Europe arents' birth born country country EU EU t least 1 outside EU eft.Right scale 1-4) Left 5-6) Centre 7-10) Right	336 535 21871 817 768 1185	13% 11% 12% 15% 9% 15% 11%	2% 3% 3% 5% 5% 3% 3%	7% 8% 7% 8% 6% 7%	5% 5% 5% 7% 8% 7% 6%	7% 3% 5% 4% 6% 5%	7% 10% 9% 9% 6% 8%	4% 5% 4% 5% 2% 5%	50% 49% 45% 49% 52% 48%	3% 4% 5% 3% 3% 4% 5%	4,9 5,0 5,0 4,6 4,9 4,8 4,9
utside Europe arents' blirth born country Country EU EU L teast 1 outside EU etf-Right scale -4) Left -6) Centre -10) Right espondent occupation scale	336 535 21871 817 768 1185 6422 8105 4322	13% 11% 12% 15% 9% 15% 11% 14% 13%	2% 3% 3% 5% 5% 3% 3% 5% 6%	7% 8% 7% 8% 6% 7% 6% 7%	5% 5% 7% 8% 7% 6% 8% 7% 6%	7% 3% 5% 4% 6% 5% 5% 5%	7% 10% 9% 9% 6% 8% 9% 10% 9%	4% 5% 4% 5% 2% 5% 4% 3% 3%	50% 49% 45% 49% 52% 48% 47% 47% 45%	3% 4% 5% 3% 4% 5% 3% 4% 5%	4,9 5,0 5,0 4,6 4,9 4,8 4,9 4,7 4,7 4,7
utside Europe arents' birth born country country EU EU Et least 1 outside EU eff-Right scale 1-4) Leff 6-6) Centre 1-10) Right espondent occupation scale elf-employed	336 535 21871 817 768 1185 6422 8105 4322	13% 11% 12% 15% 9% 15% 11% 14% 13% 13%	2% 3% 3% 5% 5% 3% 3% 5% 6% 6%	7% 8% 7% 8% 6% 7% 6% 7% 9%	5% 5% 5% 7% 8% 7% 6% 8% 7% 6%	7% 3% 5% 4% 6% 5% 5% 5%	7% 10% 9% 6% 8% 9% 10% 9%	4% 5% 4% 5% 2% 5% 4% 3% 3% 3%	50% 49% 45% 49% 52% 48% 47% 47% 45%	3% 4% 5% 3% 3% 4% 5% 3% 2% 3%	4,9 5,0 5,0 4,6 4,9 4,8 4,9 4,7 4,7 4,6
utside Europe arents' blirth born country EU EU EU EL t least 1 outside EU eff-Right scale -4) Left -6) Centre -10) Right espondent occupation scale elf- employed anagers	336 535 21871 817 768 1185 6422 8105 4322 1995 2653	13% 11% 12% 15% 9% 15% 11% 14% 13% 13%	2% 3% 3% 5% 5% 3% 3% 5% 6% 6%	7% 8% 7% 8% 6% 7% 6% 7% 9%	5% 5% 7% 8% 7% 6% 8% 7% 6%	7% 3% 5% 4% 6% 5% 5% 6% 6%	7% 10% 9% 9% 6% 8% 10% 9%	4% 5% 4% 5% 2% 5% 4% 3% 3%	50% 49% 45% 49% 52% 48% 47% 47% 45%	3% 4% 5% 3% 3% 3% 4% 5% 3% 2%	4,9 5,0 5,0 4,6 4,9 4,8 4,9 4,7 4,7 4,6
utside Europe arents' blirth born country country EU E	336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924	13% 11% 12% 15% 9% 15% 11% 14% 13% 13%	2% 3% 3% 5% 5% 5% 3% 3% 3% 6% 6%	7% 8% 7% 8% 6% 7% 6% 7% 9%	5% 5% 7% 8% 7% 6% 8% 7% 6%	7% 3% 5% 4% 6% 5% 5% 6% 4% 6% 6%	7% 10% 9% 9% 6% 8% 10% 9% 12% 9%	4% 5% 4% 5% 2% 5% 4% 3% 3% 3% 3%	50% 49% 45% 49% 52% 48% 47% 45% 43% 43% 43%	3% 4% 5% 3% 4% 5% 3% 4% 5% 4% 2% 3%	4,9 5,0 5,0 4,6 4,9 4,8 4,9 4,7 4,7 4,6 4,7 4,7
utside Europe arents' blirth born country country EU EU EU EU Experiment Country Experime	336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030	13% 11% 12% 15% 9% 15% 11% 14% 13% 13% 10% 15% 16%	2% 3% 3% 5% 5% 5% 6% 6% 6% 6% 4%	7% 8% 6% 6% 7% 68 9% 8% 9%	5% 5% 5% 7% 8% 7% 6% 8% 6% 8% 6%	7% 3% 5% 4% 6% 5% 6% 4% 6% 4%	7% 10% 9% 9% 6% 8% 10% 9% 10% 8% 12% 9% 10%	4% 5% 4% 5% 2% 5% 4% 3% 3% 5% 3% 44%	50% 49% 45% 49% 52% 48% 47% 45% 43% 44% 43% 44% 43%	3% 4% 5% 3% 3% 4% 5% 3% 4% 5% 4% 2% 3% 4% 3% 4% 3%	4,9 5,0 5,0 4,6 4,9 4,8 4,9 4,7 4,7 4,7 4,6
utside Europe arents' birth born country country EU EU EU EU E t least 1 outside EU eff-Right scale 1-4) Left 5-6) Centre 7-10) Right espondent occupation scale elf- employed anagers lanual workers ouse persons	336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485	13% 11% 12% 15% 9% 15% 11% 14% 13% 13%	2% 3% 3% 5% 5% 5% 3% 3% 6% 6% 6% 6%	7% 8% 7% 8% 6% 7% 6% 7% 9% 8% 8%	5% 5% 7% 8% 7% 6% 8% 7% 6% 8% 6%	7% 3% 5% 4% 6% 5% 5% 6% 4% 4% 6% 4% 7%	7% 10% 9% 9% 6% 8% 9% 10% 9% 10% 9% 10% 8%	4% 5% 4% 5% 2% 5% 4% 3% 3% 3% 5% 4% 4%	50% 49% 45% 49% 52% 48% 47% 45% 43% 44% 43% 40% 42%	3% 4% 5% 3% 3% 4% 5% 3% 4% 5% 3% 3% 4% 4%	4,9 5,0 5,0 4,6 4,9 4,8 4,9 4,7 4,7 4,6 4,4 4,4 4,6 4,4 4,4 4,6 4,5
utside Europe arents' birth born country country EU EU EU EU E-0 Exemple Service E-0 Exemple Service E-0 Exemple E-0 Exemple E-10) Right E-10) Right E-10	336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275	13% 11% 12% 15% 9% 15% 11% 14% 13% 13% 10% 15% 10% 15% 16% 15%	2% 3% 3% 5% 5% 5% 6% 6% 6% 6% 6%	7% 8% 8% 6% 7% 66% 7% 8% 8% 8%	5% 5% 7% 8% 7% 6% 8% 7% 6% 7% 8% 6% 8% 6%	7% 3% 5% 4% 6% 5% 5% 6% 6% 4% 6% 4% 4%	7% 10% 9% 9% 6% 8% 12% 9% 10% 8% 9% 9%	4% 5% 4% 5% 2% 5% 4% 3% 3% 3% 3% 4% 4% 4%	50% 49% 45% 49% 52% 48% 47% 47% 45% 43% 43% 40% 42% 50%	3% 4% 5% 3% 3% 4% 5% 3% 4% 2% 3% 4% 2% 4% 2%	4,9 5,0 5,0 4,6 4,9 4,8 4,9 4,7 4,7 4,6 4,4 4,4 4,6 4,5 4,8
utside Europe arents' birth born country country EU EU EU EU EU E1 (ass 1 outside EU eff-Right scale 1-4) Left -6-0 Centre 7-10) Right espondent occupation scale elf- employed lanagers lanual workers ouse persons nemployed eitred	336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5885	13% 11% 12% 15% 9% 15% 11% 14% 13% 13% 10% 15% 16% 15% 15%	2% 3% 3% 5% 5% 3% 3% 5% 6% 6% 6% 4% 5% 6%	7% 8% 7% 8% 6% 7% 6% 7% 9% 8% 6% 8% 6% 8%	5% 5% 7% 8% 7% 6% 8% 7% 6% 8% 6% 8% 5% 9%	7% 3% 5% 4% 6% 5% 5% 6% 4% 4% 6% 4% 6% 4% 5%	7% 10% 9% 9% 6% 8% 9% 10% 9% 10% 9% 12% 9% 10% 8% 9% 10% 8% 9% 10% 8% 9% 7%	4% 5% 4% 5% 2% 5% 4% 3% 3% 4% 4% 4% 3%%	50% 49% 45% 49% 52% 48% 47% 45% 43% 44% 43% 44% 50% 60%	3% 4% 5% 3% 3% 4% 5% 3% 4% 2% 3% 3% 4% 2% 2%	4.9 5.0 5.0 5.0 4.6 4.9 4.8 4.9 4.7 4.7 4.6 4.7 4.4 4.6 4.5 4.8
utside Europe arents' blirth born country country EU EU EU EU Exercited State	336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275	13% 11% 12% 15% 9% 15% 11% 14% 13% 13% 10% 15% 10% 15% 16% 15%	2% 3% 3% 5% 5% 5% 6% 6% 6% 6% 6%	7% 8% 8% 6% 7% 66% 7% 8% 8% 8%	5% 5% 7% 8% 7% 6% 8% 7% 6% 7% 8% 6% 8% 6%	7% 3% 5% 4% 6% 5% 5% 6% 6% 4% 6% 4% 4%	7% 10% 9% 9% 6% 8% 12% 9% 10% 8% 9% 9%	4% 5% 4% 5% 2% 5% 4% 3% 3% 3% 3% 4% 4% 4%	50% 49% 45% 49% 52% 48% 47% 47% 45% 43% 43% 40% 42% 50%	3% 4% 5% 3% 3% 4% 5% 3% 4% 2% 3% 4% 2% 4% 2%	4,9 5,0 5,0 4,6 4,9 4,8 4,9 4,7 4,7 4,6 4,4 4,4 4,6 4,5 4,8
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QD20 On days when you walk for at least 10 minutes at a time, how much time do you usually spend walking?

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Managers 2653 9%	44%	24%	9%	3%	2%	1%	2%	6%	
Other white collars 2924 15% Manual workers 5030 14%	40% 33%	23% 24%	8% 9%	3% 4%	2% 3%	1% 2%	2% 5%	6% 7%	
House persons 2485 12%	32%	29%	9%	3%	3%	2%	2%	7%	
Unemployed 1275 10%	41%	27%	8%	4%	1%	1%	2%	6%	
Retired 5855 15%	36%	28%	9%	3%	1%	1%	2%	5%	
Students 2464 9%	46%	23%	8%	4%	2%	1%	1%	6%	
Subjective urbanisation Rural village 8062 14%	37%	24%	8%	3%	2%	1%	3%	8%	
Small/ mid size town 10428 14%	37%	26%	9%	3%	2%	1%	3%	5%	
Large town 6157 11%	41%	25%	9%	3%	2%	1%	2%	6%	
What is your weight?	200/	2/0/	100/	20/	204	207	104	FO	
Less than 55 kg 2090 12% From 55 to 74 kg 11467 12%	39% 38%	26% 26%	10% 9%	3% 3%	2% 2%	2% 1%	1% 2%	5% 6%	
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Too high 9415 12% Too low 1326 12%	38% 39%	24% 26%	8% 9%	3% 3%	2% 4%	1% 1%	2% 3%	5% 5%	
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Neither good nor bad 4630 14%	38% 39% 41% 36% 36%	26%	9%	2%	2%	1%	2%	7% 4%	
Bad 1393 27%	38% 39% 41% 36% 36%	26% 26% 19%	6%	2%	1%	1%	3%		

QD21 How much time do you spend sitting on usual day? This may include time spent at a desk, visiting friends, reading, studying or watching television.

		TOTAL	Never	Less than 1 hour	1h - 3h59	4h - 7h59	8h - 9h59	10h - 12h59	13+ h	DK	Moyenne (min)/Average (min)
22	UE25 EU25										(11111)
Σα				1%							
Series (1977)				0%							
AL COLOR 1900		1007	-	-	23%	43%	11%	10%	1%	11%	
E C			-	-							
L)-E	550	- 00/	10/	31%	42%	13%	8%	1%	5%	
Residual (1002 176 296 296 406 406 496 196 196 296 296 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 406 4			-								
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students 2464 2% 1% 11% 39% 24% 18% 2% 3% uutal village 8062 2% 1% 33% 39% 10% 8% 1% 7% mail/ mid size town 6157 2% 1% 29% 42% 10% 9% 1% 5% arge town 6157 2% 1% 24% 39% 14% 11% 2% 7% Visit at your weight ? 2 2 1% 31% 39% 11% 9% 1% 5% visit at your weight ? 2 2 1% 31% 39% 11% 9% 1% 5% visit at your weight ? 2 200 2% 1% 31% 39% 11% 9% 1% 6% visit at your weight ? 2 200 11% 11% 10% 9% 1% 6% visit at your we	tetired	5855	2%	1%	24%	49%	8%	8%	1%	7%	
kural village 8062 2% 1% 33% 39% 10% 8% 1% 7% mail/ mid size town 6157 2% 1% 29% 42% 10% 9% 1% 2% 7% Mat Is your weight ? 2 200 2% 1% 31% 39% 11% 9% 1% 5% corn 55 to 74 kg 11467 2% 1% 31% 39% 41% 11% 8% 19% 5% rom 75 to 78 kg 7010 2% 1% 28% 42% 11% 10% 1% 5% o 10 ga and more 2778 1% 1% 29% 42% 11% 10% 1% 5% o 10 grad more 278 1% 29% 42% 11% 10% 2% 4% our current weight is ? 7 42% 42% 11% 10% 2% 5% oo log 9415 1% 29% 42% 11% 10% 2% 5% oo low 1326 2% 1% 29% 40% 11% 10% 2% 5% stoot right 13608 3% 1% 29% 40% 11%<	Students	2464	2%	1%	11%	39%	24%	18%	2%	3%	
imall/ mild size town 10428 2% 1% 29% 42% 10% 9% 1% 5% 7% 1% 5% arge town 6157 2% 1% 29% 39% 14% 11% 2% 7% 7% 11% 5% 11% 2% 7% 11% 5% 11% 2% 7% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 11% 5% 5% 11% 5% 11% 5% 11% 5% 5% 11% 5% 11% 5% 11% 5% 5% 11% 5% 11% 5% 5% 11% 5% 11% 5% 5% 11% 5% 11% 5% 5% 11% 5% 11% 5% 5% 11% 5% 11% 5% 5% 11% 5% 11% 5% 5% 11% 5% 11% 5% 5% 11% 5% 5% 11% 5% 5% 11% 5% 5% 11% 5% 5% 11% 5% 5% 11% 5% 5% 11% 5% 5% 11% 5% 5% 5% 5% 5% 5% 5% 5% 5% 5% 5% 5% 5%		00/0	207	10/	2201	2004	100/	904	101	70/	
arge town 617 2% 1% 24% 39% 14% 11% 2% 7% 7% 7% 7% 7% 7% 7% 7% 7% 7% 7% 7% 7%											
What is your weight?											
ess than 55 kg 200 2% 1% 31% 39% 11% 9% 1% 5% 5% 10m 55 to 74 kg 1146 2% 1% 30% 41% 11% 11% 8% 1% 6% 1% 6% 10m 55 to 89 kg 7010 2% 1% 28% 42% 11% 10% 1% 5% 5% 04 kg and more 2778 1% 1% 28% 42% 11% 11% 11% 3% 4% 1% 10% 10% 10% 10% 10% 10% 10% 10% 10%		2107	2,0	.,0	2.70	2.70	. 470	,0		.,,	
ricm 55 to 74 kg 11467 2% 1% 30% 41% 11% 8% 1% 6% ricm 75 to 89 kg 7010 2% 1% 28% 42% 11% 10% 1% 5% 10 kg and more 2778 1% 1% 27% 42% 11% 11% 3% 4% Vour current weight is ? 10 kg and more 9415 1% 1% 29% 42% 11% 10% 2% 5% 10 kg by 1326 2% 1% 28% 37% 13% 14% 1% 5% 10 kg but right 13608 3% 1% 29% 40% 11% 8% 1% 5% Health in general 130d 18561 2% 1% 30% 41% 11% 9% 1% 6% 16ther good nor bad 4630 2% 1% 27% 41% 10% 9% 1% 6%	ess than 55 kg	2090	2%	1%	31%	39%	11%	9%	1%	5%	
90 kg and more 2778 1% 1% 27% 42% 11% 11% 3% 4% Cour current weight is ? You current weight is ? **** **** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** *** ***	rom 55 to 74 kg	11467	2%	1%	30%	41%	11%	8%	1%	6%	
Variety Vari	rom 75 to 89 kg	7010	2%	1%	28%	42%	11%	10%	1%	5%	
oo high 9415 1% 1% 29% 42% 11% 10% 2% 5% oo low 1326 2% 1% 28% 37% 13% 14% 1% 5% bout right 13608 3% 1% 29% 40% 11% 8% 1% 7% teath in general oo 1851 2% 1% 30% 41% 11% 9% 1% 6% leither good nor bad 4630 2% 1% 27% 41% 10% 9% 2% 7%		2778	1%	1%	27%	42%	11%	11%	3%	4%	
oo low 1326 2% 1% 28% 37% 13% 14% 1% 5% bout right 13608 3% 1% 29% 40% 11% 8% 1% 7% leath in general lead of 18561 2% 1% 30% 41% 11% 9% 1% 6% letter good on ribad 4630 2% 1% 27% 41% 10% 9% 2% 7%		9415	1%	1%	29%	42%	11%	10%	2%	5%	
bout right 13608 3% 1% 29% 40% 11% 8% 1% 7% tealth in general soid 18561 2% 1% 30% 41% 11% 9% 1% 6% leither good nor bad 4630 2% 1% 27% 41% 10% 9% 2% 7%											
lealth in general 30% 41% 11% 9% 1% 6% ielther good nor bad 4630 2% 1% 27% 41% 10% 9% 2% 7%	bout right										
Sood 18561 2% 1% 30% 41% 11% 9% 1% 6% leither good nor bad 4630 2% 1% 27% 41% 10% 9% 2% 7%	Health in general										
	Good	18561	2%	1%	30%	41%	11%	9%	1%	6%	
אינו אינו 17% אינו אינו 14% א											
	sau	1393	5%	1%	19%	39%	11%	14%	4%	1%	

QD22.1 In the last 7 days, how much physical activity did you get...?

QD22.1 In the last 7 days, how much phys	sical activity did you get?					
At work	TOTAL	A lot	Some	Little	None	DK
UE25 EU25	24682	19%	18%	14%	45%	4%
BE	1000	22%	16%	12%	41%	9%
CZ DK	1029 1031	19% 26%	24% 16%	20% 17%	35% 39%	3% 2%
D-W	1007	21%	15%	14%	47%	3%
DE	1557	22%	14%	14%	47%	3%
D-E	550	26%	10%	12%	49%	4%
EE EL	1000 1000	22% 15%	18% 17%	11% 12%	42% 55%	7% 1%
ES	1025	16%	14%	14%	53%	3%
FR	1012	18%	11%	7%	61%	3%
IE	1000	18%	22%	18%	31%	11%
IT CY	1000 502	10% 24%	24% 20%	17% 13%	46% 38%	3% 6%
LV	1000	20%	20%	21%	27%	13%
LT	1011	27%	27%	14%	27%	6%
LU	501	22%	16%	8%	50%	5%
HU MT	1015 500	25% 10%	17% 8%	7% 10%	43% 63%	8% 9%
NL NL	1031	27%	29%	22%	19%	3%
AT	1002	17%	26%	20%	35%	2%
PL	1000	27%	15%	14%	33%	11%
PT SI	1000 1030	14% 16%	25% 21%	13% 15%	42% 42%	6% 7%
SK	1044	25%	19%	13%	42% 39%	3%
FI	1017	13%	25%	21%	38%	3%
SE	1054	14%	19%	18%	42%	6%
UK BG	1321 1004	20% 14%	18% 23%	12% 14%	46% 42%	4% 7%
HR	1004 1000	14% 18%	23% 14%	14% 12%	42% 55%	7% 1%
RO	1002	17%	22%	13%	39%	9%
TR	1005	18%	15%	13%	49%	5%
CY (tcc) Sex	500	26%	21%	16%	35%	2%
Male	11902	23%	19%	15%	39%	4%
Female	12780	15%	16%	13%	51%	5%
Age						
15-24 25-39	3765 6550	20% 26%	21% 22%	15% 19%	39% 31%	5% 2%
40-54	6308	27%	22%	16%	33%	2% 2%
55 +	8059	7%	9%	7%	70%	7%
Education (End of)						
15 16-19	5992 9671	14% 26%	13% 18%	7% 13%	61% 39%	5% 4%
20+	6152	17%	21%	20%	40%	3%
Still Studying	2464	11%	18%	18%	44%	8%
Household composition						
1 2	4566 7903	13% 15%	12% 15%	12% 12%	58% 53%	5% 5%
3	4615	23%	22%	16%	37%	3%
4+	7598	24%	21%	16%	35%	4%
Place of birth						
Surveyed country EU	23146 627	19% 23%	18% 12%	14% 16%	46% 45%	4% 3%
Europe outside EU	336	25%	13%	8%	48%	5%
Outside Europe	535	29%	15%	14%	37%	5%
Parents' birth						
2 born country 1 country EU	21871 817	19% 18%	18% 23%	14% 15%	46% 41%	4% 4%
2EU	768	27%	14%	13%	43%	3%
At least 1 outside EU	1185	21%	16%	17%	41%	5%
Left-Right scale (1-4) Left	6422	19%	19%	15%	44%	3%
(1-4) Left (5-6) Centre	6422 8105	19% 21%	17%	13%	44% 45%	3%
(7-10) Right	4322	19%	17%	15%	44%	5%
Respondent occupation scale	4005	2424	0704	1001	0401	461
Self- employed Managers	1995 2653	31% 16%	27% 26%	19% 26%	21% 31%	1% 1%
Other white collars	2653 2924	16%	24%	28%	32%	1%
Manual workers	5030	49%	25%	11%	14%	0%
House persons	2485	5%	9%	7%	72%	7%
Unemployed Retired	1275 5855	9% 3%	10% 5%	9% 4%	66% 79%	7% 8%
Students	2464	11%	18%	18%	44%	8% 8%
Subjective urbanisation						
Rural village	8062 10428	22% 18%	18% 17%	13% 14%	44% 47%	4% 4%
Small/ mid size town Large town	10428 6157	18% 17%	17% 17%	14% 16%	47% 44%	4% 5%
What is your weight?						
Less than 55 kg	2090	15%	15%	14%	49%	6%
From 55 to 74 kg	11467	18%	17%	14%	46%	5%
From 75 to 89 kg 90 kg and more	7010 2778	20% 24%	18% 17%	14% 14%	43% 42%	4% 3%
Your current weight is ?			.770	1.470		370
Too high	9415	17%	16%	13%	50%	4%
Too low	1326	21%	17%	13%	44%	5%
About right Health in general	13608	20%	19%	14%	42%	4%
Good	18561	21%	19%	15%	41%	4%
Neither good nor bad	4630	14%	14%	12%	55%	6%
Bad	1393	5%	7%	9%	73%	6%

/hen moving from place to place	TOTAL	A lot	Some	Little	None	DK
E25 EU25	24682	22%	42%	25%	10%	1%
	1000	23%	42%	19%	15%	1%
	1029 1031	8% 36%	34% 36%	37% 25%	19% 3%	1% 1%
V	1007	30%	36% 43%	25%	3% 7%	0%
*	1557	32%	41%	20%	7%	0%
<u> </u>	550	39%	35%	19%	7%	0%
	1000	28%	43%	22%	6%	1%
	1000	8%	40%	43%	9%	0%
•	1025	13%	37%	36%	13%	1%
!	1012	26%	38%	16%	19%	1%
	1000 1000	16% 9%	46% 45%	32% 32%	5% 13%	2% 1%
•	502	19%	33%	28%	20%	0%
	1000	18%	39%	37%	5%	1%
ī	1011	25%	45%	17%	9%	4%
1	501	39%	36%	13%	11%	2%
_	1015	31%	50%	12%	5%	1%
Т	500	33%	29%	24%	12%	2%
L T	1031 1002	30% 8%	38% 44%	25% 30%	6% 17%	1% 1%
	1002	35%	43%	18%	3%	0%
	1000	20%	53%	20%	5%	1%
	1030	13%	51%	29%	7%	0%
(1044	22%	43%	24%	10%	2%
	1017	11%	50%	32%	7%	0%
E	1054	10%	38%	40%	11%	1%
K	1321	23%	43%	25%	7%	2%
G R	1004 1000	5% 18%	51% 42%	37% 26%	4% 13%	2% 1%
о О	1000	16%	47%	30%	5%	2%
₹	1002	22%	41%	25%	10%	2%
Y (tcc)	500	15%	40%	32%	14%	0%
ex						
lale	11902	22%	42%	25%	10%	1%
emale	12780	22%	41%	25%	11%	1%
ge						
5-24 5-39	3765 6550	27% 22%	45% 42%	21% 26%	6% 9%	1% 0%
D-54	6308	23%	42%	26%	10%	1%
5 +	8059	19%	40%	26%	14%	1%
ducation (End of)						
5	5992	19%	38%	28%	14%	1%
6-19	9671	24%	42%	24%	9%	1%
0+	6152	21%	43%	26%	9%	1%
till Studying	2464	27%	44%	22%	6%	1%
ousehold composition	4566	20%	40%	26%	13%	1%
	7903	21%	41%	26%	12%	1%
	4615	22%	44%	25%	8%	1%
+	7598	25%	42%	24%	8%	1%
lace of birth						
urveyed country	23146	22%	42%	25%	10%	1%
U 5	627	27%	39%	25%	8%	0%
urope outside EU	336	31%	40%	20%	6%	2% 1%
utside Europe arents' birth	535	20%	42%	31%	6%	170
born country	21871	22%	42%	25%	10%	1%
country EU	817	25%	41%	25%	8%	1%
EU	768	29%	40%	21%	10%	0%
t least 1 outside EU	1185	22%	43%	25%	9%	1%
eft-Right scale						
1-4) Left	6422 8105	22% 24%	42% 42%	26% 24%	10% 10%	0% 1%
i-6) Centre i-10) Right	8105 4322	24% 21%	42% 42%	24% 27%	10% 10%	1% 1%
espondent occupation scale	7522	2.70	7270	2.70	.570	170
elf- employed	1995	20%	44%	26%	9%	1%
anagers	2653	21%	44%	26%	10%	0%
ther white collars	2924	15%	42%	34%	9%	1%
anual workers	5030	28%	42%	21%	9%	0%
ouse persons	2485	23%	34%	29%	13%	2%
nemployed	1275	28%	42%	22%	8%	1%
etired tudents	5855 2464	19% 27%	41% 44%	25% 22%	14% 6%	1% 1%
ubjective urbanisation	2404	2170	4470	2270	0.00	170
ıral village	8062	22%	40%	25%	11%	1%
mall/ mid size town	10428	22%	42%	26%	10%	1%
rge town	6157	23%	42%	24%	9%	1%
hat is your weight?						
ess than 55 kg	2090	26%	41%	23%	9%	1%
om 55 to 74 kg	11467	22%	43%	24%	10%	1%
om 75 to 89 kg	7010	21%	41%	27%	10%	1%
) kg and more our current weight is ?	2778	22%	39%	27%	11%	1%
oo high	9415	20%	41%	26%	12%	1%
oo low	1326	27%	36%	28%	8%	1%
bout right	13608	23%	43%	24%	9%	1%
ealth in general						
ood either good nor bad	18561 4630	24% 19%	42% 41%	24% 27%	9% 12%	1% 1%

QD22.3 In the last 7 days, how much physical activity did you get...?

Work in and around your house (including	housework, gardening, general main	tenance, or caring for your family				
UE25 EU25	TOTAL 24682	A lot	Some 40%	Little 21%	None 10%	DK 1%
BE	24682 1000	27% 34%	40% 41%	21% 15%	10% 10%	1% 0%
CZ	1029	24%	41%	26%	9%	0%
DK	1031	26%	33%	29%	12%	1%
D-W	1007	37%	40%	16%	6%	0%
DE	1557	38%	40%	16%	6%	0%
D-E	550	43%	38%	16%	3%	0%
EE EL	1000 1000	19% 18%	48% 38%	23% 34%	9% 10%	0% 0%
ES	1025	14%	34%	34%	18%	1%
FR	1012	32%	41%	13%	14%	1%
IE	1000	23%	44%	25%	6%	2%
IT	1000	16%	39%	28%	15%	1%
CY	502	27%	32%	25%	16%	0%
LV	1000	17%	38%	38%	6%	1%
LT	1011	25%	51%	16%	6%	2%
LU HU	501 1015	46% 44%	31% 39%	12% 11%	10% 6%	1% 0%
MT	500	38%	25%	20%	16%	0%
NL	1031	35%	42%	18%	4%	0%
AT	1002	16%	52%	23%	9%	0%
PL	1000	28%	36%	22%	14%	0%
PT	1000	17%	46%	24%	12%	0%
SI	1030	24%	52%	20%	3%	0%
SK	1044	32%	39%	19%	8%	1%
FI	1017	12%	56%	27%	5%	0%
SE UK	1054	19%	41% 44%	29% 19%	10%	0%
BG	1321 1004	32% 15%	44% 53%	19% 23%	5% 8%	1% 1%
HR	1004	33%	38%	20%	8%	0%
RO	1002	28%	40%	23%	7%	2%
TR	1005	32%	29%	23%	14%	2%
CY (tcc)	500	34%	32%	20%	14%	0%
Sex						
Male	11902	19%	40%	27%	14%	1%
Female	12780	35%	41%	16%	7%	1%
Age 15-24	3765	17%	37%	29%	16%	0%
25-39	6550	29%	40%	21%	10%	0%
40-54	6308	30%	42%	20%	7%	1%
55 +	8059	29%	40%	19%	11%	1%
Education (End of)						
15	5992	27%	40%	20%	12%	1%
16-19	9671	33%	40%	19%	8%	1%
20+	6152 2464	26% 12%	42% 35%	22% 33%	9% 20%	0% 1%
Still Studying Household composition	2404	12%	35%	33%	20%	1%
1	4566	21%	41%	25%	12%	1%
2	7903	26%	43%	20%	10%	1%
3	4615	28%	40%	22%	10%	1%
4+	7598	32%	37%	21%	10%	0%
Place of birth						
Surveyed country	23146	27%	40%	21%	11%	1%
EU Europe outside EU	627 336	38% 30%	36% 44%	21% 14%	5% 12%	0% 0%
Outside Europe	535	25%	33%	32%	10%	0 %
Parents' birth	333	2576	3370	3270	1070	
2 born country						
1 country EU	21871	27%	40%	21%	11%	1%
	817	31%	41%	21%	7%	0%
2EU	817 768	31% 35%	41% 39%	21% 19%	7% 6%	0% 0%
2EU At least 1 outside EU	817	31%	41%	21%	7%	0%
2EU At least 1 outside EU Left-Right scale	817 768 1185	31% 35% 25%	41% 39% 40%	21% 19% 24%	7% 6% 11%	0% 0% 0%
2EU At least 1 outside EU Left-Right scale (1-4) Left	817 768 1185	31% 35% 25% 26%	41% 39% 40%	21% 19% 24%	7% 6% 11%	0% 0% 0%
2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre	817 768 1185 6422 8105	31% 35% 25% 26% 30%	41% 39% 40% 41% 41%	21% 19% 24% 23% 20%	7% 6% 11% 10% 9%	0% 0% 0% 0%
2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right	817 768 1185	31% 35% 25% 26%	41% 39% 40%	21% 19% 24%	7% 6% 11%	0% 0% 0%
2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale	817 768 1185 6422 8105	31% 35% 25% 26% 30%	41% 39% 40% 41% 41%	21% 19% 24% 23% 20%	7% 6% 11% 10% 9%	0% 0% 0% 0%
2EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self-employed Managers	817 768 1185 6422 8105 4322 1995 2653	31% 35% 25% 26% 30% 29% 25% 25%	41% 39% 40% 41% 41% 41% 41%	21% 19% 24% 23% 20% 20% 24%	7% 6% 11% 10% 9% 10% 8%	0% 0% 0% 0% 0% 0% 0%
2EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars	817 768 1185 6422 8105 4322 1995 2653 2924	31% 35% 25% 26% 30% 29% 25% 25% 22%	41% 39% 40% 41% 41% 41% 41% 42% 45%	21% 19% 24% 23% 20% 20% 24% 24% 23%	7% 6% 11% 10% 9% 10% 10% 8% 10%	0% 0% 0% 0% 0% 0% 0%
2EU At least 1 outside EU Left-Rijoht scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers	817 768 1185 6422 8105 4322 1995 2653 2924 5030	31% 35% 25% 26% 30% 29% 25% 22% 29%	41% 39% 40% 41% 41% 41% 41% 43% 45% 42%	21% 19% 24% 23% 20% 20% 24% 24% 23% 21%	7% 6% 11% 10% 9% 10% 8% 10% 8%	0% 0% 0% 0% 0% 0% 0% 0%
2EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self-employed Managers Other white collars Manual workers House persons	817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485	31% 35% 25% 26% 30% 29% 25% 25% 22% 29% 43%	41% 39% 40% 41% 41% 41% 45% 45% 42% 37%	21% 19% 24% 23% 20% 20% 24% 24% 23% 21%	7% 6% 11% 10% 9% 10% 10% 8% 10% 8%	0% 0% 0% 0% 0% 0% 0% 1% 0%
2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (2-10) Right Respondent occupation scale Self-employed Managers Other white collars Manual workers House persons Unemployed	817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275	31% 35% 25% 26% 30% 29% 25% 25% 22% 29% 43% 34%	41% 39% 40% 41% 41% 41% 43% 45% 42% 37% 37%	21% 19% 24% 23% 20% 20% 24% 24% 23% 21% 12% 21%	7% 6% 11% 10% 9% 10% 8% 10% 8% 8% 8%	0% 0% 0% 0% 0% 0% 0% 0% 1% 0%
2EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self-employed Managers Other white collars Manual workers House persons Unemployed Retired	817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855	31% 35% 25% 26% 30% 29% 25% 22% 29% 43% 34% 29%	41% 39% 40% 41% 41% 41% 45% 45% 42% 37% 37% 39%	21% 19% 24% 20% 20% 24% 24% 23% 21% 12% 21%	7% 6% 11% 10% 9% 10% 10% 8% 8% 8% 8%	0% 0% 0% 0% 0% 0% 0% 1% 0% 1% 0%
2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (2-10) Right Respondent occupation scale Self-employed Managers Other white collars Manual workers House persons Unemployed Retired Students	817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275	31% 35% 25% 26% 30% 29% 25% 25% 22% 29% 43% 34%	41% 39% 40% 41% 41% 41% 43% 45% 42% 37% 37%	21% 19% 24% 23% 20% 20% 24% 24% 23% 21% 12% 21%	7% 6% 11% 10% 9% 10% 8% 10% 8% 8% 8%	0% 0% 0% 0% 0% 0% 0% 0% 1% 0%
2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (2-10) Right Respondent occupation scale Self-employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village	817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464	31% 35% 25% 26% 30% 29% 25% 22% 29% 43% 34% 29%	41% 39% 40% 41% 41% 41% 45% 45% 42% 37% 37% 39% 35%	21% 19% 24% 23% 20% 20% 24% 24% 23% 21% 12% 12% 19% 33%	7% 6% 11% 10% 9% 10% 8% 10% 8% 8% 8% 8% 20%	0% 0% 0% 0% 0% 0% 0% 0% 1% 0% 1% 1%
2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (2-10) Right Respondent occupation scale Self-employed Managers Other white collars Manual workers House persons Unemployed Retired Students	817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428	31% 35% 25% 26% 30% 29% 25% 22% 29% 43% 34% 29% 12%	41% 39% 40% 41% 41% 41% 41% 45% 45% 42% 37% 39% 35% 40%	21% 19% 24% 23% 20% 20% 24% 24% 24% 21% 12% 21% 19% 33%	7% 6% 11% 10% 9% 10% 8% 10% 8% 8% 8% 8% 8% 12% 20%	0% 0% 0% 0% 0% 0% 0% 1% 0% 1% 0% 1%
2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Students Subjective urbanisation Rural village Small/ mid size town Large town	817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464	31% 35% 25% 26% 30% 29% 25% 25% 22% 29% 43% 34% 29% 12%	41% 39% 40% 41% 41% 41% 43% 45% 42% 37% 37% 35%	21% 19% 24% 23% 20% 20% 24% 24% 23% 21% 12% 12% 19% 33%	7% 6% 11% 10% 9% 10% 10% 8% 10% 8% 12% 20%	0% 0% 0% 0% 0% 0% 0% 0% 1% 0% 1% 1%
2EU At least 1 outside EU Left-Rijoht scale (1-4) Left (5-4) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight?	817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157	31% 35% 25% 26% 30% 29% 25% 22% 22% 29% 43% 34% 29% 12%	41% 39% 40% 41% 41% 41% 41% 45% 42% 37% 37% 39% 36% 40% 40%	21% 19% 24% 23% 20% 20% 24% 24% 24% 21% 12% 21% 19% 33%	7% 6% 11% 10% 9% 10% 8% 10% 8% 10% 8% 8% 11% 12%	0% 0% 0% 0% 0% 0% 0% 0% 0% 1% 0% 1% 0% 1% 0% 1% 1%
2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Students Students Students Rural village Small/ mid size town Large town What is your weight? Less than 55 kg	817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090	31% 35% 25% 26% 30% 29% 25% 25% 22% 29% 43% 34% 29% 12%	41% 39% 40% 41% 41% 41% 41% 42% 42% 37% 42% 37% 39% 36% 40% 40%	21% 19% 24% 23% 20% 20% 24% 24% 23% 21% 19% 33%	7% 6% 11% 10% 9% 10% 10% 8% 10% 8% 8% 12% 20%	0% 0% 0% 0% 0% 0% 0% 0% 1% 0% 1% 0% 1% 0% 1% 0% 1% 0%
2EU At least 1 outside EU Left-Rijoht scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg	817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090	31% 35% 25% 26% 30% 29% 25% 22% 22% 29% 43% 34% 29% 12% 26% 24%	41% 39% 40% 41% 41% 41% 41% 43% 45% 42% 37% 37% 39% 35% 40% 40% 40%	21% 19% 24% 23% 20% 20% 24% 24% 24% 21% 11% 19% 33% 21% 22% 24% 23% 24%	7% 6% 11% 10% 9% 10% 8% 10% 8% 8% 8% 81 12% 20% 8% 11% 12%	0% 0% 0% 0% 0% 0% 0% 0% 0% 1% 0% 1% 0% 1% 0% 1% 0% 1%
2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Students Students Students Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg From 75 to 89 kg	817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010	31% 35% 25% 26% 30% 29% 25% 25% 22% 29% 43% 34% 29% 12%	41% 39% 40% 41% 41% 41% 41% 41% 42% 37% 39% 35% 40% 40% 40% 40% 40%	21% 19% 24% 23% 20% 20% 24% 24% 24% 21% 19% 33% 19% 23% 24% 21% 20% 23% 24%	7% 6% 11% 10% 9% 10% 10% 8% 10% 8% 8% 12% 20%	0% 0% 0% 0% 0% 0% 0% 0% 0% 1% 0% 1% 0% 1% 1% 1% 1% 1%
2EU At least 1 outside EU Left-Right scale (1-4) Left (5-4) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg From 55 to 74 kg From 55 to 99 kg 90 kg and more	817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090	31% 35% 25% 26% 30% 29% 25% 22% 22% 29% 43% 34% 29% 12% 26% 24%	41% 39% 40% 41% 41% 41% 41% 43% 45% 42% 37% 37% 39% 35% 40% 40% 40%	21% 19% 24% 23% 20% 20% 24% 24% 24% 21% 11% 19% 33% 21% 22% 24% 23% 24%	7% 6% 11% 10% 9% 10% 8% 10% 8% 8% 8% 81 12% 20% 8% 11% 12%	0% 0% 0% 0% 0% 0% 0% 0% 0% 1% 0% 1% 0% 1% 0% 1% 0% 1%
2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Students Students Students What list your weight? Large town What is your weight? Less than 55 kg From 55 to 74 kg From 55 to 74 kg From 55 to 89 kg 90 kg and more Your current weight is ?	817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	31% 35% 25% 26% 30% 29% 25% 25% 22% 29% 43% 34% 29% 12% 32% 26% 24% 31% 29% 24% 23%	41% 39% 40% 41% 41% 41% 41% 45% 42% 37% 39% 35% 40% 40% 40% 40% 41%	21% 19% 24% 23% 20% 20% 24% 24% 24% 21% 19% 33% 19% 23% 21% 20% 23% 24%	7% 6% 11% 10% 9% 10% 10% 8% 8% 8% 12% 20% 8% 11% 12% 10% 10% 10% 10% 11% 11% 11% 11% 11% 11	0% 0% 0% 0% 0% 0% 0% 0% 1% 0% 1% 0% 1% 1% 0% 1% 0% 1% 0%
2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self-employed Managers Other white collars Manual workers House persons Unemployed Retired Students Students Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg From 55 to 74 kg From 55 to 74 kg From 55 to 90 kg 90 kg and more Your current weight is?	817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010	31% 35% 25% 26% 30% 29% 25% 25% 22% 29% 43% 34% 29% 12%	41% 39% 40% 41% 41% 41% 41% 41% 42% 37% 39% 35% 40% 40% 40% 40% 40%	21% 19% 24% 23% 20% 20% 24% 24% 24% 21% 19% 33% 19% 23% 24% 21% 20% 23% 24%	7% 6% 11% 10% 9% 10% 10% 8% 10% 8% 8% 12% 20%	0% 0% 0% 0% 0% 0% 0% 0% 0% 1% 0% 1% 0% 1% 1% 1% 1% 1%
2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (2-10) Right Respondent occupation scale Self-employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg From 55 to 74 kg From 55 to 75 kg 90 kg and more Your current weight is ? Too high Too low About right	817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	31% 35% 25% 26% 30% 29% 25% 22% 29% 43% 34% 29% 12% 26% 24% 24% 23%	41% 39% 40% 41% 41% 41% 41% 42% 32% 42% 37% 37% 37% 30% 40% 40% 40% 40% 40% 41% 41%	21% 19% 24% 23% 20% 20% 24% 24% 24% 21% 12% 21% 19% 33% 24% 21% 23% 24%	7% 6% 11% 10% 9% 10% 9% 10% 8% 8% 8% 12% 20% 8% 11% 12% 11% 19%	0% 0% 0% 0% 0% 0% 0% 0% 0% 1% 1% 0% 1% 1% 0% 1% 0% 1% 0%
2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural Village Small/ mid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg From 75 to 89 kg 90 kg and more Your current weight is ? Too loigh Too low About right	817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778 9415 1326 13608	31% 35% 25% 26% 30% 29% 25% 22% 29% 43% 34% 29% 12% 26% 24% 31% 29% 24% 23%	41% 39% 40% 41% 41% 41% 41% 45% 42% 37% 39% 35% 40% 40% 40% 40% 41% 41% 41% 41% 41% 41%	21% 19% 24% 23% 20% 20% 24% 24% 24% 23% 21% 12% 21% 24% 23% 24% 24% 24% 24% 24% 24% 24% 24% 25% 26% 22%	7% 6% 11% 10% 9% 10% 10% 8% 10% 8% 8% 8% 11% 12% 11% 12% 11% 19%	0% 0% 0% 0% 0% 0% 0% 0% 0% 1% 0% 1% 0% 1% 0% 1% 0% 1% 0% 1% 0% 1% 0% 1% 0%
2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self-employed Managers Other white collars Manual workers House persons Unemployed Retired Students Students Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 75 to 89 kg From 75 to 89 kg 90 kg and more Your current weight is? Too high Too low About right Health in general Good	817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778 9415 1326 13608	31% 35% 25% 26% 30% 29% 25% 22% 29% 43% 34% 29% 12% 26% 24% 23% 26% 24% 23% 29% 26% 24%	41% 39% 40% 41% 41% 41% 41% 42% 32% 42% 37% 37% 37% 36% 40% 40% 40% 40% 40% 41% 41%	21% 19% 24% 23% 20% 20% 24% 24% 24% 21% 12% 21% 19% 33% 24% 21% 29% 24% 21% 20% 23% 24% 21% 20% 23% 24% 21% 20% 23% 24%	7% 6% 11% 10% 9% 10% 9% 10% 8% 8% 8% 12% 20% 8% 11% 12% 11% 19%	0% 0% 0% 0% 0% 0% 0% 0% 0% 1% 1% 1% 0% 1% 0% 1% 0% 1% 0% 1% 0% 1% 0% 1% 0%
2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Students Students Students Arral village Small/ mid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg From 75 to 89 kg 90 kg and more Your current weight is? Too loly About right Health in general Good Neither good nor bad	817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778 9415 1326 13608 18561 4630	31% 35% 25% 26% 30% 29% 25% 22% 29% 43% 34% 29% 12% 26% 24% 31% 29% 24% 24% 23% 26% 24% 23%	41% 39% 40% 41% 41% 41% 41% 41% 45% 42% 37% 39% 35% 40% 40% 40% 40% 41% 41% 41% 41% 41% 41% 41% 41% 41% 41	21% 19% 24% 23% 20% 20% 24% 24% 24% 23% 21% 12% 21% 24% 24% 24% 24% 24% 24% 24% 24% 24% 24	7% 6% 11% 10% 9% 10% 10% 8% 10% 8% 8% 8% 8% 12% 20% 8% 11% 11% 12% 11% 9% 15% 11%	0% 0% 0% 0% 0% 0% 0% 0% 0% 1% 0% 1% 0% 1% 0% 1% 0% 1% 0% 1% 0% 1% 0% 0% 0% 0%
2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (2-10) Right Respondent occupation scale Self-employed Managers Other white collars Manual workers House persons Unemployed Retired Students Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 75 to 78 kg From 75 to 89 kg 90 kg and more Your current weight is? Too high Too low About right Health in general	817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778 9415 1326 13608	31% 35% 25% 26% 30% 29% 25% 22% 29% 43% 34% 29% 12% 26% 24% 23% 26% 24% 23% 29% 26% 24%	41% 39% 40% 41% 41% 41% 41% 42% 32% 42% 37% 37% 37% 36% 40% 40% 40% 40% 40% 41% 41%	21% 19% 24% 23% 20% 20% 24% 24% 24% 21% 12% 21% 19% 33% 24% 21% 29% 24% 21% 20% 23% 24% 21% 20% 23% 24% 21% 20% 23% 24%	7% 6% 11% 10% 9% 10% 9% 10% 8% 8% 8% 12% 20% 8% 11% 12% 11% 19%	0% 0% 0% 0% 0% 0% 0% 0% 0% 1% 1% 1% 0% 1% 0% 1% 0% 1% 0% 1% 0% 1% 0% 1% 0%

QD22.4 In the last 7 days, how much physical activity did you get...?

For recreation, sport and leisure-time activities

For recreation, sport and leisure-time active						
HEAR FLIAR	TOTAL	A lot	Some	Little	None	DK
UE25 EU25 BE	24682 1000	15% 14%	28% 29%	21% 19%	36% 37%	1% 1%
CZ CZ	1000	14%	29% 26%	19% 27%	37% 37%	1%
DK	1029	9% 21%	26% 20%	27%	37% 37%	1%
D-W	1007	24%	20% 31%	22%	24%	0%
DE	1557	24%	31%	21%	24%	0%
D-E	550	25%	31%	23%	21%	0%
EE	1000	8%	27%	23%	41%	1%
EL	1000	5%	14%	33%	49%	=
ES	1025	13%	25%	22%	39%	1%
FR	1012	18%	28%	11%	43%	1%
IE	1000	16%	36%	19%	27%	2%
IT	1000	4%	28%	28%	38%	1%
CY	502	17%	19%	22%	41%	0%
LV	1000	9%	21%	39%	27%	4%
LT LU	1011	11%	42%	22%	22%	3%
HU	501 1015	26% 10%	24% 30%	19% 17%	30% 42%	1% 0%
MT	500	15%	19%	15%	42% 50%	0%
NL	1031	22%	37%	20%	21%	0%
AT	1002	12%	38%	25%	24%	1%
PL	1000	11%	22%	25%	41%	1%
PT	1000	6%	20%	19%	54%	1%
SI	1030	12%	26%	34%	27%	0%
SK	1044	8%	24%	32%	35%	1%
FI	1017	24%	40%	18%	17%	0%
SE	1054	20%	30%	21%	29%	0%
UK	1321	15%	27%	18%	39%	1%
BG	1004	3%	27%	31%	36%	3%
HR RO	1000 1002	6% 5%	15% 14%	20%	59% 52%	1% 5%
TR	1002	5% 9%	14%	24% 19%	52% 54%	5% 5%
CY (tcc)	500	11%	22%	25%	42%	0%
Sex	555		22.0	20,0	4270	5,0
Male	11902	18%	30%	22%	30%	1%
Female	12780	12%	26%	21%	40%	1%
Age						
15-24	3765	26%	33%	21%	19%	0%
25-39	6550	16%	30%	23%	31%	0%
40-54 55 +	6308 8059	12% 10%	28% 23%	24% 18%	35% 47%	1% 1%
Education (End of)	8059	10%	23%	18%	47%	176
15	5992	7%	21%	19%	51%	1%
16-19	9671	12%	28%	23%	36%	1%
20+	6152	19%	32%	22%	27%	0%
Still Studying	2464	31%	35%	19%	15%	1%
Household composition						
1	4566	12%	24%	17%	45%	1%
2 3	7903	14%	28%	21%	37%	1%
3	4615 7598	16% 16%	29% 29%	22% 24%	32% 31%	1% 1%
Place of birth	7598	16%	24%	24%	31%	176
Surveyed country	23146	15%	28%	21%	35%	1%
EU	627	16%	24%	22%	37%	1%
Europe outside EU	336	15%	24%	21%	39%	0%
Outside Europe	535	15%	27%	19%	40%	-
Parents' birth						
2 born country	21871	14%	28%	21%	36%	1%
1 country EU 2EU	817 768	17% 15%	26% 27%	23% 23%	34% 34%	0% 1%
2EU At least 1 outside EU	768 1185	15% 20%	27% 24%	23% 20%	34% 36%	1% 1%
Left-Right scale	1100	20%	2470	20%	30%	1 70
(1-4) Left	6422	16%	29%	22%	32%	0%
(5-6) Centre	8105	16%	28%	21%	34%	0%
(7-10) Right	4322	14%	29%	24%	33%	1%
Respondent occupation scale						
Self- employed	1995	11%	29%	30%	31%	0%
Managers	2653	21%	37%	20%	21%	0%
Other white collars	2924 5030	14% 14%	32% 28%	25% 23%	28% 35%	1% 1%
Manual workers House persons	5030 2485	14%	28%	23% 19%	35% 49%	1% 2%
Unemployed	1275	13%	24%	22%	40%	1%
Retired	5855	10%	22%	17%	50%	1%
Students	2464	31%	35%	19%	15%	1%
Subjective urbanisation						
Rural village	8062	14%	27%	22%	37%	1%
Small/ mid size town	10428	14%	28%	21%	36%	1%
Large town	6157	16%	29%	21%	33%	1%
What is your weight ? Less than 55 kg	2090	14%	29%	21%	36%	1%
From 55 to 74 kg	2090 11467	14% 15%	29% 28%	21% 21%	36% 36%	1% 1%
From 55 to 74 kg From 75 to 89 kg	7010	15%	28% 29%	21% 21%	36%	1%
90 kg and more	2778	12%	24%	23%	40%	0%
Your current weight is ?						
Too high	9415	11%	26%	21%	41%	1%
Too low	1326	15%	24%	22%	38%	0%
About right	13608	17%	29%	21%	31%	1%
Health in general						
Good Neither good nor bad	18561 4630	18% 6%	31% 21%	21% 23%	30% 49%	1% 1%
	1202					
Bad	1393	4%	15%	17%	63%	1%

QD23.1 To what extent do you agree or disagree with the following statements about sport and physical activity?

JE25 EU25	TOTAL	Strongly agree	Tend to agree	Tend to disagree	Strongly disagree	DK 4%	Agree	Disagree
25 EU25	24682 1000	35% 44%	38% 39%	15% 10%	7% 5%	4% 2%	73% 83%	22% 15%
	1029	19%	42%	23%	10%	2% 7%	61%	32%
	1029	62%	26%	5%	4%	3%	88%	9%
V	1007	57%	29%	8%	3%	3%	85%	11%
v	1557	55%	29%	9%	4%	3%	84%	13%
	550	46%	31%	13%	7%	3%	77%	20%
	1000	29%	32%	19%	13%	7%	61%	32%
	1000	29%	40%	18%	12%	1%	69%	30%
	1025	24%	43%	17%	7%	8%	68%	24%
	1012	52%	33%	8%	5%	3%	85%	12%
	1000	22%	46%	17%	8%	7%	67%	25%
	1000	18%	48%	20%	10%	4%	65%	30%
	502	31%	29%	20%	14%	5%	61%	35%
	1000	25%	31%	22%	14%	8%	56%	36%
	1011	31%	35%	18%	8%	7%	66%	26%
	501	50%	28%	12%	4%	7%	78%	15%
	1015	17%	36%	24%	13%	9%	53%	38%
	500	17%	29%	27%	20%	8%	46%	47%
	1031	71%	22%	5%	2%	1%	92%	7%
	1002	35%	47%	11%	4%	3%	82%	15%
	1000	21%	37%	25%	12%	5%	57%	37%
	1000	14%	38%	26%	15%	7%	52%	42%
	1030	29%	47%	17%	4%	3%	76%	21%
	1044	19%	40%	27%	11%	4%	59%	37%
	1017	47%	43%	8%	1%	0%	91%	9%
	1054	46%	36%	11%	6%	2%	82%	16%
	1321	29%	43%	16%	8%	5%	71%	24%
	1004	11%	19%	19%	33%	18%	30%	24% 51%
	1004	27%	31%	17%	17%	8%	58%	34%
	1000	21%	28%	13%	22%	15%	49%	36%
1	1002	13%	28%	13% 22%	22% 34%	9%	49% 35%	36% 56%
((tcc)	500	14%	23%	17%	33%	13%	37%	50%
ex ale	11902	37%	38%	14%	7%	4%	76%	21%
male	12780	34%	37%	16%	8%	5%	71%	24%
ge								
-24	3765	35%	38%	18%	7%	1%	73%	25%
5-39	6550	35%	40%	15%	7%	3%	75%	22%
-54	6308	37%	39%	15%	6%	3%	76%	21%
i +	8059	35%	35%	14%	9%	8%	70%	22%
ducation (End of)								
5	5992	28%	37%	16%	11%	8%	65%	26%
5-19	9671	35%	39%	15%	7%	3%	74%	23%
0+	6152	44%	36%	13%	4%	3%	80%	17%
ill Studying	2464	39%	37%	16%	6%	1%	76%	23%
ousehold composition								
	4566	34%	36%	14%	8%	8%	70%	22%
	7903	36%	38%	14%	7%	5%	74%	21%
	4615	33%	40%	16%	7%	3%	73%	23%
+	7598	37%	37%	16%	8%	3%	74%	23%
ace of birth								
rveyed country	23146	35%	38%	15%	7%	5%	73%	23%
J	627	41%	35%	12%	9%	3%	76%	21%
rope outside EU	336	41%	30%	17%	6%	6%	71%	23%
utside Europe	535	42%	37%	12%	5%	4%	79%	17%
rents' birth								
born country	21871	35%	38%	15%	7%	4%	73%	23%
country EU	817	42%	34%	13%	7%	5%	76%	19%
U	768	43%	34%	11%	8%	5%	77%	18%
least 1 outside EU	1185	36%	38%	13%	7%	5%	75%	20%
ft-Right scale								
-4) Left	6422	39%	38%	14%	6%	3%	77%	20%
-6) Centre	8105	40%	37%	13%	7%	3%	76%	21%
400 PL L1								
-10) Right	4322		40%	15%		3%	76%	21%
	4322	36%	40%	15%	6%	3%	76%	21%
espondent occupation scale		36%			6%			
espondent occupation scale elf- employed	4322 1995 2653		40% 40% 37%	15% 15% 10%		3% 3% 1%	74% 85%	21% 23% 14%
-10) Right spondent occupation scale if- employed anagers her white collars	1995 2653	36%	40%	15% 10%	8%	3%	74% 85%	23%
espondent occupation scale elf- employed anagers her white collars	1995 2653 2924	36% 34% 48% 34%	40% 37% 42%	15% 10% 16%	6% 8% 4% 5%	3% 1% 2%	74% 85% 76%	23% 14% 22%
espondent occupation scale If- employed anagers her white collars anual workers	1995 2653 2924 5030	36% 34% 48% 34% 35%	40% 37% 42% 40%	15% 10% 16% 15%	6% 8% 4% 5% 7%	3% 1% 2% 3%	74% 85% 76% 75%	23% 14% 22% 22%
ispondent occupation scale If- employed inagers her white collars inual workers use persons	1995 2653 2924 5030 2485	36% 34% 48% 34% 35% 30%	40% 37% 42% 40% 37%	15% 10% 16% 15% 18%	6% 8% 4% 5% 7% 8%	3% 1% 2% 3% 7%	74% 85% 76% 75% 67%	23% 14% 22% 22% 26%
espondent occupation scale If- employed anagers her white collars anual workers buse persons temployed	1995 2653 2924 5030 2485 1275	36% 34% 48% 34% 35% 30% 27%	40% 37% 42% 40% 37% 36%	15% 10% 16% 15% 18% 20%	6% 8% 4% 5% 7% 8% 14%	3% 1% 2% 3% 7% 4%	74% 85% 76% 75% 67% 63%	23% 14% 22% 22% 26% 33%
ispondent occupation scale if-employed inagers her white collars nutual workers iuse persons employed titred	1995 2653 2924 5030 2485 1275 5855	36% 34% 48% 34% 35% 30% 27% 34%	40% 37% 42% 40% 37% 36% 34%	15% 10% 16% 15% 18% 20%	8% 4% 5% 7% 8% 14% 9%	3% 1% 2% 3% 7% 4%	74% 85% 76% 75% 67% 63% 68%	23% 14% 22% 22% 26% 33% 23%
spondent occupation scale If- employed nagers ner white collars nual workers use persons employed tired ddents	1995 2653 2924 5030 2485 1275	36% 34% 48% 34% 35% 30% 27%	40% 37% 42% 40% 37% 36%	15% 10% 16% 15% 18% 20%	6% 8% 4% 5% 7% 8% 14%	3% 1% 2% 3% 7% 4%	74% 85% 76% 75% 67% 63%	23% 14% 22% 22% 26% 33%
spondent occupation scale If- employed nagers her white collars nual workers use persons employed tired udents bjective urbanisation	1995 2653 2924 5030 2485 1275 5855 2464	36% 34% 48% 34% 35% 30% 27% 34% 39%	40% 37% 42% 40% 37% 36% 34% 37%	15% 10% 16% 15% 18% 20% 14%	6% 8% 4% 5% 7% 8% 14% 9% 6%	3% 1% 2% 3% 7% 4% 9%	74% 85% 76% 75% 67% 63% 68% 76%	23% 14% 22% 22% 26% 33% 23% 23%
spondent occupation scale If- employed nagers her white collars nual workers use persons employed tired ddents bjective urbanisation rat village	1995 2653 2924 5030 2485 1275 5855 2464	36% 34% 48% 34% 35% 30% 27% 34% 39%	40% 37% 42% 40% 37% 36% 34% 37%	15% 10% 16% 15% 18% 20% 14% 16%	6% 8% 4% 5% 7% 8% 14% 9% 6%	3% 1% 2% 3% 7% 4% 9% 1%	74% 85% 76% 75% 67% 63% 68% 76%	23% 14% 22% 22% 26% 33% 23% 23%
spondent occupation scale If- employed nagers ner white collars nual workers use persons employed tired udents bjective urbanisation ral village fall // mid size town	1995 2653 2924 5030 2485 1275 5855 2464 8062 10428	36% 49% 34% 35% 30% 27% 34% 39% 35% 36%	40% 37% 42% 40% 37% 36% 34% 34% 40%	15% 10% 16% 15% 18% 20% 14% 16%	6% 8% 4% 5% 7% 8% 14% 9% 6% 6%	3% 1% 2% 3% 7% 4% 9% 1%	74% 85% 76% 75% 67% 63% 68% 76%	23% 14% 22% 22% 26% 33% 23% 23%
spondent occupation scale If- employed nagers ner white collars nual workers use persons employed tired didents bjective urbanisation raf village all/ mild size town ge town	1995 2653 2924 5030 2485 1275 5855 2464	36% 34% 48% 34% 35% 30% 27% 34% 39%	40% 37% 42% 40% 37% 36% 34% 37%	15% 10% 16% 15% 18% 20% 14% 16%	6% 8% 4% 5% 7% 8% 14% 9% 6%	3% 1% 2% 3% 7% 4% 9% 1%	74% 85% 76% 75% 67% 63% 68% 76%	23% 14% 22% 22% 26% 33% 23% 23%
spondent occupation scale If- employed nagers ner white collars nual workers use persons employed tired didents bjective urbanisation raf village all/ mild size town ge town	1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157	36% 34% 49% 34% 35% 30% 37% 34% 39% 35% 35% 35% 35% 36% 35%	40% 37% 42% 40% 37% 36% 34% 37% 40% 39%	15% 10% 16% 15% 18% 20% 14% 16% 17% 13% 15%	6% 8% 4% 5% 7% 8% 14% 9% 6% 6% 7%	3% 1% 2% 3% 7% 4% 9% 1% 5% 4% 4%	74% 85% 76% 57% 67% 63% 68% 76% 69% 76%	23% 14% 22% 22% 26% 33% 23% 23% 26% 20% 22%
spondent occupation scale If- employed nagers her white collars nual workers use persons employed tired dudents bjective urbanisation rat village nall / mid size town rge town hat is your weight?	1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157	36% 34% 48% 34% 35% 30% 27% 34% 39% 35% 36% 35%	40% 37% 42% 40% 36% 34% 34% 40% 99% 37%	15% 10% 16% 15% 18% 20% 14% 16% 17% 13% 15%	6% 8% 4% 5% 7% 8% 14% 9% 6% 6% 7% 8%	3% 1% 2% 3% 7% 4% 9% 1% 5% 4% 4%	74% 85% 76% 75% 67% 63% 68% 76% 76% 74%	23% 14% 22% 22% 26% 33% 23% 23% 20% 22%
spondent occupation scale If- employed nagers her white collars nual workers use persons employed tired dudents bjective urbanisation rat village nall / mid size town rge town hat is your weight?	1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157	36% 34% 48% 34% 35% 30% 27% 34% 39% 35% 36% 35%	40% 37% 42% 40% 37% 36% 34% 37% 40% 39%	15% 10% 16% 15% 18% 20% 14% 16% 17% 13% 15%	6% 8% 4% 5% 7% 8% 14% 9% 6% 6% 7%	3% 1% 2% 3% 7% 4% 9% 1% 5% 4% 4%	74% 85% 76% 75% 67% 63% 68% 76% 76% 74%	23% 14% 22% 22% 26% 33% 23% 23% 20% 22%
spondent occupation scale If- employed inagers ince white collars ince white ince	1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090	36% 34% 48% 34% 35% 30% 27% 34% 35% 30% 35% 35% 36% 35% 35%	40% 37% 42% 40% 37% 36% 34% 37% 34% 37% 39% 37%	15% 10% 16% 15% 18% 20% 14% 16% 17% 13% 15%	6% 8% 4% 5% 7% 8% 14% 6% 6% 7% 6% 7% 8% 7%	3% 1% 2% 3% 7% 4% 9% 1% 5% 4% 4% 4%	74% 85% 76% 57% 67% 63% 68% 76% 76% 74%	23% 14% 22% 26% 33% 23% 23% 26% 20% 22% 25% 23%
spondent occupation scale If- employed nagers nagers nual workers use persons employed dired didotts bjective urbanisation rat village ge town nat is your weight ? ss than 55 kg m 55 to 74 kg m 75 to 89 kg	1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010	36% 34% 48% 34% 35% 30% 27% 34% 39% 35% 36% 35% 35% 35% 34% 35%	40% 37% 42% 40% 36% 34% 34% 40% 99% 37% 37%	15% 10% 16% 15% 18% 20% 14% 14% 13% 15% 17% 15%	6% 8% 4% 5% 7% 8% 14% 9% 6% 9% 6% 7% 8% 7%	3% 1% 2% 3% 7% 4% 9% 1% 5% 4% 4% 5% 4% 5%	74% 85% 76% 75% 63% 63% 68% 76% 76% 70% 70% 73%	23% 14% 22% 26% 33% 23% 23% 20% 20% 22%
spondent occupation scale If- employed inagers inagers inual workers use persons employed titred didents bjective urbanisation rat village rat village rat village rat syour weight? ss than 55 kg im 55 to 24 kg im 75 to 89 kg kg and more	1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090	36% 34% 48% 34% 35% 30% 27% 34% 35% 30% 35% 35% 36% 35% 35%	40% 37% 42% 40% 37% 36% 34% 37% 34% 37% 39% 37%	15% 10% 16% 15% 18% 20% 14% 16% 17% 13% 15%	6% 8% 4% 5% 7% 8% 14% 6% 6% 7% 6% 7% 8% 7%	3% 1% 2% 3% 7% 4% 9% 1% 5% 4% 4% 4%	74% 85% 76% 57% 67% 63% 68% 76% 76% 74%	23% 14% 22% 26% 33% 23% 23% 26% 20% 22% 25% 23%
uspondent occupation scale If-employed anagers her white collars anual workers use persons employed titled udents bjective urbanisation rat village ge town hat is your weight? ss than 55 kg om 55 to 74 kg om 75 to 89 kg kg and more urc current weight is?	1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	36% 34% 48% 34% 35% 30% 27% 34% 39% 35% 35% 35% 35% 35% 35% 37% 37%	40% 37% 42% 40% 37% 36% 34% 37% 34% 40% 39% 37% 37% 37% 37%	15% 10% 16% 15% 18% 20% 14% 10% 17% 13% 15% 17% 15%	6% 8% 4% 5% 7% 8% 14% 9% 6% 6% 7% 8% 6% 7% 8% 7% 8%	3% 1% 2% 3% 7% 4% 4% 4% 4% 5% 4% 4% 5% 4% 4% 4% 5% 4%	74% 85% 76% 75% 63% 63% 68% 76% 76% 70% 73% 73%	23% 14% 22% 22% 26% 33% 23% 20% 20% 20% 22% 25% 23% 21% 21%
spondent occupation scale If- employed nagers her white collars nual workers use persons employed tired dents bjective urbanisation rat village rat village rat village rat village ss than 55 kg ym 75 to 89 kg yan and urce urc urrent weight is ?	1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	36% 48% 48% 34% 35% 30% 27% 34% 35% 36% 35% 36% 35% 36% 35% 37% 37%	40% 37% 42% 40% 37% 36% 34% 40% 39% 39% 37% 38% 37% 38% 37%	15% 10% 16% 15% 18% 20% 14% 16% 17% 13% 15% 15%	6% 8% 4% 5% 7% 7% 8% 14% 9% 6% 7% 6% 7% 8% 8% 8%	3% 1% 2% 3% 7% 4% 9% 1% 5% 4% 4% 4% 5% 4% 4% 4% 4%	74% 85% 76% 76% 67% 63% 68% 76% 76% 76% 74% 74% 74%	23% 14% 22% 26% 23% 23% 23% 20% 20% 22% 22% 21% 21%
isspondent occupation scale If- employed inagers her white collars inual workers ususe persons inual workers ususe persons inter udents bjective urbanisation rari village rail village rail village ge town hat is your weight? ss than 55 kg om 55 to 74 kg om 75 to 89 kg kg and more urc current weight is ? o high	1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778 9415	36% 34% 48% 34% 35% 30% 27% 34% 39% 35% 36% 35% 35% 36% 35% 37% 37% 37% 33%	40% 37% 42% 40% 37% 36% 34% 37% 34% 40% 37% 34% 40% 37% 37% 38% 37% 38% 37% 36%	15% 10% 16% 15% 18% 20% 14% 16% 17% 13% 15% 17% 15% 15%	6% 8% 4% 5% 7% 8% 14% 9% 6% 6% 7% 6% 7% 7% 8% 8% 8% 8%	3% 1% 2% 3% 7% 4% 4% 4% 4% 4% 4% 4% 4%	74% 85% 76% 75% 63% 69% 76% 76% 76% 76% 73% 73% 75%	23% 14% 22% 22% 26% 33% 23% 23% 20% 20% 21% 25% 23% 21% 25% 23% 21% 26% 26% 26% 26% 26% 26% 26% 26% 26% 26
in employed in employed in employed in employed in employed in employed it emp	1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	36% 48% 48% 34% 35% 30% 27% 34% 35% 36% 35% 36% 35% 36% 35% 37% 37%	40% 37% 42% 40% 37% 36% 34% 40% 39% 39% 37% 38% 37% 38% 37%	15% 10% 16% 15% 18% 20% 14% 16% 17% 13% 15% 15%	6% 8% 4% 5% 7% 7% 8% 14% 9% 6% 7% 6% 7% 8% 8% 8%	3% 1% 2% 3% 7% 4% 9% 1% 5% 4% 4% 4% 5% 4% 4% 4% 4%	74% 85% 76% 76% 67% 63% 68% 76% 76% 76% 74% 74% 74%	23% 14% 22% 22% 26% 23% 23% 23% 20% 20% 22% 22% 21% 21%
spondent occupation scale If- employed nagers nual workers use persons employed titred udents bijective urbanisation ral village all/ mid size town ge town nat is your weight? ss than 55 kg mr 55 to 67 kkg mr 75 to 89 kg kg and more ur current weight is ? b high low uut right	1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778 9415 1326 13608	36% 34% 48% 34% 35% 30% 27% 34% 39% 35% 35% 35% 35% 35% 35% 37% 37% 37% 33% 35%	40% 37% 42% 40% 37% 36% 36% 34% 47% 34% 40% 37% 37% 37% 36% 37% 37% 38% 37% 37% 36%	15% 10% 16% 15% 18% 20% 14% 16% 17% 13% 15% 15% 15% 15%	6% 8% 4% 5% 7% 8% 14% 9% 6% 6% 7% 6% 7% 8% 8% 8% 111% 7% 8%	3% 1% 2% 3% 7% 4% 9% 1% 5% 4% 4% 4% 4% 4% 4% 4% 4% 4%	74% 85% 76% 76% 63% 63% 69% 76% 76% 76% 76% 76% 73% 73% 75% 73% 69% 74%	23% 14% 22% 22% 26% 33% 23% 23% 20% 20% 21% 25% 23% 21% 21% 21% 21%
spondent occupation scale If- employed nagers ner white collars nual workers use persons employed titred ddents bjective urbanisation rat village sall/ mid size town ge town nat is your weight? ss than 55 kg ym 55 to 74 kg ym 75 to 89 kg kg and more ur current weight is? old you tright atth in general od	1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778 9415 1326 13608	36% 34% 48% 34% 35% 30% 27% 34% 35% 36% 35% 36% 35% 35% 35% 35% 35% 35% 35% 37% 37% 37% 37% 37%	40% 37% 42% 40% 37% 36% 34% 40% 40% 39% 37% 38% 37% 36% 36% 36% 36% 36%	15% 10% 16% 15% 15% 20% 14% 16% 17% 13% 15% 15% 14% 14% 15% 15% 15%	6% 8% 4% 5% 7% 7% 8% 14% 6% 6% 6% 6% 7% 8% 8% 8% 11% 8% 11% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6%	3% 1% 2% 3% 3% 4% 4% 4% 4% 4% 4% 4% 4% 4% 4% 4% 3%	74% 85% 76% 75% 67% 63% 68% 76% 76% 76% 74% 74% 73% 74% 73% 69% 74%	23% 14% 22% 22% 26% 26% 23% 23% 20% 20% 22% 25% 21% 21% 21% 21% 26% 21%
spondent occupation scale If- employed nagers ner white collars nual workers use persons employed didents bjective urbanisation rat village rat village ge town nat is your weight? ss than 55 kg m 75 to 89 kg yand more ur current weight is? bight	1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778 9415 1326 13608	36% 34% 48% 34% 35% 30% 27% 34% 39% 35% 35% 35% 35% 35% 35% 37% 37% 37% 33% 35%	40% 37% 42% 40% 37% 36% 36% 34% 47% 34% 40% 37% 37% 37% 36% 37% 37% 38% 37% 37% 36%	15% 10% 16% 15% 18% 20% 14% 16% 17% 13% 15% 15% 15% 15%	6% 8% 4% 5% 7% 8% 14% 9% 6% 6% 7% 6% 7% 8% 8% 8% 111% 7% 8%	3% 1% 2% 3% 7% 4% 9% 1% 5% 4% 4% 4% 4% 4% 4% 4% 4% 4%	74% 85% 76% 76% 63% 63% 69% 76% 76% 76% 76% 76% 73% 73% 75% 73% 69% 74%	23% 14% 22% 22% 26% 33% 23% 23% 20% 20% 21% 25% 23% 21% 21% 21% 21%

QD23.2 To what extent do you agree or disagree with the following statements about sport and physical activity?

25 EU25	TOTAL 24682	Strongly agree	Tend to agree	Tend to disagree	Strongly disagree	DK 8%	Agree 68%	Disagree 24%
25 EU25	24682 1000	32% 44%	36% 40%	16% 10%	8% 4%	8% 2%	68% 84%	24% 14%
	1029	17%	40%	24%	10%	9%	57%	34%
	1029	58%	28%	24% 5%	3%	5%	87%	8%
	1007	53%	28%	8%	3%	7%	82%	11%
	1557	50%	30%	10%	4%	7%	79%	14%
	550	36%	34%	16%	9%	5%	71%	25%
	1000	24%	31%	17%	15%	13%	55%	32%
	1000	26%	35%	23%	13%	3%	61%	36%
	1025	27%	36%	16%	7%	14%	63%	23%
	1012	49%	37%	6%	3%	5%	86%	9%
	1000	22%	50%	14%	7%	7%	72%	21%
	1000	16%	45%	22%	10%	7%	61%	32%
	502	26%	28%	24%	15%	6%	54%	40%
	1000	24%	31%	21%	13%	11%	55%	34%
	1011	16%	26%	20%	24%	13%	42%	44%
	501	48%	29%	12%	1%	9%	77%	14%
	1015	14%	34%	23%	16%	13%	48%	39%
	500	19%	40%	18%	13%	10%	60%	31%
	1031	62%	25%	7%	2%	4%	87%	9%
	1002	31%	49%	10%	5%	5%	80%	15%
	1000	10%	27%	28%	22%	13%	37%	50%
	1000	12%	37%	26%	16%	8%	49%	42%
	1030	21%	44%	21%	8%	6%	65%	29%
	1044	10%	31%	37%	14%	8%	41%	51%
	1017	33%	46%	14%	3%	4%	80%	17%
	1054	40%	35%	13%	7%	5%	75%	20%
	1321	30%	43%	15%	6%	6%	72%	21%
	1004	6%	14%	18%	39%	23%	20%	57%
	1000	15%	29%	20%	23%	12%	45%	43%
	1002	13%	20%	17%	28%	21%	33%	45%
	1002	10%	20%	23%	36%	11%	30%	59%
tcc)	500	10%	25%	19%	32%	13%	35%	52%
:	500	1076	2370	1770	JZ /0	1370	3370	3270
8	11902	34%	37%	15%	8%	6%	71%	23%
nale	12780	30%	36%	16%	9%	9%	66%	25%
)	12760	3076	3070	1070	770	770	0070	2370
24	3765	34%	39%	17%	7%	3%	74%	24%
24 39	6550	34%	39%	16%	8%	4%	72%	24%
54	6308	34%	37%	17%	8%	5%	71%	24%
5 4								24%
	8059	30%	32%	14%	10%	15%	62%	24%
ucation (End of)	5992	26%	33%	16%	12%	14%	59%	27%
19	9671	26% 31%	38%	17%	12% 8%	14% 6%	69%	27% 25%
+	6152	31%	36%	14%	5%	6%	76%	19%
		37%		15%	7%	3%		22%
ll Studying	2464	3/%	38%	15%	176	3%	76%	22%
usehold composition	4566	30%	36%	13%	8%	400/	66%	21%
			35%	15%	8%	13%	66%	21%
	7903	33%		17%	8% 8%	9% 5%	68%	25% 25%
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east 1 outside EU		38%	35%	16%	5%	6%	73%	21%
J east 1 outside EU t-Right scale	768 1185	38% 40% 32%	35% 34% 38%	16% 11% 13%	5% 6% 6%	6% 8% 10%	73% 74% 71%	21% 17% 19%
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east 1 outside EU t-Right scale 4) Left 5) Centre	768 1185 6422 8105	38% 40% 32% 36% 36%	35% 34% 38% 37% 37%	16% 11% 13% 14% 14%	5% 6% 6% 6% 7%	6% 8% 10% 6%	73% 74% 71% 73% 73%	21% 17% 19% 21% 22%
east 1 outside EU I-Right scale I) Left O) Centre O) Right	768 1185 6422	38% 40% 32% 36%	35% 34% 38% 37%	16% 11% 13%	5% 6% 6%	6% 8% 10%	73% 74% 71%	21% 17% 19%
east 1 outside EU -Right scale) Left) Centre 0) Right pondent occupation scale	768 1185 6422 8105 4322	38% 40% 32% 36% 36% 32%	35% 34% 38% 37% 37% 36%	16% 11% 13% 14% 14% 17%	5% 6% 6% 6% 7% 9%	6% 8% 10% 6% 6%	73% 74% 71% 73% 73% 68%	21% 17% 19% 21% 22% 26%
east 1 outside EU -Right scale) Left) Centre o) Right pondent occupation scale - employed	768 1185 6422 8105 4322	38% 40% 32% 36% 36% 32%	35% 34% 38% 37% 37% 36%	16% 11% 13% 14% 14% 17%	5% 6% 6% 6% 7% 9%	6% 8% 10% 6% 6% 6%	73% 74% 71% 73% 73% 68%	21% 17% 19% 21% 22% 26%
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east 1 outside EU L-Right scale 1) Left 1) Left 2) Centre (2) Right pondent occupation scale - employed agers er white collars ual workers	768 1185 6422 8105 4322 1995 2653 2924 5030	38% 40% 32% 36% 36% 32% 30% 44% 33% 33%	35% 34% 38% 37% 37% 36% 38% 37% 41% 3896	16% 11% 13% 14% 14% 17% 18% 12% 16%	5% 6% 6% 6% 6% 8% 8% 8% 4% 6% 7%	6% 8% 10% 6% 6% 6% 6% 4% 5%	73% 74% 71% 73% 73% 68% 81% 75% 71%	21% 17% 19% 21% 22% 26% 26% 16% 22% 24%
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asst 1 outside EU -Reight scale) Left) Left) Centre) Right pondent occupation scale -employed agers agers ual workers se persons mployed red dents	768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275	38% 40% 32% 36% 36% 32% 30% 44% 33% 33% 27% 25%	35% 34% 38% 37% 37% 36% 38% 38% 37% 41% 38% 37% 33%	16% 11% 13% 14% 14% 17% 18% 12% 16% 16% 16% 22%	5% 6% 6% 6% 6% 9% 8% 4% 6% 7% 9% 15%	6% 8% 10% 6% 6% 6% 6% 6% 4% 4% 5% 11% 6%	73% 74% 71% 73% 73% 68% 68% 68% 81% 75% 55%	21% 17% 19% 21% 22% 26% 26% 16% 222% 24% 25% 37%
asst 1 outside EU -Right scale) Left) Left) Centre)) Right pondent occupation scale - employed agers ar white collars ual workers se persons mployed red fents jective urbanisation	768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464	38% 40% 32% 36% 36% 32% 30% 44% 33% 27% 25% 28% 37%	35% 34% 38% 37% 37% 36% 38% 37% 41% 38% 37% 33% 33% 33% 33%	16% 11% 13% 14% 14% 17% 18% 12% 16% 10% 10% 22% 14% 15%	5% 6% 6% 6% 6% 6% 7% 9% 8% 4% 6% 7% 9% 15% 11% 7%	6% 8% 10% 6% 6% 6% 6% 3% 4% 5% 11% 6% 16% 3%	73% 74% 71% 73% 68% 68% 68% 68% 55% 55% 57% 57%	21% 17% 19% 21% 22% 26% 26% 16% 22% 24% 25% 25% 25% 22%
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asat 1 outside EU *Right scale) Loft) Loft) Centre)) Right pondent occupation scale employed agers ual workers se persons mployed red lents jective urbanisation Village III // III // III // III III // III // III // III III // III	768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5865 2464 8062	38% 40% 32% 36% 36% 32% 30% 44% 33% 33% 27% 25% 28% 37%	35% 34% 38% 37% 37% 36% 38% 37% 33% 33% 33% 33% 33% 33% 33% 33%	16% 11% 13% 14% 14% 17% 18% 12% 16% 17% 16% 22% 14% 15%	5% 6% 6% 6% 7% 9% 8% 4% 6% 7% 9% 15% 11% 7% 13% 6%	6% 8% 10% 6% 6% 6% 6% 3% 4% 5% 11% 6% 3% 7% 8%	73% 74% 71% 73% 68% 68% 81% 81% 55% 75% 76% 57% 76%	21% 17% 19% 21% 22% 26% 26% 22% 24% 25% 25% 25% 25% 25% 24%
asat 1 outside EU -Right scale) Left) Left) Centre) Right pondent occupation scale -employed agers ual workers se persons mployed ed ed eterts left uitlage lift village et town	768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5895 2464	38% 40% 32% 36% 36% 32% 30% 44% 33% 27% 25% 28% 37%	35% 34% 38% 37% 37% 36% 38% 37% 41% 41% 38% 37% 33% 33% 31% 33% 31%	16% 11% 13% 14% 14% 17% 18% 12% 16% 17% 14% 14% 15%	5% 6% 6% 6% 6% 8% 8% 4% 6% 7% 15% 11%	6% 8% 10% 6% 6% 6% 6% 6% 4% 5% 11% 6% 16% 3%	73% 74% 71% 73% 73% 68% 68% 68% 65% 75% 75% 57% 55%	21% 17% 19% 19% 21% 22% 26% 26% 26% 24% 24% 25% 25% 22% 34%
asst 1 outside EURight scale) Left) Left) Centre) Right pondent occupation scale - employed agers ar white collars ual workers se persons mployed red fents jective urbanisation 1 village Ill/ mid size town je town	768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157	38% 40% 32% 36% 32% 32% 30% 44% 33% 33% 27% 25% 28% 37% 29% 34%	35% 34% 38% 37% 37% 36% 38% 37% 33% 33% 33% 33% 33% 33% 30% 30% 40%	16% 11% 13% 14% 14% 17% 18% 12% 16% 16% 22% 14% 15% 15% 13% 13%	5% 6% 6% 6% 7% 9% 8% 4% 6% 7% 9% 15% 11% 7% 13% 6% 5%	6% 8% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6%	73% 74% 71% 73% 68% 68% 81% 65% 57% 75% 76% 57% 76% 59% 74%	21% 19% 21% 22% 26% 26% 22% 24% 25% 37% 25% 22% 24% 19%
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asat 1 outside EU -Bight scale) Left) Left) Left) Contre) Right pondent occupation scale - employed agers er white collars ual workers se persons mployed red dents jective urbanisation al village Ill/I mid size town je town the six you weight? than 55 kg m 55 to 74 kg	768 1185 6422 8105 4322 1995 2663 2924 5030 2485 1275 5895 2464 8062 10428 6157 2090	38% 40% 32% 36% 36% 32% 30% 44% 33% 33% 27% 25% 28% 34% 34%	35% 34% 38% 37% 37% 36% 38% 37% 41% 38% 31% 33% 33% 30% 30% 40%	16% 11% 13% 14% 14% 17% 18% 12% 16% 17% 22% 14% 15% 22% 14% 15% 15%	5% 6% 6% 6% 6% 7% 9% 8% 4% 6% 7% 15% 11% 7% 13% 6% 5% 8%	6% 8% 10% 6% 6% 6% 6% 6% 4% 5% 11% 6% 16% 3% 7% 8% 8%	73% 74% 71% 73% 73% 68% 68% 81% 65% 57% 59% 59% 74% 67%	21% 17% 19% 21% 22% 26% 26% 16% 22% 24% 25% 37% 25% 34% 19% 19% 19%
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east 1 outside EU -Right scale 4) Left 5) Centre 10) Right pondent occupation scale - employed agers er white collars rual workers see persons imployed fred dents al village all/ mid size town ge town 5 to A kg m 75 to 89 kg kg and more ur current weight is ? high	768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	38% 40% 32% 36% 36% 32% 30% 44% 33% 27% 25% 28% 37% 28% 34% 34% 34% 34% 34%	35% 34% 38% 37% 37% 36% 39% 41% 38% 37% 33% 33% 33% 33% 33% 33% 33% 33% 33	16% 11% 13% 14% 14% 14% 17% 18% 12% 16% 16% 17% 15% 15% 14% 15%	5% 6% 6% 6% 7% 9% 8% 4% 6% 7% 9% 15% 11% 7% 13% 6% 5% 8% 8% 8% 8% 8% 9%	6% 8% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6%	73% 74% 71% 73% 68% 68% 68% 68% 68% 75% 77% 65% 57% 66% 66% 66%	21% 19% 22% 26% 26% 16% 22% 24% 25% 37% 22% 22% 24% 25% 22% 24% 24% 24% 24% 24% 24% 24% 24% 24
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east 1 outside EU L-Right scale 1) Left 5) Centre 10) Right 1	768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	38% 40% 32% 36% 36% 32% 30% 44% 33% 27% 25% 28% 37% 28% 34% 34% 34% 34% 34%	35% 34% 38% 37% 37% 36% 39% 41% 38% 37% 33% 33% 33% 33% 33% 33% 33% 33% 33	16% 11% 13% 14% 14% 14% 17% 18% 12% 16% 16% 17% 15% 15% 14% 15%	5% 6% 6% 6% 7% 9% 8% 4% 6% 7% 9% 15% 11% 7% 13% 6% 5% 8% 8% 8% 8% 8% 9%	6% 8% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6%	73% 74% 71% 73% 68% 68% 68% 68% 68% 75% 77% 65% 57% 66% 66% 66%	21% 19% 22% 26% 26% 16% 22% 24% 25% 37% 22% 22% 24% 25% 22% 24% 24% 24% 24% 24% 24% 24% 24% 24
asst 1 outside EU -Right scale) Left) Left) Centre) Right) Centre) Right pondent occupation scale -employed agers ar white collars ual workers se persons mployed red lents jective urbanisation 1 village Ill/ mid size town le town to take you weight? than 55 kg g and more r current weight is ? high low ut right Ill mid size town le town le town the span 75 to 89 kg g and more r current weight is ? high low ut right Ill bin general	768 1185 6422 8105 4322 1995 2653 2924 5030 2465 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778 9415 1326 13608	38% 40% 32% 36% 36% 36% 32% 30% 44% 33% 27% 25% 28% 37% 25% 28% 33% 33% 33% 32% 32% 32%	35% 34% 38% 37% 37% 36% 38% 37% 38% 37% 33% 33% 30% 40% 39% 40% 39% 40%	16% 11% 13% 14% 14% 14% 17% 18% 12% 16% 16% 15% 15% 15% 15% 15%	5% 6% 6% 6% 6% 7% 9% 8% 4% 6% 7% 15% 11% 7% 13% 6% 5% 8% 8% 9% 10% 7%	6% 8% 10% 6% 6% 6% 6% 6% 6% 6% 11% 6% 11% 6% 8% 8% 8% 8% 6% 8% 6%	73% 74% 71% 73% 73% 68% 68% 68% 68% 59% 76% 59% 76% 69% 69% 68% 69%	21% 17% 19% 21% 22% 26% 26% 26% 25% 24% 25% 23% 24% 23% 24% 23%
asast 1 outside EU	768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778 9415	38% 40% 32% 36% 36% 32% 30% 44% 33% 27% 25% 28% 37% 25% 28% 37% 33% 33% 33% 33% 33%	35% 34% 38% 37% 37% 36% 38% 37% 38% 37% 33% 31% 39% 40% 40%	16% 11% 13% 14% 14% 17% 18% 12% 16% 16% 17% 16% 15% 15%	5% 6% 6% 6% 6% 7% 9% 8% 4% 6% 7% 15% 113% 6% 5% 8% 8% 8% 9%	6% 8% 10% 6% 6% 6% 6% 6% 6% 4% 5% 11% 6% 11% 6% 8% 7% 8% 6% 8% 6% 8% 6%	73% 74% 71% 73% 73% 73% 68% 68% 68% 81% 65% 57% 65% 57% 66% 70% 69% 69% 68%	21% 17% 19% 21% 22% 26% 16% 22% 24% 25% 37% 25% 22% 244% 22% 244% 23% 244% 23%

QD23.3 To what extent do you agree or disagree with the following statements about sport and physical activity?

There are opportunities to be physically ac	TOTAL	Strongly agree	Tend to agree	Tend to disagree	Strongly disagree	DK	Agree	Disagree
E25 EU25	24682	20%	33%	24%	17% 14%	6%	53% 57%	41% 40%
z Z	1000	26%	31%	26%		2%		
Z K	1029 1031	18% 25%	33% 32%	28% 22%	14% 16%	8% 4%	51% 58%	41% 38%
-W	1007	25%	24%	24%	23%	4%	49%	47%
	1557	24%	25%	24%	23%	3%	49%	48%
E	550	22%	26%	26%	23%	2%	48%	50%
	1000	18%	32%	24%	15%	11%	50%	39%
	1000	25%	32%	26%	16%	0%	57%	42%
;	1025	21%	35%	23%	12%	9%	56%	35%
	1012	28%	32%	20%	16%	4%	60%	36%
	1000	10%	42%	29%	11%	8%	52%	40%
	1000	16%	40%	24%	13%	6%	56%	38%
·	502	31%	25%	22%	17%	5%	56%	39%
	1000	23%	35%	20%	12%	10%	58%	31%
	1011	22%	30%	22%	16%	10%	51%	38%
	501	24%	26%	29%	16%	5%	51%	44%
J -	1015	20%	31%	21%	17%	11%	51%	38%
	500	20% 19%	31% 27%	26% 30%	15% 22%	8% 2%	51%	41% 52%
	1031	18%	37%	27%	13%	2% 5%	46% 55%	40%
	1002 1000	14%	31%	26%	19%	9%	45%	46%
	1000	14%	31%	28%	18%	7%	45%	46%
	1000	14%	33% 37%	28%	18%	7% 3%	47% 56%	46% 41%
	1030	19%	37%	29% 32%	12%	3% 6%	56% 50%	41%
	1017	14%	38%	29%	18%	1%	52%	47%
	1054	18%	37%	23%	19%	2%	55%	43%
	1321	17%	38%	23%	15%	6%	56%	38%
	1004	14%	20%	20%	30%	17%	34%	49%
2	1000	17%	32%	23%	20%	8%	49%	43%
	1002	19%	24%	16%	24%	17%	43%	40%
?	1005	17%	22%	18%	32%	10%	39%	51%
Y (tcc)	500	14%	23%	21%	31%	11%	37%	52%
ex								
ale	11902	20%	33%	25%	17%	5%	53%	42%
emale	12780	20%	33%	23%	17%	6%	53%	40%
ge								
5-24	3765	19%	36%	29%	14%	2%	55%	43%
5-39	6550	25%	37%	23%	12%	3%	62%	35%
0-54	6308	23%	37%	23%	13%	4%	61%	36%
5 +	8059	15%	25%	25%	25%	11%	40%	49%
ducation (End of)								
5	5992	15%	28%	23%	23%	11%	43%	46%
6-19	9671	22%	34%	24%	15%	4%	56%	39%
0+	6152 2464	22% 21%	36% 33%	24% 29%	14% 15%	3% 2%	58% 53%	38% 45%
till Studying	2464	21%	33%	29%	15%	2%	53%	45%
ousehold composition	4566	18%	27%	24%	21%	10%	45%	45%
	7903	17%	31%	26%	19%	6%	49%	45%
	4615	22%	38%	23%	13%	4%	60%	36%
	7598	24%	35%	24%	14%	3%	59%	38%
lace of birth	7070	2470	5575	2470	1470	570	3770	5070
urveyed country	23146	20%	33%	25%	17%	6%	53%	42%
J	627	27%	31%	20%	18%	5%	58%	37%
urope outside EU	336	34%	29%	16%	14%	7%	63%	30%
utside Europe	535	28%	32%	21%	15%	4%	60%	36%
arents' birth								
born country	21871	20%	33%	25%	17%	6%	53%	42%
country EU	817	24%	32%	24%	16%	4%	56%	40%
EU	768	29%	30%	17%	17%	7%	60%	34%
least 1 outside EU	1185	24%	37%	19%	15%	5%	60%	35%
eft-Right scale								
-4) Left	6422	22%	33%	25%	16%	4%	55%	41%
5-6) Centre	8105	21%	34%	24%	18%	4%	55%	42%
-10) Right	4322	19%	34%	26%	17%	4%	53%	42%
espondent occupation scale		4.77	9577	0	4.40	40/	,	
elf- employed	1995	26%	35%	21%	14%	4%	62%	35%
anagers	2653 2924	24% 23%	39%	22% 24%	13% 10%	2%	63%	35% 34%
ther white collars			42% 36%	24% 23%	10% 12%	2%	64% 62%	34% 34%
anual workers	5030 2485	26% 19%	36% 35%	23% 21%		4% 8%	62% 54%	34% 38%
ouse persons nemployed	2485 1275	19% 14%	35% 29%	21% 31%	16% 22%	8% 4%	54% 43%	38% 53%
nemployed etired	5855	12%	29%	26%	28%	12%	43% 34%	53%
etired	5855 2464	12% 21%	22% 33%	26%	28% 15%	12%	34% 53%	53% 45%
udents ubjective urbanisation	2404	2170	3370	2770	1370	270	3370	4070
ural village	8062	17%	31%	26%	20%	6%	48%	46%
nall/ mid size town	10428	21%	34%	24%	16%	5%	48% 55%	40%
rge town	6157	23%	35%	23%	14%	5%	58%	37%
hat is your weight?	0107	2370	3370	2370	1770	370	30 70	3170
ess than 55 kg	2090	20%	34%	26%	14%	5%	54%	41%
om 55 to 74 kg	11467	20%	34%	24%	17%	5%	54%	41%
om 55 to 74 kg om 75 to 89 kg	7010	19%	32%	26%	18%	5%	51%	41%
) kg and more	2778	23%	33%	22%	17%	5%	56%	39%
our current weight is ?	2770	2370	3370	22.70	17.70	370	3070	37/0
oo high	9415	22%	33%	23%	17%	5%	54%	40%
	1326	23%	33%	21%	17%	5%	56%	38%
oo low								
oo low cout right	13608	19%	33%	25%	17%	5%	53%	42%
oout right		19%	33%	25%	17%	5%	53%	42%
oout right ealth in general	13608		33% 35%				53%	
oo low sout right ea lth in general sood elther good nor bad		19% 21% 18%		25% 25% 24%	17% 16% 19%	5% 4% 9%		42% 40% 43%

QD23.4 To what extent do you agree or disagree with the following statements about sport and physical activity?

Being physically active does not really into	TOTAL	Strongly agree	Tend to agree	Tend to disagree	Strongly disagree	DK	Agree	Disagree
JE25 EU25 BE	24682	16% 21%	28% 29%	30%	23% 19%	4%	44% 50%	53% 49%
z Z	1000			30%		1%		
Z K	1029 1031	20% 17%	34% 21%	31% 27%	13% 32%	2% 3%	54% 38%	44% 59%
-W	1007	18%	20%	28%	32%	2%	38%	60%
	1557	17%	21%	28%	32%	2%	38%	60%
E	550	14%	24%	28%	33%	2%	37%	61%
	1000	15%	28%	33%	18%	6%	43%	51%
	1000	14%	29%	35%	21%	0%	44%	56%
;	1025	22%	35%	24%	14%	6%	57%	37%
	1012	19%	25%	27%	25%	3%	44%	53%
	1000	7%	31%	36%	21%	6%	37%	57%
	1000	14%	38%	28%	15%	5%	53%	43%
•	502	18%	26%	29%	24%	3%	44%	52%
	1000	19%	30%	29%	15%	7%	49%	44%
	1011	15%	27%	34%	18%	7%	41%	52%
	501	27%	23%	26%	20%	3%	50%	46%
J -	1015	24%	30%	30%	14%	2%	54%	44%
	500	10% 11%	28% 19%	32% 36%	27% 33%	2% 1%	38% 30%	60% 69%
	1031		18%	34%	29%	13%	24%	63%
	1002 1000	6% 10%	28%	36%	20%	6%	38%	56%
	1000	17%	37%	25%	16%	5%	54%	41%
	1000	12%	25%	25% 36%	24%	3%	36%	61%
	1030	10%	25% 35%	36%	17%	3%	36% 45%	53%
•	1017	10%	21%	33%	36%	1%	31%	69%
	1054	10%	20%	30%	39%	1%	30%	69%
	1321	12%	27%	36%	21%	3%	39%	58%
3	1004	37%	29%	15%	11%	7%	66%	26%
?	1000	14%	27%	29%	24%	6%	41%	53%
)	1002	26%	32%	17%	13%	11%	58%	30%
2	1005	13%	20%	21%	35%	11%	33%	56%
Y (tcc)	500	18%	20%	24%	29%	10%	37%	53%
ex								
ale	11902	15%	27%	31%	24%	3%	42%	55%
emale	12780	17%	29%	30%	21%	4%	46%	51%
ge								
5-24	3765	11%	25%	33%	29%	2%	36%	62%
5-39	6550	12%	28%	34%	24%	2%	40%	58%
0-54	6308	15%	29%	32%	21%	3%	44%	53%
5 +	8059	21%	29%	24%	20%	6%	50%	44%
ducation (End of)								
5	5992	23%	31%	23%	16%	6%	55%	39%
6-19 0+	9671 6152	14% 12%	30% 23%	32% 35%	20% 29%	3% 2%	45% 35%	52% 63%
till Studying	2464	10%	22%	32%	34%	2%	33%	66%
lousehold composition	2404	10%	2270	32 %	3476	270	3370	00 70
ouseriola composition	4566	20%	26%	28%	21%	5%	46%	50%
	7903	17%	30%	27%	21%	4%	47%	49%
	4615	13%	29%	32%	22%	3%	43%	54%
+	7598	13%	27%	33%	25%	3%	39%	58%
lace of birth								
urveyed country	23146	15%	28%	30%	22%	4%	43%	53%
J Š	627	19%	28%	25%	24%	3%	47%	50%
urope outside EU	336	21%	25%	27%	24%	2%	47%	51%
utside Europe	535	16%	31%	29%	22%	2%	47%	51%
arents' birth								
born country	21871	15%	28%	31%	22%	4%	43%	53%
country EU	817	17%	30%	30%	20%	3%	47%	50%
EU	768	21%	24%	26%	25%	4%	44%	52%
least 1 outside EU	1185	15%	30%	29%	25%	2%	45%	53%
eft-Right scale	/ 100	4501	0707	9401	2401	20/	4001	EE0.
-4) Left	6422	15%	27% 28%	31% 31%	24% 24%	3%	42%	55% 56%
i-6) Centre i-10) Right	8105 4322	14% 16%	28% 28%	31% 31%	24% 22%	3% 3%	42% 44%	56% 53%
espondent occupation scale	4322	1070	2070	3170	2270	370	4470	3370
espondent occupation scale elf- employed	1995	14%	29%	33%	21%	3%	43%	54%
anagers	2653	9%	19%	37%	34%	1%	28%	71%
ther white collars	2924	13%	30%	35%	20%	2%	42%	56%
anual workers	5030	15%	31%	31%	20%	3%	46%	51%
ouse persons	2485	18%	32%	28%	17%	5%	50%	45%
nemployed	1275	19%	28%	32%	19%	2%	47%	51%
etired	5855	22%	29%	23%	19%	7%	51%	42%
udents	2464	10%	22%	32%	34%	2%	33%	66%
ubjective urbanisation								
ıral village	8062	14%	27%	30%	24%	4%	42%	54%
nall/ mid size town	10428	16%	29%	30%	22%	3%	45%	52%
rge town	6157	16%	28%	31%	22%	3%	44%	53%
hat is your weight?								
ss than 55 kg	2090	14%	30%	31%	21%	4%	44%	53%
om 55 to 74 kg	11467	15%	28%	30%	24%	3%	43%	54%
om 75 to 89 kg	7010	16%	27%	31%	22%	4%	43%	54%
kg and more	2778	18%	28%	30%	21%	3%	46%	51%
our current weight is ?								
oo high	9415	17%	29%	30%	21%	4%	46%	50%
oo low	1326	17%	29%	27%	22%	4%	46%	50%
oout right	13608	14%	27%	31%	24%	3%	42%	55%
ealth in general								
ealth in general	18561	14%	27%	32%	25%	2%	41%	57%
ealth in general good either good nor bad ad	18561 4630 1393	14% 21% 23%	27% 31% 28%	32% 28% 20%	25% 15% 18%	2% 5% 11%	41% 52% 51%	57% 43% 37%

QD23.5 To what extent do you agree or disagree with the following statements about sport and physical activity?

My local authority does not do enough for its citizens in relation to physical activities

	TOTAL	Strongly agree	Tend to agree	Tend to disagree	Strongly disagree	DK	Agree	Disagree
E25 EU25	24682	12%	27%	30%	20%	11%	39%	50%
E	1000	9%	27%	44%	17%	3%	37%	61%
2	1029	9%	29%	38%	9%	15%	38%	47%
(1031	7%	16%	33%	37%	8%	23%	70%
W	1007	8%	13%	26%	46%	8%	20%	71%
	1557	8%	13%	27%	44%	8%	21%	71%
Ĭ.	550	8%	17%	32%	36%	7%	25%	68%
	1000	13%	25%	28%	16%	19%	38%	43%
	1000	11%	28%	40%	17%	4%	39%	57%
	1025	19%	38%	18%	7%	18%	57%	26%
	1012	8%	18%	37%	29%	7%	26%	67%
	1000	11%	33%	29%	10%	17%	44%	39%
	1000	14%	42%	24%	8%	12%	56%	32%
	502	26%	28%	27% 25%	12% 15%	7%	54% 44%	38% 40%
	1000	16%				16%		
	1011	19%	29%	21%	9%	22%	47%	30%
	501	10%	18%	33%	29%	10%	28%	62%
J T	1015 500	13% 16%	30% 32%	28% 27%	10% 10%	19% 14%	43% 49%	38% 37%
	1031	8%	17%	37%	28%	9%	49% 25%	66%
		5%	17%		28%		23%	
	1002			34%		15%	23% 55%	63%
	1000	20%	35%	24%	9%	12%		33%
	1000	12%	39%	25%	11%	13%	51%	36%
	1030	11%	34%	34%	15%	7%	45%	48%
	1044	14%	36%	29%	7%	14%	50%	36%
	1017	6%	19%	39%	32%	3%	25%	72%
	1054	8%	16%	35%	31%	10%	24%	66%
	1321	10%	26%	37%	14%	13%	36%	51%
	1004	25%	30%	12%	8%	25%	55%	20%
?	1000	20%	28%	25%	11%	15%	48%	37%
	1002	28%	24%	13%	7%	28%	51%	20%
2	1005	30%	23%	13%	17%	17%	53%	30%
/ (tcc)	500	29%	22%	18%	17%	15%	51%	34%
ex .								
ale	11902	12%	28%	30%	19%	10%	40%	49%
emale	12780	11%	26%	30%	22%	12%	37%	51%
ge								
5-24	3765	15%	31%	33%	14%	8%	45%	47%
5-39	6550	12%	30%	31%	18%	9%	42%	49%
D-54	6308	11%	28%	31%	22%	8%	39%	53%
5 +	8059	10%	23%	27%	25%	16%	32%	52%
ducation (End of)								
5	5992	11%	26%	26%	20%	17%	37%	46%
6-19	9671	12%	28%	31%	20%	10%	40%	51%
0+	6152	11%	26%	32%	23%	8%	37%	55%
till Studying	2464	14%	28%	33%	16%	8%	42%	50%
ousehold composition								
							34%	50%
	4566	9%	25%	29%	22%	16%	34%	
	7903	11%	24%	30%	23%	12%	35%	52%
		11% 12%		30% 31%	23% 18%	12% 9%		50%
+	7903	11%	24%	30%	23%	12%	35%	
+ lace of birth	7903 4615 7598	11% 12% 13%	24% 29% 30%	30% 31% 30%	23% 18% 19%	12% 9% 8%	35% 42% 43%	50% 49%
	7903 4615	11% 12%	24% 29%	30% 31%	23% 18%	12% 9%	35% 42%	50%
rveyed country	7903 4615 7598	11% 12% 13%	24% 29% 30%	30% 31% 30%	23% 18% 19%	12% 9% 8%	35% 42% 43%	50% 49%
urveyed country J	7903 4615 7598 23146	11% 12% 13%	24% 29% 30%	30% 31% 30% 30%	23% 18% 19%	12% 9% 8% 11%	35% 42% 43%	50% 49% 50%
urveyed country U urope outside EU	7903 4615 7598 23146 627 336	11% 12% 13% 11% 13% 11%	24% 29% 30% 27% 20% 23%	30% 31% 30% 30% 30% 32% 20%	23% 18% 19% 20% 24% 31%	12% 9% 8% 11% 10% 15%	35% 42% 43% 39% 33% 34%	50% 49% 50% 57% 50%
urveyed country J urope outside EU utside Europe	7903 4615 7598 23146 627	11% 12% 13% 11% 11%	24% 29% 30% 27% 20%	30% 31% 30% 30% 32%	23% 18% 19% 20% 24%	12% 9% 8% 11% 10%	35% 42% 43% 39% 33%	50% 49% 50% 57%
urveyed country J urope outside EU utside Europe arents' birth	7903 4615 7598 23146 627 336	11% 12% 13% 11% 13% 11% 13%	24% 29% 30% 27% 20% 23% 27%	30% 31% 30% 30% 30% 32% 20%	23% 18% 19% 20% 24% 31%	12% 9% 8% 11% 10% 15% 14%	35% 42% 43% 39% 33% 34% 40%	50% 49% 50% 57% 50%
urveyed country J urope outside EU utside Europe arents' birth born country	7903 4615 7598 23146 627 336 535	11% 12% 13% 11% 13% 11% 13%	24% 29% 30% 27% 20% 23% 27%	30% 31% 30% 30% 32% 20% 23%	23% 18% 19% 20% 24% 31% 23%	12% 9% 8% 11% 10% 15% 14%	35% 42% 43% 39% 33% 34% 40%	50% 49% 50% 57% 50% 46% 50% 54%
urveyed country J J J J J J J J J J J J J J J J J J J	7903 4615 7598 23146 627 336 535	11% 12% 13% 11% 13% 11% 13%	24% 29% 30% 27% 20% 23% 27%	30% 31% 30% 30% 32% 20% 23%	23% 18% 19% 20% 24% 31% 23%	12% 9% 8% 11% 10% 15% 14%	35% 42% 43% 39% 33% 34% 40%	50% 49% 50% 57% 50% 46%
urveyed country J J J J J J J J J J J J J J J J J J J	7903 4615 7598 23146 627 336 535 21871 817 768	11% 12% 13% 11% 13% 11% 13% 11% 12%	24% 29% 30% 27% 20% 23% 27% 24% 24% 21%	30% 31% 30% 30% 32% 20% 23% 30% 32% 26%	23% 18% 19% 20% 24% 31% 23% 20% 22% 28%	12% 9% 8% 11% 10% 15% 14% 11% 10%	35% 42% 43% 39% 33% 34% 40% 39% 36% 33%	50% 49% 50% 57% 50% 46% 50% 54% 54%
urveyed country J J J J J J J J J J J J J J J J J J J	7903 4615 7598 23146 627 336 535 21871 817	11% 12% 13% 11% 13% 11% 13%	24% 29% 30% 27% 20% 23% 27% 27%	30% 31% 30% 30% 32% 20% 23% 30% 32%	23% 18% 19% 20% 24% 31% 23% 20% 22%	12% 9% 8% 11% 10% 15% 14%	35% 42% 43% 39% 33% 34% 40% 39% 36%	50% 49% 50% 57% 50% 46% 50% 54%
urveyed country J urope outside EU utside Europe arents' birth born country country EU EU et Eleast 1 outside EU ett-Right scale	7903 4615 7598 23146 627 336 535 21871 817 768	11% 12% 13% 11% 13% 11% 13% 11% 12%	24% 29% 30% 27% 20% 23% 27% 24% 24% 21%	30% 31% 30% 30% 32% 20% 23% 30% 32% 26%	23% 18% 19% 20% 24% 31% 23% 20% 22% 28%	12% 9% 8% 11% 10% 15% 14% 11% 10%	35% 42% 43% 39% 33% 34% 40% 39% 36% 33%	50% 49% 50% 57% 50% 46% 50% 54% 54%
urveyed country J J urope outside EU urside Europe arents' birth boor country EU U least 1 outside EU ftf-Right scale -4). Left	7903 4615 7598 23146 627 336 535 21871 817 768 1185	11% 12% 13% 11% 13% 11% 13% 12% 12% 11%	24% 29% 30% 27% 20% 23% 27% 27% 24% 24% 24% 23%	30% 31% 30% 30% 30% 32% 20% 23% 30% 32% 32% 30%	23% 18% 19% 20% 24% 31% 23% 20% 22% 22% 21%	12% 9% 8% 11% 10% 15% 14% 11% 10% 13% 14%	35% 42% 43% 39% 33% 34% 40% 39% 35% 36% 36% 36% 36% 34%	50% 49% 50% 57% 50% 46% 50% 54% 54% 51%
urveyed country J J J J J J J J J J J J J J J J J J J	7903 4615 7598 23146 627 336 535 21871 817 768 1185	11% 12% 13% 11% 13% 13% 13% 11% 12% 12% 12%	24% 29% 30% 27% 20% 23% 27% 27% 24% 21% 23%	30% 31% 30% 30% 32% 20% 23% 23% 26% 30% 32% 26% 30%	23% 18% 19% 20% 24% 31% 23% 20% 22% 28% 21%	12% 9% 8% 11% 10% 15% 14% 11% 10% 13% 14%	35% 43% 43% 39% 33% 33% 34% 40% 39% 39% 34% 34% 38%	50% 49% 50% 57% 50% 46% 50% 54% 51%
urveyed country J J urope outside EU urside Europe arents' birth bobor borountry EU U least 1 outside EU fft-Right scale -4) Left -6) Centre -10) Right	7903 4615 7598 23146 627 336 535 21871 817 768 1185	11% 12% 13% 11% 13% 11% 13% 12% 12% 12% 11%	24% 29% 30% 27% 20% 23% 27% 21% 24% 24% 24% 23% 26% 25%	30% 31% 30% 30% 32% 20% 23% 32% 26% 30% 31% 32%	23% 18% 19% 20% 24% 31% 23% 20% 22% 22% 21% 21%	12% 9% 8% 11% 10% 15% 14% 11% 10% 13% 14%	35% 42% 43% 39% 33% 34% 40% 39% 36% 36% 38% 38% 38%	50% 49% 50% 57% 50% 46% 54% 54% 51% 55%
urveyed country J J urope outside EU utside Europe arents' birth born country EU EU Eust 1 outside EU oft-Right scale -4) Left -6) Centre -10) Right aspondent occupation scale	7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322	11% 12% 13% 11% 13% 11% 13% 11% 12% 12% 12% 11%	24% 29% 30% 27% 20% 23% 27% 27% 21% 24% 21% 23% 26%	30% 30% 30% 30% 32% 20% 23% 20% 22% 26% 30% 31% 32% 32% 32%	23% 18% 19% 20% 24% 23% 23% 20% 22% 28% 21% 21% 23% 22%	12% 9% 8% 11% 10% 15% 14% 11% 10% 13% 14%	35% 42% 43% 39% 33% 44% 40% 39% 36% 33% 34% 34%	50% 49% 50% 57% 50% 46% 54% 54% 51%
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urveyed country J J urope outside EU utside Europe urents' birth born country U least 1 outside EU utside EU utside Europe urents' birth born country U least 1 outside EU utside EU utsid	7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010	11% 12% 13% 11% 13% 11% 13% 11% 12% 12% 11% 12% 11% 14% 9% 11% 14% 9% 12% 10% 11% 11% 12% 12% 12% 12% 12% 12% 12% 12	24% 29% 30% 27% 20% 23% 23% 27% 24% 21% 24% 21% 26% 26% 28% 25% 26% 22% 22% 22% 22% 22% 22% 22% 22% 22	30% 30% 30% 32% 20% 23% 30% 32% 26% 30% 31% 32% 29% 32% 29% 32% 20% 32% 32% 32% 32% 32% 32% 32% 32% 32% 32	23% 18% 19% 20% 24% 31% 23% 20% 22% 28% 21% 21% 21% 22% 22% 21% 23% 22% 26% 19% 26% 18% 19% 14% 215% 16%	12% 9% 8% 11% 10% 15% 14% 11% 10% 13% 14% 9% 9% 10% 7% 8% 9% 11% 11% 12% 13% 10% 11% 11%	35% 43% 43% 43% 39% 33% 34% 40% 39% 36% 33% 34% 40% 38% 42% 42% 40% 40% 38% 42%	50% 57% 50% 57% 50% 46% 54% 54% 51% 52% 55% 54% 648% 59% 50% 50% 50% 52% 46% 40% 52% 50% 51% 52% 48%
proyed country	7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	11% 12% 13% 11% 13% 11% 13% 11% 12% 12% 12% 11% 14% 9% 12% 11% 14% 9% 12% 11% 14% 19% 12% 11% 18% 10% 13% 12% 11% 11%	24% 29% 30% 27% 20% 23% 27% 21% 21% 24% 21% 24% 21% 26% 28% 26% 28% 25% 30% 29% 29% 29% 29% 29% 29% 29% 29% 29% 27% 27% 26% 28% 25% 25% 26% 26% 25%	30% 30% 30% 32% 20% 23% 30% 32% 26% 30% 31% 32% 29% 32% 29% 34% 22% 29% 33% 30% 30% 30% 30% 30% 31% 32%	23% 18% 19% 20% 24% 31% 23% 20% 22% 28% 21% 21% 22% 22% 22% 21% 19% 19% 19% 19% 19% 19% 19% 19% 19% 25% 21% 21% 22% 22% 22% 22% 22% 22% 22% 22	12% 9% 8% 11% 10% 15% 14% 11% 10% 13% 14% 9% 9% 14% 10% 10% 13% 10% 10% 11% 11% 11% 11% 11%	35% 42% 43% 39% 33% 34% 40% 39% 34% 40% 39% 34% 40% 39% 42% 42% 42% 42% 42% 43% 42% 40% 40% 40% 40% 40% 39% 40% 38% 40% 38% 40% 38% 40%	50% 49% 50% 57% 50% 46% 54% 54% 51% 52% 54% 48% 59% 50% 46% 52% 48% 48% 52% 50% 51% 52% 46% 54% 54%
urveyed country J Jurope outside EU utside Europe arents' birth born country Country EU Least 1 outside EU fft-Right scale -4) Left -6) Centre -10) Right espondent occupation scale eff-employed anagers her white collars anual workers ouse persons enemployed altired dudents bijective urbanisation aral village mall mid size town rege town hat is your weight ? sss than 55 kg om 75 to 89 kg ob gand more our current weight is ? oo high ool wo	7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778 9415	11% 12% 13% 11% 13% 11% 13% 11% 12% 12% 12% 11% 12% 12% 11% 14% 9% 12% 11% 14% 9% 12% 12% 12% 12% 12% 10% 13% 12% 10% 13%	24% 29% 30% 27% 20% 23% 23% 27% 24% 21% 24% 21% 25% 26% 25% 26% 28% 25% 27% 27% 27% 27% 27% 27% 27% 27% 27% 26% 28%	30% 30% 30% 32% 32% 20% 23% 32% 26% 30% 31% 32% 22% 29% 34% 22% 22% 32% 30% 30% 31% 32% 32% 32% 32% 32% 32% 32% 32% 32% 32	23% 18% 19% 20% 24% 31% 23% 20% 22% 28% 21% 21% 21% 21% 22% 28% 21% 21% 21% 22% 19% 26% 18% 19% 14% 25% 16% 118% 21% 21% 21% 21% 22% 22% 23% 23% 23% 28%	12% 9% 8% 11% 10% 15% 14% 10% 13% 14% 9% 9% 9% 9% 10% 7% 8% 9% 11% 11% 11% 11% 10% 11% 11% 11% 11% 11	35% 43% 43% 43% 39% 43% 34% 40% 39% 36% 33% 34% 40% 38% 42% 40% 51% 38% 38% 40% 38% 38% 40%	50% 57% 50% 57% 50% 46% 54% 54% 51% 52% 48% 59% 50% 50% 50% 50% 50% 51% 52% 48% 54% 54% 54% 54% 54% 54%
urveyed country J J Jrope outside EU Jrope outside EU Justide Europe arents' birth born country L U J J J J J J J J J J J J J J J J J J	7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778 9415 1326 13608	11% 12% 13% 11% 13% 11% 13% 11% 12% 12% 11% 12% 11% 12% 11% 12% 11% 14% 9% 12% 11% 14% 9% 12% 12% 10% 10% 14% 10% 10% 11% 11% 12% 12% 10% 11% 12% 12% 12% 12% 12% 12% 12% 12% 12	24% 29% 30% 27% 20% 23% 27% 24% 21% 24% 21% 23% 26% 25% 26% 28% 25% 26% 28% 27% 27% 28% 27% 26% 28% 27% 26% 28% 28%	30% 31% 30% 32% 20% 23% 32% 26% 30% 31% 32% 26% 30% 31% 32% 32% 30% 31% 32% 30% 31% 32% 30% 30% 30% 30% 30% 30% 30% 30% 30% 30	23% 18% 19% 20% 24% 31% 23% 20% 22% 28% 21% 21% 21% 21% 22% 19% 26% 18% 19% 14% 21% 21% 21% 21% 22% 22% 28% 21% 21% 23% 22%	12% 9% 8% 11% 10% 15% 14% 10% 13% 14% 9% 9% 9% 10% 7% 8% 9% 11% 10% 11% 10% 11% 10% 11% 11% 10%	35% 43% 43% 43% 39% 43% 34% 40% 39% 36% 33% 34% 40% 38% 42% 40% 51% 42% 40% 51% 42% 40% 51% 42% 40% 51% 42% 40% 51% 42% 40% 51% 41% 40%	50% 57% 50% 57% 50% 46% 54% 54% 51% 52% 59% 50% 50% 50% 50% 50% 50% 51% 52% 48% 48% 50% 51% 54%
urveyed country J J urope outside EU urside Europe arents' birth born country country EU U U U U U U U U U U U U U U U U U U	7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778 9415	11% 12% 13% 11% 13% 11% 13% 11% 12% 12% 12% 11% 12% 12% 11% 14% 9% 12% 11% 14% 9% 12% 12% 12% 12% 12% 10% 13% 12% 10% 13%	24% 29% 30% 27% 20% 23% 23% 27% 24% 21% 24% 21% 25% 26% 25% 26% 28% 25% 27% 27% 27% 27% 27% 27% 27% 27% 27% 26% 28%	30% 31% 30% 32% 32% 20% 23% 30% 32% 32% 26% 30% 31% 32% 32% 32% 32% 32% 33% 31% 32% 30% 30% 30% 30% 30% 30% 30% 30% 30% 30	23% 18% 19% 20% 24% 31% 23% 20% 22% 28% 21% 21% 21% 21% 22% 28% 21% 21% 21% 22% 19% 26% 18% 19% 14% 25% 16% 118% 21% 21% 21% 21% 22% 22% 23% 23% 23% 28%	12% 9% 8% 11% 10% 15% 14% 10% 13% 14% 9% 9% 9% 9% 10% 7% 8% 9% 11% 11% 11% 11% 10% 11% 11% 11% 11% 11	35% 43% 43% 43% 39% 43% 34% 40% 39% 36% 33% 34% 40% 38% 42% 40% 51% 38% 38% 40% 38% 38% 40%	50% 57% 50% 57% 50% 46% 54% 54% 51% 52% 48% 59% 50% 50% 50% 50% 50% 51% 52% 48% 54% 54% 54% 54% 54% 54%

QD24.1 To what extent do you agree or disagree with the following statements?

From what I see in (OUR COUNTRY), there	e seem to be more overw	eight children these days ti	han there were five years	s ago				
	TOTAL	Totally agree	Tend to agree	Tend to disagree	Totally disagree	DK	Agree	Disagree
UE25 EU25 BE	24682 1000	50% 54%	33% 34%	8% 9%	2% 1%	7% 2%	84% 88%	10% 11%
CZ CZ				9% 20%	1%		88% 71%	
DK	1029 1031	30% 63%	41% 25%	20% 7%	2% 1%	7% 4%	71% 88%	22% 8%
D-W	1007	64%	26%	6%	0%	3%	90%	7%
DE DE	1557	66%	25%	6%	1%	3%	91%	7%
D-E	550	72%	20%	6%	1%	1%	92%	7%
EE	1000	21%	27%	22%	9%	21%	48%	31%
EL	1000	65%	29%	5%	1%	0%	94%	6%
ES	1025	52%	34%	5%	1%	8%	86%	6%
FR	1012	64%	30%	3%	1%	3%	93%	3%
IE	1000	47%	38%	9%	0%	6%	85%	9%
IT	1000	34%	45%	9%	4%	9%	78%	13%
CY	502	75%	20%	4%	0%	1%	95%	4%
LV	1000	18%	25%	32%	10%	15%	43%	42%
LT	1011	18%	30%	28%	5%	20%	47%	33%
LU	501	45%	30%	13%	3%	10%	75%	15%
HU	1015	48%	34%	8%	2%	8%	82%	10%
MT	500	48%	30%	12%	3%	7%	78%	15%
NL	1031	58%	30%	6%	1%	4%	88%	7%
AT	1002	30%	45%	14%	4%	7%	75%	18%
PL	1000	26%	37%	15%	3%	20%	63%	17%
PT	1000	58%	33%	4%	1%	4%	91%	4%
SI	1030	48%	35%	11%	0%	6%	83%	11%
SK	1044	27%	43%	21%	2%	6%	70%	23%
FI SE	1017 1054	40% 70%	40% 22%	12% 3%	2% 0%	5% 3%	80% 93%	15% 4%
DK.		70% 53%	22% 32%	3% 8%	1%	3% 6%	93% 85%	4% 9%
UK BG	1321							
HR	1004 1000	34% 39%	32% 32%	16% 16%	4% 4%	14% 10%	66% 71%	20% 19%
RO .	1000	26%	32% 29%	11%	4%	31%	54%	15%
TR	1002	37%	33%	7%	11%	13%	70%	17%
CY (tcc)	500	44%	27%	9%	5%	15%	71%	14%
Sex	300	4470	2770	7 70	370	1370	7170	1470
Male	11902	49%	33%	8%	2%	8%	83%	10%
Female	12780	51%	33%	8%	1%	6%	84%	10%
Age								
15-24	3765	48%	35%	7%	1%	8%	83%	8%
25-39	6550	49%	34%	9%	1%	7%	83%	10%
40-54	6308	50%	34%	9%	1%	5%	85%	11%
55 +	8059	53%	31%	7%	2%	8%	83%	9%
Education (End of)								
15	5992	49%	33%	7%	2%	9%	82%	10%
16-19	9671	51%	33%	9%	1%	6%	84%	10%
20+	6152	53%	33%	8%	1%	5%	86%	9%
Still Studying	2464	48%	35%	7%	1%	9%	83%	9%
Household composition								
1	4566	52%	32%	8% 7%	2%	7%	84% 85%	9% 8%
3	7903 4615	52% 49%	32% 34%	7% 9%	1% 2%	7% 6%	83%	8% 11%
4+	7598	48%	35%	9%	2%	7%	83%	11%
Place of birth	7376	40 70	3370	970	278	1 70	8376	1170
Surveyed country	23146	50%	33%	8%	2%	7%	84%	10%
EU	627	49%	31%	9%	1%	9%	81%	10%
Europe outside EU	336	50%	30%	9%	2%	9%	81%	11%
Outside Europe	535	51%	33%	8%	1%	7%	84%	9%
Parents' birth								
2 born country	21871	50%	33%	8%	2%	7%	84%	10%
1 country EU	817	56%	29%	9%	1%	5%	85%	10%
2EU	768	53%	30%	10%	1%	6%	83%	11%
At least 1 outside EU	1185	49%	35%	7%	1%	8%	84%	8%
Left-Right scale								
(1-4) Left	6422	54%	31%	7%	2%	6%	86%	9%
(5-6) Centre	8105	54%	33%	7%	1%	5%	87%	8%
(7-10) Right	4322	51%	33%	10%	2%	5%	84%	11%
Respondent occupation scale	1005	470/	2/0/	004	10/	004	020/	00/
Self- employed	1995	47%	36%	8%	1%	8%	83%	9%
Managers Other white collars	2653 2924	55% 49%	33% 36%	7% 9%	1% 1%	4% 5%	88% 86%	8% 9%
Manual workers	2924 5030	49% 51%	36% 32%	9% 10%	1%	5% 6%	86% 83%	9% 11%
	2485	49%	35%	8%	2%	6%	84%	10%
House persons Unemployed	2485 1275	49% 48%	35%	8% 9%	2% 1%	6% 8%	84% 82%	10%
Retired	5855	52%	30%	7%	2%	9%	82%	9%
Students	2464	48%	35%	7%	1%	9%	83%	9%
Subjective urbanisation	2.101	4070	0070	,,,,	1,0	,,,	33,0	,,,,
Rural village	8062	50%	31%	9%	2%	8%	82%	11%
Small/ mid size town	10428	50%	35%	8%	1%	6%	85%	9%
Large town	6157	51%	33%	7%	2%	7%	84%	9%
What is your weight?	3107	2170	2070				2470	
Less than 55 kg	2090	52%	32%	7%	2%	7%	84%	9%
From 55 to 74 kg	11467	51%	33%	8%	1%	6%	84%	10%
From 75 to 89 kg	7010	50%	34%	8%	1%	6%	84%	10%
90 kg and more	2778	52%	32%	8%	1%	7%	84%	9%
Your current weight is ?								
Too high	9415	54%	32%	7%	1%	6%	86%	8%
Too low	1326	53%	30%	7%	2%	8%	83%	10%
About right	13608	48%	34%	9%	1%	7%	82%	10%
Health in general								
Good	18561	52%	34%	8%	1%	6%	85%	9%
Neither good nor bad	4630	46%	34%	10%	2%	8%	80%	11%
Bad	1393	49%	28%	8%	4%	12%	77%	12%

QD24.2 To what extent do you agree or disagree with the following statements?

From what I see in my country, there see						-		
UE25 EU25	TOTAL 24682	Totally agree	Tend to agree	Tend to disagree	Totally disagree	DK 7%	Agree 82%	Disagree 11%
BE SEE	1000	44%	41%	12%	1%	2%	84%	14%
CZ	1029	28%	41%	22%	3%	7%	69%	24%
DK	1031	62%	28%	7%	1%	3%	90%	7%
D-W	1007	51%	33%	9%	1%	5%	84%	10%
DE	1557	53%	31%	10%	1%	5%	84%	11%
D-E	550	59%	24%	14%	1%	2%	83%	15%
EE	1000	19%	32%	23%	7%	19%	50%	30%
EL ES	1000 1025	62% 51%	31% 35%	7% 5%	0% 2%	0% 8%	92% 86%	7% 7%
FR .	1012	51%	35%	7%	2%	6%	85%	9%
IE .	1000	44%	43%	8%	0%	5%	87%	8%
IT	1000	31%	46%	10%	3%	10%	77%	13%
CY	502	68%	25%	6%	0%	2%	92%	6%
LV	1000	18%	32%	31%	6%	12%	50%	37%
LT	1011	19%	38%	22%	4%	18%	56%	26%
LU	501	41%	35%	13%	2%	10%	76%	14%
HU	1015	48%	35%	9%	2%	7%	83%	11%
MT	500	43% 49%	32% 33%	17% 11%	3%	5%	75% 82%	19% 12%
NL AT	1031	29%	46%	15%	1% 3%	6% 7%	75%	19%
PL	1002 1000	25%	43%	14%	2%	16%	68%	16%
PT	1000	56%	35%	4%	1%	4%	91%	5%
SI	1030	46%	39%	10%	0%	4%	86%	10%
SK	1044	27%	48%	18%	2%	5%	74%	20%
FI	1017	33%	48%	14%	2%	3%	81%	16%
SE	1054	61%	29%	5%	0%	4%	91%	5%
UK	1321	53%	36%	5%	1%	5%	88%	6%
BG	1004	27%	34%	19%	6%	14%	61%	25%
HR PO	1000	44%	34%	12%	2%	8%	78%	14%
RO TR	1002 1005	27% 39%	34% 34%	10% 6%	3% 10%	26% 11%	61% 73%	13% 16%
CY (tcc)	1005 500	39% 45%	34% 29%	6% 9%	10% 5%	11% 13%	73% 74%	16% 14%
Sex	500	45%	∠9%	470	376	13%	/ 476	14%
Male	11902	43%	38%	10%	2%	7%	81%	11%
Female	12780	46%	36%	9%	2%	7%	83%	11%
Age								
15-24	3765	39%	39%	10%	1%	10%	79%	11%
25-39	6550	44%	38%	10%	1%	6%	82%	11%
40-54	6308	45%	39%	10%	2%	5%	84%	11%
55 +	8059	48%	34%	8%	2%	8%	82%	10%
Education (End of) 15	5992	45%	36%	8%	2%	8%	81%	11%
16-19	9671	46%	37%	10%	2%	6%	82%	12%
20+	6152	47%	37%	9%	1%	6%	84%	10%
Still Studying	2464	39%	38%	10%	2%	11%	77%	11%
Household composition								
1	4566	47%	35%	9%	2%	7%	82%	11%
2	7903	46%	37%	8%	1%	7%	83%	10%
3	4615	45%	37%	10%	2%	6%	82%	12%
4+ Place of birth	7598	42%	39%	10%	1%	7%	81%	12%
Surveyed country	23146	45%	37%	9%	2%	7%	82%	11%
EU	627	46%	33%	11%	2%	8%	79%	14%
Europe outside EU	336	45%	33%	9%	0%	13%	77%	9%
Outside Europe	535	48%	34%	12%	1%	6%	81%	13%
Parents' birth								
2 born country	21871	45%	37%	9%	2%	7%	82%	11%
1 country EU	817	47%	34%	11%	1%	6%	82%	12%
2EU At least 1 outside EU	768	47%	35%	10%	1%	7%	82%	11%
At least 1 outside EU Left-Right scale	1185	45%	35%	10%	2%	8%	80%	12%
(1-4) Left	6422	47%	36%	10%	1%	6%	83%	11%
(5-6) Centre	8105	47%	37%	9%	1%	5%	85%	10%
(7-10) Right	4322	47%	36%	11%	1%	5%	83%	12%
Respondent occupation scale								
Self- employed	1995	42%	40%	9%	2%	7%	82%	10%
Managers	2653	49%	37%	8%	1%	5%	86%	10%
Other white collars	2924	43%	40%	10%	1%	5%	84%	11%
Manual workers	5030	45%	37%	11%	1%	5%	83%	12%
House persons Unemployed	2485 1275	45% 43%	38% 39%	8% 9%	3% 2%	6% 8%	83% 82%	11% 11%
Retired	1275 5855	43% 47%	39%	9% 8%	2%	9%	82% 81%	11%
Students	2464	39%	38%	10%	2%	11%	77%	11%
Subjective urbanisation	2-10-1	2770	20,0				.,,,,	,
Rural village	8062	44%	36%	10%	2%	8%	80%	12%
Small/ mid size town	10428	44%	38%	9%	2%	7%	83%	11%
Large town	6157	48%	36%	8%	2%	6%	84%	10%
What is your weight?								
Less than 55 kg	2090	46%	35%	9%	2%	8%	82%	11%
From 55 to 74 kg	11467	45%	37%	9%	2%	7%	83%	11%
From 75 to 89 kg	7010	44%	38%	10%	1%	6%	82%	12%
90 kg and more Your current weight is ?	2778	48%	37%	9%	1%	6%	85%	10%
Too high	9415	49%	36%	8%	1%	6%	85%	10%
Too low	1326	47%	34%	10%	2%	8%	81%	11%
About right	13608	42%	39%	10%	2%	8%	81%	12%
Health in general								
Good	18561	45%	38%	9%	1%	6%	83%	11%
Neither good nor bad	4630	43%	36%	11%	2%	8%	80%	13%
Bad	1393	47%	30%	8%	3%	12%	77%	12%

QD24.3 To what extent do you agree or disagree with the following statements?

JE25 EU25	TOTAL	Totally agree	Tend to agree	Tend to disagree	Totally disagree	DK	Agree	Disagree
25 EU25	24682	75% 85%	21%	2%	1%	1%	96%	2%
	1000		14% 23%	1% 1%	0% 0%	0% 0%	99% 99%	1% 1%
	1029 1031	76% 92%	23% 7%	1% 0%	0%	0% 1%	99% 98%	1%
W	1031	92% 85%	12%	2%	0%	0%	98%	2%
	1557	86%	12%	2%	0%	0%	98%	2%
E	550	86%	12%	2%	0%	0%	98%	2%
<u>-</u>	1000	81%	16%	1%	1%	1%	97%	2%
	1000	81%	11%	0%	1%	176	100%	0%
	1025	65%	27%	2%	0%	6%	92%	2%
2	1012	82%	18%	0%	076	0%	99%	0%
•	1000	70%	26%	2%	0%	1%	96%	2%
	1000	57%	34%	4%	2%	3%	91%	6%
Y	502	96%	3%	0%	1%	0%	99%	1%
/	1000	71%	24%	2%	1%	3%	95%	3%
	1011	73%	22%	1%	2%	2%	95%	3%
J	501	84%	14%	1%	270	0%	98%	1%
J	1015	74%	24%	2%	0%	0%	98%	2%
T	500	84%	15%	0%	0%	0%	99%	1%
-	1031	84%	15%	1%	0%	0%	99%	1%
- Г	1002	67%	27%	3%	2%	1%	94%	5%
•	1000	70%	27%	1%	1%	1%	97%	2%
- Г	1000	72%	23%	2%	1%	2%	95%	3%
	1030	78%	20%	1%	0%	0%	98%	1%
\$	1030	78%	25%	2%	1%	1%	98% 96%	3%
	1017	64%	32%	3%	1%	0%	96% 96%	4%
	1017	94%	32% 4%	3% 1%	1%	U 70	96% 98%	4% 2%
= K						10/		
	1321 1004	79% 68%	19% 25%	1% 3%	0% 1%	1% 4%	98% 92%	1% 4%
G					1% 0%	4% 2%		
R O	1000	73%	22%	3%			95%	3%
O R	1002	69%	20%	2%	1%	8%	90%	2%
	1005	62%	18%	4%	8%	8%	80%	12%
Y (tcc)	500	79%	14%	2%	1%	4%	93%	3%
ex	44000	9.00	0001	901	10/	207	0101	***
ale	11902	74%	22%	2%	1%	2%	96%	2%
emale	12780	76%	20%	2%	0%	1%	96%	2%
ge								
5-24	3765	76%	21%	1%	1%	1%	97%	2%
5-39	6550	74%	22%	2%	0%	1%	97%	2%
0-54	6308	76%	22%	2%	0%	1%	97%	2%
5 +	8059	76%	19%	2%	1%	3%	95%	2%
ducation (End of)								
5	5992	71%	23%	2%	1%	4%	93%	3%
6-19	9671	76%	21%	2%	0%	1%	97%	2%
20+	6152	80%	18%	1%	0%	0%	98%	2%
itill Studying	2464	78%	19%	2%	1%	1%	97%	2%
lousehold composition								
	4566	74%	22%	2%	0%	2%	96%	2%
	7903	76%	20%	2%	1%	2%	96%	3%
	4615	73%	23%	1%	1%	1%	97%	2%
+	7598	77%	20%	2%	0%	1%	97%	2%
lace of birth	23146	75%	21%	2%	1%	1%	96%	2%
urveyed country U	627	75%	19%	2% 1%	0%	2%	96% 97%	1%
	336	79% 80%	16%	1%	0%	2% 1%	97%	2%
urope outside EU					-			
utside Europe	535	76%	21%	1%	0%	2%	97%	1%
arents' birth								
born country	21871	75%	21%	2%	1%	2%	96%	2%
country EU	817	83%	14%	1%	0%	1%	97%	2%
EU	768	78%	20%	1%	0%	1%	98%	1%
t least 1 outside EU	1185	78%	18%	2%	0%	1%	97%	2%
eft-Right scale								
1-4) Left	6422	77%	19%	2%	1%	1%	96%	2%
5-6) Centre	8105	79%	19%	1%	0%	1%	97%	2%
7-10) Right	4322	79%	18%	2%	0%	1%	97%	2%
espondent occupation scale	4005	7001	0001	401	10/	201	0101	***
elf- employed	1995	73%	23%	1%	1%	2%	96%	2%
lanagers	2653	81%	17%	1%	1%	0%	98%	2%
ther white collars	2924	74%	24%	2%	0%	1%	98%	2%
lanual workers	5030	74%	23%	2%	1%	1%	97%	2%
ouse persons	2485	71%	23%	2%	1%	3%	94%	3%
nemployed	1275	76%	21%	2%	0%	1%	97%	2%
	5855	76%	19%	2%	1%	2%	95%	2%
		700/		2%	1%	1%	97%	2%
tudents	2464	78%	19%		170			
tudents ubjective urbanisation								
tudents ubjective urbanisation ural village	8062	75%	21%	2%	1%	2%	95%	2%
tudents ubjective urbanisation ural village				2% 1%		2% 1%	95% 97%	2% 2%
udents ubjective urbanisation ural village mall/ mid size town	8062	75%	21%	2% 1% 2%	1%	2% 1% 1%	95% 97% 96%	2% 2% 3%
rudents ubjective urbanisation ural village mall/ mid size town arge town	8062 10428	75% 76%	21% 21%	1%	1% 1%	1%	97%	2%
tudents ubjective urbanisation ural village mall/ mid size town arge town that is your weight ?	8062 10428	75% 76%	21% 21%	1%	1% 1%	1%	97%	2%
tudents ubjective urbanisation ural village mall/ mid size town arge town //hat is your weight ? sss than 55 kg	8062 10428 6157 2090	75% 76% 76% 78%	21% 21% 20%	1% 2% 1%	1% 1% 1% 1%	1% 1% 1%	97% 96% 97%	2% 3% 2%
udents ubjective urbanisation ural village nall/ mid size town urge town that is your weight ? sss than 55 kg om 55 to 74 kg	8062 10428 6157 2090 11467	75% 76% 76% 78% 76%	21% 21% 20% 19% 21%	1% 2% 1% 1%	1% 1% 1% 1% 1%	1% 1% 1% 1%	97% 96% 97% 97%	2% 3% 2% 2%
udents uplective urbanisation ural village nall/ mid size town rge town hat is your weight ? sss than 55 kg om 55 to 74 kg om 75 to 89 kg	8062 10428 6157 2090 11467 7010	75% 76% 76% 78% 78% 75%	21% 21% 20% 19% 21% 22%	1% 2% 1% 1% 2%	1% 1% 1% 1% 1% 1%	1% 1% 1% 1% 1%	97% 96% 97% 97% 96%	2% 3% 2% 2% 3%
udents ubjective urbanisation ural village nall/ mid size town urge town hat is your weight ? ses than 55 kg om 55 to 74 kg om 55 to 89 kg bg and more	8062 10428 6157 2090 11467	75% 76% 76% 78% 76%	21% 21% 20% 19% 21%	1% 2% 1% 1%	1% 1% 1% 1% 1%	1% 1% 1% 1%	97% 96% 97% 97%	2% 3% 2% 2%
udents uplective urbanisation ural village mall/ mid size town urge town hat is your weight ? sss than 55 kg om 55 to 74 kg om 75 to 89 kg s kg and more our current weight is ?	8062 10428 6157 2090 11467 7010 2778	75% 76% 76% 78% 76% 75% 75%	21% 21% 20% 19% 21% 22% 20%	1% 2% 1% 1% 2% 1%	1% 1% 1% 1% 1% 1% 1%	1% 1% 1% 1% 1% 1%	97% 96% 97% 97% 96% 97%	2% 3% 2% 2% 3% 1%
udents ubjective urbanisation ural village nall/ mid size town rge town hat is your weight ? sss than 55 kg om 55 to 74 kg om 75 to 89 kg ok g and more our current weight is ? so high	8062 10428 6157 2090 11467 7010 2778	75% 76% 76% 78% 76% 75% 77%	21% 21% 20% 19% 21% 22% 20%	1% 2% 1% 1% 2% 1%	1% 1% 1% 1% 1% 1% 1% 0%	1% 1% 1% 1% 1% 1%	97% 96% 97% 97% 96% 97%	2% 3% 2% 2% 3% 1%
udents udents uplective urbanisation ural village mall/ mid size town urge town fast is your weight? ss than 55 kg om 55 to 74 kg om 55 to 98 kg okg and more our current weight is? ob high ob low	8062 10428 6157 2090 11467 7010 2778 9415 1326	75% 76% 76% 76% 78% 76% 75% 71%	21% 21% 20% 20% 19% 21% 22% 20%	1% 2% 1% 1% 2% 1% 1%	1% 1% 1% 1% 1% 1% 1% 1% 0%	1% 1% 1% 1% 1% 1%	97% 96% 97% 97% 96% 97% 97%	2% 3% 2% 2% 3% 1% 2% 1%
udents ubjective urbanisation ural village nall/ mid size town rge town hat is your weight ? sss than 55 kg om 55 to 74 kg om 75 to 89 kg ok g and more our current weight is ? so high so low	8062 10428 6157 2090 11467 7010 2778	75% 76% 76% 78% 76% 75% 77%	21% 21% 20% 19% 21% 22% 20%	1% 2% 1% 1% 2% 1%	1% 1% 1% 1% 1% 1% 1% 0%	1% 1% 1% 1% 1% 1%	97% 96% 97% 97% 96% 97%	2% 3% 2% 2% 3% 1%
tudents uplective urbanisation ural village mall/ mid size town arge town hat is your weight ? sss than 55 kg om 55 to 74 kg om 55 to 74 kg over 50 kg o kg and more our current weight is ? so high ool town ool	8062 10428 6157 2090 11467 7010 2778 9415 1326 13608	75% 76% 76% 78% 76% 75% 75% 77% 78% 77%	21% 21% 20% 19% 21% 22% 20% 19% 20% 20%	1% 2% 1% 1% 2% 1% 1% 2% 1% 1% 2%	1% 1% 1% 1% 1% 1% 1% 1% 0% 0%	1% 1% 1% 1% 1% 1% 1% 1% 1% 1%	97% 96% 97% 97% 96% 97% 98% 98%	2% 3% 2% 2% 3% 1% 2% 1% 2%
Ludents ural village ural village ural village mall/ mid size town rge town hat is your weight ? sss than 55 kg om 55 to 74 kg om 55 to 74 kg om 55 to 19 kg o kg and more our current weight is ? so high so low bout right ealth in general ood	8062 10428 6157 2090 11467 7010 2778 9415 1326 13608	75% 76% 76% 78% 76% 75% 77% 78% 77% 74%	21% 21% 20% 20% 19% 21% 22% 20% 19% 20% 22% 21%	1% 2% 1% 1% 2% 1% 2% 1% 1% 1%	1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 0%	1% 1% 1% 1% 1% 1% 1% 1% 1% 1%	97% 96% 97% 97% 96% 97% 98% 96%	2% 3% 2% 2% 3% 1% 2% 1% 2%
teltred tudents tudent	8062 10428 6157 2090 11467 7010 2778 9415 1326 13608	75% 76% 76% 78% 76% 75% 75% 77% 78% 77%	21% 21% 20% 19% 21% 22% 20% 19% 20% 20%	1% 2% 1% 1% 2% 1% 1% 2% 1% 1% 2%	1% 1% 1% 1% 1% 1% 1% 1% 0% 0%	1% 1% 1% 1% 1% 1% 1% 1% 1% 1%	97% 96% 97% 97% 96% 97% 98% 98%	2% 3% 2% 2% 3% 1% 2% 1% 2%

QD24.4 To what extent do you agree or disagree with the following statements?

he Government should encourage people	TOTAL	Totally agree	Tend to agree	Tend to disagree	Totally disagree	DK	Agree	Disagree
E25 EU25 F	24682	50%	35%	8%	5%	3%	85%	12%
	1000	62%	29%	6%	2%	0%	91%	9%
	1029	36%	43%	13%	3%	5%	79%	16%
	1031	52%	28%	11%	7%	2%	80%	19%
V	1007	51%	28%	11%	8%	2%	80%	19%
_	1557	52%	27%	12%	7%	1%	80%	19%
E	550	56%	23%	15%	6%	0%	78%	21%
	1000	52%	29%	7%	7%	5%	81%	14%
	1000	67%	22%	6%	4%	0%	90%	10%
	1025	54%	34%	4%	1%	7%	88%	5%
	1012	48%	34%	10%	7%	2%	81%	17%
	1000	62%	32%	2%	1%	3%	94%	3%
	1000	38%	48%	6%	3%	5%	86%	9%
	502 1000	85% 41%	11% 36%	2% 11%	1% 7%	1% 5%	96% 77%	3% 17%
	1011	45%	37%	9%	4%	5%	82%	13%
	501	37%	30%	15%	16%	3%	66%	31%
	1015	44%	39%	9%	5%	4%	83%	13%
	500	74%	21%	3%	1% 7%	2% 1%	95%	4%
	1031	46%	33%	13%			79%	20%
	1002	43%	42%	8%	3%	5%	84%	11%
	1000	56%	36%	3%	1%	3%	92%	5%
	1000	58%	34%	4%	1%	4%	92%	5%
	1030 1044	54% 36%	35% 43%	6% 12%	3% 4%	2% 5%	89% 79%	9% 16%
	1017	36%	38%	14%	12%	1%	74%	25%
	1054	47%	28%	13%	11%	2%	75%	24%
	1321 1004	56% 52%	34% 33%	5% 4%	4% 2%	1% 9%	90% 84%	9% 7%
	1004 1000	52% 38%	33% 33%	4% 12%	2% 9%	9% 7%	84% 72%	7% 21%
				12% 4%	9% 5%	7% 14%	72% 77%	
	1002	47%	31%		5% 7%			9%
(tcc)	1005	53%	24%	6%	7% 7%	10%	77%	13%
(tcc)	500	63%	18%	4%	/%	8%	81%	11%
x le	11902	50%	35%	7%	5%	3%	85%	12%
male	12780	50%	35%	8%	5%	3%	85%	13%
	12780	50%	35%	8%	5%	3%	85%	13%
e -24	27/5	F20/	250/	404	201	20/	000/	9%
-24 -39	3765 6550	53% 49%	35% 35%	6% 8%	3% 4%	2% 3%	89% 84%	13%
-39 -54	6308	49%	35%	9%	4% 5%	2%	85%	13%
+	8059	50%	33%	7%	5%	4%	83%	13%
lucation (End of)	0039	30%	3370	1 76	376	4 70	63 //	1370
deation (End of)	5992	48%	36%	7%	4%	5%	84%	11%
-19	9671	50%	34%	9%	5%	2%	84%	14%
)+	6152	52%	35%	7%	5%	1%	87%	12%
ill Studying	2464	54%	34%	7%	3%	2%	88%	10%
ousehold composition	2404	3476	3470	1 76	376	270	00 70	10%
ouseriola composition	4566	49%	35%	8%	6%	3%	83%	13%
	7903	50%	34%	8%	5%	3%	84%	13%
	4615	50%	37%	7%	4%	2%	87%	11%
	7598	52%	34%	8%	4%	3%	86%	12%
ace of birth	7070	0270	5470	0,0	470	5,0	0070	1270
rveyed country	23146	50%	35%	8%	5%	3%	85%	12%
l veyed country	627	54%	31%	6%	6%	4%	84%	12%
rope outside EU	336	55%	29%	8%	3%	5%	84%	11%
itside Europe	535	49%	35%	8%	6%	2%	83%	14%
rents' birth	000	4770	5570	0,0	3,0	270	0070	1470
orn country	21871	50%	35%	8%	5%	3%	85%	12%
ountry EU	817	49%	33%	11%	4%	2%	82%	16%
U	768	54%	30%	8%	7%	2%	83%	15%
least 1 outside EU	1185	51%	35%	6%	4%	3%	86%	11%
ft-Right scale	. 100	2170	2070	3,0		2.0	2070	1173
-4) Left	6422	52%	33%	8%	5%	2%	85%	13%
6) Centre	8105	51%	35%	8%	5%	2%	86%	13%
10) Right	4322	52%	34%	8%	4%	2%	86%	12%
spondent occupation scale								
lf- employed	1995	50%	37%	6%	4%	3%	87%	10%
nagers	2653	53%	33%	9%	5%	1%	85%	14%
her white collars	2924	49%	37%	9%	4%	2%	86%	13%
nual workers	5030	49%	35%	8%	5%	3%	84%	13%
use persons	2485	48%	37%	8%	3%	4%	85%	11%
employed	1275	51%	33%	7%	6%	2%	85%	13%
tired	5855	50%	33%	8%	6%	4%	83%	13%
idents	2464	54%	34%	7%	3%	2%	88%	10%
bjective urbanisation								.570
al village	8062	50%	33%	8%	5%	4%	83%	13%
all/ mid size town	10428	48%	36%	8%	5%	2%	85%	13%
ge town	6157	54%	33%	6%	4%	3%	88%	10%
at is your weight?	3.07	2470	2070	3,0		2.0	2070	10,3
s than 55 kg	2090	55%	32%	7%	3%	2%	87%	10%
im 55 to 74 kg	11467	51%	36%	7%	4%	3%	86%	11%
m 55 to 74 kg m 75 to 89 kg	7010	51%	35%	7%	4% 5%	3%	86%	12%
kg and more	2778	49%	30%	11%	6%	3%	79%	18%
kg and more ur current weight is ?	2118	49%	30%	1176	0%	370	19%	18%
ur current weight is ?	9415	50%	33%	8%	5%	3%	83%	14%
o nign o low	9415 1326	50%	33%	8% 7%	5% 5%	3% 2%	83% 85%	14%
		53% 50%		7% 7%	5% 4%	2% 3%		12% 11%
out right	13608	50%	36%	1%	4%	3%	86%	11%
alth in general	105/1	E40/	250/	70/	E0/	20/	9/0/	100/
	18561	51%	35%	7%	5%	2%	86%	12%
	,,,,,	4001	9501					
elther good nor bad	4630 1393	48% 48%	35% 30%	9% 8%	4% 7%	3% 8%	83% 78%	14% 14%

2D25 Which one of the following do you think most influences what children eat

QD25 Which one of the following do you thin	nk most influences what childre	en eat?				
	TOTAL	Their parents or guardians	Their friends	What they are taught at school	Advertising and promotion of food	DK
UE25 EU25	24682	71%	5%	3%	18%	2%
BE	1000	69%	5%	3%	22%	0%
CZ	1029	74%	5%	2%	18%	1%
OK	1031	76%	9%	1%	12%	1%
D-W DF	1007	75% 75%	5%	3% 3%	16% 17%	1%
D-E	1557 550	75% 74%	5% 3%	3% 2%	17% 21%	1% 0%
EE	1000	67%	8%	2%	20%	2%
iL	1000	64%	3%	2%	31%	0%
ES .	1025	76%	3%	4%	13%	4%
R	1012	70%	1%	4%	23%	1%
E	1000	73%	10%	3%	12%	2%
T	1000	58%	8%	6%	25%	2%
CY	502	59%	4%	1%	36%	0%
.V .T	1000 1011	58% 76%	8% 3%	3% 4%	27% 14%	4% 4%
.U	501	76%	2%	4% 2%	16%	4% 2%
10	1015	79%	4%	3%	13%	1%
MΤ	500	59%	10%	4%	26%	1%
IL.	1031	79%	9%	1%	10%	1%
AT .	1002	63%	13%	7%	15%	3%
L	1000	84%	4%	1%	11%	0%
T .	1000	80%	2%	4%	10%	3%
I K	1030 1044	83% 69%	4% 4%	2% 2%	9% 21%	1% 3%
K I	1017	69% 84%	4% 5%	2% 3%	21% 7%	3% 1%
i E	1054	84%	5%	2%	9%	0%
JK	1321	64%	9%	3%	21%	2%
3G	1004	72%	5%	4%	13%	6%
IR .	1000	78%	2%	2%	15%	2%
0	1002	72%	3%	6%	15%	4%
R	1005	36%	9%	5%	47%	3%
Y (tcc)	500	52%	15%	7%	24%	3%
iex fale	11902	71%	6%	3%	17%	2%
emale	12780	72%	5%	3%	19%	1%
Age	.2700	. 170				
5-24	3765	69%	8%	3%	18%	2%
25-39	6550	74%	5%	4%	16%	1%
0-54	6308	72%	5%	2%	19%	1%
5 +	8059	69%	5%	4%	19%	3%
Education (End of) 5	5992	69%	5%	4%	19%	3%
16-19	9671	71%	5%	3%	19%	1%
20+	6152	76%	5%	3%	16%	1%
Still Studying	2464	68%	8%	4%	19%	1%
lousehold composition						
1	4566	69%	5%	3%	20%	3%
2	7903 4615	70% 72%	6% 5%	4% 4%	18% 18%	2% 1%
+	4615 7598	72% 74%	5% 5%	4% 3%	18%	1%
Place of birth	7370	, 470	570	370	1773	.,,,
Surveyed country	23146	71%	5%	3%	18%	2%
:U	627	69%	6%	3%	21%	2%
urope outside EU	336	78%	5%	5%	10%	2%
Outside Europe	535	71%	6%	2%	19%	1%
Parents' birth	21871	71%	5%	3%	18%	2%
2 born country 1 country EU	21871 817	71% 72%	5% 9%	3% 2%	18% 17%	2% 1%
2EU	768	71%	4%	3%	20%	2%
At least 1 outside EU	1185	72%	7%	3%	16%	2%
.eft-Right scale						
1-4) Left	6422	70%	6%	3%	20%	1%
(5-6) Centre	8105	72%	6%	3%	18%	1%
7-10) Right	4322	73%	5%	4%	17%	1%
Respondent occupation scale	1995	70%	5%	3%	20%	2%
Self- employed Managers	1995 2653	70% 77%	5% 5%	3% 2%	20% 15%	2% 1%
nanagers Other white collars	2653 2924	74%	5%	2% 2%	17%	1% 1%
Manual workers	5030	71%	6%	4%	18%	1%
louse persons	2485	72%	4%	5%	18%	2%
nemployed	1275	72%	5%	3%	20%	1%
Retired	5855	70%	5%	4%	19%	3%
students	2464	68%	8%	4%	19%	1%
subjective urbanisation	0010	7001	E01	*01	100/	20/
Rural village Small/ mld size town	8062 10428	71% 72%	5% 5%	4% 3%	18% 19%	2% 1%
imall/ mid size town arge town	10428 6157	72% 70%	5% 7%	3% 3%	19% 18%	1% 2%
arge town Vhat is your weight ?	0157	7.0%	1 //0	376	1070	Z 70
ess than 55 kg	2090	73%	4%	3%	19%	1%
rom 55 to 74 kg	11467	72%	6%	3%	18%	1%
rom 75 to 89 kg	7010	72%	4%	4%	18%	2%
00 kg and more	2778	71%	6%	3%	18%	2%
/our current weight is ?	0.11	4001	FO	201	2007	204
Foo high	9415	69%	5%	3%	20%	2% 1%
「oo low About right	1326 13608	70% 74%	6% 5%	4% 3%	19% 16%	1% 1%
Health in general	13000	7 4 70	370	370	1070	170
Good	18561	73%	5%	3%	18%	1%
Veither good nor bad	4630	68%	6%	5%	19%	2%
Bad	1393	66%	5%	5%	18%	5%

QD26a Which one of the following measures do you think would be most effective in improving children's diets? Firstly?

QD26a Which one of the following measure	es do you think w	ould be most effective in	More education	Restrictions on advertising of high sugar, high	Mandatory health messages in	Promotion	Clearer			
	TOTAL	More information for parents	for children at school on healthy eating	salt and high fat foods during children's television	advertisements of fast food, confectionery and soft drinks	campaigns for healthier food aimed directly at children	information on food labels	Healthier school meals	Other (SPONTANEOUS)	DK
UE25 EU25	24682	34%	20%	15%	5%	9%	3%	11%	1%	2%
BE CZ	1000 1029	29% 20%	29% 14%	15% 26%	5% 4%	10% 14%	3% 3%	8% 15%	0% 0%	0% 4%
DK	1031	49%	18%	7%	2%	5%	1%	17%	0%	2%
D-W	1007	32%	24%	16%	9%	9%	2%	4%	1%	2%
DE D-E	1557 550	29% 19%	26% 33%	17% 17%	8% 7%	10% 11%	3% 3%	5% 7%	1% 2%	1% 0%
EE	1000	36%	12%	10%	3%	7%	11%	17%	1%	3%
EL	1000	50%	20%	13%	4%	7%	1%	4%	0%	0%
ES FR	1025 1012	35% 36%	14% 21%	7% 16%	6% 4%	14% 5%	4% 3%	12% 13%	1% 0%	7% 1%
IE .	1000	40%	26%	13%	5%	10%	2%	3%	0%	1%
IT	1000	33%	23%	17%	5%	11%	2%	6%	0%	2%
CY LV	502 1000	55% 32%	21% 15%	13% 13%	2% 6%	6% 8%	1% 2%	2% 19%	1%	0% 4%
LT	1011	36%	18%	6%	7%	6%	4%	18%	0%	5%
LU	501	40%	33%	10%	4%	4%	2%	5%	0%	1%
HU MT	1015 500	21% 41%	14% 32%	17% 7%	6% 4%	6% 8%	6% 3%	25% 4%	2% 0%	2% 1%
NL	1031	34%	22%	18%	3%	9%	2%	8%	1%	2%
AT	1002	24%	24%	10%	10%	12%	4%	11%	1%	2%
PL PT	1000	44% 54%	14% 21%	17% 8%	3% 4%	6% 5%	4% 1%	8% 4%	1% 0%	2% 3%
SI	1030	53%	19%	10%	3%	5%	2%	7%	1%	2%
SK	1044	39%	19%	18%	5%	10%	2%	5%	1%	2%
FI SE	1017 1054	42% 55%	16% 19%	12% 11%	6% 1%	12% 4%	1% 1%	9% 7%	2% 1%	1% 0%
UK	1321	22%	17%	18%	3%	8%	3%	25%	0%	3%
BG	1004	48%	24%	8%	4%	3%	2%	7%	1%	4%
HR RO	1000 1002	47% 53%	22% 20%	8% 7%	3% 3%	7% 5%	2% 4%	6% 1%	2% 1%	3% 5%
TR	1005	51%	14%	20%	5%	4%	2%	1%	0%	3%
CY (tcc)	500	55%	19%	8%	8%	3%	2%	1%	0%	3%
Sex Male	11902	33%	21%	14%	5%	9%	3%	11%	1%	3%
Female	12780	34%	19%	17%	5%	9%	3%	11%	1%	2%
Age 15-24	3765	33%	19%	14%	6%	8%	4%	13%	1%	3%
25-39	6550	34%	20%	15%	5%	10%	4% 3%	11%	1%	1%
40-54	6308	32%	21%	17%	5%	9%	3%	10%	1%	1%
55 + Education (End of)	8059	35%	20%	15%	5%	8%	2%	11%	1%	4%
15	5992	35%	19%	15%	5%	8%	2%	11%	1%	4%
16-19	9671	32%	21%	16%	5%	10%	3%	11%	1%	2%
20+ Still Studying	6152 2464	35% 34%	20% 19%	16% 14%	5% 5%	8% 9%	3% 4%	11% 13%	1% 1%	1% 2%
Household composition										
1 2	4566 7903	35% 34%	21% 20%	15% 15%	4% 5%	8% 8%	2% 2%	13% 12%	0% 1%	3% 3%
3	7903 4615	34%	19%	16%	6%	9%	2% 4%	12%	1%	3% 2%
4+	7598	33%	20%	16%	5%	10%	3%	9%	1%	2%
Place of birth Surveyed country	23146	34%	20%	15%	5%	9%	3%	11%	1%	2%
EU	627	31%	22%	16%	6%	8%	2%	12%	1%	3%
Europe outside EU	336	33%	26%	11%	8%	5%	5%	7%	=	4%
Outside Europe Parents' birth	535	35%	17%	16%	6%	10%	2%	13%	0%	1%
2 born country	21871	34%	20%	15%	5%	9%	3%	11%	1%	2%
1 country EU	817	33%	17%	15%	5%	13%	3%	12%	1%	2%
2EU At least 1 outside EU	768 1185	31% 34%	23% 18%	17% 15%	6% 6%	5% 8%	3% 4%	12% 13%	1% 0%	3% 3%
Left-Right scale										
(1-4) Left (5-6) Centre	6422 8105	32% 32%	22% 21%	16% 16%	6% 5%	9% 9%	2% 3%	11% 11%	0% 1%	1% 1%
(5-6) Centre (7-10) Right	4322	32% 36%	21% 19%	15%	5% 4%	9%	3% 3%	11%	1% 1%	1% 2%
Respondent occupation scale										
Self- employed Managers	1995 2653	36% 32%	20% 21%	14% 17%	4% 5%	10% 10%	3% 2%	10% 11%	1% 1%	2% 1%
Other white collars	2924	32%	21%	17%	4%	10%	4%	10%	1%	1%
Manual workers	5030	33%	22%	15%	6%	9%	3%	11%	1%	2%
House persons Unemployed	2485 1275	34% 33%	19% 20%	14% 17%	6% 6%	9% 8%	3% 3%	10% 12%	0% 0%	4% 1%
Retired	5855	35%	19%	15%	4%	8%	2%	12%	1%	4%
Students	2464	34%	19%	14%	5%	9%	4%	13%	1%	2%
Subjective urbanisation Rural village	8062	33%	20%	15%	5%	9%	3%	11%	1%	3%
Small/ mid size town	10428	34%	20%	15%	5%	9%	3%	10%	1%	2%
Large town	6157	33%	20%	16%	5%	8%	3%	12%	1%	2%
What is your weight ? Less than 55 kg	2090	33%	17%	17%	6%	10%	3%	11%	1%	2%
From 55 to 74 kg	11467	34%	21%	15%	5%	8%	3%	11%	1%	2%
From 75 to 89 kg	7010	34%	20%	16%	4%	9%	3%	11%	1%	2%
90 kg and more Your current weight is ?	2778	34%	20%	17%	5%	9%	3%	10%	1%	2%
Too high	9415	34%	20%	17%	5%	8%	3%	10%	1%	2%
Too low	1326	33%	19%	12%	5%	8%	3%	15%	1%	3%
About right Health in general	13608	34%	21%	15%	5%	9%	3%	11%	1%	2%
Good	18561	34%	21%	15%	5%	9%	3%	11%	1%	2%
Neither good nor bad Bad	4630 1393	33% 35%	19% 17%	16% 14%	5% 5%	8% 8%	3% 1%	12% 13%	1% 0%	3% 7%
bau	1393	35%	1 / %	14%	3%	0 %	1%	13%	0%	170

QD26b And secondly?										
	TOTAL	More information	More education for children at	Restrictions on advertising of high sugar, high salt and high fat	Mandatory health messages in advertisements	Promotion campaigns for healthier food	Clearer information on	Healthier school	Other	DK
	TOTAL	for parents	school on healthy eating	foods during children's television schedules	of fast food, confectionery and soft drinks	aimed directly at children	food labels	meals	(SPONTANEOUS)	DK.
UE25 EU25	24093	17%	24%	16%	8%	15%	6%	12%	0%	2%
BE CZ	997	20%	28%	14%	8%	13%	4%	12%	0%	1%
DK	988 1012	13% 19%	14% 36%	21% 10%	9% 6%	18% 9%	6% 3%	16% 16%	0% 0%	2% 1%
D-W	991	19%	24%	16%	10%	16%	5%	9%	1%	2%
DE	1537	18%	23%	16%	10%	16%	5%	9%	1%	2%
)-E	548	15%	22%	18%	10%	16%	5%	12%	1%	1%
E	969	18%	15%	12%	4%	10%	16%	21%	1%	3%
IL IS	999 957	15% 19%	30% 23%	14% 8%	9% 9%	20% 20%	6% 6%	6% 12%	0% 0%	0% 2%
R	1000	17%	23%	18%	7%	11%	8%	9%	0%	3%
E	987	14%	26%	18%	12%	17%	3%	6%	0%	2%
Г	981	17%	24%	21%	9%	16%	4%	10%	-	1%
Y V	500	14% 17%	39%	18%	8% 11%	12%	2% 5%	6%	0%	1% 4%
V T	963 956	17%	16% 26%	12% 7%	11% 9%	12% 10%	5% 7%	22% 19%	0%	4% 2%
 U	496	14%	28%	13%	9%	17%	5%	13%	0%	2%
U	991	18%	18%	17%	7%	8%	7%	23%	0%	1%
Г	494	16%	31%	13%	10%	16%	6%	8%	-	0%
L	1013 978	19%	27% 22%	16% 14%	7% 9%	16% 14%	3% 7%	9% 15%	0%	2% 1%
T L	978 977	17% 19%	22% 26%	14% 17%	9% 7%	14% 13%	7% 6%	15% 10%	0% 1%	1% 2%
Т	973	10%	24%	17%	13%	17%	4%	12%	0%	3%
I	1013	12%	27%	12%	6%	13%	6%	17%	1%	6%
K	1021	12%	22%	18%	12%	18%	7%	8%	1%	2%
-	1006	19%	24%	13%	7%	18%	4%	11%	1%	2%
E K	1052 1277	17% 17%	34% 22%	17% 12%	3% 6%	12% 12%	3% 6%	14% 21%	0% 0%	1% 2%
G	959	15%	28%	14%	8%	8%	5% 7%	16%	0%	3%
₹	975	16%	31%	7%	7%	13%	6%	16%	1%	3%
0	952	13%	35%	14%	7%	12%	12%	4%	1%	3%
₹ Y (tcc)	979 484	15% 14%	30% 25%	23% 19%	11% 15%	11% 12%	4% 7%	3% 6%	1% 0%	2% 2%
ex	484	14%	25%	19%	15%	12%	1%	6%	U%	2%
ale	11601	18%	25%	15%	8%	14%	6%	12%	0%	2%
emale	12493	16%	24%	17%	8%	15%	5%	13%	0%	2%
ge										
5-24	3667	17%	24%	15%	8%	12%	7%	14%	0%	1%
5-39 0-54	6460 6223	17% 17%	25% 24%	15% 17%	7% 10%	16% 16%	6% 6%	13% 10%	0% 0%	2% 1%
+	7743	18%	24%	16%	8%	14%	4%	13%	0%	3%
ducation (End of)										
5	5736	17%	24%	15%	9%	15%	5%	13%	0%	2%
5-19 D+	9511 6072	17% 19%	24% 24%	16% 17%	8% 7%	15% 15%	6% 5%	12% 11%	0% 0%	2% 1%
ill Studying	2413	17%	26%	15%	8%	12%	6%	14%	0%	2%
ousehold composition										
	4418	18%	26%	15%	7%	13%	4%	13%	0%	2%
	7691	18%	23%	17%	8%	15%	5%	12%	1%	2%
	4529 7456	17% 17%	25% 24%	16% 15%	9% 8%	14% 16%	5% 7%	12% 12%	0% 0%	1% 2%
ace of birth	7430	1770	2470	1370	0 70	1070	770	12.70	076	270
rveyed country	22597	17%	25%	16%	8%	15%	5%	12%	0%	2%
	611	18%	22%	18%	8%	14%	6%	12%	0%	2%
rope outside EU	321	23%	20%	11%	11%	13%	7% 6%	14%	0%	2%
rtside Europe	529	18%	20%	15%	11%	15%	6%	12%	2%	2%
rents' birth	21353	17%	24%	16%	8%	15%	5%	12%	0%	2%
country EU	803	18%	24%	13%	8%	17%	7%	11%	0%	2%
u .	748	15%	22%	15%	9%	16%	7%	13%	1%	1%
least 1 outside EU	1151	17%	25%	15%	8%	14%	5%	14%	1%	1%
eft-Right scale -4) Left	6345	17%	25%	17%	8%	15%	5%	12%	0%	1%
-4) Centre	8017	19%	23%	16%	9%	15%	6%	12%	0%	1%
-10) Right	4227	17%	25%	16%	8%	15%	6%	11%	0%	2%
espondent occupation scale										
elf- employed	1952	18%	26%	15%	8%	17%	5%	10%	0%	2%
anagers ther white collars	2626 2900	18% 16%	23% 25%	16% 16%	7% 10%	17% 15%	4% 6%	11% 11%	1% 0%	1% 1%
her white collars anual workers	4939	18%	25%	14%	10% 8%	16%	6% 8%	11% 12%	0%	1% 2%
ouse persons	2387	17%	22%	16%	9%	17%	6%	11%	0%	1%
nemployed	1262	15%	26%	15%	6%	13%	5%	18%	1%	1%
etired	5614	18%	25%	17%	8%	12%	4%	13%	0%	3%
tudents	2413	17%	26%	15%	8%	12%	6%	14%	0%	2%
ubjective urbanisation ural village	7829	17%	25%	15%	9%	14%	6%	12%	0%	2%
mall/ mid size town	10214	17%	25%	16%	8%	15%	6%	11%	0%	2%
irge town	6015	18%	22%	17%	8%	14%	5%	13%	1%	1%
hat is your weight?										
ess than 55 kg	2046	16%	24%	16%	8%	14%	6%	15%	0%	2%
rom 55 to 74 kg rom 75 to 89 kg	11212 6854	17% 19%	25% 23%	16% 16%	8% 8%	15% 15%	5% 5%	12% 12%	0% 0%	2% 1%
om 75 to 89 kg 0 kg and more	6854 2729	19% 16%	23% 26%	15%	8% 7%	15%	5% 6%	12% 12%	0% 1%	1% 1%
our current weight is ?			2070	1070		1070	0,0	12.0	170	
oo high	9205	17%	24%	16%	8%	14%	6%	12%	0%	1%
oo low	1287	18%	24%	14%	8%	15%	6%	14%	0%	2%
bout right	13306	18%	25%	15%	8%	15%	5%	12%	0%	2%
Health in general	18221	17%	25%	15%	8%	15%	6%	12%	0%	2%
leither good nor bad	4510	18%	25%	17%	8%	14%	5%	12%	0%	2%
ad	1292	20%	23%	16%	8%	12%	5%	14%	1%	2%

QD27 To what extent do you think food advertising and promotion influence what children choose to eat?

D27 To what extent do you think food a	dvertising and promotion influe	ence what children choose to e	eat?				
	TOTAL	Totally	To a large extent	Somewhat	Not very much	Not at all	DK
JE25 EU25	24682	28%	53%	15%	2%	1%	2%
BE	1000	21%	61%	15%	2%	1%	0%
CZ	1029	19%	54%	23%	4%	0%	1%
OK .	1031	14%	54%	23%	7%	1%	1%
D-W	1007	26%	53%	16%	2%	0%	2%
DE	1557	29%	53%	15%	1%	1%	2%
)-E	550	39%	49%	10%	1%	1%	1%
E	1000	19%	51%	22%	4%	1%	2%
L	1000	38%	52%	9%	1%	0%	0%
S	1025	42%	44%	9%	1%	1%	4%
R		37%	44% 50%	9%		1%	1%
	1012				2%		
Ē	1000	23%	53%	18%	3%	0%	2%
Т	1000	30%	50%	15%	2%	1%	1%
Υ	502	42%	52%	4%	1%	-	0%
V	1000	17%	53%	18%	7%	1%	4%
Г	1011	28%	43%	19%	4%	1%	5%
J	501	21%	56%	17%	4%	1%	1%
U	1015	31%	52%	11%	3%	0%	2%
Т	500	31%	46%	15%	6%	2%	1%
_	1031	10%	50%	33%	6%	1%	0%
- Г	1002	23%	56%	14%	3%	1%	2%
•	1000	21%	65%	10%	1%	1%	2%
- [55%	8%	0%		
	1000	34%				0%	3%
	1030	11%	56%	24%	5%	1%	3%
<	1044	12%	64%	18%	3%	0%	2%
	1017	4%	59%	33%	3%	0%	1%
E	1054	11%	56%	27%	6%	0%	0%
<	1321	22%	53%	19%	3%	1%	2%
3	1004	21%	41%	23%	5%	2%	8%
?	1000	15%	45%	27%	5%	1%	5%
0	1002	16%	50%	19%	5%	1%	9%
3	1005	38%	48%	7%	2%	0%	4%
Y (tcc)	500	29%	48% 39%	7% 21%	2% 5%	1%	4% 5%
	500	27/0	37/0	2170	370	170	3 /0
ex	11000	270/	F20/	1/0/	20/	10/	20/
ale	11902	27%	53%	16%	2%	1%	2%
emale	12780	28%	53%	14%	2%	1%	2%
ge							
5-24	3765	26%	55%	16%	2%	1%	1%
5-39	6550	28%	51%	17%	3%	1%	1%
D-54	6308	28%	55%	14%	2%	0%	1%
5 +	8059	28%	52%	14%	3%	1%	3%
ducation (End of)							
5	5992	31%	49%	14%	2%	1%	3%
6-19	9671	29%	53%	14%	2%	1%	1%
0+	6152	24%	55%	17%	2%	0%	1%
till Studying	2464	25%	56%	15%	2%	0%	1%
lousehold composition	2404	2376	3076	1576	2 /0	076	1 76
iousenoia composition	4566	27%	53%	14%	3%	1%	3%
	7903	29%	52%	14%	2%	1%	2%
	4615	28%	53%	16%	2%	0%	1%
+	7598	27%	53%	16%	2%	1%	1%
lace of birth							
urveyed country	23146	27%	53%	15%	2%	1%	2%
Ш	627	32%	44%	17%	2%	1%	4%
urope outside EU	336	25%	56%	12%	4%	0%	3%
utside Europe	535	37%	50%	10%	2%	1%	1%
arents' birth							
born country	21871	28%	53%	15%	2%	1%	2%
country EU	817	31%	52%	13%	2%	1%	1%
EU	768	30%			2% 2%		
			48% 51%	16%	2% 2%	1% 1%	2% 3%
least 1 outside EU	1185	27%	5176	16%	270	176	370
eft-Right scale		070/	5504	4404	904	904	404
-4) Left	6422	27%	55%	14%	2%	0%	1%
-6) Centre	8105	29%	54%	14%	2%	0%	1%
-10) Right	4322	26%	52%	17%	3%	1%	1%
espondent occupation scale							
elf- employed	1995	31%	49%	16%	1%	1%	2%
anagers	2653	25%	57%	15%	2%	0%	1%
ther white collars	2924	27%	52%	18%	2%	1%	1%
anual workers	5030	29%	54%	14%	2%	0%	1%
ouse persons	2485	31%	46%	16%	3%	1%	2%
nemployed	1275	28%	53%	13%	3%	1%	1%
etired	5855	27%	53%	13%	3%	1%	3%
udents	2464	25%	56%	15%	2%	0%	1%
	2404	25%	50%	1376	Z70	U%	176
ubjective urbanisation	0010	2701	Eact	1701	201	10/	001
ural village	8062	27%	51%	17%	3%	1%	2%
mall/ mid size town	10428	27%	55%	14%	2%	1%	1%
rge town	6157	29%	52%	14%	2%	1%	2%
hat is your weight?							
ess than 55 kg	2090	29%	52%	14%	2%	1%	2%
om 55 to 74 kg	11467	27%	53%	15%	2%	1%	2%
om 75 to 89 kg	7010	28%	53%	15%	2%	1%	1%
) kg and more	2778	28%	54%	15%	2%	1%	1%
our current weight is ?							
o high	9415	29%	53%	14%	3%	1%	1%
oo low	1326	30%	50%	13%	3%	1%	3%
JO IOW		30% 27%	50%	13%	3% 2%	1%	3% 2%
out right		11%	53%	10%	∠%	170	2%
out right	13608	=					
ealth in general							
ealth in general ood	18561	28%	53%	15%	2%	0%	1%
dealth in general Good Jeither good nor bad	18561 4630	26%	53%	16%	2%	1%	2%
bout right leath in general Sood leither good nor bad lad	18561	28% 26% 30%	53% 53% 45%	15% 16% 13%	2% 2% 6%	0% 1% 2%	1% 2% 5%

QD28a Which one of the following measures do you think would be most effective in reducing the prevalence of childhood obesity? Firstly?

QD28a Which one of the following measure	es do you think w	ould be most effective in	reducing the preval	ence of childhood ob	esity? Firstly?					
	TOTAL	More physical activity in schools	More local sports facilities and public areas for physical activity	More education on healthy eating and exercise	Restrictions on the advertising and promotion of high sugar, salt and fat foods	Higher taxes on high sugar, high salt and high fat foods	Health promotion campaigns to encourage children to eat healthier food and take more	Healthier school meals	Other (SPONTANEOUS)	DK
					aimed at children		exercise			
UE25 EU25	24682	29%	9%	20%	14%	2%	14%	9%	1%	2%
BE	1000	32%	9%	21%	13%	2%	15%	8%	0%	0%
CZ	1029	28%	17%	8%	18%	2%	14%	10%	0%	2%
DK	1031	38%	2%	34%	4%	5%	8%	8%	1%	1%
D-W DE	1007	26%	6%	23%	17%	1%	20%	4%	2%	1%
D-E	1557 550	25% 24%	7% 9%	23% 23%	17% 19%	1% 2%	19% 16%	4% 5%	1% 1%	1% 1%
EE	1000	28%	22%	7%	6%	8%	15%	10%	1%	3%
EL	1000	39%	21%	16%	10%	1%	10%	2%	-	0%
ES	1025	12%	7%	26%	15%	3%	18%	12%	0%	7%
FR	1012	23%	3%	27%	17%	3%	13%	13%	1%	1%
IE	1000	51%	12%	14%	10%	2%	8%	2%	0%	1%
CX II	1000 502	25% 46%	13% 15%	23% 22%	14% 6%	3%	15%	5% 2%	0%	2%
LV	1000	46% 30%	15% 14%	22% 11%	6% 10%	0% 1%	7% 15%	2% 14%	0% 1%	1% 4%
IT	1011	25%	14%	19%	7%	1%	14%	13%	1%	6%
LU	501	42%	6%	29%	7%	1%	7%	6%	0%	2%
HU	1015	37%	10%	12%	10%	2%	11%	16%	1%	2%
MT	500	43%	12%	23%	4%	1%	14%	3%	-	1%
NL	1031	38%	7%	15%	13%	2%	16%	7%	2%	1%
AT PL	1002	27%	10% 11%	21%	11%	3% 1%	13% 10%	12%	1% 1%	2% 2%
PL PT	1000	53% 35%	11%	8% 24%	10% 10%	1% 1%	10%	6% 6%	1%	2% 4%
SI	1000	35% 55%	11% 9%	24% 16%	10% 7%	1% 1%	9% 5%	6% 5%	0%	4% 1%
SK	1044	40%	22%	11%	11%	1%	10%	4%	1%	2%
FI	1017	37%	8%	16%	12%	3%	15%	7%	1%	1%
SE	1054	69%	3%	9%	6%	2%	7%	2%	1%	0%
UK	1321	26%	6%	16%	14%	3%	14%	17%	1%	4%
BG	1004	56%	18%	13%	3%	1%	5%	2%	0%	3%
HR RO	1000 1002	46% 35%	17% 13%	18% 29%	3% 5%	0% 2%	7% 10%	5% 1%	0% 1%	4% 5%
TR	1002	35%	13%	20%	18%	2%	6%	2%	0%	5%
CY (tcc)	500	36%	15%	28%	10%	1%	6%	1%	-	4%
Sex										
Male	11902	30%	9%	20%	13%	2%	13%	8%	1%	2%
Female	12780	28%	8%	20%	14%	2%	15%	9%	1%	3%
Age										
15-24	3765	34%	11%	17%	11%	3%	11%	10%	1%	2%
25-39 40-54	6550 6308	29% 29%	9% 8%	20% 21%	13% 15%	2% 2%	16% 15%	8% 8%	1% 1%	2% 1%
55 +	8059	28%	8%	20%	15%	2%	14%	9%	1%	4%
Education (End of)	0007	2070	0,0	2070	1070	270	1470	7,0	1,0	470
15	5992	25%	8%	21%	15%	2%	14%	10%	1%	5%
16-19	9671	30%	9%	20%	14%	2%	14%	8%	1%	2%
20+	6152	31%	8%	21%	13%	3%	15%	8%	1%	1%
Still Studying Household composition	2464	35%	11%	16%	10%	3%	12%	10%	1%	2%
1	4566	30%	7%	21%	14%	2%	13%	10%	1%	3%
2	7903	29%	8%	20%	15%	2%	15%	8%	1%	3%
3	4615	30%	10%	19%	13%	2%	14%	9%	1%	2%
4+	7598	29%	10%	20%	13%	2%	15%	8%	1%	2%
Place of birth										
Surveyed country EU	23146 627	30% 26%	9% 8%	20% 22%	14% 15%	2% 2%	14% 15%	9% 10%	1% 1%	2% 2%
Europe outside EU	336	25%	9%	26%	16%	1%	17%	2%	2%	2%
Outside Europe	535	29%	9%	20%	10%	4%	12%	14%	0%	2%
Parents' birth										
2 born country	21871	30%	9%	20%	14%	2%	14%	9%	1%	2%
1 country EU	817	25%	9%	18%	15%	2%	18%	11%	1%	2%
2EU At least 1 outside EU	768 1185	24% 28%	8% 8%	23% 23%	13% 12%	2% 4%	16% 13%	10% 9%	1% 1%	2% 3%
Left-Right scale	1100	2070	0.70	2370	1270	470	1370	470	170	370
(1-4) Left	6422	27%	9%	21%	14%	3%	16%	9%	1%	1%
(5-6) Centre	8105	31%	8%	20%	14%	2%	14%	9%	1%	1%
(7-10) Right	4322	31%	9%	19%	14%	3%	13%	8%	1%	2%
Respondent occupation scale										
Self- employed	1995	30%	8% 7%	21%	13%	3%	15%	8%	1%	2%
Managers Other white collars	2653 2924	30% 29%	7% 10%	21% 20%	13% 16%	3% 2%	16% 14%	8% 8%	1% 1%	1% 1%
Other white collars Manual workers	5030	29% 30%	9%	20%	13%	3%	14%	9%	1%	1%
House persons	2485	23%	9%	21%	15%	2%	17%	7%	1%	5%
Unemployed	1275	31%	9%	21%	13%	1%	12%	10%	0%	2%
Retired	5855	29%	7%	19%	15%	2%	13%	10%	1%	4%
Students	2464	35%	11%	16%	10%	3%	12%	10%	1%	2%
Subjective urbanisation										
Rural village Small/ mid size town	8062 10428	31% 28%	8% 8%	19% 21%	14% 14%	2% 2%	14% 15%	8% 8%	1% 1%	3% 2%
Small/ mid size town Large town	10428 6157	28%	10%	21% 19%	14%	2%	15%	10%	1%	2% 2%
What is your weight ?	0107	2970	10%	1970	1370	270	1470	10%	170	270
Less than 55 kg	2090	27%	9%	22%	14%	2%	14%	9%	1%	3%
From 55 to 74 kg	11467	29%	9%	20%	13%	2%	15%	8%	1%	2%
From 75 to 89 kg	7010	30%	9%	20%	14%	2%	14%	8%	0%	2%
90 kg and more	2778	32%	8%	18%	16%	2%	13%	9%	1%	2%
Your current weight is ?										
Too high	9415	29%	8%	20%	14%	2%	14%	9%	1%	2%
Too low About right	1326 13608	31% 29%	10% 9%	18% 20%	12% 13%	2% 2%	12% 14%	9% 9%	1% 1%	3% 2%
Health in general	13608	29%	9%	20%	13%	2%	14%	9%	1%	2%
Good	18561	30%	9%	20%	14%	2%	15%	9%	1%	2%
Neither good nor bad	4630	28%	9%	21%	14%	2%	14%	8%	1%	3%
Bad	1393	30%	7%	18%	14%	2%	10%	12%	1%	6%

QD28b And secondly?

QD28b And secondly?										
					Restrictions on		Health promotion			
			More local sports	More education	the advertising	Higher taxes on	campaigns to encourage			
	TOTAL	More physical	facilities and	on healthy eating	and promotion of	high sugar, high	children to eat	Healthier school	Other (SPONTANEOUS)	DK
		activity in schools	public areas for physical activity	and exercise	high sugar, salt and fat foods	salt and high fat foods	healthier food	meals	(SPONTANEOUS)	
			priysical activity		aimed at children	10003	and take more exercise			
UE25 EU25	24085	17%	13%	21%	14%	3%	18%	11%	0%	2%
BE	998	20%	10%	22%	14%	2%	19%	13%	0%	0%
CZ DK	1005 1021	22% 25%	17% 9%	12% 24%	19% 8%	2% 4%	12% 15%	12% 15%	0% 0%	3% 0%
D-W	994	20%	11%	21%	15%	3%	21%	7%	1%	2%
DE	1539	21%	10%	20%	15%	2%	21%	8%	1%	1%
D-E EE	545 968	26% 13%	9% 17%	19% 10%	14% 8%	1% 12%	22% 21%	9% 17%	1% 1%	0% 2%
EL	998	10%	16%	25%	17%	2%	24%	7%	0%	0%
ES	950	14%	8%	23%	12%	5%	21%	14%	1%	2%
FR IF	1003 987	16% 15%	7% 22%	24% 20%	16% 14%	4% 4%	20% 18%	9% 5%	0% 0%	4% 1%
IT	982	13%	16%	24%	17%	5%	17%	7%	0%	1%
CY	499	12%	23%	27%	11%	2%	18%	6%	0%	0%
LV LT	960 950	18% 21%	17% 19%	12% 21%	11% 6%	2% 1%	15% 14%	21% 16%	0%	3% 2%
LU	491	13%	13%	21%	17%	2%	14%	14%	1%	2%
HU	990	22%	16%	14%	13%	2%	12%	20%	1%	1%
MT	496	20%	23%	18%	10%	1%	21%	7%	0%	0%
NL AT	1018 979	21% 22%	13% 16%	19% 19%	14% 11%	3% 3%	17% 16%	10% 12%	1% 0%	2% 1%
PL	984	16%	26%	17%	14%	2%	13%	9%	0%	2%
PT ei	965	14%	15%	19%	18%	6%	14%	12%	-	2%
SI SK	1016 1022	11% 12%	14% 25%	22% 14%	10% 16%	3% 2%	17% 22%	17% 8%	1% 0%	6% 1%
FI	1009	19%	12%	23%	13%	5%	17%	8%	2%	2%
SE	1053	13%	13%	20%	15%	5%	19%	14%	1%	0%
UK BG	1263 974	22% 13%	10% 25%	18% 22%	12% 10%	2% 2%	14% 14%	20% 12%	0%	2% 2%
HR .	962	17%	23%	23%	5%	1%	17%	12%	0%	1%
RO	953	13%	18%	25%	13%	4%	20%	3%	1%	2%
TR CY (tcc)	950 482	17% 15%	17% 8%	19% 26%	24% 18%	5% 8%	11% 16%	5% 6%	0% 1%	1% 2%
Sex	402	1576	070	20%	10%	0 70	10%	0 70	170	270
Male	11627	17%	13%	21%	14%	3%	17%	12%	1%	2%
Female	12458	18%	13%	20%	15%	3%	19%	11%	0%	2%
Age 15-24	3682	20%	15%	19%	13%	2%	14%	13%	0%	2%
25-39	6428	16%	14%	22%	14%	5%	17%	11%	1%	1%
40-54	6244	18%	12%	20%	15%	3%	20%	10%	0%	1%
55 + Education (End of)	7731	18%	11%	20%	15%	3%	18%	11%	1%	2%
15	5715	16%	12%	21%	15%	4%	17%	13%	0%	2%
16-19 20+	9512 6080	18% 17%	14% 12%	19% 22%	15% 14%	3% 3%	19% 19%	11% 10%	0% 1%	2% 2%
Still Studying	2415	17%	16%	22%	14%	3%	14%	12%	0%	2%
Household composition										
1 2	4409	17%	12%	21%	14%	3%	18%	13%	0%	2% 2%
3	7670 4542	18% 16%	12% 14%	21% 21%	15% 14%	3% 4%	17% 1 9 %	11% 11%	1% 0%	2% 1%
4+	7463	18%	14%	20%	15%	3%	18%	10%	0%	2%
Place of birth	22585	17%	13%	21%	14%	3%	18%	11%	0%	2%
Surveyed country	22585 613	17%	13%	21% 25%	14%	3% 2%	18% 16%	11%	0%	2% 1%
Europe outside EU	329	21%	14%	20%	12%	3%	17%	10%	0%	3%
Outside Europe	524	25%	13%	18%	15%	1%	13%	13%	1%	2%
Parents' birth 2 born country	21353	17%	13%	21%	14%	3%	18%	11%	0%	2%
1 country EU	802	18%	14%	19%	16%	2%	18%	10%	1%	2%
2EU	751	18%	9%	22%	14%	3%	19%	12%	1%	3%
At least 1 outside EU Left-Right scale	1146	20%	14%	19%	14%	2%	16%	14%	0%	2%
(1-4) Left	6335	17%	12%	22%	15%	3%	18%	11%	1%	1%
(5-6) Centre	8000	17%	13%	21%	15%	3%	19%	11%	0%	1%
(7-10) Right Respondent occupation scale	4240	19%	13%	20%	14%	3%	18%	11%	1%	2%
Self- employed	1955	15%	13%	22%	16%	3%	17%	12%	1%	2%
Managers	2631	17%	11%	22%	14%	3%	20%	10%	1%	1%
Other white collars Manual workers	2895 4957	17% 18%	14% 13%	22% 21%	13% 13%	3% 3%	18% 19%	11% 11%	1% 0%	2% 1%
House persons	2363	16%	14%	21%	15%	5%	17%	10%	1%	1%
Unemployed	1253	19%	16%	20%	13%	2%	15%	12%	0%	2%
Retired Students	5616 2415	18% 19%	11% 16%	19% 20%	16% 13%	3% 3%	19% 14%	12% 12%	0% 0%	3% 2%
Subjective urbanisation	2410	1970	1070	2070	1370	370	1470	1270	070	470
Rural village	7823	17%	13%	20%	14%	4%	18%	11%	1%	2%
Small/ mid size town Large town	10203 6024	18% 18%	12% 14%	21% 20%	14% 15%	3% 3%	19% 16%	10% 12%	0%	2% 1%
What is your weight ?	0024	1070	1470	20%	1576	370	10%	1270	076	1 70
Less than 55 kg	2037	15%	13%	21%	13%	3%	21%	12%	0%	2%
From 55 to 74 kg	11212	18%	13%	21%	14%	3%	18%	11%	0%	1%
From 75 to 89 kg 90 kg and more	6866 2731	18% 18%	13% 13%	20% 19%	15% 14%	3% 4%	18% 18%	11% 11%	1% 1%	2% 2%
Your current weight is ?										
Too high	9214	19%	12%	20%	15%	4%	18%	11%	0%	2%
Too low About right	1280 13289	17% 16%	15% 13%	22% 21%	11% 14%	3% 3%	15% 18%	13% 11%	0% 1%	3% 2%
Health in general										
Good	18203	18%	13%	21%	14%	3%	18%	11%	1%	2%
Neither good nor bad	4511 1308	17%	14% 13%	19% 19%	16% 13%	3% 4%	17% 17%	12% 11%	0%	2% 3%
Bad	1308	18%	13%	19%	13%	4%	17%	11%	0%	3%

QD29 How is your health in general?

QD29 How is your health in general?							
	TOTAL	Very good	Good	Neither good nor bad	Bad	Very bad	DK
UE25 EU25	24682	21%	55%	19%	5%	1%	0%
BE	1000	22%	58%	16%	4%	0%	0%
CZ	1029	19%	51%	22%	6%	1%	0%
DK	1031	44%	40%	10%	5%	1%	0%
D-W	1007	22%	56%	17%	5%	1%	-
DE	1557	21%	56%	18%	4%	1%	0%
D-E	550	19%	56%	20%	4%	0%	0%
EE	1000	11%	48%	29%	9%	2%	0%
EL	1000	46%	35%	15%	3%	0%	0%
ES	1025	20%	57%	16%	5%	1%	0%
FR	1012	21%	55%	19%	4%	1%	0%
IE	1000	43%	44%	11%	2%	0%	1%
IT	1000	16%	58%	20%	4%	1%	1%
CY	502	40%	41%	14%	4%	1%	
LV	1000	5%	47%	37%	10%	1%	0%
LT	1011	10%	42%	36%	11%	1%	1%
LU	501	24%	59%	13%	3%	0%	170
HU	1015	11%	45%	32%	10%	3%	0%
MT	500	24%	56%	17%	2%	1%	0%
NL	1031	18%	65%	14%	2%	1%	0%
AT	1002	27%	48%	19%	5%	1%	1%
PL	1002	12%	53%	26%	5% 7%	1%	0%
PT			55%	26%			
SI	1000	13%			6%	1%	1%
	1030	18%	57%	18%	6%	1%	0%
SK	1044	19%	51%	24%	6%	0%	1%
FI	1017	19%	56%	19%	6%	1%	0%
SE	1054	31%	48%	15%	5%	1%	0%
UK	1321	25%	55%	14%	4%	1%	0%
BG	1004	19%	43%	22%	13%	3%	-
HR	1000	27%	40%	21%	10%	2%	0%
RO	1002	17%	44%	31%	7%	1%	0%
TR	1005	24%	54%	17%	4%	1%	0%
CY (tcc)	500	20%	49%	22%	7%	1%	1%
Sex							
Male	11902	23%	55%	17%	4%	1%	0%
Female	12780	19%	54%	21%	5%	1%	0%
Age							
15-24	3765	36%	53%	10%	1%	0%	0%
25-39	6550	26%	59%	12%	1%	0%	0%
40-54	6308	17%	59%	19%	4%	1%	0%
55 +	8059	11%	48%	28%	10%	2%	0%
Education (End of)	6037	1170	4070	2070	1070	270	070
15	5992	11%	49%	27%	10%	2%	0%
16-19	9671	20%	57%	19%	3%	1%	0%
20+	6152	24%	59%	14%	3%	0%	0%
Still Studying	2464	39%	50%	9%	1%	0%	0%
Household composition	2404	3970	30 %	9 70	170	0 78	0%
1	4566	17%	49%	23%	8%	2%	1%
2	7903	16%	53%	23%	6%	1%	0%
3	4615	23%	56%	16%	4%	0%	1%
	7598	26%	58%	13%	2%	0%	0%
		20%	58%	13%	270	U%	0%
4+							
Place of birth		240	E 404	100/	504	404	004
Place of birth Surveyed country	23146	21%	54%	19%	5%	1%	0%
Place of birth Surveyed country EU	23146 627	22%	53%	20%	3%	1%	-
Place of birth Surveyed country EU Europe outside EU	23146 627 336	22% 19%	53% 55%	20% 21%	3% 2%	1% 2%	- 1%
Place of birth Surveyed country EU Europe outside EU Outside Europe	23146 627	22%	53%	20%	3%	1%	-
Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth	23146 627 336 535	22% 19% 21%	53% 55% 59%	20% 21% 15%	3% 2% 4%	1% 2% 1%	- 1% 0%
Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country	23146 627 336 535	22% 19% 21%	53% 55% 59% 55%	20% 21% 15%	3% 2% 4%	1% 2% 1%	- 1% 0%
Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU	23146 627 336 535 21871 817	22% 19% 21% 20% 20%	53% 55% 59% 55% 56%	20% 21% 15% 19% 17%	3% 2% 4% 5% 5%	1% 2% 1% 1% 1%	- 1% 0% 0%
Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU	23146 627 336 535 21871 817 768	22% 19% 21% 20% 20% 23%	53% 55% 59% 55% 56% 54%	20% 21% 15% 19% 17% 20%	3% 2% 4% 5% 5% 2%	1% 2% 1% 1% 1% 1%	- 1% 0% 0% 0% 0%
Place of birth Surveyed country EU EUrope outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU	23146 627 336 535 21871 817	22% 19% 21% 20% 20%	53% 55% 59% 55% 56%	20% 21% 15% 19% 17%	3% 2% 4% 5% 5%	1% 2% 1% 1% 1%	- 1% 0% 0%
Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Letf-Right scale	23146 627 336 535 21871 817 768 1185	22% 19% 21% 20% 20% 23% 24%	53% 55% 59% 55% 56% 54% 53%	20% 21% 15% 19% 17% 20% 18%	3% 2% 4% 5% 5% 2% 3%	1% 2% 1% 1% 1% 1%	- 1% 0% 0% 0% 0% 0%
Place of birth Surveyed country EU EUrope outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left	23146 627 336 535 21871 817 768 1185	22% 19% 21% 20% 20% 23% 24%	53% 55% 59% 55% 56% 54% 53%	20% 21% 15% 19% 17% 20% 18%	3% 2% 4% 5% 5% 2% 3%	1% 2% 1% 1% 1% 1% 1%	- 1% 0% 0% 0% 0% 0%
Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 1 country 1 country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (6-6) Centre	23146 627 336 535 21871 817 768 1185 6422 8105	22% 19% 21% 20% 20% 23% 24% 21% 21%	53% 55% 59% 55% 56% 54% 53%	20% 21% 15% 19% 17% 20% 18% 18%	3% 2% 4% 5% 5% 2% 3% 4% 5%	1% 2% 1% 1% 1% 1% 1%	- 1% 0% 0% 0% 0% 0% 0%
Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Loft-Right scale (1-4) Left (5-6) Centre (7-10) Right	23146 627 336 535 21871 817 768 1185	22% 19% 21% 20% 20% 23% 24%	53% 55% 59% 55% 56% 54% 53%	20% 21% 15% 19% 17% 20% 18%	3% 2% 4% 5% 5% 2% 3%	1% 2% 1% 1% 1% 1% 1%	- 1% 0% 0% 0% 0% 0%
Place of birth Surveyed country EU EUrope outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Leff (5-6) Centre (7-10) Right Respondent occupation scale	23146 627 336 535 21871 817 768 1185 6422 8105 4322	22% 19% 21% 20% 20% 23% 24% 21% 21%	53% 55% 59% 55% 56% 54% 53% 56% 56% 54%	20% 21% 15% 19% 17% 20% 18% 18% 18%	3% 2% 4% 5% 5% 2% 3% 4% 5% 4%	1% 2% 1% 1% 1% 1% 1% 1% 1%	- 1% 0% 0% 0% 0% 0% 0%
Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Lett-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed	23146 627 336 535 21871 817 768 1185 6422 8105 4322	22% 19% 21% 20% 20% 23% 24% 21% 21% 21%	53% 55% 59% 55% 56% 54% 53% 56% 56% 54%	20% 21% 15% 19% 17% 20% 18% 18% 18%	3% 2% 4% 5% 5% 2% 3% 4% 5% 4%	1% 2% 1% 1% 1% 1% 1% 1% 1% 1% 1%	- 1% 0% 0% 0% 0% 0% 0%
Place of birth Surveyed country EU EUrope outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self-employed Managers	23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653	22% 19% 21% 20% 23% 24% 21% 21% 21% 22%	53% 55% 59% 55% 56% 54% 53% 56% 56% 54% 60% 62%	20% 21% 15% 19% 17% 20% 18% 18% 18% 19%	3% 2% 4% 5% 5% 2% 3% 4% 5% 4% 2% 2%	1% 2% 1% 1% 1% 1% 1% 1% 1% 1% 1% 0% 0%	- 1% 0% 0% 0% 0% 0% 0% 0%
Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Lett-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed	23146 627 336 535 21871 817 768 1185 6422 8105 4322	22% 19% 21% 20% 20% 23% 24% 21% 21% 21%	53% 55% 59% 55% 56% 54% 53% 56% 54% 54% 60% 62% 63%	20% 21% 15% 19% 17% 20% 18% 18% 18%	3% 2% 4% 5% 5% 2% 3% 4% 5% 4%	1% 2% 1% 1% 1% 1% 1% 1% 1% 1% 1%	- 1% 0% 0% 0% 0% 0% 0% - 0%
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Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (6-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Students Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight?	23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157	22% 19% 21% 20% 20% 23% 24% 21% 21% 21% 21% 21% 29% 27% 21% 22% 17% 19% 9% 39%	53% 55% 59% 56% 56% 54% 56% 56% 54% 60% 62% 63% 59% 54% 54% 54% 55%	20% 21% 15% 19% 17% 20% 18% 18% 18% 10% 14% 21% 32% 9% 19% 19% 19%	3% 2% 4% 5% 5% 5% 3% 4% 5% 4% 5% 4% 5% 4% 4% 4% 4%	1% 2% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 0% 0% 0% 1% 1% 1% 1% 1%	- 1% 0% 0% 0% 0% 0% 0% 0% 0% 0% 0% 1% 0% 1% 0% 1% 0% 1% 0%
Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small/ mid size tows Large town What is your weight? Less than 55 kg	23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5885 2464	22% 19% 21% 20% 20% 23% 24% 21% 21% 21% 24% 27% 21% 22% 17% 19% 9% 39%	53% 55% 59% 55% 56% 54% 53% 56% 56% 56% 54% 62% 63% 59% 54% 54% 54% 56% 56% 56% 56% 54%	20% 21% 15% 19% 17% 20% 18% 18% 18% 19% 13% 10% 14% 16% 24% 21% 32% 9% 19% 19% 18%	3% 2% 4% 5% 5% 2% 3% 4% 5% 4% 5% 4% 5% 4% 5% 1% 2% 4% 5% 4% 5% 4% 4% 4%	1% 2% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1%	1% 0% 0% 0% 0% 0% 0% 0% 0% 0% 1% 0% 1% 0% 1% 0% 1% 0%
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Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Studied Studied Studied Studied Studied Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg From 55 to 74 kg From 55 to 98 kg 90 kg and more	23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157	22% 19% 21% 20% 20% 23% 24% 21% 21% 21% 21% 21% 21% 22% 17% 29% 39% 39% 22% 22% 23%	53% 55% 59% 56% 56% 54% 56% 56% 56% 62% 63% 59% 54% 54% 50% 55%	20% 21% 15% 19% 17% 20% 18% 18% 18% 18% 19% 21% 32% 9% 19% 19% 19% 19% 19% 11% 15% 17%	3% 2% 4% 5% 5% 2% 3% 4% 5% 4% 5% 4% 5% 4% 13% 13% 13% 4% 4% 4% 4%	1% 2% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1%	
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Place of birth Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Lett-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight? Less than 58 kg From 75 to 89 kg 90 kg and more Your current weight is ? Too high	23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5885 2464 8062 10428 6157 2090 11467 7010 2778	22% 19% 21% 20% 23% 24% 21% 21% 21% 21% 21% 21% 22% 17% 22% 17% 22% 17% 23% 19% 39% 39% 39%	53% 55% 59% 56% 56% 54% 53% 56% 56% 62% 63% 59% 54% 43% 50% 53% 55% 55%	20% 21% 15% 19% 17% 20% 18% 18% 18% 19% 13% 10% 14% 24% 21% 32% 9% 19% 19% 19% 19% 15% 17% 19% 26%	3% 2% 4% 5% 5% 2% 3% 3% 4% 5% 4% 5% 4% 2% 1% 2% 1% 4% 5% 4% 5% 13% 4% 4% 4% 5% 7%	1% 2% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1%	- 1% 0% 0% 0% 0% 0% 0% 0% 0% 0% 0% 1% 0% 0% 1% 0% 1% 0% 1% 0% 0% 1% 0% 0% 0%
Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country 2 to tleast 1 outside EU Lett-Right scale (1-4) Left (6-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg From 55 to 98 kg 90 kg and more Voor Current weight is ? Too low	23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	22% 19% 21% 20% 20% 23% 24% 21% 21% 21% 22% 24% 22% 25% 22% 25% 22% 25% 23% 19% 13% 22%	53% 55% 59% 56% 56% 56% 56% 56% 54% 60% 63% 59% 54% 53% 56% 54% 55% 55% 55%	20% 21% 15% 19% 17% 20% 18% 18% 18% 19% 10% 14% 16% 24% 21% 32% 9% 19% 19% 18% 15% 17% 19% 26% 25%	3% 2% 4% 5% 5% 5% 2% 3% 4% 5% 4% 5% 4% 1% 5% 4% 5% 4% 5% 13% 1% 5% 4% 4% 6% 6%	1% 2% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1%	
Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Lett-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small mid size town Large town What is your weight? Less than 55 kg From 75 to 89 kg 90 kg and more Your current weight is ? Too high Too low About right	23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5885 2464 8062 10428 6157 2090 11467 7010 2778	22% 19% 21% 20% 23% 24% 21% 21% 21% 21% 21% 21% 22% 17% 22% 17% 22% 17% 23% 19% 39% 39% 39%	53% 55% 59% 56% 56% 54% 53% 56% 56% 62% 63% 59% 54% 43% 50% 53% 55% 55%	20% 21% 15% 19% 17% 20% 18% 18% 18% 19% 13% 10% 14% 24% 21% 32% 9% 19% 19% 19% 19% 15% 17% 19% 26%	3% 2% 4% 5% 5% 2% 3% 3% 4% 5% 4% 5% 4% 2% 1% 2% 1% 4% 5% 4% 5% 13% 4% 4% 4% 5% 7%	1% 2% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1%	- 1% 0% 0% 0% 0% 0% 0% 0% 0% 0% 0% 1% 0% 0% 1% 0% 1% 0% 1% 0% 0% 1% 0% 0% 0%
Place of birth Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Lett-Right scale (1-4) Left (6-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg From 55 to 98 kg 90 kg and more Your current weight is? Too lojk	23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778 9415 1326 13608	22% 19% 21% 20% 20% 23% 24% 21% 21% 21% 21% 22% 24% 22% 24% 22% 25% 22% 25% 23% 19% 13% 22% 26%	53% 55% 59% 56% 56% 56% 56% 56% 56% 54% 63% 59% 54% 54% 50% 54% 55% 55% 55% 55%	20% 21% 15% 19% 17% 20% 18% 18% 18% 19% 10% 14% 16% 24% 21% 32% 9% 19% 19% 18% 15% 17% 19% 26% 25%	3% 2% 4% 5% 5% 5% 2% 3% 4% 5% 4% 5% 4% 1% 5% 4% 5% 4% 5% 13% 1% 5% 4% 4% 6% 6%	1% 2% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1%	
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Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (6-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg From 75 to 89 kg 90 kg and more Your current weight is ? Too lojk About right Health in general	23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778 9415 1326 13608	22% 19% 21% 20% 20% 23% 24% 21% 21% 21% 21% 22% 24% 22% 24% 22% 25% 22% 25% 23% 19% 13% 22% 26%	53% 55% 59% 56% 56% 56% 56% 56% 56% 54% 63% 59% 54% 54% 50% 54% 55% 55% 55% 55%	20% 21% 15% 19% 17% 20% 18% 18% 18% 19% 10% 14% 16% 24% 21% 32% 9% 19% 19% 18% 15% 17% 19% 26% 25%	3% 2% 4% 5% 5% 5% 2% 3% 4% 5% 4% 5% 4% 5% 4% 5% 4% 5% 4% 6% 6% 3%	1% 2% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1%	- 1% 0% 0% 0% 0% 0% 0% 0% 0% 0% 0% 0% 1% 0% 1% 0% 0% 1% 0% 0% 0% 0% 0% 0% 0%
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QD30 Do you have any long-standing illness or health problem?

QD30 Do you have any long-standing illness of	or health problem?			
	TOTAL	Yes	No	DK
UE25 EU25 BE	24682 1000	24% 21%	75% 79%	1% 0%
CZ	1029	29%	71%	1%
DK	1031	36%	64%	0%
D-W	1007	25%	74%	1%
DE	1557	25%	74%	1%
D-E EE	550 1000	27% 36%	72% 62%	1% 2%
EL	1000	17%	83%	0%
ES	1025	20%	80%	
FR	1012	23%	77%	0%
IE	1000	13%	86%	2%
IT CY	1000 502	17% 21%	80% 79%	4% 0%
LV	1000	33%	66%	1%
LT	1011	44%	55%	1%
LU	501	22%	76%	2%
HU	1015	33%	66%	0%
MT NL	500 1031	23% 26%	77% 73%	0% 1%
AT	1002	19%	79%	2%
PL	1000	28%	70%	1%
PT	1000	22%	77%	0%
SI	1030	27%	73%	0%
SK FI	1044 1017	28% 40%	71% 60%	1% 0%
SE SE	1054	35%	65%	0%
UK	1321	29%	71%	0%
BG	1004	34%	64%	2%
HR RO	1000	31%	68%	1%
TR	1002 1005	25% 21%	72% 78%	3% 1%
CY (tcc)	500	24%	73%	2%
Sex				
Male	11902	21%	78%	1%
Female	12780	27%	72%	1%
Age 15-24	3765	9%	90%	1%
25-39	6550	13%	86%	1%
40-54	6308	24%	75%	1%
55 +	8059	42%	57%	1%
Education (End of)	5992	38%	61%	1%
15 16-19	9671	38% 22%	61% 77%	1% 1%
20+	6152	21%	78%	1%
Still Studying	2464	8%	90%	1%
Still Studying Household composition	2464	8%	90%	1%
Still Studying Household composition 1	2464 4566	8%	90%	1% 1%
Still Studying Household composition 1 2	2464 4566 7903	8% 35% 30%	90% 64% 69%	1% 1% 1%
Still Studying Household composition 1 2 3 4+	2464 4566	8%	90%	1% 1%
Still Studying Household composition 1 2 3	2464 4566 7903 4615 7598	8% 35% 30% 20% 15%	90% 64% 69% 80% 84%	1% 1% 1% 1% 1%
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country	2464 4566 7903 4615 7598	8% 35% 30% 20% 15%	90% 64% 69% 80% 84%	1% 1% 1% 1% 1%
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU	2464 4566 7903 4615 7598 23146 627	8% 35% 30% 20% 15% 25%	90% 64% 69% 80% 84% 74%	1% 1% 1% 1% 1% 1% 1%
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU	2464 4566 7903 4615 7598 23146 627 336	8% 35% 30% 20% 15% 25% 25% 24%	90% 64% 69% 80% 84% 74% 74%	1% 1% 1% 1% 1%
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth	2464 4566 7903 4615 7598 23146 627 336 535	8% 35% 30% 20% 15% 25% 25% 24% 17%	90% 64% 69% 80% 84% 74% 74% 83%	1% 196 196 196 196 196 196 196 196
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country	2464 4566 7903 4615 7598 23146 627 336 535	8% 35% 30% 20% 15% 25% 24% 17%	90% 64% 69% 80% 84% 74% 74% 74% 74%	196 196 196 196 196 196 196 196 -
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU	2464 4566 7903 4615 7598 23146 627 336 535 21871 817	8% 35% 30% 20% 15% 25% 24% 17%	90% 64% 69% 80% 84% 74% 74% 74% 74% 83%	1% 196 196 196 196 196 196
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country 1 country EU E	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768	8% 35% 30% 20% 15% 25% 24% 17%	90% 64% 69% 80% 84% 74% 74% 74% 74% 71% 76%	196 196 196 196 196 196 196 196 -
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185	8% 35% 30% 20% 15% 25% 25% 24% 17% 25% 24% 17%	90% 64% 69% 80% 84% 74% 74% 74% 74% 75% 76% 80%	196 196 196 196 196 196 196 196 196 196
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185	8% 35% 30% 20% 15% 25% 24% 17% 25% 24%	90% 64% 69% 80% 84% 74% 74% 74% 74% 74% 83%	196 196 196 196 196 196 196 - - 196 196 196
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105	8% 35% 30% 20% 15% 25% 24% 24% 27% 23% 19%	90% 64% 69% 80% 84% 74% 74% 74% 75% 74% 71% 76% 80%	196 196 196 196 196 196 196 196 196 196
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185	8% 35% 30% 20% 15% 25% 24% 17% 25% 24%	90% 64% 69% 80% 84% 74% 74% 74% 74% 74% 83%	196 196 196 196 196 196 196 - - 196 196 196
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322	8% 35% 30% 20% 15% 25% 25% 24% 17% 25% 27% 23% 19% 24% 24%	90% 64% 69% 80% 84% 74% 74% 74% 74% 83% 74% 71% 76% 80%	196 196 196 196 196 196 196 196 196 196
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (7-10) Right Respondent occupation scale Self- employed Managers	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322	8% 35% 30% 20% 15% 25% 25% 24% 17% 25% 27% 23% 19% 24% 24% 24% 14% 15%	90% 64% 69% 80% 84% 74% 74% 74% 74% 71% 76% 80% 75% 83% 83%	1% 196 196 196 196 196 198 198 196
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Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country 1 country 1 country 1 country 1 contry 1 contr	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485	8% 35% 30% 20% 15% 25% 24% 24% 25% 23% 19% 24% 25% 24% 16% 6%	90% 64% 69% 80% 84% 74% 74% 74% 74% 74% 71% 75% 80% 75% 83% 83% 84% 84% 82% 83% 73%	196 196 196 196 196 196 196 196 196 196
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Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country EU 2EU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers Other white collars Manual workers Unemployed Retired Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5885 2464 8062 10428 6157 2090 11467	8% 35% 30% 20% 15% 25% 24% 24% 27% 23% 19% 24% 24% 24% 25% 24% 24% 25% 24% 24% 26% 24% 26% 26% 26% 27% 27% 23% 24% 24% 24% 24% 24% 24% 24% 24% 24% 24	90% 64% 69% 80% 84% 74% 74% 74% 74% 71% 76% 80% 75% 74% 75% 83% 83% 75% 75% 75% 83% 83% 83% 84% 82% 83% 84% 82% 83% 75% 75% 83% 75% 75% 84% 83% 75% 84% 85%	196 196 196 196 196 196 196 196 196 196
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Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	8% 35% 30% 20% 15% 25% 25% 24% 217% 25% 23% 19% 24% 25% 24% 24% 25% 24% 14% 16% 16% 16% 26% 21% 50% 8% 24% 24% 24% 24% 33%	90% 64% 69% 80% 84% 84% 74% 74% 74% 74% 83% 74% 71% 76% 80% 80% 75% 83% 84% 82% 83% 84% 82% 83% 73% 79% 49% 90% 75% 78% 77% 74% 66%	196 196 196 196 196 196 196 196 196 196
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1 country 1 country 2 LU At least 1 outside EU Left-Right scale (1-4) Left (5-6) Centre (7-10) Right Respondent occupation scale Self- employed Managers Other white collars Manual workers House persons Unemployed Retired Students Subjective urbanisation Rural village Small/ mid size town Large town What is your weight? Less than 55 kg From 55 to 74 kg From 15 to 89 kg 90 kg and more Vour current weight is ? Too high Too low About right	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	8% 35% 30% 20% 15% 25% 25% 24% 24% 24% 25% 24% 19% 24% 25% 24% 24% 24% 24% 24% 26% 24% 26% 24% 21% 26% 22% 26% 24% 24% 24% 21% 33%	90% 64% 69% 80% 84% 14% 14% 14% 14% 74% 75% 80% 75% 83% 83% 83% 84% 82% 83% 84% 82% 83% 73% 75% 83% 84% 82% 83% 73% 75% 83% 84% 85% 85% 85% 85% 86% 86% 86%	196 196 196 196 196 196 196 196 196 196
Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	8% 35% 30% 20% 15% 25% 25% 24% 24% 27% 23% 19% 24% 24% 24% 24% 24% 24% 24% 24% 24% 2	90% 64% 69% 80% 84% 84% 74% 74% 74% 71% 76% 80% 85% 75% 83% 84% 84% 82% 83% 73% 79% 49% 90% 73% 75% 76% 76% 76% 76% 76% 76% 76% 76% 76% 76	196 196 196 196 196 196 196 196 196 196
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Still Studying Household composition 1 2 3 4+ Place of birth Surveyed country EU Europe outside EU Outside Europe Parents' birth 2 born country 1	2464 4566 7903 4615 7598 23146 627 336 535 21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	8% 35% 30% 20% 15% 25% 25% 24% 24% 27% 23% 19% 24% 24% 24% 24% 24% 24% 24% 24% 24% 2	90% 64% 69% 80% 84% 84% 74% 74% 74% 71% 76% 80% 85% 75% 83% 84% 84% 82% 83% 73% 79% 49% 90% 73% 75% 76% 76% 76% 76% 76% 76% 76% 76% 76% 76	196 196 196 196 196 196 196 196 196 196

QD31 Over the past 6 months, to what extent, if at all, have you been limited in activities people normally do, because of a health problem? Would you say you have been...?

	t, if at all, have you been limited in activ				
	TOTAL	Severely limited	Somewhat limited	Not limited at all	DK
JE25 EU25	24682	7%	21%	71%	1%
E	1000	10%	18%	71%	0%
Z	1029	5%	29%	66%	1%
K.	1031	8%	23%	68%	1%
W	1007	7%	21%	72%	0%
	1557	6%	22%	72%	0%
E	550	6%	23%	71%	0%
	1000	9%	28%	62%	1%
	1000	6%	10%	84%	0%
	1025	6%	17%	77%	0%
	1012	10%	17%	73%	0%
	1000	4%	13%	80%	3%
	1000	5%	25%	67%	2%
	502	4%	10%	85%	0%
	1000 1011	11% 6%	30% 29%	58% 63%	2% 2%
					2% 5%
	501 1015	7% 11%	15% 23%	73% 66%	0%
	500	5%	16%	78%	1%
	1031	5% 7%	24%	69%	0%
	1002	7% 4%	24%	68%	2%
	1002	4% 7%	25%	68%	2%
	1000	5%	17%	77%	2%
	1030	5%	25%	70%	0%
	1044	6%	25%	66%	3%
	1044	6% 7%	25% 24%	68%	3% 1%
	1017	10%	24% 19%	69%	1%
	1321	8%	18%	73%	1%
	1004	6%	28%	66%	1%
	1000	11%	17%	69%	4%
	1002	5%	19%	70%	6%
	1002	8%	13%	75%	4%
(tcc)	500	4%	12%	75%	8%
X	555		1270	70,0	5,0
le	11902	6%	19%	74%	1%
nale	12780	8%	23%	68%	1%
le .					
-24	3765	2%	12%	84%	1%
-39	6550	4%	14%	81%	1%
-54	6308	7%	20%	72%	1%
+	8059	12%	31%	56%	1%
lucation (End of)					
,	5992	12%	29%	58%	1%
-19	9671	6%	19%	74%	1%
+	6152	6%	18%	75%	1%
II Studying	2464	2%	13%	83%	2%
ousehold composition					
	4566	11%	27%	61%	1%
	7903	8%	24%	67%	1%
	4615	6%	19%	75%	1%
	7598	4%	15%	79%	1%
ace of birth					
rveyed country	23146	7%	21%	71%	1%
	627	9%	15%	75%	1%
rope outside EU	336		23%		
tside Europe		5%		71%	1%
	535	5% 7%	16%	71% 77%	1% 1%
		7%	16%	77%	1%
orn country	21871	7% 7%	16% 21%	77% 71%	1%
orn country ountry EU	21871 817	7% 7% 10%	16% 21% 24%	77% 71% 65%	1% 1% 1%
orn country ountry EU U	21871 817 768	7% 7% 10% 6%	16% 21% 24% 18%	77% 71% 65% 75%	1% 1% 1% 1%
oorn country country EU U least 1 outside EU	21871 817	7% 7% 10%	16% 21% 24%	77% 71% 65%	1% 1% 1%
oorn country country EU U least 1 outside EU ft-Right scale	21871 817 768 1185	7% 7% 10% 6% 5%	16% 21% 24% 18% 16%	77% 71% 65% 75% 78%	1% 1% 1% 1% 1%
oorn country country EU U least 1 outside EU ff-Right scale 4) Left	21871 817 768 1185	7% 7% 10% 6% 5%	16% 21% 24% 18% 16%	77% 71% 65% 75% 78%	1% 1% 1% 1% 1% 1%
orn country ountry EU J least 1 outside EU tt-Right scale 4) Left 6) Centre	21871 817 768 1185 6422 8105	7% 10% 6% 5% 7% 7%	16% 21% 24% 18% 10% 21% 20%	77% 71% 65% 75% 78% 72%	1% 1% 1% 1% 1% 1% 1%
orn country country EU U least 1 outside EU ff-Right scale 4) Left 6) Centre 10) Right	21871 817 768 1185	7% 7% 10% 6% 5%	16% 21% 24% 18% 16%	77% 71% 65% 75% 78%	1% 1% 1% 1% 1% 1%
orn country ountry EU U Lest 1 outside EU ft-Right scale 4) Left 6) Centre 10) Right spondent occupation scale	21871 817 768 1185 6422 8105 4322	7% 10% 6% 5% 7% 7% 7%	16% 21% 24% 18% 16% 20% 20%	77% 71% 65% 75% 78% 72% 72% 71%	1% 1% 1% 1% 1% 1% 1% 1% 1%
orn country country EU U least 1 outside EU ff-Right scale 4) Left 6) Centre 10) Right spondent occupation scale [f- employed	21871 817 768 1185 6422 8105 4322	7% 10% 6% 5% 7% 7% 4%	16% 21% 24% 18% 16% 21% 20% 20%	77% 71% 65% 75% 78% 72% 72% 71%	1% 1% 1% 1% 1% 1% 1% 1%
orn country ountry EU U least 1 outside EU rt-Right scale 4) Left 6) Centre 10) Right genoded occupation scale f- employed nagers	21871 817 768 1185 6422 8105 4322 1995 2653	7% 10% 6% 5% 7% 7% 4% 3%	16% 21% 24% 18% 16% 20% 20% 20% 16%	77% 71% 65% 75% 78% 72% 72% 71% 79% 80%	1% 1% 1% 1% 1% 1% 1% 1% 1% 1%
orn country ountry EU J Bleast 1 outside EU It-Right scale 4) Left 6) Centre 10) Right spondent occupation scale F- employed nagers rar white collars	21871 817 768 1185 6422 8105 4322 1995 2653 2924	7% 10% 6% 5% 7% 7% 7% 4% 3% 5%	16% 21% 24% 18% 16% 21% 20% 20% 16% 16%	77% 71% 65% 75% 78% 72% 72% 71%	1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1%
orn country ountry EU U U least 1 outside EU ft.Right scale 4) Left 6) Centre 10) Right spondent occupation scale If- employed nagers ner white collars nual workers	21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030	7% 7% 10% 6% 5% 7% 7% 7% 4% 3% 5% 4%	16% 21% 24% 18% 16% 20% 20% 16% 16% 16% 16%	77% 71% 65% 75% 78% 72% 72% 71% 79% 80% 79%	1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1%
orn country ountry EU Jeast 1 outside EU 1-Right scale 4) Left 6) Centre 10) Right spondent occupation scale f- employed nagers ner white collars nual workers use persons	21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485	7% 10% 6% 5% 7% 7% 7% 4% 3% 5% 4% 8%	16% 21% 24% 18% 16% 21% 20% 20% 16% 16% 16% 16% 16% 22%	77% 71% 65% 75% 78% 72% 72% 71% 79% 80% 79% 79% 68%	1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 2%
orn country ountry EU U Least 1 outside EU tt-Right scale 4) 6) Centre 10) Right spondent occupation scale f- employed nagers ner white collars nual workers use persons employed	21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275	7% 7% 10% 6% 5% 7% 7% 7% 4% 3% 5% 4% 8% 5%	16% 21% 24% 18% 16% 20% 20% 16% 16% 16% 16% 16% 16% 188	77% 71% 65% 75% 78% 72% 72% 71% 79% 80% 79% 68% 77%	1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1
orn country ountry EU U Least 1 outside EU It-Right scale 4) Left 6) Centre 10) Right spondent occupation scale f- employed nagers ner white collars nual workers sus persons employed itied	21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5885	7% 10% 6% 5% 7% 7% 7% 4% 3% 5% 4% 8% 5% 16%	16% 21% 24% 18% 16% 21% 20% 20% 16% 16% 16% 16% 16% 16% 58%	77% 71% 65% 75% 78% 72% 72% 71% 99% 80% 79% 90% 77% 48%	1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1
orn country ountry EU J least 1 outside EU It-Right scale 4) Left 6) Centre 10) Right spondent occupation scale F- employed nagers ner white collars nual workers use persons smployed ired idents	21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275	7% 7% 10% 6% 5% 7% 7% 7% 4% 3% 5% 4% 8% 5%	16% 21% 24% 18% 16% 20% 20% 16% 16% 16% 16% 16% 16% 188	77% 71% 65% 75% 78% 72% 72% 71% 79% 80% 79% 68% 77%	1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1
orn country ountry EU U Least 1 outside EU tt-Right scale 4) Left 6) Centre 10) Right spondent occupation scale f- employed nagers ner white collars nual workers use persons employed litred idents better better better litred dents better better better litred dents better better litred better better litred litred better litred	21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5885 2464	7% 10% 6% 5% 7% 7% 7% 4% 3% 5% 4% 8% 5% 40%	16% 21% 24% 18% 16% 20% 20% 20% 16% 16% 16% 16% 16% 15% 15% 13%	77% 71% 65% 75% 78% 72% 72% 71% 79% 80% 79% 68% 77% 48% 83%	1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1
orn country ountry EU J Least 1 outside EU IT-Right scale 4) Left 6) Centre 10) Right spondent occupation scale F- employed nagers ner white collars nual workers use persons employed didents bjective urbanisation rat village	21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464	7% 10% 6% 5% 7% 7% 7% 4% 3% 5% 4% 8%	16% 21% 24% 18% 16% 21% 20% 20% 16% 16% 16% 16% 16% 16% 15% 22% 18% 35% 11%	77% 71% 65% 75% 78% 72% 72% 71% 79% 80% 79% 68% 77% 48% 83%	1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1
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orn country ountry EU J J Least 1 outside EU tt-Right scale 4) Left 6) Centre 10) Right spondent occupation scale f- employed nagers ner white collars nual workers use persons smployed didnts bjective urbanisation al village all/ mid size town ge town tat is your weight? s than 55 kg m 75 to 89 kg kg and more	21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157	7% 7% 10% 6% 5% 7% 7% 7% 4% 3% 5% 4% 8% 5% 4% 8% 5% 6% 6%	16% 21% 24% 18% 16% 20% 20% 20% 16% 16% 16% 16% 16% 22% 18% 22% 18% 22% 18% 35% 13%	77% 71% 65% 75% 78% 72% 72% 71% 79% 80% 79% 68% 77% 48% 83% 70% 72% 72% 74% 73%	1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1%
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vorn country ountry EU U IL eleast 1 outside EU ITRight scale 4) Left 6) Left 6) Centre 10) Right spondent occupation scale F- employed nagers ner white collars nual workers use persons employed tired doents bjective urbanisation rat village all/ mid size town ge town 5 to 74 kg m 75 to 89 kg kg and more ur current weight is ? bight scale 10 Interview of the scale of the sc	21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	7% 7% 10% 6% 5% 7% 7% 7% 4% 3% 5% 4% 8% 5% 16% 8% 6% 6% 6% 6% 10%	16% 21% 24% 18% 16% 20% 20% 20% 16% 16% 16% 16% 22% 18% 22% 18% 22% 18% 24%	77% 71% 65% 75% 78% 78% 72% 72% 71% 79% 80% 79% 68% 77% 48% 83% 70% 72% 72% 72% 74% 73% 71% 65%	1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1%
orn country country EU U U Lest 1 outside EU ft-Right scale 4) Left 6) Centre 10) Right spondent occupation scale If- employed nagers ner white collars nual workers use persons employed titred udents bijective urbanisation ral village nall/ mid size town ge town nat is your weight? ss than 55 kg om 55 to 74 kg om 55 to 74 kg om 75 to 89 kg kg and more ur current weight is ? o high	21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5885 2464 8062 10428 6157 2090 11467 7010 2778	7% 10% 6% 5% 7% 7% 7% 7% 7% 4% 3% 5% 4% 8% 5% 4% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6%	16% 21% 24% 18% 16% 20% 20% 20% 16% 16% 16% 16% 16% 12% 18% 22% 18% 22% 18% 22% 18% 21% 21% 20%	77% 71% 65% 75% 78% 72% 72% 71% 79% 80% 79% 19% 68% 77% 48% 83% 70% 72% 72% 71% 65% 65% 65%	1% 1% 1% 1% 1% 1% 1% 1% 1% 1%
vorn country ountry EU J Least 1 outside EU It-Right scale 4) 6) Centre 6) Centre 10) Right spondent occupation scale F- employed nagers ner white collars nual workers use persons employed tired didents bjective urbanisation rat village sall / mid size town ge town sat is your weight? s than 55 kg m 75 to 89 kg kg and more ur current weight is ? bight	21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5855 2464 8062 10428 6157 2090 11467 7010 2778	7% 7% 10% 6% 5% 7% 7% 7% 4% 3% 5% 4% 8% 5% 16% 8% 6% 6% 6% 6% 10%	16% 21% 24% 18% 16% 20% 20% 20% 16% 16% 16% 16% 22% 18% 22% 18% 22% 18% 24%	77% 71% 65% 75% 78% 78% 72% 72% 71% 79% 80% 79% 68% 77% 48% 83% 70% 72% 72% 72% 74% 73% 71% 65%	1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1% 1%
orn country country EU U U Least 1 outside EU ft-Right scale 4) Left 6) Centre 10) Right spondent occupation scale If- employed nagers ner white collars neal workers use persons employed lifted didents bijective urbanisation ral village nall/ mid size town ge town nat is your weight? ss than 55 kg m 75 to 89 kg kg and more ur current weight is ? o high out right alth in general	21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5885 2464 8062 10428 6157 2090 11467 7010 2778 9415 1326 1326 1326	7% 10% 6% 5% 7% 7% 7% 7% 7% 4% 3% 5% 4% 8% 5% 4% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6%	16% 21% 24% 18% 16% 20% 20% 20% 16% 16% 16% 16% 16% 16% 22% 18% 21% 20% 13% 21% 20% 21% 20% 24% 24% 24% 24% 23% 18%	77% 71% 65% 75% 78% 72% 72% 71% 79% 80% 79% 68% 77% 48% 83% 70% 72% 72% 71% 48% 83% 70% 72% 72% 65% 65% 65% 65%	1% 1% 1% 1% 1% 1% 1% 1% 1% 1%
rents' birth contry EU U least 1 outside EU ff.Right scale -4). Left (d) Centre -10) Right spondent occupation scale If- employed nagers nual workers use persons employed tired udents bipective urbanisation ral village nall/ mid size town rge town hat is your weight? ss than 55 kg om 75 to 89 kg om 75 to 89 kg kg and more ur current weight is ? o high od wither sales in selection selection in	21871 817 768 1185 6422 8105 4322 1995 2653 2924 5030 2485 1275 5885 2464 8062 10428 6157 2090 11467 7010 2778	7% 10% 6% 5% 7% 7% 7% 7% 7% 4% 3% 5% 4% 8% 5% 4% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6% 6%	16% 21% 24% 18% 16% 20% 20% 20% 16% 16% 16% 16% 16% 12% 18% 22% 18% 22% 18% 22% 18% 21% 21% 20%	77% 71% 65% 75% 78% 72% 72% 71% 79% 80% 79% 19% 68% 77% 48% 83% 70% 72% 72% 71% 65% 65% 65%	1% 1% 1% 1% 1% 1% 1% 1% 1% 1%







SPECIAL EUROBAROMETER N° 246 "Health and Food" TECHNICAL SPECIFICATIONS

Between the 5th of November and the 7th of December 2005, TNS Opinion & Social, a consortium created between Taylor Nelson Sofres and EOS Gallup Europe, carried out wave 64.3 of the EUROBAROMETER, on request of the EUROPEAN COMMISSION, Directorate-General Press and Communication, Opinion Polls.

The SPECIAL EUROBAROMETER N° 246 is part of wave 64.3 and covers the population of the respective nationalities of the European Union Member States, resident in each of the Member States and aged 15 years and over. The EUROBAROMETER 64.3 has also been conducted in the two acceding countries (Bulgaria and Romania) and in the two candidate countries (Croatia and Turkey) and in the Turkish Cypriot Community. In these countries, the survey covers the national population of citizens of the respective nationalities and the population of citizens of all the European Union Member States that are residents in those countries and have a sufficient command of one of the respective national language(s) to answer the questionnaire. The basic sample design applied in all states is a multi-stage, random (probability) one. In each country, a number of sampling points was drawn with probability proportional to population size (for a total coverage of the country) and to population density.

In order to do so, the sampling points were drawn systematically from each of the "administrative regional units", after stratification by individual unit and type of area. They thus represent the whole territory of the countries surveyed according to the EUROSTAT NUTS II (or equivalent) and according to the distribution of the resident population of the respective nationalities in terms of metropolitan, urban and rural areas. In each of the selected sampling points, a starting address was drawn, at random. Further addresses (every Nth address) were selected by standard "random route" procedures, from the initial address. In each household, the respondent was drawn, at random (following the "closest birthday rule"). All interviews were conducted face-to-face in people's homes and in the appropriate national language. As far as the data capture is concerned, CAPI (Computer Assisted Personal Interview) was used in those countries where this technique was available.





ABREVIATIONS	COUNTRIES	OUNTRIES INSTITUTES		FIELD DA	WORK TES	POPULATION 15+
BE	Belgium	TNS Dimarso	1.000	08/11/2005	06/12/2005	8.598.982
CZ	Czech Rep.	TNS Aisa	1.029	11/11/2005	04/12/2005	8.571.710
DK	Denmark	TNS Gallup DK	1.031	08/11/2005	07/12/2005	4.380.063
DE	Germany	TNS Infratest	1.557	08/11/2005	29/11/2005	64.174.295
EE	Estonia	Emor	1.000	11/11/2005	06/12/2005	887.094
EL	Greece	TNS ICAP	1.000	09/11/2005	04/12/2005	8.674.230
ES	Spain	TNS Demoscopia	1.025	05/11/2005	04/12/2005	35.882.820
FR	France	TNS Sofres	1.012	08/11/2005	05/12/2005	44.010.619
IE	Ireland	TNS MRBI	1.000	09/11/2005	04/12/2005	3.089.775
IT	Italy	TNS Abacus	1.000	07/11/2005	05/12/2005	49.208.000
CY	Rep. of Cyprus	Synovate	502	11/11/2005	05/12/2005	552.213
LV	Latvia	TNS Latvia	1.000	08/11/2005	04/12/2005	1.394.351
LT	Lithuania	TNS Gallup Lithuania	1.011	13/11/2005	04/12/2005	2.803.661
LU	Luxembourg	TNS ILReS	501	07/11/2005	06/12/2005	367.199
HU	Hungary	TNS Hungary	1.015	11/11/2005	28/11/2005	8.503.379
MT	Malta	MISCO	500	08/11/2005	04/12/2005	322.917
NL	Netherlands	TNS NIPO	1.032	12/11/2005	05/12/2005	13.242.328
AT	Austria	Österreichisches Gallup-Institute	1.002	10/11/2005	02/12/2005	6.679.444
PL	Poland	TNS OBOP	1.000	10/11/2005	06/12/2005	31.610.437
PT	Portugal	TNS EUROTESTE	1.000	22/11/2005	06/12/2005	8.080.915
SI	Slovenia	RM PLUS	1.030	11/11/2005	06/12/2005	1.663.869
SK	Slovakia	TNS AISA SK	1.044	11/11/2005	29/11/2005	4.316.438
FI	Finland	TNS Gallup Oy	1.017	08/11/2005	07/12/2005	4.279.286
SE	Sweden	TNS GALLUP	1.054	08/11/2005	29/11/2005	7.376.680
UK	United Kingdom	TNS UK	1.321	05/11/2005	04/12/2005	47.685.578
BG	Bulgaria	TNS BBSS	1.004	07/11/2005	21/11/2005	6.695.512
HR	Croatia	Puls	1.000	08/11/2005	05/12/2005	3.682.826
RO	Romania	TNS CSOP	1.002	12/11/2005	04/12/2005	18.145.036
TR	Turkey	TNS PIAR	1.005	07/11/2005	05/12/2005	47.583.830
CY(tcc)	Turkish Cypriot Comm.	KADEM	500	09/11/2005	26/11/2005	157.101
TOTAL			29.195	05/11/2005	07/12/2005	442.620.588





For each country a comparison between the sample and the universe was carried out. The Universe description was derived from Eurostat population data or from national statistics offices. For all countries surveyed, a national weighting procedure, using marginal and intercellular weighting, was carried out based on this Universe description. In all countries, gender, age, region and size of locality were introduced in the iteration procedure. For international weighting (i.e. EU averages), TNS Opinion & Social applies the official population figures as provided by EUROSTAT or national statistic offices. The total population figures for input in this post-weighting procedure are listed above.

Readers are reminded that survey results are <u>estimations</u>, the accuracy of which, everything being equal, rests upon the sample size and upon the observed percentage. With samples of about 1,000 interviews, the real percentages vary within the following confidence limits:

Observed percentages	10% or 90%	20% or 80%	30% or 70%	40% or 60%	50%
Confidence limits	± 1.9 points	± 2.5 points	± 2.7 points	± 3.0 points	± 3.1 points

Questionnaire	

	Now, let's move on to another topic
D10	Gender.
	Male 1 Female 2
	EB63.4 D10
	ASK QD IN EU25 + BG, RO, TR, HR, and CY(tcc) - ASK QD1 TO QD3 TO WOMEN ONLY - MEN GO TO QD4
QD1	Do you have children? If yes, did you breastfeed any of them?
	(SHOW CARD – READ OUT – ONE ANSWER ONLY)
	Yes, I have children and I have breastfed all of them Yes, I have children and I have breastfed some of them Yes, I have children but I did not breastfeed them No, I don't have children 4
	EB59.0 Q28a
	ASK QD2 AND QD3 TO THOSE WHO "HAVE BREASTFED", CODE 1 OR 2 TO QD1 – OTHERS GO TO QD4
QD2	Thinking about the last child that you breastfed, for how long did you breastfeed him\her?
	(CODE THE SPONTANEOUS ANSWER IN MONTHS – IF "DK" CODE '99') (772-773)
	months
	EB59.0 Q28b
QD3	Thinking about the other child(ren) that you breastfed, for how long have you breastfed on average?
	(CODE THE SPONTANEOUS ANSWER IN MONTHS – IF "HAVE NOT BREASTFED ANY OTHER CHILD" CODE '00' IF "NO OTHER CHILDREN" CODE '98' – IF "DK" CODE '99')
	(774-775)
	months
	FR64 3 NFW

	ASK ALL				
QD4	Over the last 12 months, have you been on a diet, or not?				
•					
	(SHOW CARD – READ OUT – ONE ANSWER POSSIBLE)				
	(776)				
	No, I have not been on a diet 1				
	Yes, advised by a doctor 2				
	Yes, suggested by a family member or a friend 3				
	Yes, through media influence 4				
	Yes, by my own decision 5				
	DK 6				
	U. C.				
	EB64.3 NEW				
	EB04.3 NEW				
005	The fall are a Court State (above 0				
QD5	How tall are you (in cm) without shoes?				
	(CODE IN ON EVOLED FOR LIKEAND IE. JE IIDEELIOAL II OODE 1999). JE IIDKII OODE 1999).				
	(CODE IN CM EXCEPT FOR UK AND IE – IF "REFUSAL" CODE '998' – IF "DK" CODE '999')				
	(777-779)				
	cm				
	EB59.0 Q29				
QD6	How much do you weigh (in kg) without shoes and clothes? (M)				
	, , ,				
	(CODE IN KG EXCEPT FOR UK AND IE – IF "REFUSAL" CODE '998' – IF "DK" CODE '999')				
	(780-782)				
	(1-33-1-32)				
	EB59.0 Q30				
	EB33.0 &30				
0.07	Mandal control that control to the first of				
QD7	Would you say that your current weight is?				
	(SHOW CARD – READ OUT – ONE ANSWER ONLY)				
	(783)				
	Too high 1				
	Too low 2				
	About right 3				
	DK 4				
	<u> </u>				
	EB59.0 Q31				

QD8	We often hear people talking about the importance of eating a he	althy diet. What do you th
,DO	"eating a healthy diet" involves?	airry diet. What do you in
	eating a healthy diet involves:	
	(DO NOT READ OUT - PRE-CODED QUESTION - CODE SPO	NTANFOUS ANSWERS
	USING THE LIST BELOW – MULTIPLE ANSWERS POSSIBLE)	
	Source this section index section of section	(784-800)
	Eat a variety of different foods\ balanced diet	1,
	Avoid\ do not eat too much fatty food	2,
	Avoid\ do not eat too much sugary food	3,
	Avoid\ do not eat too much salt	4,
	Eat more fruit and vegetables	5,
	Eat less fruit and vegetables	6,
	Eat more bread, rice, pasta and other carbohydrates	7,
	Eat less bread, rice, pasta and other carbohydrates	8,
	Eat more meat	9,
	Eat less meat	10,
	Eat more fish	11,
	Eat less fish	12,
	Do not eat too many calories	13,
	Avoid\ do not eat food containing additives	14,
	Eat organic food	15,
	Other	16,
	DK	17,
	B64.3 NEW	
	The second secon	
D9	Would you say that what you normally eat is good for your health	?
	(READ OUT – ONE ANSWER ONLY)	
	(READ OUT - ONE ANOWER ONET)	(801)
	Yes, very good	1
	Yes, fairly good	2
	No, not very good	3
	No, not at all good	4
	DK	5
	אשן	
	EB59.0 Q32	

D10	Have you changed what you eat or drink within the last year?				
	(READ OUT)				
		(802)			
	YES	1			
	NO	2			
	DK	3			
	EB59.0 Q33 TREND MODIFIED				
	ASK QD11 AND QD12 IF "YES", CODE 1 IN QD10 – OTHERS GO TO	QD13			
D11	What kind of changes did you make?				
	(SHOW CARD – READ OUT – MULTIPLE ANSWERS POSSIBLE)				
		(803-820)			
	Fewer calories	(803-820)			
	Fewer calories More calories				
		1,			
	More calories	1, 2,			
	More calories More fruit and vegetables	1, 2, 3,			
	More calories More fruit and vegetables Less fruit and vegetables	1, 2, 3, 4,			
	More calories More fruit and vegetables Less fruit and vegetables Less fat	1, 2, 3, 4, 5, 6,			
	More calories More fruit and vegetables Less fruit and vegetables Less fat More fat	1, 2, 3, 4, 5,			
	More calories More fruit and vegetables Less fruit and vegetables Less fat More fat Less meat	1, 2, 3, 4, 5, 6, 7,			
	More calories More fruit and vegetables Less fruit and vegetables Less fat More fat Less meat More meat	1, 2, 3, 4, 5, 6, 7, 8,			
	More calories More fruit and vegetables Less fruit and vegetables Less fat More fat Less meat More meat Less salt More salt	1, 2, 3, 4, 5, 6, 7, 8, 9,			
	More calories More fruit and vegetables Less fruit and vegetables Less fat More fat Less meat More meat Less salt More salt Eat less sugar	1, 2, 3, 4, 5, 6, 7, 8, 9,			
	More calories More fruit and vegetables Less fruit and vegetables Less fat More fat Less meat More meat Less salt More salt	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12,			
	More calories More fruit and vegetables Less fruit and vegetables Less fat More fat Less meat More meat Less salt More salt Eat less sugar Eat more sugar	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13,			
	More calories More fruit and vegetables Less fruit and vegetables Less fat More fat Less meat More meat Less salt More salt Eat less sugar Eat more sugar Less alcohol More alcohol	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14,			
	More calories More fruit and vegetables Less fruit and vegetables Less fat More fat Less meat More meat Less salt More salt Eat less sugar Eat more sugar Less alcohol Drinking more water	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15,			
	More calories More fruit and vegetables Less fruit and vegetables Less fat More fat Less meat More meat Less salt More salt Eat less sugar Eat more sugar Less alcohol More alcohol	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14,			

QD12	What was the main reason for these changes? Was it?	
	(SHOW CARD – READ OUT – ONE ANSWER ONLY)	
	(SHOW CARD - READ OUT - ONE ANSWER ONLY)	(821)
	To lose weight	1
	To put on weight	2
	To keep my weight steady	3
	To stay healthy	4
	Because of a disease or health problem	5
	Other (SPONTANEOUS)	6
	DK	7
	EB59.0 Q35	
	T. aug. 11.	
	ASK ALL	
	L	
QD13	Do you find it easy to eat a healthy diet?	
	,	
	(READ OUT)	
		(822)
	YES	1
	NO	2
	DK	3
	EDG4 O NEW	
	EB64.3 NEW	
	IF "NO", CODE 2 IN QD13 – OTHERS GO TO QD15	
	in the , debt time to the tree de to de to	
	To an analysis of the state of	
QD14	Why not?	
	(SHOW CARD – READ OUT – MULTIPLE ANSWERS POSSIBLE)	
	(SHOW CARD - READ OUT - MOETIFEE ANSWERS FOSSIBLE)	(823-830)
	Lack of information about what constitutes a healthy diet	1,
	It ack of information about the food I eat	2
	Lack of information about the food I eat	2,
	Information about healthy eating is contradictory and confusing	2, 3,
	Information about healthy eating is contradictory and confusing Lack of control over what I eat (food purchases by other people\ eat in	3,
	Information about healthy eating is contradictory and confusing Lack of control over what I eat (food purchases by other people\ eat in canteen or restaurants much of the time)	3,
	Information about healthy eating is contradictory and confusing Lack of control over what I eat (food purchases by other people\ eat in canteen or restaurants much of the time) Choosing and preparing a healthy diet takes too much time	3, 4, 5,
	Information about healthy eating is contradictory and confusing Lack of control over what I eat (food purchases by other people\ eat in canteen or restaurants much of the time) Choosing and preparing a healthy diet takes too much time Healthy food is bland and unappetising	3, 4, 5, 6,
	Information about healthy eating is contradictory and confusing Lack of control over what I eat (food purchases by other people\ eat in canteen or restaurants much of the time) Choosing and preparing a healthy diet takes too much time	3, 4, 5,

	ASK ALL
QD15	In the last 7 days, on how many days did you do vigorous physical activities like lifting heavy things, digging, aerobics or fast cycling?
	(OODE IN DAYO, TE INIONEILOODE IOL TE IIDI/II OODE IOL)
	(CODE IN DAYS – IF "NONE" CODE '0' – IF "DK" CODE '9')
	(831-831)
	days
	ED = 0 0 = 0
	EB58.2 Q50
QD16	On days when you do vigorous physical activities, how much time do you usually spend at it?
	(CODE IN HOURS AND\OR MINUTES ONLY – IF "NEVER DO VIGOROUS PHYSICAL
	ACTIVITIES" CODE '00' – IF "DK" CODE '99')
	(832-833) (834-835)
	hours minutes (MAX. 59)
	EB58.2 Q51
1	
QD17	In the last 7 days, on how many days did you do moderate physical activity like carrying light loads, cycling at a normal pace or doubles tennis? Please do not include walking.
	(CODE IN DAYS - IF "NONe CODE '0' - IF "DK" CODE '9')
	(836-836)
	days
	Juays
	EB58.2 Q52
	LB30.2 Q32
QD18	On days when you do moderate physical activities, how much time do you usually spend at it?
	(CODE IN HOURS AND\OR MINUTES ONLY – IF "NEVER DO MODERATE PHYSICAL
	ACTIVITIES" CODE '00' – IF "DK" CODE '99')
	(837-838) (839-840)
	hours minutes (MAX. 59)
	EB58.2 Q53

QD19	In the last 7 days, on how many days did you walk for at least 10 minutes at a time?				
	(CODE IN DAYS – IF "NONE" CODE '0' – IF "DK" CODE '9')				
	(841-841)				
days					
	EB58.2 Q54				
-					
QD20	On days when you walk for at least 10 minutes at a time, how much time do you usually spend walking?				
	(CODE IN HOURS AND\OR MINUTES ONLY – IF "NEVER WALK FOR AT LEAST 10 MINUTES AT A TIME" CODE '00' – IF "DK" CODE '99')				
	(842-843) (844-845) hours minutes (MAX. 59)				
	EB58.2 Q55				
QD21	How much time do you spend sitting on a usual day? This may include time spent at a desk, visiting friends, reading, studying or watching television.				
	(CODE IN HOURS AND\OR MINUTES ONLY – IF "DK" CODE '99')				
	(846-847) (848-849)				
	hours minutes (MAX. 59)				
	EB58.2 Q56				

QD22	In th	e last 7 days, how much physica	al activity o	lid you get	?		
	(SHOW CARD – ONE ANSWER PER LINE)						
		(READ OUT)	A lot	Some	Little	None	DK
	-					1	
(850)	1	At work	1	2	3	4	5
	2	When moving from place to	1	2	3	4	5
(851)		place					
	3	Work in and around your house (including housework, gardening, general maintenance, or caring for	1	2	3	4	5
(852)		your family)					
(0E2)	4	For recreation, sport and	1	2	3	4	5
(853)		leisure-time activities					

QD23 To what extent do you agree or disagree with the following statements about sport and physical activity?

(SHOW CARD – READ OUT – ONE ANSWER PER LINE)

		(READ OUT)	Totally agree	Tend to agree	Tend to disagree	Totally disagree	DK
			- 9	5			
(854)	1	The area where I live offers me many opportunities to be physically active	1	2	3	4	5
(855)	2	Local sport clubs and other local providers offer many opportunities to be physically active	1	2	3	4	5
(856)	3	There are opportunities to be physically active in my area but I do not have time to take advantage of them	1	2	3	4	5
	4	Being physically active does not really interest me – I would rather do other things with my spare time	1	2	3	4	5
(857) (858)	5	My local authority does not do enough for its citizens in relation to physical activities	1	2	3	4	5

EB64.3 NEW

QD24	To what extent do you agree or disagree with the following statements?						
	(SHOW CARD – ONE ANSWER PER LINE)						
							DI
		(READ OUT)	Totally agree	Tend to agree	Tend to disagree	Totally disagree	DK
			agree	agree	uisagree	uisagree	
	1	From what I see in the UK,	1	2	3	4	5
		there seem to be more					
		overweight children these days than there were five					
(859)		years ago					
()	2	From what I see in my	1	2	3	4	5
		country, there seem to be					
		more overweight adults					
(860)		these days than there were five years ago					
(000)	3	Being significantly	1	2	3	4	5
		overweight, or obese, is bad					
(861)		for your health		_	_		
	4	The Government should	1	2	3	4	5
		encourage people to eat a healthy diet and take plenty					
		of exercise so that people					
		stay at a healthy weight					
(862)							
	EDG	4.2 NEW					
	ED0	4.3 NEW					
<u> </u>							
QD25	Whic	ch one of the following do you the	nink most in	fluences wr	nat children e	eat?	
	(SHC	OW CARD – READ OUT – ONI	E ANSWER	ONLY)			
				,		(863)	
		r parents or guardians				1	
		r friends				2 3	
		t they are taught at school ertising and promotion of food				4	
	DK	state promotion of 1000				5	
		4.0.11511/					
	EB6	EB64.3 NEW					

QD26a	Which one of the following measures do you think would be	no most effective	in improving			
QDZ0a	children's diets? Firstly?	e most enective	in improving			
QD26b	And secondly?					
	(CHOW CARD ONE ANSWED DED COLLIMN)					
	(SHOW CARD – ONE ANSWER PER COLUMN)	(864)	(865)			
	(READ OUT – ROTATE)	QD26a	QD26b			
	(KEAD OUT - KOTATE)	Firstly	Secondly			
	More information for parents	1 1301	1			
	More education for children at school on healthy eating	2	2			
	into the caucation for ormaton at someof on reality catting		_			
	Restrictions on advertising of high sugar, high salt and	3	3			
	high fat foods during children's television schedules					
	ing. Tal 10000 daiming of maron of tole fiction of the control of					
	Mandatory health messages in advertisements of fast	4	4			
	food, confectionery and soft drinks					
	Promotion campaigns for healthier food aimed directly at	5	5			
	children					
	Clearer information on food labels	6	6			
	Healthier school meals	7	7			
	Other (SPONTANEOUS)	8	8			
	DK	9	9			
	EB64.3 NEW					
QD27	To what extent do you think food advertising and promotic	n influence what	children choose to			
	eat?					
	(SHOW CARD – READ OUT – ONE ANSWER ONLY)		(2.2.2)			
	- ·		(866)			
	Totally		1			
	To a large extent		2			
	Somewhat		3			
	Not yory much		1 /			

Not very mach	
Not at all	5
DK	6
	-
EB64.3 NEW	
EB64.3 NEW	

QD28a	Which one of the following measures do you think would be	e most effective	in reducing the	
	prevalence of childhood obesity? Firstly?		3	
D28b	And secondly?			
	(SHOW CARD – ONE ANSWER PER COLUMN)			
		(867)	(868)	
	(READ OUT – ROTATE)	QD28a	QD28b	
		Firstly	Secondly	
	More physical activity in schools	1	1	
	More local sports facilities and public areas for physical	2	2	
	activity			
	More education on healthy eating and exercise	3	3	
	Restrictions on the advertising and promotion of high	4	4	
	sugar, salt and fat foods aimed at children			
	Higher taxes on high sugar, high salt and high fat foods	5	5	
	Health promotion campaigns to encourage children to eat	6	6	
	healthier food and take more exercise			
	Healthier school meals	7	7	
	Other (SPONTANEOUS)	8	8	
	DK	9	9	
	EB64.3 NEW			
D29	How is your health in general?			
	(READ OUT – ONE ANSWER ONLY)			
	r		(869)	
	Very good		$\frac{1}{2}$	
	Good		2	
	Neither good nor bad		3	
	Bad		4 5	
	Very bad		_ 5	
	DK		6	

EB64.3 NEW

QD30	Do you have any long-standing illness or health problem?	
		(870)
	YES	1
	NO	2
	DK	3
	EB64.3 NEW	
	LDO4.3 NEW	
QD31	Over the past 6 months, to what extent, if at all, have you b	
QD31	Over the past 6 months, to what extent, if at all, have you b normally do, because of a health problem? Would you say	
QD31	normally do, because of a health problem? Would you say	
QD31		you have been?
QD31	normally do, because of a health problem? Would you say	
QD31	normally do, because of a health problem? Would you say	you have been?
QD31	normally do, because of a health problem? Would you say	you have been?
QD31	normally do, because of a health problem? Would you say to the say the say to the say to the say the	you have been? (871) 1

	DEMOGRAPHICS	
	ASK ALL	
D1	In political matters people talk of "the left" and "the right". Thinking about would you place yourself on this scale?	your views, how
	(SHOW CARD) - (INT.: DO NOT PROMPT - IF RESPONDENT HESITAT AGAIN)	ES, READ OUT
		(1024-1025)
	LEFT RIGHT 1 2 3 4 5 6 7 8 9 10	
	Refusal	11
	DK	12
	EB63.4 D1	
	NO QUESTIONS D2 TO D6	
D7	Could you tell me which of these best describes your own current situatio	n?
<u> </u>		
	(SHOW CARD - READ OUT - ONE ANSWER ONLY)	(1026-1027)
	Married	1
	Remarried	2
	Unmarried, currently living with partner	3
	Unmarried, having never lived with a partner	- 4
	Unmarried, having previously lived with a partner, but now on my own	5
	Divorced	
		6
	Separated	7
	Widowed	8
	Other (SPONTANEOUS)	9
	Refusal (SPONTANEOUS)	10
	EB63.4 D7	
D8	How old were you when you stopped full-time education?	
טט	priow ord were you when you stopped full-time education:	
	(INT.: IF "STILL STUDYING", CODE '00' - IF "NO FULL-TIME EDUCATION "DK", CODE '99')	ON", CODE '98' - IF
	(1028-1029)	
	EB63.4 D8	

	NO QUESTION D9
	QUESTION D10 ASKED BEFORE QD1
D11	How old are you?
	(1030-1031)
	EB63.4 D11

NO QUESTION D12 TO D14

ASK D15b ONLY IF NOT DOING ANY PAID WORK CURRENTLY - CODE 1 TO 4 IN D15a

D15a What is your current occupation?

D15b Did you do any paid work in the past? What was your last occupation?

	(1032-1033)	(1034-1035)
	D15a	D15b
	CURRENT	LAST
	OCCUPATION	OCCUPATION
NON-ACTIVE		
Responsible for ordinary shopping and looking after the	1	
home, or without any current occupation, not working		
Student	2	
Unemployed or temporarily not working	3	
Retired or unable to work through illness	4	
SELF EMPLOYED		
Farmer	5	5
Fisherman	6	6
Professional (lawyer, medical practitioner, accountant,	7	7
architect, etc.)		
Owner of a shop, craftsmen, other self-employed person	8	8
Business proprietors, owner (full or partner) of a company	9	9
EMPLOYED		
Employed professional (employed doctor, lawyer,	10	10
accountant, architect)		
General management, director or top management	11	11
(managing directors, director general, other director)		
Middle management, other management (department	12	12
head, junior manager, teacher, technician)		
Employed position, working mainly at a desk	13	13
Employed position, not at a desk but travelling (salesmen,	14	14
driver, etc.)		
Employed position, not at a desk, but in a service job	15	15
(hospital, restaurant, police, fireman, etc.)		
Supervisor	16	16
Skilled manual worker	17	17
Other (unskilled) manual worker, servant	18	18
NEVER DID ANY PAID WORK		19

EB63.4 D15a D15b

	NO QUESTIONS D16 TO D24	
D25	Would you say you live in a?	
	(READ OUT)	(4000)
	rural area or village	(1036)] 1
	small or middle sized town	2
	large town	3
	DK	4
	EB63.4 D25	
	NO QUESTIONS D26 TO D39	
D40a	Could you tell me how many people aged 15 years or more live in your hous included?	ehold, yourself
	INT.: READ OUT - WRITE DOWN)	
	(1037-1038)	
	EB63.4 D40a	
D40b	Could you tell me how many children less than 10 years old live in your house	sehold
	INT.: READ OUT - WRITE DOWN)	
	(1039-1040)	
	EB63.4 D40b	
D40c	Could you tell me how many children aged 10 to 14 years old live in your ho	usehold?
	INT.: READ OUT - WRITE DOWN)	
	(1041-1042)	
	EB63.4 D40c	

(SHOW CARD – READ OUT – ONE ANSWER ONLY) Your mother and your father were born in the United Kingdom One of your parents was born in the United Kingdom and the other was born in another Member State of the European Union Your mother and your father were born in another Member State of the European Union Another situation (SPONTANEOUS) DK/Refusal (SPONTANEOUS) EB63.4 D42 Fixed telephone available in the household?	D41	Which of the following statements best describes where	you were born. W	ere you born?
in the United Kingdom in another member country of the European Union in another member country of the European Union in Europe, but not in a member country of the European Union in Asia, in Africa or in Latin America in Northern America, in Japan or in Oceania Refusal (SPONTANEOUS) EB63.4 D41 D42 And which of these statements best describes where your parents were born? (SHOW CARD – READ OUT – ONE ANSWER ONLY) Your mother and your father were born in the United Kingdom One of your parents was born in the United Kingdom and the other was born in another Member State of the European Union Your mother and your father were born in another Member State of the European Union Another situation (SPONTANEOUS) DK/Refusal (SPONTANEOUS) 5 EB63.4 D42 D43a Fixed telephone available in the household? (1045) (1046) Fixed Mobile Yes 1 1 1		SHOWCARD - READ OUT - ONE ANSWER ONLY		
in another member country of the European Union in Europe, but not in a member country of the European Union in Asia, in Africa or in Latin America in Northern America, in Japan or in Oceania Refusal (SPONTANEOUS) EB63.4 D41 D42 And which of these statements best describes where your parents were born? (SHOW CARD – READ OUT – ONE ANSWER ONLY) Your mother and your father were born in the United Kingdom One of your parents was born in the United Kingdom and the other was born in another Member State of the European Union Your mother and your father were born in another Member State of the European Union Another situation (SPONTANEOUS) DK/Refusal (SPONTANEOUS) DS JE63.4 D42 D43a Fixed telephone available in the household? (1045) (1046) D43a D43a D43b Fixed Mobile Yes 1 1				(1043)
in Europe, but not in a member country of the European Union in Asia, in Africa or in Latin America in Northern America, in Japan or in Oceania Refusal (SPONTANEOUS) EB63.4 D41 D42 And which of these statements best describes where your parents were born? (SHOW CARD – READ OUT – ONE ANSWER ONLY) Your mother and your father were born in the United Kingdom One of your parents was born in the United Kingdom and the other was born in another Member State of the European Union Your mother and your father were born in another Member State of the European Union Another situation (SPONTANEOUS) DK/Refusal (SPONTANEOUS) EB63.4 D42 D43a Fixed telephone available in the household? (1045) (1046) D43a D43a D43b Fixed Mobile Yes 1 1		in the United Kingdom		1
in Europe, but not in a member country of the European Union in Asia, in Africa or in Latin America in Northern America, in Japan or in Oceania Refusal (SPONTANEOUS) EB63.4 D41 D42 And which of these statements best describes where your parents were born? (SHOW CARD – READ OUT – ONE ANSWER ONLY) Your mother and your father were born in the United Kingdom One of your parents was born in the United Kingdom and the other was born in another Member State of the European Union Your mother and your father were born in another Member State of the European Union Another situation (SPONTANEOUS) DK/Refusal (SPONTANEOUS) EB63.4 D42 D43a Fixed telephone available in the household? (1045) (1046) D43a D43a D43b Fixed Mobile Yes 1 1		in another member country of the European Union		2
in Northern America, in Japan or in Oceania Refusal (SPONTANEOUS) EB63.4 D41 D42 And which of these statements best describes where your parents were born? (SHOW CARD – READ OUT – ONE ANSWER ONLY) Your mother and your father were born in the United Kingdom One of your parents was born in the United Kingdom and the other was born in another Member State of the European Union Your mother and your father were born in another Member State of the European Union Another situation (SPONTANEOUS) DK/Refusal (SPONTANEOUS) DB/Refusal (SPONTANEOUS) D0 you own a mobile phone? (1045) (1046) D43a D43b Pixed Mobile Yes 1 1			n Union	3
Refusal (SPONTANEOUS) EB63.4 D41 D42 And which of these statements best describes where your parents were born? (SHOW CARD – READ OUT – ONE ANSWER ONLY) Your mother and your father were born in the United Kingdom One of your parents was born in the United Kingdom and the other was born in another Member State of the European Union Your mother and your father were born in another Member State of the European Union Another situation (SPONTANEOUS) DK/Refusal (SPONTANEOUS) EB63.4 D42 D43a Fixed telephone available in the household? (1045) (1046) D43a D43a Fixed Mobile Yes 1 1		in Asia, in Africa or in Latin America		4
EB63.4 D41 D42 And which of these statements best describes where your parents were born? (SHOW CARD – READ OUT – ONE ANSWER ONLY) Your mother and your father were born in the United Kingdom One of your parents was born in the United Kingdom and the other was born in another Member State of the European Union Your mother and your father were born in another Member State of the European Union Another situation (SPONTANEOUS) DK/Refusal (SPONTANEOUS) DK/Refusal (SPONTANEOUS) D43a Fixed telephone available in the household? (1045) (1046) P43b D43a D43b Fixed Mobile Yes 1 1 1		in Northern America, in Japan or in Oceania		5
D42 And which of these statements best describes where your parents were born? (SHOW CARD – READ OUT – ONE ANSWER ONLY) Your mother and your father were born in the United Kingdom One of your parents was born in the United Kingdom and the other was born in another Member State of the European Union Your mother and your father were born in another Member State of the European Union Another situation (SPONTANEOUS) DK/Refusal (SPONTANEOUS) EB63.4 D42 D43a Fixed telephone available in the household? (1045) (1046) D43a D43a D43b Fixed Mobile Yes 1 1		Refusal (SPONTANEOUS)		6
(SHOW CARD – READ OUT – ONE ANSWER ONLY) Your mother and your father were born in the United Kingdom One of your parents was born in the United Kingdom and the other was born in another Member State of the European Union Your mother and your father were born in another Member State of the European Union Another situation (SPONTANEOUS) DK/Refusal (SPONTANEOUS) EB63.4 D42 D43a Fixed telephone available in the household? (1045) (1046) D43a D43b Fixed Mobile Yes 1 1		EB63.4 D41		
Your mother and your father were born in the United Kingdom One of your parents was born in the United Kingdom and the other was born in another Member State of the European Union Your mother and your father were born in another Member State of the European Union Another situation (SPONTANEOUS) DK/Refusal (SPONTANEOUS) EB63.4 D42 D43a Fixed telephone available in the household? The provided Head of the European Union Share State of the Europ	D42	And which of these statements best describes where yo	our parents were bo	orn?
Your mother and your father were born in the United Kingdom One of your parents was born in the United Kingdom and the other was born in another Member State of the European Union Your mother and your father were born in another Member State of the European Union Another situation (SPONTANEOUS) DK/Refusal (SPONTANEOUS) EB63.4 D42 D43a Fixed telephone available in the household? (1045) (1046) P43a D43a Fixed Mobile Yes 1 1		(SHOW CARD – READ OUT – ONE ANSWER ONLY)		
One of your parents was born in the United Kingdom and the other was born in another Member State of the European Union Your mother and your father were born in another Member State of the European Union Another situation (SPONTANEOUS) DK/Refusal (SPONTANEOUS) EB63.4 D42 D43a Fixed telephone available in the household? The provided Helphone available in the household?				(1044)
in another Member State of the European Union		Your mother and your father were born in the United Kir	ngdom	1
Your mother and your father were born in another Member State of the European Union Another situation (SPONTANEOUS) DK/Refusal (SPONTANEOUS) EB63.4 D42 D43a Fixed telephone available in the household? The provided Helphone available in the household? The p		One of your parents was born in the United Kingdom ar	nd the other was bo	orn
European Union				2
Another situation (SPONTANEOUS) 4 5 DK/Refusal (SPONTANEOUS) 5 EB63.4 D42 D43a Fixed telephone available in the household? (1045) (1046) D43a D43a D43b Fixed Mobile Yes 1 1		Your mother and your father were born in another Mem	ber State of the	
DK/Refusal (SPONTANEOUS) 5				3
EB63.4 D42				4
D43a Fixed telephone available in the household? D43b Do you own a mobile phone? (1045) (1046) D43a D43b Fixed Mobile Yes 1 1 1		DK/Refusal (SPONTANEOUS)		5
D43b Do you own a mobile phone? (1045) (1046) D43a D43b Fixed Mobile Yes 1 1		EB63.4 D42		
(1045) (1046) D43a D43b Fixed Mobile Yes 1 1	D43a	Fixed telephone available in the household?		
D43a D43b Fixed Mobile Yes 1 1	D43b	Do you own a mobile phone?		
Yes Fixed Mobile 1 1				
Yes 1 1				
No 2 2				
		No	2	2
EB63.4 D43a D43b				

(DO NOT READ - SHOW CARD - PRECODED LIST	ONE ANSWED ONLY
(DO NOT KEAD - SHOW CARD - PRECODED LIST	- ONE ANSWER ONLY) (1047-104)
Catholic	1
Orthodox	2
Protestant	3
Other Christian	4
Jewish	5
Muslim	6
Sikh	7
Buddhist	8
Hindu	9
Atheist	10
Non believer/Agnostic	11
Other (SPONTANEOUS)	12
DK	13
EB63.4 D44	
EB63.4 D44	
EB63.4 D44 Apart from weddings or funerals, about how often do	you attend religious services?
EB63.4 D44	you attend religious services?
EB63.4 D44 Apart from weddings or funerals, about how often do	you attend religious services?
EB63.4 D44 Apart from weddings or funerals, about how often do (SHOW CARD - READ OUT - ONE ANSWER ONLY	you attend religious services? () (1049)
EB63.4 D44 Apart from weddings or funerals, about how often do (SHOW CARD - READ OUT - ONE ANSWER ONLY More than once a week Once a week About once a month	you attend religious services? (1049)
EB63.4 D44 Apart from weddings or funerals, about how often do (SHOW CARD - READ OUT - ONE ANSWER ONLY More than once a week Once a week About once a month About each 2 or 3 month	you attend religious services? (1049) 1 2
EB63.4 D44 Apart from weddings or funerals, about how often do (SHOW CARD - READ OUT - ONE ANSWER ONLY More than once a week Once a week About once a month	you attend religious services? (1049) 1 2 3
EB63.4 D44 Apart from weddings or funerals, about how often do (SHOW CARD - READ OUT - ONE ANSWER ONLY More than once a week Once a week About once a month About each 2 or 3 month Only on special holy days About once a year	you attend religious services? (1049) 1 2 3 4 5 5 6
EB63.4 D44 Apart from weddings or funerals, about how often do (SHOW CARD - READ OUT - ONE ANSWER ONLY More than once a week Once a week About once a month About each 2 or 3 month Only on special holy days About once a year Less often	you attend religious services? (1049) 1 2 3 4 5 6 7
EB63.4 D44 Apart from weddings or funerals, about how often do (SHOW CARD - READ OUT - ONE ANSWER ONLY More than once a week Once a week About once a month About each 2 or 3 month Only on special holy days About once a year	you attend religious services? (1049) 1 2 3 4 5 5 6

	INTERVIEW PROTOCOLE		
P1	DATE OF INTERVIEW		
1 1	(1050-1051) (1052-1053)		
	DAY MONTH		
	[ED00 4 D4		
	EB63.4 P1		
P2	TIME OF THE BEGINNING OF THE INTERVIEW		
	(INT.:USE 24 HOUR CLOCK)		
	(1054-1055) (1056-1057)		
	EB63.4 P2		
	Thursday of Manual Top Tills In TERM (1971)		
P3	NUMBER OF MINUTES THE INTERVIEW LASTED (1058-1060)		
	MINUTES		
	EB63.4 P3		
P4	Number of persons present during the interview, including interviewer		
Γ4	[Number of persons present during the interview, including interviewer	(1061)	
	Two (interviewer and respondent)	1	
	Three	2	
	Four	3 4	
	Five or more	4	
	EB63.4 P4		
P5	Respondent cooperation	(4000)	
	Excellent	(1062) 1	
	Fair	2	
	Average	3	
	Bad	4	
	EB63.4 P5		
	EB03.4 F3		
P6	Size of locality		
	Local Codes (1063-1064)		
	(1003-1004)		
	FB63 4 P6		

P7	Region
	NUTO Land O Barriage (O co
	NUTS Level 2 Regions (See www.wordiq.com/definition/Nomenclature_of_Territorial_Units_for_Statistics)
	(1065-1066)
	EB63.4 P7
P8	Postal code
	(1067-1074)
	EB63.4 P8
	2500.110
P9	Sample point number
	(1075-1082)
	EB63.4 P9
D. (0	
P10	Interviewer number (1083-1090)
	(1063-1090)
	EB63.4 P10
P11	Weighting factor
111	(1091-1098)
	EDC0 4 D44
	EB63.4 P11