



Policy briefs to improve knowledge on
non-communicable diseases

The Health Promotion and Disease Prevention Knowledge Gateway

Joint Research Centre European Commission

19 October 2021

Health Promotion and Disease Prevention Knowledge Gateway



- Reliable, independent and up-to date information
- Short, impactful and concise briefs
- Topics prioritized by EU decision makers



https://knowledge4policy.ec.europa.eu/health-promotion-knowledge-gateway_en

Topics covered



Mental health promotion

- Depression
- Work related stress
- *Dementia*



Non-communicable diseases prevention

- Obesity
- Diabetes
- CVDs
- Hypertension
- Colorectal cancer
- *Breast cancer*



Risk factors of non-communicable diseases

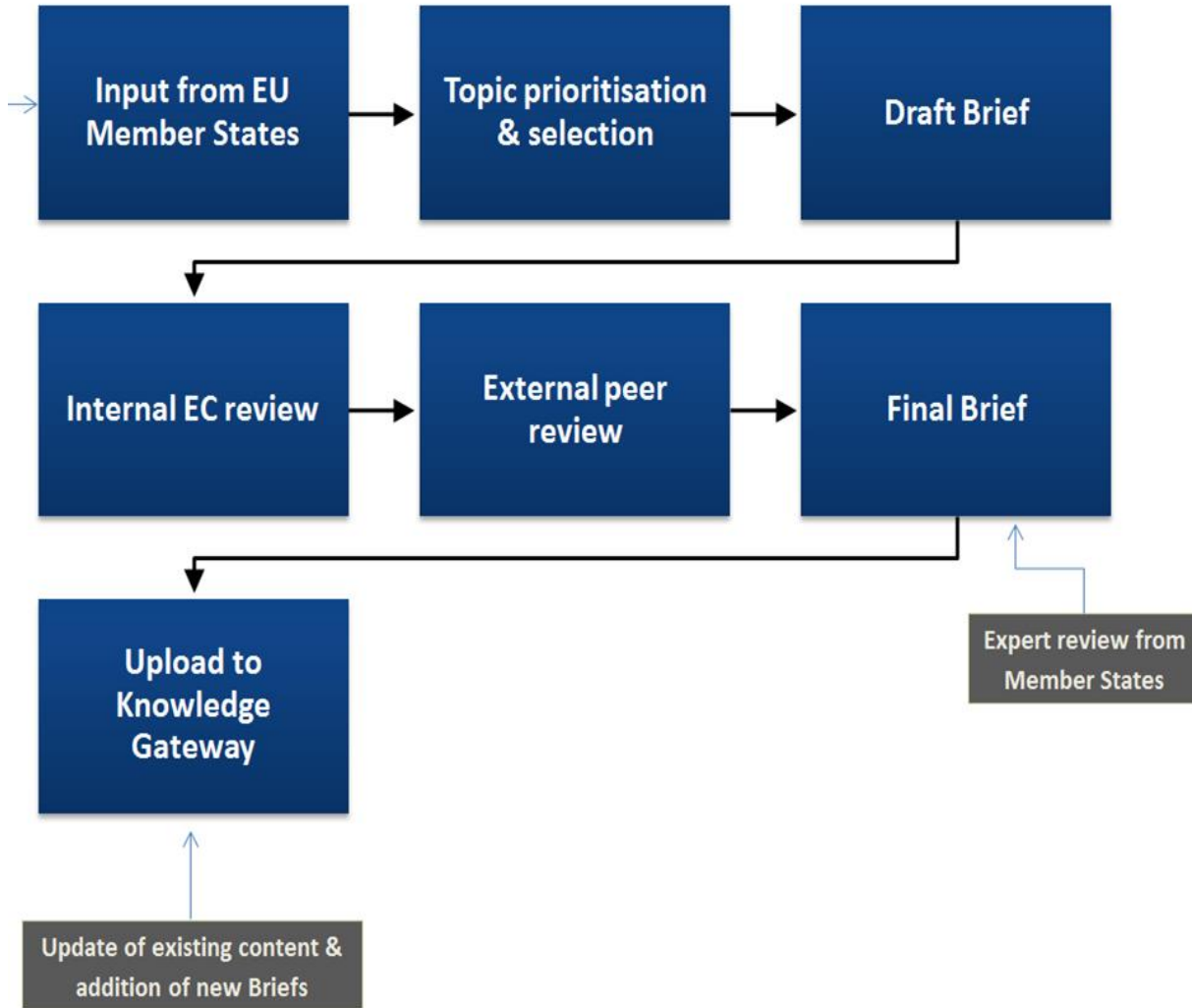
- Dietary fats
- Dietary fibre
- Dietary protein
- Dietary sodium/ salt
- Fruit & vegetables
- Sugars & Sweeteners
- Water
- Whole grain
- Alcoholic beverages
- Physical activity
- Tobacco & smoking



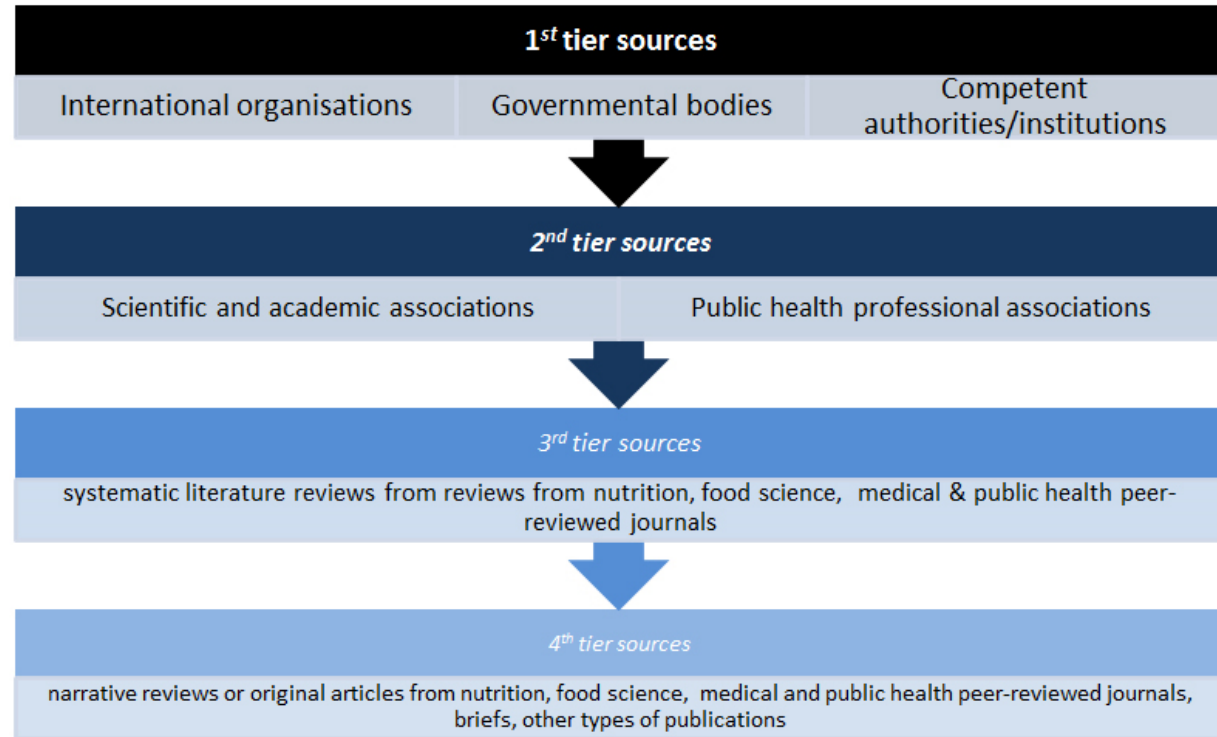
Societal impacts of non-communicable diseases

- Cost of NCDs in the EU
- EU burden from NCDs
- Health inequalities

Content development process



Source selection



Methodology – Structure

Brief structure

- Definitions
- Prevalence in the EU
- Effects on health or Risk factors/
determinants
- Disease/ Economic burden
- Policy recommendations and Implemented
policies

Content

Independent structure briefs

- Concise & avoiding technicalities
- Similar structure throughout
- Tables are main source of info

Out of scope:

- Systematically review literature and
latest evidence
- Our own interpretation

Thank you



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