



SGPP meeting, 14 February 2019

Best practices on digitally-enabled integrated care

Unit "Performance of national health systems"
Directorate-General for Health and Food Safety
European Commission

Digital Tools For Citizen Empowerment and Person-Centred Care

- ❑ Support the **exchange of innovative and best practices, capacity building and technical assistance** for **health and care authorities** (for using open standards and interoperable digital solutions to promote health, prevent and manage chronic conditions, empower people and centre care on the person), with **financial support from** Horizon 2020, the Structural Reform Support Programme and **the third Health programme** ...
- Marketplace event on 12-13 December in Ispra to initiate possible transfer/replication of best practices

Selecting best practices

- 10 practices, mainly from regional level
- Digital technologies and tools to facilitate the delivery of integrated & person-centred care
- Beyond proof-of-concept and pilot phase:
 - being mainstreamed or already operational on the ground
- Evidence of benefits
- Geographical balance

What do the practices concern?

- Integration: within healthcare only or across health-social care
- Chronic conditions (e.g. hypertension, diabetes, COPD, asthma, health failure)
- Multi-morbidities
- Frail people & patients with complex needs
- Self-care
- Prevention
- Population health, disease management, case management

A variety of digital solutions

- Electronic Health Records
- Electronic Prescriptions
- Portals / IT platforms
- Telemonitoring (telehealth or telecare)
- mHealth
- Data Analytics, Stratification/Prediction tools

Results of MS survey



Title of the practice and practice owners	Points	Countries that expressed interest in this practice
Basque Health Strategies in ageing and chronicity: integrated care (ES)	14	SI, FR, LT, BE, CY, SRB
Catalan open innovation hub on ICT-supported integrated care services for chronic patients (ES)	14	SI, LT, IT, HU, MT
The OptiMedis Model - Population-Based Integrated Care (as implemented in Gesundes Kinzigtal) (DE)	12	AT, CZ, SK, LV, HU
Digital roadmap towards an integrated health care sector (Region of Southern Denmark, DK)	12	SI, CZ, BE, SK, LV, SRB
Implementation of Technology Enabled Care (TEC: covering telehealth, telecare, telemedicine) At Scale (Scotland, UK)	10	AT, FR, LT, BE, HU, MT
Mobile Care Team in Hälsostaden Ängelholm (Region Skåne, SE)	7	CY, SK, LV, SRB
Oulu Self Care Service provided by the city of Oulu (FI)	6	AT, CZ, IT, SE
TeleHomeCare (H@H) - Telemonitoring, teleconsultation and telecare aimed at patients with Heart Failure, Chronic Obstructive Pulmonary Disease and Diabetes (Puglia Region, IT)	4	CY, IT
MASK (Mobile Airways Sentinel Network), (Languedoc-Roussillon, FR)	4	FR, SE, MT
ParkinsonNet: A low-cost health care innovation with a systems approach from the Netherlands (Nijmegen, NL)	1	SE