



Towards better prevention and management of chronic diseases - the way forward

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Outline

- I. Introduction – rationale**
- II. Strengthening the impact of EU groups and structures through a systematic review**
- III. A Health Programme for Impact**
- IV. EU support to Member States**
- V. Engaging with society**
- VI. Cooperation across all policy areas**

Commission priority: Jobs, Growth, Investment and Competitiveness

Health as important factor for economic development, growth and wealth

- **Healthy workforce, reduced disability**
- **Productivity**
- **Dynamic health sectors as productive entities**
- **R + D (prevention, diagnosis, treatment and management)**
- **Innovation**
- **Indirect social and economic effects**
- **Reduced social exclusion**

→ *link between health status and economic performance*

→ *efficient health expenditure → investments*

Commissioner's health priorities

- **Crisis response and management**
- **Health System Performance**
- **Country knowledge**
- **Prevention, promotion, protection**



**Member
States**

Acting on chronic diseases means

*Better health and economic outcomes – through better **PREVENTION** and **MANAGEMENT***

Costs and potential savings on major NCDs

Key to reform and adapt health systems

Optimise investments in health

Reaction to demographic changes (ageing)

Reducing inequalities

→ Economic, Medical, Social Impact

Why should the EU act?

*Art. 168 - EU as catalyst – facilitator – EU added value: strengthening **prevention***

International processes – UN, WHO -> NCD targets

Important element for economic and structural reforms in EU Member States

→ support of MS

What does the EU already do?

Political support

Financing instruments

*Exchange of good practice, cooperation of MS-
focus on prevention*

The way forward

Groups and instruments

- Systematic review of activities and plans with focus on chronic diseases

A Health Programme for impact

- Joint Action, pilot projects and complementary projects on specific issues

EU support to Member States

- National strategies on chronic diseases

Engaging with society

- Dialogue with stakeholders: Health Policy Platform
- Country profiles

Cooperation across all policy areas

- Involve other DGs and policy areas
- International Organizations

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Review EU groups & structures

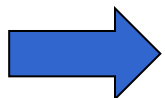
Objective: elicit possible common approaches and synergies between the groups e.g. best practice identification – overcome silos & maximize synergies

Method: questionnaire to groups/structures concerned

Result: streamlined actions that contribute to a holistic response to chronic diseases

Addressing chronic diseases – contributions of stakeholders

Area	Contribution
Chronic disease risk factors	Guidance of the High Level Group, link to WHO targets, joint actions
Chronic diseases	Joint Actions, projects, expert groups
Mental disorders and health at the workplace	Joint Action, EU compass, expert group
HTA	Joint Action
eHealth	eHealth Network and Joint Action contribute by enhancing use of ICT for eHealth and interoperability across borders



Review will mainstream chronic diseases in this work and assess further contributions

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Ongoing Actions

- **New projects on chronic diseases that started in 2015 e.g.**
 - *Participation To Healthy Workplaces and inclusive Strategies in the Work Sector — PATHWAYS*
- **New projects on healthy and active ageing that started in 2015 e.g.**
 - *Stimulating Innovation Management of Polypharmacy and Adherence in The Elderly — SIMPATHY*
 - *Reference Sites Network for Prevention and Care of Frailty and Chronic Conditions in community dwelling persons of EU Countries — SUNFRAIL*
- **CHRODIS – joint action on chronic diseases**
 - Addresses: multi-morbidity, stroke and diabetes
 - Builds platform for best practice exchange on primary prevention

Future Actions – WP 2016

- **Call for proposals for projects:**
- Identify, develop and put into practice evidence-based measures to prevent and manage chronic diseases, also by addressing the major common risks factors.
- Strengthen the evidence base for a response to prevent and manage chronic diseases through improved health information and health intelligence.
- 2.5 million € - call closes on 2 June 2016

Future Actions – WP 2016

- **Joint Action:**

- Aim: select and finance activities that help to identify efficient means to reduce the burden of chronic diseases, increase the sustainability of health systems and develop human capital.
- Focus: tangible activities with a potential to trigger health and chronic disease policies in Member States with a potential to improve health outcomes.
- Outcome: support to Member States in developing and refining national plans and strategies to address chronic diseases and facilitated and intensified exchange of good practices and knowledge.
- 5 million € - deadline for nominations: 16 June 2016

New: pilot actions – within the Joint Action

Ideas for pilot actions – from stakeholder discussions:

- (1) Early detection of atrial fibrillation to prevent severe strokes*
- (2) Better diagnosis and management of depression*
- (3) Guidance for the management of diabetes type 2*

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Support to Member States in developing comprehensive strategies

- activities with EU added value that contribute to
 - reducing the burden of chronic diseases
 - improve health outcomes through better prevention and management
 - improve health systems performance in Member States
- collaborative action to help deliver on these objectives: political commitment
- collaboration with relevant stakeholders

Main goals

1. Support Member States in implementing chronic disease action plans/strategies or get them operational
2. Taking a comprehensive, strategic approach bringing together risk factors and prevention, early detection and diagnosis, and management
3. Strengthen evidence and reporting

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New Health Policy Platform

- Innovative tool for communication and exchange with stakeholders
- Objective: invite health NGOs to share their expertise and country knowledge
- IT-based discussion forum “Agora”
- EU-Health Award
- Physical meetings continue as well

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Collaboration across sectors - this is key

- Addressing chronic diseases and their risk factors is necessarily a cross-cutting approach
- Health sector cannot manage on its own
- Examples exist
- Intensification and scaling-up needed

Collaboration across sectors - current work

- CNECT:
 - Improving older people's health and quality of life and the efficiency of care systems.
 - Lessons learned? How to integrate aging into other public health activities
- EMPL: collaboration on mental health at the work place
- RTD: concerted annual work programmes
- JRC: registries and cancer

Collaboration across sectors - funding

- ESIF: funding for Member States to implement health systems reforms and other investments in health, including health promotion and prevention of diseases
- EFSI: investment Plan for Europe to foster growth, jobs and competitiveness: includes innovative health solutions, new effective medicines and social infrastructures.

Collaboration – international organizations

- OECD:
 - Economics of prevention
 - Country profiles & knowledge
- WHO:
 - Monitoring of chronic disease risk factors
 - new NCD Strategy

Political steering
Regular reports

Informal Health Councils

I -2015

II -2015

I -2016

II -2016

I -2017

II -2017

2018

2019

Event
April 21, 2016
with Member States
and stakeholders

National Strategies

Support for/coordination of Member States

Existing policies/groups

Review + focus of relevant activities towards chronic diseases

Joint Action/Pilot actions and chronic disease projects

Specific actions/recommendations to address chronic disease challenge, implementable across Member States

Dialogue with Society

Stakeholders and civil society

Cooperation across Commission & international organizations

and policy areas

**Operational
Chronic Diseases
plans/strategies
in Member States**

Political framework



Thank you very much for your
attention!