



# **Towards better prevention and management of chronic diseases - the way forward**

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# Acting on chronic diseases means

*Better health and economic outcomes – through better **PREVENTION** and **MANAGEMENT***

*Costs and potential savings on major NCDs*

*Key to reform and adapt health systems*

*Optimise investments in health*

*Reaction to demographic changes (ageing)*

*Reducing inequalities*

**→ Economic, Medical, Social Impact**

## Why should the EU act?

*Art. 168 - EU as catalyst – facilitator – EU added value: strengthening **prevention***

*International processes – UN, WHO -> NCD targets*

*Important element for economic and structural reforms in EU Member States*

*→ support of MS*

# The way forward

## Groups and instruments

- Systematic review of activities and plans with focus on chronic diseases

## A Health Programme for impact

- Joint Action, pilot projects and complementary projects on specific issues

## EU support to Member States

- National strategies on chronic diseases

## Engaging with society

- Dialogue with stakeholders: Health Policy Platform
- Country profiles

## Cooperation across all policy areas

- Involve other DGs and policy areas
- International Organizations

# Review EU groups & structures

Objective: elicit possible common approaches and synergies between the groups e.g. best practice identification – overcome silos & maximize synergies

Method: questionnaire to groups/structures concerned

Result: streamlined actions that contribute to a holistic response to chronic diseases

# A Health Programme for impact – ongoing actions

- **New projects on chronic diseases that started in 2015 e.g.**
  - *Participation To Healthy Workplaces and inclusive Strategies in the Work Sector – PATHWAYS*
- **New projects on healthy and active ageing that started in 2015 e.g.**
  - *Stimulating Innovation Management of Polypharmacy and Adherence in The Elderly – SIMPATHY*
  - *Reference Sites Network for Prevention and Care of Frailty and Chronic Conditions in community dwelling persons of EU Countries – SUNFRAIL*
- **CHRODIS – joint action on chronic diseases**
  - Addresses: multi-morbidity, stroke and diabetes
  - Builds platform for best practice exchange on primary prevention

# A Health Programme for impact – future Actions – WP 2016

- **Joint Action:**
- support to Member States in developing and refining national plans and strategies to address chronic diseases and facilitated and intensified exchange of good practices and knowledge.
- 5 million € - deadline for nominations: 16 June 2016
  
- **Call for proposals for projects:**
- Call closes today

# Support to Member States in developing comprehensive strategies

1. Support Member States in implementing chronic disease action plans/strategies or get them operational
2. Taking a comprehensive, strategic approach bringing together risk factors and prevention, early detection and diagnosis, and management
3. Strengthen evidence and reporting



## New Health Policy Platform

- Innovative tool for communication and exchange with stakeholders
- Objective: invite health NGOs to share their expertise and country knowledge
- EU-Health Award
- Physical meetings continue as well
- Specific group: "chronic diseases"

## **Collaboration across sectors - this is key**

- Addressing chronic diseases and their risk factors is necessarily a cross-cutting approach
- Health sector cannot manage on its own
- Intensification and scaling-up needed
- Examples...

# Collaboration across sectors - current work

- CNECT:
  - Improving older people's health and quality of life and the efficiency of care systems.
  - Lessons learned? How to integrate aging into other public health activities
- EMPL: collaboration on mental health at the work place
- RTD: concerted annual work programmes
- JRC: registries and cancer

# Collaboration – international organizations

- OECD:
  - Economics of prevention
  - Country profiles & knowledge
- WHO:
  - Monitoring of chronic disease risk factors
  - new NCD Strategy



Thank you very much for your  
attention!