

# Implementing best practices – food for thought for 2019

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#### **Best practice – selection in 2018**

- marketplace workshop in Ispra
- video:

https://ec.europa.eu/health/non\_communicable diseases/events/ev\_20180315\_en

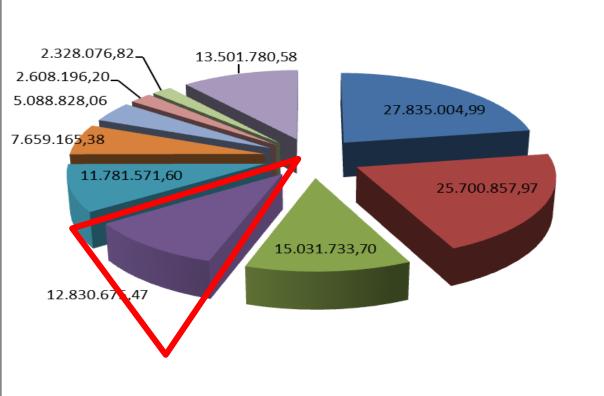
- priority-setting exercise via an online questionnaire



### Selection of a topic for best practice implementation in 2019



## Burden of non-communicable diseases in the EU (DALYs)



- Cardiovascular diseases
- Neoplasms
- Musculoskeletal disorders
- Mental and substance use disorders
- Neurological disorders
- Diabetes, urogenital, blood, and endocrine diseases
- Chronic respiratory diseases
- Cirrhosis and other chronic liver diseases
- Digestive diseases

Source: Global Burden of Diseases database



### Selection of priority health topics

- e-questionnaire to all Member States in Dec 2017
- Nutrition and physical activity ranked 1<sup>st</sup> as joint priority
  - marketplace workshop
  - Priority-setting exercise
  - Proposal for funding
- Mental health ranked 2<sup>nd</sup>



### **Mental Health – priority in 2019?**

- good practices available from the Mental Health Compass
  - Prevention of depression and suicide
  - Mental health at work
  - Mental health in schools
- complement with implementable results from research projects (FP7)