



STATE OF HEALTH IN THE EU







Pooling expertise, strengthening knowledge

Deliverables of the **knowledge cycle**, in support of EU Member States



Making the case for smarter investing in health:

highlights of "Health at a Glance: Europe 2018"



Health spending accounts for 9.6% of GDP



Low income households have 5 times higher unmet care needs than high income



Up to one-fifth of health spending is inefficient and could be used for other care needs

Unnecessary admissions consume over **37 million hospital bed days** each year



1 in 6 people has a mental health issue

Direct and indirect costs adding up to more than **4% of the GDP** (over EUR 600 billion)

PREVENTION REMAINS A PRIORITY

MORE THAN 790 000 DEATHS PER YEAR DUE TO BEHAVIOURAL RISK FACTORS



20%
ADULT EU
CITIZENS
ARE SMOKERS



38%
ADOLESCENTS
REPORTED
BINGE-DRINKING



1 IN 6
ADULT EU
CITIZENS
ARE OBESE



For the full report and more information, see <u>ec.europa.eu/health/state</u> Source: Health at a Glance: Europe 2018 (OECD, European Commission)

