



European
Commission

#EUHPP LIVE WEBINAR

Stepping up efforts across Europe to promote and protect the mental health of long-term care workers and informal carers: a win-win strategy

29 OCTOBER 2024, 14.00 - 15.30 CET, BRUSSELS TIME



Dear colleague,

We invite you to join this #EUHPP Live Webinar.

On occasion of the [International Day of Care and Support](#), building on the [European Carers Day](#) and [World Mental Health Day](#), the webinar aims to shed light on priorities and concrete actions to support the mental health of long-term care workers and informal carers.

The European Commission President von der Leyen called to step up efforts on preventive health, in particular for mental health. To answer this promise, the webinar aims to investigate priorities and concrete actions to support the mental health of long-term care workers and informal carers. This topic is crucial, as it concerns access to health, to long-term care, but also gender equality and the sustainability of our long-term care systems.

The first part of the webinar will provide the audience with a clear overview of psychosocial risks, protective and risk factors, and prevention measures, in general and for long-term care workers in particular. The webinar will then move to a concrete example of efforts to promote the mental health of carers. The focus will be broadened, to cover also those who provide care outside of a professional or formal framework, usually on unpaid basis. The EU funded project [WELL CARE](#) will be showcased, allowing the audience to better understand individual, contextual, and organisational mechanisms behind the success of solutions to prevent mental health problems among long-term care workers and informal carers.

The topic of the webinar clearly exemplifies the need to adopt a mental health in all policies approach, with a strong focus on prevention measures, within and beyond the health sector. Representatives from DG SANTE and DG Employment will participate in the discussion.

Register to this webinar following [this link](#).

Once registered, you will receive the calendar invitation from Webex. Please pin it in your calendar and go back to it on the webinar day. This webinar will be held in English.

If you have any further questions, please contact sante-hpp@ec.europa.eu

We are looking forward to welcoming you online.

The EU Health Policy Platform team

European Commission
Directorate-General for Health and Food Safety
Unit B3 – Health monitoring and cooperation, Health networks
Luxembourg



#HealthUnion



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The EU Health Policy Platform will host a live webinar, following this **agenda**:

14.00 – 14.05	Welcome and introduction Mental Health Europe
14.05 – 14.15	Opening statement DG SANTE
14.15 – 14.30	Work-related psychosocial risks in the long-term care sector - Sources, factors, and prevention measures UNI Global Union
14.30 – 14.45	The WELL CARE project Linnaeus University
14.45 – 14.55	Occupational Safety and Health aspects DG Employment
14:55 – 15:25	Q&A – discussion with the audience Moderated by Mental Health Europe
15:25 – 15:30	Conclusive remarks Mental Health Europe

This webinar is open to all stakeholders. The webinar will take place online in the framework of the “[Mental Health in all Policies](#)” Stakeholders Network in the [EU Health Policy Platform](#), led by [Mental Health Europe](#).

Please be informed that this #EUHPP Live Webinar will be recorded. We invite you to consult the live webinar privacy statement below.

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By registering and participating in this webinar, you accept the [#EUHPP Live Webinars privacy statement](#)

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