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Federal Department of Home Affairs FDHA
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The Swiss Urgent Action Plan (MSM)

Break the Chains

Steven Derendinger, MA



The Swiss Urgent Action Plan (MSM)

Action field 1:

Reduce the community viral load by breaking the chains of PHI with a yearly one month national campaign (Break The Chains).

Action field 2:

Reduce time from infection to diagnosis to 12 months.

Action field 3:

No transmission after diagnosis.



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**BREAK
THE
CHAINS**

The Swiss Urgent Action Plan (MSM) – Break the Chains

Steven Derendinger, MA, Roger Staub, MPH, MAE

4 December 2012



What's BTC about?

It's about Primary HIV Infection (PHI) and community viral load.

HIV spreads mainly through chains of PHI among networks of parallel sex partners (steady and sex-buddies).

Where do you stand in this network?



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What does it mean?

- Safer Sex still remains the best way to prevent transmission during PHI.
- Test & Treat is not efficient to prevent transmission during PHI. Yet it is an important complementary answer to the epidemic.



How does BTC work?

- One month (April) with no infection/transmission
- MSM are free to chose how to participate according to their personal situation.
- Counseling and testing with sexual partner(s) after the campaign (Mai)



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Thank you!

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