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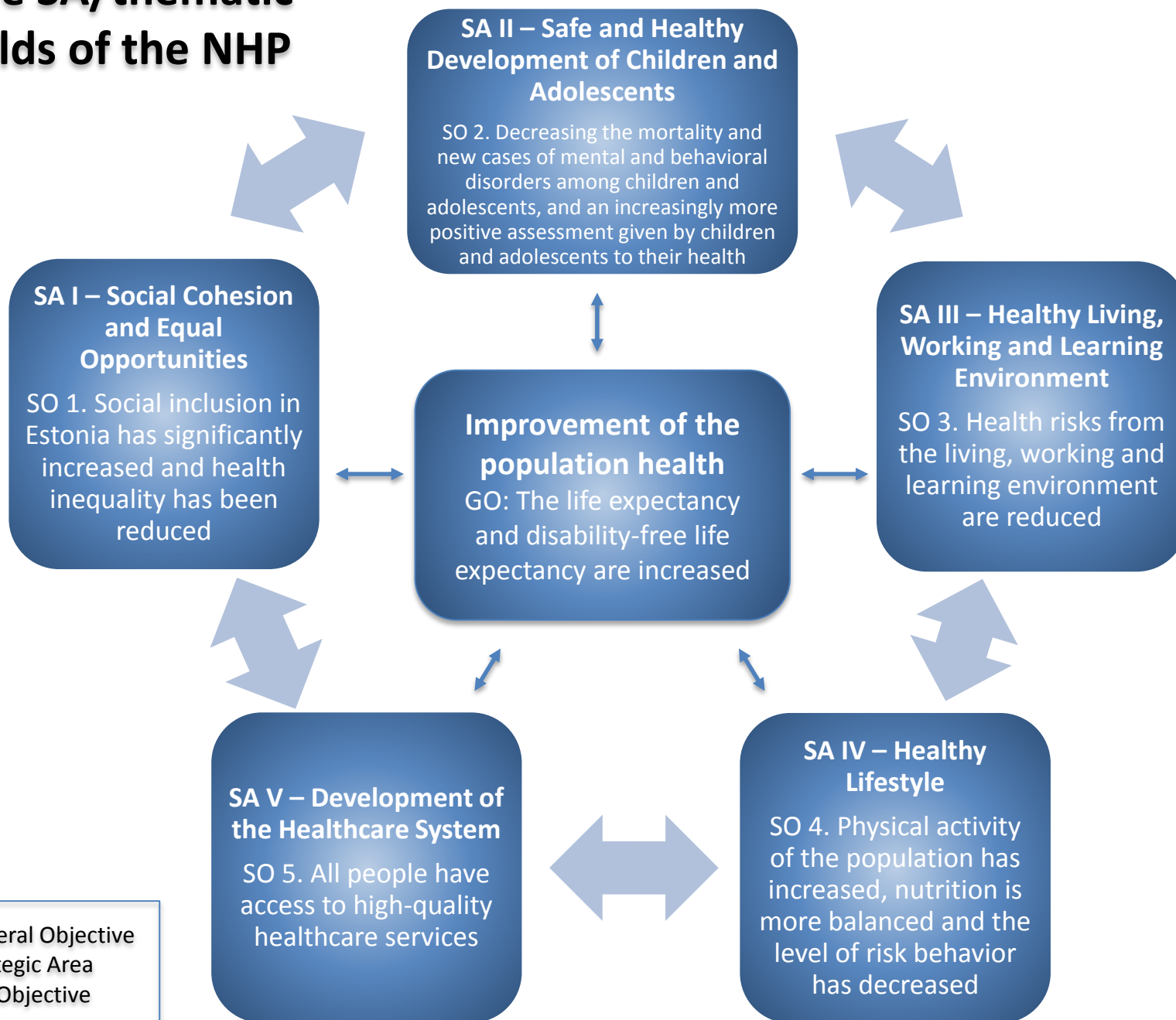
National Health Plan 2009–2020

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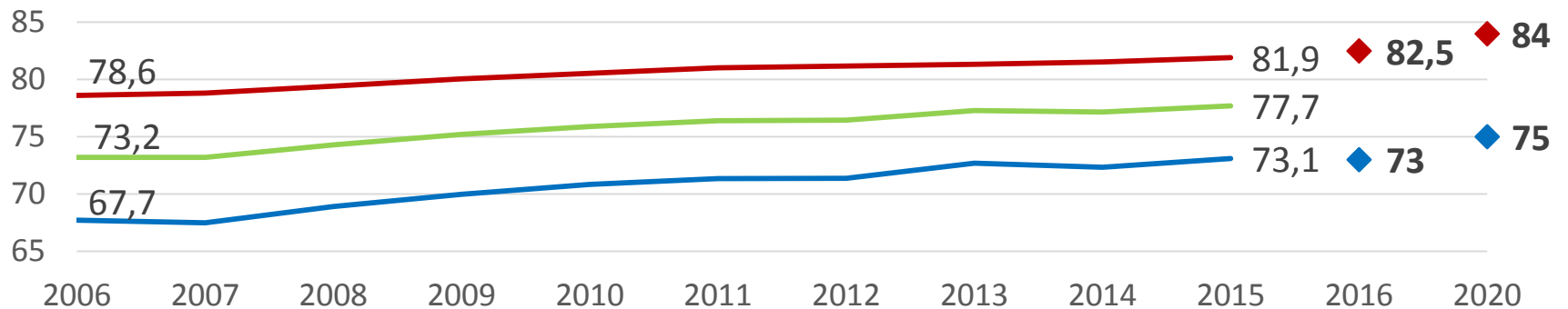


Five SA/thematic fields of the NHP

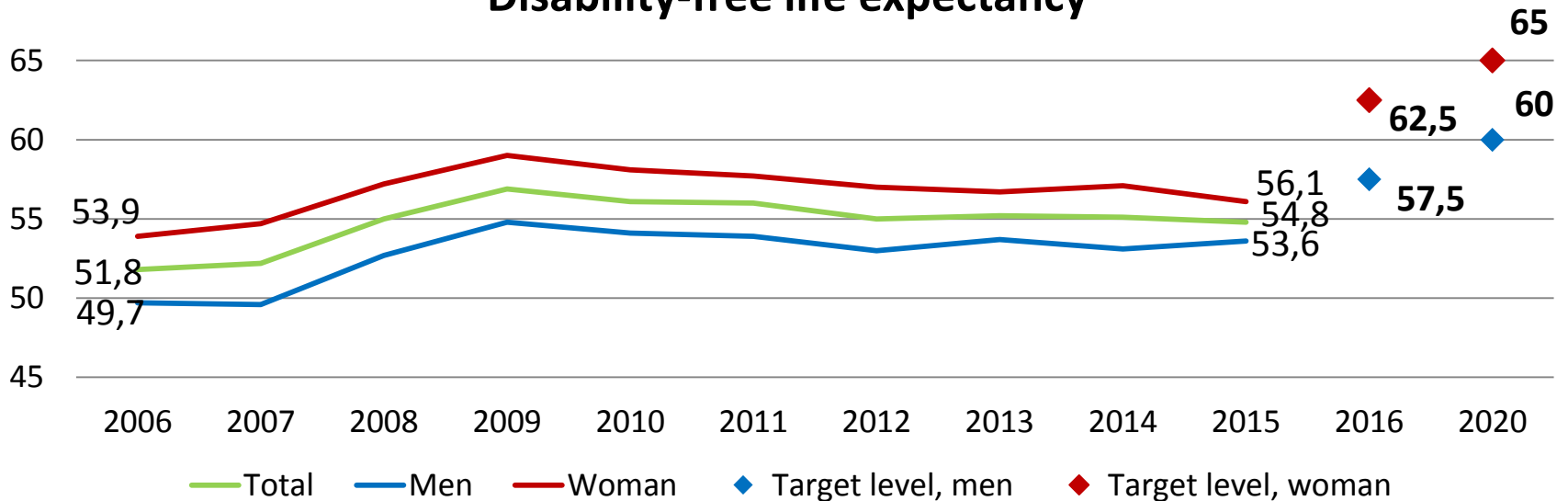


General objective of the NHP

Life expectancy



Disability-free life expectancy



Monitoring system of NHP

Annual

- Activity report – overview of implemented activities in previous year with indicators

Biennial

- Performance report – more detailed report with indicators including socio-economic dimension

Management system



SA IV Healthy Lifestyle

SO 4. Physical activity of the population has increased, nutrition is more balanced and the level of risk behavior has decreased

M1 Increasing the physical activity of the population

M2 Improving the eating habits of the population

M3 Decreasing of damage to health and society caused by alcohol

M4 Decreasing of damage to health and society caused by tobacco

M5 Prevention and reduction of the consumption of narcotic substances and decreasing of damage to health and the society

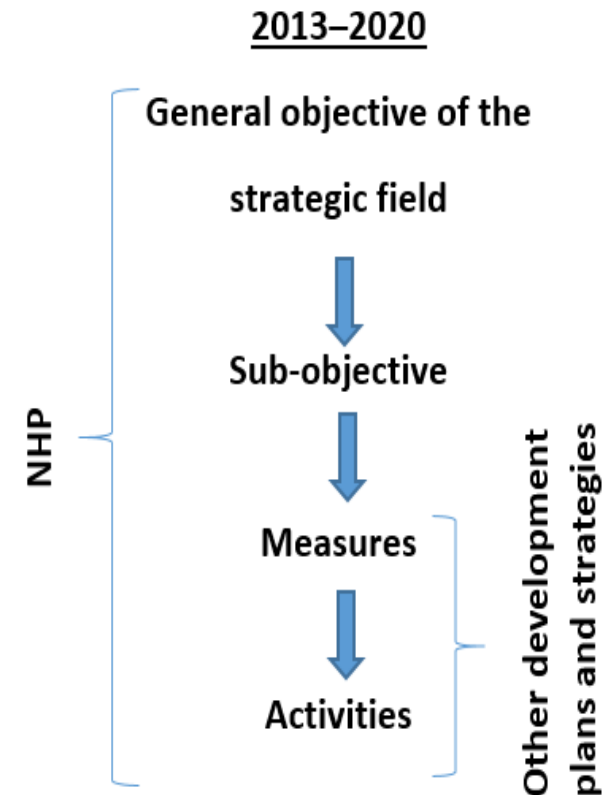
M6 Prevention and decreasing of injuries

M7 Prevention of new cases and achievement of a permanent tendency of decrease in spreading of HIV/AIDS

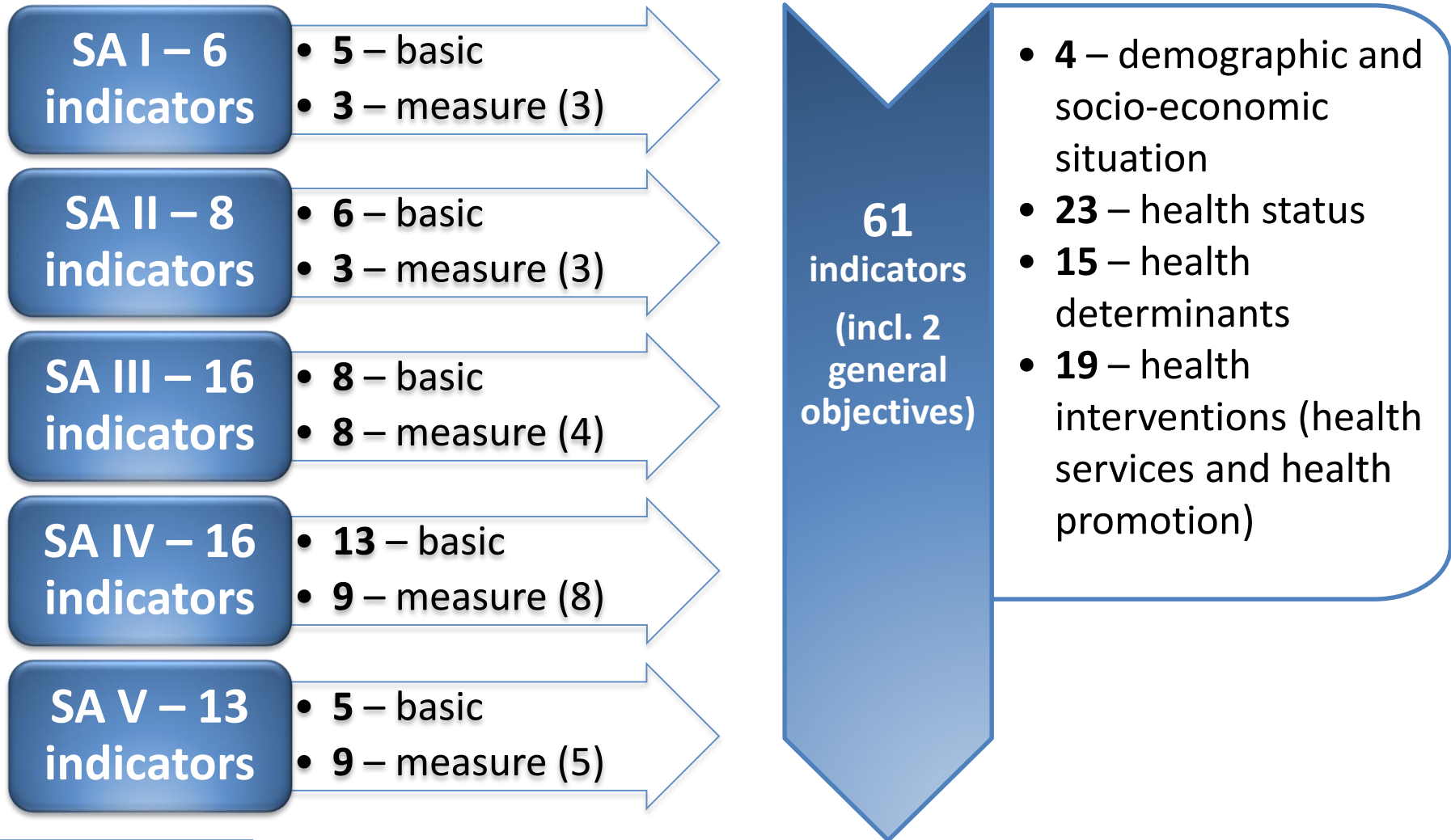
M8 Protection of the population from infection of tuberculosis

SA – Strategic Area
M – Measure

Structure of implementation plan



Summary of NHP indicators



SA – Strategic Area
M – Measure

Data sources

Registers	Surveys	Other
Causes of Death Registry*	ESPAD – European School Survey	National Institute for Health Development
Medical Birth Registry and Abortion Registry	HBSC – Health Behaviour in School-aged children	Statistics Estonia
Causes of Death Registry	Health Behavior among Estonian Adult Population	Health Board
Cancer Registry	European Working Conditions Survey	Estonian Health Insurance Fund
Tuberculosis Registry*	Survey “Satisfaction of Residents with Healthcare Services”	Labour Inspectorate
Drug Treatment Database		Road Administration
Cancer Screening Registry		Institute of Economic Research
		Environment Agency

* Related with indicators

Thank You!

National Health Plan 2009–2020 is available:

- http://sm.ee/sites/default/files/content-editors/eesmargid_ja_tegevused/Tervis/Aruanded/rta_2009-2020_2012_eng.pdf
- <http://sm.ee/et/tervis> (ENG, RUS)