

National Health Plan 2009-2020

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Five SA/thematic fields of the NHP



SA II – Safe and Healthy Development of Children and Adolescents

SO 2. Decreasing the mortality and new cases of mental and behavioral disorders among children and adolescents, and an increasingly more positive assessment given by children and adolescents to their health



SA I – Social Cohesion and Equal Opportunities

SO 1. Social inclusion in Estonia has significantly increased and health inequality has been reduced

Improvement of the population health

GO: The life expectancy and disability-free life expectancy are increased

SA III – Healthy Living, Working and Learning Environment

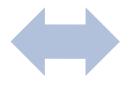
SO 3. Health risks from the living, working and learning environment are reduced



5

SA V – Development of the Healthcare System

SO 5. All people have access to high-quality healthcare services



SA IV – Healthy Lifestyle

SO 4. Physical activity of the population has increased, nutrition is more balanced and the level of risk behavior has decreased

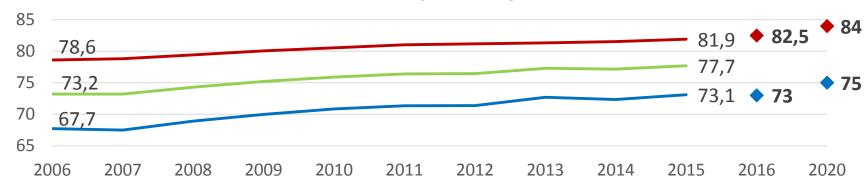
GO – General Objective

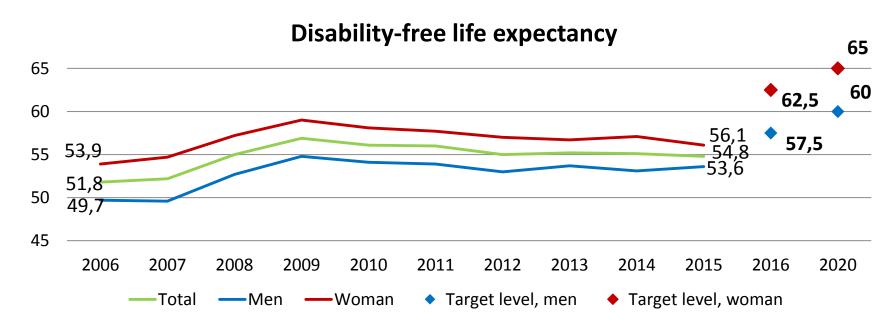
SA – Strategic Area

SO – Sub-Objective

General objective of the NHP

Life expectancy





Source: Statistics Estonia

Monitoring system of NHP

Annual

 Activity report – overview of implemented activities in previous year with indicators

Biennial

 Performance report – more detailed report with indicators including socioeconimic dimension

Management system

Experts report on results

Government of the Republic

MoSA compiles activity/performance report

Management committee

SA IV Healthy Lifestyle

SO 4. Physical activity of the population has increased, nutrition is more balanced and the level of risk behavior has decreased

M1 Increasing the physical activity of the population

M2 Improving the eating habits of the population

M3 Decreasing of damage to health and society caused by alcohol

M4 Decreasing of damage to health and society caused by tobacco

M5 Prevention and reduction of the consumption of narcotic substances and decreasing of damage to health and the society

M6 Prevention and decreasing of injuries

M7 Prevention of new cases and achievement of a permanent tendency of decrease in spreading of HIV/AIDS

M8 Protection of the population from infection of tuberculosis

Structure of implementation plan

2013-2020

General objective of the

strategic field

Sub-objective

Measures

NHP NHP

Activities

Other development plans and strategies

SA – Strategic Area M – Measure

Summary of NHP indicators

SAI-6 indicators

- **5** basic
- **3** measure (3)

SA II – 8 indicators

- **6** basic
- **3** measure (3)

SA III – 16 indicators

- **8** basic
- 8 measure (4)

SA IV – 16 indicators

- **13** basic
- **9** measure (8)

SA V – 13 indicators

- **5** basic
- **9** measure (5)

61
indicators
(incl. 2
general
objectives)

- 4 demographic and socio-economic situation
- 23 health status
- **15** health determinants
- 19 health interventions (health services and health promotion)

SA – Strategic Area

M – Measure

Data sources

| Registers | Surveys | Other |
|--|---|--|
| Causes of Death Registry* | ESPAD – European School Survey | National Institute for Health Development |
| Medical Birth Registry and Abortion Registry | HBSC – Health Behaviour in School-aged children | Statistics Estonia |
| Causes of Death Registry | Health Behavior among Estonian Adult Population | Health Board |
| Cancer Registry | European Working Conditions Survey | Estonian Health Insurance Fund |
| Tuberculosis Registry* | Survey "Satisfaction of Residents with Healthcare Services" | Labour Inspectorate |
| Drug Treatment Database | | Road Administration |
| Cancer Screening Registry | | Institute of Economic Research |
| | | Environment Agency |

^{*} Related with indicators

Thank You!

National Health Plan 2009-2020 is available:

- http://sm.ee/sites/default/files/contenteditors/eesmargid_ja_tegevused/Tervis/Aruanded/rta_2009-2020_2012_eng.pdf
- <u>http://sm.ee/et/tervis</u> (ENG, RUS)