



European
Commission

#EUHPP LIVE WEBINAR

2024 Thematic Networks

Active Lives Across Generations: Enhancing Well-being Through Innovation and Intervention

26 SEPTEMBER 2024, 11.00 – 12.00 CEST, BRUSSELS TIME

Dear colleague,

We invite you to join this #EUHPP Live Webinar.

This webinar is part of the Thematic Network 'Beyond Boundaries,' dedicated to promoting an active lifestyle across all generations—children, youth, adults, and the elderly. The project emphasizes the importance of an active lifestyle and effective communication strategies to encourage active living. Additionally, it aims to inform about existing interventions that support this goal, including digital tools such as apps and continuous monitoring systems. Several events will also be organized to highlight the significance of staying active.

In this first webinar, we will introduce the project and discuss the importance of maintaining an active lifestyle for different age groups. Participants will learn about the project's goals and how staying active contributes to well-being across generations. We will give a voice to our target groups by allowing them to share their perspectives, including children, youth, adults, and seniors. We will also offer an initial glimpse into some innovative interventions designed to promote an active lifestyle, which will be explored in more detail in the next webinar.

Register to this webinar following [this link.](#)

Once registered, you will receive the calendar invitation from Webex. Please pin it in your calendar and go back to it on the webinar day.

This webinar will be held in English

If you have any further questions, please contact sante-hpp@ec.europa.eu

We are looking forward to welcoming you online.

The EU Health Policy Platform team

European Commission

Directorate-General for Health and Food Safety

Unit B3 – Health monitoring and cooperation, Health networks

Luxembourg



#HealthUnion



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The EU Health Policy Platform will host a live webinar, following this agenda:

11:00 – 11:05	Welcome and introduction Kim Daniels, head of research at the Centre of Expertise in Innovation in Care at PXL, University of Applied Sciences, Belgium
11:05 – 11:20	Goal of the Joint Statement & The Importance of an Active Lifestyle Kim Daniels, head of research at the Centre of Expertise in Innovation in Care, PXL University of Applied Sciences, Belgium Steven Vos, head of research at the School of Sports Studies, Fontys University of Applied Sciences, The Netherlands
11:20 – 11:25	Q&A – Discussion with the audience
11:25 – 11:35	The importance of Active Environments Kim Daniels, head of research at the Centre of Expertise in Innovation in Care at PXL, University of Applied Sciences, Belgium Steven Vos, head of research at the School of Sports Studies, Fontys University of Applied Sciences, The Netherlands
11:35 – 11:40	Q&A – Discussion with the audience
11:40 – 11:50	Digital Interventions to Promote an Active Lifestyle Kim Daniels, head of research at the Centre of Expertise in Innovation in Care at PXL, University of Applied Sciences, Belgium Steven Vos, head of research at the School of Sports Studies, Fontys University of Applied Sciences, The Netherlands
11:50 – 11:55	Q&A – Discussion with the audience
11:55 – 12:00	Closing remarks

Please be informed that this #EUHPP Live Webinar will be recorded. We invite you to consult the live webinars privacy statement below.

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