



Folkhälsomyndigheten
PUBLIC HEALTH AGENCY OF SWEDEN

Transfer of best practices – Physical activity on prescription (the Swedish FaR model)



Key features of the FaR model



Actions to transfer physical activity on prescription

- Feasibility assessment/study and legal check
- Workshops with stakeholders, concept training
- Adaption and translation of materials, update of FYSS
- e-FYSS, e-prescription, e-learning tools
- Needs assessment/ train trainers and professionals
- Study visits, twinning
- Indicators for evaluation
- Cost estimation

Transfer project for physical activity on prescription

- A Call for Proposals to co-financing a 3 year implementation project
- Project objective: implementing or expanding and improving the implementation of physical activity on prescription
- Defined indicators to evaluate the transferring process and the effect on patients' level of physical activity

*Sweden, Iceland
Portugal, Rumania
Lithuania, Austria
Denmark, Malta
Belgium, Croatia
Hungary, Italy
France, Slovenia*



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