

## Best practices in Primary Care

SGPP meeting, 18<sup>th</sup> June 2021

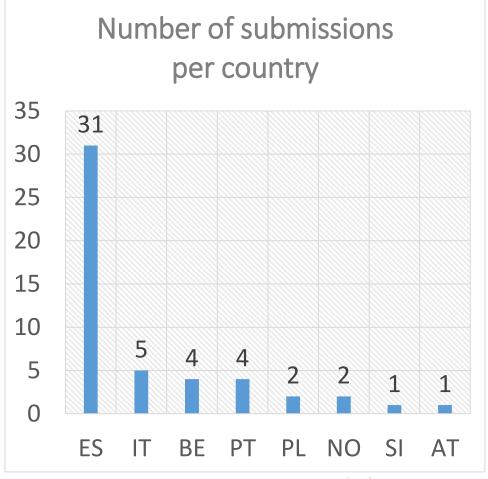
Unit "Performance of national health systems"

Directorate-General for Health and Food Safety

European Commission

#### Candidate practices submitted by Member States

- **Primary care** as topic for transfer of best practices was presented to SGPP in November 2020
- 15 February 2021: deadline for submission of candidate practices by Member States
- 50 practices submitted by 8 countries (ES, IT, PT, BE, PL, NO, AT, SI)
- Majority of practices submitted by ES (31 out of 50)





#### **Practices selected for Marketplace**

Country	# submitted	# selected
ES	31	7
IT	5	1
BE	4	1
		2 to be merged into
PT	4	1
SI	1	1
PL	2	0
NO	2	0
AT	1	0
Total	50	11

- Main aspects of assessment: effective elements/building blocks of the practice (structure, system aspects), evidence of impact, transferability, sustainability
- Selected 12 practices out of 50, but merged two PT practices into one
- Thus 11 practices to present to Member States in a virtual marketplace



#### Many reasons for excluding most practices

- Projects or pilots not completed or not yet integrated in regular practice
- **Inadequate evidence of impact**: only interim evaluation, only qualitative assessment, no quantitative evidence about impact on health outcomes or use of health system resources compared to the previous state/baseline
- Narrow focus, no clear link to primary care, not a structured-systemic approach for primary care:
  - Practices about emergency care or isolated/narrow public health interventions
  - Practices with isolated focus on digital tools/solutions only



### Topics addressed by practices presented at Marketplace

- Selected practices cover the following topics:
  - Multi-disciplinary approach and care teams
  - Holistic management of chronic conditions (e.g. asthma, diabetes)
  - <u>Structured integration</u> of health promotion, disease prevention, community care, social services
  - Community involvement
  - Personalised care plans
  - Home telemonitoring
  - Changes in clinical practice, value-based approach
  - COVID-19 management

ES	Integrative Care of Asthma: Collaborative plan between general practice, pulmonology, pediatricians and community pharmacies.
ES	Type 2 Diabetes Mellitus care route
ES	Project EFFICHRONIC - Enhancing health systems sustainability by cost-efficiency intervention in chronic management with clinical and socioeconomic vulnerability.
ES	Integrated care for complex chronic patients in Andalusia (Spain): Personalized care action plans (PAPs)
ES	TELEA: Home telemonitoring in Primary Care for chronic disease and Covid-19
ES	Community Commission of Health, a permanent community participation forum, also during the current pandemic
ES	Essencial Project: Adding value to clinical primary care practice
PT	Health Action for Children and Youth at Risk <i>merged with</i> Health Action for Gender, Violence and Lifecycle "Teams of prevention of violence against adults- (EPVA)"
BE	Integrated Health Association
IT	The Marche's clinical network for diabetes
SI	Health Promotion Centres (HPCs)
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#### Member State survey after Marketplace

- Each Member State can indicate interest for up to three practices
- 9 responses received so far, one per Member State (from AT, BE, CZ, EE, ES, IT, LT, SK, RO)
- Deadline extended until 30 June 2021
- Practices will be ranked by 'total score' and 'selected as first choice'
- To agree with Member States which and how many practices can be transferred with support from EU4Health



# Thank you

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