



European  
Commission

# Europe's Beating Cancer Plan



## Quality of life

**Start date – end date**  
17/06/2022 – 16/06/2024

**Countries**  
Germany, Greece, Italy,  
Portugal, Spain, Sweden

**Overall budget**  
EUR 3 115 978

**EU contribution under  
EU4Health programme**  
EUR 2 492 783



## OACCUs – Outdoor Against Cancer Connects us

**Being a public health professional, I believe that this network will help to change attitudes and support quality of life for young cancer survivors.**

The number of childhood and young adult cancer survivors – those aged 15-39 – is increasing. To recover well and enjoy an optimal quality of life, they need social support, in addition to medical treatment.

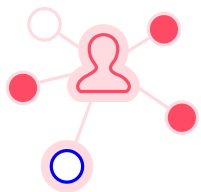
OACCUs aims to enable young cancer survivors to live healthy and fulfilling lives. It directly addresses young cancer survivors and their social environment, including organisations and professionals that work with them.

The project is based on **four pillars of healthy living**: physical activity and outdoor sport, balanced nutrition, mental and physical well-being, and sustainable lifestyles and contact with nature.

OACCUs:

- promotes and facilitates outdoor physical activity and healthy lifestyles within the young cancer survivors community;
- provides easily accessible and user-friendly information related to the four pillars;
- trains young cancer survivors and people in their social environment on the four pillars so that they can spread the OACCUs message.

The project is expected to develop:



- a European network of young cancer survivors, their families and friends, and organisations and professionals who work with them;
- a communication and information-sharing platform tailored to the young cancer survivor community with shared experiences and scientific information on the four pillars;
- health-promoting tools including videos, podcasts, infographics and reading material in several languages.

For more info

#### Contact details

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#### Project website

<https://oac-connect.eu>

#### Social media handles

 <https://facebook.com/OACConnectsUs>

 [https://www.instagram.com/oac\\_connects\\_us](https://www.instagram.com/oac_connects_us)

 <https://twitter.com/OACconnectsUS>

 <https://linkedin.com/company/oaccus>



Europe's Beating Cancer Plan makes use of the whole range of Commission funding instruments with a total of €4 billion being earmarked for actions addressing cancer. €1.25 billion from the EU4Health programme is being used to support actions and initiatives outlined in the Cancer Plan.

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