



# RARHA

REDUCING ALCOHOL RELATED HARM

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RARHA – Project Leader



Co-funded by  
the Health Programme  
of the European Union

Luxembourg  
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## Wp4 The work is divided into two tasks

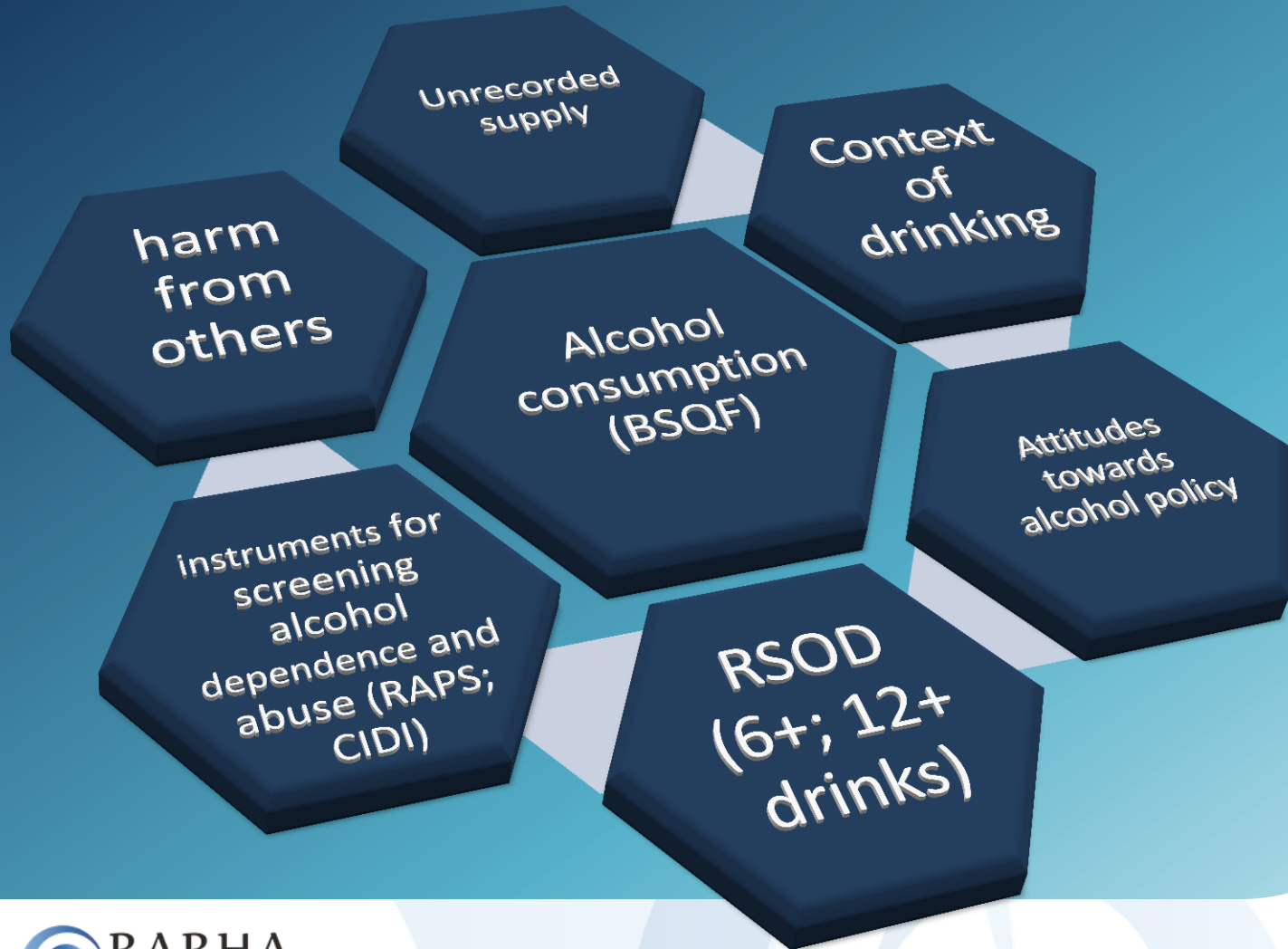
**Task 1:** rarha seas (Standardised European alcohol Survey)  
new alcohol survey to collect comparable data across EU  
member states - parpa, wp leader

**Task 2:** rarha harmes (harmonising alcohol related  
measures in Europe) analyses of existing alcohol survey  
data – ift, wp co-leader



# SEAS

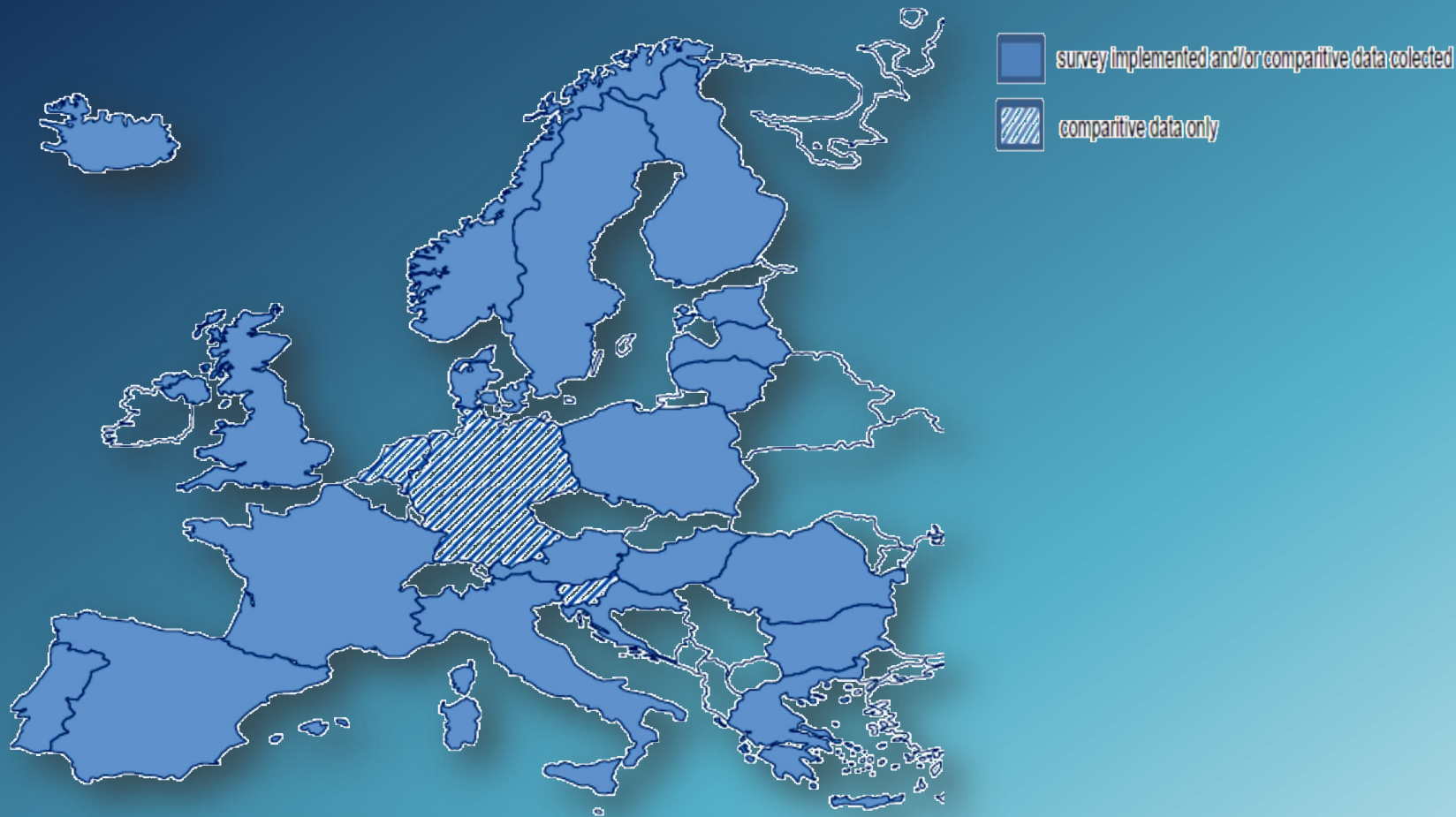
## Standardized European Alcohol Survey



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# WP4 PARTNERS



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# RARHA SEAS SURVEY

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- Contains data collected in 20 surveys from 19 countries
- Total number of interviews (age 18-64): n=33 291
- Following areas covered:
  - ✓ Socio-demographics
  - ✓ Alcohol consumption, incl. Binge consumption
  - ✓ Context of drinking and binge drinking
  - ✓ unrecorded supply
  - ✓ Alcohol-related harm to individuals
  - ✓ Harm to others
  - ✓ Attitudes towards alcohol policy

# RARHA SEAS

## RECENT MAJOR ACHIEVEMENTS:

- ✓ Survey in 19 countries completed
- ✓ Common data set finalised
- ✓ Syntaxes to clean the data elaborated
- ✓ Cleaning completed
- ✓ Syntaxes to calculate annual alcohol consumption and binge consumption elaborated
- ✓ Initial comparative analyses commenced





# Outline Of The Final Report

- 1. Introduction
- 2. Raha seas survey
  - 2.1 methods
  - 2.2 results
    - ✓ Sociodemographics
    - ✓ Motives of drinking
    - ✓ abstainers
    - ✓ Consumption, incl. Rsod
    - ✓ Context of drinking
    - ✓ Unrecorded supply
    - ✓ Individual harm
    - ✓ Harm to others
    - ✓ Attitudes
- 3. Raha harmes
  - 3.1 methods
  - 3.2 results
    - ✓ Sociodemographics
    - ✓ Consumption
    - ✓ Individual harm
- 4. 2 summary/limitations and lessons learned
- Annexes

# WP5 Activities in 2016

## Expert Meeting, 17 February 2016, Helsinki

- ✓ 60 participants, 1/5 “outsiders” (neither partners nor Advisory Group members);
- ✓ Feedback survey: the presentation “what does research tell us” considered the most important and the most useful;
- ✓ Sharing key results from the two Delphi surveys;
- ✓ Presentations available at [www.thl.fi/rarha](http://www.thl.fi/rarha) > Expert Meeting 2016.

## WP5 Work Meetings

- ✓ Helsinki, 18 February 2016 (25 participants, 16 partner organizations);
- ✓ Brussels, 19 May 2016 (9 participants, 8 partner organizations);

## Updated list of WP5 partners 2014 – 2016

- ✓ 47 people, 26 partner organizations, 19 countries;
- ✓ 5 more partners & countries on the WP5 mailing list.

## WP5 Dissemination planning survey

- ✓ Replies from 18 partner organizations ;
- ✓ Press briefing and/or national event planned by 7, perhaps by 5, not now by 6
- ✓ For example: National RARHA seminar in Helsinki, 14 November 2016





# WP5 Deliverables

## WP5 Background / Working papers

- ✓ 10 background / working papers produced so far.
- ✓ Finalised in 2016
  - *RARHA Delphi survey: "Low risk" drinking guidelines as a public health measure.* THL, 2016.
  - *Results of a two-round Delphi process on reducing alcohol-related harm for young people. Summary.* LWL, 2016.
- ✓ In progress
  - Report by ISS to summarize state of play regarding low risk drinking guidelines and brief interventions
  - Report by LWL to summarize work related to young people
  - Report by HSE to summarize work related to Standard Drink and alcoholic beverage labeling

> To feed into WP5 synthesis report and policy briefs (October 2016)

WP6 - A tool kit for evidence-based good practices in the areas of brief interventions, public awareness interventions and school-based interventions  
- **PRINTED Tool Kit**

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- ✓ First draft prepared in December 2015, sent to all WP6 partners to review it until 14<sup>th</sup> of January 2016
- ✓ Second draft done in January, recommendations and proposals from partners included
- ✓ Presented at the WP6 meeting (3<sup>rd</sup> of February 2016, Brussels)
- ✓ More reviews were done from March until May 2016
- ✓ Proofreading in May/June 2016
- ✓ Translation in national languages (executive summary or all Tool Kit) July/August 2016
- ✓ Finalizing the printed version of the Tool Kit in August/September 2016
- ✓ Launch of printed Tool Kit on the final conference of RARHA – October 2016



## WP6 - A tool kit for evidence-based good practices in the areas of brief interventions, public awareness interventions and school-based interventions - **ONLINE Tool Kit**

- ✓ Landing page
- ✓ Link to RARHA project website
- ✓ Short description of Toolkit and Database
- ✓ Optional:
  - ✓ Methodology
  - ✓ Assessment criteria
  - ✓ Levels of effectiveness
  - ✓ Functionality of database
- ✓ Selection
  - ✓ Type of intervention:
  - ✓ Level of effectiveness:
  - ✓ Member state
  - ✓ Other nominal response categories (e.g. target group)
  - ✓

# WP6 - Draft proposal – future of the ONLINE Tool

## Kit

### Scientific advisory group:

Experts who are nominated by member states (since we have experts already nominated by the CNAPA members, currently working in RARHA, we just need additional experts if not nominated in WP6 (or RARHA)).

Role: supervision of contractor for review process

Peer review process: through independent third party or done by the core working group.

Transparent

Builds on toolkit methodology developed for RARHA

If this work is contracted then the contractor: conducts review in liaison with NIJZ/BZgA/RIVM/STAP staff, external referees and scientific advisory group (exact mechanism to be determined), must be endorsed by scientific advisory group

### Submission of projects:

Annual open submission period

Results of annual literature review by contractor

Nomination of programmes through member states (CNAPA)

### Funding options:

Extension of the JA RARHA (second JA RARHA)

Co-financing by CHAFEA through the project grant (60%) + MSs contributions (for additional 40%)

# WP 6 - Draft proposal – future of the ONLINE Tool Kit

## Aims:

To establish the online toolkit as the European online resource of evidence-based interventions to prevent the harmful use of alcohol

Benchmarks: “National Registry of Evidence-Based Programs and Practices” (SAMHSA), USA and “loketgezondleven.nl” (NL)

## Core working group:

### Members:

NIJZ, National Institute of Public Health, Slovenia

BZgA, Federal Centre for Health Education, Germany

RIVM, National Institute for Public Health, The Netherlands

STAP Dutch Institute for Alcohol Policy, The Netherlands

### Advantages:

Builds on existing work relations (RARHA) among members and their pertinent experience

Small size of working group facilitates task achievement



Thank You!

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