

# Transforming food systems – adding value for better health in Europe

A Conference conducted by the Austrian Ministry of Labor, Social  
Affairs, Health and Consumer Protection during the Austrian EU  
presidency

22<sup>nd</sup>-23<sup>rd</sup> of November, 2018, Vienna

# Situation in Europe After WWII

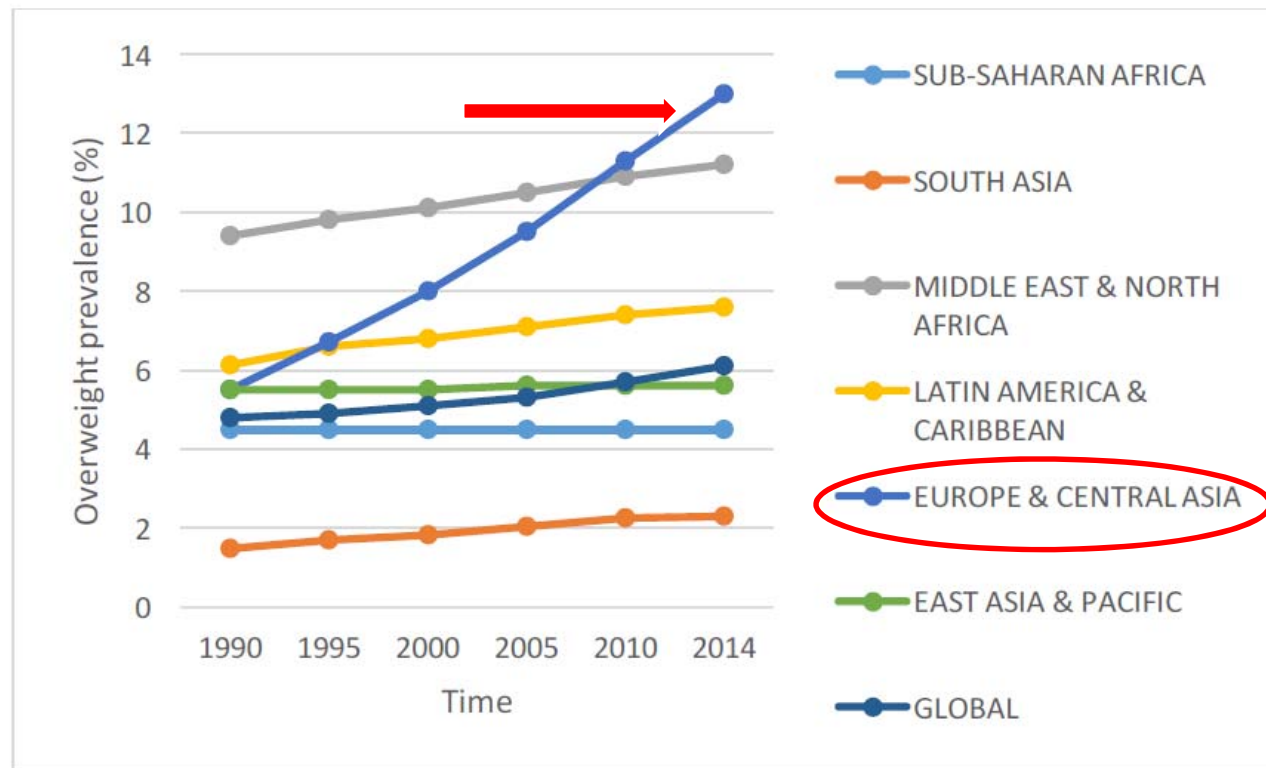
Priority of European nutrition and agriculture policies -> **Fighting undernutrition**



Source: <https://www.hdg.de/lemo/kapitel/nachkriegsjahre/alltag/ueberlebensmittel.html>

# Situation in Europe - Today

Global and regional trends of child overweight prevalence, 1990-2013 (children < 5 years)



Source: World Bank Report (2017) [UNICEF, WHO, and World Bank. 2014; cross-reference with HNP ASA on global obesity.]

# Situation in Europe - Today

- Rising prevalence of NCDs
- Unhealthy diets as an important determinant of NCDs
- **Priority** of European nutrition and agriculture policies **should be → ensuring a sustainable and healthy diet for all**

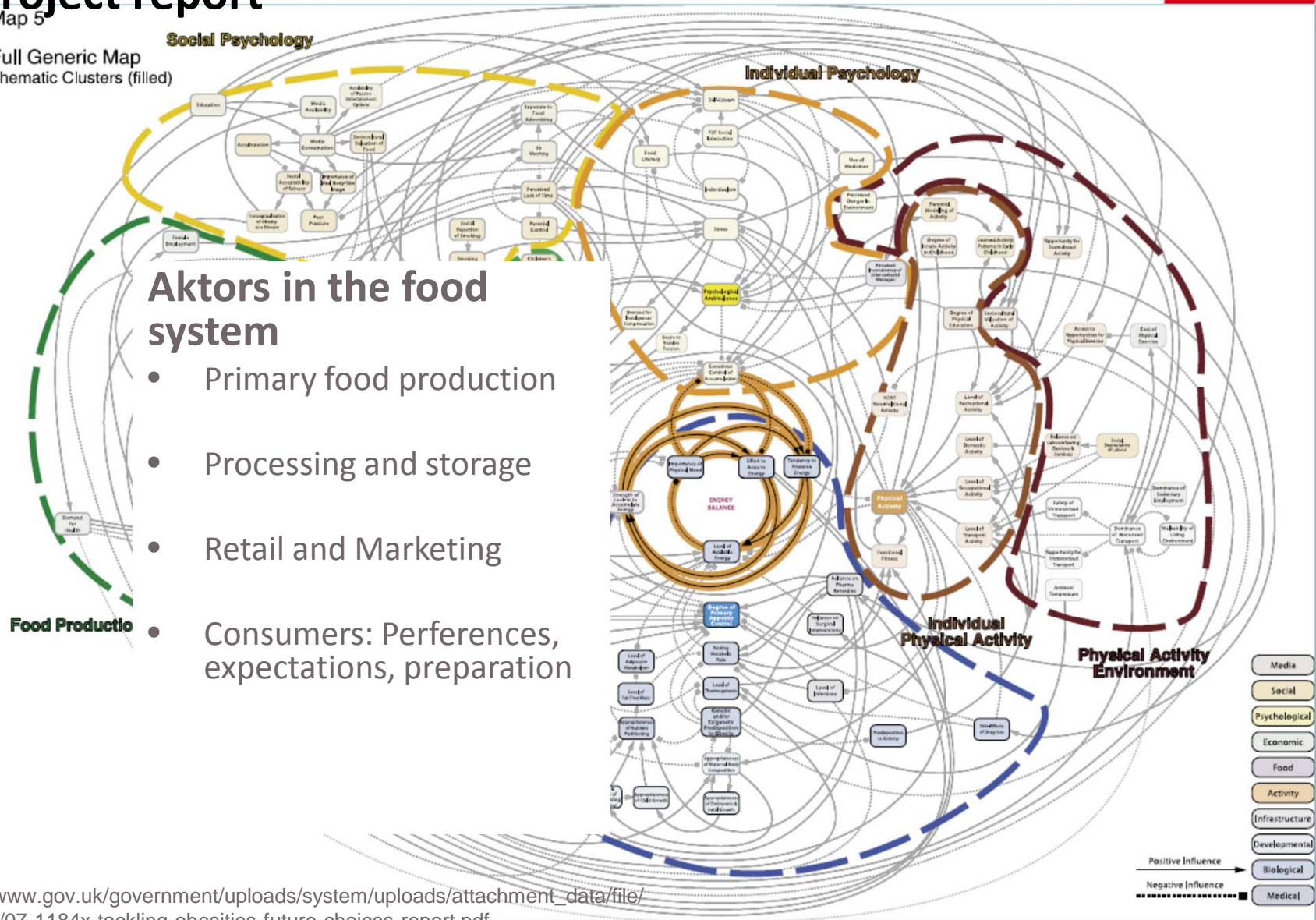


Source: <https://extranet.who.int/ncdccs/documents/>

# Foresight Tackling Obesity: Future Choices – Project report

Map 5

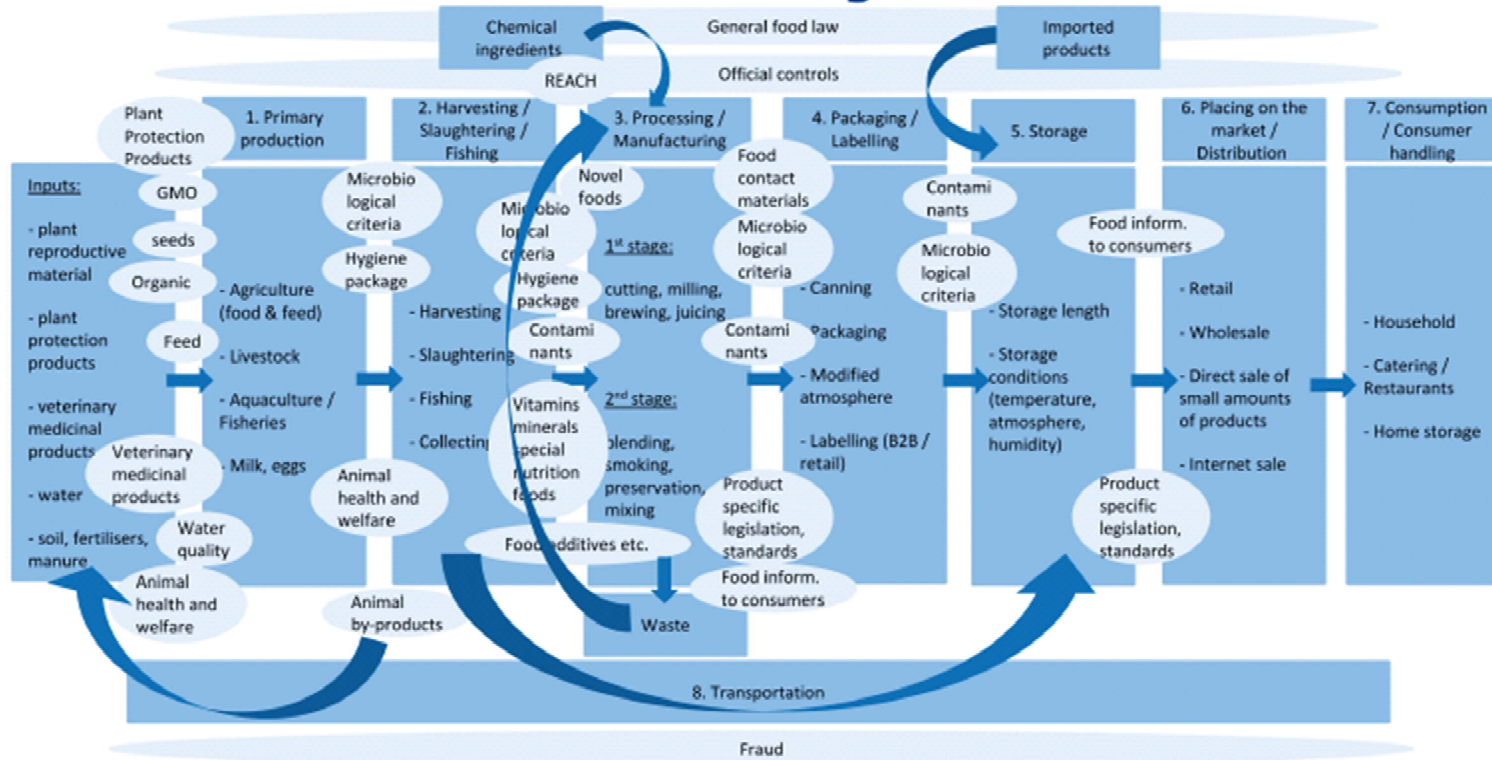
Full Generic Map  
Thematic Clusters (filled)





# Complexity of the food system

## The food chain and legislation overview



Source: Mylona et al., 2016: Delivering on EU Food Safety and Nutrition in 2050 – Future challenges and policy preparedness

# Recent study on sugar reduction in manufactured foods

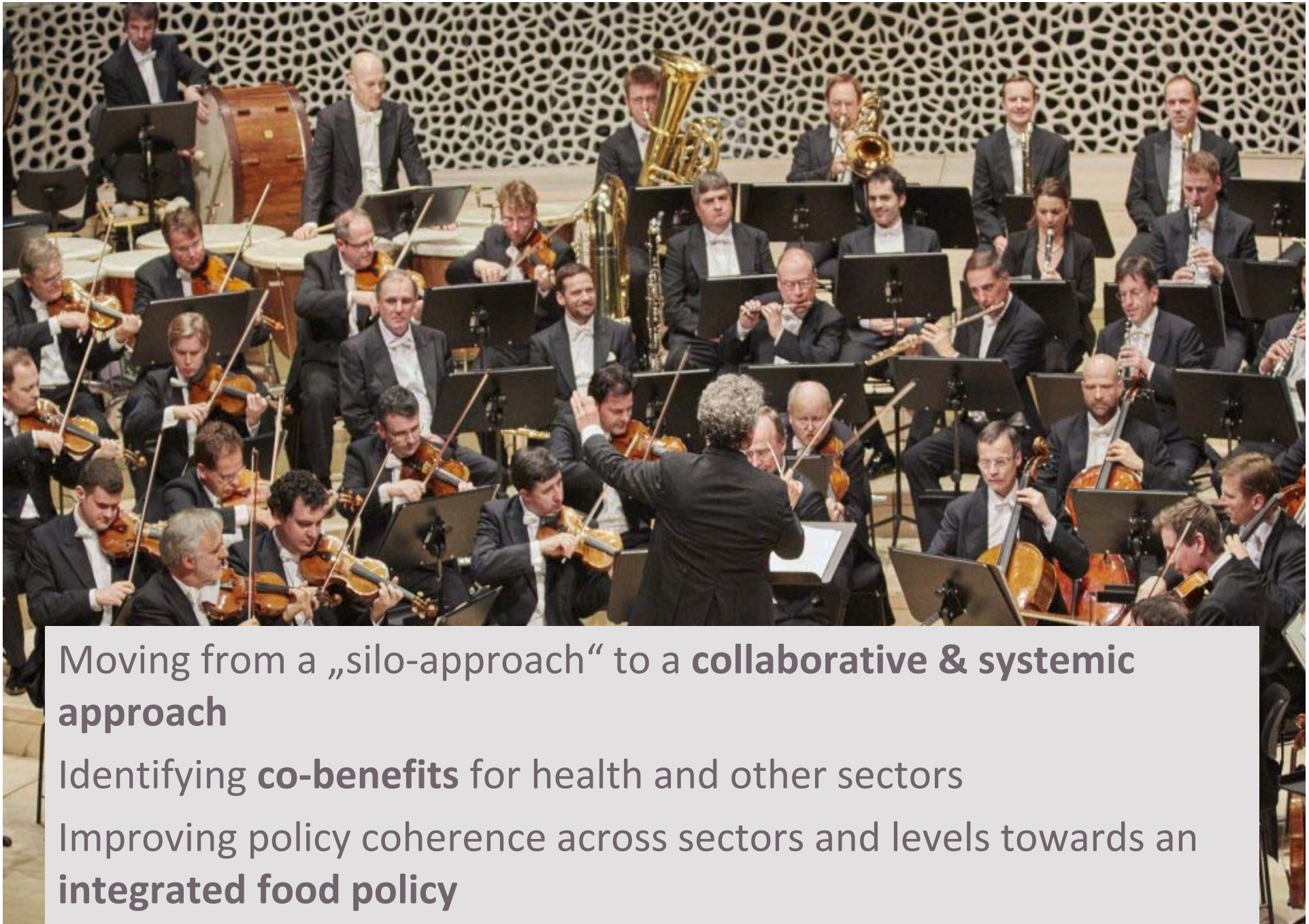
- „Incentives and disincentives **for reducing sugar in manufactured foods**. An exploratory supply chain analysis.” (Hawkes, WHO 2017)

→ 3 incentives



→ 7 incentives





Moving from a „silo-approach“ to a **collaborative & systemic approach**

Identifying **co-benefits** for health and other sectors

Improving policy coherence across sectors and levels towards an **integrated food policy**



# Interconnectivity - SDGs



Adapted from: <https://www.un.org/sustainabledevelopment/wp-content/uploads/2017/12/UN-Guidelines-for-Use-of-SDG-logo-and-17-icons-December-2017.pdf>

# What happened so far – what are our next steps?

Kickoff meeting: European  
Health Forum Gastein

October 4-6, 2017

Expert meeting  
January 16, 2018

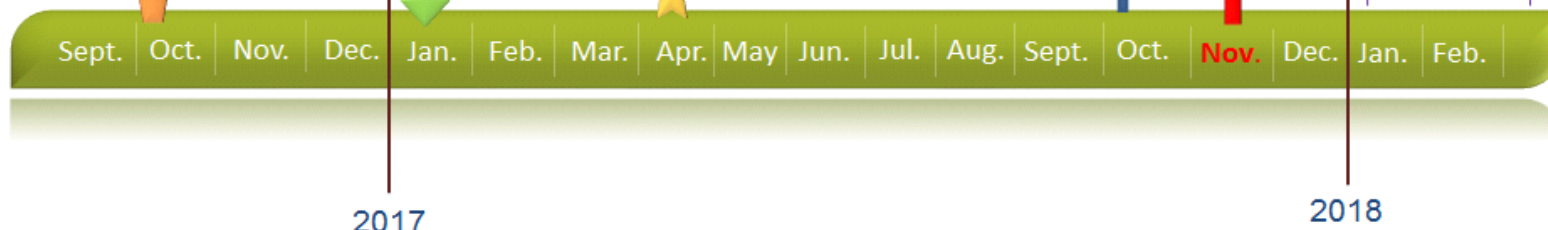
We are here!

Conference “Transforming  
Food Systems – adding value  
for better health in Europe”

November 22-23, 2018

Workshop  
EHFG 2018

Conference Report



**Involving all relevant stakeholders in a strategic process**

**Addressing co-benefits in the food system**



**Multisectorial Commitment to Act**

# Good practice examples should ...



... evolve from a **multi-sectorial approach**

... focus on **co – benefits** for health and other sectors –  
e.g. agriculture, trade

... facilitate a **change in behaviour** through a **change in the food supply**

# Thank you for your attention!

**If you have further suggestions of good practice examples,  
please don't hesitate to contact us!**

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[sozialministerium.at](http://sozialministerium.at)