





### Let it hAPYN and the \*EAPYC Series

Jan Peloza, president <u>www.letithapyn.eu</u>

This actions were funded from the European Commission, 2<sup>nd</sup> Health Programme and Youth in Action Programme with additional support from the Slovenian Ministry of Health and Turkish Market Authority for Tobacco and Alcohol

## **APYN Project Network**

Duration 1.1.2009 – 31.7.2010

Funded by European Commission and Alliance House Foundation

**<u>Coordinator</u>** – Alliance House Foundation

Joao Salviano Carmo and Jan Peloza

<u>Consortium Members</u>: 9 National Youth Council, European Confederation of Youth Clubs, European Youth Forum, Active, UNF, 7 national youth organizations, 3 international youth NGOs

#### Outcomes



 All outcomes were representing a fundament for future APYN work – i.e. research, capacity building, advocacy in/ for youth organizations





#### APYN is a network of youth organizations that work towards the prevention and reduction of alcoholrelated harm

# APYN is non-partisan and independent from any source of tobacco and alcohol industry funding

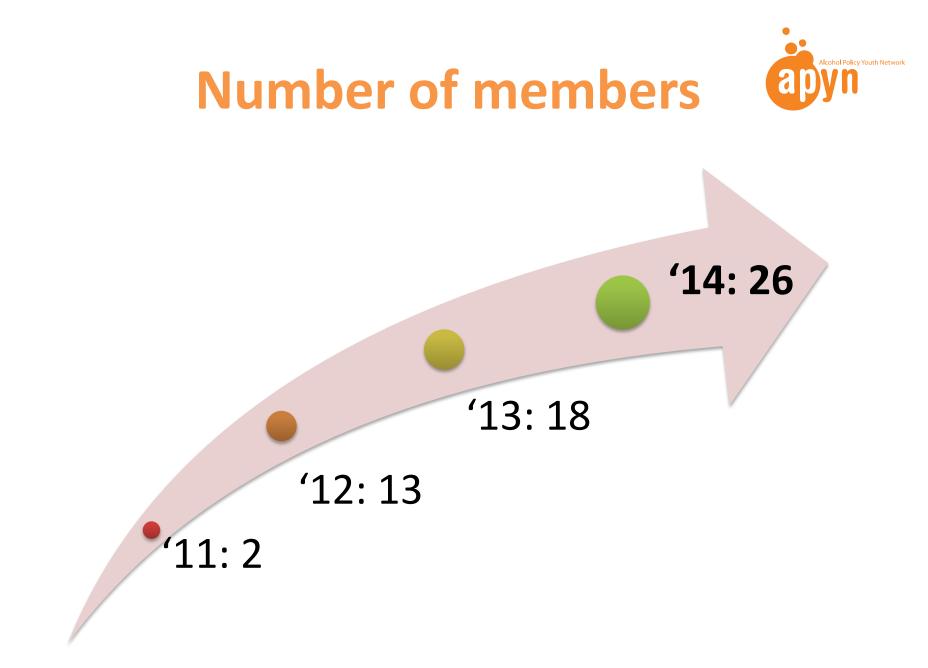
All its work is evidence-based

#### AIM



- To mobilize young people across Europe to raise awareness about alcohol related topics and to become advocates of more comprehensive alcohol policy on a local, national and international level.
- Capacity building is the key





#### Lessons learnt/ opportunities



- Youth Organizations in Europe many times are a problem when it comes to alcohol consumption, but can be a great tool to link YP with the Alcohol or other Health Topics
- In order to reach Young People and Youth Organizations (the ones that are not abstaining from alcohol use) many times you need to be one of them
  → youth work allows that
- With a good cooperation with experienced NGOs on the field and with PH institutions, youth organizations can move from being a problem to become a resource/ solution to the problem
- Now more than ever, YP are uniting to make a change, and APYN is here to seize this opportunity

## The way forward



• Several projects – Triangle, Let it hAPYN, European Alcohol Policy Youth Conference, Regional European Alcohol Policy Youth Conference, ...







#### Empowering the Youth Sector with a better overview of evidence-based Alcohol intervention programmes

#### 8<sup>th</sup> April 2013 – 7<sup>th</sup> April 2016



## **General objectives**



- 1. Better understanding of the harm caused by alcohol consumption among organized and non-organized youth
- 2. Raise awareness among YO that alcohol is a harmful legal drug
- 3. Stimulate the initialization of new alcohol interventions in YO
- 4. Empower YO how to effectively work with alcohol interventions
- 5. Raise the percentage of evidence-based alcohol interventions in YO
- 6. Test promising/ best alcohol intervention practices in YO
- 7. Produce materials that can be applicable also to other YO after the end of the project



#### **Specific objectives**

Adaptation of existing best practices in participating YO for pilot-testing purposes

Better overview of evidence based alcohol interventions in/for YO and ways of its implementation

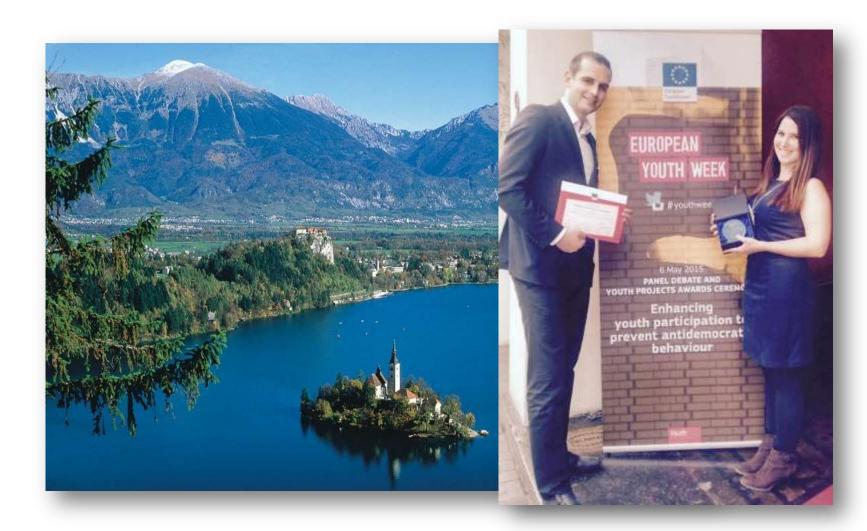
Better overview of existing regulations addressing YP and suggestions for improvements

Empowerment of YO through lawenforcement



#### 1<sup>st</sup> EAPYC - Bled, Slovenia 8<sup>th</sup>-14<sup>th</sup> November 2012







## 2<sup>nd</sup> EAPYC - Bursa, Turkey 2014





# EAPYC SECONDEUROPEAN Alcohol Policy Youth Conference

# REAPYC

**First Regional European** Alcohol Policy Youth Conference

#### **Opportunities**



- With good cooperation with experienced NGOs on the field and with PH institutions, youth organizations can move from being a problem to become a resource/ solution to the problem
  - Now more than ever, YP are uniting to make a change, and APYN is here to seize this opportunity

#### Young people are on board!





Jan Peloza Alcohol Policy Youth Network E: jan.peloza@apyn.org T: +386 40 732212

FB: www.facebook.com/apyn.org t: www.twitter.com/apynetwork

#### **QUESTIONS? (:**