



# HEALTH EQUITY PILOT PROJECT

## Understanding health inequalities and behaviours

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disclaimer

*‘The information and views set out in this presentation are those of the author and do not reflect the official opinion of the Commission. The Commission does not guarantee the accuracy of the data included. Neither the Commission nor any person acting on the Commission’s behalf may be held responsible for the use which may be made of the information contained therein.’*

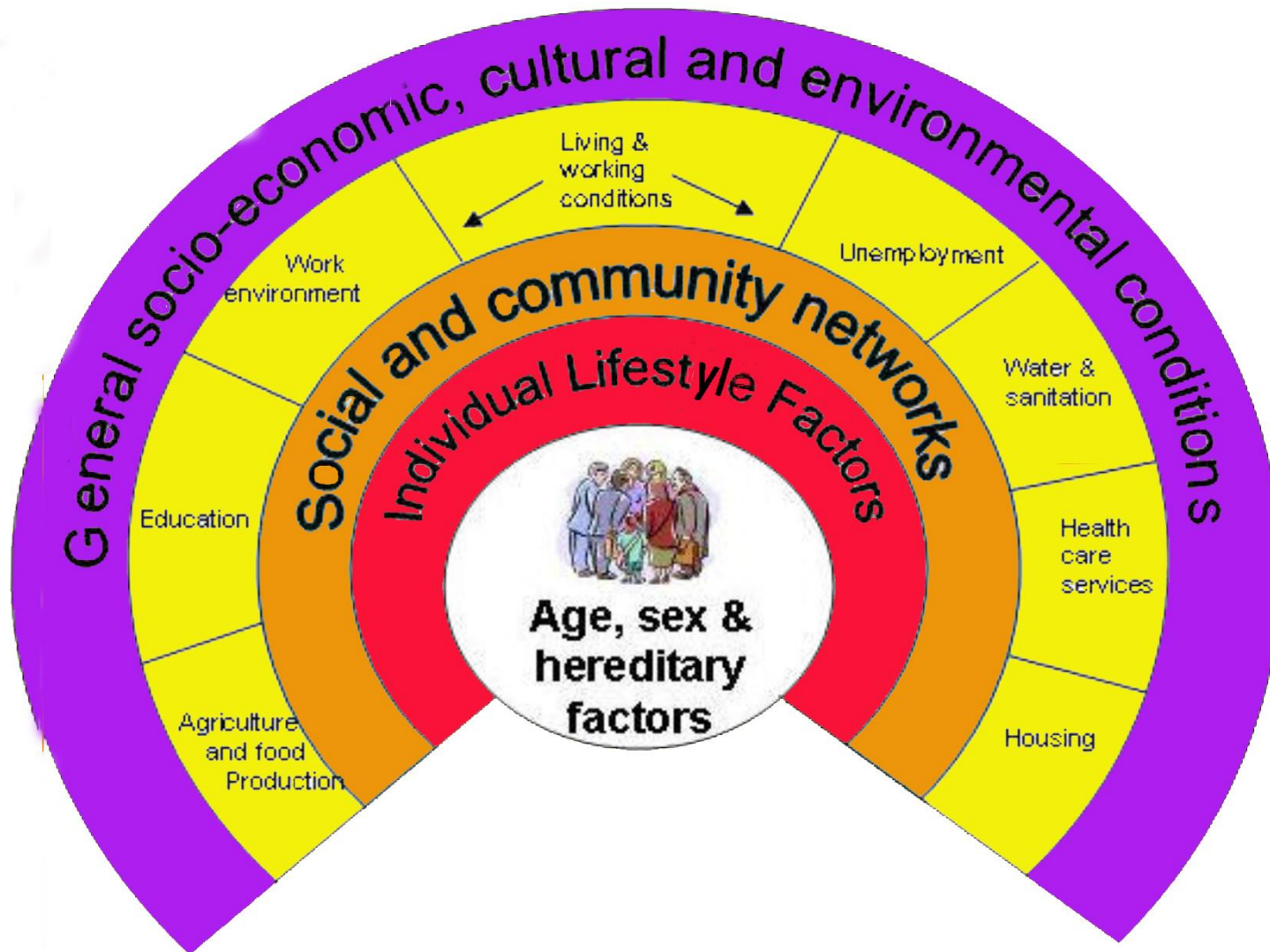
- Social justice
- Empowerment – material, psychosocial, political
- Improving the conditions in which people are born, grow, live, work and age
- Shaped by distribution of power, money and resources

# Closing the gap in a generation

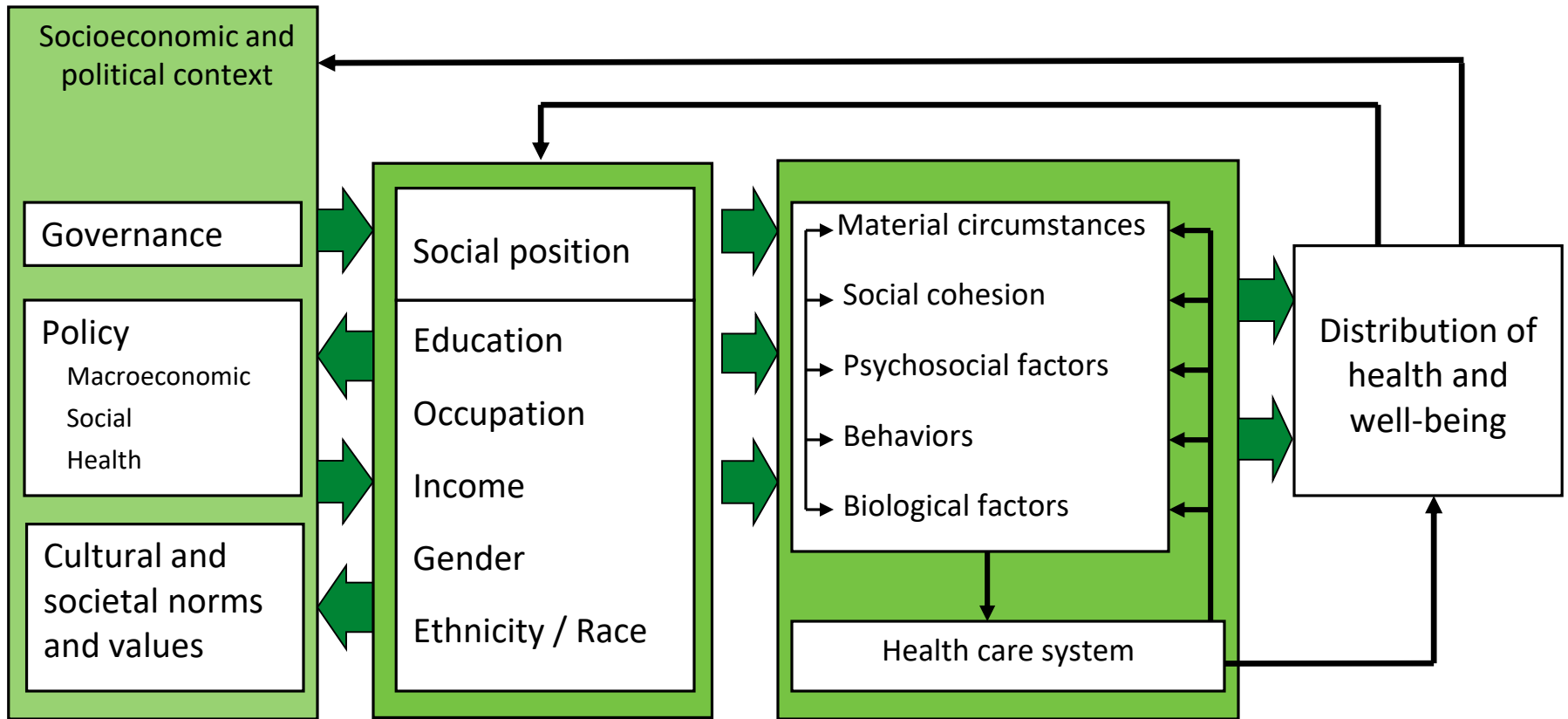
Health equity through action on the social determinants of health



# The layers of influence on health



Dahlgren & Whitehead, 1991



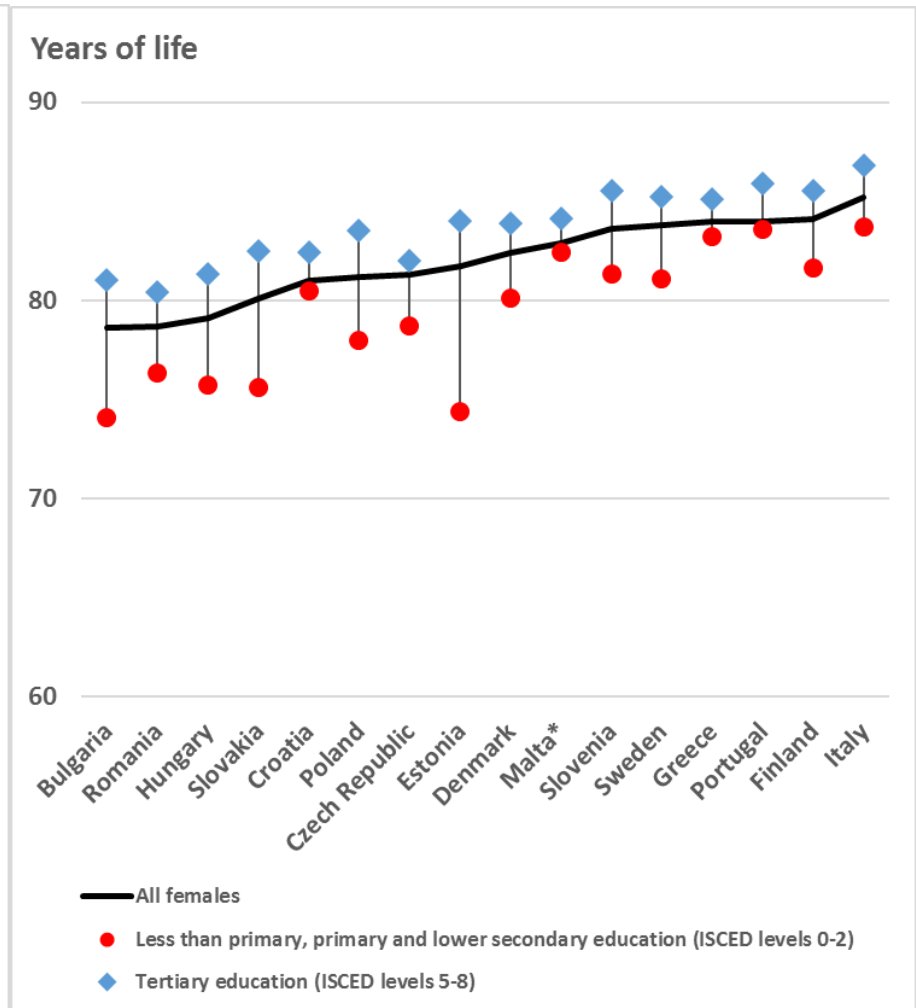
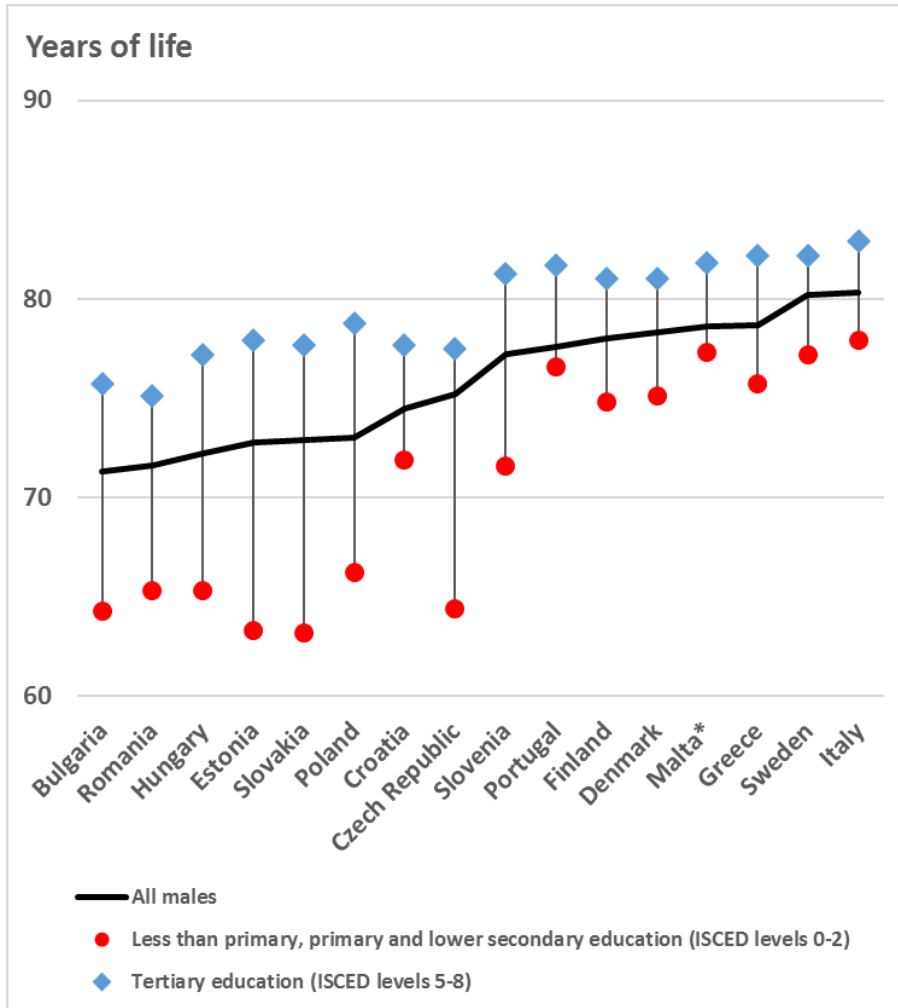
Social determinants of health and health inequities



## Commission on Social Determinants of Health Conceptual Framework

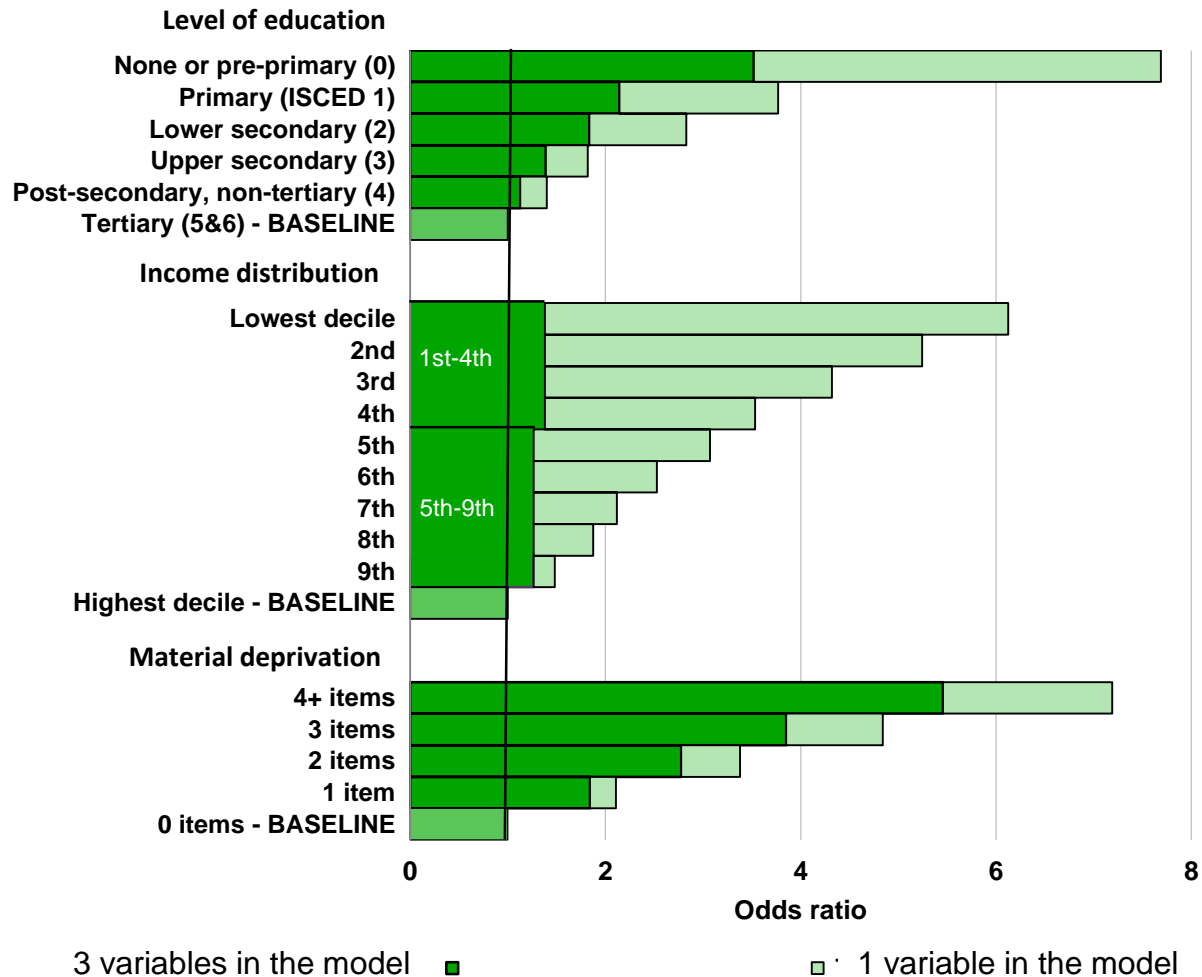
Source: CSDH Final Report, WHO 2008

# Life expectancy at birth- EU by education and sex, 2013

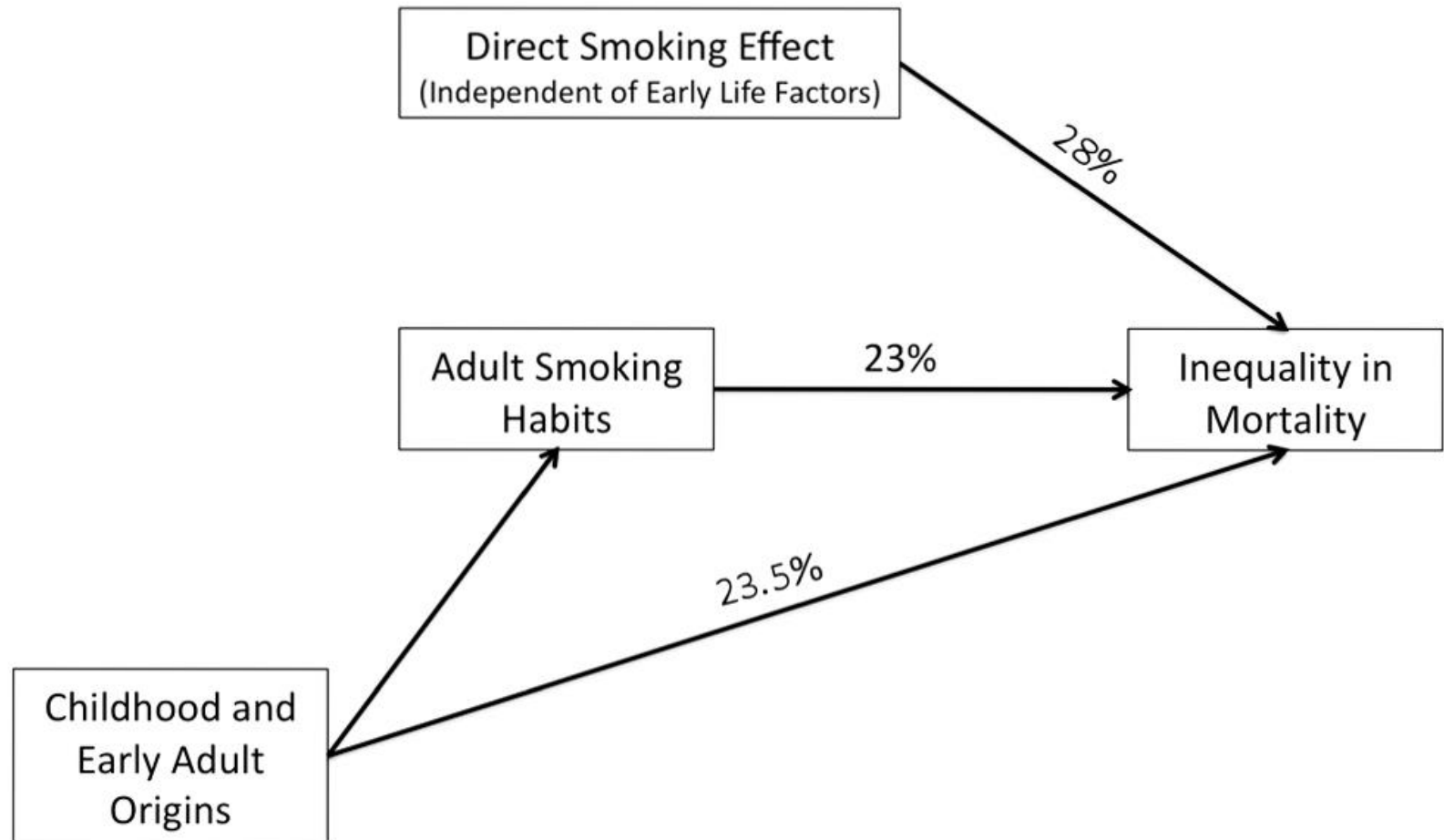


\* Figures for Malta 2011

# Estimated odds of reporting poor or very poor general health by socioeconomic characteristics, 25 EU Member States\*, 2010

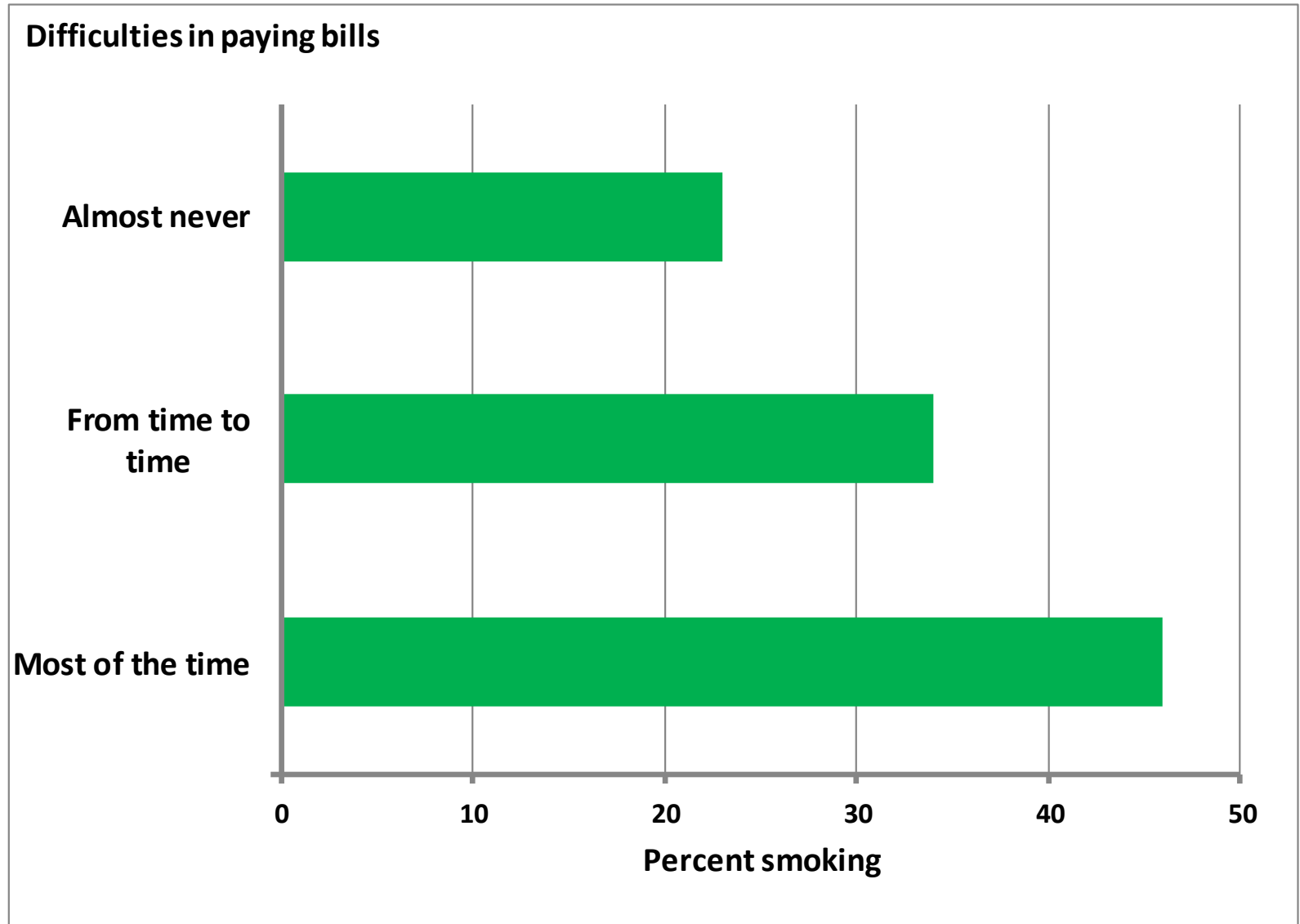


## Life-course pathway from early life origins to inequality in mortality mediated by smoking, British 1946 birth cohort



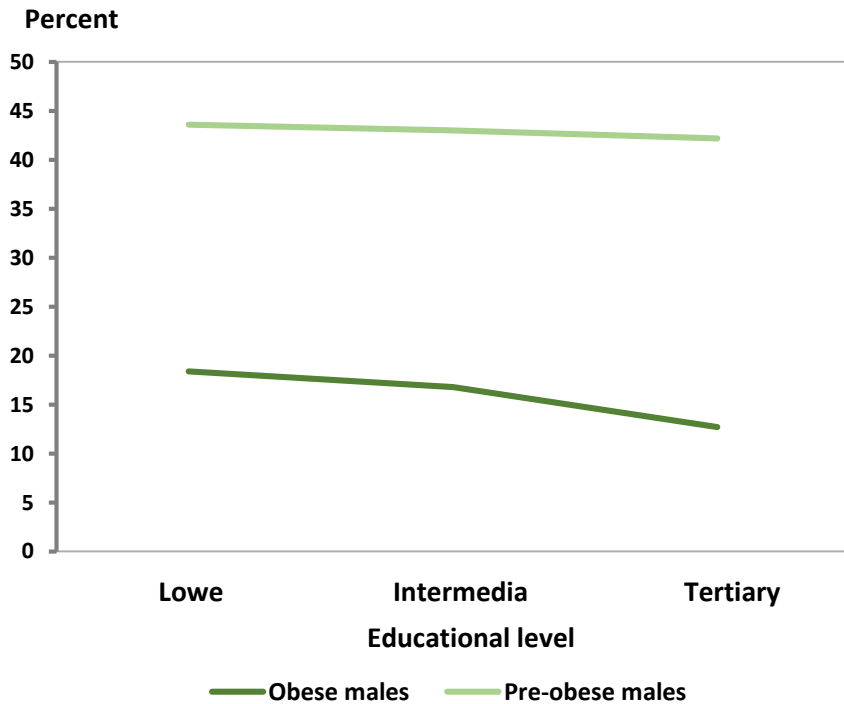


# Percentage smoking by difficulties experienced in paying bills, 2012

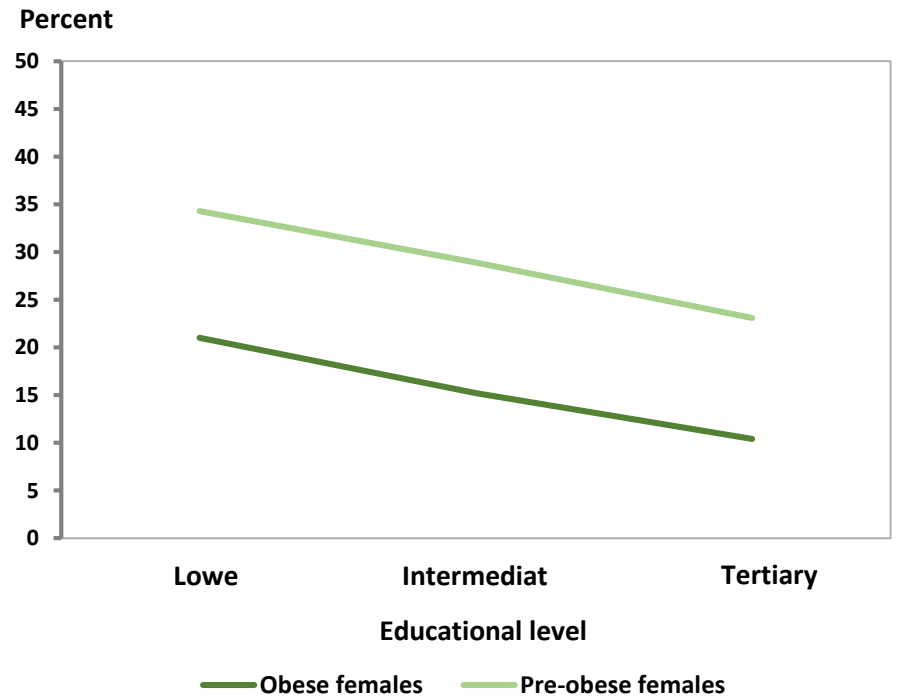


# Percent of adults pre-obese (BMI 25 to 29) and obese (BMI 30 or more) in the EU, by sex, 2014

## Males

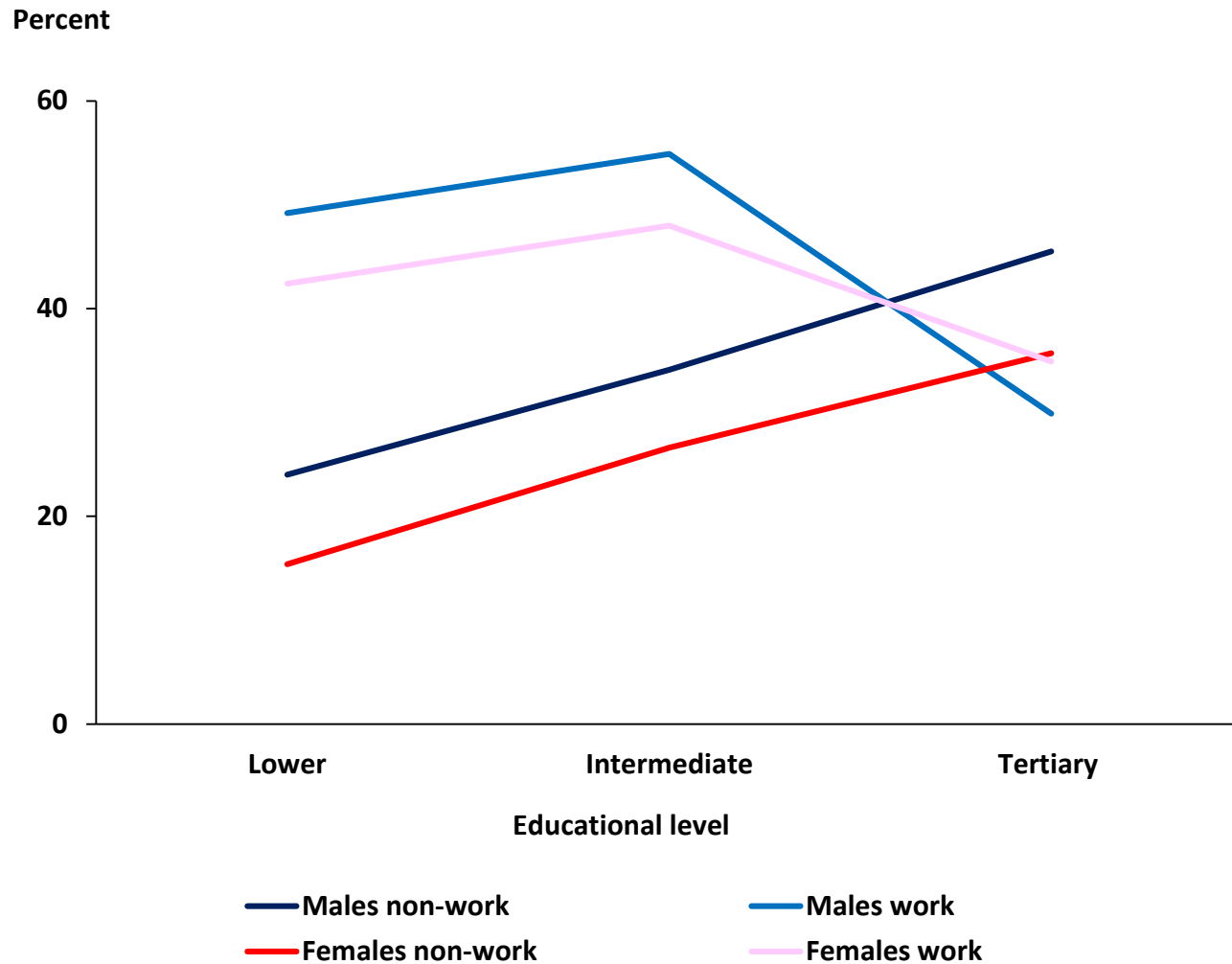


## Females



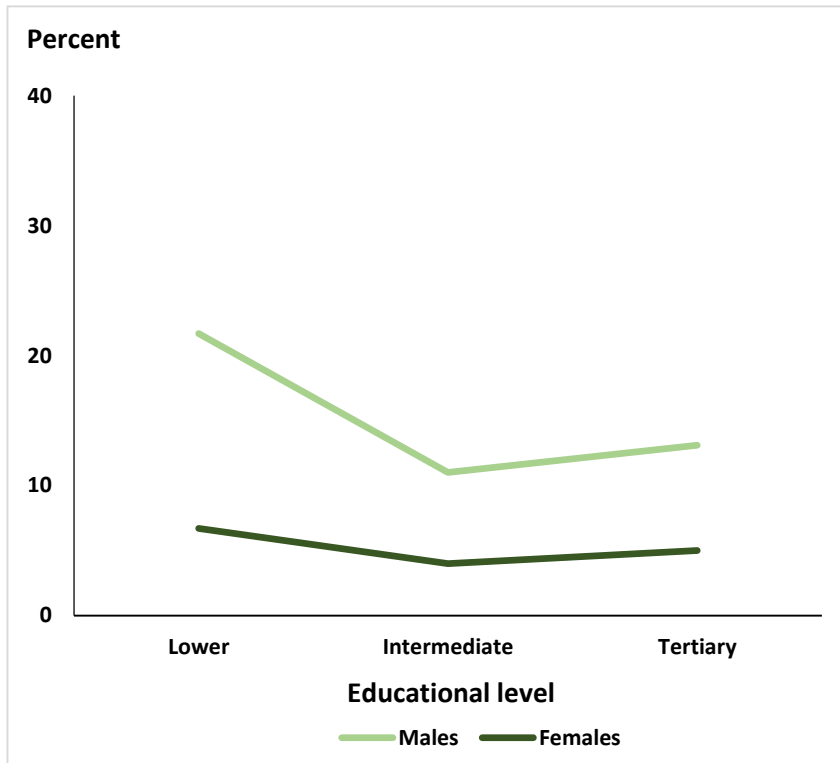
Source: Eurostat: EU EHIS

## Percent of adults engaging in physical activity in work and outside work in the EU, by sex, 2014

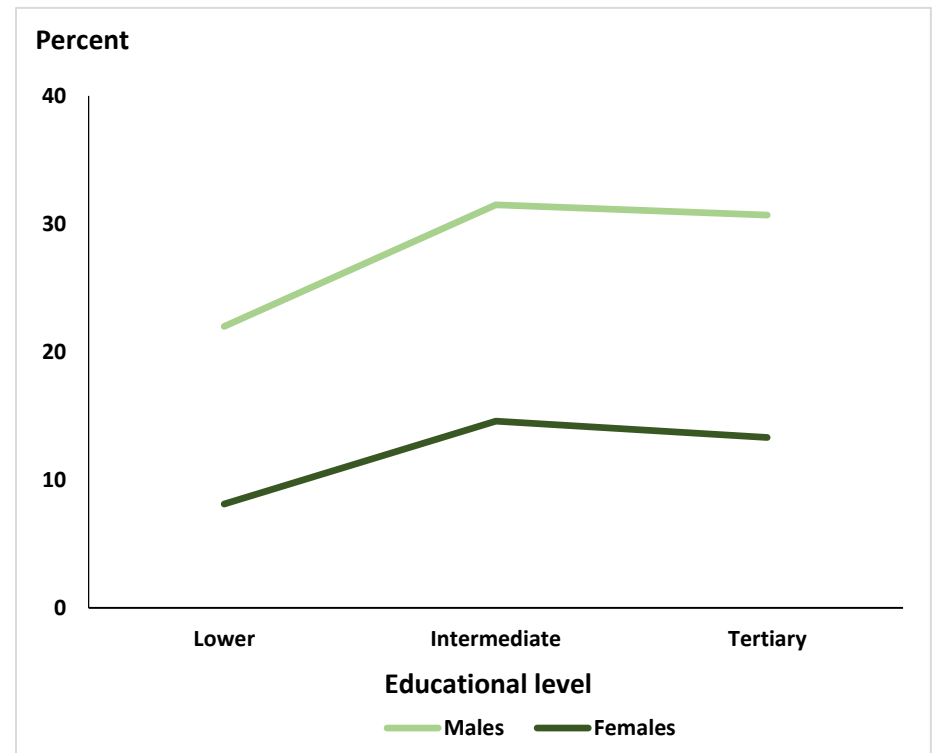


# Frequency of consuming alcohol by adults in the EU, by sex, 2014

## Drinking daily



## Heavy episodic drinking monthly



A photograph of two children in a slum. A boy in a grey and black jacket is running towards the camera, while a girl in an orange shirt and dark pants is crouching behind him. The background shows simple, weathered buildings with red-tiled roofs. The ground is muddy and has some puddles. The text "Health is a human right" is overlaid in large white font, with "Do something", "Do more", and "Do better" stacked below it in a smaller white font.

Health is a human right  
Do something  
Do more  
Do better

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# THANK YOU!